|  |  |
| --- | --- |
| **2017 S.A. Schools Swimming Competition Rules, Programmes, Dates** | **NOVEMBER 2016** |



**S.A. Schools Swimming Championships 2017**

**VENUE: TBC**

**DATE: 9 - 13 APRIL 2017**

**MANAGERS’ MEETING:**  **TBC**

**CLOSING DATE FOR TECHNICAL ENTRIES: 20 March 2017**

**CLOSING DATE FOR ENTRY CORRECTIONS: 27 March 2017**

**9 April: SUNDAY** **–** Teams arrive & Training Day: Team programmes to follow.

**DAY 1 (10 April: MONDAY) – Start at 08:30**

**Starting Time:** Heats 08H30 Finals 15H00

200 FREE MEN 11-12 13 14-15 16-17

200 FREE WOMEN 11-12 13 14-15 16-17

200 I.M. MEN PARA-SWIMMERS (S1 – S15) 12 – 14 yrs. 15 - 19

200 I.M. WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 yrs. 15 - 19

50 BREAST MEN 11-12 13 14-15 16-17

50 BREAST WOMEN 11-12 13 14-15 16-17

100 BACK MEN 11-12 13 14-15 16-17

100 BACK WOMEN 11-12 13 14-15 16-17

50 BACK MEN PARA SWIMMERS (S1 – S15) 12 – 14 yrs. 15- 19

50 BACK WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 yrs. 15 -19

**4x100 MEDLEY RELAY MEN 11-12 13** 14 -15 16-17

**4x100 MEDLEY RELAY WOMEN 11-12 13** 14 -15 16-17

**DAY 2 (11 April: TUESDAY) – Start at 08:30**

**Starting Time:** Heats 08H30 Finals 15H00

100 BREAST MEN 11-12 13 14-15 16-17

100 BREAST WOMEN 11-12 13 14-15 16-17

100 FREE MEN 11-12 13 14-15 16-17

100 FREE WOMEN 11-12 13 14-15 16-17

100 FREE MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

100 FREE WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 15 – 19

200 I.M. MEN 11-12 13 14-15 16-17

200 I.M. WOMEN 11-12 13 14-15 16-17

50 BREAST MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

50 BREAST WOMEN PARA SWIMMERS (S1 – S15) 12 - 14 15 – 19

50 FLY MEN 11-12 13 14-15 16-17

50 FLY WOMEN 11-12 13 14-15 16-17

**4x100 FREE RELAY MEN** 11-12 13 14-15 16-17

**4x100 FREE RELAY WOMEN** 11-12 13 14-15 16-17

**DAY 3 (12 April: WEDNESDAY) – Start at 08:30**

**Starting Time:** Heats 08H30 Finals 15H00

200 BREAST MEN 11-12 13 14-15 16-17

200 BREAST WOMEN 11-12 13 14-15 16-17

100 BREAST MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

100 BREAST WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

200 BACK MEN 11-12 13 14-15 16-17

200 BACK WOMEN 11-12 13 14-15 16-17

50 FREE MEN 11-12 13 14-15 16-17

50 FREE WOMEN 11-12 13 14-15 16-17

50 FLY MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

50 FLY WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

**4x50 MEDLEY RELAY MEN** 11-12 13 14-15 16-17

**4x50 MEDLEY RELAY WOMEN** 11-12 13 14-15 16-17

**Day 4 (13 April: THURSDAY) – Start at 08:30**

**400 FREE MEN** **Timed Finals**

Born in 2006 - 2005 (11 - 12yrs.) Born in 2004 (13 yrs.) Born in 2003-2002 (14 – 15 yrs.)

Born in 2001- 2000 (16 yrs. – 17yrs.)

**400 FREE WOMEN** **Timed Finals**

Born in 2006 - 2005 (11 - 12yrs.) Born in 2004 (13 yrs.) Born in 2003- 2002 (14 – 15 yrs.)

Born in 2001 – 2000 (16 yrs. – 17 yrs.)

100 BACK MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

100 BACK WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

50 BACK MEN 11-12 13 14-15 16-17

50 BACK WOMEN 11-12 13 14-15 16-17

50 FREE MEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

50 FREE WOMEN PARA SWIMMERS (S1 – S15) 12 – 14 15 - 19

100 FLY MEN 11-12 13 14-15 16-17

100 FLY WOMEN 11-12 13 14-15 16-17

**4x50 FREE RELAY MEN** 11-12 13 14-15 16-17

**4x50 FREE RELAY WOMEN** 11-12 13 14-15 16-17

**Day 5 (14 April: FRIDAY) –** Provincial Teams Depart

