

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place			
Shea Adendorf (17) F (Yr: GR)						
1:48,24L	F	100 Back	4	2017-10-20	Limpopo Top 10 - High Schools	HMER-MPD
Mighael Alberts (9) M (Yr: AR)						
35,39S	LEV2 F	50 Free	1	2017-08-05	Tuks Sprint Gala	TKS-SKD
35,33L	LEV2 F -0,86	50 Free	1	2017-11-04	Limpopo Primary School - Top 10	
33,57L	LEV2 F -1,76	50 Free	1	2017-11-11	Limpopo Age Group 5	
33,07L	LEV2 F -0,50	50 Free	2	2017-12-01	Limpopo Champs	
33,50L	LEV2 F 0,43	50 Free	1	2018-01-27	LP School Champs 2018	
33,00L	LEV2 F -0,07	50 Free	1	2018-02-17	Limpopo Age Group 7	
1:17,93S	LEV3 F	100 Free	24	2017-08-05	Tuks Sprint Gala	
1:15,21L	LEV3 F -4,32	100 Free	2	2017-09-09	Limpopo Age Group 3	
1:16,70L	LEV3 F 1,49	100 Free	2	2017-12-01	Limpopo Champs	
1:15,75L	LEV3 F 0,54	100 Free	2	2018-01-27	LP School Champs 2018	
2:56,72L	LEV2 F	200 Free	1	2017-10-14	Limpopo Age Group 4	
2:47,53L	LEV3 F -9,19	200 Free	2	2017-12-01	Limpopo Champs	
6:06,12L	LEV3 F	400 Free	3	2017-09-09	Limpopo Age Group 3	
5:50,89L	LEV3 F -15,23	400 Free	6	2017-12-01	Limpopo Champs	
39,43S	LEV2 F	50 Back	1	2017-08-05	Tuks Sprint Gala	
39,04L	LEV2 F -0,99	50 Back	1	2017-09-09	Limpopo Age Group 3	
40,52L	LEV2 F 1,48	50 Back	1	2017-11-04	Limpopo Primary School - Top 10	
37,59L	LEV2 F -1,45	50 Back	1	2017-12-01	Limpopo Champs	
38,81L	LEV2 F 1,22	50 Back	1	2018-01-27	LP School Champs 2018	
1:26,10S	LEV3 F	100 Back	1	2017-08-05	Tuks Sprint Gala	
1:26,98L	LEV3 F -0,32	100 Back	2	2017-09-09	Limpopo Age Group 3	
1:27,36L	LEV3 F 0,38	100 Back	2	2017-11-11	Limpopo Age Group 5	
1:22,63L	LEV3 F -4,35	100 Back	2	2017-12-01	Limpopo Champs	
1:25,32L	LEV3 F 2,69	100 Back	2	2018-01-27	LP School Champs 2018	
1:26,10L	LEV3 F 3,47	100 Back	1	2018-02-17	Limpopo Age Group 7	
3:04,36L	DQ F	200 Back		2017-10-14	Limpopo Age Group 4	
3:01,39L	LEV3 F	200 Back	2	2017-12-01	Limpopo Champs	
3:07,02L	LEV3 F 5,63	200 Back	2	2018-01-27	LP School Champs 2018	
3:05,75L	LEV3 F 4,36	200 Back	1	2018-02-17	Limpopo Age Group 7	
46,63S	F	50 Breast	1	2017-08-05	Tuks Sprint Gala	
46,97L	F -0,66	50 Breast	2	2017-10-14	Limpopo Age Group 4	
44,56L	LEV2 F -2,41	50 Breast	2	2017-12-01	Limpopo Champs	
45,20L	F 0,64	50 Breast	1	2018-01-27	LP School Champs 2018	
1:44,85L	LEV2 F	100 Breast	2	2017-09-09	Limpopo Age Group 3	
1:45,75L	LEV2 F 0,90	100 Breast	2	2017-11-11	Limpopo Age Group 5	
1:42,45L	LEV2 F -2,40	100 Breast	1	2017-12-01	Limpopo Champs	
1:39,75L	LEV3 F -2,70	100 Breast	2	2018-01-27	LP School Champs 2018	
3:53,43L	LEV2 F	200 Breast	1	2017-10-14	Limpopo Age Group 4	
3:33,87L	LEV3 F -19,56	200 Breast	2	2017-12-01	Limpopo Champs	
3:29,29L	LEV3 F -4,58	200 Breast	1	2018-02-17	Limpopo Age Group 7	
42,63S	F	50 Fly	2	2017-08-05	Tuks Sprint Gala	
43,91L	F 0,58	50 Fly	1	2017-10-14	Limpopo Age Group 4	
43,23L	F -0,10	50 Fly	2	2017-11-11	Limpopo Age Group 5	
40,60L	LEV2 F -2,63	50 Fly	2	2017-12-01	Limpopo Champs	
40,48L	LEV2 F -0,12	50 Fly	1	2018-01-27	LP School Champs 2018	
1:47,67L	F	100 Fly	1	2017-12-01	Limpopo Champs	
3:09,98S	LEV3 F	200 IM	2	2017-08-05	Tuks Sprint Gala	
3:20,95L	LEV2 F 7,77	200 IM	2	2017-11-04	Limpopo Primary School - Top 10	
3:14,09L	LEV3 F 0,91	200 IM	16	2017-12-01	Limpopo Champs	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ethan Anderson (15) M (Yr: AR)				EAGA-CCD
28,41L	LEV2 P	50 Free	7	2017-07-03 Sasol National Championship 2017
29,02L	F	50 Free	8	2017-07-03 Sasol National Championship 2017
27,77L	LEV2 F -0,64	50 Free	2	2017-10-20 Limpopo Top 10 - High Schools
27,65L	LEV2 F -0,12	50 Free	6	2017-12-01 Limpopo Champs
59,06L	F 31,29	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
NS	F	50 Free		2018-01-27 LP School Champs 2018
1:00,62L	LEV3 F	100 Free	2	2017-06-24 Limpopo Age Group 1
1:01,11L	LEV3 F 0,49	100 Free	7	2017-07-03 Sasol National Championship 2017
1:00,38L	LEV3 F -0,24	100 Free	3	2017-09-09 Limpopo Age Group 3
1:01,03L	LEV3 F 0,65	100 Free	3	2017-10-20 Limpopo Top 10 - High Schools
1:00,24L	LEV3 F -0,14	100 Free	1	2017-10-28 Eager Sprint Gala
1:01,17L	LEV3 F 0,93	100 Free	5	2017-12-01 Limpopo Champs
1:00,52L	LEV3 P 0,28	100 Free	16	2017-12-06 NTS Championships 2017
1:02,62L	LEV2 F 2,38	100 Free	6	2018-01-27 LP School Champs 2018
2:10,27L	LEV3 P	200 Free	3	2017-07-03 Sasol National Championship 2017
2:10,66L	LEV3 F	200 Free	4	2017-07-03 Sasol National Championship 2017
2:10,45L	LEV3 F 0,18	200 Free	1	2017-07-29 Limpopo Age Group 2
2:05,71S	LEV3 P -1,36	200 Free	61	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:11,85L	LEV3 F 2,94	200 Free	1	2017-10-14 Limpopo Age Group 4
2:09,31L	LEV3 F 0,40	200 Free	2	2017-12-01 Limpopo Champs
2:08,34L	LEV3 P -0,57	200 Free	8	2017-12-06 NTS Championships 2017
2:08,98L	LEV3 F 0,07	200 Free	6	2017-12-06 NTS Championships 2017
2:11,86L	LEV3 F 3,52	200 Free	1	2018-01-27 LP School Champs 2018
2:10,49L	LEV3 F 2,15	200 Free	1	2018-02-17 Limpopo Age Group 7
4:48,58L	LEV3 F	400 Free	1	2017-06-24 Limpopo Age Group 1
4:38,10L	LEV3 F -10,48	400 Free	6	2017-07-03 Sasol National Championship 2017
4:22,80S	SANJ P -8,90	400 Free	30	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
4:38,74L	LEV3 F 9,54	400 Free	1	2017-09-09 Limpopo Age Group 3
4:29,24L	SANJ F 0,04	400 Free	1	2017-12-01 Limpopo Champs
4:32,89L	LEV3 F 3,69	400 Free	4	2017-12-06 NTS Championships 2017
4:41,02L	LEV3 F 11,82	400 Free	2	2018-01-27 LP School Champs 2018
9:34,43L	F	800 Free	1	2017-09-09 Limpopo Age Group 3
33,82L	LEV2 F	50 Back	6	2017-12-01 Limpopo Champs
1:11,25L	LEV2 F	100 Back	5	2017-07-03 Sasol National Championship 2017
1:11,60L	LEV2 P	100 Back	5	2017-07-03 Sasol National Championship 2017
1:07,61S	LEV3 F -2,44	100 Back	4	2017-08-19 Small Districts Championship Gala 2017
1:10,71L	LEV3 F 1,90	100 Back	3	2017-10-28 Eager Sprint Gala
1:10,53L	LEV3 F 1,72	100 Back	4	2017-12-01 Limpopo Champs
1:10,64L	LEV3 P 1,83	100 Back	16	2017-12-06 NTS Championships 2017
2:31,59L	LEV3 F	200 Back	5	2017-07-03 Sasol National Championship 2017
2:35,27L	LEV2 P	200 Back	6	2017-07-03 Sasol National Championship 2017
2:38,95L	LEV2 F 7,36	200 Back	4	2017-10-14 Limpopo Age Group 4
2:28,71L	LEV3 F -2,88	200 Back	3	2017-12-01 Limpopo Champs
37,21L	LEV2 F	50 Breast	5	2017-07-03 Sasol National Championship 2017
38,08L	P	50 Breast	5	2017-07-03 Sasol National Championship 2017
36,66L	LEV2 F -0,55	50 Breast	5	2017-12-01 Limpopo Champs
NS	F	100 Breast		2017-06-24 Limpopo Age Group 1
1:21,28L	LEV2 P	100 Breast	5	2017-07-03 Sasol National Championship 2017
1:22,00L	LEV2 F	100 Breast	5	2017-07-03 Sasol National Championship 2017
1:22,48L	LEV2 F 1,20	100 Breast	2	2017-10-28 Eager Sprint Gala
1:21,48L	LEV2 F 0,20	100 Breast	3	2017-12-01 Limpopo Champs
2:55,80L	LEV2 P	200 Breast	5	2017-07-03 Sasol National Championship 2017
2:57,01L	LEV2 F	200 Breast	5	2017-07-03 Sasol National Championship 2017
2:58,16L	LEV2 F 2,36	200 Breast	2	2017-10-14 Limpopo Age Group 4
30,28L	LEV2 F	50 Fly	1	2017-06-24 Limpopo Age Group 1
29,58L	LEV2 P -0,70	50 Fly	6	2017-07-03 Sasol National Championship 2017
29,74L	LEV2 F -0,54	50 Fly	7	2017-07-03 Sasol National Championship 2017
28,96L	LEV2 F -0,62	50 Fly	3	2017-09-09 Limpopo Age Group 3

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ethan Anderson (15) M (Yr: AR)				PHS-CCD
28,75L	LEV2 F -0,21	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
28,88L	LEV2 F 0,13	50 Fly	5	2017-12-01 Limpopo Champs
29,63L	LEV2 F 0,88	50 Fly	5	2018-01-27 LP School Champs 2018
29,15L	LEV2 F 0,40	50 Fly	3	2018-02-17 Limpopo Age Group 7
1:03,98L	LEV3 F	100 Fly	4	2017-07-03 Sasol National Championship 2017
1:02,60S	LEV3 F 0,02	100 Fly	4	2017-08-19 Small Districts Championship Gala 2017
1:05,07L	LEV3 F 1,09	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
1:07,07L	LEV3 F 3,09	100 Fly	2	2017-10-28 Eager Sprint Gala
1:03,99L	LEV3 F 0,01	100 Fly	3	2017-12-01 Limpopo Champs
1:01,61L	SANJ F -2,37	100 Fly	4	2017-12-06 NTS Championships 2017
1:02,95L	LEV3 P -1,03	100 Fly	5	2017-12-06 NTS Championships 2017
1:03,16L	LEV3 F 1,55	100 Fly	1	2018-02-17 Limpopo Age Group 7
2:29,87L	F	200 Fly	6	2017-07-03 Sasol National Championship 2017
2:27,63L	F -2,24	200 Fly	1	2017-09-09 Limpopo Age Group 3
2:27,13L	F -0,50	200 Fly	1	2017-12-01 Limpopo Champs
2:22,91L	F -4,22	200 Fly	3	2017-12-06 NTS Championships 2017
2:22,31L	F -0,60	200 Fly	2	2018-02-17 Limpopo Age Group 7
1:05,29S	P	100 IM	66	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:29,65L	LEV3 F	200 IM	2	2017-06-24 Limpopo Age Group 1
2:23,66L	LEV3 F -5,99	200 IM	2	2017-07-03 Sasol National Championship 2017
2:24,91L	LEV3 P -4,74	200 IM	2	2017-07-03 Sasol National Championship 2017
2:19,00S	SANJ P -1,46	200 IM	45	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:19,69S	SANJ F 0,69	200 IM	2	2017-08-19 Small Districts Championship Gala 2017
2:29,96L	LEV3 F 7,76	200 IM	2	2017-10-14 Limpopo Age Group 4
2:24,14L	LEV3 F 1,94	200 IM	2	2017-10-20 Limpopo Top 10 - High Schools
2:27,07L	LEV3 F 4,87	200 IM	1	2017-10-28 Eager Sprint Gala
2:25,91L	LEV3 F 3,71	200 IM	3	2017-12-01 Limpopo Champs
2:21,78L	SANJ F -0,42	200 IM	6	2017-12-06 NTS Championships 2017
2:22,30L	SANJ P 0,10	200 IM	4	2017-12-06 NTS Championships 2017
2:27,35L	LEV3 F 5,57	200 IM	2	2018-01-27 LP School Champs 2018
2:25,92L	LEV3 F 4,14	200 IM	1	2018-02-17 Limpopo Age Group 7
5:13,97L	F	400 IM	1	2017-12-01 Limpopo Champs
5:08,88L	F -5,09	400 IM	1	2018-01-27 LP School Champs 2018
Sven Andrews (10) M (Yr: HR)				LSJM-SKD
43,52L	F	50 Free	9	2017-11-04 Limpopo Primary School - Top 10
1:35,26L	I. F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
56,62L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
Chidimma Anyanwu (7) F				TKSB-WBD
26,33S	F	25 Free	5	2017-08-05 Tuks Sprint Gala
44,05S	F	25 Back	8	2017-08-05 Tuks Sprint Gala

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Time	P/F/S	Event	Place	
Ngozi Anyanwu (12) F (Yr: AR)				TKSS-WBD
35,37L	F	50 Free	2	2017-06-24 Limpopo Age Group 1
33,40S	F -1,17	50 Free	2	2017-08-05 Tuks Sprint Gala
33,23L	LEV2 F -0,97	50 Free	8	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
34,29L	F 1,06	50 Free	2	2017-10-14 Limpopo Age Group 4
33,95L	LEV2 F 0,72	50 Free	4	2017-10-20 Limpopo Top 10 - High Schools
34,92L	F 1,69	50 Free	1	2017-11-11 Limpopo Age Group 5
33,40L	LEV2 F 0,17	50 Free	5	2017-12-01 Limpopo Champs
1:09,74L	F 36,51	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
35,13L	F 1,90	50 Free	6	2018-01-27 LP School Champs 2018
34,67L	F 1,44	50 Free	2	2018-02-17 Limpopo Age Group 7
1:18,22L	LEV2 F	100 Free	3	2017-06-24 Limpopo Age Group 1
1:18,19S	LEV2 F 1,57	100 Free	12	2017-08-05 Tuks Sprint Gala
1:19,17S	F 2,55	100 Free	9	2017-08-19 Small Districts Championship Gala 2017
1:18,81L	LEV2 F 0,59	100 Free	2	2017-11-11 Limpopo Age Group 5
1:16,96L	LEV2 F -1,26	100 Free	6	2017-12-01 Limpopo Champs
1:19,94L	F 2,98	100 Free	8	2018-01-27 LP School Champs 2018
1:17,76L	LEV2 F 0,80	100 Free	1	2018-02-17 Limpopo Age Group 7
3:00,33L	F	200 Free	3	2017-10-14 Limpopo Age Group 4
2:56,78L	F -3,55	200 Free	5	2017-12-01 Limpopo Champs
6:35,61L	F	400 Free	2	2017-11-11 Limpopo Age Group 5
43,87S	F	50 Back	3	2017-08-05 Tuks Sprint Gala
44,64L	F 0,17	50 Back	15	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
45,17L	F 0,70	50 Back	9	2017-12-01 Limpopo Champs
44,11L	F -0,36	50 Back	7	2018-01-27 LP School Champs 2018
1:38,57S	F	100 Back	3	2017-08-05 Tuks Sprint Gala
47,26L	F	50 Breast	1	2017-06-24 Limpopo Age Group 1
44,21S	F -2,05	50 Breast	2	2017-08-05 Tuks Sprint Gala
44,50L	F -0,71	50 Breast	9	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
45,69L	F 1,19	50 Breast	1	2017-10-14 Limpopo Age Group 4
45,15L	F 0,65	50 Breast	1	2017-11-11 Limpopo Age Group 5
43,96L	LEV2 F -0,54	50 Breast	6	2017-12-01 Limpopo Champs
49,52L	F 5,56	50 Breast	5	2018-01-27 LP School Champs 2018
46,31L	F 2,35	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:41,37S	LEV2 F	100 Breast	2	2017-08-05 Tuks Sprint Gala
1:38,56L	LEV2 F -4,81	100 Breast	7	2017-12-01 Limpopo Champs
1:44,92L	F 6,36	100 Breast	6	2018-01-27 LP School Champs 2018
1:49,37L	F 10,81	100 Breast	3	2018-02-17 Limpopo Age Group 7
3:43,10L	F	200 Breast	4	2017-12-01 Limpopo Champs
3:46,07L	F 2,97	200 Breast	3	2018-01-27 LP School Champs 2018
41,18L	LEV2 F	50 Fly	3	2017-06-24 Limpopo Age Group 1
38,88S	F -1,60	50 Fly	2	2017-08-05 Tuks Sprint Gala
41,70L	F 2,12	50 Fly	8	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
41,64L	F 2,06	50 Fly	2	2017-10-14 Limpopo Age Group 4
41,49L	F 1,91	50 Fly	5	2017-10-20 Limpopo Top 10 - High Schools
41,79L	F 2,21	50 Fly	1	2017-11-11 Limpopo Age Group 5
40,12L	F 0,54	50 Fly	6	2017-12-01 Limpopo Champs
43,16L	F 3,58	50 Fly	5	2018-01-27 LP School Champs 2018
42,28L	F 2,70	50 Fly	2	2018-02-17 Limpopo Age Group 7
1:40,39S	F	100 Fly	2	2017-08-05 Tuks Sprint Gala
1:38,73S	F -1,66	100 Fly	9	2017-08-19 Small Districts Championship Gala 2017
1:52,09L	F 11,96	100 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
1:48,55L	F 8,42	100 Fly	8	2017-12-01 Limpopo Champs
3:28,01L	LEV2 F	200 IM	3	2017-06-24 Limpopo Age Group 1
3:28,92L	F 0,91	200 IM	5	2017-10-14 Limpopo Age Group 4
3:20,14L	LEV2 F -7,87	200 IM	5	2017-10-20 Limpopo Top 10 - High Schools
3:25,37L	F 5,23	200 IM	15	2017-12-01 Limpopo Champs
3:31,40L	F 11,26	200 IM	6	2018-01-27 LP School Champs 2018

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Time	P/F/S	Event	Place	
Omogolo Aphane (7) F				TKSB-WBD
48,80S	DQ	F 25 Free	2017-08-05	Tuks Sprint Gala
48,28S		F 25 Back	10 2017-08-05	Tuks Sprint Gala
Doné Aucamp (15) F (Yr: AR)				SS-MPD
33,27S		F 50 Free	4 2017-08-26	LP Shamu Sprint SC 2017
37,76L	LEV2	F 50 Back	1 2017-07-29	Limpopo Age Group 2
36,53S	LEV2	F -0,63 50 Back	3 2017-08-26	LP Shamu Sprint SC 2017
36,25L	LEV2	F -0,88 50 Back	2 2017-10-20	Limpopo Top 10 - High Schools
37,05L	LEV2	F 0,80 50 Back	1 2018-01-27	LP School Champs 2018
37,30L	LEV2	F 1,05 50 Back	2 2018-02-17	Limpopo Age Group 7
1:25,90L		F 100 Back	1 2017-06-24	Limpopo Age Group 1
1:20,37S	LEV2	F -4,33 100 Back	6 2017-08-19	Small Districts Championship Gala 2017
1:22,37L	LEV2	F 0,80 100 Back	1 2017-09-09	Limpopo Age Group 3
1:22,72L	LEV2	F 1,15 100 Back	1 2017-10-20	Limpopo Top 10 - High Schools
1:22,37L	LEV2	F 0,80 100 Back	1 2017-11-11	Limpopo Age Group 5
1:21,37L	LEV2	F -0,20 100 Back	1 2018-02-17	Limpopo Age Group 7
3:00,55L	LEV2	F 200 Back	1 2018-01-27	LP School Champs 2018
NS		F 200 Back	2018-02-17	Limpopo Age Group 7
43,37L	LEV2	F 50 Breast	1 2017-06-24	Limpopo Age Group 1
42,06S	LEV2	F -0,31 50 Breast	3 2017-08-26	LP Shamu Sprint SC 2017
43,04L	LEV2	F -0,02 50 Breast	2 2017-10-20	Limpopo Top 10 - High Schools
43,77L	LEV2	F 0,73 50 Breast	2 2018-01-27	LP School Champs 2018
1:38,17L		F 100 Breast	1 2017-06-24	Limpopo Age Group 1
1:33,10S	LEV2	F -3,07 100 Breast	7 2017-08-19	Small Districts Championship Gala 2017
1:38,62L		F 3,52 100 Breast	1 2017-09-09	Limpopo Age Group 3
1:37,24L		F 2,14 100 Breast	2 2017-10-20	Limpopo Top 10 - High Schools
1:36,75L		F 1,65 100 Breast	2 2018-01-27	LP School Champs 2018
3:28,81L		F 200 Breast	1 2017-07-29	Limpopo Age Group 2
36,45S		F 50 Fly	4 2017-08-26	LP Shamu Sprint SC 2017
38,57L		F 1,42 50 Fly	2 2017-09-09	Limpopo Age Group 3
37,66L		F 0,51 50 Fly	1 2018-01-27	LP School Champs 2018
3:07,77L		F 200 IM	1 2017-06-24	Limpopo Age Group 1
3:09,05L		F 1,28 200 IM	3 2017-07-29	Limpopo Age Group 2
3:09,25S		F 4,68 200 IM	8 2017-08-19	Small Districts Championship Gala 2017
3:03,89S		F -0,68 200 IM	3 2017-08-26	LP Shamu Sprint SC 2017
Nicole Aucamp (13) F (Yr: HR)				LSTZN-MPD
38,11L		F 50 Free	8 2017-11-04	Limpopo Primary School - Top 10
1:27,14L		F 100 Free	8 2017-11-04	Limpopo Primary School - Top 10
42,94L		F 50 Back	6 2017-11-04	Limpopo Primary School - Top 10
1:36,39L		F 100 Back	4 2017-11-04	Limpopo Primary School - Top 10

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Time	P/F/S	Event	Place
Jané Auret (10) F (Yr: DR)			
39,92S	F	50 Free	3 2017-08-26 LP Shamu Sprint SC 2017
36,88L	LEV2 F -3,84	50 Free	1 2017-10-14 Limpopo Age Group 4
37,56L	LEV2 F 0,68	50 Free	2 2017-11-04 Limpopo Primary School - Top 10
1:23,93L	F 47,05	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
39,89L	F 3,01	50 Free	5 2017-12-01 Limpopo Champs
41,87L	F 4,99	50 Free	6 2018-01-27 LP School Champs 2018
1:27,67L	LEV2 F	100 Free	3 2017-11-11 Limpopo Age Group 5
1:28,82L	LEV2 F 1,15	100 Free	4 2017-12-01 Limpopo Champs
1:38,60L	F 10,93	100 Free	6 2018-01-27 LP School Champs 2018
3:15,45L	LEV2 F	200 Free	1 2017-10-14 Limpopo Age Group 4
3:17,77L	LEV2 F 2,32	200 Free	4 2017-12-01 Limpopo Champs
52,00S	F	50 Back	4 2017-08-26 LP Shamu Sprint SC 2017
52,11L	F -0,49	50 Back	4 2017-10-14 Limpopo Age Group 4
52,93L	F 0,82	50 Back	6 2017-12-01 Limpopo Champs
49,18L	F -2,93	50 Back	6 2018-01-27 LP School Champs 2018
49,44L	F 0,26	50 Back	4 2018-02-17 Limpopo Age Group 7
1:49,93L	F	100 Back	4 2017-11-11 Limpopo Age Group 5
1:53,54L	F 3,61	100 Back	5 2017-12-01 Limpopo Champs
4:36,85L	DQ F	200 Back	2017-12-01 Limpopo Champs
1:01,22S	F	50 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
56,82L	F -5,40	50 Breast	6 2017-11-11 Limpopo Age Group 5
59,70L	F 2,88	50 Breast	6 2017-12-01 Limpopo Champs
1:02,10L	F 5,28	50 Breast	8 2018-01-27 LP School Champs 2018
57,48L	F 0,66	50 Breast	6 2018-02-17 Limpopo Age Group 7
2:13,47L	F	100 Breast	5 2017-12-01 Limpopo Champs
4:44,46L	F	200 Breast	3 2017-12-01 Limpopo Champs
42,83S	LEV2 F	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
42,75L	LEV2 F -0,78	50 Fly	1 2017-10-14 Limpopo Age Group 4
44,36L	LEV2 F 1,61	50 Fly	5 2017-11-04 Limpopo Primary School - Top 10
45,22L	F 2,47	50 Fly	3 2017-11-11 Limpopo Age Group 5
48,87L	F 6,12	50 Fly	5 2017-12-01 Limpopo Champs
47,39L	F 4,64	50 Fly	3 2018-01-27 LP School Champs 2018
1:47,64L	F	100 Fly	2 2017-12-01 Limpopo Champs
1:56,06L	F 8,42	100 Fly	2 2018-01-27 LP School Champs 2018
3:48,93S	F	200 IM	3 2017-08-26 LP Shamu Sprint SC 2017
3:45,72L	F -6,41	200 IM	2 2017-10-14 Limpopo Age Group 4
4:00,88L	F 15,16	200 IM	33 2017-12-01 Limpopo Champs
3:46,78L	F 1,06	200 IM	4 2018-01-27 LP School Champs 2018
3:43,02L	F -2,70	200 IM	1 2018-02-17 Limpopo Age Group 7
Omogolo Bafedile (7) F			
47,15S	F	25 Free	8 2017-08-26 LP Shamu Sprint SC 2017
42,40S	F	25 Back	7 2017-08-26 LP Shamu Sprint SC 2017

SS-MPD

TKSB-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Timothy Baker (11) M (Yr: ER)			
37,91S	F	50 Free	5 2017-08-26 LP Shamu Sprint SC 2017
37,55L	F -1,16	50 Free	3 2017-10-14 Limpopo Age Group 4
38,89L	F 1,34	50 Free	12 2017-12-01 Limpopo Champs
1:23,28L	LEV2 F	100 Free	3 2017-11-11 Limpopo Age Group 5
1:27,64L	F 4,36	100 Free	12 2017-12-01 Limpopo Champs
3:08,88L	F	200 Free	6 2017-12-01 Limpopo Champs
6:43,57L	F	400 Free	13 2017-12-01 Limpopo Champs
44,29S	F	50 Back	6 2017-08-26 LP Shamu Sprint SC 2017
46,34L	F 1,45	50 Back	5 2017-10-14 Limpopo Age Group 4
42,68L	LEV2 F -2,21	50 Back	2 2017-11-04 Limpopo Primary School - Top 10
45,25L	F 2,57	50 Back	9 2017-12-01 Limpopo Champs
1:37,29L	F	100 Back	2 2017-11-04 Limpopo Primary School - Top 10
1:32,87L	LEV2 F -4,42	100 Back	3 2017-11-11 Limpopo Age Group 5
1:32,41L	LEV2 F -0,46	100 Back	7 2017-12-01 Limpopo Champs
50,12S	F	50 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
48,62L	F -2,50	50 Breast	2 2017-10-14 Limpopo Age Group 4
48,14L	F -0,48	50 Breast	6 2017-12-01 Limpopo Champs
1:50,26L	F	100 Breast	3 2017-11-11 Limpopo Age Group 5
1:49,66L	F -0,60	100 Breast	8 2017-12-01 Limpopo Champs
3:54,09L	DQ F	200 Breast	2017-12-01 Limpopo Champs
44,65S	F	50 Fly	5 2017-08-26 LP Shamu Sprint SC 2017
46,96L	F 1,61	50 Fly	6 2017-10-14 Limpopo Age Group 4
47,36L	F 2,01	50 Fly	7 2017-11-04 Limpopo Primary School - Top 10
51,46L	F 6,11	50 Fly	9 2017-12-01 Limpopo Champs
DQ	F	100 Fly	2017-11-04 Limpopo Primary School - Top 10
2:01,32L	F	100 Fly	4 2017-11-11 Limpopo Age Group 5
1:53,10L	F -8,22	100 Fly	6 2017-12-01 Limpopo Champs
3:27,39S	LEV2 F	200 IM	4 2017-08-26 LP Shamu Sprint SC 2017
3:40,89L	F 10,30	200 IM	4 2017-10-14 Limpopo Age Group 4
3:30,67L	LEV2 F 0,08	200 IM	23 2017-12-01 Limpopo Champs
Aldon Bardenhorst (13) M (Yr: HN)			
37,14L	F	50 Free	8 2017-11-04 Limpopo Primary School - Top 10
52,73L	F	50 Breast	8 2017-11-04 Limpopo Primary School - Top 10
Carla Barnard (12) F (Yr: AR)			
40,46L	F -3,39	50 Free	10 2017-12-01 Limpopo Champs
40,25L	F -0,21	50 Free	13 2018-01-27 LP School Champs 2018
1:37,68L	F -7,71	100 Free	11 2017-12-01 Limpopo Champs
1:36,75L	F -0,93	100 Free	14 2018-01-27 LP School Champs 2018
3:39,32L	F	200 Free	9 2017-12-01 Limpopo Champs
3:34,68L	F -4,64	200 Free	5 2018-01-27 LP School Champs 2018
8:02,65L	F	400 Free	9 2017-12-01 Limpopo Champs
46,63L	F -1,05	50 Back	9 2017-12-01 Limpopo Champs
46,06L	F -0,57	50 Back	13 2018-01-27 LP School Champs 2018
1:46,69L	F	100 Back	8 2017-12-01 Limpopo Champs
1:43,91L	F -2,78	100 Back	6 2018-01-27 LP School Champs 2018
56,42L	F 1,07	50 Breast	9 2017-12-01 Limpopo Champs
51,75L	F -3,60	50 Breast	9 2018-01-27 LP School Champs 2018
2:08,26L	F	100 Breast	8 2017-12-01 Limpopo Champs
1:56,25L	F -12,01	100 Breast	9 2018-01-27 LP School Champs 2018
4:40,75L	DQ F	200 Breast	2017-12-01 Limpopo Champs

SS-MPD

LSMH-WBD

LOTTA-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Franco Barnard (10) M (Yr: AR)								
36,55L	LEV2	F	50	Free	2	2017-07-29	Limpopo Age Group 2	TKSS-WBD
37,04S		F	1,29	50	1	2017-08-05	Tuks Sprint Gala	
1:19,60S	LEV2	F	100	Free	28	2017-08-05	Tuks Sprint Gala	
44,33L	LEV2	F	50	Back	2	2017-07-29	Limpopo Age Group 2	
43,46S	LEV2	F	-0,27	50	1	2017-08-05	Tuks Sprint Gala	
46,90L		F	50	Breast	1	2017-07-29	Limpopo Age Group 2	
47,08S		F	1,18	50	1	2017-08-05	Tuks Sprint Gala	
45,11S		F	-0,79	50	2	2017-08-19	Small Districts Championship Gala 2017	
1:43,00S	LEV2	F	100	Breast	1	2017-08-05	Tuks Sprint Gala	
Marnus Barnard (14) M (Yr: AR)								
34,61L		F	-2,45	50	11	2017-12-01	Limpopo Champs	LOTTA-WBD
36,05L		F	1,44	50	6	2018-01-27	LP School Champs 2018	
1:19,11L		F	-6,78	100	11	2017-12-01	Limpopo Champs	
1:23,43L		F	4,32	100	9	2018-01-27	LP School Champs 2018	
3:02,62L		F		200	12	2017-12-01	Limpopo Champs	
3:12,77L		F	10,15	200	11	2018-01-27	LP School Champs 2018	
6:56,77L		F		400	4	2017-11-11	Limpopo Age Group 5	
6:37,64L		F	-19,13	400	23	2017-12-01	Limpopo Champs	
42,52L		F	-1,82	50	2	2017-11-11	Limpopo Age Group 5	
42,16L		F	-0,36	50	10	2017-12-01	Limpopo Champs	
42,83L		F	0,67	50	5	2018-01-27	LP School Champs 2018	
1:37,06L		F	-7,67	100	3	2017-11-11	Limpopo Age Group 5	
1:34,62L		F	-2,44	100	10	2017-12-01	Limpopo Champs	
1:39,47L		F	4,85	100	9	2018-01-27	LP School Champs 2018	
3:36,03L		F		200	11	2017-12-01	Limpopo Champs	
3:35,79L		F	-0,24	200	8	2018-01-27	LP School Champs 2018	
51,84L		F	-1,40	50	2	2017-11-11	Limpopo Age Group 5	
51,03L		F	-0,81	50	12	2017-12-01	Limpopo Champs	
51,49L		F	0,46	50	4	2018-01-27	LP School Champs 2018	
1:59,87L		F	1,47	100	11	2017-12-01	Limpopo Champs	
4:14,93L		F		200	8	2017-12-01	Limpopo Champs	
53,63L		F		50	3	2017-11-11	Limpopo Age Group 5	
54,11L		F	0,48	50	13	2017-12-01	Limpopo Champs	
3:46,58L		F		200	30	2017-12-01	Limpopo Champs	
Mieke Bekker (7) F								
34,11S		F		25	7	2017-08-26	LP Shamu Sprint SC 2017	TKSB-WBD
32,55S		F		25	5	2017-08-26	LP Shamu Sprint SC 2017	
50,03S		F		25	7	2017-08-26	LP Shamu Sprint SC 2017	
Joré Benade (8) F (Yr: HN)								
51,25L		F		50	6	2017-11-04	Limpopo Primary School - Top 10	LPTBO-CCD
56,40L		F		50	6	2017-11-04	Limpopo Primary School - Top 10	
Mariska Benade (8) F (Yr: HN)								
1:00,81L		F		50	7	2017-11-04	Limpopo Primary School - Top 10	LSBOS-WBD
DQ		F		50		2017-11-04	Limpopo Primary School - Top 10	
Teagan Besselaar (11) F (Yr: HN)								
42,72L		F		50	7	2017-11-04	Limpopo Primary School - Top 10	LSPN-MPD
43,78L	DQ	F		50		2017-11-04	Limpopo Primary School - Top 10	
Abrie Bester (16) M (Yr: GN)								
39,11L		F		50	7	2017-10-20	Limpopo Top 10 - High Schools	HFDT-MPD
Shanri Bester (16) F (Yr: GN)								
40,61L	DQ	F		50		2017-10-20	Limpopo Top 10 - High Schools	HFDT-MPD
Berno Beukes (14) M (Yr: GR)								
44,23L		F		50	7	2017-10-20	Limpopo Top 10 - High Schools	HSBV-SKD
1:44,89L		F		100	6	2017-10-20	Limpopo Top 10 - High Schools	
37,64L		F		50	7	2017-10-20	Limpopo Top 10 - High Schools	
1:35,56L		F		100	6	2017-10-20	Limpopo Top 10 - High Schools	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Ivan Beukes (17) M (Yr: AR)			
EAGA-CCD			
25,82L	P	50 Free	5 2017-07-03 Sasol National Championship 2017
26,00L	F	50 Free	7 2017-07-03 Sasol National Championship 2017
25,20S	P 0,18	50 Free	67 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
26,17L	F 0,35	50 Free	1 2017-09-09 Limpopo Age Group 3
25,71L	F -0,11	50 Free	2 2017-10-20 Limpopo Top 10 - High Schools
26,35L	F 0,64	50 Free	2 2018-01-27 LP School Champs 2018
26,76L	F 1,05	50 Free	2 2018-02-17 Limpopo Age Group 7
57,03L	LEV3 F	100 Free	2 2017-06-24 Limpopo Age Group 1
56,68L	LEV3 F -0,35	100 Free	8 2017-07-03 Sasol National Championship 2017
53,83S	SANJ P -1,25	100 Free	50 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
55,69L	SANJ F 0,26	100 Free	1 2017-09-09 Limpopo Age Group 3
57,70L	LEV3 F 2,27	100 Free	1 2017-10-28 Eager Sprint Gala
56,76L	LEV3 F 1,33	100 Free	1 2018-01-27 LP School Champs 2018
56,92L	LEV3 F 1,49	100 Free	2 2018-02-17 Limpopo Age Group 7
2:03,97L	LEV3 F	200 Free	5 2017-07-03 Sasol National Championship 2017
2:05,01L	LEV3 P	200 Free	6 2017-07-03 Sasol National Championship 2017
2:04,85L	LEV3 F 0,88	200 Free	1 2018-01-27 LP School Champs 2018
2:09,18L	LEV3 F 5,21	200 Free	1 2018-02-17 Limpopo Age Group 7
4:26,28L	LEV3 F	400 Free	3 2017-07-03 Sasol National Championship 2017
9:23,38L	F	800 Free	3 2017-07-03 Sasol National Championship 2017
17:52,48L	F	1500 Free	1 2017-07-03 Sasol National Championship 2017
28,68L	F	50 Back	1 2017-07-03 Sasol National Championship 2017
28,70L	P	50 Back	1 2017-07-03 Sasol National Championship 2017
27,52S	S -0,56	50 Back	13 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
27,89S	P -0,19	50 Back	16 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
30,64L	F 2,52	50 Back	1 2017-09-09 Limpopo Age Group 3
28,87L	F 0,75	50 Back	1 2018-01-27 LP School Champs 2018
1:04,87L	LEV3 F	100 Back	1 2017-06-24 Limpopo Age Group 1
1:01,11L	SANJ F -3,76	100 Back	1 2017-07-03 Sasol National Championship 2017
1:02,38L	SANJ P -2,49	100 Back	1 2017-07-03 Sasol National Championship 2017
58,23S	SANJ S -1,68	100 Back	9 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
58,36S	SANJ F -1,55	100 Back	8 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
59,03S	SANJ P -0,88	100 Back	12 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
1:04,15L	LEV3 F 4,72	100 Back	1 2017-10-20 Limpopo Top 10 - High Schools
1:04,66L	LEV3 F 5,23	100 Back	1 2017-10-28 Eager Sprint Gala
1:02,13L	SANJ F 2,70	100 Back	1 2018-01-27 LP School Champs 2018
2:19,48L	LEV3 F	200 Back	2 2017-07-03 Sasol National Championship 2017
2:20,64L	LEV3 P	200 Back	2 2017-07-03 Sasol National Championship 2017
2:09,43S	SANJ F -7,65	200 Back	12 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:10,10S	SANJ P -6,98	200 Back	11 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:19,40L	LEV3 F 7,57	200 Back	1 2018-01-27 LP School Champs 2018
35,07L	P	50 Breast	10 2017-07-03 Sasol National Championship 2017
36,10L	F	50 Breast	10 2017-07-03 Sasol National Championship 2017
1:19,89L	P	100 Breast	13 2017-07-03 Sasol National Championship 2017
27,34L	F	50 Fly	1 2017-06-24 Limpopo Age Group 1
27,31L	P -0,03	50 Fly	7 2017-07-03 Sasol National Championship 2017
27,49L	F 0,15	50 Fly	7 2017-07-03 Sasol National Championship 2017
26,73S	P 0,12	50 Fly	40 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
26,98L	F -0,33	50 Fly	1 2017-09-09 Limpopo Age Group 3
26,98L	F 0,00	50 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
27,35L	F 0,37	50 Fly	1 2018-01-27 LP School Champs 2018
1:00,68L	SANJ F	100 Fly	6 2017-07-03 Sasol National Championship 2017
1:00,56L	SANJ F -0,12	100 Fly	1 2017-07-29 Limpopo Age Group 2
58,49S	SANJ P -0,67	100 Fly	28 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
59,69L	SANJ F -0,20	100 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
1:00,32L	SANJ F 0,63	100 Fly	1 2018-01-27 LP School Champs 2018
1:00,69L	SANJ F 1,00	100 Fly	2 2018-02-17 Limpopo Age Group 7
2:16,27L	F	200 Fly	4 2017-07-03 Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ivan Beukes (17) M (Yr: AR)				EAGA-CCD
2:22,45L	LEV3 F	200 IM	7	2017-07-03 Sasol National Championship 2017
2:25,40L	LEV3 P	200 IM	10	2017-07-03 Sasol National Championship 2017
2:22,35L	LEV3 F -0,10	200 IM	1	2017-10-20 Limpopo Top 10 - High Schools
5:09,77L	F	400 IM	7	2017-07-03 Sasol National Championship 2017
Jano Beukes (16) M (Yr: CR)				TKS-SKD
26,30L	LEV2 F	50 Free	2	2017-09-09 Limpopo Age Group 3
25,68L	LEV2 F -0,62	50 Free	1	2017-10-14 Limpopo Age Group 4
26,05L	LEV2 F 0,37	50 Free	1	2017-10-20 Limpopo Top 10 - High Schools
25,86L	LEV2 F 0,18	50 Free	1	2017-11-11 Limpopo Age Group 5
25,84L	LEV2 F 0,16	50 Free	3	2017-12-01 Limpopo Champs
26,84L	F 1,16	50 Free	2	2018-01-27 LP School Champs 2018
26,36L	LEV2 F 0,68	50 Free	1	2018-02-17 Limpopo Age Group 7
57,29S	LEV3 F	100 Free	5	2017-08-19 Small Districts Championship Gala 2017
57,25L	LEV3 F -1,64	100 Free	3	2017-09-09 Limpopo Age Group 3
57,56L	LEV3 F 0,31	100 Free	1	2017-10-20 Limpopo Top 10 - High Schools
57,15L	LEV3 F -0,10	100 Free	1	2017-11-11 Limpopo Age Group 5
57,27L	LEV3 F 0,12	100 Free	2	2017-11-24 Mpumalanga Championships 2017
56,45L	LEV3 F -0,70	100 Free	1	2017-12-01 Limpopo Champs
1:00,12L	LEV3 F 3,67	100 Free	1	2018-01-27 LP School Champs 2018
56,99L	LEV3 F 0,54	100 Free	3	2018-02-17 Limpopo Age Group 7
2:21,32L	F	200 Free	1	2018-01-27 LP School Champs 2018
32,37L	LEV2 F	50 Back	2	2017-09-09 Limpopo Age Group 3
31,72L	LEV2 F -0,65	50 Back	1	2017-10-14 Limpopo Age Group 4
31,95L	LEV2 F 0,23	50 Back	4	2017-12-01 Limpopo Champs
37,06L	LEV2 F	50 Breast	1	2017-10-14 Limpopo Age Group 4
35,85L	LEV2 F -1,21	50 Breast	3	2017-12-01 Limpopo Champs
38,71L	F 2,86	50 Breast	4	2018-01-27 LP School Champs 2018
28,38L	LEV2 F	50 Fly	3	2017-09-09 Limpopo Age Group 3
27,19L	LEV2 F -1,19	50 Fly	1	2017-10-14 Limpopo Age Group 4
27,56L	LEV2 F 0,37	50 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
27,27L	LEV2 F 0,08	50 Fly	1	2017-11-11 Limpopo Age Group 5
27,99L	LEV2 F 0,80	50 Fly	2	2017-11-24 Mpumalanga Championships 2017
27,47L	LEV2 F 0,28	50 Fly	2	2017-12-01 Limpopo Champs
29,00L	F 1,81	50 Fly	1	2018-01-27 LP School Champs 2018
27,69L	LEV2 F 0,50	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:03,49S	LEV3 F	100 Fly	5	2017-08-19 Small Districts Championship Gala 2017
1:07,88L	LEV3 F 2,99	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
1:02,79L	LEV3 F -2,10	100 Fly	2	2017-12-01 Limpopo Champs
1:04,26L	LEV3 F 1,47	100 Fly	1	2018-01-27 LP School Champs 2018
1:01,63L	SANJ F -1,16	100 Fly	3	2018-02-17 Limpopo Age Group 7
2:32,87S	LEV2 F	200 IM	8	2017-08-19 Small Districts Championship Gala 2017
2:27,28L	LEV3 F -8,79	200 IM	4	2017-10-20 Limpopo Top 10 - High Schools
Kharma Beukes (12) F				TKSS-WBD
43,30S	F	50 Free	8	2017-08-05 Tuks Sprint Gala
1:38,83S	F	100 Free	34	2017-08-05 Tuks Sprint Gala
45,01S	F	50 Back	7	2017-08-05 Tuks Sprint Gala
NS	F	100 Back		2017-08-05 Tuks Sprint Gala
56,26S	F	50 Breast	8	2017-08-05 Tuks Sprint Gala
47,67S	F	50 Fly	5	2017-08-05 Tuks Sprint Gala
Ruben Beytell (12) M (Yr: HR)				LSKP-WBD
46,87L	F	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10
1:48,10L	F	100 Breast	3	2017-11-04 Limpopo Primary School - Top 10
49,68L	F	50 Fly	8	2017-11-04 Limpopo Primary School - Top 10
Anika Bezuidenhout (14) F (Yr: GR)				HBV-MPD
1:14,34L	LEV2 F	100 Free	2	2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Breast		2017-10-20 Limpopo Top 10 - High Schools
1:41,89L	F	100 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
38,85L	F	50 Fly	3	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Inge Bezuidenhout (10) F (Yr: HR)							
54,71L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10		LSPHA-MPD
50,45L	F	50 Fly	6	2017-11-04	Limpopo Primary School - Top 10		
3:44,12L	F	200 IM	4	2017-11-04	Limpopo Primary School - Top 10		
Juan Bezuidenhout (15) M (Yr: GR)							
1:13,48L	F	100 Free	6	2017-10-20	Limpopo Top 10 - High Schools		HMER-MPD
36,20L	F	50 Fly	7	2017-10-20	Limpopo Top 10 - High Schools		
Aldo Blignaut (12) M (Yr: HR)							
1:10,94L	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSPHA-MPD
48,05L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10		
1:51,95L	F	100 Breast	6	2017-11-04	Limpopo Primary School - Top 10		
Mijanke Blignaut (15) F (Yr: GN)							
36,82S	F	50 Free	2	2017-08-05	Tuks Sprint Gala		TKSB-WBD
37,50L	F -0,12	50 Free	5	2017-10-20	Limpopo Top 10 - High Schools		
36,96L	F -0,54	50 Free	5	2018-01-27	LP School Champs 2018		
1:23,15S	F	100 Free	18	2017-08-05	Tuks Sprint Gala		
1:25,09L	F 0,34	100 Free	4	2018-01-27	LP School Champs 2018		
1:21,87L	F -2,88	100 Free	3	2018-02-17	Limpopo Age Group 7		
3:06,73L	F	200 Free	3	2018-01-27	LP School Champs 2018		
3:03,12L	F -3,61	200 Free	2	2018-02-17	Limpopo Age Group 7		
1:51,46L	F	100 Back	7	2017-10-20	Limpopo Top 10 - High Schools		
48,19S	F	50 Breast	1	2017-08-05	Tuks Sprint Gala		
45,78L	F -3,41	50 Breast	5	2017-10-20	Limpopo Top 10 - High Schools		
48,41L	F 2,63	50 Breast	3	2018-01-27	LP School Champs 2018		
46,67L	F 0,89	50 Breast	5	2018-02-17	Limpopo Age Group 7		
1:48,69S	F	100 Breast	1	2017-08-05	Tuks Sprint Gala		
1:50,58L	F -0,11	100 Breast	7	2017-10-20	Limpopo Top 10 - High Schools		
1:50,19L	F -0,39	100 Breast	3	2018-01-27	LP School Champs 2018		
1:45,07L	F -5,12	100 Breast	5	2018-02-17	Limpopo Age Group 7		
4:05,81L	F	200 Breast	3	2018-01-27	LP School Champs 2018		
3:47,31L	F -18,50	200 Breast	3	2018-02-17	Limpopo Age Group 7		
Zia Boltman (12) F (Yr: HR)							
33,34L	LEV2 F	50 Free	2	2017-11-04	Limpopo Primary School - Top 10		LSKP-WBD
34,02L	F 0,68	50 Free	5	2018-01-27	LP School Champs 2018		
34,65L	F 1,31	50 Free	5	2018-02-17	Limpopo Age Group 7		
1:25,90L	F	100 Free	13	2018-01-27	LP School Champs 2018		
1:19,93L	LEV2 F -5,97	100 Free	3	2018-02-17	Limpopo Age Group 7		
39,81L	LEV2 F	50 Back	5	2018-01-27	LP School Champs 2018		
46,74L	F	50 Breast	5	2018-01-27	LP School Champs 2018		
47,69L	F 0,95	50 Breast	3	2018-02-17	Limpopo Age Group 7		
1:43,31L	LEV2 F	100 Breast	4	2017-11-04	Limpopo Primary School - Top 10		
1:44,81L	F 1,50	100 Breast	5	2018-01-27	LP School Champs 2018		
1:45,10L	LEV2 F 1,79	100 Breast	4	2018-02-17	Limpopo Age Group 7		
37,65L	LEV2 F	50 Fly	1	2017-11-04	Limpopo Primary School - Top 10		
37,50L	LEV2 F -0,15	50 Fly	4	2018-01-27	LP School Champs 2018		
37,05L	LEV2 F -0,45	50 Fly	4	2018-02-17	Limpopo Age Group 7		
1:40,03L	F	100 Fly	3	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Amelia Booth (13) F (Yr: AR)			
36,05L	F	50 Free	2 2017-11-11 Limpopo Age Group 5
34,61L	F -1,44	50 Free	7 2017-12-01 Limpopo Champs
1:21,93L	LEV2 F	100 Free	4 2017-06-24 Limpopo Age Group 1
NS	F	100 Free	2017-10-28 Eager Sprint Gala
1:23,14L	F 1,21	100 Free	3 2017-11-11 Limpopo Age Group 5
1:21,32L	F -0,61	100 Free	7 2017-12-01 Limpopo Champs
1:20,39L	F -0,93	100 Free	9 2018-01-27 LP School Champs 2018
3:15,05L	F	200 Free	5 2017-10-14 Limpopo Age Group 4
2:59,39L	F -15,66	200 Free	6 2017-12-01 Limpopo Champs
2:56,73L	F -2,66	200 Free	5 2018-01-27 LP School Champs 2018
7:14,13L	F	400 Free	2 2017-06-24 Limpopo Age Group 1
6:39,06L	F -35,07	400 Free	3 2017-11-11 Limpopo Age Group 5
6:25,12L	F -13,94	400 Free	4 2018-01-27 LP School Champs 2018
13:33,50L	F	800 Free	6 2017-12-01 Limpopo Champs
28:51,95L	F	1500 Free	1 2017-10-14 Limpopo Age Group 4
43,41L	F	50 Back	8 2017-12-01 Limpopo Champs
1:36,53L	F	100 Back	6 2017-10-28 Eager Sprint Gala
3:30,53L	F	200 Back	5 2017-12-01 Limpopo Champs
55,84L	F	50 Breast	2 2017-06-24 Limpopo Age Group 1
54,20L	F -1,64	50 Breast	3 2017-10-14 Limpopo Age Group 4
1:51,60L	F	100 Breast	3 2017-10-28 Eager Sprint Gala
1:56,15L	F 4,55	100 Breast	10 2017-12-01 Limpopo Champs
3:54,92L	F	200 Breast	5 2017-12-01 Limpopo Champs
3:50,14L	F -4,78	200 Breast	4 2018-01-27 LP School Champs 2018
49,26L	F	50 Fly	4 2017-06-24 Limpopo Age Group 1
45,70L	F -3,56	50 Fly	3 2017-10-14 Limpopo Age Group 4
44,09L	F -1,61	50 Fly	7 2017-11-04 Limpopo Primary School - Top 10
1:44,08L	F	100 Fly	3 2017-10-28 Eager Sprint Gala
1:35,92L	F -8,16	100 Fly	3 2017-11-04 Limpopo Primary School - Top 10
1:44,88L	F 8,96	100 Fly	2 2017-11-11 Limpopo Age Group 5
1:41,40L	F 5,48	100 Fly	6 2017-12-01 Limpopo Champs
3:41,71L	F	200 IM	4 2017-06-24 Limpopo Age Group 1
3:28,62L	F -13,09	200 IM	4 2017-10-14 Limpopo Age Group 4
3:28,80L	F 0,18	200 IM	4 2017-10-28 Eager Sprint Gala
3:16,45L	LEV2 F	200 IM	5 2017-11-04 Limpopo Primary School - Top 10
3:21,46L	F 5,01	200 IM	13 2017-12-01 Limpopo Champs
3:17,81L	F 1,36	200 IM	5 2018-01-27 LP School Champs 2018
7:25,21L	F	400 IM	3 2017-11-11 Limpopo Age Group 5
NS	F	400 IM	2018-01-27 LP School Champs 2018

