



28 July 2016

TO: ALL PROVINCIAL PRESIDENTS
CC: ALL PROVINCIAL SECRETARIES

Dear Provincial Presidents

RE: 2017 NATIONAL AND REGIONAL SWIMMING RULES

The 2017 SSA Age Group Competitions have been restructured as follows:

Level 1 Age Group

- Provincial based competition, inter district, swimmers will represent clubs or schools
- **Qualifying Times**
No Qualifying Time required
Level 2 or higher Qualifying Time, will be the disqualification time from being able to participate
- **Registration Requirements**
All School registered swimmers will be eligible
All LTS and recreational swimmers eg Level 0 (Registration Code 3R)
- Swimmers may qualify at this competition to compete at the 2017 Level 2 Age Group Regional Competition, provided they achieve the Level 2 Qualifying time for their age group.
- Age Groups will be 10/u, 11, 12, 13, 14, 15&16, 17 and over

Level 2 Regional Age Group – the previous Level 1

Level 3 Regional Age Group – the previous Level 2

S A National Junior Age Group – the previous Level 3

- Swimmers may only participate at one of the Level 2/Level3/S A National Junior Age Group Competitions.
- The rules for the above Age Groups will be the same as previous years.