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Keira Booth (11) F (Yr: AR)			
40,60L	F	50 Free	2 2017-06-24 Limpopo Age Group 1
NS	F	50 Free	2017-10-28 Eager Sprint Gala
38,34L	F -2,26	50 Free	6 2017-11-11 Limpopo Age Group 5
36,56L	F -1,78	50 Free	7 2017-12-01 Limpopo Champs
1:32,96L	F	100 Free	3 2017-06-24 Limpopo Age Group 1
1:25,98L	LEV2 F -6,98	100 Free	4 2017-11-04 Limpopo Primary School - Top 10
1:26,17L	LEV2 F 0,19	100 Free	6 2017-11-11 Limpopo Age Group 5
1:26,70L	LEV2 F 0,72	100 Free	9 2017-12-01 Limpopo Champs
1:31,47L	F 5,49	100 Free	10 2018-01-27 LP School Champs 2018
3:25,10L	F	200 Free	7 2017-10-14 Limpopo Age Group 4
3:11,02L	LEV2 F -14,08	200 Free	9 2017-12-01 Limpopo Champs
3:25,83L	F 14,81	200 Free	6 2018-01-27 LP School Champs 2018
50,35L	F	50 Back	3 2017-10-14 Limpopo Age Group 4
47,95L	F -2,40	50 Back	6 2017-10-28 Eager Sprint Gala
47,41L	F -0,54	50 Back	12 2017-12-01 Limpopo Champs
1:52,11L	F	100 Back	7 2018-01-27 LP School Champs 2018
3:54,92L	F	200 Back	8 2017-12-01 Limpopo Champs
51,25L	F	50 Breast	6 2017-10-14 Limpopo Age Group 4
50,97L	F -0,28	50 Breast	4 2017-10-28 Eager Sprint Gala
49,50L	F -1,47	50 Breast	7 2017-11-04 Limpopo Primary School - Top 10
1:57,08L	F	100 Breast	4 2017-06-24 Limpopo Age Group 1
1:49,81L	LEV2 F -7,27	100 Breast	4 2017-11-11 Limpopo Age Group 5
1:45,72L	LEV2 F -4,09	100 Breast	6 2017-12-01 Limpopo Champs
NS	F	100 Breast	2018-01-27 LP School Champs 2018
3:52,56L	LEV2 F	200 Breast	6 2017-12-01 Limpopo Champs
4:07,42L	F 14,86	200 Breast	7 2018-01-27 LP School Champs 2018
52,75L	F	50 Fly	1 2017-06-24 Limpopo Age Group 1
45,99L	F -6,76	50 Fly	3 2017-10-14 Limpopo Age Group 4
47,49L	F 1,50	50 Fly	5 2017-10-28 Eager Sprint Gala
48,44L	F 2,45	50 Fly	7 2017-11-04 Limpopo Primary School - Top 10
1:47,95L	F	100 Fly	4 2017-11-04 Limpopo Primary School - Top 10
1:50,60L	DQ F	100 Fly	2017-11-11 Limpopo Age Group 5
1:47,75L	F -0,20	100 Fly	3 2017-12-01 Limpopo Champs
4:04,43L	F	200 IM	4 2017-06-24 Limpopo Age Group 1
3:48,20L	F -16,23	200 IM	5 2017-10-14 Limpopo Age Group 4
3:44,45L	F -3,75	200 IM	4 2017-10-28 Eager Sprint Gala
3:40,25L	LEV2 F -4,20	200 IM	23 2017-12-01 Limpopo Champs
3:46,32L	F 6,07	200 IM	7 2018-01-27 LP School Champs 2018

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Lisbe Booyse (12) F (Yr: AR)				TKSS-WBD
31,77L	LEV2 F	50 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,81L	LEV2 P	50 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,61L	LEV2 F -0,16	50 Free	1	2017-07-29 Limpopo Age Group 2
30,76L	LEV2 F -0,85	50 Free	1	2017-12-01 Limpopo Champs
31,38L	LEV2 F 0,62	50 Free	1	2018-01-27 LP School Champs 2018
1:08,24L	LEV3 F	100 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:08,43L	LEV3 P	100 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:07,56S	LEV3 F 0,92	100 Free	6	2017-08-05 Tuks Sprint Gala
1:06,38L	SANJ F -1,86	100 Free	1	2017-12-01 Limpopo Champs
1:06,58L	LEV3 P 0,20	100 Free	13	2017-12-06 NTS Championships 2017
1:06,87L	LEV3 F 0,49	100 Free	1	2018-01-27 LP School Champs 2018
2:26,02L	LEV3 F	200 Free	7	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:26,33L	LEV3 P	200 Free	6	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:29,77L	LEV3 F 3,75	200 Free	1	2017-07-29 Limpopo Age Group 2
2:24,46L	LEV3 F -1,56	200 Free	1	2017-12-01 Limpopo Champs
2:24,71L	LEV3 P 0,25	200 Free	11	2017-12-06 NTS Championships 2017
2:24,51L	LEV3 F 0,05	200 Free	1	2018-01-27 LP School Champs 2018
2:24,61L	LEV3 F 0,15	200 Free	1	2018-02-17 Limpopo Age Group 7
5:06,95L	LEV3 P	400 Free	21	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
5:09,20L	LEV3 F 2,25	400 Free	1	2017-09-09 Limpopo Age Group 3
5:04,73L	LEV3 F -2,22	400 Free	1	2017-12-01 Limpopo Champs
5:07,95L	LEV3 F 3,22	400 Free	8	2017-12-06 NTS Championships 2017
5:06,81L	LEV3 F 2,08	400 Free	1	2018-01-27 LP School Champs 2018
11:02,02L	F	800 Free	2	2017-12-01 Limpopo Champs
35,22L	LEV2 P	50 Back	5	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
35,62L	LEV2 F	50 Back	8	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
34,84L	LEV2 F -0,38	50 Back	1	2017-12-01 Limpopo Champs
1:21,39L	F 46,17	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
35,50L	LEV2 F 0,66	50 Back	1	2018-01-27 LP School Champs 2018
35,08L	LEV2 F 0,24	50 Back	1	2018-02-17 Limpopo Age Group 7
1:16,57L	LEV3 P	100 Back	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:16,34S	LEV3 F 0,97	100 Back	1	2017-08-05 Tuks Sprint Gala
1:16,56S	LEV3 F 1,19	100 Back	3	2017-08-19 Small Districts Championship Gala 2017
1:14,57L	SANJ F -2,00	100 Back	1	2017-12-01 Limpopo Champs
1:15,66L	SANJ P 1,09	100 Back	6	2017-12-06 NTS Championships 2017
1:16,28L	LEV3 F 1,71	100 Back	6	2017-12-06 NTS Championships 2017
1:16,67L	LEV3 F 2,10	100 Back	1	2018-01-27 LP School Champs 2018
1:15,92L	LEV3 F 1,35	100 Back	1	2018-02-17 Limpopo Age Group 7
2:41,55L	SANJ P	200 Back	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:43,51L	LEV3 F	200 Back	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:41,22L	SANJ F -0,33	200 Back	1	2017-12-01 Limpopo Champs
2:41,56L	LEV3 F 0,34	200 Back	1	2018-01-27 LP School Champs 2018
2:42,12L	LEV3 F 0,90	200 Back	1	2018-02-17 Limpopo Age Group 7
44,95L	P	50 Breast	18	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
42,17L	LEV2 F -2,78	50 Breast	2	2017-12-01 Limpopo Champs
44,54L	P 2,37	50 Breast	24	2017-12-06 NTS Championships 2017
1:38,41L	LEV2 P	100 Breast	20	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:33,35L	LEV3 F -5,06	100 Breast	2	2017-12-01 Limpopo Champs
1:34,12L	LEV3 P 0,77	100 Breast	20	2017-12-06 NTS Championships 2017
3:19,81L	LEV3 F	200 Breast	1	2017-12-01 Limpopo Champs
35,87L	LEV2 P	50 Fly	15	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
33,93L	LEV2 F -1,94	50 Fly	1	2017-12-01 Limpopo Champs
34,35L	LEV2 P 0,42	50 Fly	14	2017-12-06 NTS Championships 2017
34,77L	LEV2 F 0,84	50 Fly	1	2018-01-27 LP School Champs 2018
33,60L	LEV2 F -0,33	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:23,86S	LEV2 F	100 Fly	1	2017-08-05 Tuks Sprint Gala
1:19,75L	LEV3 F -5,51	100 Fly	1	2017-12-01 Limpopo Champs
2:51,02L	LEV3 P	200 IM	12	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Lisbe Booyse (12) F (Yr: AR)				TKSS-WBD
2:54,02L	LEV3 F 3,00	200 IM	1	2017-07-29 Limpopo Age Group 2
2:46,76S	LEV3 F -1,06	200 IM	1	2017-08-05 Tuks Sprint Gala
2:53,21S	LEV3 F 6,45	200 IM	2	2017-08-19 Small Districts Championship Gala 2017
2:46,24L	LEV3 F -3,72	200 IM	1	2017-12-01 Limpopo Champs
Ethan Bornman (10) M (Yr: AN)				EAGA-CCD
56,16L	F	50 Free	9	2017-06-24 Limpopo Age Group 1
49,80L	F -6,36	50 Free	18	2017-07-29 Limpopo Age Group 2
47,04S	F -1,96	50 Free	9	2017-08-05 Tuks Sprint Gala
54,10S	F 7,06	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
42,53L	F -5,31	50 Free	5	2017-10-28 Eager Sprint Gala
44,88L	F 2,35	50 Free	9	2017-12-01 Limpopo Champs
1:54,17S	F	100 Free	51	2017-08-05 Tuks Sprint Gala
2:02,40L	F 6,63	100 Free	9	2017-12-01 Limpopo Champs
4:11,55L	F	200 Free	2	2017-07-29 Limpopo Age Group 2
3:41,04L	F -30,51	200 Free	7	2017-12-01 Limpopo Champs
57,65L	F	50 Back	6	2017-06-24 Limpopo Age Group 1
54,58L	F -3,07	50 Back	5	2017-07-29 Limpopo Age Group 2
55,98S	F 2,00	50 Back	5	2017-08-05 Tuks Sprint Gala
54,25S	F 0,27	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
52,49L	F -2,09	50 Back	4	2017-10-28 Eager Sprint Gala
54,42L	F 1,93	50 Back	8	2017-12-01 Limpopo Champs
1:44,87L	LEV2 F	100 Back	5	2017-12-01 Limpopo Champs
1:07,11L	F	50 Breast	7	2017-06-24 Limpopo Age Group 1
58,58S	F -7,53	50 Breast	4	2017-08-05 Tuks Sprint Gala
55,91S	DQ F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
54,47L	F -5,11	50 Breast	3	2017-10-28 Eager Sprint Gala
54,58L	F 0,11	50 Breast	6	2017-12-01 Limpopo Champs
2:01,96S	F	100 Breast	2	2017-08-05 Tuks Sprint Gala
2:06,82L	F 2,86	100 Breast	5	2017-12-01 Limpopo Champs
4:49,91L	F	200 Breast	3	2017-07-29 Limpopo Age Group 2
4:12,95L	F -36,96	200 Breast	4	2017-12-01 Limpopo Champs
1:12,69L	DQ F	50 Fly		2017-06-24 Limpopo Age Group 1
59,44S	F	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
4:10,59S	F	200 IM	4	2017-08-26 LP Shamu Sprint SC 2017
4:32,11L	DQ F	200 IM		2017-12-01 Limpopo Champs
Ané Boshoff (10) F (Yr: HR)				EAGAB-CCD
50,95S	F	50 Free	6	2017-08-26 LP Shamu Sprint SC 2017
48,18L	F -3,57	50 Free	10	2017-11-04 Limpopo Primary School - Top 10
57,82S	F	50 Back	6	2017-08-26 LP Shamu Sprint SC 2017
59,42S	F	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
58,62S	F	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
Jeanne Boshoff (7) F (Yr: HN)				EAGAB-CCD
29,98S	F	25 Free	5	2017-08-26 LP Shamu Sprint SC 2017
33,25S	F	25 Back	6	2017-08-26 LP Shamu Sprint SC 2017
39,99S	F	25 Breast	6	2017-08-26 LP Shamu Sprint SC 2017
38,28S	F	25 Fly	4	2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jason Bosman (11) M (Yr: AR)				SS-MPD
32,30L	LEV2 F	50 Free	2	2017-07-29 Limpopo Age Group 2
32,20S	LEV2 F 0,70	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
34,25L	LEV2 F 1,95	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
33,23L	LEV2 F 0,93	50 Free	2	2017-11-11 Limpopo Age Group 5
32,22L	LEV2 F -0,08	50 Free	2	2017-12-01 Limpopo Champs
1:11,17L	F 38,87	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:13,59L	LEV3 F	100 Free	1	2017-09-09 Limpopo Age Group 3
1:14,87L	LEV3 F 1,28	100 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:14,24L	LEV3 F 0,65	100 Free	1	2017-11-11 Limpopo Age Group 5
1:12,29L	LEV3 F -1,30	100 Free	2	2017-12-01 Limpopo Champs
1:15,47L	LEV2 F 3,18	100 Free	1	2018-01-27 LP School Champs 2018
2:46,18L	LEV3 F	200 Free	2	2017-07-29 Limpopo Age Group 2
2:39,06L	LEV3 F -7,12	200 Free	1	2017-12-01 Limpopo Champs
2:47,35L	F 8,29	200 Free	2	2018-01-27 LP School Champs 2018
5:38,43L	LEV3 F	400 Free	2	2017-09-09 Limpopo Age Group 3
5:39,37L	LEV3 F 0,94	400 Free	4	2017-12-01 Limpopo Champs
38,18S	LEV2 F	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
39,36L	LEV2 F 0,58	50 Back	2	2017-12-01 Limpopo Champs
1:26,38L	LEV3 F	100 Back	2	2017-09-09 Limpopo Age Group 3
1:25,19L	LEV3 F -1,19	100 Back	1	2017-11-11 Limpopo Age Group 5
1:23,88L	LEV3 F -1,31	100 Back	1	2017-12-01 Limpopo Champs
1:24,97L	LEV2 F 1,09	100 Back	1	2018-01-27 LP School Champs 2018
3:02,03L	LEV3 F	200 Back	1	2017-10-14 Limpopo Age Group 4
2:54,99L	LEV3 F -7,04	200 Back	1	2017-12-01 Limpopo Champs
2:57,36L	LEV3 F 2,37	200 Back	1	2018-01-27 LP School Champs 2018
42,10S	LEV2 F	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
43,31L	LEV2 F 0,21	50 Breast	1	2017-12-01 Limpopo Champs
1:34,96L	LEV3 F	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:33,73L	LEV3 F -1,23	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:31,97L	LEV3 F -1,76	100 Breast	1	2017-12-01 Limpopo Champs
1:34,12L	LEV2 F 2,15	100 Breast	1	2018-01-27 LP School Champs 2018
3:30,30L	LEV3 F	200 Breast	1	2017-07-29 Limpopo Age Group 2
3:31,93L	LEV3 F 1,63	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:17,01L	LEV3 F -13,29	200 Breast	1	2017-12-01 Limpopo Champs
3:21,19L	LEV2 F 4,18	200 Breast	1	2018-01-27 LP School Champs 2018
35,58S	LEV2 F	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
37,97L	LEV2 F 1,69	50 Fly	3	2017-10-14 Limpopo Age Group 4
38,34L	LEV2 F 2,06	50 Fly	1	2017-11-04 Limpopo Primary School - Top 10
36,83L	LEV2 F 0,55	50 Fly	3	2017-12-01 Limpopo Champs
1:29,38L	LEV2 F	100 Fly	1	2017-07-29 Limpopo Age Group 2
1:25,54L	LEV3 F -3,84	100 Fly	1	2017-11-04 Limpopo Primary School - Top 10
1:29,71L	LEV2 F 4,17	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:28,63L	LEV2 F 3,09	100 Fly	2	2017-12-01 Limpopo Champs
1:26,21L	LEV2 F 0,67	100 Fly	2	2018-01-27 LP School Champs 2018
3:01,92L	LEV3 F	200 IM	1	2017-07-29 Limpopo Age Group 2
2:54,86S	LEV3 F -3,86	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017
3:01,39L	DQ F	200 IM		2017-10-14 Limpopo Age Group 4
2:59,65L	LEV3 F 1,59	200 IM	7	2017-12-01 Limpopo Champs
2:55,94L	LEV3 F -2,12	200 IM	1	2018-01-27 LP School Champs 2018
Hendrik Botes (13) M (Yr: HN)				UNIC-MPD
49,85L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
1:50,72L	F	100 Breast	6	2017-11-04 Limpopo Primary School - Top 10
45,30L	F	50 Fly	6	2017-11-04 Limpopo Primary School - Top 10
Arnand Botha (13) M (Yr: HR)				LSJM-SKD
43,47L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10
1:41,19L	F	100 Breast	5	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Ernest Botha (14) M (Yr: AR)			
27,51S	LEV2 F	50 Free	1 2017-08-26 LP Shamu Sprint SC 2017
27,98L	LEV2 F -0,33	50 Free	3 2017-10-14 Limpopo Age Group 4
27,32L	LEV2 F -0,66	50 Free	2 2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Free	2017-11-11 Limpopo Age Group 5
28,34L	LEV2 F 1,02	50 Free	2 2017-12-01 Limpopo Champs
57,77L	F 30,45	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
27,39L	LEV2 F 0,07	50 Free	2 2018-01-27 LP School Champs 2018
1:01,22L	LEV3 F	100 Free	2 2017-09-09 Limpopo Age Group 3
59,21L	SANJ F -2,01	100 Free	1 2017-10-20 Limpopo Top 10 - High Schools
1:01,43L	LEV3 F 2,22	100 Free	1 2017-10-28 Eager Sprint Gala
1:00,63L	LEV3 F 1,42	100 Free	2 2017-11-11 Limpopo Age Group 5
1:00,01L	SANJ F 0,80	100 Free	1 2017-12-01 Limpopo Champs
57,95L	LEV3 F -1,26	100 Free	1 2018-01-27 LP School Champs 2018
59,45L	SANJ F 1,50	100 Free	1 2018-02-17 Limpopo Age Group 7
2:14,59L	LEV3 F	200 Free	3 2017-10-14 Limpopo Age Group 4
2:10,47L	SANJ F -4,12	200 Free	2 2017-12-01 Limpopo Champs
2:14,77L	LEV3 F 4,30	200 Free	2 2018-01-27 LP School Champs 2018
2:10,47L	SANJ F 0,00	200 Free	2 2018-02-17 Limpopo Age Group 7
4:59,99L	LEV3 F	400 Free	1 2017-09-09 Limpopo Age Group 3
4:52,14L	LEV3 F -7,85	400 Free	1 2017-11-11 Limpopo Age Group 5
4:47,35L	LEV3 F -4,79	400 Free	4 2017-12-01 Limpopo Champs
4:57,48L	F 10,13	400 Free	2 2018-01-27 LP School Champs 2018
21:03,06L	F	1500 Free	7 2017-12-01 Limpopo Champs
32,26S	LEV2 F	50 Back	2 2017-08-26 LP Shamu Sprint SC 2017
32,37L	LEV2 F -0,49	50 Back	1 2017-10-20 Limpopo Top 10 - High Schools
32,00L	LEV2 F -0,37	50 Back	1 2017-12-01 Limpopo Champs
1:12,68L	LEV3 F	100 Back	3 2017-09-09 Limpopo Age Group 3
1:10,51L	LEV3 F -2,17	100 Back	1 2017-10-20 Limpopo Top 10 - High Schools
1:12,98L	LEV3 F 2,47	100 Back	1 2017-10-28 Eager Sprint Gala
1:08,30L	SANJ F -2,21	100 Back	1 2017-11-11 Limpopo Age Group 5
1:07,70L	SANJ F -0,60	100 Back	1 2017-12-01 Limpopo Champs
1:07,46L	LEV3 F -0,24	100 Back	1 2018-01-27 LP School Champs 2018
1:09,76L	LEV3 F 2,30	100 Back	1 2018-02-17 Limpopo Age Group 7
2:32,69L	LEV3 F	200 Back	3 2017-12-01 Limpopo Champs
2:28,94L	LEV3 F -3,75	200 Back	2 2018-01-27 LP School Champs 2018
2:36,81L	LEV3 F 7,87	200 Back	3 2018-02-17 Limpopo Age Group 7
36,54S	LEV2 F	50 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
37,38L	LEV2 F -0,16	50 Breast	3 2017-12-01 Limpopo Champs
1:26,00L	LEV2 F	100 Breast	2 2017-09-09 Limpopo Age Group 3
1:27,54L	LEV2 F 1,54	100 Breast	1 2017-10-28 Eager Sprint Gala
1:23,91L	LEV2 F -2,09	100 Breast	1 2017-11-11 Limpopo Age Group 5
1:23,25L	LEV2 F -0,66	100 Breast	2 2017-12-01 Limpopo Champs
3:02,43L	LEV2 F	200 Breast	2 2017-12-01 Limpopo Champs
31,75S	LEV2 F	50 Fly	4 2017-08-26 LP Shamu Sprint SC 2017
32,16L	LEV2 F -0,29	50 Fly	5 2017-12-01 Limpopo Champs
1:12,63L	LEV2 F	100 Fly	5 2017-12-01 Limpopo Champs
2:29,73S	LEV3 F	200 IM	1 2017-08-26 LP Shamu Sprint SC 2017
2:40,50L	LEV3 F 7,57	200 IM	2 2017-10-28 Eager Sprint Gala
2:35,82L	LEV3 F 2,89	200 IM	9 2017-12-01 Limpopo Champs
2:30,75L	LEV3 F -2,18	200 IM	1 2018-01-27 LP School Champs 2018
5:35,72L	F	400 IM	3 2017-12-01 Limpopo Champs

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Francois Botha (15) M (Yr: AR)				TKSS-WBD
28,45L	LEV2 P	50 Free	8	2017-07-03 Sasol National Championship 2017
28,57L	LEV2 F	50 Free	7	2017-07-03 Sasol National Championship 2017
27,97L	LEV2 F -0,48	50 Free	3	2017-10-14 Limpopo Age Group 4
27,53L	LEV2 F -0,44	50 Free	5	2018-01-27 LP School Champs 2018
1:03,09L	LEV2 F	100 Free	3	2017-06-24 Limpopo Age Group 1
1:03,09L	LEV2 F 0,00	100 Free	8	2017-07-03 Sasol National Championship 2017
1:01,08L	LEV3 F -1,14	100 Free	4	2018-01-27 LP School Champs 2018
2:15,62L	LEV3 P	200 Free	7	2017-07-03 Sasol National Championship 2017
2:23,91L	LEV2 F	200 Free	8	2017-07-03 Sasol National Championship 2017
2:12,22L	LEV3 F -3,40	200 Free	2	2017-10-14 Limpopo Age Group 4
2:12,36L	LEV3 F 0,14	200 Free	2	2018-01-27 LP School Champs 2018
2:15,00L	LEV3 F 2,78	200 Free	2	2018-02-17 Limpopo Age Group 7
5:05,45L	F	400 Free	2	2017-06-24 Limpopo Age Group 1
4:52,30L	F -13,15	400 Free	15	2017-07-03 Sasol National Championship 2017
4:46,10L	LEV3 F -6,20	400 Free	1	2017-11-11 Limpopo Age Group 5
4:40,56L	LEV3 F -5,54	400 Free	1	2018-01-27 LP School Champs 2018
19:49,21L	F	1500 Free	9	2017-07-03 Sasol National Championship 2017
18:46,87L	F -62,34	1500 Free	1	2017-10-14 Limpopo Age Group 4
18:38,92L	F -7,95	1500 Free	2	2018-01-27 LP School Champs 2018
32,40L	LEV2 F	50 Back	4	2017-07-03 Sasol National Championship 2017
33,26L	LEV2 P	50 Back	4	2017-07-03 Sasol National Championship 2017
32,64L	LEV2 F 0,24	50 Back	3	2017-10-20 Limpopo Top 10 - High Schools
1:15,43L	LEV2 F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:08,29L	LEV3 F -7,14	100 Back	3	2017-07-03 Sasol National Championship 2017
1:09,67L	LEV3 P -5,76	100 Back	3	2017-07-03 Sasol National Championship 2017
1:11,10L	LEV2 F 2,81	100 Back	3	2017-10-20 Limpopo Top 10 - High Schools
1:09,64L	LEV3 F 1,35	100 Back	3	2018-01-27 LP School Champs 2018
2:27,84L	LEV3 F	200 Back	3	2017-07-03 Sasol National Championship 2017
2:32,12L	LEV3 P	200 Back	3	2017-07-03 Sasol National Championship 2017
2:27,14L	LEV3 F -0,70	200 Back	1	2017-10-14 Limpopo Age Group 4
2:30,54L	LEV3 F 3,40	200 Back	2	2018-01-27 LP School Champs 2018
2:30,41L	LEV3 F 3,27	200 Back	2	2018-02-17 Limpopo Age Group 7
43,82L	P	50 Breast	12	2017-07-03 Sasol National Championship 2017
30,12L	LEV2 P	50 Fly	8	2017-07-03 Sasol National Championship 2017
31,07L	LEV2 F	50 Fly	9	2017-07-03 Sasol National Championship 2017
30,58L	LEV2 F 0,46	50 Fly	1	2017-10-14 Limpopo Age Group 4
29,23L	LEV2 F -0,89	50 Fly	5	2017-10-20 Limpopo Top 10 - High Schools
1:09,03L	LEV2 F	100 Fly	6	2017-07-03 Sasol National Championship 2017
1:06,85L	LEV3 F -0,61	100 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
1:09,19L	LEV2 F 2,34	100 Fly	3	2017-11-11 Limpopo Age Group 5
1:06,55L	LEV3 F -0,30	100 Fly	3	2018-01-27 LP School Champs 2018
2:29,86L	F	200 Fly	5	2017-07-03 Sasol National Championship 2017
2:31,10L	F 1,24	200 Fly	2	2017-11-11 Limpopo Age Group 5
2:22,15L	F -7,71	200 Fly	1	2018-02-17 Limpopo Age Group 7
2:48,05L	LEV2 F	200 IM	3	2017-06-24 Limpopo Age Group 1
2:41,24L	LEV2 P -6,81	200 IM	8	2017-07-03 Sasol National Championship 2017
2:49,51L	F 1,46	200 IM	9	2017-07-03 Sasol National Championship 2017
2:33,96L	LEV3 F -2,48	200 IM	4	2017-10-20 Limpopo Top 10 - High Schools
5:40,69L	F	400 IM	1	2017-06-24 Limpopo Age Group 1
5:45,09L	F 4,40	400 IM	11	2017-07-03 Sasol National Championship 2017
5:35,74L	F -4,95	400 IM	1	2017-11-11 Limpopo Age Group 5

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Emmerentia Botha (12) F (Yr: AR)			
33,75L	LEV2 F	50 Free	9 2017-07-03 Sasol National Championship 2017
34,25L	P	50 Free	9 2017-07-03 Sasol National Championship 2017
34,01S	F 1,06	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
33,62L	LEV2 F 0,13	50 Free	2 2017-10-14 Limpopo Age Group 4
1:08,89L	F 35,40	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
33,99L	LEV2 F 0,50	50 Free	6 2017-12-01 Limpopo Champs
33,69L	LEV2 F 0,20	50 Free	5 2018-01-27 LP School Champs 2018
1:14,70L	LEV3 F	100 Free	2 2017-06-24 Limpopo Age Group 1
1:13,77L	LEV3 F -0,93	100 Free	7 2017-07-03 Sasol National Championship 2017
1:14,41L	LEV2 F 0,64	100 Free	5 2017-12-01 Limpopo Champs
1:12,78L	LEV2 F -0,99	100 Free	5 2018-01-27 LP School Champs 2018
2:39,80L	LEV3 P	200 Free	4 2017-07-03 Sasol National Championship 2017
2:40,15L	LEV3 F	200 Free	6 2017-07-03 Sasol National Championship 2017
2:40,89L	LEV3 F 1,09	200 Free	2 2017-10-14 Limpopo Age Group 4
2:37,92L	LEV2 F -1,88	200 Free	4 2017-12-01 Limpopo Champs
2:39,30L	LEV2 F 1,38	200 Free	3 2018-02-17 Limpopo Age Group 7
5:55,37L	F	400 Free	1 2017-06-24 Limpopo Age Group 1
5:42,28L	LEV3 F -13,09	400 Free	30 2017-07-03 Sasol National Championship 2017
5:21,41L	LEV3 F -20,87	400 Free	3 2017-12-01 Limpopo Champs
5:18,16L	F -3,25	400 Free	2 2018-01-27 LP School Champs 2018
12:01,86L	F	800 Free	16 2017-07-03 Sasol National Championship 2017
11:49,15L	F -12,71	800 Free	4 2017-12-01 Limpopo Champs
42,25L	LEV2 P	50 Back	10 2017-07-03 Sasol National Championship 2017
43,40L	F	50 Back	9 2017-07-03 Sasol National Championship 2017
42,62L	LEV2 F 0,37	50 Back	2 2017-07-29 Limpopo Age Group 2
39,61S	LEV2 F -2,04	50 Back	3 2017-08-26 LP Shamu Sprint SC 2017
39,84L	LEV2 F -0,37	50 Back	5 2017-12-01 Limpopo Champs
1:31,39L	LEV2 P	100 Back	11 2017-07-03 Sasol National Championship 2017
1:29,08L	LEV2 F 1,65	100 Back	1 2017-11-11 Limpopo Age Group 5
1:25,40L	LEV2 F -2,03	100 Back	5 2017-12-01 Limpopo Champs
1:24,22L	LEV2 F -1,18	100 Back	2 2018-02-17 Limpopo Age Group 7
3:03,14L	LEV3 F	200 Back	6 2017-07-03 Sasol National Championship 2017
3:08,77L	LEV2 P	200 Back	8 2017-07-03 Sasol National Championship 2017
3:07,82L	LEV2 F 4,68	200 Back	1 2017-07-29 Limpopo Age Group 2
3:00,59L	LEV3 F -2,55	200 Back	1 2017-10-14 Limpopo Age Group 4
3:01,54L	LEV2 F 0,95	200 Back	4 2017-12-01 Limpopo Champs
41,76L	LEV2 F	50 Breast	3 2017-07-03 Sasol National Championship 2017
43,61L	LEV2 P	50 Breast	5 2017-07-03 Sasol National Championship 2017
43,33S	F 2,57	50 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
43,38L	LEV2 F 1,77	50 Breast	1 2017-10-14 Limpopo Age Group 4
41,91L	LEV2 F 0,30	50 Breast	3 2017-11-04 Limpopo Primary School - Top 10
42,10L	LEV2 F 0,49	50 Breast	2 2018-01-27 LP School Champs 2018
1:36,17L	LEV3 F	100 Breast	1 2017-06-24 Limpopo Age Group 1
1:31,48L	LEV3 F -4,69	100 Breast	4 2017-07-03 Sasol National Championship 2017
1:36,24L	LEV3 P 0,07	100 Breast	7 2017-07-03 Sasol National Championship 2017
1:28,99S	LEV3 F -0,49	100 Breast	3 2017-08-19 Small Districts Championship Gala 2017
1:31,29L	LEV3 F 0,94	100 Breast	1 2017-11-04 Limpopo Primary School - Top 10
1:35,84L	LEV2 F 5,49	100 Breast	1 2017-11-11 Limpopo Age Group 5
1:29,71L	LEV3 F -0,64	100 Breast	1 2017-12-01 Limpopo Champs
1:28,78L	LEV3 F -0,93	100 Breast	1 2018-01-27 LP School Champs 2018
3:12,19L	LEV3 F	200 Breast	3 2017-07-03 Sasol National Championship 2017
3:26,02L	LEV3 P	200 Breast	5 2017-07-03 Sasol National Championship 2017
3:23,16L	LEV3 F 10,97	200 Breast	1 2017-07-29 Limpopo Age Group 2
3:20,44L	LEV3 F 8,25	200 Breast	1 2017-10-14 Limpopo Age Group 4
3:15,04L	LEV3 F 2,85	200 Breast	1 2017-12-01 Limpopo Champs
3:09,41L	LEV3 F -2,78	200 Breast	1 2018-01-27 LP School Champs 2018
40,45L	LEV2 F	50 Fly	2 2017-06-24 Limpopo Age Group 1
38,19L	LEV2 P -2,26	50 Fly	6 2017-07-03 Sasol National Championship 2017

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Emmerentia Botha (12) F (Yr: AR)**TKSS-WBD**

38,81L	LEV2	F -1,64	50 Fly	6	2017-07-03	Sasol National Championship 2017
39,19L	LEV2	F 1,00	50 Fly	1	2017-07-29	Limpopo Age Group 2
39,31S	LEV2	F 1,82	50 Fly	2	2017-08-26	LP Shamu Sprint SC 2017
38,57L	LEV2	F 0,67	50 Fly	5	2017-12-01	Limpopo Champs
1:25,98L	LEV2	F	100 Fly	3	2017-07-03	Sasol National Championship 2017
1:26,43S	LEV2	F 1,85	100 Fly	4	2017-08-19	Small Districts Championship Gala 2017
1:28,13L	LEV2	F 2,15	100 Fly	2	2017-11-04	Limpopo Primary School - Top 10
1:36,52L		F 10,54	100 Fly	1	2017-11-11	Limpopo Age Group 5
1:29,75L		F 3,77	100 Fly	5	2017-12-01	Limpopo Champs
1:23,56L	LEV2	F -2,42	100 Fly	3	2018-01-27	LP School Champs 2018
1:29,32L		F 5,76	100 Fly	2	2018-02-17	Limpopo Age Group 7
3:31,55L		F	200 Fly	7	2017-07-03	Sasol National Championship 2017
3:20,46L		F -11,09	200 Fly	1	2017-11-11	Limpopo Age Group 5
3:00,06L	LEV3	F	200 IM	1	2017-06-24	Limpopo Age Group 1
2:57,30L	LEV3	F -2,76	200 IM	2	2017-07-03	Sasol National Championship 2017
3:01,38L	LEV3	P 1,32	200 IM	3	2017-07-03	Sasol National Championship 2017
2:56,35L	LEV3	F -0,95	200 IM	2	2017-07-29	Limpopo Age Group 2
2:57,10S	LEV3	F 3,95	200 IM	4	2017-08-19	Small Districts Championship Gala 2017
2:58,26S	LEV3	F 5,11	200 IM	1	2017-08-26	LP Shamu Sprint SC 2017
2:52,20L	LEV3	F 2,32	200 IM	1	2017-11-04	Limpopo Primary School - Top 10
2:51,80L	LEV3	F 1,92	200 IM	3	2017-12-01	Limpopo Champs
2:50,38L	LEV3	F 0,50	200 IM	2	2018-01-27	LP School Champs 2018
6:25,91L		F	400 IM	11	2017-07-03	Sasol National Championship 2017
6:20,64L		F -5,27	400 IM	2	2017-11-11	Limpopo Age Group 5

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jacobus Botha (10) M (Yr: AR)				TKSS-WBD
37,49L	P	50 Free	12	2017-07-03 Sasol National Championship 2017
38,04S	F 1,35	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
38,98L	F 1,49	50 Free	2	2017-09-09 Limpopo Age Group 3
37,96L	F 0,78	50 Free	5	2017-10-14 Limpopo Age Group 4
37,38L	F 0,20	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
36,91L	F -0,27	50 Free	8	2017-12-01 Limpopo Champs
36,38L	F -0,53	50 Free	4	2018-01-27 LP School Champs 2018
1:24,53L	LEV2 F	100 Free	4	2017-09-09 Limpopo Age Group 3
1:20,30L	LEV2 F -4,23	100 Free	6	2017-12-01 Limpopo Champs
1:22,97L	F 2,67	100 Free	5	2018-01-27 LP School Champs 2018
1:20,80L	LEV2 F 0,50	100 Free	3	2018-02-17 Limpopo Age Group 7
3:09,60L	LEV2 P	200 Free	11	2017-07-03 Sasol National Championship 2017
3:06,00L	LEV2 F -3,60	200 Free	1	2017-10-14 Limpopo Age Group 4
2:51,23L	LEV3 F -14,77	200 Free	3	2017-12-01 Limpopo Champs
2:51,80L	F 0,57	200 Free	4	2018-01-27 LP School Champs 2018
6:06,53L	LEV3 F	400 Free	1	2017-09-09 Limpopo Age Group 3
6:06,50L	LEV3 F -0,03	400 Free	4	2017-11-11 Limpopo Age Group 5
5:51,89L	LEV3 F -14,61	400 Free	7	2017-12-01 Limpopo Champs
5:53,13L	F 1,24	400 Free	2	2018-01-27 LP School Champs 2018
46,50L	P	50 Back	10	2017-07-03 Sasol National Championship 2017
47,62L	F	50 Back	10	2017-07-03 Sasol National Championship 2017
44,28S	F -1,62	200 Medley Relay Lead Off		2017-08-19 Small Districts Championship Gala 2017
45,84S	F -0,06	50 Back	9	2017-08-19 Small Districts Championship Gala 2017
44,84S	F 0,56	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
44,68L	LEV2 F -0,20	50 Back	8	2017-12-01 Limpopo Champs
1:37,46L	LEV2 F	100 Back	9	2017-07-03 Sasol National Championship 2017
1:37,68L	LEV2 P	100 Back	8	2017-07-03 Sasol National Championship 2017
1:38,53L	LEV2 F 1,07	100 Back	5	2017-09-09 Limpopo Age Group 3
1:35,09L	LEV2 F -2,37	100 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:38,27L	F 3,18	100 Back	4	2017-11-11 Limpopo Age Group 5
1:32,35L	LEV2 F -2,74	100 Back	6	2017-12-01 Limpopo Champs
1:33,97L	F 1,62	100 Back	3	2018-01-27 LP School Champs 2018
1:35,38L	LEV2 F 3,03	100 Back	3	2018-02-17 Limpopo Age Group 7
3:23,79L	LEV2 P	200 Back	5	2017-07-03 Sasol National Championship 2017
3:26,62L	LEV2 F	200 Back	6	2017-07-03 Sasol National Championship 2017
3:28,68L	LEV2 F 4,89	200 Back	3	2017-10-14 Limpopo Age Group 4
3:12,30L	LEV3 F -11,49	200 Back	3	2017-12-01 Limpopo Champs
3:20,36L	F 8,06	200 Back	4	2018-01-27 LP School Champs 2018
54,12L	F	50 Breast	8	2017-07-03 Sasol National Championship 2017
55,12L	P	50 Breast	8	2017-07-03 Sasol National Championship 2017
53,55S	F 0,43	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
51,25L	F -2,87	50 Breast	12	2017-12-01 Limpopo Champs
2:01,44L	P	100 Breast	14	2017-07-03 Sasol National Championship 2017
1:50,20L	F -11,24	100 Breast	10	2017-12-01 Limpopo Champs
4:07,91L	F	200 Breast	7	2017-07-03 Sasol National Championship 2017
4:11,31L	P	200 Breast	9	2017-07-03 Sasol National Championship 2017
4:09,44L	F 1,53	200 Breast	3	2017-10-14 Limpopo Age Group 4
3:53,45L	F -14,46	200 Breast	5	2017-12-01 Limpopo Champs
42,03L	LEV2 P	50 Fly	8	2017-07-03 Sasol National Championship 2017
43,31L	F	50 Fly	6	2017-07-03 Sasol National Championship 2017
44,07S	F 2,74	50 Fly	7	2017-08-19 Small Districts Championship Gala 2017
43,63S	F 2,30	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
44,17L	F 2,14	50 Fly	3	2017-09-09 Limpopo Age Group 3
43,11L	F 1,38	50 Fly	4	2017-10-14 Limpopo Age Group 4
43,23L	F 1,50	50 Fly	3	2017-11-04 Limpopo Primary School - Top 10
44,56L	F 2,83	50 Fly	2	2017-11-11 Limpopo Age Group 5
40,58L	LEV2 F -1,15	50 Fly	4	2017-12-01 Limpopo Champs
39,72L	F -0,86	50 Fly	2	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Jacobus Botha (11) M (Yr: AR)							
1:35,56L	F -2,61	100 Fly	2	2017-11-04	Limpopo Primary School - Top 10		LSKP-WBD
1:38,37L	F 2,81	100 Fly	3	2017-12-01	Limpopo Champs		
1:32,92L	F -2,64	100 Fly	3	2018-01-27	LP School Champs 2018		
1:35,80L	F 2,88	100 Fly	2	2018-02-17	Limpopo Age Group 7		
3:50,67L	F	200 Fly	1	2017-11-11	Limpopo Age Group 5		
3:35,57L	P	200 IM	8	2017-07-03	Sasol National Championship 2017		
3:35,63L	F	200 IM	9	2017-07-03	Sasol National Championship 2017		
3:17,28S	LEV2 F -15,09	200 IM	5	2017-08-19	Small Districts Championship Gala 2017		
3:22,19S	LEV2 F 4,91	200 IM	1	2017-08-26	LP Shamu Sprint SC 2017		
3:19,45L	LEV2 F -1,03	200 IM	18	2017-12-01	Limpopo Champs		
Sunel Marie Botha (11) F (Yr: HR)							
1:25,27L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSJM-SKD
1:50,50L	LEV2 F	100 Breast	5	2017-11-04	Limpopo Primary School - Top 10		
Theunis Botha (9) M							
1:49,08L	I. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		UNIC-MPD
Yvonne Botha (12) F (Yr: HR)							
44,78L	F	50 Back	6	2017-11-04	Limpopo Primary School - Top 10		UNIC-MPD
48,91L	F	50 Breast	5	2017-11-04	Limpopo Primary School - Top 10		
1:43,24L	LEV2 F	100 Breast	3	2017-11-04	Limpopo Primary School - Top 10		
Zane Botha (10) F							
NS	F	50 Back		2017-08-05	Tuks Sprint Gala		TKSB-WBD
NS	F	50 Breast		2017-08-05	Tuks Sprint Gala		
NS	F	50 Fly		2017-08-05	Tuks Sprint Gala		
Elsie Botha (16) F (Yr: AR)							
37,60L	LEV2 F	50 Back	1	2017-10-20	Limpopo Top 10 - High Schools		HBV-MPD
1:23,91L	LEV2 F	100 Back	1	2017-10-20	Limpopo Top 10 - High Schools		
Francois Bouwer (11) M (Yr: HR)							
1:20,69L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSJM-SKD
45,53L	F	50 Back	4	2017-11-04	Limpopo Primary School - Top 10		
1:46,82L	I. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:41,28L	F	100 Back	4	2017-11-04	Limpopo Primary School - Top 10		
44,51L	F	50 Fly	5	2017-11-04	Limpopo Primary School - Top 10		
Sasha Boyum (8) F (Yr: HN)							
NS	F	50 Free		2017-11-04	Limpopo Primary School - Top 10		UNIC-MPD
1:06,37L	F	50 Breast	4	2017-11-04	Limpopo Primary School - Top 10		
Monique Brent-Meek (16) F (Yr: GN)							
1:19,10L	F	100 Free	5	2017-10-20	Limpopo Top 10 - High Schools		HWBAD-WBD
42,61L	F	50 Fly	7	2017-10-20	Limpopo Top 10 - High Schools		
Isabella Brett (9) F (Yr: HN)							
44,52L	F	50 Free	9	2017-11-11	Limpopo Age Group 5		SS-MPD
57,37L	F	50 Back	8	2017-11-04	Limpopo Primary School - Top 10		
58,33L	F 0,96	50 Back	9	2017-11-11	Limpopo Age Group 5		
1:00,58L	F	50 Breast	8	2017-11-11	Limpopo Age Group 5		
58,65L	F	50 Fly	13	2017-11-11	Limpopo Age Group 5		
4:30,13L	F	200 IM	9	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ingemari Briel (14) F (Yr: AN)				LOTTA-WBD
43,62S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
42,06L	F -2,36	50 Free	3	2017-09-09 Limpopo Age Group 3
44,28L	F 2,74	50 Free	5	2018-01-27 LP School Champs 2018
1:37,86S	F	100 Free	32	2017-08-05 Tuks Sprint Gala
1:39,73S	F 1,87	100 Free	9	2017-08-19 Small Districts Championship Gala 2017
1:39,16L	F -0,30	100 Free	3	2017-09-09 Limpopo Age Group 3
1:39,44L	F 0,28	100 Free	5	2018-01-27 LP School Champs 2018
55,17L	F 3,96	50 Back	5	2018-01-27 LP School Champs 2018
2:05,64S	F	100 Back	3	2017-08-05 Tuks Sprint Gala
2:02,24S	F -3,40	100 Back	9	2017-08-19 Small Districts Championship Gala 2017
2:04,03L	F 0,59	100 Back	2	2018-01-27 LP School Champs 2018
1:01,25S	F	50 Breast	4	2017-08-05 Tuks Sprint Gala
1:01,49L	F -0,76	50 Breast	3	2017-09-09 Limpopo Age Group 3
1:04,70L	F 3,21	50 Breast	5	2018-01-27 LP School Champs 2018
2:23,28S	DQ F	100 Breast		2017-08-05 Tuks Sprint Gala
2:23,18L	DQ F	100 Breast		2017-09-09 Limpopo Age Group 3
53,16L	F 5,74	50 Fly	4	2018-01-27 LP School Champs 2018
Jaco Brits (16) M				ESS-EZD
33,17L	F	50 Free	1	2017-12-01 Limpopo Champs
1:13,67L	F	100 Free	1	2017-12-01 Limpopo Champs
43,46L	F	50 Back	1	2017-12-01 Limpopo Champs
46,29L	F	50 Breast	1	2017-12-01 Limpopo Champs
38,09L	F	50 Fly	1	2017-12-01 Limpopo Champs
3:21,61L	F	200 IM	1	2017-12-01 Limpopo Champs
Tristan Brits (13) M (Yr: AN)				LOTTA-WBD
33,61S	F	50 Free	4	2017-08-05 Tuks Sprint Gala
32,62L	F -1,79	50 Free	3	2017-11-11 Limpopo Age Group 5
30,61L	LEV2 F -2,01	50 Free	3	2017-12-01 Limpopo Champs
30,76L	F 0,15	50 Free	1	2018-01-27 LP School Champs 2018
29,24L	LEV2 F -1,37	50 Free	1	2018-02-17 Limpopo Age Group 7
1:21,72S	F	100 Free	30	2017-08-05 Tuks Sprint Gala
1:16,00L	F -7,32	100 Free	6	2017-11-11 Limpopo Age Group 5
1:09,64L	LEV2 F -6,36	100 Free	5	2017-12-01 Limpopo Champs
1:09,44L	F -0,20	100 Free	3	2018-01-27 LP School Champs 2018
1:08,76L	LEV3 F -0,68	100 Free	2	2018-02-17 Limpopo Age Group 7
2:43,51L	F	200 Free	8	2017-12-01 Limpopo Champs
2:37,95L	F -5,56	200 Free	5	2018-01-27 LP School Champs 2018
5:57,34L	F	400 Free	20	2017-12-01 Limpopo Champs
42,60L	F	50 Back	4	2017-11-11 Limpopo Age Group 5
39,24L	F -3,36	50 Back	7	2017-12-01 Limpopo Champs
39,83L	F 0,59	50 Back	4	2018-01-27 LP School Champs 2018
1:30,58L	F	100 Back	9	2017-12-01 Limpopo Champs
DQ	F	50 Breast		2017-08-05 Tuks Sprint Gala
45,36L	F	50 Breast	3	2017-11-11 Limpopo Age Group 5
42,02L	F -3,34	50 Breast	7	2017-12-01 Limpopo Champs
41,62L	F -0,40	50 Breast	1	2018-02-17 Limpopo Age Group 7
DQ	F	100 Breast		2017-12-01 Limpopo Champs
3:44,15L	F	200 Breast	8	2017-12-01 Limpopo Champs
41,17S	F	50 Fly	5	2017-08-05 Tuks Sprint Gala
37,45L	F -4,42	50 Fly	2	2017-11-11 Limpopo Age Group 5
35,91L	LEV2 F -1,54	50 Fly	7	2017-12-01 Limpopo Champs
36,30L	F 0,39	50 Fly	2	2018-01-27 LP School Champs 2018
35,31L	LEV2 F -0,60	50 Fly	2	2018-02-17 Limpopo Age Group 7
1:38,92L	F	100 Fly	3	2018-01-27 LP School Champs 2018
3:24,06L	F	200 IM	21	2017-12-01 Limpopo Champs
Rhys Broderick (13) M (Yr: AR)				MITCH-CCD
34,85L	F	50 Free	7	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Aart Broekhuizen (10) M (Yr: HN)				LOTTA-WBD
42,50L	F	50 Free	11	2017-11-11 Limpopo Age Group 5
42,15L	F -0,35	50 Free	8	2017-12-01 Limpopo Champs
1:40,86L	F	100 Free	12	2017-11-11 Limpopo Age Group 5
1:40,03L	F -0,83	100 Free	7	2017-12-01 Limpopo Champs
3:40,60L	F	200 Free	6	2017-12-01 Limpopo Champs
7:38,96L	F	400 Free	16	2017-12-01 Limpopo Champs
58,84L	DQ F	50 Back		2017-11-11 Limpopo Age Group 5
56,46L	F	50 Back	10	2017-12-01 Limpopo Champs
1:53,78L	F	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
1:03,64L	F	50 Breast	13	2017-11-11 Limpopo Age Group 5
DQ	F	50 Breast		2017-12-01 Limpopo Champs
59,66L	F	50 Fly	12	2017-11-11 Limpopo Age Group 5
59,63L	F -0,03	50 Fly	8	2017-12-01 Limpopo Champs
4:22,87L	DQ F	200 IM		2017-12-01 Limpopo Champs
Ameij Broekhuizen (13) F (Yr: FN)				LOTTA-WBD
37,25L	F -2,43	50 Free	4	2017-11-11 Limpopo Age Group 5
37,22L	F -0,03	50 Free	9	2017-12-01 Limpopo Champs
1:30,24L	F -1,96	100 Free	5	2017-11-11 Limpopo Age Group 5
1:26,25L	F -3,99	100 Free	10	2017-12-01 Limpopo Champs
3:20,58L	DQ F	200 Free		2017-12-01 Limpopo Champs
6:53,61L	F	400 Free	10	2017-12-01 Limpopo Champs
47,73L	F -0,68	50 Back	2	2017-11-11 Limpopo Age Group 5
46,06L	F -1,67	50 Back	11	2017-12-01 Limpopo Champs
1:47,94L	F -4,29	100 Back	3	2017-11-11 Limpopo Age Group 5
1:41,34L	F -6,60	100 Back	9	2017-12-01 Limpopo Champs
3:46,32L	F	200 Back	7	2017-12-01 Limpopo Champs
43,66L	F -1,19	50 Fly	3	2017-11-11 Limpopo Age Group 5
45,57L	F 1,91	50 Fly	8	2017-12-01 Limpopo Champs
3:44,91L	DQ F	200 IM		2017-12-01 Limpopo Champs
Robyn Brooker (15) F (Yr: GN)				HWBAD-WBD
44,92L	F	50 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
1:46,98L	F	100 Breast	6	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruan Buitendach (15) M (Yr: AR)				EAGA-CCD
31,31L	F	50 Free	1	2017-06-24 Limpopo Age Group 1
29,42L	F -1,89	50 Free	9	2017-12-01 Limpopo Champs
1:06,25L	LEV2 F	100 Free	4	2017-06-24 Limpopo Age Group 1
1:08,23L	F 1,98	100 Free	6	2017-09-09 Limpopo Age Group 3
1:06,51L	LEV2 F 0,26	100 Free	2	2017-10-28 Eager Sprint Gala
1:07,19L	F 0,94	100 Free	5	2017-11-11 Limpopo Age Group 5
1:05,64L	LEV2 F -0,61	100 Free	8	2017-12-01 Limpopo Champs
1:05,01L	LEV2 F -0,63	100 Free	7	2018-01-27 LP School Champs 2018
1:04,26L	LEV2 F -0,75	100 Free	3	2018-02-17 Limpopo Age Group 7
2:25,08L	LEV2 F	200 Free	7	2017-12-01 Limpopo Champs
2:23,81L	LEV2 F -1,27	200 Free	7	2018-01-27 LP School Champs 2018
2:25,84L	LEV2 F 2,03	200 Free	3	2018-02-17 Limpopo Age Group 7
36,16L	F	50 Back	1	2017-07-29 Limpopo Age Group 2
36,23L	F 0,07	50 Back	4	2017-10-20 Limpopo Top 10 - High Schools
37,91L	F 1,75	50 Back	9	2017-12-01 Limpopo Champs
1:20,28L	F	100 Back	4	2017-10-20 Limpopo Top 10 - High Schools
1:20,97L	F 0,69	100 Back	4	2017-10-28 Eager Sprint Gala
1:19,29L	F -0,99	100 Back	7	2017-12-01 Limpopo Champs
2:53,76L	F	200 Back	5	2017-12-01 Limpopo Champs
36,52L	LEV2 F	50 Breast	2	2017-09-09 Limpopo Age Group 3
37,07L	LEV2 F 0,55	50 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
37,69L	LEV2 F 1,17	50 Breast	1	2017-11-11 Limpopo Age Group 5
36,66L	LEV2 F 0,14	50 Breast	5	2017-12-01 Limpopo Champs
38,04L	F 1,52	50 Breast	5	2018-01-27 LP School Champs 2018
1:26,22L	F	100 Breast	2	2017-06-24 Limpopo Age Group 1
1:21,31S	LEV2 F -2,91	100 Breast	10	2017-08-19 Small Districts Championship Gala 2017
1:22,66L	LEV2 F -0,65	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:22,86L	LEV2 F 0,20	100 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
1:25,68L	F 3,02	100 Breast	3	2017-10-28 Eager Sprint Gala
1:25,83L	F 3,17	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:23,57L	LEV2 F 0,91	100 Breast	5	2017-12-01 Limpopo Champs
1:21,85L	LEV2 F -0,81	100 Breast	3	2018-01-27 LP School Champs 2018
1:25,60L	F 3,75	100 Breast	2	2018-02-17 Limpopo Age Group 7
3:01,54L	LEV2 F	200 Breast	2	2017-07-29 Limpopo Age Group 2
3:04,20L	LEV2 F 2,66	200 Breast	5	2017-12-01 Limpopo Champs
3:06,61L	F 5,07	200 Breast	2	2018-01-27 LP School Champs 2018
3:15,77L	F 14,23	200 Breast	1	2018-02-17 Limpopo Age Group 7
34,32L	F	50 Fly	2	2017-06-24 Limpopo Age Group 1
32,32L	LEV2 F -2,00	50 Fly	2	2017-07-29 Limpopo Age Group 2
32,51L	F 0,19	50 Fly	5	2017-09-09 Limpopo Age Group 3
33,23L	F 0,91	50 Fly	3	2017-11-11 Limpopo Age Group 5
33,41L	F 1,09	50 Fly	8	2017-12-01 Limpopo Champs
32,68L	F 0,36	50 Fly	8	2018-01-27 LP School Champs 2018
1:24,59L	F	100 Fly	3	2017-07-29 Limpopo Age Group 2
1:19,97S	F -3,22	100 Fly	10	2017-08-19 Small Districts Championship Gala 2017
1:33,79L	F 12,42	100 Fly	3	2017-10-28 Eager Sprint Gala
1:24,03L	F 2,66	100 Fly	7	2017-12-01 Limpopo Champs
2:48,03L	DQ F	200 IM		2017-06-24 Limpopo Age Group 1
2:42,00L	LEV2 F	200 IM	3	2017-07-29 Limpopo Age Group 2
2:52,44L	F 10,44	200 IM	4	2017-10-28 Eager Sprint Gala
2:46,68L	LEV2 F 4,68	200 IM	17	2017-12-01 Limpopo Champs
2:46,03L	LEV2 F 4,03	200 IM	4	2018-01-27 LP School Champs 2018
2:45,42L	LEV2 F 3,42	200 IM	3	2018-02-17 Limpopo Age Group 7
Xavier Buitendach (9) M				LSPHA-MPD
1:23,92L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Elizabeth Buys (15) F				TSC
31,50L	LEV2 F	50 Free	2 2017-07-29 Limpopo Age Group 2	
30,98S	LEV2 F 0,28	50 Free	1 2017-08-05 Tuks Sprint Gala	
1:07,83S	LEV2 F	100 Free	7 2017-08-05 Tuks Sprint Gala	
2:36,51L	LEV2 F	200 Free	2 2017-07-29 Limpopo Age Group 2	
38,37L	LEV2 F	50 Back	2 2017-07-29 Limpopo Age Group 2	
36,87S	LEV2 F -0,90	50 Back	1 2017-08-05 Tuks Sprint Gala	
NS	F	50 Back	2017-08-05 Tuks Sprint Gala	
1:22,55S	LEV2 F	100 Back	1 2017-08-05 Tuks Sprint Gala	
3:01,67L	LEV2 F	200 Back	1 2017-07-29 Limpopo Age Group 2	
35,31S	LEV2 F	50 Fly	1 2017-08-05 Tuks Sprint Gala	
2:56,75L	LEV2 F	200 IM	1 2017-07-29 Limpopo Age Group 2	
2:51,07S	LEV2 F -2,48	200 IM	1 2017-08-05 Tuks Sprint Gala	
Johanna Buys (17) F				TSC
27,77L	F	50 Free	1 2017-07-29 Limpopo Age Group 2	
40,41L	F	50 Breast	1 2017-07-29 Limpopo Age Group 2	
29,72L	F	50 Fly	1 2017-07-29 Limpopo Age Group 2	
1:08,75L	LEV3 F	100 Fly	1 2017-07-29 Limpopo Age Group 2	
2:50,71L	F	200 IM	1 2017-07-29 Limpopo Age Group 2	
Ryan Buys (8) M				LSBOS-WBD
1:48,88L	F	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Alessio Calokechi (9) M (Yr: AR)				EAGA-CCD
57,95L	F	50 Free	10	2017-06-24 Limpopo Age Group 1
52,42L	F -5,53	50 Free	20	2017-07-29 Limpopo Age Group 2
56,12S	F 4,50	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
56,23L	F 3,81	50 Free	18	2017-10-14 Limpopo Age Group 4
58,90L	F 6,48	50 Free	8	2017-10-28 Eager Sprint Gala
57,49L	F 5,07	50 Free	14	2017-12-01 Limpopo Champs
57,36L	F 4,94	50 Free	12	2018-01-27 LP School Champs 2018
59,75L	F 7,33	50 Free	12	2018-02-17 Limpopo Age Group 7
2:14,56L	F	100 Free	7	2017-06-24 Limpopo Age Group 1
2:04,98L	F -9,58	100 Free	21	2017-09-09 Limpopo Age Group 3
2:08,47L	F 3,49	100 Free	14	2017-12-01 Limpopo Champs
2:01,68L	F -3,30	100 Free	10	2018-01-27 LP School Champs 2018
4:25,01L	F	200 Free	3	2017-07-29 Limpopo Age Group 2
4:35,28L	F 10,27	200 Free	6	2017-10-14 Limpopo Age Group 4
4:21,03L	F -3,98	200 Free	8	2017-12-01 Limpopo Champs
53,59L	F	50 Back	5	2017-06-24 Limpopo Age Group 1
55,94L	F 2,35	50 Back	6	2017-07-29 Limpopo Age Group 2
55,91S	F 2,92	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
56,89L	F 3,30	50 Back	8	2017-09-09 Limpopo Age Group 3
58,68L	F 5,09	50 Back	10	2017-10-14 Limpopo Age Group 4
1:00,31L	F 6,72	50 Back	7	2017-10-28 Eager Sprint Gala
57,47L	F 3,88	50 Back	10	2017-12-01 Limpopo Champs
57,75L	F 4,16	50 Back	11	2018-01-27 LP School Champs 2018
55,69L	F 2,10	50 Back	7	2018-02-17 Limpopo Age Group 7
2:00,43L	F	100 Back	8	2017-09-09 Limpopo Age Group 3
1:59,02L	F -1,41	100 Back	7	2017-12-01 Limpopo Champs
2:02,72L	F 3,70	100 Back	4	2018-01-27 LP School Champs 2018
2:04,28L	F 5,26	100 Back	4	2018-02-17 Limpopo Age Group 7
4:19,75L	F	200 Back	3	2017-07-29 Limpopo Age Group 2
4:33,43L	F 13,68	200 Back	4	2017-10-14 Limpopo Age Group 4
4:13,63L	F -6,12	200 Back	7	2017-12-01 Limpopo Champs
1:16,83L	F	50 Breast	10	2017-06-24 Limpopo Age Group 1
1:10,83S	F -5,00	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
1:10,16L	F -1,67	50 Breast	18	2017-09-09 Limpopo Age Group 3
1:11,65L	F 1,49	50 Breast	16	2017-10-14 Limpopo Age Group 4
1:18,61L	F 8,45	50 Breast	7	2017-10-28 Eager Sprint Gala
1:09,12L	DQ F	50 Breast		2017-12-01 Limpopo Champs
1:13,43L	F 3,27	50 Breast	10	2018-01-27 LP School Champs 2018
1:14,44L	F 4,28	50 Breast	10	2018-02-17 Limpopo Age Group 7
2:47,89L	F	100 Breast	5	2017-06-24 Limpopo Age Group 1
2:36,77L	F -11,12	100 Breast	10	2017-09-09 Limpopo Age Group 3
2:30,53L	DQ F	100 Breast		2017-12-01 Limpopo Champs
1:22,57L	F	50 Fly	6	2017-10-28 Eager Sprint Gala
1:16,47L	F -6,10	50 Fly	9	2017-12-01 Limpopo Champs
1:21,12L	DQ F	50 Fly		2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Alisha Calokechi (9) F (Yr: AR)				EAGA-CCD
49,38L	F	50 Free	4	2017-06-24 Limpopo Age Group 1
48,03S	F -0,55	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
45,99L	F -2,84	50 Free	3	2017-10-28 Eager Sprint Gala
47,05L	F 1,06	50 Free	9	2017-12-01 Limpopo Champs
1:46,76L	F	100 Free	12	2017-09-09 Limpopo Age Group 3
1:48,54L	F 1,78	100 Free	9	2017-12-01 Limpopo Champs
1:44,92L	F -1,84	100 Free	8	2018-01-27 LP School Champs 2018
3:53,01L	F	200 Free	6	2017-07-29 Limpopo Age Group 2
3:49,74L	F -3,27	200 Free	5	2017-10-14 Limpopo Age Group 4
3:54,02L	F 4,28	200 Free	5	2017-12-01 Limpopo Champs
53,77L	F	50 Back	4	2017-06-24 Limpopo Age Group 1
53,35L	F -0,42	50 Back	4	2017-07-29 Limpopo Age Group 2
50,76S	F -1,99	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
54,06L	F 2,70	50 Back	8	2017-10-14 Limpopo Age Group 4
51,63L	F 0,27	50 Back	3	2017-10-28 Eager Sprint Gala
52,38L	F 1,02	50 Back	7	2017-12-01 Limpopo Champs
1:41,46L	F 50,10	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
1:54,43L	F	100 Back	3	2017-06-24 Limpopo Age Group 1
1:51,52L	F -2,91	100 Back	6	2017-09-09 Limpopo Age Group 3
1:54,36L	F 2,84	100 Back	7	2017-12-01 Limpopo Champs
1:50,75L	F -0,77	100 Back	5	2018-01-27 LP School Champs 2018
1:46,16L	LEV2 F -4,59	100 Back	3	2018-02-17 Limpopo Age Group 7
3:49,72L	F	200 Back	4	2017-12-01 Limpopo Champs
3:49,45L	DQ F	200 Back		2018-02-17 Limpopo Age Group 7
1:00,86L	F	50 Breast	4	2017-06-24 Limpopo Age Group 1
1:01,09S	F 1,23	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
58,78L	F -2,08	50 Breast	12	2017-09-09 Limpopo Age Group 3
1:01,84L	F 3,06	50 Breast	2	2017-10-28 Eager Sprint Gala
1:01,11L	F 2,33	50 Breast	8	2017-12-01 Limpopo Champs
2:16,62L	F	100 Breast	4	2017-06-24 Limpopo Age Group 1
2:10,08L	F -6,54	100 Breast	9	2017-09-09 Limpopo Age Group 3
2:08,61L	F -1,47	100 Breast	6	2017-12-01 Limpopo Champs
2:08,36L	F -0,25	100 Breast	7	2018-01-27 LP School Champs 2018
2:10,46L	F 2,10	100 Breast	6	2018-02-17 Limpopo Age Group 7
4:45,80L	DQ F	200 Breast		2017-07-29 Limpopo Age Group 2
4:42,87L	F	200 Breast	2	2017-10-14 Limpopo Age Group 4
4:31,38L	F -11,49	200 Breast	5	2017-12-01 Limpopo Champs
1:03,23L	F	50 Fly	7	2017-07-29 Limpopo Age Group 2
58,44S	F -4,09	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
1:02,89L	F 3,75	50 Fly	8	2017-09-09 Limpopo Age Group 3
1:07,04L	F 7,90	50 Fly	11	2017-10-14 Limpopo Age Group 4
1:05,37L	F 6,23	50 Fly	2	2017-10-28 Eager Sprint Gala
1:02,69L	F 3,55	50 Fly	8	2017-12-01 Limpopo Champs
1:01,99L	F 2,85	50 Fly	7	2018-01-27 LP School Champs 2018
1:02,51L	F 3,37	50 Fly	10	2018-02-17 Limpopo Age Group 7
4:17,49L	F	200 IM	7	2017-07-29 Limpopo Age Group 2
4:10,84S	F -3,45	200 IM	3	2017-08-26 LP Shamu Sprint SC 2017
4:24,19L	F 10,15	200 IM	9	2017-10-14 Limpopo Age Group 4
4:19,77L	F 5,73	200 IM	2	2017-10-28 Eager Sprint Gala
4:11,11L	F -2,93	200 IM	35	2017-12-01 Limpopo Champs
4:08,90L	F -2,21	200 IM	4	2018-02-17 Limpopo Age Group 7
Claudia Celliers (17) F (Yr: GR)				ELHS-VBD
47,69L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
Zander Celliers (16) M (Yr: GN)				ELHS-VBD
30,13L	F	50 Free	7	2017-10-20 Limpopo Top 10 - High Schools
39,20L	F	50 Back	8	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Petrus Chabedi (11) M (Yr: HN)				LSMH-WBD
38,52L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10
38,05L	F -0,47	50 Free	7	2018-01-27 LP School Champs 2018
36,16L	F -1,89	50 Free	5	2018-02-17 Limpopo Age Group 7
1:23,25L	LEV2 F	100 Free	3	2017-11-04 Limpopo Primary School - Top 10
1:29,05L	F 5,80	100 Free	8	2018-01-27 LP School Champs 2018
1:25,06L	F 1,81	100 Free	6	2018-02-17 Limpopo Age Group 7
3:21,42L	F	200 Free	7	2018-01-27 LP School Champs 2018
49,26L	F	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
49,23L	F -0,03	50 Back	6	2018-01-27 LP School Champs 2018
47,50L	F -1,73	50 Back	4	2018-02-17 Limpopo Age Group 7
1:53,41L	F	100 Back	7	2017-11-04 Limpopo Primary School - Top 10
1:51,31L	F -2,10	100 Back	8	2018-01-27 LP School Champs 2018
59,46L	F	50 Breast	5	2018-01-27 LP School Champs 2018
1:00,35L	F 0,89	50 Breast	4	2018-02-17 Limpopo Age Group 7
2:09,19L	F	100 Breast	7	2018-01-27 LP School Champs 2018
49,61L	F	50 Fly	5	2018-01-27 LP School Champs 2018
47,74L	F -1,87	50 Fly	5	2018-02-17 Limpopo Age Group 7
4:01,35L	F	200 IM	10	2017-11-04 Limpopo Primary School - Top 10
Devon Coad (13) M (Yr: HR)				UNIC-MPD
NS	F	50 Free		2017-11-04 Limpopo Primary School - Top 10
NS	F	100 Free		2017-11-04 Limpopo Primary School - Top 10
NS	F	50 Back		2017-11-04 Limpopo Primary School - Top 10
NS	F	100 Back		2017-11-04 Limpopo Primary School - Top 10
Tayla Coad (15) F (Yr: GR)				HSTAN-MPD
34,73L	F	50 Free	5	2017-10-20 Limpopo Top 10 - High Schools
1:18,20L	F	100 Free	4	2017-10-20 Limpopo Top 10 - High Schools
45,27L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
1:43,91L	F	100 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
Christin Coetzee (11) F (Yr: HR)				LSPHA-MPD
52,24L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10
2:00,83L	F	100 Breast	7	2017-11-04 Limpopo Primary School - Top 10
Du Preez Coetzee (11) M				LSKP-WBD
1:38,80L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Klarissa Coetzee (15) F (Yr: GN)				HFDT-MPD
47,45L	F	50 Back	7	2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Fly		2017-10-20 Limpopo Top 10 - High Schools
Marilee Coetzee (10) F (Yr: HN)				LSPN-MPD
42,25L	F	50 Free	7	2017-11-04 Limpopo Primary School - Top 10
54,68L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
Miane Coetzer (7) F (Yr: AN)				EAGA-CCD
31,51S	F	25 Free	7	2017-08-05 Tuks Sprint Gala
1:39,12L	F	50 Free	7	2017-06-24 Limpopo Age Group 1
1:21,53L	F -17,59	50 Free	15	2017-07-29 Limpopo Age Group 2
1:09,48L	F -12,05	50 Free	11	2017-10-28 Eager Sprint Gala
NS	F	100 Free		2017-06-24 Limpopo Age Group 1
2:58,99S	F	100 Free	47	2017-08-05 Tuks Sprint Gala
37,79S	F	25 Back	7	2017-08-05 Tuks Sprint Gala
1:21,10L	F	50 Back	7	2017-06-24 Limpopo Age Group 1
1:24,95L	F 3,85	50 Back	14	2017-07-29 Limpopo Age Group 2
1:15,51L	F -5,59	50 Back	9	2017-10-28 Eager Sprint Gala
47,90S	F	25 Breast	6	2017-08-05 Tuks Sprint Gala
2:30,00L	F	50 Breast	6	2017-06-24 Limpopo Age Group 1
2:17,14L	F -12,86	50 Breast	9	2017-10-28 Eager Sprint Gala
Megan Collett (11) F (Yr: HN)				LSJM-SKD
53,68L	F	50 Breast	9	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Henry Collins (12) M (Yr: HR)			
33,26L	F	50 Free	3 2017-11-04 Limpopo Primary School - Top 10
1:17,49L	DQ F	100 Free	2017-11-04 Limpopo Primary School - Top 10
36,87L	LEV2 F	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
1:30,53L	F	100 Back	4 2017-11-04 Limpopo Primary School - Top 10
Jeanri Collins (14) F (Yr: GR)			
1:18,72L	F	100 Free	4 2017-10-20 Limpopo Top 10 - High Schools
Jeremia Cronje (17) M (Yr: GR)			
38,83L	F	50 Breast	6 2017-10-20 Limpopo Top 10 - High Schools
33,87L	F	50 Fly	8 2017-10-20 Limpopo Top 10 - High Schools
Humayd Dada (12) M (Yr: HR)			
NS	F	50 Free	2017-11-04 Limpopo Primary School - Top 10
Genevieve Dafel (11) F (Yr: HR)			
1:27,24L	F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
44,36L	LEV2 F	50 Back	3 2017-11-04 Limpopo Primary School - Top 10
1:48,26L	F	100 Back	6 2017-11-04 Limpopo Primary School - Top 10
51,98L	F	50 Fly	8 2017-11-04 Limpopo Primary School - Top 10
1:51,90L	F	100 Fly	5 2017-11-04 Limpopo Primary School - Top 10

LSKP-WBD

HPP-WBD

ELHS-VBD

MITCH-CCD

LSPHA-MPD

Converted Times Used To Calculate Improvement

Lara Daling (11) F (Yr: AR)

TKSS-WBD

Time	P/F/S	Event	Place
33,15L	LEV2 F	50 Free	1 2017-06-24 Limpopo Age Group 1
32,62S	LEV2 F 0,27	50 Free	1 2017-08-05 Tuks Sprint Gala
32,03L	LEV2 F -1,12	50 Free	2 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
32,60L	LEV2 F 0,57	50 Free	1 2017-10-14 Limpopo Age Group 4
33,41L	LEV2 F 1,38	50 Free	1 2017-11-11 Limpopo Age Group 5
31,37L	LEV2 F -0,66	50 Free	3 2017-12-01 Limpopo Champs
1:06,67L	F 34,64	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
32,19L	LEV2 F 0,82	50 Free	3 2018-01-27 LP School Champs 2018
32,19L	LEV2 F 0,82	50 Free	3 2018-02-17 Limpopo Age Group 7
1:13,54L	LEV3 F	100 Free	1 2017-06-24 Limpopo Age Group 1
1:10,12S	LEV3 F -1,82	100 Free	8 2017-08-05 Tuks Sprint Gala
1:09,36S	LEV3 F -0,76	100 Free	1 2017-08-19 Small Districts Championship Gala 2017
1:11,65L	LEV3 F 0,69	100 Free	1 2017-11-11 Limpopo Age Group 5
1:08,74L	LEV3 F -2,22	100 Free	3 2017-12-01 Limpopo Champs
1:12,65L	LEV2 F 3,91	100 Free	3 2018-01-27 LP School Champs 2018
2:42,03L	LEV3 F	200 Free	1 2017-10-14 Limpopo Age Group 4
2:35,26L	LEV3 F -6,77	200 Free	2 2017-12-01 Limpopo Champs
2:38,97L	LEV2 F 3,71	200 Free	2 2018-01-27 LP School Champs 2018
2:46,74L	LEV2 F 11,48	200 Free	2 2018-02-17 Limpopo Age Group 7
5:47,11L	F	400 Free	3 2017-12-01 Limpopo Champs
5:51,42L	F 4,31	400 Free	2 2018-01-27 LP School Champs 2018
37,40S	LEV2 F	50 Back	1 2017-08-05 Tuks Sprint Gala
38,68L	LEV2 F 0,68	50 Back	3 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
37,48L	LEV2 F -0,52	50 Back	2 2017-12-01 Limpopo Champs
37,98L	LEV2 F 0,50	50 Back	3 2018-01-27 LP School Champs 2018
1:36,00L	LEV2 F	100 Back	3 2017-06-24 Limpopo Age Group 1
NS	F	100 Back	2017-08-05 Tuks Sprint Gala
1:30,42L	LEV2 F -5,58	100 Back	2 2017-11-11 Limpopo Age Group 5
1:25,15L	LEV3 F -5,27	100 Back	2 2017-12-01 Limpopo Champs
3:06,12L	LEV2 F	200 Back	2 2017-12-01 Limpopo Champs
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala
43,58L	LEV2 F	50 Breast	3 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
45,87L	LEV2 F 2,29	50 Breast	1 2017-10-14 Limpopo Age Group 4
44,74L	LEV2 F 1,16	50 Breast	1 2017-11-11 Limpopo Age Group 5
43,26L	LEV2 F -0,32	50 Breast	4 2017-12-01 Limpopo Champs
1:48,43L	LEV2 F	100 Breast	2 2017-06-24 Limpopo Age Group 1
NS	F	100 Breast	2017-08-05 Tuks Sprint Gala
1:39,23L	LEV2 F -9,20	100 Breast	4 2017-12-01 Limpopo Champs
3:33,84L	LEV2 F	200 Breast	3 2017-12-01 Limpopo Champs
3:30,54L	LEV2 F -3,30	200 Breast	1 2018-01-27 LP School Champs 2018
3:36,72L	LEV2 F 6,18	200 Breast	2 2018-02-17 Limpopo Age Group 7
35,72S	LEV2 F	50 Fly	1 2017-08-05 Tuks Sprint Gala
37,02L	LEV2 F 0,60	50 Fly	3 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
36,91L	LEV2 F 0,49	50 Fly	1 2017-10-14 Limpopo Age Group 4
37,48L	LEV2 F 1,06	50 Fly	1 2017-11-11 Limpopo Age Group 5
34,67L	LEV2 F -1,75	50 Fly	2 2017-12-01 Limpopo Champs
35,04L	LEV2 F 0,37	50 Fly	2 2018-01-27 LP School Champs 2018
34,27L	LEV2 F -0,40	50 Fly	2 2018-02-17 Limpopo Age Group 7
NS	F	100 Fly	2017-08-05 Tuks Sprint Gala
1:25,97L	LEV2 F	100 Fly	2 2017-12-01 Limpopo Champs
1:29,28L	F 3,31	100 Fly	1 2018-01-27 LP School Champs 2018
1:30,86L	LEV2 F 4,89	100 Fly	2 2018-02-17 Limpopo Age Group 7
3:27,76L	LEV2 F	200 IM	2 2017-06-24 Limpopo Age Group 1
3:14,86L	LEV3 F -12,90	200 IM	1 2017-10-14 Limpopo Age Group 4

Rinique Daling (9) F

TKSB-WBD

NS	F	50 Free	2017-08-05 Tuks Sprint Gala
NS	F	50 Back	2017-08-05 Tuks Sprint Gala
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Roelof Daling (16) M (Yr: AR)

TKSS-WBD

Time	P/F/S	Event	Place
27,89L	LEV2 F	50 Free	2 2017-06-24 Limpopo Age Group 1
26,27S	LEV2 F -0,82	50 Free	2 2017-08-05 Tuks Sprint Gala
27,39L	LEV2 F 0,32	50 Free	13 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
27,84L	LEV2 F 0,77	50 Free	4 2017-10-14 Limpopo Age Group 4
27,93L	LEV2 F 0,86	50 Free	3 2017-10-20 Limpopo Top 10 - High Schools
28,24L	LEV2 F 1,17	50 Free	3 2017-11-11 Limpopo Age Group 5
27,96L	LEV2 F 0,89	50 Free	4 2017-12-01 Limpopo Champs
29,66L	F 2,59	50 Free	4 2018-01-27 LP School Champs 2018
1:03,31L	LEV2 F	100 Free	5 2017-06-24 Limpopo Age Group 1
58,81S	LEV3 F -2,90	100 Free	5 2017-08-05 Tuks Sprint Gala
59,72S	LEV3 F 0,91	100 Free	10 2017-08-19 Small Districts Championship Gala 2017
1:03,43L	LEV2 F 3,02	100 Free	3 2017-10-20 Limpopo Top 10 - High Schools
1:03,47L	LEV2 F 3,06	100 Free	6 2017-12-01 Limpopo Champs
1:11,70L	F 11,29	100 Free	5 2018-01-27 LP School Champs 2018
2:28,49L	LEV2 F	200 Free	2 2017-10-14 Limpopo Age Group 4
2:28,90L	LEV2 F 0,41	200 Free	5 2017-12-01 Limpopo Champs
5:36,95L	F	400 Free	3 2017-11-11 Limpopo Age Group 5
5:33,04L	F -3,91	400 Free	5 2017-12-01 Limpopo Champs
32,92L	LEV2 F	50 Back	3 2017-06-24 Limpopo Age Group 1
NS	F	50 Back	2017-08-05 Tuks Sprint Gala
32,25L	LEV2 F -0,67	50 Back	10 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
32,91L	LEV2 F 0,66	50 Back	6 2017-12-01 Limpopo Champs
35,11L	F 2,86	50 Back	2 2018-01-27 LP School Champs 2018
1:22,35L	F	100 Back	4 2017-06-24 Limpopo Age Group 1
NS	F	100 Back	2017-08-05 Tuks Sprint Gala
1:08,21S	LEV3 F -12,94	100 Back	8 2017-08-19 Small Districts Championship Gala 2017
1:15,46L	LEV2 F 6,05	100 Back	5 2017-11-11 Limpopo Age Group 5
1:14,52L	LEV2 F 5,11	100 Back	6 2017-12-01 Limpopo Champs
1:19,91L	F 10,50	100 Back	2 2018-01-27 LP School Champs 2018
2:47,69L	F	200 Back	5 2017-12-01 Limpopo Champs
3:05,51L	F 17,82	200 Back	1 2018-01-27 LP School Champs 2018
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala
35,81L	LEV2 F	50 Breast	14 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
38,15L	F 2,34	50 Breast	2 2017-10-14 Limpopo Age Group 4
36,82L	LEV2 F 1,01	50 Breast	5 2017-12-01 Limpopo Champs
42,63L	F 6,82	50 Breast	6 2018-01-27 LP School Champs 2018
NS	F	100 Breast	2017-08-05 Tuks Sprint Gala
1:28,89L	F	100 Breast	4 2017-11-11 Limpopo Age Group 5
1:27,96L	F -0,93	100 Breast	7 2017-12-01 Limpopo Champs
1:34,29L	F 6,33	100 Breast	5 2018-01-27 LP School Champs 2018
3:13,44L	F	200 Breast	5 2017-12-01 Limpopo Champs
29,04S	LEV2 F	50 Fly	3 2017-08-05 Tuks Sprint Gala
30,40L	LEV2 F 0,66	50 Fly	13 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
33,26L	F 3,52	50 Fly	4 2017-10-14 Limpopo Age Group 4
30,50L	LEV2 F 0,76	50 Fly	3 2017-10-20 Limpopo Top 10 - High Schools
30,85L	LEV2 F 1,11	50 Fly	3 2017-11-11 Limpopo Age Group 5
31,89L	LEV2 F 2,15	50 Fly	7 2017-12-01 Limpopo Champs
34,77L	F 5,03	50 Fly	4 2018-01-27 LP School Champs 2018
NS	F	100 Fly	2017-08-05 Tuks Sprint Gala
1:10,94L	LEV2 F	100 Fly	2 2017-10-20 Limpopo Top 10 - High Schools
1:14,78L	F 3,84	100 Fly	6 2017-12-01 Limpopo Champs
2:58,90L	F	200 IM	2 2017-06-24 Limpopo Age Group 1
2:51,42L	F -7,48	200 IM	3 2017-10-14 Limpopo Age Group 4
2:55,66L	F 4,24	200 IM	6 2017-10-20 Limpopo Top 10 - High Schools

Emma Dalrymple-Hay (14) F (Yr: GN)

HMER-MPD

1:18,73L	DQ F	100 Free	2017-10-20 Limpopo Top 10 - High Schools
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Allisa Dampier (8) F (Yr: HN)							
46,20L	F	50 Free	3	2017-11-04	Limpopo Primary School - Top 10		LSPHA-MPD
58,87L	F	50 Back	7	2017-11-04	Limpopo Primary School - Top 10		
Isabella Dando (10) F (Yr: HR)							
56,00L	F	50 Breast	9	2017-11-04	Limpopo Primary School - Top 10		UNIC-MPD
Carla Dannhauser (7) F (Yr: CR)							
25,60S	F	25 Free	4	2017-08-05	Tuks Sprint Gala		TKS-SKD
1:03,84L	F	50 Free	20	2017-09-09	Limpopo Age Group 3		
57,34L	F -6,50	50 Free	14	2017-11-11	Limpopo Age Group 5		
52,28L	F -5,06	50 Free	9	2017-12-01	Limpopo Champs		
54,28L	F 2,00	50 Free	7	2018-01-27	LP School Champs 2018		
2:11,53S	F	100 Free	44	2017-08-05	Tuks Sprint Gala		
2:10,29L	F -2,84	100 Free	16	2017-09-09	Limpopo Age Group 3		
2:10,38L	F 0,09	100 Free	14	2017-11-11	Limpopo Age Group 5		
1:57,30L	F -12,99	100 Free	8	2017-12-01	Limpopo Champs		
2:13,69L	F 16,39	100 Free	7	2018-01-27	LP School Champs 2018		
23,48S	F	25 Back	1	2017-08-05	Tuks Sprint Gala		
54,35L	F	50 Back	8	2017-09-09	Limpopo Age Group 3		
1:51,97L	F 57,62	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:02,24L	F 7,89	50 Back	12	2017-11-11	Limpopo Age Group 5		
48,67L	F -5,68	50 Back	1	2017-12-01	Limpopo Champs		
56,42L	F 7,75	50 Back	5	2018-01-27	LP School Champs 2018		
2:01,66L	DQ	100 Back		2017-09-09	Limpopo Age Group 3		
2:14,42L	DQ	100 Back		2017-11-11	Limpopo Age Group 5		
1:56,35L	F	100 Back	5	2017-12-01	Limpopo Champs		
2:03,50L	F 7,15	100 Back	4	2018-01-27	LP School Champs 2018		
33,91S	F	25 Breast	4	2017-08-05	Tuks Sprint Gala		
1:11,91L	F	50 Breast	19	2017-09-09	Limpopo Age Group 3		
1:15,12L	F 3,21	50 Breast	9	2017-12-01	Limpopo Champs		
1:13,46L	F 1,55	50 Breast	9	2018-01-27	LP School Champs 2018		
2:31,73L	F	100 Breast	4	2017-12-01	Limpopo Champs		
2:32,73L	F 1,00	100 Breast	8	2018-01-27	LP School Champs 2018		
29,80S	F	25 Fly	3	2017-08-05	Tuks Sprint Gala		
1:09,53L	F	50 Fly	15	2017-11-11	Limpopo Age Group 5		
1:17,33L	F 7,80	50 Fly	7	2017-12-01	Limpopo Champs		
1:09,49L	F -0,04	50 Fly	4	2018-01-27	LP School Champs 2018		
2:23,05S	DQ	100 IM		2017-08-05	Tuks Sprint Gala		
4:48,40L	F	200 IM	5	2017-12-01	Limpopo Champs		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Stephanie Dannhauser (7) F (Yr: CR)				TKS-SKD
22,98S	F	25 Free	2	2017-08-05 Tuks Sprint Gala
53,56L	F	50 Free	16	2017-09-09 Limpopo Age Group 3
46,74L	F -6,82	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
46,28L	F -0,46	50 Free	7	2017-12-01 Limpopo Champs
46,74L	F 0,46	50 Free	5	2018-01-27 LP School Champs 2018
2:02,42S	F	100 Free	42	2017-08-05 Tuks Sprint Gala
1:53,49L	F -10,53	100 Free	14	2017-09-09 Limpopo Age Group 3
1:50,56L	F -2,93	100 Free	11	2017-11-11 Limpopo Age Group 5
1:53,08L	F 2,52	100 Free	6	2017-12-01 Limpopo Champs
1:54,35L	F 3,79	100 Free	5	2018-01-27 LP School Champs 2018
27,53S	F	25 Back	3	2017-08-05 Tuks Sprint Gala
57,43L	F	50 Back	13	2017-09-09 Limpopo Age Group 3
51,34L	F -6,09	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
1:53,43L	F 56,00	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
52,40L	F 1,06	50 Back	6	2017-11-11 Limpopo Age Group 5
51,66L	F 0,32	50 Back	3	2017-12-01 Limpopo Champs
50,94L	F -0,40	50 Back	2	2018-01-27 LP School Champs 2018
1:51,87L	F	100 Back	2	2017-12-01 Limpopo Champs
1:55,40L	F 3,53	100 Back	2	2018-01-27 LP School Champs 2018
29,62S	F	25 Breast	2	2017-08-05 Tuks Sprint Gala
59,74L	F	50 Breast	14	2017-09-09 Limpopo Age Group 3
1:02,72L	F 2,98	50 Breast	11	2017-11-11 Limpopo Age Group 5
58,72L	F -1,02	50 Breast	3	2017-12-01 Limpopo Champs
57,75L	F -0,97	50 Breast	3	2018-01-27 LP School Champs 2018
2:16,87L	F	100 Breast	14	2017-09-09 Limpopo Age Group 3
2:15,71L	F -1,16	100 Breast	8	2017-11-11 Limpopo Age Group 5
2:08,73L	F -6,98	100 Breast	3	2017-12-01 Limpopo Champs
2:10,16L	F 1,43	100 Breast	3	2018-01-27 LP School Champs 2018
25,04S	F	25 Fly	2	2017-08-05 Tuks Sprint Gala
1:03,70L	F	50 Fly	14	2017-11-11 Limpopo Age Group 5
1:06,66L	DQ	50 Fly		2017-12-01 Limpopo Champs
1:08,99L	DQ	50 Fly		2018-01-27 LP School Champs 2018
2:12,76S	F	100 IM	2	2017-08-05 Tuks Sprint Gala
4:27,66L	DQ	200 IM		2017-12-01 Limpopo Champs
Chris Mari Darvall (15) F (Yr: GR)				HPP-WBD
41,55L	F	50 Back	5	2017-10-20 Limpopo Top 10 - High Schools
1:34,18L	F	100 Back	3	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Chignet Davel (10) F (Yr: CR)				EAGA-CCD
37,08S	LEV2 F	50 Free	3	2017-08-05 Tuks Sprint Gala
36,33S	LEV2 F -0,75	50 Free	2	2017-08-26 LP Shamu Sprint SC 2017
36,16L	LEV2 F -0,97	50 Free	2	2017-10-28 Eager Sprint Gala
1:27,71L	F 51,55	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
36,95L	LEV2 F 0,79	50 Free	1	2017-11-11 Limpopo Age Group 5
36,49L	LEV2 F 0,33	50 Free	2	2017-12-01 Limpopo Champs
35,96L	LEV2 F -0,20	50 Free	2	2018-01-27 LP School Champs 2018
1:23,07L	LEV2 F	100 Free	2	2017-09-09 Limpopo Age Group 3
1:19,87L	LEV2 F -3,20	100 Free	1	2017-11-11 Limpopo Age Group 5
1:21,86L	LEV2 F 1,99	100 Free	2	2018-01-27 LP School Champs 2018
3:16,06L	LEV2 F	200 Free	1	2017-07-29 Limpopo Age Group 2
2:59,67L	LEV2 F -16,39	200 Free	3	2017-12-01 Limpopo Champs
2:54,68L	LEV2 F -4,99	200 Free	2	2018-01-27 LP School Champs 2018
44,11L	LEV2 F	50 Back	1	2017-07-29 Limpopo Age Group 2
42,76S	LEV2 F -0,75	50 Back	1	2017-08-05 Tuks Sprint Gala
43,97S	LEV2 F 1,21	50 Back	6	2017-08-19 Small Districts Championship Gala 2017
42,97S	LEV2 F 0,21	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
43,85L	LEV2 F 0,49	50 Back	2	2017-09-09 Limpopo Age Group 3
44,32L	LEV2 F 0,96	50 Back	1	2017-10-28 Eager Sprint Gala
43,03L	LEV2 F -0,33	50 Back	3	2017-12-01 Limpopo Champs
42,37L	LEV2 F -0,66	50 Back	2	2018-01-27 LP School Champs 2018
1:32,87S	LEV2 F	100 Back	1	2017-08-05 Tuks Sprint Gala
1:31,06L	LEV2 F -3,01	100 Back	2	2017-12-01 Limpopo Champs
51,52S	F	50 Breast	3	2017-08-05 Tuks Sprint Gala
50,09S	F -1,43	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
52,22L	F 1,13	50 Breast	5	2017-09-09 Limpopo Age Group 3
52,66L	F 1,57	50 Breast	2	2017-10-28 Eager Sprint Gala
50,62L	F -0,47	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
51,09L	F 0,47	50 Breast	3	2017-11-11 Limpopo Age Group 5
48,78L	LEV2 F -1,84	50 Breast	2	2017-12-01 Limpopo Champs
49,10L	F 0,32	50 Breast	2	2018-01-27 LP School Champs 2018
1:55,23S	LEV2 F	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:52,88L	LEV2 F -4,35	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:50,90L	LEV2 F -1,98	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:50,06L	LEV2 F -0,84	100 Breast	3	2017-12-01 Limpopo Champs
1:47,73L	LEV2 F -2,33	100 Breast	2	2018-01-27 LP School Champs 2018
4:18,76L	F	200 Breast	1	2017-07-29 Limpopo Age Group 2
3:51,27L	LEV2 F -27,49	200 Breast	2	2017-12-01 Limpopo Champs
3:47,01L	LEV2 F -4,26	200 Breast	1	2018-01-27 LP School Champs 2018
44,24S	LEV2 F	50 Fly	1	2017-08-05 Tuks Sprint Gala
44,00S	LEV2 F -0,24	50 Fly	6	2017-08-19 Small Districts Championship Gala 2017
42,88S	LEV2 F -1,12	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
45,70L	F 2,12	50 Fly	2	2017-09-09 Limpopo Age Group 3
45,68L	F 2,10	50 Fly	2	2017-10-28 Eager Sprint Gala
43,81L	LEV2 F 0,23	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
42,44L	LEV2 F -1,14	50 Fly	1	2017-11-11 Limpopo Age Group 5
40,53L	LEV2 F -1,91	50 Fly	2	2017-12-01 Limpopo Champs
41,68L	LEV2 F 1,15	50 Fly	2	2018-01-27 LP School Champs 2018
1:50,03L	F	100 Fly	1	2017-07-29 Limpopo Age Group 2
3:28,58L	LEV2 F	200 IM	1	2017-07-29 Limpopo Age Group 2
3:22,70S	LEV2 F -2,68	200 IM	2	2017-08-05 Tuks Sprint Gala
3:22,51S	LEV2 F -0,19	200 IM	6	2017-08-19 Small Districts Championship Gala 2017
3:28,45L	LEV2 F 2,74	200 IM	1	2017-10-28 Eager Sprint Gala
3:23,68L	LEV2 F -2,03	200 IM	1	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Leah Davel (7) F (Yr: CN)				EAGA-CCD
31,52S	F	25 Free	8	2017-08-05 Tuks Sprint Gala
33,16S	F 1,64	25 Free	6	2017-08-26 LP Shamu Sprint SC 2017
1:05,02L	F	50 Free	14	2017-07-29 Limpopo Age Group 2
59,69L	F -5,33	50 Free	6	2017-10-28 Eager Sprint Gala
59,14L	F -0,55	50 Free	15	2017-11-11 Limpopo Age Group 5
1:00,21L	F 1,07	50 Free	12	2017-12-01 Limpopo Champs
1:08,15L	F 9,01	50 Free	2	2018-01-27 LP School Champs 2018
2:17,60L	F	100 Free	15	2017-11-11 Limpopo Age Group 5
2:13,68L	F -3,92	100 Free	11	2017-12-01 Limpopo Champs
2:26,74L	F 13,06	100 Free	1	2018-01-27 LP School Champs 2018
30,81S	F	25 Back	4	2017-08-05 Tuks Sprint Gala
31,64S	F 0,83	25 Back	4	2017-08-26 LP Shamu Sprint SC 2017
1:11,15L	F	50 Back	13	2017-07-29 Limpopo Age Group 2
1:10,69L	F -0,46	50 Back	7	2017-10-28 Eager Sprint Gala
1:09,76L	F -0,93	50 Back	14	2017-12-01 Limpopo Champs
1:06,06L	F -3,70	50 Back	2	2018-01-27 LP School Champs 2018
2:30,72S	F	100 Back	1	2017-08-05 Tuks Sprint Gala
41,56S	F	25 Breast	5	2017-08-05 Tuks Sprint Gala
38,21S	F -3,35	25 Breast	5	2017-08-26 LP Shamu Sprint SC 2017
1:24,12L	F	50 Breast	6	2017-10-28 Eager Sprint Gala
1:21,44L	F -2,68	50 Breast	14	2017-11-11 Limpopo Age Group 5
1:15,55L	F -5,89	50 Breast	10	2017-12-01 Limpopo Champs
1:20,02L	F 4,47	50 Breast	1	2018-01-27 LP School Champs 2018
3:05,51S	F	100 Breast	2	2017-08-05 Tuks Sprint Gala
2:46,28L	F -21,23	100 Breast	9	2017-11-11 Limpopo Age Group 5
2:49,42L	F 3,14	100 Breast	7	2017-12-01 Limpopo Champs
2:44,40L	F -1,88	100 Breast	1	2018-01-27 LP School Champs 2018
47,29S	F	25 Fly	5	2017-08-05 Tuks Sprint Gala
40,41S	F -6,88	25 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
Christiaan De Beer (11) M				SSB-MPD
40,98S	F	50 Free	8	2017-08-26 LP Shamu Sprint SC 2017
48,64S	F	50 Back	9	2017-08-26 LP Shamu Sprint SC 2017
53,44S	F	50 Breast	6	2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Frederik De Beer (15) M (Yr: CR)			
26,68L	LEV2 F	50 Free	2 2017-07-29 Limpopo Age Group 2
27,29L	LEV2 F 0,61	50 Free	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
27,00L	LEV2 F 0,32	50 Free	1 2017-10-14 Limpopo Age Group 4
26,23L	LEV2 F -0,45	50 Free	3 2017-12-01 Limpopo Champs
26,64L	LEV2 F 0,41	50 Free	2 2018-01-27 LP School Champs 2018
26,16L	LEV2 F -0,07	50 Free	1 2018-02-17 Limpopo Age Group 7
58,32S	LEV3 F	100 Free	3 2017-08-05 Tuks Sprint Gala
59,82L	LEV3 F -0,10	100 Free	2 2017-10-20 Limpopo Top 10 - High Schools
1:01,08L	LEV3 F 1,26	100 Free	4 2017-12-01 Limpopo Champs
59,25L	LEV3 F -0,57	100 Free	2 2018-01-27 LP School Champs 2018
2:21,68L	DQ F	200 Free	2017-07-29 Limpopo Age Group 2
2:24,29L	LEV2 F	200 Free	3 2017-10-14 Limpopo Age Group 4
2:20,26L	LEV2 F -4,03	200 Free	5 2017-12-01 Limpopo Champs
2:20,57L	LEV2 F 0,31	200 Free	4 2018-01-27 LP School Champs 2018
5:07,08L	F	400 Free	9 2017-12-01 Limpopo Champs
29,47S	LEV2 F	50 Back	1 2017-08-05 Tuks Sprint Gala
28,67S I.	LEV2 F -0,80	200 Medley Relay Lead Off	2017-08-19 Small Districts Championship Gala 2017
29,34L	LEV2 F 0,07	50 Back	1 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
29,59L	LEV2 F 0,32	50 Back	1 2017-10-14 Limpopo Age Group 4
30,09L	LEV2 F 0,82	50 Back	1 2017-10-20 Limpopo Top 10 - High Schools
28,80L	LEV2 F -0,47	50 Back	1 2017-12-01 Limpopo Champs
1:04,51L I.	F 35,24	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
28,68L	LEV2 F -0,12	50 Back	1 2018-01-27 LP School Champs 2018
28,76L	LEV2 F 0,08	50 Back	1 2018-02-17 Limpopo Age Group 7
1:03,77S	SANJ F	100 Back	1 2017-08-05 Tuks Sprint Gala
1:02,99S	SANJ F -0,78	100 Back	1 2017-08-19 Small Districts Championship Gala 2017
1:03,57L	SANJ F -0,62	100 Back	1 2017-10-20 Limpopo Top 10 - High Schools
1:01,79L	SANJ F -1,78	100 Back	1 2017-12-01 Limpopo Champs
1:01,72L	SANJ F -0,07	100 Back	1 2018-01-27 LP School Champs 2018
1:01,57L	SANJ F -0,15	100 Back	1 2018-02-17 Limpopo Age Group 7
2:30,61L	LEV3 F	200 Back	1 2017-07-29 Limpopo Age Group 2
2:29,65L	LEV3 F -0,96	200 Back	2 2017-10-14 Limpopo Age Group 4
2:21,70L	LEV3 F -7,95	200 Back	1 2017-12-01 Limpopo Champs
2:21,46L	LEV3 F -0,24	200 Back	1 2018-01-27 LP School Champs 2018
2:25,28L	LEV3 F 3,82	200 Back	1 2018-02-17 Limpopo Age Group 7
36,92L	LEV2 F	50 Breast	12 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
36,85L	LEV2 F -0,07	50 Breast	7 2017-12-01 Limpopo Champs
1:18,75S	LEV2 F	100 Breast	1 2017-08-05 Tuks Sprint Gala
1:20,88S	LEV2 F 2,13	100 Breast	7 2017-08-19 Small Districts Championship Gala 2017
1:23,26L	LEV2 F 2,51	100 Breast	4 2017-12-01 Limpopo Champs
3:02,53L	LEV2 F	200 Breast	3 2017-12-01 Limpopo Champs
29,53L	LEV2 F	50 Fly	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
28,95L	LEV2 F -0,58	50 Fly	3 2017-10-20 Limpopo Top 10 - High Schools
28,84L	LEV2 F -0,11	50 Fly	4 2017-12-01 Limpopo Champs
30,18L	LEV2 F 1,34	50 Fly	6 2018-01-27 LP School Champs 2018
1:18,97L	F	100 Fly	2 2017-07-29 Limpopo Age Group 2
1:06,52S	LEV3 F -11,05	100 Fly	1 2017-08-05 Tuks Sprint Gala
1:12,90L	LEV2 F 4,98	100 Fly	6 2017-12-01 Limpopo Champs
1:08,25L	LEV2 F 0,33	100 Fly	6 2018-01-27 LP School Champs 2018
2:31,63L	LEV3 F	200 IM	2 2017-07-29 Limpopo Age Group 2
2:20,74S	LEV3 F -7,69	200 IM	1 2017-08-05 Tuks Sprint Gala
2:38,77L	LEV2 F 14,83	200 IM	19 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
2:27,93L	LEV3 F 3,99	200 IM	3 2017-10-20 Limpopo Top 10 - High Schools
2:32,95L	LEV3 F 9,01	200 IM	7 2017-12-01 Limpopo Champs

TKS-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Jana De Beer (7) F (Yr: CN)								TKSS-WBD
32,05S	F	25 Free	9	2017-08-05	Tuks Sprint Gala			
31,21S	F	25 Back	5	2017-08-05	Tuks Sprint Gala			
43,69S	DQ F	25 Breast		2017-08-05	Tuks Sprint Gala			
47,49S	DQ F	25 Fly		2017-08-05	Tuks Sprint Gala			
NS	F	100 IM		2017-08-05	Tuks Sprint Gala			
Jomari De Beer (14) F (Yr: GN)								HMER-MPD
47,88L	F	50 Fly	8	2017-10-20	Limpopo Top 10 - High Schools			
3:38,47L	F 4,69	200 IM	6	2017-10-20	Limpopo Top 10 - High Schools			
Kris De Beer (16) M (Yr: GR)								HSBV-SKD
39,09L	F	50 Back	6	2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Marjoné De Beer (13) F (Yr: AR)			
33,65L	LEV2 P	50 Free	13 2017-07-03 Sasol National Championship 2017
33,72L	LEV2 F	200 Free Relay Lead Off	2017-07-03 Sasol National Championship 2017
32,01L	LEV2 F -1,64	50 Free	1 2017-07-29 Limpopo Age Group 2
31,49L	LEV2 F -0,52	50 Free	4 2017-12-01 Limpopo Champs
30,84L	LEV2 F -0,65	50 Free	3 2018-01-27 LP School Champs 2018
1:10,58L	LEV3 F	100 Free	2 2017-06-24 Limpopo Age Group 1
1:13,19L	LEV2 F 2,61	100 Free	10 2017-07-03 Sasol National Championship 2017
1:11,10L	LEV3 F 0,52	100 Free	1 2017-10-28 Eager Sprint Gala
1:10,39L	LEV3 F -0,19	100 Free	4 2017-12-01 Limpopo Champs
1:08,52L	LEV3 P -1,87	100 Free	21 2017-12-06 NTS Championships 2017
1:09,67L	LEV2 F 1,15	100 Free	4 2018-01-27 LP School Champs 2018
2:33,44L	LEV3 P	200 Free	7 2017-07-03 Sasol National Championship 2017
2:35,08L	LEV3 F	200 Free	7 2017-07-03 Sasol National Championship 2017
2:40,00L	LEV2 F 6,56	200 Free	1 2017-07-29 Limpopo Age Group 2
2:35,03L	LEV3 F 1,59	200 Free	1 2017-10-14 Limpopo Age Group 4
2:35,60L	LEV3 F 2,16	200 Free	3 2017-12-01 Limpopo Champs
2:31,69L	LEV3 P -1,75	200 Free	16 2017-12-06 NTS Championships 2017
2:34,91L	LEV2 F 3,22	200 Free	2 2018-01-27 LP School Champs 2018
2:33,23L	LEV3 F 1,54	200 Free	1 2018-02-17 Limpopo Age Group 7
5:44,65L	F	400 Free	1 2017-06-24 Limpopo Age Group 1
5:32,70L	F -11,95	400 Free	23 2017-07-03 Sasol National Championship 2017
5:26,67L	LEV3 F -6,03	400 Free	1 2017-09-09 Limpopo Age Group 3
5:20,04L	LEV3 F -6,63	400 Free	2 2017-12-01 Limpopo Champs
5:23,33L	LEV3 F 3,29	400 Free	10 2017-12-06 NTS Championships 2017
5:18,01L	F -2,03	400 Free	1 2018-01-27 LP School Champs 2018
11:32,60L	F	800 Free	13 2017-07-03 Sasol National Championship 2017
10:46,74L	F -45,86	800 Free	4 2017-12-06 NTS Championships 2017
36,99L	LEV2 F	50 Back	5 2017-07-03 Sasol National Championship 2017
37,61L	LEV2 P	50 Back	6 2017-07-03 Sasol National Championship 2017
36,29L	LEV2 F -0,70	50 Back	3 2017-12-01 Limpopo Champs
1:22,22L	LEV2 F	100 Back	1 2017-06-24 Limpopo Age Group 1
1:20,88L	LEV3 F -1,34	100 Back	7 2017-07-03 Sasol National Championship 2017
1:22,05L	LEV3 P -0,17	100 Back	7 2017-07-03 Sasol National Championship 2017
1:18,89L	LEV3 F -1,99	100 Back	1 2017-09-09 Limpopo Age Group 3
1:21,39L	LEV3 F 2,50	100 Back	1 2017-10-28 Eager Sprint Gala
1:19,68L	LEV3 F 0,79	100 Back	3 2017-12-01 Limpopo Champs
1:18,31L	LEV3 P -0,58	100 Back	16 2017-12-06 NTS Championships 2017
1:17,18L	LEV3 F -1,13	100 Back	3 2018-01-27 LP School Champs 2018
2:56,28L	LEV3 P	200 Back	5 2017-07-03 Sasol National Championship 2017
2:56,29L	LEV3 F	200 Back	4 2017-07-03 Sasol National Championship 2017
2:59,20L	LEV2 F 2,92	200 Back	1 2017-07-29 Limpopo Age Group 2
2:48,22L	LEV3 F -8,06	200 Back	2 2017-12-01 Limpopo Champs
2:45,37L	LEV3 F -2,85	200 Back	8 2017-12-06 NTS Championships 2017
2:46,33L	LEV3 P -1,89	200 Back	8 2017-12-06 NTS Championships 2017
41,33L	LEV2 F	50 Breast	3 2017-07-03 Sasol National Championship 2017
41,97L	LEV2 P	50 Breast	3 2017-07-03 Sasol National Championship 2017
43,76L	LEV2 F 2,43	50 Breast	5 2017-12-01 Limpopo Champs
1:38,77L	LEV2 F	100 Breast	2 2017-06-24 Limpopo Age Group 1
1:35,96L	LEV2 F -2,81	100 Breast	5 2017-07-03 Sasol National Championship 2017
1:37,02L	LEV2 P -1,75	100 Breast	6 2017-07-03 Sasol National Championship 2017
1:33,33L	LEV2 F -2,63	100 Breast	1 2017-09-09 Limpopo Age Group 3
1:36,64L	LEV2 F 3,31	100 Breast	1 2017-10-28 Eager Sprint Gala
1:34,17L	LEV2 F 0,84	100 Breast	3 2017-12-01 Limpopo Champs
1:31,00L	LEV3 P -2,33	100 Breast	14 2017-12-06 NTS Championships 2017
1:32,40L	LEV2 F 1,40	100 Breast	2 2018-01-27 LP School Champs 2018
1:30,48L	LEV3 F -0,52	100 Breast	1 2018-02-17 Limpopo Age Group 7
3:30,03L	LEV2 P	200 Breast	7 2017-07-03 Sasol National Championship 2017
3:31,08L	LEV2 F	200 Breast	6 2017-07-03 Sasol National Championship 2017

EAGA-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Marjoné De Beer (13) F (Yr: AR)				EAGA-CCD
3:29,68L	LEV2 F -0,35	200 Breast	2	2017-07-29 Limpopo Age Group 2
3:25,23L	LEV2 F -4,45	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:16,35L	LEV3 F -8,88	200 Breast	2	2017-12-01 Limpopo Champs
3:16,97L	LEV3 P 0,62	200 Breast	10	2017-12-06 NTS Championships 2017
3:17,41L	LEV3 F 1,06	200 Breast	1	2018-02-17 Limpopo Age Group 7
34,79L	LEV2 F	50 Fly	6	2017-07-03 Sasol National Championship 2017
34,98L	LEV2 P	50 Fly	5	2017-07-03 Sasol National Championship 2017
34,89L	LEV2 F 0,10	50 Fly	3	2017-12-01 Limpopo Champs
33,70L	LEV2 F -1,09	50 Fly	2	2018-01-27 LP School Champs 2018
1:28,02L	LEV2 F	100 Fly	5	2017-07-03 Sasol National Championship 2017
1:27,68L	LEV2 F -0,34	100 Fly	1	2017-10-28 Eager Sprint Gala
1:20,43L	LEV2 F -7,25	100 Fly	2	2017-12-01 Limpopo Champs
1:17,06L	LEV3 F -3,37	100 Fly	1	2018-02-17 Limpopo Age Group 7
2:57,04L	LEV3 F	200 IM	1	2017-06-24 Limpopo Age Group 1
2:54,63L	LEV3 P -2,41	200 IM	6	2017-07-03 Sasol National Championship 2017
2:56,21L	LEV3 F -0,83	200 IM	6	2017-07-03 Sasol National Championship 2017
2:55,82L	LEV3 F 1,19	200 IM	1	2017-07-29 Limpopo Age Group 2
2:55,41L	LEV3 F 0,78	200 IM	1	2017-10-14 Limpopo Age Group 4
2:59,68L	LEV2 F 5,05	200 IM	1	2017-10-28 Eager Sprint Gala
2:49,92L	LEV3 F -4,71	200 IM	2	2017-12-01 Limpopo Champs
2:44,40L	LEV3 F -5,52	200 IM	6	2017-12-06 NTS Championships 2017
2:45,58L	LEV3 P -4,34	200 IM	7	2017-12-06 NTS Championships 2017
2:44,82L	LEV3 F 0,42	200 IM	1	2018-01-27 LP School Champs 2018
Michael De Beer (13) M				LSKP-WBD
1:21,07L	I. F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Stephanus De Beer (9) M (Yr: AR)			
46,34L	P	50 Free	29 2017-07-03 Sasol National Championship 2017
47,07S	F 1,53	50 Free	8 2017-08-05 Tuks Sprint Gala
45,60L	F -0,74	50 Free	10 2017-09-09 Limpopo Age Group 3
43,08L	F 0,67	50 Free	8 2017-10-14 Limpopo Age Group 4
41,63L	F -0,78	50 Free	10 2017-11-11 Limpopo Age Group 5
40,53L	F -1,10	50 Free	7 2017-12-01 Limpopo Champs
42,15L	F 1,62	50 Free	8 2018-01-27 LP School Champs 2018
1:46,22L	F	100 Free	22 2017-07-03 Sasol National Championship 2017
1:47,77S	F 3,15	100 Free	47 2017-08-05 Tuks Sprint Gala
1:40,02L	F -6,20	100 Free	11 2017-09-09 Limpopo Age Group 3
1:39,97L	F 12,28	100 Free	11 2017-11-11 Limpopo Age Group 5
1:43,94L	F 16,25	100 Free	10 2017-12-01 Limpopo Champs
1:36,83L	F 9,14	100 Free	7 2018-01-27 LP School Champs 2018
4:09,56L	P	200 Free	19 2017-07-03 Sasol National Championship 2017
3:56,64L	F -12,92	200 Free	4 2017-10-14 Limpopo Age Group 4
3:38,53L	F -18,11	200 Free	6 2017-12-01 Limpopo Champs
4:01,18L	F 22,65	200 Free	5 2018-01-27 LP School Champs 2018
49,13L	P	50 Back	18 2017-07-03 Sasol National Championship 2017
51,89S	F 3,36	50 Back	5 2017-08-05 Tuks Sprint Gala
48,15L	F -0,98	50 Back	3 2017-09-09 Limpopo Age Group 3
48,00L	F -0,15	50 Back	2 2017-10-14 Limpopo Age Group 4
47,90L	F -0,10	50 Back	2 2017-11-11 Limpopo Age Group 5
50,18L	F 2,28	50 Back	5 2017-12-01 Limpopo Champs
48,13L	F 0,23	50 Back	5 2018-01-27 LP School Champs 2018
2:01,59L	P	100 Back	17 2017-07-03 Sasol National Championship 2017
1:55,07S	F -5,32	100 Back	4 2017-08-05 Tuks Sprint Gala
1:53,42L	F -2,85	100 Back	7 2017-09-09 Limpopo Age Group 3
1:48,08L	F -2,87	100 Back	8 2017-11-11 Limpopo Age Group 5
1:45,79L	F -2,29	100 Back	4 2017-12-01 Limpopo Champs
1:44,54L	LEV2 F -1,25	100 Back	2 2018-01-27 LP School Champs 2018
4:28,30L	DQ P	200 Back	2017-07-03 Sasol National Championship 2017
3:55,15L	F	200 Back	3 2017-10-14 Limpopo Age Group 4
3:57,93L	F 2,78	200 Back	5 2017-12-01 Limpopo Champs
1:02,67L	P	50 Breast	18 2017-07-03 Sasol National Championship 2017
59,26S	DQ F	50 Breast	2017-08-05 Tuks Sprint Gala
58,22L	F -4,45	50 Breast	8 2017-12-01 Limpopo Champs
58,25L	F 0,03	50 Breast	7 2018-01-27 LP School Champs 2018
2:24,49L	P	100 Breast	18 2017-07-03 Sasol National Championship 2017
2:15,43S	F -7,06	100 Breast	5 2017-08-05 Tuks Sprint Gala
2:04,84L	F -12,59	100 Breast	7 2017-12-01 Limpopo Champs
55,54L	P	50 Fly	16 2017-07-03 Sasol National Championship 2017
51,94S	F -2,90	50 Fly	4 2017-08-05 Tuks Sprint Gala
52,01L	F -0,63	50 Fly	6 2017-09-09 Limpopo Age Group 3
48,66L	F 0,85	50 Fly	2 2017-10-14 Limpopo Age Group 4
43,24L	F -4,57	50 Fly	3 2017-11-11 Limpopo Age Group 5
42,72L	F -0,52	50 Fly	3 2017-12-01 Limpopo Champs
45,10L	F 2,38	50 Fly	3 2018-01-27 LP School Champs 2018
4:46,17L	DQ P	200 IM	2017-07-03 Sasol National Championship 2017
4:26,54S	F	200 IM	5 2017-08-05 Tuks Sprint Gala
4:01,65L	F -11,91	200 IM	38 2017-12-01 Limpopo Champs
4:15,03L	F 13,38	200 IM	6 2018-01-27 LP School Champs 2018

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Petrus De Beer (15) M (Yr: CR)			
27,78L	LEV2 F	50 Free	2 2017-09-09 Limpopo Age Group 3
27,88L	LEV2 F 0,10	50 Free	9 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
27,42L	LEV2 F -0,36	50 Free	2 2017-10-14 Limpopo Age Group 4
27,95L	LEV2 F 0,53	50 Free	3 2017-10-20 Limpopo Top 10 - High Schools
26,78L	LEV2 F -0,64	50 Free	5 2017-12-01 Limpopo Champs
58,52L	F 31,10	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
27,49L	LEV2 F 0,71	50 Free	4 2018-01-27 LP School Champs 2018
27,54L	LEV2 F 0,76	50 Free	3 2018-02-17 Limpopo Age Group 7
1:04,55L	LEV2 F	100 Free	5 2017-09-09 Limpopo Age Group 3
1:02,56L	LEV2 F -1,99	100 Free	3 2017-11-11 Limpopo Age Group 5
1:02,66L	LEV2 F 0,10	100 Free	6 2017-12-01 Limpopo Champs
1:01,39L	LEV3 F -1,17	100 Free	5 2018-01-27 LP School Champs 2018
2:29,89L	F	200 Free	4 2017-10-14 Limpopo Age Group 4
2:24,17L	LEV2 F -5,72	200 Free	6 2017-12-01 Limpopo Champs
2:21,37L	LEV2 F -2,80	200 Free	6 2018-01-27 LP School Champs 2018
5:54,05L	F	400 Free	2 2017-11-11 Limpopo Age Group 5
5:19,01L	F -35,04	400 Free	13 2017-12-01 Limpopo Champs
33,61L	LEV2 F	50 Back	11 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
32,81L	LEV2 F -0,80	50 Back	4 2017-12-01 Limpopo Champs
1:13,46L	LEV2 F	100 Back	1 2017-11-11 Limpopo Age Group 5
1:13,94L	LEV2 F 0,48	100 Back	6 2017-12-01 Limpopo Champs
2:43,99L	LEV2 F	200 Back	4 2017-12-01 Limpopo Champs
33,84L	LEV2 F	50 Breast	1 2017-09-09 Limpopo Age Group 3
34,42L	LEV2 F 0,58	50 Breast	3 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
34,53L	LEV2 F 0,69	50 Breast	3 2017-10-14 Limpopo Age Group 4
34,48L	LEV2 F 0,64	50 Breast	1 2017-10-20 Limpopo Top 10 - High Schools
33,97L	LEV2 F 0,13	50 Breast	2 2017-12-01 Limpopo Champs
33,06L	LEV2 F -0,78	50 Breast	2 2018-01-27 LP School Champs 2018
33,75L	LEV2 F 0,69	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:18,56L	LEV3 F	100 Breast	1 2017-09-09 Limpopo Age Group 3
1:19,48L	LEV2 F 0,92	100 Breast	1 2017-10-20 Limpopo Top 10 - High Schools
1:18,11L	LEV3 F -0,45	100 Breast	1 2017-11-11 Limpopo Age Group 5
1:15,74L	LEV3 F -2,37	100 Breast	2 2017-12-01 Limpopo Champs
1:14,44L	LEV3 F -1,30	100 Breast	2 2018-01-27 LP School Champs 2018
1:15,82L	LEV3 F 1,38	100 Breast	1 2018-02-17 Limpopo Age Group 7
2:54,22L	LEV2 F	200 Breast	1 2017-10-14 Limpopo Age Group 4
2:49,31L	LEV3 F -4,91	200 Breast	2 2017-12-01 Limpopo Champs
2:45,15L	LEV3 F -4,16	200 Breast	1 2018-01-27 LP School Champs 2018
30,10L	LEV2 F	50 Fly	4 2017-09-09 Limpopo Age Group 3
30,86L	LEV2 F 0,76	50 Fly	13 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
29,78L	LEV2 F -0,32	50 Fly	6 2017-12-01 Limpopo Champs
29,28L	LEV2 F -0,50	50 Fly	3 2018-01-27 LP School Champs 2018
29,55L	LEV2 F 0,27	50 Fly	5 2018-02-17 Limpopo Age Group 7
1:10,68L	LEV2 F	100 Fly	5 2017-10-20 Limpopo Top 10 - High Schools
1:16,76L	F 6,08	100 Fly	4 2017-11-11 Limpopo Age Group 5
1:09,93L	LEV2 F -0,75	100 Fly	5 2017-12-01 Limpopo Champs
1:07,49L	LEV3 F -2,44	100 Fly	4 2018-01-27 LP School Champs 2018
2:34,88L	LEV3 F	200 IM	15 2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
2:37,39L	LEV2 F 2,51	200 IM	10 2017-12-01 Limpopo Champs

TKS-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Liandri De Bruin (13) F (Yr: HR)					
32,00L	LEV2 F	50 Free	2	2017-11-04	Limpopo Primary School - Top 10
32,37L	LEV2 F 0,37	50 Free	4	2018-01-27	LP School Champs 2018
1:12,98L	LEV2 F	100 Free	3	2017-11-04	Limpopo Primary School - Top 10
1:15,28L	LEV2 F 2,30	100 Free	6	2018-01-27	LP School Champs 2018
40,08L	LEV2 F	50 Back	3	2018-01-27	LP School Champs 2018
41,21L	F	50 Fly	5	2017-11-04	Limpopo Primary School - Top 10
39,37L	F -1,84	50 Fly	4	2018-01-27	LP School Champs 2018
1:44,66L	DQ F	100 Fly		2017-11-04	Limpopo Primary School - Top 10
3:20,47L	LEV2 F	200 IM	6	2017-11-04	Limpopo Primary School - Top 10
Rijandre De Bruin (6) M (Yr: HR)					
24,04S	F	25 Free	3	2017-08-05	Tuks Sprint Gala
49,97L	F	50 Free	4	2017-10-28	Eager Sprint Gala
26,84S	F	25 Back	3	2017-08-05	Tuks Sprint Gala
1:00,17L	F	50 Back	3	2017-10-28	Eager Sprint Gala
DQ	F	25 Breast		2017-08-05	Tuks Sprint Gala
1:08,01L	F	50 Breast	2	2017-10-28	Eager Sprint Gala
33,26S	DQ F	25 Fly		2017-08-05	Tuks Sprint Gala
Zandru De Bruin (8) M (Yr: HR)					
57,96S	F	50 Free	11	2017-08-05	Tuks Sprint Gala
53,78L	F -4,98	50 Free	5	2017-10-28	Eager Sprint Gala
1:02,36S	DQ F	50 Back		2017-08-05	Tuks Sprint Gala
1:00,60L	F	50 Back	4	2017-10-28	Eager Sprint Gala
1:11,11S	F	50 Breast	7	2017-08-05	Tuks Sprint Gala
1:06,65L	F -5,46	50 Breast	4	2017-10-28	Eager Sprint Gala
1:03,94L	F -2,71	50 Breast	8	2017-11-04	Limpopo Primary School - Top 10
1:24,32S	DQ F	50 Fly		2017-08-05	Tuks Sprint Gala
Abigail De Jager (14) F					
1:19,15L	F	100 Free	5	2017-10-20	Limpopo Top 10 - High Schools
Jenelle De Jonge (16) F (Yr: GR)					
32,77L	F	50 Free	3	2017-10-20	Limpopo Top 10 - High Schools
46,34L	F	50 Breast	7	2017-10-20	Limpopo Top 10 - High Schools
1:46,97L	F	100 Breast	6	2017-10-20	Limpopo Top 10 - High Schools
Echard De Klerk (11) M (Yr: HN)					
37,81L	F	50 Free	5	2017-11-11	Limpopo Age Group 5
36,13L	F -1,68	50 Free	7	2017-12-01	Limpopo Champs
1:29,02L	F	100 Free	6	2017-11-11	Limpopo Age Group 5
1:25,54L	F -3,48	100 Free	10	2017-12-01	Limpopo Champs
3:13,21L	F	200 Free	7	2017-12-01	Limpopo Champs
6:53,83L	F	400 Free	14	2017-12-01	Limpopo Champs
49,54L	F	50 Back	4	2017-11-11	Limpopo Age Group 5
49,13L	F -0,41	50 Back	15	2017-12-01	Limpopo Champs
1:29,20L	I. F 39,66	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs
1:44,85L	F	100 Back	14	2017-12-01	Limpopo Champs
3:50,50L	F	200 Back	8	2017-12-01	Limpopo Champs
51,55L	F	50 Breast	2	2017-11-11	Limpopo Age Group 5
49,16L	F -2,39	50 Breast	8	2017-12-01	Limpopo Champs
1:49,96L	F	100 Breast	9	2017-12-01	Limpopo Champs
4:07,02L	F	200 Breast	6	2017-12-01	Limpopo Champs
1:00,21L	F	50 Fly	6	2017-11-11	Limpopo Age Group 5
4:05,44L	F	200 IM	40	2017-12-01	Limpopo Champs
Ninke De Klerk (9) F (Yr: DR)					
1:48,72L	I. F 54,13	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10

LSPHA-MPD

EAGAB-CCD

EAGAB-CCD

PHS-CCD

HMER-MPD

LOTTA-WBD

LSBOS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Reghardt De Klerk (9) M (Yr: HN)							
45,73L	F	50 Free	16	2017-11-11	Limpopo Age Group 5		LOTTA-WBD
42,22L	F -3,51	50 Free	10	2017-12-01	Limpopo Champs		
1:26,13L I.	F 40,40	200 Free Relay Lead Off		2017-12-01	Limpopo Champs		
1:44,40L	DQ F	100 Free		2017-11-11	Limpopo Age Group 5		
1:35,05L	F	100 Free	7	2017-12-01	Limpopo Champs		
NS	F	200 Free		2017-12-01	Limpopo Champs		
59,18L	F	50 Back	14	2017-11-11	Limpopo Age Group 5		
56,99L	F -2,19	50 Back	8	2017-12-01	Limpopo Champs		
1:59,37L	DQ F	100 Back		2017-12-01	Limpopo Champs		
4:01,95L	F	200 Back	6	2017-12-01	Limpopo Champs		
56,29L	F	50 Breast	6	2017-11-11	Limpopo Age Group 5		
55,17L	F -1,12	50 Breast	7	2017-12-01	Limpopo Champs		
1:57,67L	F	100 Breast	5	2017-12-01	Limpopo Champs		
4:05,25L	DQ F	200 Breast		2017-12-01	Limpopo Champs		
1:17,53L	F	50 Fly	14	2017-11-11	Limpopo Age Group 5		
4:12,05L	F	200 IM	42	2017-12-01	Limpopo Champs		
Robert De Klerk (13) M (Yr: DR)							
1:20,30L I.	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSBOS-WBD
45,87L	F	50 Back	5	2017-11-04	Limpopo Primary School - Top 10		
1:44,78L I.	F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:53,92L	F	100 Back	5	2017-11-04	Limpopo Primary School - Top 10		
André De Lange (18) M (Yr: GN)							
37,23L	F	50 Back	5	2017-10-20	Limpopo Top 10 - High Schools		HWBAD-WBD
1:32,10L	F	100 Back	6	2017-10-20	Limpopo Top 10 - High Schools		
Leandre De Lange (8) F (Yr: HN)							
48,31L	F	50 Free	5	2017-11-04	Limpopo Primary School - Top 10		LSTZN-MPD
56,12L	F	50 Back	5	2017-11-04	Limpopo Primary School - Top 10		
2:06,40L I.	F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
Leon De Lange (10) M (Yr: HR)							
39,42L	F	50 Free	3	2017-11-04	Limpopo Primary School - Top 10		LSTZN-MPD
Anél De Vos (20) F							
30,18L	F	50 Free	1	2017-12-01	Limpopo Champs		TUKS-TSH
1:04,88L	F	100 Free	1	2017-12-01	Limpopo Champs		
2:22,31L	F	200 Free	2	2017-12-01	Limpopo Champs		
4:57,51L	F	400 Free	2	2017-12-01	Limpopo Champs		
10:14,91L	F	800 Free	1	2017-12-01	Limpopo Champs		
33,01L	F	50 Back	1	2017-12-01	Limpopo Champs		
1:12,40L	F	100 Back	1	2017-12-01	Limpopo Champs		
2:36,52L	F	200 Back	1	2017-12-01	Limpopo Champs		
31,23L	F	50 Fly	1	2017-12-01	Limpopo Champs		
Anje Mari De Wet (17) F (Yr: GR)							
41,21L	F	50 Fly	6	2017-10-20	Limpopo Top 10 - High Schools		HPP-WBD
1:48,53L	F	100 Fly	3	2017-10-20	Limpopo Top 10 - High Schools		
Henro Delpont (13) M (Yr: HR)							
32,67L	F	50 Free	5	2017-11-04	Limpopo Primary School - Top 10		LSPHA-MPD
1:08,76L I.	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:17,98L	F	100 Free	6	2017-11-04	Limpopo Primary School - Top 10		
38,91L	F	50 Back	4	2017-11-04	Limpopo Primary School - Top 10		
1:31,40L I.	F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:38,36L	F	100 Back	4	2017-11-04	Limpopo Primary School - Top 10		
Isabella Drewett (13) F (Yr: HR)							
34,80L	F	50 Free	4	2017-11-04	Limpopo Primary School - Top 10		UNIC-MPD
1:18,69L	LEV2 F	100 Free	4	2017-11-04	Limpopo Primary School - Top 10		
50,11L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10		
1:51,65L	F	100 Breast	5	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Maximilian Drewett (10) M (Yr: HR)					
40,74L	F	50 Free	6	2017-11-04	Limpopo Primary School - Top 10
53,05L	F	50 Fly	4	2017-11-04	Limpopo Primary School - Top 10
3:52,94L	F	200 IM	6	2017-11-04	Limpopo Primary School - Top 10
Olivia Drewett (12) F (Yr: HR)					
37,72L	DQ	50 Free		2017-11-04	Limpopo Primary School - Top 10
1:31,11L	F	100 Free	6	2017-11-04	Limpopo Primary School - Top 10
52,12L	F	50 Fly	7	2017-11-04	Limpopo Primary School - Top 10
Adriaan Dry (7) M					
24,60S	F	25 Free	4	2017-08-05	Tuks Sprint Gala
29,15S	F	25 Back	5	2017-08-05	Tuks Sprint Gala
33,63S	F	25 Breast	2	2017-08-05	Tuks Sprint Gala
Imke Dry (6) F					
42,71S	F	25 Free	5	2017-08-05	Tuks Sprint Gala
52,80S	F	25 Back	4	2017-08-05	Tuks Sprint Gala
Adriaan Du Plessis (6) M (Yr: CN)					
21,20S	F	25 Free	2	2017-08-05	Tuks Sprint Gala
44,45L	F	50 Free	10	2017-07-29	Limpopo Age Group 2
47,39L	F 2,94	50 Free	2	2017-10-28	Eager Sprint Gala
50,60L	F 6,15	50 Free	12	2017-12-01	Limpopo Champs
1:35,26L	F 50,81	200 Free Relay Lead Off		2017-12-01	Limpopo Champs
1:50,53S	F	100 Free	49	2017-08-05	Tuks Sprint Gala
1:52,24L	F 16,86	100 Free	10	2017-12-01	Limpopo Champs
26,71S	F	25 Back	2	2017-08-05	Tuks Sprint Gala
1:00,25L	F	50 Back	12	2017-07-29	Limpopo Age Group 2
1:05,75L	F 5,50	50 Back	4	2017-10-28	Eager Sprint Gala
58,23L	F -2,02	50 Back	12	2017-12-01	Limpopo Champs
33,22S	F	25 Breast	1	2017-08-05	Tuks Sprint Gala
1:18,65L	F	50 Breast	4	2017-10-28	Eager Sprint Gala
1:10,27L	F -8,38	50 Breast	14	2017-12-01	Limpopo Champs
28,11S	F	25 Fly	2	2017-08-05	Tuks Sprint Gala
1:01,87L	F	50 Fly	8	2017-07-29	Limpopo Age Group 2
1:10,86L	F 8,99	50 Fly	2	2017-10-28	Eager Sprint Gala
1:17,93L	F 16,06	50 Fly	10	2017-12-01	Limpopo Champs
2:06,98S	F	100 IM	2	2017-08-05	Tuks Sprint Gala
Franco Du Plessis (12) M (Yr: HN)					
39,79L	DQ	50 Free		2017-11-04	Limpopo Primary School - Top 10
1:37,93L	DQ	100 Free		2017-11-04	Limpopo Primary School - Top 10
49,15L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10
NS	F	100 Back		2017-11-04	Limpopo Primary School - Top 10
GertHendrik Du Plessis (8) M (Yr: AR)					
49,02S	F	50 Free	7	2017-08-05	Tuks Sprint Gala
45,96L	F -3,86	50 Free	9	2017-12-01	Limpopo Champs
2:00,21S	F	100 Free	53	2017-08-05	Tuks Sprint Gala
1:45,06L	F 11,03	100 Free	7	2017-12-01	Limpopo Champs
57,91S	DQ	50 Back		2017-08-05	Tuks Sprint Gala
1:07,01L	F 0,61	50 Back	15	2017-12-01	Limpopo Champs
1:09,85S	F	50 Breast	6	2017-08-05	Tuks Sprint Gala
1:03,42L	F -7,18	50 Breast	9	2017-12-01	Limpopo Champs
2:23,38L	F	100 Breast	8	2017-12-01	Limpopo Champs
1:08,97S	DQ	50 Fly		2017-08-05	Tuks Sprint Gala
1:35,11L	DQ	50 Fly		2017-12-01	Limpopo Champs
5:01,88L	DQ	200 IM		2017-12-01	Limpopo Champs

UNIC-MPD

UNIC-MPD

TKSB-WBD

TKSB-WBD

EAGA-CCD

LPTBO-CCD

LOTTA-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jan Du Plessis (17) M (Yr: AR)				LOTTA-WBD
30,17S	F	50 Free	8	2017-08-05 Tuks Sprint Gala
31,64L	F 0,67	50 Free	4	2017-09-09 Limpopo Age Group 3
31,34L	F 0,37	50 Free	9	2017-12-01 Limpopo Champs
31,05L	F 0,08	50 Free	1	2018-01-27 LP School Champs 2018
1:11,25L	P	100 Free	29	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:11,81L	F 0,56	100 Free	7	2017-09-09 Limpopo Age Group 3
1:07,79L	F -3,46	100 Free	10	2017-12-01 Limpopo Champs
1:09,15L	F 1,36	100 Free	1	2018-01-27 LP School Champs 2018
2:45,65L	P	200 Free	19	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
5:49,09L	F	400 Free	6	2017-12-01 Limpopo Champs
40,44L	P	50 Back	12	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
40,84L	F 0,40	50 Back	9	2017-12-01 Limpopo Champs
40,13L	F -0,31	50 Back	1	2018-01-27 LP School Champs 2018
37,39L	P	50 Breast	14	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
36,10S	F -0,29	50 Breast	3	2017-08-05 Tuks Sprint Gala
37,06L	F -0,04	50 Breast	1	2017-09-09 Limpopo Age Group 3
36,59L	F -0,47	50 Breast	4	2017-12-01 Limpopo Champs
36,49L	F -0,10	50 Breast	1	2018-01-27 LP School Champs 2018
1:27,50L	F	100 Breast	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:27,60L	P	100 Breast	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:22,90S	F -2,60	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:25,32S	F 2,42	100 Breast	8	2017-08-19 Small Districts Championship Gala 2017
1:28,42L	F 3,52	100 Breast	2	2017-09-09 Limpopo Age Group 3
1:25,57L	F 0,67	100 Breast	6	2017-12-01 Limpopo Champs
1:25,03L	F 0,13	100 Breast	1	2018-01-27 LP School Champs 2018
3:14,39L	P	200 Breast	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
3:16,57L	F 2,18	200 Breast	6	2017-12-01 Limpopo Champs
3:18,69L	F 4,30	200 Breast	1	2018-01-27 LP School Champs 2018
33,83L	P	50 Fly	17	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,77S	F -1,36	50 Fly	6	2017-08-05 Tuks Sprint Gala
33,85L	F 1,38	50 Fly	4	2017-09-09 Limpopo Age Group 3
32,29L	F -0,18	50 Fly	8	2017-12-01 Limpopo Champs
31,53L	F -0,76	50 Fly	1	2018-01-27 LP School Champs 2018
1:28,09L	DQ P	100 Fly		2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:56,47L	F	200 IM	22	2017-12-01 Limpopo Champs
Juliana Du Plessis (8) F (Yr: HN)				LSTZN-MPD
1:08,50L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Daniël Du Plessis (12) M (Yr: AR)					
					VVIKS-WBD
37,07L	F	50 Free	1	2017-06-24 Limpopo Age Group 1	
34,25L	F -2,82	50 Free	2	2017-07-29 Limpopo Age Group 2	
34,73S	F 1,28	50 Free	6	2017-08-05 Tuks Sprint Gala	
34,14L	F -0,11	50 Free	5	2018-01-27 LP School Champs 2018	
1:20,26L	DQ	100 Free		2017-06-24 Limpopo Age Group 1	
1:17,95S	F	100 Free	25	2017-08-05 Tuks Sprint Gala	
1:19,86S	F 1,91	100 Free	8	2017-08-19 Small Districts Championship Gala 2017	
1:14,00L	F -5,55	100 Free	3	2018-01-27 LP School Champs 2018	
1:13,69L	LEV2	100 Free	2	2018-02-17 Limpopo Age Group 7	
2:56,92L	F	200 Free	3	2017-07-29 Limpopo Age Group 2	
2:50,79L	F -6,13	200 Free	3	2017-12-01 Limpopo Champs	
2:49,47L	F -1,32	200 Free	3	2018-01-27 LP School Champs 2018	
2:48,67L	F -0,80	200 Free	3	2018-02-17 Limpopo Age Group 7	
41,69L	F	50 Back	1	2017-06-24 Limpopo Age Group 1	
45,19L	F 3,50	50 Back	2	2017-07-29 Limpopo Age Group 2	
42,18S	F 1,09	50 Back	8	2017-08-05 Tuks Sprint Gala	
42,62L	F 0,93	50 Back	6	2017-12-01 Limpopo Champs	
40,03L	F -1,66	50 Back	3	2018-01-27 LP School Champs 2018	
1:32,06S	F	100 Back	4	2017-08-05 Tuks Sprint Gala	
1:32,19S	F 0,13	100 Back	8	2017-08-19 Small Districts Championship Gala 2017	
1:29,99L	F -3,27	100 Back	5	2018-01-27 LP School Champs 2018	
44,36L	F	50 Breast	2	2017-06-24 Limpopo Age Group 1	
44,64S	F 1,28	50 Breast	5	2017-08-05 Tuks Sprint Gala	
42,88L	F -1,48	50 Breast	3	2018-01-27 LP School Champs 2018	
1:37,52L	LEV2	100 Breast	3	2017-12-01 Limpopo Champs	
1:33,67L	F -3,85	100 Breast	1	2018-01-27 LP School Champs 2018	
1:33,31L	LEV2	100 Breast	1	2018-02-17 Limpopo Age Group 7	
3:35,37L	F	200 Breast	3	2017-07-29 Limpopo Age Group 2	
3:23,79L	DQ	200 Breast		2018-02-17 Limpopo Age Group 7	
3:27,77L	F	200 IM	3	2017-06-24 Limpopo Age Group 1	
3:20,65L	F -7,12	200 IM	3	2017-07-29 Limpopo Age Group 2	
Renzo Du Plessis (15) M (Yr: GN)					
					HBV-MPD
40,78L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools	
1:33,40L	F	100 Breast	3	2017-10-20 Limpopo Top 10 - High Schools	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Rhyno Du Plessis (16) M (Yr: BR)			
28,16L	LEV2 F	50 Free	3 2017-06-24 Limpopo Age Group 1
27,14L	LEV2 F -1,02	50 Free	1 2017-07-29 Limpopo Age Group 2
27,61S	LEV2 F 1,27	50 Free	4 2017-08-26 LP Shamu Sprint SC 2017
27,44L	LEV2 F 0,30	50 Free	3 2017-10-14 Limpopo Age Group 4
28,26L	LEV2 F 1,12	50 Free	5 2017-12-01 Limpopo Champs
1:01,65L	LEV3 F	100 Free	4 2017-06-24 Limpopo Age Group 1
1:00,82L	LEV3 F -0,83	100 Free	5 2017-09-09 Limpopo Age Group 3
1:00,55L	LEV3 F -0,27	100 Free	5 2017-11-11 Limpopo Age Group 5
1:01,32L	LEV3 F 0,77	100 Free	5 2017-12-01 Limpopo Champs
59,92L	LEV3 F -0,63	100 Free	5 2018-02-17 Limpopo Age Group 7
2:15,45L	LEV3 F	200 Free	3 2017-07-29 Limpopo Age Group 2
2:12,42L	LEV3 F -3,03	200 Free	2 2017-12-01 Limpopo Champs
4:57,76L	F	400 Free	2 2017-09-09 Limpopo Age Group 3
4:52,12L	F -5,64	400 Free	2 2017-12-01 Limpopo Champs
21:01,53L	F	1500 Free	6 2017-12-01 Limpopo Champs
31,21L	LEV2 F	50 Back	2 2017-06-24 Limpopo Age Group 1
31,51S	LEV2 F 0,90	50 Back	5 2017-08-26 LP Shamu Sprint SC 2017
32,96L	F 1,75	50 Back	2 2017-10-20 Limpopo Top 10 - High Schools
31,96L	LEV2 F 0,75	50 Back	5 2017-12-01 Limpopo Champs
1:13,96L	F 42,75	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
1:11,54L	LEV2 F	100 Back	3 2017-06-24 Limpopo Age Group 1
1:11,33L	LEV2 F -0,21	100 Back	1 2017-09-09 Limpopo Age Group 3
1:12,12L	F 0,79	100 Back	3 2017-10-20 Limpopo Top 10 - High Schools
1:10,69L	LEV3 F -0,64	100 Back	4 2017-11-11 Limpopo Age Group 5
1:11,57L	LEV2 F 0,88	100 Back	4 2017-12-01 Limpopo Champs
1:09,87L	LEV3 F -0,82	100 Back	4 2018-02-17 Limpopo Age Group 7
2:42,64L	LEV2 F	200 Back	4 2017-12-01 Limpopo Champs
34,78S	LEV2 F	50 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
36,18L	F 0,40	50 Breast	3 2017-10-20 Limpopo Top 10 - High Schools
35,49L	LEV2 F -0,29	50 Breast	2 2017-12-01 Limpopo Champs
1:22,91L	LEV2 F	100 Breast	1 2017-06-24 Limpopo Age Group 1
1:18,79S	LEV2 F -2,12	100 Breast	9 2017-08-19 Small Districts Championship Gala 2017
1:21,20L	LEV2 F 0,41	100 Breast	1 2017-09-09 Limpopo Age Group 3
1:22,75L	F 1,96	100 Breast	3 2017-10-20 Limpopo Top 10 - High Schools
1:20,87L	LEV2 F 0,08	100 Breast	2 2017-12-01 Limpopo Champs
2:58,86L	LEV2 F	200 Breast	1 2017-07-29 Limpopo Age Group 2
2:57,66L	LEV2 F -1,20	200 Breast	1 2017-12-01 Limpopo Champs
29,26S	LEV2 F	50 Fly	5 2017-08-26 LP Shamu Sprint SC 2017
29,83L	LEV2 F -0,13	50 Fly	5 2017-12-01 Limpopo Champs
1:06,81L	LEV3 F	100 Fly	2 2017-07-29 Limpopo Age Group 2
1:05,55S	LEV3 F 0,14	100 Fly	8 2017-08-19 Small Districts Championship Gala 2017
1:07,81L	LEV3 F 1,00	100 Fly	2 2017-11-11 Limpopo Age Group 5
1:07,16L	LEV3 F 0,35	100 Fly	3 2017-12-01 Limpopo Champs
1:08,22L	F 1,41	100 Fly	4 2018-02-17 Limpopo Age Group 7
2:55,09L	F	200 Fly	2 2017-09-09 Limpopo Age Group 3
2:29,58L	LEV3 F	200 IM	2 2017-07-29 Limpopo Age Group 2
2:29,00S	LEV3 F 2,62	200 IM	9 2017-08-19 Small Districts Championship Gala 2017
2:32,36L	LEV3 F 2,78	200 IM	1 2017-10-14 Limpopo Age Group 4
2:27,20L	LEV3 F -2,38	200 IM	3 2017-10-20 Limpopo Top 10 - High Schools
2:31,84L	LEV3 F 4,64	200 IM	6 2017-12-01 Limpopo Champs
5:44,02L	F	400 IM	4 2017-12-01 Limpopo Champs
Tyla Du Plessis (15) F (Yr: GR)			
44,73L	F	50 Breast	3 2017-10-20 Limpopo Top 10 - High Schools
1:41,36L	F	100 Breast	3 2017-10-20 Limpopo Top 10 - High Schools
41,06L	F	50 Fly	4 2017-10-20 Limpopo Top 10 - High Schools
1:38,94L	F	100 Fly	2 2017-10-20 Limpopo Top 10 - High Schools

SS-MPD

HSBV-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Willem Du Plessis (18) M (Yr: GR)				HSBV-SKD
33,33L	F	50 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
1:19,75L	F	100 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
28,89L	F	50 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
1:07,37L	LEV3 F	100 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
Wian Du Plessis (8) M (Yr: CR)				EAGA-CCD
38,79L	F	50 Free	4	2017-07-29 Limpopo Age Group 2
42,39S	F 4,40	50 Free	2	2017-08-05 Tuks Sprint Gala
40,37S	F 2,38	50 Free	2	2017-08-26 LP Shamu Sprint SC 2017
40,73L	F 1,94	50 Free	1	2017-10-28 Eager Sprint Gala
1:29,00L	I. F 50,21	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
40,59L	DQ F	50 Free		2017-11-04 Limpopo Primary School - Top 10
40,15L	F 1,36	50 Free	5	2017-11-11 Limpopo Age Group 5
39,08L	F 0,29	50 Free	1	2017-12-01 Limpopo Champs
1:34,18S	F	100 Free	35	2017-08-05 Tuks Sprint Gala
1:32,72L	LEV2 F -3,06	100 Free	10	2017-11-11 Limpopo Age Group 5
1:28,05L	LEV2 F -4,67	100 Free	2	2017-12-01 Limpopo Champs
1:46,60L	I. F	448 Free Relay Lead Off		2017-12-01 Limpopo Champs
3:20,08L	F	200 Free	5	2017-07-29 Limpopo Age Group 2
3:29,38L	F 9,30	200 Free	4	2018-02-17 Limpopo Age Group 7
24,52S	F	25 Back	4	2017-08-26 LP Shamu Sprint SC 2017
49,36L	F	50 Back	4	2017-07-29 Limpopo Age Group 2
50,77S	F 2,01	50 Back	3	2017-08-05 Tuks Sprint Gala
52,03L	F 3,76	50 Back	1	2017-10-28 Eager Sprint Gala
49,12L	F 0,85	50 Back	3	2017-12-01 Limpopo Champs
NS	F	100 Back		2017-08-05 Tuks Sprint Gala
1:46,99L	F	100 Back	7	2017-11-11 Limpopo Age Group 5
1:43,48L	DQ F	100 Back		2017-12-01 Limpopo Champs
24,51S	F	25 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
54,04S	F	50 Breast	1	2017-08-05 Tuks Sprint Gala
54,75L	F 1,82	50 Breast	1	2017-10-28 Eager Sprint Gala
50,34L	F -2,59	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
52,55L	F 2,21	50 Breast	4	2017-11-11 Limpopo Age Group 5
52,41L	F 2,07	50 Breast	3	2017-12-01 Limpopo Champs
1:57,01S	F	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:55,13L	LEV2 F 1,13	100 Breast	6	2017-11-11 Limpopo Age Group 5
1:51,66L	LEV2 F -2,34	100 Breast	2	2017-12-01 Limpopo Champs
4:12,98L	F	200 Breast	2	2017-07-29 Limpopo Age Group 2
23,40S	F	25 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
1:00,75L	F	50 Fly	7	2017-07-29 Limpopo Age Group 2
56,59S	F -3,46	50 Fly	2	2017-08-05 Tuks Sprint Gala
1:04,42L	F 10,97	50 Fly	1	2017-10-28 Eager Sprint Gala
48,44L	F -5,01	50 Fly	2	2017-12-01 Limpopo Champs
1:46,48S	F	100 IM	2	2017-08-26 LP Shamu Sprint SC 2017
3:48,76S	F	200 IM	2	2017-08-05 Tuks Sprint Gala
4:10,24L	F 18,28	200 IM	1	2017-10-28 Eager Sprint Gala
3:34,99L	F -16,97	200 IM	1	2017-12-01 Limpopo Champs
Theresa Du Plooy (9) F (Yr: HN)				LSPHA-MPD
1:05,32L	F	50 Back	9	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Eduan Du Preez (14) M (Yr: AR)				TKS-SKD
31,63L	F	50 Free	3	2017-09-09 Limpopo Age Group 3
1:10,46S	F	100 Free	15	2017-08-05 Tuks Sprint Gala
1:11,34S	F 0,88	100 Free	9	2017-08-19 Small Districts Championship Gala 2017
1:12,08L	F 0,02	100 Free	4	2017-10-28 Eager Sprint Gala
5:37,35L	F	400 Free	3	2017-09-09 Limpopo Age Group 3
5:37,09L	F -0,26	400 Free	16	2017-12-01 Limpopo Champs
23:49,56L	F	1500 Free	2	2017-07-29 Limpopo Age Group 2
37,11L	F	50 Back	3	2017-10-14 Limpopo Age Group 4
37,72L	F 0,61	50 Back	8	2017-12-01 Limpopo Champs
37,46L	F 0,35	50 Back	3	2018-02-17 Limpopo Age Group 7
1:22,96L	F	100 Back	5	2017-10-28 Eager Sprint Gala
39,36L	LEV2 F	50 Breast	1	2017-07-29 Limpopo Age Group 2
40,20L	F 0,84	50 Breast	4	2017-10-14 Limpopo Age Group 4
38,26L	F -1,10	50 Breast	8	2017-12-01 Limpopo Champs
41,32L	F 3,06	50 Breast	3	2018-02-17 Limpopo Age Group 7
1:26,79S	F	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:25,55S	LEV2 F -1,24	100 Breast	8	2017-08-19 Small Districts Championship Gala 2017
1:30,45L	F 2,90	100 Breast	4	2017-10-28 Eager Sprint Gala
1:25,22L	F -2,33	100 Breast	7	2017-12-01 Limpopo Champs
1:27,09L	F 1,87	100 Breast	3	2018-02-17 Limpopo Age Group 7
3:02,65L	LEV2 F	200 Breast	4	2017-12-01 Limpopo Champs
36,71L	F	50 Fly	3	2017-09-09 Limpopo Age Group 3
36,07L	F -0,64	50 Fly	2	2017-10-14 Limpopo Age Group 4
36,18L	F 0,11	50 Fly	10	2017-12-01 Limpopo Champs
1:43,67L	F	100 Fly	4	2017-10-28 Eager Sprint Gala
2:52,14S	F	200 IM	2	2017-08-05 Tuks Sprint Gala
2:56,42L	F 1,08	200 IM	3	2017-10-14 Limpopo Age Group 4
2:52,19L	F -3,15	200 IM	20	2017-12-01 Limpopo Champs
2:53,14L	F 0,95	200 IM	4	2018-02-17 Limpopo Age Group 7
Lerise Du Preez (15) F (Yr: GN)				HMER-MPD
41,84L	F	50 Back	6	2017-10-20 Limpopo Top 10 - High Schools
1:37,05L	F	100 Back	5	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Danelle Du Toit (9) F (Yr: DR)			
43,51S	F	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
41,89L	F -2,42	50 Free	4 2017-10-14 Limpopo Age Group 4
41,37L	F -0,52	50 Free	4 2017-11-04 Limpopo Primary School - Top 10
41,11L	F -0,26	50 Free	4 2017-12-01 Limpopo Champs
NS	F	50 Free	2018-01-27 LP School Champs 2018
43,00L	F 1,89	50 Free	5 2018-02-17 Limpopo Age Group 7
1:32,56L	LEV2 F	100 Free	3 2017-12-01 Limpopo Champs
1:39,38L	F 6,82	100 Free	7 2018-01-27 LP School Champs 2018
52,56S	F	50 Back	5 2017-08-26 LP Shamu Sprint SC 2017
56,71L	F 3,55	50 Back	13 2017-10-14 Limpopo Age Group 4
2:08,89L	F 75,73	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
49,24L	F -3,92	50 Back	3 2017-12-01 Limpopo Champs
50,22L	F 0,98	50 Back	6 2018-01-27 LP School Champs 2018
49,30L	F 0,06	50 Back	3 2018-02-17 Limpopo Age Group 7
1:49,35L	F	100 Back	5 2017-12-01 Limpopo Champs
1:47,67L	F -1,68	100 Back	4 2018-01-27 LP School Champs 2018
1:48,49L	F 0,82	100 Back	7 2018-02-17 Limpopo Age Group 7
59,39S	F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
59,70L	F -0,69	50 Breast	6 2017-10-14 Limpopo Age Group 4
55,27L	F -4,43	50 Breast	4 2017-11-04 Limpopo Primary School - Top 10
54,36L	F -0,91	50 Breast	4 2017-12-01 Limpopo Champs
53,21L	F -1,15	50 Breast	3 2018-01-27 LP School Champs 2018
52,71L	F -0,50	50 Breast	2 2018-02-17 Limpopo Age Group 7
2:00,65L	F	100 Breast	3 2017-12-01 Limpopo Champs
1:54,66L	LEV2 F	100 Breast	2 2018-01-27 LP School Champs 2018
56,43S	F	50 Fly	4 2017-08-26 LP Shamu Sprint SC 2017
54,95L	F -2,18	50 Fly	4 2017-10-14 Limpopo Age Group 4
50,48L	F -4,47	50 Fly	4 2017-12-01 Limpopo Champs
52,84L	F 2,36	50 Fly	4 2018-01-27 LP School Champs 2018
53,65L	F 3,17	50 Fly	7 2018-02-17 Limpopo Age Group 7
4:11,46S	F	200 IM	4 2017-08-26 LP Shamu Sprint SC 2017
4:16,78L	F 2,12	200 IM	8 2017-10-14 Limpopo Age Group 4
3:58,76L	DQ F	200 IM	2017-12-01 Limpopo Champs

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Henco Du Toit (7) M (Yr: AN)				TKSS-WBD
33,91S	F	25 Free	6	2017-08-05 Tuks Sprint Gala
1:23,26L	F	50 Free	23	2017-09-09 Limpopo Age Group 3
1:13,35L	F -9,91	50 Free	20	2017-10-14 Limpopo Age Group 4
1:09,76L	F -3,59	50 Free	15	2017-12-01 Limpopo Champs
1:02,87L	F -6,89	50 Free	9	2018-01-27 LP School Champs 2018
2:50,49S	F	100 Free	57	2017-08-05 Tuks Sprint Gala
3:05,32L	F 13,23	100 Free	23	2017-09-09 Limpopo Age Group 3
2:42,75L	F -9,34	100 Free	17	2017-12-01 Limpopo Champs
2:28,27L	F -14,48	100 Free	9	2018-01-27 LP School Champs 2018
30,62S	F	25 Back	6	2017-08-05 Tuks Sprint Gala
1:14,05L	DQ F	50 Back		2017-09-09 Limpopo Age Group 3
1:13,49L	F	50 Back	16	2017-10-14 Limpopo Age Group 4
1:07,00L	F -6,49	50 Back	14	2017-12-01 Limpopo Champs
1:10,54L	F 3,54	50 Back	8	2018-01-27 LP School Champs 2018
2:38,88L	F	100 Back	10	2017-09-09 Limpopo Age Group 3
2:24,84L	F -14,04	100 Back	4	2017-12-01 Limpopo Champs
2:32,41L	DQ F	100 Back		2018-01-27 LP School Champs 2018
49,30S	F	25 Breast	6	2017-08-05 Tuks Sprint Gala
1:52,73L	F	50 Breast	24	2017-09-09 Limpopo Age Group 3
1:49,36L	F -3,37	50 Breast	19	2017-10-14 Limpopo Age Group 4
1:30,27L	F -19,09	50 Breast	15	2017-12-01 Limpopo Champs
1:30,69L	F 0,42	50 Breast	8	2018-01-27 LP School Champs 2018
3:06,23L	F	100 Breast	11	2017-12-01 Limpopo Champs
54,50S	DQ F	25 Fly		2017-08-05 Tuks Sprint Gala
3:20,85S	DQ F	100 IM		2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Lianka Du Toit (9) F (Yr: AR)				TKSS-WBD
49,66S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
44,34L	F -6,12	50 Free	10	2017-10-14 Limpopo Age Group 4
44,37L	F 0,03	50 Free	7	2017-12-01 Limpopo Champs
45,56L	F 1,22	50 Free	10	2018-01-27 LP School Champs 2018
1:54,34S	F	100 Free	39	2017-08-05 Tuks Sprint Gala
1:54,92L	F -1,02	100 Free	15	2017-09-09 Limpopo Age Group 3
1:46,56L	F -8,36	100 Free	8	2017-12-01 Limpopo Champs
4:16,18L	F	200 Free	6	2017-10-14 Limpopo Age Group 4
3:59,72L	F -16,46	200 Free	6	2017-12-01 Limpopo Champs
45,92S	LEV2 F	50 Back	1	2017-08-05 Tuks Sprint Gala
49,54L	F 3,02	50 Back	5	2017-09-09 Limpopo Age Group 3
49,62L	F 3,10	50 Back	3	2017-10-14 Limpopo Age Group 4
47,63L	F 1,11	50 Back	1	2017-12-01 Limpopo Champs
49,29L	F 2,77	50 Back	8	2018-01-27 LP School Champs 2018
1:46,98L	LEV2 F	100 Back	4	2017-09-09 Limpopo Age Group 3
1:41,34L	LEV2 F -5,64	100 Back	1	2017-12-01 Limpopo Champs
1:49,55L	F 8,21	100 Back	3	2018-01-27 LP School Champs 2018
1:47,60L	F 6,26	100 Back	6	2018-02-17 Limpopo Age Group 7
3:49,08L	F	200 Back	2	2017-10-14 Limpopo Age Group 4
3:47,19L	F -1,89	200 Back	3	2017-12-01 Limpopo Champs
3:49,81L	F 2,62	200 Back	2	2018-01-27 LP School Champs 2018
3:52,73L	F 5,54	200 Back	1	2018-02-17 Limpopo Age Group 7
54,62S	F	50 Breast	2	2017-08-05 Tuks Sprint Gala
51,66L	F -3,96	50 Breast	3	2017-09-09 Limpopo Age Group 3
52,90L	F 1,24	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10
51,35L	F -0,31	50 Breast	1	2017-12-01 Limpopo Champs
52,01L	F 0,66	50 Breast	5	2018-01-27 LP School Champs 2018
2:03,76S	F	100 Breast	1	2017-08-05 Tuks Sprint Gala
2:01,19L	F -4,57	100 Breast	4	2017-09-09 Limpopo Age Group 3
1:55,03L	DQ F	100 Breast		2017-12-01 Limpopo Champs
2:01,21L	F 0,02	100 Breast	6	2018-01-27 LP School Champs 2018
2:00,15L	LEV2 F -1,04	100 Breast	2	2018-02-17 Limpopo Age Group 7
4:14,16L	F	200 Breast	1	2017-12-01 Limpopo Champs
4:20,70L	DQ F	200 Breast		2018-01-27 LP School Champs 2018
4:09,34L	LEV2 F -4,82	200 Breast	1	2018-02-17 Limpopo Age Group 7
1:02,32S	F	50 Fly	4	2017-08-05 Tuks Sprint Gala
59,37L	F -3,65	50 Fly	9	2017-10-14 Limpopo Age Group 4
56,81L	DQ F	50 Fly		2017-11-04 Limpopo Primary School - Top 10
51,28L	F -8,09	50 Fly	5	2017-12-01 Limpopo Champs
4:15,52S	F	200 IM	3	2017-08-05 Tuks Sprint Gala
3:57,16L	F -21,56	200 IM	31	2017-12-01 Limpopo Champs
4:07,33L	F 10,17	200 IM	7	2018-01-27 LP School Champs 2018
Mia Du Toit (12) F (Yr: HN)				LSBOS-WBD
55,84L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
1:28,76L	LEV2 F	100 Back	2	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Pieter Du Toit (14) M (Yr: DR)

SS-MPD

Time	P/F/S	Event	Place
31,29S	F	50 Free	7 2017-08-26 LP Shamu Sprint SC 2017
29,62L	LEV2 F -2,47	50 Free	4 2017-10-14 Limpopo Age Group 4
29,50L	LEV2 F -0,12	50 Free	6 2017-12-01 Limpopo Champs
29,59L	F 0,09	50 Free	3 2018-01-27 LP School Champs 2018
1:08,96L	DQ F	100 Free	2017-09-09 Limpopo Age Group 3
1:09,15L	LEV2 F	100 Free	7 2017-12-01 Limpopo Champs
1:05,92L	LEV2 F -3,23	100 Free	5 2018-01-27 LP School Champs 2018
1:03,99L	LEV3 F -1,93	100 Free	4 2018-02-17 Limpopo Age Group 7
2:34,81L	F	200 Free	8 2017-12-01 Limpopo Champs
2:28,92L	LEV2 F -5,89	200 Free	6 2018-01-27 LP School Champs 2018
2:24,47L	LEV2 F -4,45	200 Free	4 2018-02-17 Limpopo Age Group 7
5:41,63L	F	400 Free	4 2017-09-09 Limpopo Age Group 3
24:05,13L	F	1500 Free	10 2017-12-01 Limpopo Champs
35,87S	F	50 Back	5 2017-08-26 LP Shamu Sprint SC 2017
37,36L	F 0,89	50 Back	3 2017-10-14 Limpopo Age Group 4
36,07L	LEV2 F -0,40	50 Back	6 2017-12-01 Limpopo Champs
35,02L	F -1,05	50 Back	3 2018-01-27 LP School Champs 2018
1:27,77L	F	100 Back	6 2017-09-09 Limpopo Age Group 3
1:20,90L	F -6,87	100 Back	7 2017-12-01 Limpopo Champs
1:22,17L	F 1,27	100 Back	6 2018-01-27 LP School Champs 2018
3:03,46L	F	200 Back	9 2017-12-01 Limpopo Champs
42,18S	F	50 Breast	6 2017-08-26 LP Shamu Sprint SC 2017
42,09L	F -1,09	50 Breast	5 2017-10-14 Limpopo Age Group 4
42,45L	F 0,36	50 Breast	6 2017-10-20 Limpopo Top 10 - High Schools
41,81L	F -0,28	50 Breast	8 2017-12-01 Limpopo Champs
43,36L	F 1,55	50 Breast	3 2018-01-27 LP School Champs 2018
1:33,77L	F	100 Breast	6 2017-09-09 Limpopo Age Group 3
1:35,71L	F 1,94	100 Breast	5 2017-10-20 Limpopo Top 10 - High Schools
1:33,07L	F -0,70	100 Breast	9 2017-12-01 Limpopo Champs
3:28,62L	F	200 Breast	6 2017-12-01 Limpopo Champs
31,22S	LEV2 F	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
33,00L	LEV2 F 1,08	50 Fly	1 2017-09-09 Limpopo Age Group 3
31,88L	LEV2 F -0,04	50 Fly	4 2017-10-14 Limpopo Age Group 4
31,52L	LEV2 F -0,36	50 Fly	2 2017-10-20 Limpopo Top 10 - High Schools
31,19L	LEV2 F -0,33	50 Fly	3 2017-12-01 Limpopo Champs
31,15L	LEV2 F -0,04	50 Fly	2 2018-01-27 LP School Champs 2018
31,67L	LEV2 F 0,52	50 Fly	2 2018-02-17 Limpopo Age Group 7
1:14,42L	LEV2 F	100 Fly	2 2017-10-20 Limpopo Top 10 - High Schools
1:11,52L	LEV2 F -2,90	100 Fly	1 2017-12-01 Limpopo Champs
1:10,25L	LEV2 F -1,27	100 Fly	1 2018-01-27 LP School Champs 2018
1:11,84L	LEV2 F 1,59	100 Fly	1 2018-02-17 Limpopo Age Group 7
2:53,70S	F	200 IM	4 2017-08-26 LP Shamu Sprint SC 2017
2:59,14L	F 2,24	200 IM	7 2017-10-14 Limpopo Age Group 4
2:56,36L	F -0,54	200 IM	21 2017-12-01 Limpopo Champs
6:39,56L	F	400 IM	9 2017-12-01 Limpopo Champs

Zelwi Du Toit (15) F (Yr: GR)

ELHS-VBD

NS	F	50 Free	2017-10-20 Limpopo Top 10 - High Schools
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Zoey Du Toit (10) F (Yr: HN)

LSPHA-MPD

38,47L	F	50 Free	4 2017-11-04 Limpopo Primary School - Top 10
1:16,03L	I. F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
38,30L	F -0,17	50 Free	3 2018-01-27 LP School Champs 2018
45,58L	LEV2 F	50 Back	3 2017-11-04 Limpopo Primary School - Top 10
47,54L	F 1,96	50 Back	3 2018-01-27 LP School Champs 2018
58,75L	DQ F	50 Breast	2018-01-27 LP School Champs 2018

Amore Duvenhage (9) F (Yr: HR)

LSTZN-MPD

48,33L	F	50 Free	9 2017-11-04 Limpopo Primary School - Top 10
1:42,26L	I. F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Tammy Dyason (17) F (Yr: GN)					
NS	F	100 Free	2017-10-20	Limpopo Top 10 - High Schools	HSTAN-MPD
Quinten Eksteen (12) M (Yr: FR)					
37,68L	F	50 Free	22	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U	UNAT-LP
37,71L	F 0,03	50 Free	10	2018-01-27 LP School Champs 2018	
1:22,86L	F	100 Free	3	2017-10-28 Eager Sprint Gala	
1:23,29L	F 0,43	100 Free	10	2018-01-27 LP School Champs 2018	
47,59L	F	50 Back	23	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U	
1:33,36L	F 45,77	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10	
44,95L	F -2,64	50 Back	9	2018-01-27 LP School Champs 2018	
1:42,39L	F	100 Back	2	2017-10-28 Eager Sprint Gala	
1:36,60L	F -5,79	100 Back	5	2017-11-04 Limpopo Primary School - Top 10	
1:35,08L	F -1,52	100 Back	8	2018-01-27 LP School Champs 2018	
51,25L	F	50 Breast	20	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U	
51,40L	DQ F	50 Breast		2018-01-27 LP School Champs 2018	
1:53,02L	F	100 Breast	4	2017-10-28 Eager Sprint Gala	
1:53,60L	F 0,58	100 Breast	7	2018-01-27 LP School Champs 2018	
49,15L	F	50 Fly	21	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U	
45,44L	F -3,71	50 Fly	6	2017-11-04 Limpopo Primary School - Top 10	
44,27L	F -1,17	50 Fly	8	2018-01-27 LP School Champs 2018	
2:15,13L	F	100 Fly	3	2017-10-28 Eager Sprint Gala	
1:50,69L	F -24,44	100 Fly	7	2018-01-27 LP School Champs 2018	
3:45,85L	F	200 IM	2	2017-10-28 Eager Sprint Gala	
John Elenis (12) M (Yr: HR)					
35,17L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10	LSBOS-WBD
35,13L	F -0,04	50 Free	7	2018-01-27 LP School Champs 2018	
1:19,74L	F	100 Free	4	2017-11-04 Limpopo Primary School - Top 10	
1:20,56L	F 0,82	100 Free	8	2018-01-27 LP School Champs 2018	
2:55,42L	F	200 Free	5	2018-01-27 LP School Champs 2018	
47,14L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10	
45,56L	F -1,58	50 Breast	4	2018-01-27 LP School Champs 2018	
1:49,01L	F	100 Breast	4	2017-11-04 Limpopo Primary School - Top 10	
1:42,24L	F -6,77	100 Breast	5	2018-01-27 LP School Champs 2018	
3:42,29L	F	200 Breast	3	2018-01-27 LP School Champs 2018	
40,66L	F	50 Fly	5	2018-01-27 LP School Champs 2018	
1:41,45L	F	100 Fly	6	2018-01-27 LP School Champs 2018	
Yanula Elenis (8) F (Yr: HN)					
1:10,79L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10	LSBOS-WBD
Zoey Elenis (11) F (Yr: HN)					
41,66L	F	50 Free	5	2018-01-27 LP School Champs 2018	LSBOS-WBD
1:40,18L	F	100 Free	8	2018-01-27 LP School Champs 2018	
51,06L	F	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10	
51,66L	F 0,60	50 Breast	3	2018-01-27 LP School Champs 2018	
1:57,20L	F	100 Breast	4	2018-01-27 LP School Champs 2018	
4:25,30L	F	200 Breast	2	2018-01-27 LP School Champs 2018	
44,24L	LEV2 F	50 Fly	4	2017-11-04 Limpopo Primary School - Top 10	
51,26L	F 7,02	50 Fly	6	2018-01-27 LP School Champs 2018	
1:56,78L	F	100 Fly	3	2018-01-27 LP School Champs 2018	
3:58,62L	F	200 IM	6	2018-01-27 LP School Champs 2018	
Jacques-Louis Els (16) M (Yr: GN)					
50,63L	F	50 Breast	8	2017-10-20 Limpopo Top 10 - High Schools	HFDT-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Yoalise Els (6) F (Yr: DN)							
35,91S	F	25 Free	5	2017-08-26	LP Shamu Sprint SC 2017		EAGA-CCD
1:21,62L	F	50 Free	23	2017-09-09	Limpopo Age Group 3		
1:10,67L	F -10,95	50 Free	14	2017-12-01	Limpopo Champs		
31,68S	F	25 Back	4	2017-08-26	LP Shamu Sprint SC 2017		
1:10,44L	F	50 Back	19	2017-09-09	Limpopo Age Group 3		
1:07,24L	F -3,20	50 Back	13	2017-12-01	Limpopo Champs		
42,92S	F	25 Breast	4	2017-08-26	LP Shamu Sprint SC 2017		
1:45,05L	F	50 Breast	22	2017-09-09	Limpopo Age Group 3		
Gert Emmenes (7) M (Yr: BN)							
49,44L	F	50 Free	13	2017-09-09	Limpopo Age Group 3		TKSS-WBD
47,24L	F -2,20	50 Free	12	2017-10-14	Limpopo Age Group 4		
43,28L	F -3,96	50 Free	4	2017-11-04	Limpopo Primary School - Top 10		
44,90L	F 1,62	50 Free	13	2017-11-11	Limpopo Age Group 5		
43,82L	F 0,54	50 Free	5	2017-12-01	Limpopo Champs		
44,79L	F 1,51	50 Free	4	2018-01-27	LP School Champs 2018		
1:56,67L	F	100 Free	19	2017-09-09	Limpopo Age Group 3		
1:45,56L	F -11,11	100 Free	14	2017-11-11	Limpopo Age Group 5		
1:41,40L	F -4,16	100 Free	4	2017-12-01	Limpopo Champs		
1:42,73L	F 1,33	100 Free	4	2018-01-27	LP School Champs 2018		
1:58,06L	F	448 Free Relay Lead Off		2017-12-01	Limpopo Champs		
1:04,72L	F	50 Back	16	2017-09-09	Limpopo Age Group 3		
1:02,92L	F -1,80	50 Back	15	2017-10-14	Limpopo Age Group 4		
55,83L	F -7,09	50 Back	11	2017-11-11	Limpopo Age Group 5		
54,28L	F -1,55	50 Back	6	2017-12-01	Limpopo Champs		
55,87L	F 1,59	50 Back	7	2018-01-27	LP School Champs 2018		
2:01,36L	F	100 Back	11	2017-11-11	Limpopo Age Group 5		
2:00,66L	DQ	100 Back		2017-12-01	Limpopo Champs		
1:55,05L	F -6,31	100 Back	4	2018-01-27	LP School Champs 2018		
1:18,80L	F	50 Breast	22	2017-09-09	Limpopo Age Group 3		
1:24,34L	F 5,54	50 Breast	18	2017-10-14	Limpopo Age Group 4		
1:11,38L	F -7,42	50 Breast	15	2017-11-11	Limpopo Age Group 5		
1:08,48L	F -2,90	50 Breast	12	2017-12-01	Limpopo Champs		
1:10,15L	F 1,67	50 Breast	7	2018-01-27	LP School Champs 2018		
1:03,16L	F	50 Fly	4	2018-01-27	LP School Champs 2018		
4:40,77L	F	200 IM	6	2017-12-01	Limpopo Champs		
Cecilia Engelbrecht (18) F (Yr: GR)							
46,07L	F	50 Breast	4	2017-10-20	Limpopo Top 10 - High Schools		HPP-WBD
1:48,73L	F	100 Breast	5	2017-10-20	Limpopo Top 10 - High Schools		
Jean-re Engelbrecht (15) M							
NS	F	50 Free		2018-01-27	LP School Champs 2018		PHS-CCD
NS	F	100 Free		2018-01-27	LP School Champs 2018		
NS	F	50 Back		2018-01-27	LP School Champs 2018		
Theani Erasmus (12) F (Yr: HR)							
37,87L	F	50 Free	6	2017-11-04	Limpopo Primary School - Top 10		LSPHA-MPD
1:13,70L	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
2:00,04L	F	100 Breast	6	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Tristan Erasmus (12) M (Yr: CR)			
ELRAS-WBD			
39,01L	F 0,03	50 Free	4 2017-11-11 Limpopo Age Group 5
37,00L	F -1,98	50 Free	8 2017-12-01 Limpopo Champs
38,42L	F 1,42	50 Free	11 2018-01-27 LP School Champs 2018
1:28,34L	F	100 Free	4 2017-09-09 Limpopo Age Group 3
1:28,06L	F 2,31	100 Free	6 2017-11-11 Limpopo Age Group 5
1:25,16L	F -0,59	100 Free	7 2017-12-01 Limpopo Champs
1:23,86L	F -1,30	100 Free	11 2018-01-27 LP School Champs 2018
3:02,76L	F	200 Free	6 2017-12-01 Limpopo Champs
6:28,64L	F	400 Free	2 2017-09-09 Limpopo Age Group 3
6:19,95L	F -8,69	400 Free	12 2017-12-01 Limpopo Champs
45,41L	F -1,41	50 Back	8 2017-12-01 Limpopo Champs
44,90L	F -0,51	50 Back	8 2018-01-27 LP School Champs 2018
1:43,78L	F	100 Back	3 2017-09-09 Limpopo Age Group 3
1:40,72L	F 0,96	100 Back	3 2017-11-11 Limpopo Age Group 5
1:40,75L	F 0,99	100 Back	8 2017-12-01 Limpopo Champs
52,05L	F 2,92	50 Breast	7 2017-11-04 Limpopo Primary School - Top 10
54,49L	F 5,36	50 Breast	9 2017-12-01 Limpopo Champs
54,14L	F 5,01	50 Breast	10 2018-01-27 LP School Champs 2018
1:55,40L	F	100 Breast	4 2017-09-09 Limpopo Age Group 3
2:00,31L	F 5,77	100 Breast	7 2017-11-04 Limpopo Primary School - Top 10
1:58,45L	F 3,91	100 Breast	4 2017-11-11 Limpopo Age Group 5
1:57,57L	F 3,03	100 Breast	8 2017-12-01 Limpopo Champs
2:00,22L	F 5,68	100 Breast	9 2018-01-27 LP School Champs 2018
49,63L	F 2,86	50 Fly	8 2017-12-01 Limpopo Champs
47,39L	F 0,62	50 Fly	10 2018-01-27 LP School Champs 2018
2:06,61L	F	100 Fly	2 2017-11-11 Limpopo Age Group 5
2:03,21L	F -3,40	100 Fly	5 2017-12-01 Limpopo Champs
1:57,22L	F -5,99	100 Fly	8 2018-01-27 LP School Champs 2018
4:28,97L	DQ F	200 Fly	2017-09-09 Limpopo Age Group 3
Raylen Espag (8) M (Yr: CN)			
ELRAS-WBD			
44,86L	F	50 Free	11 2017-07-29 Limpopo Age Group 2
45,14S	F 1,08	50 Free	3 2017-08-05 Tuks Sprint Gala
48,73L	F 3,87	50 Free	12 2017-09-09 Limpopo Age Group 3
40,99L	F -3,87	50 Free	9 2017-12-01 Limpopo Champs
43,86L	F 2,87	50 Free	10 2018-01-27 LP School Champs 2018
1:46,94S	F	100 Free	46 2017-08-05 Tuks Sprint Gala
1:52,51L	F 3,97	100 Free	17 2017-09-09 Limpopo Age Group 3
1:35,25L	F -10,14	100 Free	8 2017-12-01 Limpopo Champs
1:39,88L	F 4,63	100 Free	8 2018-01-27 LP School Champs 2018
NS	F	200 Free	2017-12-01 Limpopo Champs
1:09,48L	F	50 Back	18 2017-09-09 Limpopo Age Group 3
57,61L	F -11,87	50 Back	11 2017-12-01 Limpopo Champs
2:07,80L	F	100 Back	10 2017-12-01 Limpopo Champs
2:05,70L	F -2,10	100 Back	6 2018-01-27 LP School Champs 2018
1:14,43L	DQ F	50 Breast	2017-07-29 Limpopo Age Group 2
1:04,62S	DQ F	50 Breast	2017-08-05 Tuks Sprint Gala
1:15,11L	F	50 Breast	21 2017-09-09 Limpopo Age Group 3
59,11L	F	50 Fly	6 2017-07-29 Limpopo Age Group 2
57,60S	F -0,81	50 Fly	3 2017-08-05 Tuks Sprint Gala
59,91L	DQ F	50 Fly	2017-09-09 Limpopo Age Group 3
51,31L	F -6,99	50 Fly	5 2017-12-01 Limpopo Champs
51,59L	F 0,28	50 Fly	6 2018-01-27 LP School Champs 2018
1:59,87L	F	100 Fly	3 2017-12-01 Limpopo Champs
2:06,43L	F 6,56	100 Fly	2 2018-01-27 LP School Champs 2018
DQ	F	200 IM	2017-07-29 Limpopo Age Group 2
4:36,52S	F	200 IM	4 2017-08-05 Tuks Sprint Gala
4:33,81L	F -5,91	200 IM	7 2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Dean Fernandes (17) M (Yr: GN)							
46,18L	F	50 Breast	7	2017-10-20	Limpopo Top 10 - High Schools		HMER-MPD
1:47,52L	F	100 Breast	6	2017-10-20	Limpopo Top 10 - High Schools		
Dino Fernandes (11) M (Yr: AN)							
46,50S	F	50 Free	8	2017-08-05	Tuks Sprint Gala		LOTTA-WBD
46,32L	F -0,98	50 Free	16	2017-12-01	Limpopo Champs		
1:54,98S	F	100 Free	52	2017-08-05	Tuks Sprint Gala		
1:47,16L	F -9,42	100 Free	17	2017-12-01	Limpopo Champs		
3:48,60L	F	200 Free	13	2017-12-01	Limpopo Champs		
57,77S	F	50 Back	8	2017-08-05	Tuks Sprint Gala		
59,00L	F 0,63	50 Back	18	2017-12-01	Limpopo Champs		
2:01,63L	F	100 Back	17	2017-12-01	Limpopo Champs		
1:12,09S	DQ F	50 Fly		2017-08-05	Tuks Sprint Gala		
Donillo Fernandes (9) M (Yr: AN)							
1:03,30S	F	50 Free	10	2017-08-05	Tuks Sprint Gala		LOTTA-WBD
1:01,61L	F -2,49	50 Free	15	2017-12-01	Limpopo Champs		
2:21,07L	F	100 Free	15	2017-12-01	Limpopo Champs		
1:11,78S	F	50 Back	10	2017-08-05	Tuks Sprint Gala		
1:06,56L	F -5,82	50 Back	14	2017-12-01	Limpopo Champs		
2:18,56L	F	100 Back	11	2017-12-01	Limpopo Champs		
Katelyn Ferns (6) F (Yr: DN)							
26,37S	F	25 Free	1	2017-08-05	Tuks Sprint Gala		EAGAB-CCD
25,98S	F -0,39	25 Free	1	2017-08-26	LP Shamu Sprint SC 2017		
1:04,50L	F	50 Free	21	2017-09-09	Limpopo Age Group 3		
1:04,02L	F -0,48	50 Free	15	2017-10-14	Limpopo Age Group 4		
58,54L	F -5,48	50 Free	4	2017-10-28	Eager Sprint Gala		
1:01,19L	F 2,65	50 Free	3	2018-01-27	LP School Champs 2018		
27,00S	F	25 Back	1	2017-08-05	Tuks Sprint Gala		
27,82S	F 0,82	25 Back	1	2017-08-26	LP Shamu Sprint SC 2017		
1:08,10L	F	50 Back	17	2017-09-09	Limpopo Age Group 3		
1:01,05L	F -7,05	50 Back	15	2017-10-14	Limpopo Age Group 4		
59,31L	F -1,74	50 Back	2	2017-10-28	Eager Sprint Gala		
1:00,82L	F 1,51	50 Back	1	2018-01-27	LP School Champs 2018		
39,92S	F	25 Breast	3	2017-08-05	Tuks Sprint Gala		
37,36S	F -2,56	25 Breast	2	2017-08-26	LP Shamu Sprint SC 2017		
1:16,31L	F	50 Breast	20	2017-09-09	Limpopo Age Group 3		
1:12,08L	F -4,23	50 Breast	13	2017-10-14	Limpopo Age Group 4		
1:16,36L	F 4,28	50 Breast	4	2017-10-28	Eager Sprint Gala		
1:10,23L	F -1,85	50 Breast	1	2018-01-27	LP School Champs 2018		
43,24S	F	25 Fly	3	2017-08-05	Tuks Sprint Gala		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Christo Ferreira (11) M (Yr: AR)			
43,83L	F	50 Free	2 2017-06-24 Limpopo Age Group 1
37,94L	F -5,89	50 Free	7 2017-07-29 Limpopo Age Group 2
39,33S	F 2,19	50 Free	5 2017-08-05 Tuks Sprint Gala
39,35S	F 2,21	50 Free	6 2017-08-26 LP Shamu Sprint SC 2017
39,96L	F 2,02	50 Free	8 2017-09-09 Limpopo Age Group 3
39,08L	F 1,14	50 Free	6 2017-10-14 Limpopo Age Group 4
1:14,77L I.	F 36,83	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
38,45L	F 0,51	50 Free	6 2017-11-11 Limpopo Age Group 5
38,03L	F 0,09	50 Free	11 2017-12-01 Limpopo Champs
38,24L	F 0,30	50 Free	8 2018-01-27 LP School Champs 2018
1:41,45L	F	100 Free	3 2017-06-24 Limpopo Age Group 1
1:29,04S	F -10,81	100 Free	33 2017-08-05 Tuks Sprint Gala
1:31,07L	F 0,43	100 Free	8 2017-09-09 Limpopo Age Group 3
1:30,56L	F -0,08	100 Free	14 2017-12-01 Limpopo Champs
1:34,39L	F 3,83	100 Free	10 2018-01-27 LP School Champs 2018
3:19,24L	F	200 Free	9 2017-12-01 Limpopo Champs
3:21,10L	F 1,86	200 Free	6 2018-01-27 LP School Champs 2018
47,33L	F	50 Back	2 2017-06-24 Limpopo Age Group 1
44,66L LEV2	F -2,67	50 Back	3 2017-07-29 Limpopo Age Group 2
42,20S LEV2	F -1,86	50 Back	3 2017-08-05 Tuks Sprint Gala
45,67S	F 3,47	50 Back	8 2017-08-26 LP Shamu Sprint SC 2017
45,07L	F 2,27	50 Back	4 2017-09-09 Limpopo Age Group 3
46,27L	F 3,47	50 Back	4 2017-10-14 Limpopo Age Group 4
41,97L LEV2	F -0,83	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
1:28,48L I.	F 45,68	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
43,64L LEV2	F 1,67	50 Back	1 2017-11-11 Limpopo Age Group 5
43,98L LEV2	F 2,01	50 Back	6 2017-12-01 Limpopo Champs
41,78L	F -0,19	50 Back	2 2018-01-27 LP School Champs 2018
1:49,00L	F	100 Back	3 2017-06-24 Limpopo Age Group 1
1:37,79S	F -10,01	100 Back	4 2017-08-05 Tuks Sprint Gala
1:42,12L	F 3,13	100 Back	6 2017-09-09 Limpopo Age Group 3
1:38,36L	F -0,63	100 Back	3 2017-11-04 Limpopo Primary School - Top 10
1:42,23L	F 3,87	100 Back	6 2017-11-11 Limpopo Age Group 5
1:32,82L LEV2	F -5,54	100 Back	8 2017-12-01 Limpopo Champs
1:40,51L	F 7,69	100 Back	7 2018-01-27 LP School Champs 2018
3:37,68L	F	200 Back	6 2017-12-01 Limpopo Champs
3:30,08L	F -7,60	200 Back	5 2018-01-27 LP School Champs 2018
1:00,85L	F	50 Breast	3 2017-07-29 Limpopo Age Group 2
1:00,65S	F 0,80	50 Breast	9 2017-08-26 LP Shamu Sprint SC 2017
57,51L	F -3,34	50 Breast	5 2017-10-14 Limpopo Age Group 4
56,66L	F -0,85	50 Breast	5 2017-11-11 Limpopo Age Group 5
58,63L	F 1,97	50 Breast	16 2017-12-01 Limpopo Champs
2:08,21S	F	100 Breast	4 2017-08-05 Tuks Sprint Gala
2:08,20L	F -2,01	100 Breast	14 2017-12-01 Limpopo Champs
57,60S	F	50 Fly	7 2017-08-26 LP Shamu Sprint SC 2017
55,32L	F -2,98	50 Fly	8 2017-09-09 Limpopo Age Group 3
54,85L	F -0,47	50 Fly	7 2017-10-14 Limpopo Age Group 4
54,06L	F -0,79	50 Fly	4 2017-11-11 Limpopo Age Group 5
56,41L	F 2,35	50 Fly	12 2017-12-01 Limpopo Champs
53,76L	F -0,30	50 Fly	7 2018-01-27 LP School Champs 2018
3:45,75S	F	200 IM	5 2017-08-05 Tuks Sprint Gala
4:05,77S	F 20,02	200 IM	7 2017-08-26 LP Shamu Sprint SC 2017
3:59,92L	F 10,97	200 IM	5 2017-10-14 Limpopo Age Group 4
3:54,94L	F 5,99	200 IM	35 2017-12-01 Limpopo Champs
3:43,18L	F -5,77	200 IM	7 2018-01-27 LP School Champs 2018

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ciska Ferreira (9) F (Yr: AN)				SS-MPD
53,87L	F	50 Free	13	2017-07-29 Limpopo Age Group 2
NS	F	50 Free		2017-08-05 Tuks Sprint Gala
54,08S	F 1,01	50 Free	6	2017-08-26 LP Shamu Sprint SC 2017
55,43L	F 1,56	50 Free	17	2017-09-09 Limpopo Age Group 3
DQ	F	50 Free		2017-10-14 Limpopo Age Group 4
52,65L	F -1,22	50 Free	10	2017-12-01 Limpopo Champs
51,33L	F -1,32	50 Free	11	2018-01-27 LP School Champs 2018
2:03,38L	F	100 Free	10	2018-01-27 LP School Champs 2018
58,92S	DQ F	50 Back		2017-08-05 Tuks Sprint Gala
55,57S	F	50 Back	6	2017-08-26 LP Shamu Sprint SC 2017
59,95L	DQ F	50 Back		2017-09-09 Limpopo Age Group 3
56,36L	F 0,19	50 Back	12	2017-10-14 Limpopo Age Group 4
56,53L	F 0,36	50 Back	9	2017-12-01 Limpopo Champs
57,01L	F 0,84	50 Back	11	2018-01-27 LP School Champs 2018
X 1:09,28L	DQ F	50 Breast		2017-07-29 Limpopo Age Group 2
1:07,14S	DQ F	50 Breast		2017-08-05 Tuks Sprint Gala
1:09,84S	F	50 Breast	6	2017-08-26 LP Shamu Sprint SC 2017
1:07,33L	F -3,51	50 Breast	17	2017-09-09 Limpopo Age Group 3
1:10,35L	F 3,02	50 Breast	12	2017-10-14 Limpopo Age Group 4
1:06,97L	F -0,36	50 Breast	10	2017-12-01 Limpopo Champs
1:08,24L	F 1,27	50 Breast	10	2018-01-27 LP School Champs 2018
2:26,82L	F	100 Breast	8	2017-12-01 Limpopo Champs
2:31,43L	F 4,61	100 Breast	9	2018-01-27 LP School Champs 2018
Francisco Ferreira (14) M (Yr: GR)				HWBAD-WBD
43,19L	F	50 Free	8	2017-10-20 Limpopo Top 10 - High Schools
1:57,00L	F	100 Free	6	2017-10-20 Limpopo Top 10 - High Schools
Lee Anne Fevrier (13) F (Yr: HN)				LSPN-MPD
38,69L	LEV2 F	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
47,28L	F	50 Fly	9	2017-11-04 Limpopo Primary School - Top 10
3:57,22L	F	200 IM	9	2017-11-04 Limpopo Primary School - Top 10
Liné Fourie (17) F (Yr: GN)				HMER-MPD
34,49L	F	50 Free	6	2017-10-20 Limpopo Top 10 - High Schools
1:18,49L	F	100 Free	5	2017-10-20 Limpopo Top 10 - High Schools
39,89L	F	50 Fly	5	2017-10-20 Limpopo Top 10 - High Schools
Zanica Fourie (12) F (Yr: HN)				LSPN-MPD
42,93L	F	50 Free	7	2017-11-04 Limpopo Primary School - Top 10
1:11,50L	F	50 Breast	10	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Zaria Fourie (12) F (Yr: AR)			
35,79L	F	50 Free	3 2017-07-29 Limpopo Age Group 2
39,38S	F 4,39	50 Free	7 2017-08-05 Tuks Sprint Gala
37,45L	F 1,66	50 Free	17 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
35,22L	F -0,57	50 Free	7 2017-12-01 Limpopo Champs
34,99L	F -0,23	50 Free	11 2018-01-27 LP School Champs 2018
35,65L	F 0,66	50 Free	7 2018-02-17 Limpopo Age Group 7
1:30,90S	F	100 Free	25 2017-08-05 Tuks Sprint Gala
1:24,63L	F -7,87	100 Free	7 2017-09-09 Limpopo Age Group 3
1:26,16L	F 1,53	100 Free	2 2017-11-11 Limpopo Age Group 5
1:19,79L	LEV2 F -4,84	100 Free	6 2017-12-01 Limpopo Champs
1:20,93L	F 1,14	100 Free	7 2018-01-27 LP School Champs 2018
3:01,84L	LEV2 F	200 Free	6 2017-12-01 Limpopo Champs
42,84L	F	50 Back	3 2017-07-29 Limpopo Age Group 2
42,00S	LEV2 F -0,24	50 Back	3 2017-08-05 Tuks Sprint Gala
43,14L	F 0,54	50 Back	10 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
42,41L	LEV2 F -0,19	50 Back	1 2017-11-11 Limpopo Age Group 5
40,79L	LEV2 F -1,62	50 Back	4 2017-12-01 Limpopo Champs
41,04L	LEV2 F 0,25	50 Back	6 2018-01-27 LP School Champs 2018
40,58L	LEV2 F -0,21	50 Back	3 2018-02-17 Limpopo Age Group 7
1:37,73S	F	100 Back	7 2017-08-05 Tuks Sprint Gala
1:36,33L	F -2,60	100 Back	3 2017-09-09 Limpopo Age Group 3
1:28,91L	LEV2 F -7,42	100 Back	3 2017-11-04 Limpopo Primary School - Top 10
1:41,94L	F 13,03	100 Back	1 2017-11-11 Limpopo Age Group 5
1:32,12L	LEV2 F 3,21	100 Back	3 2017-12-01 Limpopo Champs
1:30,61L	LEV2 F 1,70	100 Back	4 2018-01-27 LP School Champs 2018
1:31,99L	LEV2 F 3,08	100 Back	5 2018-02-17 Limpopo Age Group 7
3:19,60L	LEV2 F	200 Back	5 2017-12-01 Limpopo Champs
49,86L	F	50 Breast	1 2017-07-29 Limpopo Age Group 2
49,24S	F 0,38	50 Breast	5 2017-08-05 Tuks Sprint Gala
48,94L	F -0,92	50 Breast	1 2017-09-09 Limpopo Age Group 3
49,19L	F 0,25	50 Breast	17 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
50,55L	F 1,61	50 Breast	8 2017-12-01 Limpopo Champs
49,00L	F 0,06	50 Breast	8 2018-01-27 LP School Champs 2018
2:03,89S	F	100 Breast	5 2017-08-05 Tuks Sprint Gala
1:48,35L	F -17,54	100 Breast	2 2017-09-09 Limpopo Age Group 3
1:57,30L	F 8,95	100 Breast	2 2017-11-11 Limpopo Age Group 5
1:50,62L	DQ F	100 Breast	2017-12-01 Limpopo Champs
1:50,07L	F 1,72	100 Breast	7 2018-01-27 LP School Champs 2018
3:50,74L	F	200 Breast	4 2017-12-01 Limpopo Champs
54,57L	F	50 Fly	4 2017-07-29 Limpopo Age Group 2
50,11S	F -3,76	50 Fly	6 2017-08-05 Tuks Sprint Gala
47,30L	F -3,51	50 Fly	2 2017-09-09 Limpopo Age Group 3
46,72L	F -0,58	50 Fly	13 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
43,95L	F -2,77	50 Fly	2 2017-11-11 Limpopo Age Group 5
43,72L	F -0,23	50 Fly	7 2017-12-01 Limpopo Champs
42,80L	F -0,92	50 Fly	7 2018-01-27 LP School Champs 2018
1:51,74L	F	100 Fly	3 2017-12-01 Limpopo Champs
3:39,70L	LEV2 F	200 IM	5 2017-07-29 Limpopo Age Group 2
3:49,61S	F 13,11	200 IM	5 2017-08-05 Tuks Sprint Gala
3:15,90L	LEV2 F -23,80	200 IM	10 2017-12-01 Limpopo Champs
3:12,28L	LEV2 F -3,62	200 IM	3 2018-01-27 LP School Champs 2018
3:26,47L	LEV2 F 14,19	200 IM	2 2018-02-17 Limpopo Age Group 7
Craig Freestone (10) M			
55,58L	F	50 Back	7 2017-10-28 Eager Sprint Gala
1:09,84L	F	50 Fly	5 2017-10-28 Eager Sprint Gala

TKS-SKD

EAGAB-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Leané Friis (9) F								
45,33L	F	50 Free	4	2018-01-27	LP School Champs 2018			LSJM-SKD
55,13L	DQ F	50 Back		2018-01-27	LP School Champs 2018			
58,82L	F	50 Breast	4	2018-01-27	LP School Champs 2018			
Luné Fritz (14) F (Yr: GN)								
45,12L	F	50 Back	7	2017-10-20	Limpopo Top 10 - High Schools			HMER-MPD
1:51,01L	F	100 Back	6	2017-10-20	Limpopo Top 10 - High Schools			
Antoinette Fuchs (15) F (Yr: GR)								
1:12,97L	LEV2 F	100 Free	2	2017-10-20	Limpopo Top 10 - High Schools			PHS-CCD
35,91L	LEV2 F	50 Back	1	2017-10-20	Limpopo Top 10 - High Schools			
NS	F	50 Fly		2017-10-20	Limpopo Top 10 - High Schools			
Musa Furumele (11) F								
2:32,44L	I. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			MITCH-CCD
Zoe Galloway (12) F (Yr: HR)								
57,21L	F	50 Breast	9	2017-11-04	Limpopo Primary School - Top 10			LPTBO-CCD
2:16,56L	DQ F	100 Breast		2017-11-04	Limpopo Primary School - Top 10			
Dian Geerkens (16) M (Yr: HN)								
44,26L	DQ F	50 Breast		2017-10-20	Limpopo Top 10 - High Schools			PHS-CCD
Elmé Genis (17) F (Yr: GR)								
37,45L	F	50 Back	2	2018-01-27	LP School Champs 2018			HBV-MPD
39,52L	LEV2 F	50 Back	2	2018-02-17	Limpopo Age Group 7			
1:22,53L	F	100 Back	1	2018-01-27	LP School Champs 2018			
1:27,84L	F	100 Back	1	2018-02-17	Limpopo Age Group 7			
3:05,85L	F	200 Back	2	2018-01-27	LP School Champs 2018			
36,54L	LEV2 F	50 Breast	1	2017-10-20	Limpopo Top 10 - High Schools			
38,16L	F	50 Breast	1	2018-01-27	LP School Champs 2018			
42,22L	LEV2 F	50 Breast	4	2018-02-17	Limpopo Age Group 7			
1:28,18L	LEV2 F	100 Breast	1	2017-10-20	Limpopo Top 10 - High Schools			
1:28,91L	F	100 Breast	1	2018-01-27	LP School Champs 2018			
1:34,09L	LEV2 F	100 Breast	3	2018-02-17	Limpopo Age Group 7			
3:16,93L	F	200 Breast	1	2018-01-27	LP School Champs 2018			
3:23,87L	LEV2 F	200 Breast	2	2018-02-17	Limpopo Age Group 7			
Mandie Gericke (14) F (Yr: GN)								
49,51L	F	50 Back	8	2017-10-20	Limpopo Top 10 - High Schools			HFDT-MPD
Joné Geyer (15) F (Yr: GN)								
1:21,31L	F	100 Free	6	2017-10-20	Limpopo Top 10 - High Schools			HMER-MPD
NS	F	50 Fly		2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Dario Geysler (17) M (Yr: AR)				ELRAS-WBD
25,09L	P	50 Free	2	2017-07-03 Sasol National Championship 2017
25,11L	F	50 Free	2	2017-07-03 Sasol National Championship 2017
24,32S	F 0,03	50 Free	1	2017-08-05 Tuks Sprint Gala
24,12S	P -0,17	50 Free	16	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
55,55L	SANJ F	100 Free	2	2017-07-03 Sasol National Championship 2017
53,21S	SANJ F -0,74	100 Free	1	2017-08-05 Tuks Sprint Gala
52,51S	SANJ P -0,70	100 Free	15	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
53,12S	SANJ S -0,09	100 Free	15	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
56,64L	LEV3 F 2,53	100 Free	2	2017-09-09 Limpopo Age Group 3
2:08,28L	LEV3 F	200 Free	1	2017-07-29 Limpopo Age Group 2
27,94S	F	50 Back	1	2017-08-05 Tuks Sprint Gala
28,26S	P 0,32	50 Back	27	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
1:03,03S	LEV3 F	100 Back	1	2017-08-05 Tuks Sprint Gala
1:02,62S	LEV3 P -0,41	100 Back	43	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:38,06L	F	200 Back	2	2017-07-29 Limpopo Age Group 2
33,11S	F	50 Breast	2	2017-08-05 Tuks Sprint Gala
1:18,66L	LEV3 P	100 Breast	10	2017-07-03 Sasol National Championship 2017
1:20,62L	F	100 Breast	10	2017-07-03 Sasol National Championship 2017
1:14,35S	LEV3 F -2,31	100 Breast	2	2017-08-05 Tuks Sprint Gala
25,85S	F	50 Fly	1	2017-08-05 Tuks Sprint Gala
25,16S	S -0,69	50 Fly	5	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
25,17S	F -0,68	50 Fly	4	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
25,18S	P -0,67	50 Fly	4	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
57,97L	SANJ F	100 Fly	1	2017-07-03 Sasol National Championship 2017
57,55S	SANJ F 0,98	100 Fly	1	2017-08-05 Tuks Sprint Gala
56,56S	SANJ P -0,01	100 Fly	7	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
57,12S	SANJ S 0,55	100 Fly	10	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
1:01,62S	P	100 IM	34	2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:26,58L	LEV3 F	200 IM	1	2017-07-29 Limpopo Age Group 2
2:19,44S	LEV3 F -3,94	200 IM	1	2017-08-05 Tuks Sprint Gala
Johané Geysler (13) F (Yr: HN)				LSJM-SKD
46,26L	F	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
1:41,71L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Marushka Geysler (14) F (Yr: AR)				ELRAS-WBD
33,00L	LEV2 F	50 Free	1	2017-06-24 Limpopo Age Group 1
33,18L	LEV2 P 0,18	50 Free	11	2017-07-03 Sasol National Championship 2017
31,87S	LEV2 F -0,33	50 Free	1	2017-08-05 Tuks Sprint Gala
1:12,10L	LEV2 F	100 Free	8	2017-07-03 Sasol National Championship 2017
1:07,49S	LEV3 F -3,01	100 Free	5	2017-08-05 Tuks Sprint Gala
2:34,26L	LEV2 F	200 Free	1	2017-07-29 Limpopo Age Group 2
5:24,67L	F	400 Free	1	2017-09-09 Limpopo Age Group 3
11:24,68L	F	800 Free	1	2017-09-09 Limpopo Age Group 3
38,43L	LEV2 F	50 Back	1	2017-06-24 Limpopo Age Group 1
35,75S	LEV2 F -2,08	50 Back	1	2017-08-05 Tuks Sprint Gala
1:21,31L	LEV2 F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:22,02S	LEV2 F 1,91	100 Back	2	2017-08-05 Tuks Sprint Gala
2:58,49L	LEV2 P	200 Back	6	2017-07-03 Sasol National Championship 2017
3:00,18L	LEV2 F	200 Back	7	2017-07-03 Sasol National Championship 2017
2:55,60L	LEV2 F -2,89	200 Back	1	2017-07-29 Limpopo Age Group 2
38,11L	F	50 Fly	1	2017-06-24 Limpopo Age Group 1
36,54S	LEV2 F -0,87	50 Fly	3	2017-08-05 Tuks Sprint Gala
1:33,33L	F	100 Fly	6	2017-07-03 Sasol National Championship 2017
1:28,39S	F -3,54	100 Fly	1	2017-08-05 Tuks Sprint Gala
1:25,74S	F -2,65	100 Fly	9	2017-08-19 Small Districts Championship Gala 2017
2:58,56L	LEV2 F	200 IM	1	2017-07-29 Limpopo Age Group 2
Chelsey Gibson (16) F (Yr: GR)				HMER-MPD
44,49L	F	50 Back	6	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruben Glover (13) M (Yr: AR)				TKSS-WBD
31,44L	LEV2 P	50 Free	8	2017-07-03 Sasol National Championship 2017
31,67L	LEV2 F	50 Free	9	2017-07-03 Sasol National Championship 2017
30,90S	LEV2 F 0,26	50 Free	2	2017-08-05 Tuks Sprint Gala
31,19L	LEV2 F -0,25	50 Free	2	2017-11-04 Limpopo Primary School - Top 10
30,56L	LEV2 F -0,63	50 Free	2	2017-12-01 Limpopo Champs
1:04,02L I.	F 32,83	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:07,87L	LEV3 F	100 Free	7	2017-07-03 Sasol National Championship 2017
1:06,04S	LEV3 F -0,23	100 Free	10	2017-08-05 Tuks Sprint Gala
1:08,25L	LEV3 F 0,61	100 Free	2	2017-09-09 Limpopo Age Group 3
1:08,13L	LEV3 F 0,49	100 Free	2	2017-11-11 Limpopo Age Group 5
1:06,61L	LEV3 F -1,03	100 Free	3	2017-12-01 Limpopo Champs
1:07,16L	LEV2 F 0,55	100 Free	1	2018-01-27 LP School Champs 2018
2:28,93L	LEV3 P	200 Free	6	2017-07-03 Sasol National Championship 2017
2:30,57L	LEV3 F	200 Free	6	2017-07-03 Sasol National Championship 2017
2:29,31L	LEV3 F 0,38	200 Free	2	2017-10-14 Limpopo Age Group 4
2:23,51L	LEV3 F -5,42	200 Free	2	2017-12-01 Limpopo Champs
2:25,09L	LEV2 F 1,58	200 Free	1	2018-01-27 LP School Champs 2018
2:26,37L	LEV3 F 2,86	200 Free	1	2018-02-17 Limpopo Age Group 7
5:13,62L	LEV3 F	400 Free	26	2017-07-03 Sasol National Championship 2017
5:08,61L	LEV3 F -5,01	400 Free	1	2017-09-09 Limpopo Age Group 3
5:06,93L	LEV3 F -1,68	400 Free	1	2017-11-11 Limpopo Age Group 5
5:04,07L	LEV3 F -2,86	400 Free	8	2017-12-01 Limpopo Champs
36,54L	LEV2 F	50 Back	5	2017-07-03 Sasol National Championship 2017
36,94L	LEV2 P	50 Back	4	2017-07-03 Sasol National Championship 2017
34,78S	LEV2 F -1,16	50 Back	1	2017-08-05 Tuks Sprint Gala
36,54L	LEV2 F 1,16	50 Back	1	2017-10-14 Limpopo Age Group 4
36,08L	LEV2 F 0,70	50 Back	2	2017-11-04 Limpopo Primary School - Top 10
34,80L	LEV2 F -0,58	50 Back	2	2017-12-01 Limpopo Champs
1:14,68L I.	F 39,30	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
34,99L	LEV2 F 0,19	50 Back	1	2018-01-27 LP School Champs 2018
1:15,08L	LEV3 F	100 Back	3	2017-07-03 Sasol National Championship 2017
1:16,96L	LEV3 P	100 Back	3	2017-07-03 Sasol National Championship 2017
1:14,92S	LEV3 F 1,04	100 Back	1	2017-08-05 Tuks Sprint Gala
1:18,39L	LEV2 F 3,31	100 Back	2	2017-09-09 Limpopo Age Group 3
1:15,29L	LEV3 F 0,21	100 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:18,81L	LEV2 F 3,73	100 Back	1	2017-11-11 Limpopo Age Group 5
1:13,26L	LEV3 F -1,82	100 Back	1	2017-12-01 Limpopo Champs
1:15,23L	LEV2 F 1,97	100 Back	1	2018-01-27 LP School Champs 2018
1:15,23L	LEV3 F 1,97	100 Back	1	2018-02-17 Limpopo Age Group 7
2:43,16L	LEV3 F	200 Back	6	2017-07-03 Sasol National Championship 2017
2:44,12L	LEV3 P	200 Back	5	2017-07-03 Sasol National Championship 2017
2:45,57L	LEV3 F 2,41	200 Back	2	2017-10-14 Limpopo Age Group 4
2:36,10L	LEV3 F -7,06	200 Back	1	2017-12-01 Limpopo Champs
2:37,91L	LEV3 F 1,81	200 Back	1	2018-01-27 LP School Champs 2018
2:41,56L	LEV3 F 5,46	200 Back	1	2018-02-17 Limpopo Age Group 7
43,87L	P	50 Breast	8	2017-07-03 Sasol National Championship 2017
44,04L	F	50 Breast	8	2017-07-03 Sasol National Championship 2017
40,19S	LEV2 F -2,68	50 Breast	3	2017-08-05 Tuks Sprint Gala
40,08L	LEV2 F -1,11	50 Breast	3	2017-12-01 Limpopo Champs
1:31,54L	LEV2 F	100 Breast	6	2017-07-03 Sasol National Championship 2017
1:31,87L	LEV2 P	100 Breast	7	2017-07-03 Sasol National Championship 2017
1:29,38S	LEV2 F -0,16	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:31,08L	DQ F	100 Breast		2017-09-09 Limpopo Age Group 3
1:32,65L	LEV2 F 1,27	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:27,37L	LEV3 F -4,01	100 Breast	3	2017-12-01 Limpopo Champs
1:29,40L	LEV2 F 2,03	100 Breast	2	2018-02-17 Limpopo Age Group 7
3:14,27L	LEV2 P	200 Breast	6	2017-07-03 Sasol National Championship 2017
3:14,46L	LEV2 F	200 Breast	6	2017-07-03 Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruben Glover (13) M (Yr: AR)				TKSS-WBD
3:19,75L	LEV2 F 5,48	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:03,96L	LEV3 F -10,31	200 Breast	2	2017-12-01 Limpopo Champs
3:05,45L	LEV2 F 1,49	200 Breast	2	2018-01-27 LP School Champs 2018
38,01L	P	50 Fly	12	2017-07-03 Sasol National Championship 2017
36,64S	F -0,67	50 Fly	3	2017-08-05 Tuks Sprint Gala
35,88L	LEV2 F -1,46	50 Fly	6	2017-12-01 Limpopo Champs
1:26,36L	F	100 Fly	10	2017-07-03 Sasol National Championship 2017
1:22,01S	F -2,95	100 Fly	2	2017-08-05 Tuks Sprint Gala
1:21,61L	F -1,80	100 Fly	3	2017-11-04 Limpopo Primary School - Top 10
1:20,96L	F -0,65	100 Fly	4	2017-12-01 Limpopo Champs
3:21,01L	F	200 Fly	20	2017-07-03 Sasol National Championship 2017
3:05,65L	F -15,36	200 Fly	5	2017-12-01 Limpopo Champs
2:50,19L	LEV3 P	200 IM	7	2017-07-03 Sasol National Championship 2017
2:51,92L	LEV2 F	200 IM	7	2017-07-03 Sasol National Championship 2017
2:38,48S	LEV3 F -8,51	200 IM	1	2017-08-05 Tuks Sprint Gala
2:47,27L	LEV3 F 5,59	200 IM	2	2017-10-14 Limpopo Age Group 4
2:44,23L	LEV3 F 2,55	200 IM	2	2017-11-04 Limpopo Primary School - Top 10
2:38,49L	SANJ F -3,19	200 IM	1	2017-12-01 Limpopo Champs
2:39,28L	LEV3 F 0,79	200 IM	1	2018-01-27 LP School Champs 2018
2:41,49L	LEV3 F 3,00	200 IM	1	2018-02-17 Limpopo Age Group 7
6:05,07L	DQ F	400 IM		2017-07-03 Sasol National Championship 2017
5:49,00L	F	400 IM	1	2017-11-11 Limpopo Age Group 5
5:45,11L	F -3,89	400 IM	1	2018-01-27 LP School Champs 2018
Xander Glover (10) M (Yr: AR)				LSKP-WBD
1:34,12L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
39,30L	F -54,82	50 Free	5	2017-12-01 Limpopo Champs
44,63L	F	50 Back	3	2017-12-01 Limpopo Champs
1:41,40L I.	F	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
53,52L	F	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10
51,81L	F -1,71	50 Breast	5	2017-12-01 Limpopo Champs
50,07L	F	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
49,45L	F -0,62	50 Fly	5	2017-12-01 Limpopo Champs
Lumbani Gondwe (10) F				UNIC-MPD
48,88L	F	50 Free	9	2018-01-27 LP School Champs 2018
1:51,68L	F	100 Free	9	2018-01-27 LP School Champs 2018
3:48,38L	F	200 Free	5	2018-01-27 LP School Champs 2018
55,11L	F	50 Back	9	2018-01-27 LP School Champs 2018
2:03,98L	F	100 Back	6	2018-01-27 LP School Champs 2018
1:06,05L	F	50 Breast	9	2018-01-27 LP School Champs 2018
2:25,97L	F	100 Breast	8	2018-01-27 LP School Champs 2018
Luke Gosling (8) M (Yr: HN)				LSJM-SKD
1:44,21L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
52,37L	F	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
Aldo Gouws (9) M				LSMH-WBD
NS	F	50 Breast		2017-11-04 Limpopo Primary School - Top 10
NS	F	100 Breast		2017-11-04 Limpopo Primary School - Top 10
Jac Johan Gouws (9) M				TKSB-WBD
38,75L	F	50 Free	4	2017-10-28 Eager Sprint Gala
51,52L	F	50 Back	4	2017-10-28 Eager Sprint Gala
58,19L	F	50 Breast	4	2017-10-28 Eager Sprint Gala
1:01,89L	F	50 Fly	5	2017-10-28 Eager Sprint Gala
NS	F	200 IM		2017-10-28 Eager Sprint Gala
Lynelle Gouws (12) F (Yr: HN)				LSMH-WBD
45,22L	F	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
55,93L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10
1:58,66L	F	100 Breast	5	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Zhaneardt Grahan (10) M (Yr: AR)					
36,84L	LEV2	F	50	Free	1 2017-06-24 Limpopo Age Group 1
37,91S		F 1,87	50	Free	7 2017-08-19 Small Districts Championship Gala 2017
37,29L		F 0,45	50	Free	7 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
35,11L	LEV2	F -1,73	50	Free	1 2017-10-14 Limpopo Age Group 4
34,13L	LEV2	F -0,98	50	Free	2 2017-11-11 Limpopo Age Group 5
33,76L	LEV2	F -0,37	50	Free	3 2017-12-01 Limpopo Champs
1:14,39L	I	F 40,26	200	Free Relay Lead Off	2017-12-01 Limpopo Champs
34,39L	LEV2	F 0,63	50	Free	2 2018-01-27 LP School Champs 2018
34,14L	DQ	F	50	Free	2018-02-17 Limpopo Age Group 7
1:19,50L	LEV3	F	100	Free	1 2017-06-24 Limpopo Age Group 1
1:21,57S	LEV2	F 3,67	100	Free	29 2017-08-05 Tuks Sprint Gala
1:36,65L	DQ	F	100	Free	2017-11-11 Limpopo Age Group 5
1:24,72L	LEV2	F 5,22	100	Free	3 2017-12-01 Limpopo Champs
1:18,70L	LEV3	F -0,80	100	Free	3 2018-01-27 LP School Champs 2018
1:18,34L	LEV3	F -0,36	100	Free	1 2018-02-17 Limpopo Age Group 7
3:08,12L	LEV2	F	200	Free	2 2017-10-14 Limpopo Age Group 4
2:54,63L	LEV3	F -13,49	200	Free	3 2017-12-01 Limpopo Champs
2:57,81L	LEV2	F 3,18	200	Free	2 2018-01-27 LP School Champs 2018
2:54,94L	LEV3	F 0,31	200	Free	1 2018-02-17 Limpopo Age Group 7
49,00S		F	50	Back	3 2017-08-05 Tuks Sprint Gala
52,11L		F 2,51	50	Back	14 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
45,77L		F -3,83	50	Back	4 2017-12-01 Limpopo Champs
44,78L		F -0,99	50	Back	2 2018-01-27 LP School Champs 2018
1:42,36L	LEV2	F	100	Back	3 2017-12-01 Limpopo Champs
50,50L		F	50	Breast	1 2017-06-24 Limpopo Age Group 1
49,36S		F -0,14	50	Breast	6 2017-08-19 Small Districts Championship Gala 2017
48,71L		F -1,65	50	Breast	4 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
49,79L		F 1,08	50	Breast	3 2017-10-14 Limpopo Age Group 4
49,05L		F 0,34	50	Breast	1 2017-11-11 Limpopo Age Group 5
49,03L		F 0,32	50	Breast	3 2017-12-01 Limpopo Champs
48,10L		F -0,61	50	Breast	2 2018-01-27 LP School Champs 2018
47,22L		F -0,88	50	Breast	1 2018-02-17 Limpopo Age Group 7
1:52,69L	LEV2	F	100	Breast	1 2017-06-24 Limpopo Age Group 1
1:52,37L	LEV2	F -0,32	100	Breast	5 2017-11-11 Limpopo Age Group 5
1:45,86L	LEV2	F -6,51	100	Breast	2 2017-12-01 Limpopo Champs
1:49,06L		F 3,20	100	Breast	3 2018-01-27 LP School Champs 2018
1:46,19L	LEV2	F 0,33	100	Breast	1 2018-02-17 Limpopo Age Group 7
3:50,38L		F	200	Breast	2 2018-01-27 LP School Champs 2018
53,15L		F	50	Fly	9 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
46,50L		F -6,65	50	Fly	4 2017-11-11 Limpopo Age Group 5
45,92L		F -0,58	50	Fly	3 2017-12-01 Limpopo Champs
46,54L		F 0,62	50	Fly	2 2018-01-27 LP School Champs 2018
3:46,22L		F	200	IM	1 2017-10-14 Limpopo Age Group 4
3:28,10L	LEV2	F -18,12	200	IM	22 2017-12-01 Limpopo Champs
Mieke Greyling (14) F (Yr: GR)					
32,30L	LEV2	F	50	Free	2 2017-10-20 Limpopo Top 10 - High Schools
37,30L	LEV2	F	50	Back	1 2017-10-20 Limpopo Top 10 - High Schools
1:28,06L	LEV2	F	100	Back	1 2017-10-20 Limpopo Top 10 - High Schools
Talon Griffiths (16) M (Yr: GN)					
28,92L		F	50	Free	4 2017-10-20 Limpopo Top 10 - High Schools
37,02L		F	50	Back	5 2017-10-20 Limpopo Top 10 - High Schools
1:33,47L		F	100	Back	6 2017-10-20 Limpopo Top 10 - High Schools
Chris Grobler (7) M					
24,58S		F	25	Free	4 2017-08-26 LP Shamu Sprint SC 2017
26,01S		F	25	Back	3 2017-08-26 LP Shamu Sprint SC 2017
Juandr� Grobler (10) M (Yr: HN)					
43,38L		F	50	Free	8 2017-11-04 Limpopo Primary School - Top 10

TKSS-WBD

HPP-WBD

HMER-MPD

SSB-MPD

LSPHA-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Loarens Grobler (14) M				TUKS-TSH
30,31L	LEV2 P	50 Free	35 2017-12-06 NTS Championships 2017	
1:03,46L	LEV3 P	100 Free	36 2017-12-06 NTS Championships 2017	
2:21,11L	LEV3 F	200 Free	5 2017-12-01 Limpopo Champs	
2:20,52L	LEV3 P -0,59	200 Free	38 2017-12-06 NTS Championships 2017	
5:02,31L	LEV3 F	400 Free	24 2017-12-06 NTS Championships 2017	
34,55L	LEV2 P	50 Back	20 2017-12-06 NTS Championships 2017	
1:14,90L	LEV2 P	100 Back	26 2017-12-06 NTS Championships 2017	
2:37,43L	LEV3 F	200 Back	4 2017-12-01 Limpopo Champs	
2:34,61L	LEV3 P -2,82	200 Back	15 2017-12-06 NTS Championships 2017	
33,91L	LEV2 F	50 Fly	8 2017-12-01 Limpopo Champs	
2:40,42L	LEV3 P	200 IM	24 2017-12-06 NTS Championships 2017	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Regardt Grobler (11) M (Yr: AR)				TKSS-WBD
31,74L	LEV2 P	50 Free	14	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,10L	LEV2 F -0,64	50 Free	1	2017-07-29 Limpopo Age Group 2
30,94L	LEV2 F -0,16	50 Free	1	2017-09-09 Limpopo Age Group 3
30,41L	LEV2 F -0,53	50 Free	1	2017-12-01 Limpopo Champs
30,30L	LEV2 P -0,11	50 Free	22	2017-12-06 NTS Championships 2017
30,31L	LEV2 F 0,01	50 Free	1	2018-01-27 LP School Champs 2018
1:08,24L	LEV3 P	100 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:09,40L	LEV3 F	100 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:06,95S	LEV3 F 0,31	100 Free	11	2017-08-05 Tuks Sprint Gala
1:07,19L	SANJ F -1,05	100 Free	1	2017-12-01 Limpopo Champs
1:05,99L	SANJ P -1,20	100 Free	24	2017-12-06 NTS Championships 2017
1:05,84L	LEV3 F -0,15	100 Free	1	2018-01-27 LP School Champs 2018
2:29,77L	LEV3 F	200 Free	8	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:31,49L	LEV3 P	200 Free	8	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:27,63L	LEV3 F -2,14	200 Free	1	2017-07-29 Limpopo Age Group 2
2:26,14L	LEV3 F -1,49	200 Free	1	2017-12-01 Limpopo Champs
2:26,39L	LEV3 P 0,25	200 Free	20	2017-12-06 NTS Championships 2017
2:23,50L	LEV3 F -2,64	200 Free	1	2018-01-27 LP School Champs 2018
2:24,88L	SANJ F 1,38	200 Free	1	2018-02-17 Limpopo Age Group 7
5:12,67L	SANJ P	400 Free	40	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
5:03,90L	SANJ F -8,77	400 Free	1	2017-12-01 Limpopo Champs
5:09,63L	SANJ F 5,73	400 Free	10	2017-12-06 NTS Championships 2017
5:04,07L	LEV3 F 0,17	400 Free	1	2018-01-27 LP School Champs 2018
37,44L	LEV2 P	50 Back	12	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
36,39S	LEV2 F -0,45	50 Back	1	2017-08-05 Tuks Sprint Gala
39,28S	LEV2 F 2,89	200 Medley Relay Lead Off		2017-08-19 Small Districts Championship Gala 2017
36,40L	LEV2 F -0,59	50 Back	1	2017-09-09 Limpopo Age Group 3
36,18L	LEV2 F -0,22	50 Back	1	2017-12-01 Limpopo Champs
35,70L	LEV2 P -0,48	50 Back	17	2017-12-06 NTS Championships 2017
36,84L	LEV2 F 1,14	50 Back	1	2018-02-17 Limpopo Age Group 7
1:18,53L	LEV3 P	100 Back	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:16,65S	LEV3 F -0,68	100 Back	1	2017-08-05 Tuks Sprint Gala
1:17,83S	LEV3 F 1,18	100 Back	1	2017-08-19 Small Districts Championship Gala 2017
1:18,60L	LEV3 F 0,75	100 Back	1	2017-09-09 Limpopo Age Group 3
1:16,57L	SANJ F -1,28	100 Back	1	2017-12-01 Limpopo Champs
1:16,39L	SANJ P -0,18	100 Back	18	2017-12-06 NTS Championships 2017
1:16,72L	LEV3 F 0,33	100 Back	1	2018-01-27 LP School Champs 2018
2:45,56L	LEV3 P	200 Back	24	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:45,93L	LEV3 F 0,37	200 Back	1	2017-07-29 Limpopo Age Group 2
2:41,41L	SANJ F -4,15	200 Back	1	2017-12-01 Limpopo Champs
2:44,98L	SANJ P 3,57	200 Back	14	2017-12-06 NTS Championships 2017
2:44,01L	LEV3 F 2,60	200 Back	1	2018-01-27 LP School Champs 2018
2:51,12L	LEV3 F 9,71	200 Back	1	2018-02-17 Limpopo Age Group 7
46,30L	P	50 Breast	26	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
42,80L	LEV2 F -3,50	50 Breast	1	2017-09-09 Limpopo Age Group 3
42,24L	LEV2 F -0,56	50 Breast	1	2017-12-01 Limpopo Champs
44,49L	P 2,25	50 Breast	22	2017-12-06 NTS Championships 2017
1:38,97L	LEV3 P	100 Breast	21	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:32,78L	LEV2 F -6,19	100 Breast	1	2017-12-01 Limpopo Champs
3:23,35L	LEV2 F	200 Breast	2	2017-12-01 Limpopo Champs
34,03L	LEV2 P	50 Fly	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
34,44L	LEV2 F	50 Fly	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
33,81L	LEV2 F -0,22	50 Fly	1	2017-09-09 Limpopo Age Group 3
33,68L	LEV2 F -0,13	50 Fly	1	2017-12-01 Limpopo Champs
33,16L	LEV2 P -0,52	50 Fly	15	2017-12-06 NTS Championships 2017
33,16L	LEV2 F 0,00	50 Fly	1	2018-01-27 LP School Champs 2018
33,13L	LEV2 F -0,03	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:15,78L	LEV3 F	100 Fly	5	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Regardt Grobler (11) M (Yr: AR)				TKSS-WBD
1:16,42L	LEV3 P	100 Fly	5	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:17,05S	LEV3 F 2,67	100 Fly	1	2017-08-05 Tuks Sprint Gala
1:18,79S	LEV3 F 4,41	100 Fly	2	2017-08-19 Small Districts Championship Gala 2017
1:18,20L	LEV3 F 2,42	100 Fly	1	2017-12-01 Limpopo Champs
1:15,21L	LEV3 P -0,57	100 Fly	12	2017-12-06 NTS Championships 2017
1:14,75L	LEV3 F -0,46	100 Fly	1	2018-01-27 LP School Champs 2018
1:15,23L	LEV3 F 0,48	100 Fly	1	2018-02-17 Limpopo Age Group 7
3:00,75L	F	200 Fly	3	2017-12-01 Limpopo Champs
2:48,82L	LEV3 P	200 IM	9	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:48,31S	LEV3 F 2,69	200 IM	1	2017-08-05 Tuks Sprint Gala
2:48,11S	LEV3 F 2,49	200 IM	1	2017-08-19 Small Districts Championship Gala 2017
2:44,55L	SANJ F -4,27	200 IM	3	2017-12-01 Limpopo Champs
2:48,40L	LEV3 P 3,85	200 IM	16	2017-12-06 NTS Championships 2017
Willem Groothof (15) M (Yr: GN)				HWBAD-WBD
47,49L	F	50 Breast	8	2017-10-20 Limpopo Top 10 - High Schools
1:55,03L	F	100 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
Jaco Groothof (13) M (Yr: AR)				TKSS-WBD
28,94S	LEV2 F	50 Free	1	2017-08-05 Tuks Sprint Gala
28,94L	LEV2 F -0,80	50 Free	3	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
29,62L	LEV2 F 0,68	50 Free	1	2017-10-14 Limpopo Age Group 4
28,59L	LEV2 F -0,35	50 Free	1	2017-11-11 Limpopo Age Group 5
28,16L	LEV2 F -0,43	50 Free	1	2017-12-01 Limpopo Champs
1:07,54S	LEV2 F	100 Free	12	2017-08-05 Tuks Sprint Gala
1:04,75L	LEV3 F -4,39	100 Free	1	2017-11-11 Limpopo Age Group 5
1:03,02L	SANJ F -1,73	100 Free	1	2017-12-01 Limpopo Champs
1:03,52L	SANJ P 0,50	100 Free	10	2017-12-06 NTS Championships 2017
2:33,38L	LEV2 F	200 Free	3	2017-10-14 Limpopo Age Group 4
2:26,63L	LEV3 F -6,75	200 Free	3	2017-12-01 Limpopo Champs
5:31,20L	F	400 Free	3	2017-11-11 Limpopo Age Group 5
35,16S	LEV2 F	50 Back	2	2017-08-05 Tuks Sprint Gala
36,56L	LEV2 F 0,80	50 Back	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
34,18L	LEV2 F -1,58	50 Back	1	2017-12-01 Limpopo Champs
1:20,21S	LEV2 F	100 Back	2	2017-08-05 Tuks Sprint Gala
1:19,29S	LEV2 F -0,92	100 Back	5	2017-08-19 Small Districts Championship Gala 2017
1:18,72L	LEV2 F -1,77	100 Back	3	2017-12-01 Limpopo Champs
38,60S	LEV2 F	50 Breast	2	2017-08-05 Tuks Sprint Gala
38,99L	LEV2 F -0,61	50 Breast	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
40,68L	LEV2 F 1,69	50 Breast	2	2017-10-14 Limpopo Age Group 4
38,51L	LEV2 F -0,48	50 Breast	1	2017-11-11 Limpopo Age Group 5
37,97L	LEV2 F -0,54	50 Breast	2	2017-12-01 Limpopo Champs
1:26,32S	LEV2 F	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:28,43S	LEV2 F 2,11	100 Breast	6	2017-08-19 Small Districts Championship Gala 2017
1:28,51L	LEV2 F 0,19	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:25,83L	LEV3 F -2,49	100 Breast	2	2017-12-01 Limpopo Champs
3:22,18L	LEV2 F	200 Breast	2	2017-10-14 Limpopo Age Group 4
3:11,32L	LEV2 F -10,86	200 Breast	3	2017-12-01 Limpopo Champs
33,69S	LEV2 F	50 Fly	2	2017-08-05 Tuks Sprint Gala
33,55L	LEV2 F -0,84	50 Fly	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
2:48,74S	LEV2 F	200 IM	3	2017-08-05 Tuks Sprint Gala
2:55,63L	LEV2 F 3,69	200 IM	38	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
2:52,85L	LEV2 F 0,91	200 IM	4	2017-12-01 Limpopo Champs
Andreas Hacker (15) M (Yr: GR)				HSTAN-MPD
34,61L	F	50 Free	9	2017-10-20 Limpopo Top 10 - High Schools
1:21,10L	F	100 Free	8	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Aynaz Halajian (10) F (Yr: AR)				EAGA-CCD
40,73L	F	50 Free	2	2017-06-24 Limpopo Age Group 1
38,61L	F -2,12	50 Free	6	2017-07-03 Sasol National Championship 2017
39,19L	P -1,54	50 Free	6	2017-07-03 Sasol National Championship 2017
39,11L	F 0,50	50 Free	3	2017-07-29 Limpopo Age Group 2
39,49L	F 0,88	50 Free	5	2017-10-14 Limpopo Age Group 4
38,13L	F -0,48	50 Free	4	2017-10-28 Eager Sprint Gala
36,84L	F -1,29	50 Free	4	2017-11-11 Limpopo Age Group 5
37,60L	F 0,76	50 Free	10	2017-12-01 Limpopo Champs
1:31,67L	LEV2 F	100 Free	2	2017-06-24 Limpopo Age Group 1
1:31,00L	LEV2 F -0,67	100 Free	7	2017-07-03 Sasol National Championship 2017
1:27,62L	LEV2 F -3,38	100 Free	7	2017-11-11 Limpopo Age Group 5
1:27,20L	LEV2 F -0,42	100 Free	10	2017-12-01 Limpopo Champs
1:24,44L	LEV2 F -2,76	100 Free	7	2018-01-27 LP School Champs 2018
1:26,25L	LEV2 F 1,81	100 Free	4	2018-02-17 Limpopo Age Group 7
3:18,77L	LEV2 F	200 Free	6	2017-07-03 Sasol National Championship 2017
3:25,87L	P	200 Free	8	2017-07-03 Sasol National Championship 2017
3:17,27L	F -1,50	200 Free	3	2017-07-29 Limpopo Age Group 2
3:24,90L	F 7,63	200 Free	6	2017-10-14 Limpopo Age Group 4
3:09,67L	LEV2 F -7,60	200 Free	8	2017-12-01 Limpopo Champs
3:09,99L	F 0,32	200 Free	3	2018-01-27 LP School Champs 2018
6:51,02L	F	400 Free	1	2017-11-11 Limpopo Age Group 5
41,57L	LEV2 F	50 Back	1	2017-07-03 Sasol National Championship 2017
44,08L	LEV2 F	200 Medley Relay Lead Off		2017-07-03 Sasol National Championship 2017
44,30L	LEV2 P	50 Back	4	2017-07-03 Sasol National Championship 2017
NS	F	50 Back		2017-08-26 LP Shamu Sprint SC 2017
43,21L	LEV2 F 1,64	50 Back	4	2017-10-28 Eager Sprint Gala
44,33L	LEV2 F 2,76	50 Back	7	2017-12-01 Limpopo Champs
1:27,92L	LEV2 F 46,35	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
1:38,89L	LEV2 F	100 Back	2	2017-06-24 Limpopo Age Group 1
1:37,54L	LEV2 P -1,35	100 Back	3	2017-07-03 Sasol National Championship 2017
1:35,13L	DQ F	100 Back		2017-07-03 Sasol National Championship 2017
1:31,77L	LEV2 F -5,77	100 Back	6	2017-12-01 Limpopo Champs
1:35,70L	DQ F	100 Back		2018-01-27 LP School Champs 2018
1:33,68L	LEV2 F 1,91	100 Back	5	2018-02-17 Limpopo Age Group 7
3:32,88L	LEV2 F	200 Back	1	2017-07-29 Limpopo Age Group 2
3:29,59L	LEV2 F -3,29	200 Back	7	2017-12-01 Limpopo Champs
3:27,69L	F -1,90	200 Back	5	2018-01-27 LP School Champs 2018
52,41L	F	50 Breast	1	2017-06-24 Limpopo Age Group 1
49,52L	F -2,89	50 Breast	3	2017-07-03 Sasol National Championship 2017
50,13L	P -2,28	50 Breast	3	2017-07-03 Sasol National Championship 2017
NS	F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
49,97L	F 0,46	50 Breast	4	2017-10-14 Limpopo Age Group 4
48,38L	F -1,13	50 Breast	3	2017-10-28 Eager Sprint Gala
47,37L	F -1,01	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10
48,81L	F 1,44	50 Breast	4	2017-11-11 Limpopo Age Group 5
47,47L	F 0,10	50 Breast	6	2017-12-01 Limpopo Champs
46,42L	F -0,95	50 Breast	5	2018-01-27 LP School Champs 2018
2:00,12L	LEV2 F	100 Breast	2	2017-06-24 Limpopo Age Group 1
1:48,86L	LEV2 F -11,26	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:51,55L	LEV2 P -8,57	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:48,71L	LEV2 F -0,15	100 Breast	9	2017-12-01 Limpopo Champs
1:42,04L	LEV2 F -6,67	100 Breast	5	2018-01-27 LP School Champs 2018
1:45,18L	LEV2 F 3,14	100 Breast	2	2018-02-17 Limpopo Age Group 7
4:02,56L	LEV2 F	200 Breast	5	2017-07-03 Sasol National Championship 2017
4:10,86L	LEV2 P	200 Breast	5	2017-07-03 Sasol National Championship 2017
3:52,59L	LEV2 F -9,97	200 Breast	1	2017-07-29 Limpopo Age Group 2
3:52,82L	LEV2 F 0,23	200 Breast	7	2017-12-01 Limpopo Champs
3:46,28L	LEV2 F -6,31	200 Breast	4	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Aynaz Halajian (10) F (Yr: AR)				EAGA-CCD
47,58L	F	50 Fly	5	2017-07-03 Sasol National Championship 2017
50,31L	P	50 Fly	7	2017-07-03 Sasol National Championship 2017
NS	F	50 Fly		2017-08-26 LP Shamu Sprint SC 2017
46,71L	F -0,87	50 Fly	4	2017-10-14 Limpopo Age Group 4
47,41L	F 0,70	50 Fly	4	2017-10-28 Eager Sprint Gala
47,23L	F 0,52	50 Fly	6	2017-11-04 Limpopo Primary School - Top 10
45,76L	F -0,95	50 Fly	7	2017-12-01 Limpopo Champs
44,64L	F -1,12	50 Fly	5	2018-01-27 LP School Champs 2018
3:46,71L	P	200 IM	6	2017-07-03 Sasol National Championship 2017
3:52,35L	F	200 IM	7	2017-07-03 Sasol National Championship 2017
3:34,57L	LEV2 F -12,14	200 IM	2	2017-07-29 Limpopo Age Group 2
NS	F	200 IM		2017-08-26 LP Shamu Sprint SC 2017
3:42,52L	F 7,95	200 IM	2	2017-10-14 Limpopo Age Group 4
3:40,04L	LEV2 F 5,47	200 IM	3	2017-10-28 Eager Sprint Gala
3:32,94L	LEV2 F -1,63	200 IM	19	2017-12-01 Limpopo Champs
Bosman HanaczeckKruger (18) M (Yr: AR)				SS-MPD
26,18S	F	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
1:00,39L	LEV3 F	100 Free	2	2017-10-20 Limpopo Top 10 - High Schools
29,90S	F	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
34,35S	F	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
27,53S	F	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
27,95L	F -0,28	50 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
1:06,96L	LEV3 F	100 Fly	3	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Ruan HanaczeckKruger (15) M (Yr: AR)			
			SS-MPD
26,35L	LEV2 F	50 Free	1 2017-07-29 Limpopo Age Group 2
25,74S	LEV2 F 0,19	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
25,86L	LEV2 F -0,49	50 Free	1 2017-12-01 Limpopo Champs
25,48L	LEV2 F -0,38	50 Free	1 2018-01-27 LP School Champs 2018
59,10L	LEV3 F	100 Free	1 2017-06-24 Limpopo Age Group 1
56,25S	LEV3 F -1,25	100 Free	2 2017-08-19 Small Districts Championship Gala 2017
56,58L	SANJ F -1,27	100 Free	1 2017-09-09 Limpopo Age Group 3
56,32L	SANJ F -0,26	100 Free	1 2017-11-11 Limpopo Age Group 5
57,01L	SANJ F 0,69	100 Free	1 2017-12-01 Limpopo Champs
55,92L	SANJ F -0,40	100 Free	1 2018-01-27 LP School Champs 2018
55,96L	SANJ F 0,04	100 Free	1 2018-02-17 Limpopo Age Group 7
2:08,68L	LEV3 F	200 Free	1 2017-12-01 Limpopo Champs
4:52,83L	F	400 Free	2 2017-09-09 Limpopo Age Group 3
4:53,63L	F 0,80	400 Free	5 2017-12-01 Limpopo Champs
20:57,47L	F	1500 Free	5 2017-12-01 Limpopo Champs
29,22S	LEV2 F	50 Back	2 2017-08-26 LP Shamu Sprint SC 2017
30,26L	LEV2 F 0,44	50 Back	2 2017-10-20 Limpopo Top 10 - High Schools
29,41L	LEV2 F -0,41	50 Back	2 2017-12-01 Limpopo Champs
1:24,48L	F	100 Back	2 2017-09-09 Limpopo Age Group 3
1:03,66L	SANJ F -20,82	100 Back	2 2017-10-20 Limpopo Top 10 - High Schools
1:03,69L	SANJ F 0,03	100 Back	2 2017-12-01 Limpopo Champs
1:03,00L	SANJ F -0,66	100 Back	2 2018-01-27 LP School Champs 2018
1:03,89L	SANJ F 0,89	100 Back	1 2018-02-17 Limpopo Age Group 7
2:24,21L	LEV3 F	200 Back	2 2017-12-01 Limpopo Champs
33,71L	LEV2 F	50 Breast	1 2017-06-24 Limpopo Age Group 1
32,03S	LEV2 F -0,68	50 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
33,54L	LEV2 F 0,51	50 Breast	1 2017-10-14 Limpopo Age Group 4
32,29L	LEV2 F -0,74	50 Breast	1 2017-12-01 Limpopo Champs
32,54L	LEV2 F 0,25	50 Breast	1 2018-01-27 LP School Champs 2018
1:15,36L	LEV3 F	100 Breast	1 2017-06-24 Limpopo Age Group 1
1:08,15S	SANJ F -5,21	100 Breast	1 2017-08-19 Small Districts Championship Gala 2017
1:11,40L	SANJ F 1,25	100 Breast	1 2017-12-01 Limpopo Champs
1:12,25L	LEV3 F 2,10	100 Breast	1 2018-01-27 LP School Champs 2018
2:46,76L	LEV3 F	200 Breast	1 2017-07-29 Limpopo Age Group 2
2:42,76L	LEV3 F -4,00	200 Breast	1 2017-12-01 Limpopo Champs
28,50L	LEV2 F	50 Fly	1 2017-07-29 Limpopo Age Group 2
27,39S	LEV2 F -0,41	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
27,63L	LEV2 F -0,46	50 Fly	1 2017-09-09 Limpopo Age Group 3
27,26L	LEV2 F -0,37	50 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
27,32L	LEV2 F 0,06	50 Fly	1 2017-12-01 Limpopo Champs
27,34L	LEV2 F 0,08	50 Fly	1 2018-01-27 LP School Champs 2018
1:02,89L	LEV3 F	100 Fly	1 2017-07-29 Limpopo Age Group 2
1:07,57L	LEV3 F 4,68	100 Fly	4 2017-10-20 Limpopo Top 10 - High Schools
1:00,54L	SANJ F -2,35	100 Fly	1 2017-11-11 Limpopo Age Group 5
1:01,33L	SANJ F 0,79	100 Fly	1 2017-12-01 Limpopo Champs
1:00,35L	SANJ F -0,19	100 Fly	1 2018-01-27 LP School Champs 2018
1:00,34L	SANJ F -0,01	100 Fly	1 2018-02-17 Limpopo Age Group 7
2:38,25L	F	200 Fly	2 2017-09-09 Limpopo Age Group 3
2:39,94L	F 1,69	200 Fly	3 2017-12-01 Limpopo Champs
2:28,39L	LEV3 F	200 IM	1 2017-06-24 Limpopo Age Group 1
2:22,93L	SANJ F -5,46	200 IM	1 2017-07-29 Limpopo Age Group 2
2:18,26S	SANJ F -1,47	200 IM	1 2017-08-19 Small Districts Championship Gala 2017
2:18,71S	SANJ F 0,45	200 IM	1 2017-08-26 LP Shamu Sprint SC 2017
2:24,91L	LEV3 F 3,45	200 IM	1 2017-10-14 Limpopo Age Group 4
2:21,92L	SANJ F 0,46	200 IM	1 2017-10-20 Limpopo Top 10 - High Schools
2:22,81L	SANJ F 1,35	200 IM	1 2017-12-01 Limpopo Champs
2:18,28L	SANJ F -3,18	200 IM	1 2018-01-27 LP School Champs 2018
5:44,79L	F	400 IM	5 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place			
Marnu Hancke (8) M (Yr: HR)						
41,59L	F	50 Free	2	2017-11-04	Limpopo Primary School - Top 10	LSJM-SKD
56,19L	F	50 Breast	5	2017-11-04	Limpopo Primary School - Top 10	
Thomas Hancock (13) M						
1:11,28L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10	UNIC-MPD
Lee Hauptfleisch (13) M (Yr: HN)						
2:23,06L	DQ F	100 Breast		2017-11-04	Limpopo Primary School - Top 10	LSMH-WBD
Laumari Hawken (12) F (Yr: HR)						
1:15,02L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10	LSKP-WBD
34,87L	F -40,15	50 Free	10	2018-01-27	LP School Champs 2018	
1:20,22L	LEV2 F	100 Free	3	2017-11-04	Limpopo Primary School - Top 10	
1:23,42L	F 3,20	100 Free	10	2018-01-27	LP School Champs 2018	
40,23L	LEV2 F	50 Back	2	2017-11-04	Limpopo Primary School - Top 10	
41,31L	LEV2 F 1,08	50 Back	7	2018-01-27	LP School Champs 2018	
1:33,49L	LEV2 F	100 Back	5	2017-11-04	Limpopo Primary School - Top 10	
45,77L	F	50 Breast	3	2017-11-04	Limpopo Primary School - Top 10	
47,42L	F 1,65	50 Breast	6	2018-01-27	LP School Champs 2018	
1:46,78L	F	100 Breast	6	2018-01-27	LP School Champs 2018	
Percy Hawken (14) M (Yr: GN)						
29,29L	LEV2 F	50 Free	3	2017-10-20	Limpopo Top 10 - High Schools	HPP-WBD
1:07,49L	LEV2 F	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools	
1:25,38L	F	100 Back	4	2017-10-20	Limpopo Top 10 - High Schools	
34,89L	F	50 Fly	5	2017-10-20	Limpopo Top 10 - High Schools	
Wilfred Hawken (12) M (Yr: HR)						
37,09L	F	50 Free	6	2018-01-27	LP School Champs 2018	LSKP-WBD
1:25,63L	F	100 Free	5	2017-11-04	Limpopo Primary School - Top 10	
1:29,44L	F 3,81	100 Free	9	2018-01-27	LP School Champs 2018	
43,63L	LEV2 F	50 Back	3	2017-11-04	Limpopo Primary School - Top 10	
46,89L	F 3,26	50 Back	5	2018-01-27	LP School Champs 2018	
49,55L	F	50 Breast	2	2017-11-04	Limpopo Primary School - Top 10	
52,93L	F 3,38	50 Breast	3	2018-01-27	LP School Champs 2018	
1:49,33L	F	100 Breast	3	2017-11-04	Limpopo Primary School - Top 10	
1:56,53L	F 7,20	100 Breast	5	2018-01-27	LP School Champs 2018	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Elné Haynes (10) F (Yr: AR)			
38,75S	F	50 Free	4 2017-08-05 Tuks Sprint Gala
37,97S	F -0,78	50 Free	9 2017-08-19 Small Districts Championship Gala 2017
40,64L	F 1,87	50 Free	3 2017-09-09 Limpopo Age Group 3
37,22L	LEV2 F -1,55	50 Free	2 2017-10-14 Limpopo Age Group 4
39,53L	F 2,31	50 Free	5 2017-11-11 Limpopo Age Group 5
37,89L	LEV2 F 0,67	50 Free	4 2017-12-01 Limpopo Champs
39,57L	F 2,35	50 Free	4 2018-01-27 LP School Champs 2018
39,14L	F 1,92	50 Free	2 2018-02-17 Limpopo Age Group 7
1:35,05S	F	100 Free	31 2017-08-05 Tuks Sprint Gala
1:28,44L	LEV2 F -8,21	100 Free	5 2017-09-09 Limpopo Age Group 3
1:32,35L	LEV2 F 4,66	100 Free	4 2017-11-11 Limpopo Age Group 5
1:26,20L	LEV2 F -1,49	100 Free	3 2017-12-01 Limpopo Champs
1:34,01L	F 7,81	100 Free	5 2018-01-27 LP School Champs 2018
1:28,77L	LEV2 F 2,57	100 Free	2 2018-02-17 Limpopo Age Group 7
3:34,55L	F	200 Free	2 2017-10-14 Limpopo Age Group 4
3:21,06L	LEV2 F -13,49	200 Free	5 2017-12-01 Limpopo Champs
45,86S	LEV2 F	50 Back	4 2017-08-05 Tuks Sprint Gala
44,46S	LEV2 F -1,40	50 Back	9 2017-08-19 Small Districts Championship Gala 2017
45,41S I.	LEV2 F -0,45	200 Medley Relay Lead Off	2017-08-19 Small Districts Championship Gala 2017
47,08L	F 2,02	50 Back	3 2017-09-09 Limpopo Age Group 3
47,29L	F 2,23	50 Back	2 2017-10-14 Limpopo Age Group 4
46,71L	LEV2 F 1,65	50 Back	4 2017-11-04 Limpopo Primary School - Top 10
1:43,77L I.	F 58,71	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
47,21L	F 2,15	50 Back	2 2017-11-11 Limpopo Age Group 5
47,59L	F 2,53	50 Back	4 2017-12-01 Limpopo Champs
48,80L	F 3,74	50 Back	5 2018-01-27 LP School Champs 2018
1:45,57S	LEV2 F	100 Back	3 2017-08-05 Tuks Sprint Gala
1:47,78L	F 1,01	100 Back	5 2017-09-09 Limpopo Age Group 3
1:46,97L	LEV2 F 0,20	100 Back	2 2017-11-11 Limpopo Age Group 5
1:42,72L	LEV2 F -4,05	100 Back	4 2017-12-01 Limpopo Champs
1:46,34L	F 3,62	100 Back	2 2018-01-27 LP School Champs 2018
1:45,75L	LEV2 F 3,03	100 Back	1 2018-02-17 Limpopo Age Group 7
3:47,31L	F	200 Back	3 2017-12-01 Limpopo Champs
59,43S	F	50 Breast	5 2017-08-05 Tuks Sprint Gala
1:00,42L	F -0,01	50 Breast	11 2017-11-04 Limpopo Primary School - Top 10
59,23L	F -1,19	50 Breast	5 2017-12-01 Limpopo Champs
58,49L	F -0,74	50 Breast	7 2018-01-27 LP School Champs 2018
2:14,05L	F -1,47	100 Breast	6 2017-12-01 Limpopo Champs
52,28S	F	50 Fly	4 2017-08-05 Tuks Sprint Gala
54,02L	F 1,04	50 Fly	5 2017-09-09 Limpopo Age Group 3
45,59L	F -7,39	50 Fly	2 2017-10-14 Limpopo Age Group 4
45,52L	F -0,07	50 Fly	5 2017-11-11 Limpopo Age Group 5
44,63L	LEV2 F -0,89	50 Fly	3 2017-12-01 Limpopo Champs
47,63L	F 3,00	50 Fly	4 2018-01-27 LP School Champs 2018
44,25L	LEV2 F -0,38	50 Fly	2 2018-02-17 Limpopo Age Group 7
2:00,27L	F	100 Fly	3 2017-12-01 Limpopo Champs
2:03,10L	F 2,83	100 Fly	4 2018-01-27 LP School Champs 2018
1:55,91L	F -4,36	100 Fly	1 2018-02-17 Limpopo Age Group 7
4:01,28S	F	200 IM	4 2017-08-05 Tuks Sprint Gala
4:09,59L	F 22,47	200 IM	5 2017-10-14 Limpopo Age Group 4
3:46,59L	F -0,53	200 IM	6 2017-11-04 Limpopo Primary School - Top 10
3:48,77L	F 2,18	200 IM	27 2017-12-01 Limpopo Champs
3:38,38L	LEV2 F -8,21	200 IM	3 2018-01-27 LP School Champs 2018

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Yulinke Haynes (7) F (Yr: CN)			
23,32S	F	25 Free	2 2017-08-26 LP Shamu Sprint SC 2017
48,95L	F	50 Free	11 2017-07-29 Limpopo Age Group 2
58,73L	F 9,78	50 Free	18 2017-09-09 Limpopo Age Group 3
49,84L	F 0,89	50 Free	12 2017-10-14 Limpopo Age Group 4
52,04L	F 3,09	50 Free	12 2017-11-11 Limpopo Age Group 5
47,92L	F -1,03	50 Free	8 2017-12-01 Limpopo Champs
49,92L	F 2,00	50 Free	1 2018-01-27 LP School Champs 2018
56,69L	F 8,77	50 Free	9 2018-02-17 Limpopo Age Group 7
1:54,00L	F	100 Free	7 2017-12-01 Limpopo Champs
1:55,41L	F 1,41	100 Free	5 2018-02-17 Limpopo Age Group 7
58,34L	F	50 Back	8 2017-07-29 Limpopo Age Group 2
1:06,01L	F 7,67	50 Back	16 2017-09-09 Limpopo Age Group 3
58,21L	F -0,13	50 Back	14 2017-10-14 Limpopo Age Group 4
1:00,59L	F 2,38	50 Back	11 2017-11-11 Limpopo Age Group 5
57,03L	F -1,18	50 Back	7 2017-12-01 Limpopo Champs
59,16L	F 2,13	50 Back	1 2018-01-27 LP School Champs 2018
1:00,47L	F 3,44	50 Back	9 2018-02-17 Limpopo Age Group 7
2:11,66L	F	100 Back	7 2017-12-01 Limpopo Champs
2:19,27L	F 7,61	100 Back	10 2018-02-17 Limpopo Age Group 7
37,83S	F	25 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
1:34,68L	F	50 Breast	8 2017-07-29 Limpopo Age Group 2
1:26,02L	F -8,66	50 Breast	21 2017-09-09 Limpopo Age Group 3
1:25,13L	F -0,89	50 Breast	14 2017-10-14 Limpopo Age Group 4
1:24,57L	F -0,56	50 Breast	15 2017-11-11 Limpopo Age Group 5
1:22,04L	F -2,53	50 Breast	13 2017-12-01 Limpopo Champs
1:22,55L	F 0,51	50 Breast	2 2018-01-27 LP School Champs 2018
1:20,91L	F -1,13	50 Breast	10 2018-02-17 Limpopo Age Group 7
Mia Hermann (8) F (Yr: HN)			
1:09,55L	F	50 Breast	7 2017-11-04 Limpopo Primary School - Top 10
Leandri Heyns (11) F (Yr: HR)			
41,65L	F	50 Free	6 2017-11-04 Limpopo Primary School - Top 10
1:37,87L	F	100 Free	7 2017-11-04 Limpopo Primary School - Top 10
1:52,69L I.	F	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
Ava Hillary (8) F (Yr: HN)			
49,98L	F	50 Free	3 2017-10-28 Eager Sprint Gala
45,49L	F -4,49	50 Free	5 2017-12-01 Limpopo Champs
1:44,79L I.	F 54,81	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
48,66L	F 3,17	50 Free	6 2018-01-27 LP School Champs 2018
1:45,31L	F	100 Free	4 2018-01-27 LP School Champs 2018
56,60L	F	50 Back	3 2017-10-28 Eager Sprint Gala
55,83L	F -0,77	50 Back	4 2017-11-04 Limpopo Primary School - Top 10
54,51L	F -1,32	50 Back	5 2017-12-01 Limpopo Champs
54,93L	F 0,42	50 Back	4 2018-01-27 LP School Champs 2018
1:58,11L	F	100 Back	3 2018-01-27 LP School Champs 2018
1:02,87L	F	50 Breast	2 2017-10-28 Eager Sprint Gala
59,84L	F -3,03	50 Breast	5 2017-12-01 Limpopo Champs
1:03,25L	F 3,41	50 Breast	6 2018-01-27 LP School Champs 2018
2:15,58L	F	100 Breast	4 2018-01-27 LP School Champs 2018
1:08,59L	F	50 Fly	3 2017-10-28 Eager Sprint Gala
1:05,41L	F -3,18	50 Fly	5 2017-12-01 Limpopo Champs
1:05,92L	F 0,51	50 Fly	3 2018-01-27 LP School Champs 2018

SS-MPD

LSPHA-MPD

LSPHA-MPD

EAGA-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Erin Hillary (6) F (Yr: HN)			
30,09S	F	25 Free	3 2017-08-26 LP Shamu Sprint SC 2017
1:13,07L	F	50 Free	12 2017-10-28 Eager Sprint Gala
59,21L	DQ	50 Free	2017-12-01 Limpopo Champs
1:00,12L	F -12,95	50 Free	2 2018-01-27 LP School Champs 2018
31,40S	F	25 Back	3 2017-08-26 LP Shamu Sprint SC 2017
1:17,03L	F	50 Back	10 2017-10-28 Eager Sprint Gala
1:04,50L	F -12,53	50 Back	11 2017-12-01 Limpopo Champs
1:07,05L	F 2,55	50 Back	4 2018-01-27 LP School Champs 2018
1:26,48L	F	50 Breast	7 2017-10-28 Eager Sprint Gala
1:40,90L	DQ	50 Breast	2017-12-01 Limpopo Champs
1:47,51L	F 21,03	50 Breast	4 2018-01-27 LP School Champs 2018
1:33,47L	F	50 Fly	2 2018-01-27 LP School Champs 2018
Troy Hillary (11) M (Yr: AR)			
34,97L	LEV2	50 Free	3 2017-07-29 Limpopo Age Group 2
34,29L	LEV2	F -0,68	4 2017-12-01 Limpopo Champs
36,26L	F	50 Free	3 2018-01-27 LP School Champs 2018
1:20,67L	LEV2	F	2 2017-06-24 Limpopo Age Group 1
1:15,98S	LEV3	F -3,09	4 2017-08-19 Small Districts Championship Gala 2017
1:17,14L	LEV3	F -0,44	2 2017-09-09 Limpopo Age Group 3
1:21,27L	LEV2	F 4,13	7 2017-12-01 Limpopo Champs
1:20,92L	F	100 Free	4 2018-01-27 LP School Champs 2018
5:52,58L	LEV3	F	3 2017-09-09 Limpopo Age Group 3
5:59,98L	LEV3	F 7,40	9 2017-12-01 Limpopo Champs
43,45L	LEV2	F	1 2017-06-24 Limpopo Age Group 1
42,00L	LEV2	F -1,45	1 2017-07-29 Limpopo Age Group 2
38,32S	LEV2	F -3,08	2 2017-08-26 LP Shamu Sprint SC 2017
43,60L	DQ	50 Back	2017-11-04 Limpopo Primary School - Top 10
39,93L	LEV2	F 1,01	3 2017-12-01 Limpopo Champs
1:28,17L	F	49,25 200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
40,44L	LEV2	F 1,52	1 2018-01-27 LP School Champs 2018
1:36,03L	LEV2	F	1 2017-06-24 Limpopo Age Group 1
1:27,86L	LEV3	F -8,17	3 2017-09-09 Limpopo Age Group 3
1:27,65L	LEV3	F -0,21	3 2017-12-01 Limpopo Champs
1:30,45L	F	100 Back	2 2018-01-27 LP School Champs 2018
3:02,28L	LEV3	F	2 2017-07-29 Limpopo Age Group 2
3:04,17L	LEV3	F 1,89	2 2017-12-01 Limpopo Champs
3:12,65L	LEV2	F 10,37	3 2018-01-27 LP School Champs 2018
44,25S	F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
45,91L	F	50 Breast	5 2017-12-01 Limpopo Champs
1:49,32L	F	100 Breast	1 2017-06-24 Limpopo Age Group 1
1:41,06S	LEV2	F -6,26	8 2017-08-19 Small Districts Championship Gala 2017
1:42,64L	LEV2	F -0,42	2 2017-09-09 Limpopo Age Group 3
1:43,24L	LEV2	F 0,60	2 2017-11-04 Limpopo Primary School - Top 10
1:39,39L	LEV3	F -3,25	5 2017-12-01 Limpopo Champs
1:38,75L	LEV2	F -0,64	2 2018-01-27 LP School Champs 2018
47,96L	F	50 Fly	4 2017-07-29 Limpopo Age Group 2
44,00L	F	50 Fly	3 2017-09-09 Limpopo Age Group 3
42,88L	F	50 Fly	2 2017-11-04 Limpopo Primary School - Top 10
42,10L	F	50 Fly	7 2017-12-01 Limpopo Champs
45,47L	F	50 Fly	3 2018-01-27 LP School Champs 2018
3:27,18L	LEV2	F	1 2017-06-24 Limpopo Age Group 1
3:42,12L	DQ	F	2017-07-29 Limpopo Age Group 2
3:09,84S	LEV3	F -14,14	2 2017-08-26 LP Shamu Sprint SC 2017
3:12,60L	LEV3	F -0,44	7 2017-11-04 Limpopo Primary School - Top 10
3:13,91L	LEV3	F 1,31	15 2017-12-01 Limpopo Champs
3:10,35L	LEV2	F -2,25	3 2018-01-27 LP School Champs 2018

EAGAB-CCD

EAGA-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Kagiso Hoaeane (13) M (Yr: AR)**SS-MPD**

34,31S	F	50 Free	3 2017-08-26 LP Shamu Sprint SC 2017
33,23L	F -1,88	50 Free	10 2017-12-01 Limpopo Champs
33,85L	DQ F	50 Free	2018-01-27 LP School Champs 2018
1:17,79L	F	100 Free	7 2017-11-11 Limpopo Age Group 5
1:15,64L	F -2,15	100 Free	10 2017-12-01 Limpopo Champs
2:57,00L	F	200 Free	6 2017-10-14 Limpopo Age Group 4
2:52,74L	F -4,26	200 Free	10 2017-12-01 Limpopo Champs
40,79S	F	50 Back	3 2017-08-26 LP Shamu Sprint SC 2017
41,58L	F 0,19	50 Back	9 2017-12-01 Limpopo Champs
1:30,05L	F	100 Back	6 2017-11-11 Limpopo Age Group 5
1:29,65L	F -0,40	100 Back	8 2017-12-01 Limpopo Champs
3:11,21L	F	200 Back	7 2017-12-01 Limpopo Champs
43,91S	F	50 Breast	3 2017-08-26 LP Shamu Sprint SC 2017
44,82L	F -0,09	50 Breast	3 2017-10-14 Limpopo Age Group 4
43,17L	F -1,65	50 Breast	10 2017-12-01 Limpopo Champs
1:38,24L	F	100 Breast	4 2017-11-11 Limpopo Age Group 5
1:34,63L	DQ F	100 Breast	2017-12-01 Limpopo Champs
3:40,45L	F	200 Breast	5 2017-10-14 Limpopo Age Group 4
3:30,74L	F -9,71	200 Breast	7 2017-12-01 Limpopo Champs
3:45,12L	F 14,38	200 Breast	3 2018-01-27 LP School Champs 2018
39,82S	DQ F	50 Fly	2017-08-26 LP Shamu Sprint SC 2017
39,69L	F	50 Fly	3 2017-10-14 Limpopo Age Group 4
37,20L	F -2,49	50 Fly	9 2017-12-01 Limpopo Champs
38,11L	F 0,91	50 Fly	7 2018-01-27 LP School Champs 2018
1:43,08L	F	100 Fly	2 2017-11-11 Limpopo Age Group 5
1:34,90L	F -8,18	100 Fly	8 2017-12-01 Limpopo Champs
3:07,87S	DQ F	200 IM	2017-08-26 LP Shamu Sprint SC 2017
3:16,18L	F	200 IM	4 2017-10-14 Limpopo Age Group 4
3:05,47L	F -10,71	200 IM	12 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Katlego Hoesane (10) M (Yr: AR)					
38,13S	F	50 Free	2	2017-08-26	LP Shamu Sprint SC 2017
39,16L	F 0,23	50 Free	4	2017-10-14	Limpopo Age Group 4
37,95L	F -0,98	50 Free	10	2017-12-01	Limpopo Champs
1:30,79L	LEV2 F	100 Free	8	2017-11-11	Limpopo Age Group 5
1:29,52L	F -1,27	100 Free	13	2017-12-01	Limpopo Champs
3:22,30L	F	200 Free	10	2017-12-01	Limpopo Champs
7:27,65L	DQ F	400 Free		2017-12-01	Limpopo Champs
45,15S	F	50 Back	2	2017-08-26	LP Shamu Sprint SC 2017
47,51L	F 1,76	50 Back	1	2017-10-14	Limpopo Age Group 4
45,87L	F 0,12	50 Back	10	2017-12-01	Limpopo Champs
1:26,83L	F 41,08	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs
1:43,32L	DQ F	100 Back		2017-11-11	Limpopo Age Group 5
1:40,32L	F	100 Back	13	2017-12-01	Limpopo Champs
3:43,12L	F	200 Back	7	2017-12-01	Limpopo Champs
44,92S	F	50 Breast	1	2017-08-26	LP Shamu Sprint SC 2017
46,59L	F 0,67	50 Breast	1	2017-10-14	Limpopo Age Group 4
45,50L	F -0,42	50 Breast	1	2017-11-04	Limpopo Primary School - Top 10
44,27L	F -1,23	50 Breast	3	2017-12-01	Limpopo Champs
1:42,74L	LEV2 F	100 Breast	1	2017-11-04	Limpopo Primary School - Top 10
1:47,99L	LEV2 F 5,25	100 Breast	3	2017-11-11	Limpopo Age Group 5
1:38,21L	LEV3 F -4,53	100 Breast	3	2017-12-01	Limpopo Champs
3:40,08L	LEV2 F	200 Breast	4	2017-12-01	Limpopo Champs
47,52S	F	50 Fly	2	2017-08-26	LP Shamu Sprint SC 2017
52,73L	F 4,51	50 Fly	4	2017-10-14	Limpopo Age Group 4
53,72L	F 5,50	50 Fly	10	2017-12-01	Limpopo Champs
2:18,76L	DQ F	100 Fly		2017-11-11	Limpopo Age Group 5
2:09,90L	DQ F	100 Fly		2017-12-01	Limpopo Champs
3:31,40S	DQ F	200 IM		2017-08-26	LP Shamu Sprint SC 2017
3:49,34L	F	200 IM	2	2017-10-14	Limpopo Age Group 4
3:39,47L	F -9,87	200 IM	26	2017-12-01	Limpopo Champs
Melissa Holtzhausen (13) F (Yr: HR)					
NS	F	100 Back		2017-11-04	Limpopo Primary School - Top 10
Henrique Huisamen (15) M (Yr: GN)					
51,69L	F	50 Back	7	2017-10-20	Limpopo Top 10 - High Schools

SS-MPD

LSJM-SKD

HWBAD-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Kayla Human (10) F (Yr: AR)			
36,42S	LEV2 F	50 Free	1 2017-08-05 Tuks Sprint Gala
37,16L	LEV2 F -0,06	50 Free	2 2017-09-09 Limpopo Age Group 3
35,62L	LEV2 F -1,54	50 Free	2 2017-11-11 Limpopo Age Group 5
35,06L	F -0,56	50 Free	4 2018-01-27 LP School Champs 2018
33,76L	LEV2 F -1,30	50 Free	1 2018-02-17 Limpopo Age Group 7
1:23,89S	LEV2 F	100 Free	21 2017-08-05 Tuks Sprint Gala
1:25,60L	LEV2 F 0,11	100 Free	4 2017-09-09 Limpopo Age Group 3
1:19,95L	LEV2 F -5,54	100 Free	3 2017-11-11 Limpopo Age Group 5
1:21,07L	LEV2 F 1,12	100 Free	5 2018-01-27 LP School Champs 2018
42,79S	LEV2 F	50 Back	2 2017-08-05 Tuks Sprint Gala
40,93L	LEV2 F -2,46	50 Back	4 2018-01-27 LP School Champs 2018
1:43,68S	LEV2 F	100 Back	2 2017-08-05 Tuks Sprint Gala
45,30S	LEV2 F	50 Breast	1 2017-08-05 Tuks Sprint Gala
45,59L	LEV2 F -0,71	50 Breast	1 2017-09-09 Limpopo Age Group 3
44,91L	LEV2 F -0,68	50 Breast	1 2017-11-04 Limpopo Primary School - Top 10
45,42L	LEV2 F 0,51	50 Breast	2 2017-11-11 Limpopo Age Group 5
43,95L	LEV2 F -0,96	50 Breast	2 2018-01-27 LP School Champs 2018
44,19L	LEV2 F 0,24	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:50,16S	LEV2 F	100 Breast	2 2017-08-05 Tuks Sprint Gala
1:47,61L	LEV2 F -4,55	100 Breast	2 2017-09-09 Limpopo Age Group 3
1:42,98L	LEV2 F -0,14	100 Breast	2 2017-11-11 Limpopo Age Group 5
1:42,20L	LEV2 F -0,78	100 Breast	6 2018-01-27 LP School Champs 2018
45,29S	F	50 Fly	3 2017-08-05 Tuks Sprint Gala
44,75L	LEV2 F -1,24	50 Fly	1 2017-09-09 Limpopo Age Group 3
37,89L	LEV2 F -6,54	50 Fly	1 2017-11-04 Limpopo Primary School - Top 10
40,03L	LEV2 F 2,14	50 Fly	2 2017-11-11 Limpopo Age Group 5
40,58L	LEV2 F 2,69	50 Fly	3 2018-01-27 LP School Champs 2018
41,49L	LEV2 F 3,60	50 Fly	1 2018-02-17 Limpopo Age Group 7
1:49,10S	F	100 Fly	1 2017-08-05 Tuks Sprint Gala
1:34,64L	LEV2 F -15,86	100 Fly	2 2017-11-04 Limpopo Primary School - Top 10
1:39,56L	F 4,92	100 Fly	2 2018-01-27 LP School Champs 2018
1:41,87L	F 7,23	100 Fly	1 2018-02-17 Limpopo Age Group 7
3:27,45S	LEV2 F	200 IM	3 2017-08-05 Tuks Sprint Gala
3:28,07L	LEV2 F -2,58	200 IM	5 2018-01-27 LP School Champs 2018
3:22,65L	DQ F	200 IM	2018-02-17 Limpopo Age Group 7

ELRAS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ashleigh Hunter (18) F (Yr: AR)				EAGA-CCD
29,66S	F	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
29,79L	F -0,67	50 Free	1	2017-10-14 Limpopo Age Group 4
30,27L	F 0,48	50 Free	1	2018-01-27 LP School Champs 2018
1:05,61L	LEV3 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:04,73L	LEV3 F -0,88	100 Free	1	2017-09-09 Limpopo Age Group 3
1:05,85L	LEV3 F 1,12	100 Free	1	2017-10-28 Eager Sprint Gala
1:05,80L	F 1,07	100 Free	1	2018-01-27 LP School Champs 2018
2:17,42L	LEV3 F	200 Free	8	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:17,52L	LEV3 P	200 Free	8	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:19,68L	LEV3 F 2,26	200 Free	1	2017-10-14 Limpopo Age Group 4
2:18,28L	LEV3 F 0,86	200 Free	1	2017-12-01 Limpopo Champs
2:17,91L	LEV3 F 0,49	200 Free	1	2018-02-17 Limpopo Age Group 7
4:59,97L	LEV3 F	400 Free	1	2017-06-24 Limpopo Age Group 1
4:49,81L	LEV3 P -10,16	400 Free	11	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
4:52,17L	LEV3 F -7,80	400 Free	10	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
4:52,97L	LEV3 F 3,16	400 Free	1	2017-12-01 Limpopo Champs
35,67S	F	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
36,67L	F 0,40	50 Back	1	2017-10-14 Limpopo Age Group 4
35,50L	F -0,77	50 Back	2	2017-12-01 Limpopo Champs
1:20,10L	F	100 Back	1	2017-10-28 Eager Sprint Gala
1:15,90L	LEV3 F -4,20	100 Back	2	2017-12-01 Limpopo Champs
40,38S	F	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
40,56L	F -0,82	50 Breast	3	2017-12-01 Limpopo Champs
1:33,48L	F	100 Breast	1	2017-10-28 Eager Sprint Gala
1:29,57L	F -3,91	100 Breast	3	2017-12-01 Limpopo Champs
31,78L	F	50 Fly	1	2017-06-24 Limpopo Age Group 1
31,72L	P -0,06	50 Fly	12	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,74S	F 0,72	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
31,24L	F -0,48	50 Fly	1	2017-10-14 Limpopo Age Group 4
32,05L	F 0,81	50 Fly	1	2018-01-27 LP School Champs 2018
1:13,37L	LEV3 F	100 Fly	1	2017-10-28 Eager Sprint Gala
1:10,10L	LEV3 F -3,27	100 Fly	1	2017-12-01 Limpopo Champs
1:11,10L	F 1,00	100 Fly	1	2018-01-27 LP School Champs 2018
1:10,16L	LEV3 F 0,06	100 Fly	1	2018-02-17 Limpopo Age Group 7
2:41,31L	F	200 Fly	1	2017-12-01 Limpopo Champs
2:37,17S	LEV3 F	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017
2:40,39L	LEV3 F 0,02	200 IM	1	2017-10-14 Limpopo Age Group 4
2:42,39L	LEV3 F 2,02	200 IM	1	2017-10-28 Eager Sprint Gala
2:40,41L	LEV3 F 0,04	200 IM	1	2018-02-17 Limpopo Age Group 7
Soné Jacobs (15) F (Yr: GR)				HSBV-SKD
34,88L	F	50 Free	6	2017-10-20 Limpopo Top 10 - High Schools
1:19,68L	F	100 Free	5	2017-10-20 Limpopo Top 10 - High Schools
Tasmia Jardine (11) F (Yr: HR)				MITCH-CCD
45,86L	F	50 Free	9	2017-11-04 Limpopo Primary School - Top 10
1:37,83L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Van Zyl Jonck (12) M (Yr: HN)				LSMH-WBD
37,28L	F	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
1:14,41L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:34,86L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Ethan Jones (14) M (Yr: GR)				HSTAN-MPD
36,24L	F	50 Free	7	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Aj Jordaan (14) M (Yr: AR)

EAGA-CCD

29,47S	LEV2	F	50	Free	2	2017-08-05	Tuks Sprint Gala
29,09L	LEV2	F -1,18	50	Free	4	2017-12-01	Limpopo Champs
1:02,20L	LEV3	F	100	Free	2	2017-06-24	Limpopo Age Group 1
1:02,73L	LEV3	F 0,53	100	Free	6	2017-07-03	Sasol National Championship 2017
1:02,73S	LEV3	F 2,13	100	Free	6	2017-08-05	Tuks Sprint Gala
1:01,12L	LEV3	F -1,08	100	Free	1	2017-09-09	Limpopo Age Group 3
1:01,88L	LEV3	F 0,76	100	Free	2	2017-10-20	Limpopo Top 10 - High Schools
1:03,15L	LEV3	F 2,03	100	Free	2	2017-10-28	Eager Sprint Gala
1:00,12L	SANJ	F -1,00	100	Free	2	2017-12-01	Limpopo Champs
1:01,05L	LEV3	P 0,93	100	Free	23	2017-12-06	NTS Championships 2017
1:01,56L	LEV3	F 1,44	100	Free	3	2018-01-27	LP School Champs 2018
1:01,36L	LEV3	F 1,24	100	Free	3	2018-02-17	Limpopo Age Group 7
2:12,75L	LEV3	F	200	Free	3	2017-07-03	Sasol National Championship 2017
2:14,85L	LEV3	P	200	Free	4	2017-07-03	Sasol National Championship 2017
2:15,95L	LEV3	F 3,20	200	Free	1	2017-07-29	Limpopo Age Group 2
2:11,00L	SANJ	F -1,75	200	Free	1	2017-10-14	Limpopo Age Group 4
2:09,10L	SANJ	F -1,90	200	Free	1	2017-12-01	Limpopo Champs
2:11,38L	LEV3	P 2,28	200	Free	15	2017-12-06	NTS Championships 2017
2:10,78L	LEV3	F 1,68	200	Free	1	2018-01-27	LP School Champs 2018
2:10,04L	SANJ	F 0,94	200	Free	1	2018-02-17	Limpopo Age Group 7
4:47,82L	LEV3	F	400	Free	1	2017-06-24	Limpopo Age Group 1
4:40,89L	SANJ	F -6,93	400	Free	9	2017-07-03	Sasol National Championship 2017
4:29,30L	SANJ	F -11,59	400	Free	2	2017-12-01	Limpopo Champs
4:33,67L	SANJ	F 4,37	400	Free	5	2017-12-06	NTS Championships 2017
4:37,79L	LEV3	F 8,49	400	Free	1	2018-01-27	LP School Champs 2018
9:50,57L		F	800	Free	6	2017-07-03	Sasol National Championship 2017
9:48,96L		F -1,61	800	Free	1	2017-09-09	Limpopo Age Group 3
18:13,47L	SANJ	F	1500	Free	5	2017-07-03	Sasol National Championship 2017
18:39,59L	SANJ	F 26,12	1500	Free	1	2017-07-29	Limpopo Age Group 2
17:53,61L	SANJ	F -19,86	1500	Free	1	2017-12-01	Limpopo Champs
17:29,01L	SANJ	F -24,60	1500	Free	3	2017-12-06	NTS Championships 2017
18:25,60L		F 56,59	1500	Free	1	2018-01-27	LP School Champs 2018
33,67L	I. LEV2	F	200	Medley Relay Lead Off		2017-07-03	Sasol National Championship 2017
33,08S	LEV2	F 0,01	50	Back	2	2017-08-05	Tuks Sprint Gala
32,98S	I. LEV2	F -0,09	200	Medley Relay Lead Off		2017-08-19	Small Districts Championship Gala 2017
33,29L	LEV2	F 0,02	50	Back	2	2017-10-20	Limpopo Top 10 - High Schools
33,05L	LEV2	F -0,22	50	Back	3	2017-12-01	Limpopo Champs
1:08,92L	I.	F 35,65	200	Medley Relay Lead Off		2017-12-01	Limpopo Champs
1:14,08L	LEV2	F	100	Back	1	2017-06-24	Limpopo Age Group 1
1:12,09L	LEV3	P -1,99	100	Back	5	2017-07-03	Sasol National Championship 2017
1:12,25L	LEV3	F -1,83	100	Back	5	2017-07-03	Sasol National Championship 2017
1:12,01S	LEV3	F 1,12	100	Back	1	2017-08-05	Tuks Sprint Gala
1:11,86S	LEV3	F 0,97	100	Back	5	2017-08-19	Small Districts Championship Gala 2017
1:11,03L	LEV3	F -1,06	100	Back	2	2017-09-09	Limpopo Age Group 3
1:11,94L	LEV3	F 0,91	100	Back	3	2017-10-20	Limpopo Top 10 - High Schools
1:13,54L	LEV3	F 2,51	100	Back	2	2017-10-28	Eager Sprint Gala
1:10,46L	LEV3	F -0,57	100	Back	3	2017-12-01	Limpopo Champs
1:10,54L	LEV3	P 0,08	100	Back	15	2017-12-06	NTS Championships 2017
1:10,74L	LEV2	F 0,28	100	Back	3	2018-01-27	LP School Champs 2018
1:11,39L	LEV3	F 0,93	100	Back	3	2018-02-17	Limpopo Age Group 7
2:36,19L	LEV3	F	200	Back	6	2017-07-03	Sasol National Championship 2017
2:37,18L	LEV3	P	200	Back	6	2017-07-03	Sasol National Championship 2017
2:34,96L	LEV3	F -1,23	200	Back	1	2017-07-29	Limpopo Age Group 2
2:31,67L	LEV3	F -3,29	200	Back	2	2017-10-14	Limpopo Age Group 4
2:29,31L	LEV3	F -2,36	200	Back	1	2017-12-01	Limpopo Champs
2:32,27L	LEV3	P 2,96	200	Back	11	2017-12-06	NTS Championships 2017
2:28,35L	LEV3	F -0,96	200	Back	1	2018-01-27	LP School Champs 2018
2:33,01L	LEV3	F 4,66	200	Back	2	2018-02-17	Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Aj Jordaan (14) M (Yr: AR)				EAGA-CCD
39,10S	F	50 Breast	3	2017-08-05 Tuks Sprint Gala
1:29,32L	F	100 Breast	1	2017-06-24 Limpopo Age Group 1
1:23,96L	LEV2 P -5,36	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:24,92L	LEV2 F -4,40	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:25,65S	LEV2 F 3,69	100 Breast	2	2017-08-05 Tuks Sprint Gala
1:23,91L	LEV2 F -0,05	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:29,11L	F 5,20	100 Breast	3	2017-10-28 Eager Sprint Gala
1:24,92L	LEV2 F 1,01	100 Breast	4	2017-12-01 Limpopo Champs
3:04,61L	LEV2 F	200 Breast	1	2017-07-29 Limpopo Age Group 2
3:09,95L	LEV2 F 5,34	200 Breast	3	2017-10-14 Limpopo Age Group 4
33,87S	F	50 Fly	2	2017-08-05 Tuks Sprint Gala
31,87L	LEV2 F -1,78	50 Fly	4	2017-12-01 Limpopo Champs
1:16,89L	F	100 Fly	7	2017-07-03 Sasol National Championship 2017
1:13,00S	LEV2 F -2,49	100 Fly	2	2017-08-05 Tuks Sprint Gala
1:15,51S	F 2,51	100 Fly	7	2017-08-19 Small Districts Championship Gala 2017
1:14,60L	LEV2 F 0,20	100 Fly	1	2017-10-28 Eager Sprint Gala
1:11,67L	LEV2 F -2,73	100 Fly	2	2017-12-01 Limpopo Champs
2:41,70L	LEV3 F	200 IM	1	2017-06-24 Limpopo Age Group 1
2:34,39L	LEV3 F -7,31	200 IM	5	2017-07-03 Sasol National Championship 2017
2:35,06L	LEV3 P -6,64	200 IM	5	2017-07-03 Sasol National Championship 2017
2:34,15L	LEV3 F -0,24	200 IM	1	2017-07-29 Limpopo Age Group 2
2:34,01S	LEV3 F 3,06	200 IM	1	2017-08-05 Tuks Sprint Gala
2:31,05S	LEV3 F 0,10	200 IM	5	2017-08-19 Small Districts Championship Gala 2017
2:34,79L	LEV3 F 1,60	200 IM	1	2017-10-14 Limpopo Age Group 4
2:36,69L	LEV3 F 3,50	200 IM	1	2017-10-28 Eager Sprint Gala
2:33,10L	LEV3 F -0,09	200 IM	8	2017-12-01 Limpopo Champs
2:32,38L	LEV3 F -0,72	200 IM	2	2018-01-27 LP School Champs 2018
2:33,25L	LEV3 F 0,87	200 IM	1	2018-02-17 Limpopo Age Group 7
5:30,61L	SANJ F	400 IM	9	2017-07-03 Sasol National Championship 2017
5:27,99L	SANJ F -2,62	400 IM	2	2017-12-01 Limpopo Champs
5:22,39L	SANJ F -5,60	400 IM	7	2017-12-06 NTS Championships 2017
5:28,70L	F 6,31	400 IM	1	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ayden Jordaan (13) M (Yr: AR)				LPTBO-CCD
30,21L	LEV2 F	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:01,73L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
30,64L	LEV2 F 0,43	50 Free	4	2017-12-01 Limpopo Champs
1:01,06L	F 30,85	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:05,08L	LEV3 F	100 Free	6	2017-07-03 Sasol National Championship 2017
1:03,53S	LEV3 F 0,05	100 Free	2	2017-08-19 Small Districts Championship Gala 2017
1:04,02L	LEV3 F -1,06	100 Free	1	2017-09-09 Limpopo Age Group 3
1:05,41L	LEV3 F 1,39	100 Free	1	2017-10-28 Eager Sprint Gala
1:03,71L	LEV3 F -0,31	100 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:03,90L	LEV3 F 0,19	100 Free	2	2017-12-01 Limpopo Champs
1:04,81L	LEV3 P 1,10	100 Free	15	2017-12-06 NTS Championships 2017
2:19,38L	LEV3 P	200 Free	3	2017-07-03 Sasol National Championship 2017
2:19,89L	LEV3 F	200 Free	4	2017-07-03 Sasol National Championship 2017
2:19,28L	LEV3 F -0,10	200 Free	1	2017-07-29 Limpopo Age Group 2
2:17,89L	SANJ F -1,39	200 Free	1	2017-10-14 Limpopo Age Group 4
2:17,74L	SANJ F -0,15	200 Free	1	2017-12-01 Limpopo Champs
2:16,18L	SANJ F -1,56	200 Free	4	2017-12-06 NTS Championships 2017
2:17,27L	SANJ P -0,47	200 Free	4	2017-12-06 NTS Championships 2017
4:52,22L	SANJ F	400 Free	14	2017-07-03 Sasol National Championship 2017
4:45,00L	SANJ F -7,22	400 Free	3	2017-12-01 Limpopo Champs
4:48,28L	SANJ F 3,28	400 Free	4	2017-12-06 NTS Championships 2017
19:07,73L	SANJ F	1500 Free	8	2017-07-03 Sasol National Championship 2017
18:40,24L	SANJ F -27,49	1500 Free	2	2017-12-01 Limpopo Champs
18:29,82L	SANJ F -10,42	1500 Free	1	2017-12-06 NTS Championships 2017
36,66L	LEV2 F	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
36,83L	LEV2 F 0,17	50 Back	5	2017-12-01 Limpopo Champs
1:16,72L	LEV3 F	100 Back	5	2017-07-03 Sasol National Championship 2017
1:18,33L	LEV3 P	100 Back	5	2017-07-03 Sasol National Championship 2017
1:16,84L	LEV3 F 0,12	100 Back	1	2017-09-09 Limpopo Age Group 3
1:18,27L	LEV3 F 1,55	100 Back	1	2017-10-28 Eager Sprint Gala
1:16,24L	LEV3 F -0,48	100 Back	2	2017-11-04 Limpopo Primary School - Top 10
1:15,71L	LEV3 F -0,53	100 Back	2	2017-12-01 Limpopo Champs
1:17,85L	LEV3 P 2,14	100 Back	23	2017-12-06 NTS Championships 2017
2:41,26L	LEV3 F	200 Back	5	2017-07-03 Sasol National Championship 2017
2:44,07L	LEV3 P	200 Back	4	2017-07-03 Sasol National Championship 2017
2:45,32L	LEV3 F 4,06	200 Back	1	2017-10-14 Limpopo Age Group 4
2:40,10L	LEV3 F -1,16	200 Back	2	2017-12-01 Limpopo Champs
40,69L	LEV2 F	50 Breast	4	2017-12-01 Limpopo Champs
1:31,32L	LEV2 P	100 Breast	6	2017-07-03 Sasol National Championship 2017
1:32,28L	LEV2 F	100 Breast	7	2017-07-03 Sasol National Championship 2017
1:31,66L	LEV2 F 0,34	100 Breast	2	2017-09-09 Limpopo Age Group 3
1:33,10L	LEV2 F 1,78	100 Breast	2	2017-10-28 Eager Sprint Gala
1:30,63L	LEV2 F -0,69	100 Breast	4	2017-12-01 Limpopo Champs
3:16,37L	LEV2 F	200 Breast	4	2017-12-01 Limpopo Champs
32,72L	LEV2 F	50 Fly	3	2017-12-01 Limpopo Champs
1:14,60L	LEV3 F	100 Fly	5	2017-07-03 Sasol National Championship 2017
1:13,64L	LEV3 F -0,96	100 Fly	1	2017-07-29 Limpopo Age Group 2
1:12,27S	LEV3 F 0,03	100 Fly	4	2017-08-19 Small Districts Championship Gala 2017
1:15,80L	LEV2 F 2,16	100 Fly	1	2017-10-28 Eager Sprint Gala
1:11,36L	LEV3 F -2,28	100 Fly	2	2017-12-01 Limpopo Champs
1:11,45L	LEV3 P 0,09	100 Fly	7	2017-12-06 NTS Championships 2017
2:48,66L	F	200 Fly	11	2017-07-03 Sasol National Championship 2017
2:42,71L	F -5,95	200 Fly	1	2017-09-09 Limpopo Age Group 3
2:42,50L	F -0,21	200 Fly	4	2017-12-01 Limpopo Champs
2:49,77L	F 7,27	200 Fly	3	2017-12-06 NTS Championships 2017
2:41,19L	LEV3 F	200 IM	3	2017-07-03 Sasol National Championship 2017
2:41,66L	LEV3 P	200 IM	2	2017-07-03 Sasol National Championship 2017
2:39,28L	LEV3 F -1,91	200 IM	1	2017-07-29 Limpopo Age Group 2

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ayden Jordaan (13) M (Yr: AR)				LP-LP
2:36,17S	LEV3 F 0,09	200 IM	2	2017-08-19 Small Districts Championship Gala 2017
2:39,64L	LEV3 F 0,36	200 IM	1	2017-10-14 Limpopo Age Group 4
2:45,54L	LEV3 F 6,26	200 IM	1	2017-10-28 Eager Sprint Gala
2:39,42L	LEV3 F 0,14	200 IM	1	2017-11-04 Limpopo Primary School - Top 10
2:38,55L	SANJ F -0,73	200 IM	2	2017-12-01 Limpopo Champs
2:39,19L	LEV3 P 0,64	200 IM	8	2017-12-06 NTS Championships 2017
5:43,78L	F	400 IM	10	2017-07-03 Sasol National Championship 2017
Elana Jordaan (18) F (Yr: GR)				PHS-CCD
NS	F	100 Back		2017-10-20 Limpopo Top 10 - High Schools
1:42,24L	F	100 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
Hildegard Jordaan (17) F (Yr: AN)				LOTTA-WBD
37,82L	F	50 Free	5	2017-09-09 Limpopo Age Group 3
35,89L	F -1,93	50 Free	1	2018-01-27 LP School Champs 2018
36,01L	F 0,12	50 Free	5	2018-02-17 Limpopo Age Group 7
1:20,92L	F	100 Free	6	2017-09-09 Limpopo Age Group 3
1:20,80L	F -0,12	100 Free	1	2018-01-27 LP School Champs 2018
1:23,30L	F 2,50	100 Free	4	2018-02-17 Limpopo Age Group 7
41,76L	F	50 Back	3	2017-09-09 Limpopo Age Group 3
40,63L	F -1,13	50 Back	2	2018-01-27 LP School Champs 2018
40,43L	F -0,20	50 Back	3	2018-02-17 Limpopo Age Group 7
1:33,70L	F	100 Back	2	2017-09-09 Limpopo Age Group 3
1:30,35L	F -3,35	100 Back	2	2018-01-27 LP School Champs 2018
1:31,57L	F 1,22	100 Back	4	2018-02-17 Limpopo Age Group 7
51,16L	F	50 Breast	6	2017-09-09 Limpopo Age Group 3
44,27L	F	50 Fly	3	2018-01-27 LP School Champs 2018
46,03L	F 1,76	50 Fly	4	2018-02-17 Limpopo Age Group 7
Reuben Jordaan (16) M (Yr: GN)				HFDT-MPD
38,73L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
Zinadi Jordaan (17) F (Yr: GN)				HFDT-MPD
NS	F	50 Free		2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
James Joubert (14) M (Yr: AR)			
SS-MPD			
27,73S	LEV2 F	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
27,27L	LEV2 F -1,26	50 Free	1 2017-09-09 Limpopo Age Group 3
27,05L	LEV2 F -0,22	50 Free	1 2017-10-14 Limpopo Age Group 4
27,06L	LEV2 F 0,01	50 Free	1 2017-10-20 Limpopo Top 10 - High Schools
26,67L	LEV2 F -0,38	50 Free	1 2017-12-01 Limpopo Champs
27,34L	LEV2 F 0,67	50 Free	1 2018-01-27 LP School Champs 2018
26,47L	LEV2 F -0,20	50 Free	1 2018-02-17 Limpopo Age Group 7
1:03,10L	LEV3 F	100 Free	4 2017-09-09 Limpopo Age Group 3
1:01,99L	LEV3 F -1,11	100 Free	3 2017-11-11 Limpopo Age Group 5
1:00,64L	LEV3 F -1,35	100 Free	3 2017-12-01 Limpopo Champs
1:01,15L	LEV3 F 0,51	100 Free	2 2018-01-27 LP School Champs 2018
59,93L	SANJ F -0,71	100 Free	2 2018-02-17 Limpopo Age Group 7
2:30,73L	LEV2 F	200 Free	7 2017-12-01 Limpopo Champs
2:31,88L	F 1,15	200 Free	7 2018-01-27 LP School Champs 2018
5:48,00L	F	400 Free	19 2017-12-01 Limpopo Champs
33,48S	LEV2 F	50 Back	3 2017-08-26 LP Shamu Sprint SC 2017
33,02L	LEV2 F -1,06	50 Back	1 2017-10-14 Limpopo Age Group 4
33,24L	LEV2 F 0,22	50 Back	4 2017-12-01 Limpopo Champs
33,09L	LEV2 F 0,07	50 Back	2 2018-01-27 LP School Champs 2018
1:13,82L	LEV3 F	100 Back	4 2017-09-09 Limpopo Age Group 3
1:12,38L	LEV3 F -1,44	100 Back	4 2017-12-01 Limpopo Champs
1:13,55L	LEV2 F 1,17	100 Back	4 2018-01-27 LP School Champs 2018
2:43,39L	LEV2 F	200 Back	5 2017-12-01 Limpopo Champs
37,49S	LEV2 F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
37,47L	LEV2 F -1,02	50 Breast	2 2017-10-14 Limpopo Age Group 4
36,52L	LEV2 F -0,95	50 Breast	2 2017-12-01 Limpopo Champs
36,88L	LEV2 F 0,36	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:26,80L	LEV2 F	100 Breast	3 2017-09-09 Limpopo Age Group 3
1:29,57L	F 2,77	100 Breast	4 2017-10-20 Limpopo Top 10 - High Schools
1:30,62L	F 3,82	100 Breast	7 2017-12-01 Limpopo Champs
3:29,08L	F	200 Breast	7 2017-12-01 Limpopo Champs
29,34S	LEV2 F	50 Fly	1 2017-08-26 LP Shamu Sprint SC 2017
29,40L	LEV2 F -0,64	50 Fly	1 2017-10-14 Limpopo Age Group 4
28,95L	LEV2 F -0,45	50 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
28,56L	LEV2 F -0,39	50 Fly	1 2017-12-01 Limpopo Champs
29,07L	LEV2 F 0,51	50 Fly	1 2018-01-27 LP School Champs 2018
28,50L	LEV2 F -0,06	50 Fly	1 2018-02-17 Limpopo Age Group 7
1:19,56L	F	100 Fly	4 2017-11-11 Limpopo Age Group 5
1:22,08L	F 2,52	100 Fly	9 2017-12-01 Limpopo Champs
2:56,20L	F	200 IM	6 2017-10-14 Limpopo Age Group 4
2:50,36L	LEV2 F -5,84	200 IM	19 2017-12-01 Limpopo Champs
2:48,94L	F -1,42	200 IM	5 2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Joszua Joubert (10) M (Yr: FN)				SSB-MPD
42,74S	F	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
38,35L	F -1,41	50 Free	2	2017-10-14 Limpopo Age Group 4
38,21L	F -0,14	50 Free	2	2017-10-28 Eager Sprint Gala
39,97L	F 1,76	50 Free	7	2017-11-11 Limpopo Age Group 5
38,96L	F 0,75	50 Free	13	2017-12-01 Limpopo Champs
35,57L	F -2,64	50 Free	2	2018-01-27 LP School Champs 2018
1:31,74L	F	100 Free	15	2017-12-01 Limpopo Champs
1:26,29L	F -5,45	100 Free	7	2018-01-27 LP School Champs 2018
1:27,56L	F 1,27	100 Free	6	2018-02-17 Limpopo Age Group 7
3:22,80L	F	200 Free	11	2017-12-01 Limpopo Champs
51,47S	F	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
51,61L	F 5,43	50 Back	3	2017-10-14 Limpopo Age Group 4
49,18L	F 3,00	50 Back	2	2017-10-28 Eager Sprint Gala
50,33L	F 4,15	50 Back	5	2017-11-11 Limpopo Age Group 5
49,05L	F 2,87	50 Back	14	2017-12-01 Limpopo Champs
44,52L	F -1,66	50 Back	4	2018-01-27 LP School Champs 2018
1:47,45L	F	100 Back	15	2017-12-01 Limpopo Champs
1:46,02L	F -1,43	100 Back	5	2018-02-17 Limpopo Age Group 7
52,89S	F	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
54,05L	F 0,16	50 Breast	4	2017-10-14 Limpopo Age Group 4
52,66L	F -1,23	50 Breast	2	2017-10-28 Eager Sprint Gala
53,49L	F 0,83	50 Breast	4	2017-11-11 Limpopo Age Group 5
49,25L	F -3,41	50 Breast	9	2017-12-01 Limpopo Champs
50,24L	F 0,99	50 Breast	2	2018-01-27 LP School Champs 2018
1:58,14L	F 2,87	100 Breast	6	2017-11-11 Limpopo Age Group 5
1:56,99L	F 1,72	100 Breast	12	2017-12-01 Limpopo Champs
1:51,32L	F -3,95	100 Breast	3	2018-01-27 LP School Champs 2018
1:56,61L	F 5,29	100 Breast	3	2018-02-17 Limpopo Age Group 7
4:04,34L	F	200 Breast	2	2018-01-27 LP School Champs 2018
4:10,08L	F 5,74	200 Breast	1	2018-02-17 Limpopo Age Group 7
55,99S	DQ F	50 Fly		2017-08-26 LP Shamu Sprint SC 2017
57,35L	F 7,28	50 Fly	6	2017-10-14 Limpopo Age Group 4
58,40L	F 8,33	50 Fly	3	2017-10-28 Eager Sprint Gala
54,49L	F 4,42	50 Fly	5	2017-11-11 Limpopo Age Group 5
58,54L	F 8,47	50 Fly	13	2017-12-01 Limpopo Champs
58,02L	F 7,95	50 Fly	8	2018-01-27 LP School Champs 2018
58,97L	F 8,90	50 Fly	2	2018-02-17 Limpopo Age Group 7
4:05,92S	F	200 IM	3	2017-08-26 LP Shamu Sprint SC 2017
4:25,81L	F 16,69	200 IM	3	2017-10-14 Limpopo Age Group 4
4:07,89L	F -1,23	200 IM	3	2017-10-28 Eager Sprint Gala
3:59,11L	F -8,78	200 IM	37	2017-12-01 Limpopo Champs
3:57,76L	F -1,35	200 IM	8	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Larrike Joubert (11) F (Yr: DR)				TASC-MPD
38,29S	F	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
36,74L	F -2,35	50 Free	8	2017-12-01 Limpopo Champs
35,21L	F -1,53	50 Free	5	2018-01-27 LP School Champs 2018
36,57L	F 1,36	50 Free	8	2018-02-17 Limpopo Age Group 7
1:26,57L	LEV2 F	100 Free	5	2017-09-09 Limpopo Age Group 3
1:22,75L	LEV2 F -3,82	100 Free	4	2017-11-11 Limpopo Age Group 5
1:18,18L	LEV3 F -4,57	100 Free	4	2017-12-01 Limpopo Champs
1:20,65L	LEV2 F 2,47	100 Free	4	2018-01-27 LP School Champs 2018
45,62S	F	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
47,16L	F 0,94	50 Back	3	2017-11-11 Limpopo Age Group 5
44,23L	LEV2 F -1,99	50 Back	6	2017-12-01 Limpopo Champs
1:32,16L	F 45,94	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
44,89L	F 0,66	50 Back	4	2018-02-17 Limpopo Age Group 7
1:43,20L	F	100 Back	6	2017-09-09 Limpopo Age Group 3
1:36,61L	LEV2 F -6,59	100 Back	9	2017-12-01 Limpopo Champs
1:40,13L	F 3,52	100 Back	6	2018-02-17 Limpopo Age Group 7
49,20S	F	50 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
48,09L	F -2,11	50 Breast	2	2017-09-09 Limpopo Age Group 3
47,81L	F -0,28	50 Breast	2	2017-10-14 Limpopo Age Group 4
47,07L	LEV2 F -0,74	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
47,48L	F 0,41	50 Breast	3	2017-11-11 Limpopo Age Group 5
46,85L	LEV2 F -0,22	50 Breast	4	2017-12-01 Limpopo Champs
44,95L	F -1,90	50 Breast	3	2018-01-27 LP School Champs 2018
48,39L	F 3,44	50 Breast	4	2018-02-17 Limpopo Age Group 7
1:48,92L	LEV2 F	100 Breast	4	2017-09-09 Limpopo Age Group 3
1:41,45L	LEV2 F -7,47	100 Breast	2	2017-11-04 Limpopo Primary School - Top 10
1:41,23L	LEV3 F -0,22	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:43,34L	LEV2 F 2,11	100 Breast	4	2017-12-01 Limpopo Champs
1:37,40L	LEV2 F -3,83	100 Breast	3	2018-01-27 LP School Champs 2018
3:42,62L	LEV2 F	200 Breast	2	2017-10-14 Limpopo Age Group 4
3:36,85L	LEV3 F -5,77	200 Breast	3	2017-12-01 Limpopo Champs
3:33,26L	LEV2 F -3,59	200 Breast	3	2018-01-27 LP School Champs 2018
3:33,24L	LEV2 F -0,02	200 Breast	1	2018-02-17 Limpopo Age Group 7
41,77S	LEV2 F	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
41,93L	LEV2 F -0,54	50 Fly	2	2017-10-14 Limpopo Age Group 4
39,84L	LEV2 F -2,09	50 Fly	3	2017-11-04 Limpopo Primary School - Top 10
40,50L	LEV2 F 0,66	50 Fly	3	2017-11-11 Limpopo Age Group 5
38,43L	LEV2 F -1,41	50 Fly	2	2017-12-01 Limpopo Champs
39,43L	LEV2 F 1,00	50 Fly	2	2018-01-27 LP School Champs 2018
1:42,24L	F	100 Fly	3	2017-11-04 Limpopo Primary School - Top 10
3:41,80S	F	200 IM	6	2017-08-26 LP Shamu Sprint SC 2017
3:47,74L	F 2,74	200 IM	3	2017-10-14 Limpopo Age Group 4
3:20,49L	LEV2 F -24,51	200 IM	12	2017-12-01 Limpopo Champs
3:19,63L	LEV2 F -0,86	200 IM	4	2018-01-27 LP School Champs 2018
Stefan Joubert (15) M (Yr: GN)				HMER-MPD
31,10L	F	50 Free	7	2017-10-20 Limpopo Top 10 - High Schools
41,99L	F	50 Breast	6	2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Breast		2017-10-20 Limpopo Top 10 - High Schools
Wessel Joubert (9) M (Yr: HR)				LSPHA-MPD
39,73L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10
12,96L	LEV2 F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
51,22L	F	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
Christiaan Jv Rensburg (14) M (Yr: GN)				HFDT-MPD
36,70L	F	50 Back	4	2017-10-20 Limpopo Top 10 - High Schools
41,84L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
Henro Jv Rensburg (11) M (Yr: HN)				LSPN-MPD
50,71L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
1:09,14L	DQ F	50 Fly		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place			
Rohan Jv Rensburg (9) M (Yr: HN)						
1:07,88L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10	LSPN-MPD
Suzaan Jv Rensburg (13) F (Yr: HR)						
38,68L	F	50 Free	10	2017-11-04	Limpopo Primary School - Top 10	LSJM-SKD
1:31,24L	F	100 Free	10	2017-11-04	Limpopo Primary School - Top 10	
Ashley Jv Vuuren (11) F (Yr: CR)						
40,45L	F	50 Free	4	2017-07-29	Limpopo Age Group 2	ELRAS-WBD
38,81S	F -0,84	50 Free	6	2017-08-05	Tuks Sprint Gala	
38,84L	F 0,24	50 Free	3	2017-10-14	Limpopo Age Group 4	
36,96L	F -1,64	50 Free	4	2017-11-04	Limpopo Primary School - Top 10	
1:22,90L I.	F 44,30	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10	
37,53L	F 0,57	50 Free	9	2017-12-01	Limpopo Champs	
1:12,76L I.	F 35,80	200 Free Relay Lead Off		2017-12-01	Limpopo Champs	
1:22,15S	LEV2 F	100 Free	16	2017-08-05	Tuks Sprint Gala	
1:25,53L	LEV2 F 1,78	100 Free	4	2017-09-09	Limpopo Age Group 3	
1:20,94L	LEV2 F -1,87	100 Free	2	2017-11-04	Limpopo Primary School - Top 10	
1:18,76L	LEV3 F -2,18	100 Free	6	2017-12-01	Limpopo Champs	
3:14,27L	F	200 Free	2	2017-07-29	Limpopo Age Group 2	
3:09,24L	LEV2 F -5,03	200 Free	5	2017-10-14	Limpopo Age Group 4	
2:51,47L	LEV3 F -17,77	200 Free	4	2017-12-01	Limpopo Champs	
6:54,00L	F	400 Free	3	2017-09-09	Limpopo Age Group 3	
6:02,97L	F -51,03	400 Free	4	2017-12-01	Limpopo Champs	
14:21,51L	F	800 Free	2	2017-09-09	Limpopo Age Group 3	
12:38,72L	F -102,79	800 Free	5	2017-12-01	Limpopo Champs	
48,47L	F	50 Back	3	2017-07-29	Limpopo Age Group 2	
44,67S	LEV2 F -3,20	50 Back	6	2017-08-05	Tuks Sprint Gala	
44,73L	LEV2 F 1,38	50 Back	4	2017-11-04	Limpopo Primary School - Top 10	
1:36,55L I.	F 53,20	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10	
45,09L	LEV2 F 1,74	50 Back	8	2017-12-01	Limpopo Champs	
1:38,39S	LEV2 F	100 Back	4	2017-08-05	Tuks Sprint Gala	
1:37,85L	LEV2 F -1,74	100 Back	5	2017-09-09	Limpopo Age Group 3	
1:33,13L	LEV2 F -4,08	100 Back	3	2017-11-04	Limpopo Primary School - Top 10	
1:33,07L	LEV2 F -0,06	100 Back	7	2017-12-01	Limpopo Champs	
3:33,70L	F	200 Back	2	2017-07-29	Limpopo Age Group 2	
3:25,43L	LEV2 F -8,27	200 Back	4	2017-10-14	Limpopo Age Group 4	
3:17,44L	LEV2 F -7,99	200 Back	5	2017-12-01	Limpopo Champs	
58,76L	F	50 Breast	3	2017-07-29	Limpopo Age Group 2	
4:21,17L	F	200 Breast	5	2017-10-14	Limpopo Age Group 4	
4:12,10L	F -9,07	200 Breast	10	2017-12-01	Limpopo Champs	
1:01,06L	F	50 Fly	3	2017-07-29	Limpopo Age Group 2	
55,80S	F -4,56	50 Fly	7	2017-08-05	Tuks Sprint Gala	
48,88L	F -7,62	50 Fly	2	2017-09-09	Limpopo Age Group 3	
52,05L	F 3,17	50 Fly	10	2017-12-01	Limpopo Champs	
2:19,87L	F	100 Fly	2	2017-07-29	Limpopo Age Group 2	
2:04,47S	F -14,00	100 Fly	3	2017-08-05	Tuks Sprint Gala	
2:02,67S	F -1,80	100 Fly	8	2017-08-19	Small Districts Championship Gala 2017	
3:59,86L	F	200 IM	3	2017-07-29	Limpopo Age Group 2	
3:34,30S	LEV2 F -22,36	200 IM	2	2017-08-05	Tuks Sprint Gala	
3:48,17L	F 18,13	200 IM	4	2017-10-14	Limpopo Age Group 4	
3:37,82L	LEV2 F 7,78	200 IM	8	2017-11-04	Limpopo Primary School - Top 10	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jaydin Jv Vuuren (8) M (Yr: AN)				
49,51S	F	50 Free	8	2017-08-05 Tuks Sprint Gala
52,53L	F 2,22	50 Free	18	2017-09-09 Limpopo Age Group 3
45,16L	F -5,15	50 Free	12	2017-12-01 Limpopo Champs
43,40L	F -1,76	50 Free	9	2018-01-27 LP School Champs 2018
44,99L	F 1,59	50 Free	6	2018-02-17 Limpopo Age Group 7
2:14,12S	F	100 Free	55	2017-08-05 Tuks Sprint Gala
2:01,23L	F -14,49	100 Free	20	2017-09-09 Limpopo Age Group 3
1:46,21L	F 7,30	100 Free	12	2017-12-01 Limpopo Champs
1:41,54L	F 2,63	100 Free	9	2018-01-27 LP School Champs 2018
1:41,01L	F 2,10	100 Free	8	2018-02-17 Limpopo Age Group 7
3:40,39L	F	200 Free	7	2017-12-01 Limpopo Champs
3:35,50L	F -4,89	200 Free	4	2018-01-27 LP School Champs 2018
1:02,16S	F	50 Back	7	2017-08-05 Tuks Sprint Gala
1:06,19L	F 3,43	50 Back	17	2017-09-09 Limpopo Age Group 3
57,05L	F -5,71	50 Back	9	2017-12-01 Limpopo Champs
56,43L	F -0,62	50 Back	10	2018-01-27 LP School Champs 2018
52,72L	F -3,71	50 Back	4	2018-02-17 Limpopo Age Group 7
2:02,91L	F -12,70	100 Back	9	2017-12-01 Limpopo Champs
2:02,88L	F -0,03	100 Back	5	2018-01-27 LP School Champs 2018
4:31,69L	DQ F	200 Back		2017-12-01 Limpopo Champs
1:14,24S	F	50 Breast	8	2017-08-05 Tuks Sprint Gala
1:10,43L	F -4,81	50 Breast	19	2017-09-09 Limpopo Age Group 3
1:02,40L	F -8,03	50 Breast	9	2017-12-01 Limpopo Champs
1:03,99L	F 1,59	50 Breast	9	2018-01-27 LP School Champs 2018
57,87L	F -4,53	50 Breast	7	2018-02-17 Limpopo Age Group 7
2:17,97L	F	100 Breast	8	2017-12-01 Limpopo Champs
2:13,28L	F -4,69	100 Breast	3	2018-01-27 LP School Champs 2018
2:09,56L	F -3,72	100 Breast	5	2018-02-17 Limpopo Age Group 7
4:37,69L	DQ F	200 IM		2017-12-01 Limpopo Champs

LOTTA-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Kayleigh Jv Vuuren (10) F (Yr: CR)							
44,34L	F	50 Free	7	2017-07-29	Limpopo Age Group 2		ELRAS-WBD
45,99S	F 2,45	50 Free	6	2017-08-05	Tuks Sprint Gala		
45,84L	F 1,50	50 Free	10	2017-09-09	Limpopo Age Group 3		
44,03L	F -0,31	50 Free	8	2017-10-14	Limpopo Age Group 4		
44,57L	F 0,54	50 Free	8	2017-11-04	Limpopo Primary School - Top 10		
1:34,74L I.	F 50,71	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
43,83L	F -0,20	50 Free	6	2017-12-01	Limpopo Champs		
1:34,39S	F	100 Free	30	2017-08-05	Tuks Sprint Gala		
1:41,96L	F 5,97	100 Free	11	2017-09-09	Limpopo Age Group 3		
1:36,49L	F 0,50	100 Free	5	2017-12-01	Limpopo Champs		
3:50,02L	F	200 Free	4	2017-07-29	Limpopo Age Group 2		
3:44,31L	F -5,71	200 Free	4	2017-10-14	Limpopo Age Group 4		
3:22,92L	LEV2 F -21,39	200 Free	6	2017-12-01	Limpopo Champs		
7:16,95L	F	400 Free	8	2017-12-01	Limpopo Champs		
14:43,81L	F	800 Free	8	2017-12-01	Limpopo Champs		
58,75L	F	50 Back	10	2017-07-29	Limpopo Age Group 2		
54,72S	F -3,43	50 Back	6	2017-08-05	Tuks Sprint Gala		
55,48L	F 0,16	50 Back	10	2017-09-09	Limpopo Age Group 3		
52,85L	F -1,07	50 Back	6	2017-11-04	Limpopo Primary School - Top 10		
1:56,40L I.	F 62,48	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
54,67L	F 1,82	50 Back	7	2017-12-01	Limpopo Champs		
1:52,90L I.	F 60,05	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs		
2:01,72S	F	100 Back	4	2017-08-05	Tuks Sprint Gala		
1:57,19L	F -5,21	100 Back	7	2017-12-01	Limpopo Champs		
4:26,69L	F	200 Back	3	2017-07-29	Limpopo Age Group 2		
1:02,74L	F	50 Breast	16	2017-09-09	Limpopo Age Group 3		
1:03,55L	F 1,45	50 Breast	10	2017-10-14	Limpopo Age Group 4		
1:02,44L	F 0,34	50 Breast	8	2017-12-01	Limpopo Champs		
2:17,71L	F -11,52	100 Breast	7	2017-12-01	Limpopo Champs		
5:01,16L	F	200 Breast	2	2017-07-29	Limpopo Age Group 2		
1:01,46S	F	50 Fly	5	2017-08-05	Tuks Sprint Gala		
1:02,26L	F 0,10	50 Fly	7	2017-09-09	Limpopo Age Group 3		
1:06,65L	F 4,49	50 Fly	10	2017-10-14	Limpopo Age Group 4		
2:13,09S	F	100 Fly	2	2017-08-05	Tuks Sprint Gala		
4:11,26L	F	200 IM	5	2017-07-29	Limpopo Age Group 2		
4:37,56L	F 26,30	200 IM	10	2017-10-14	Limpopo Age Group 4		
4:13,24L	F 1,98	200 IM	36	2017-12-01	Limpopo Champs		
Alet Jv Vuuren (13) F (Yr: HN)							
35,86L	F	50 Free	6	2017-11-04	Limpopo Primary School - Top 10		LSBOS-WBD
1:24,54L	F	100 Free	7	2017-11-04	Limpopo Primary School - Top 10		
47,86L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10		
1:51,27L	F	100 Back	6	2017-11-04	Limpopo Primary School - Top 10		
Aidan Kane (13) M							
NS	F	50 Free		2017-08-05	Tuks Sprint Gala		TKSB-WBD
NS	F	50 Back		2017-08-05	Tuks Sprint Gala		
Eva Kane (9) F							
NS	F	50 Free		2017-08-05	Tuks Sprint Gala		TKSB-WBD
NS	F	50 Back		2017-08-05	Tuks Sprint Gala		
1:08,95S	DQ F	50 Breast		2017-08-05	Tuks Sprint Gala		
Henno Kay (11) M (Yr: HR)							
42,01L	F	50 Free	9	2017-11-04	Limpopo Primary School - Top 10		LSBOS-WBD
1:24,75L I.	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
1:37,89L	F	100 Free	9	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Onthatile Kgatla (10) M (Yr: FN)				TKSS-WBD
48,64L	F	50 Free	13	2017-10-14 Limpopo Age Group 4
47,68L	F -0,96	50 Free	17	2017-11-11 Limpopo Age Group 5
49,96L	F 2,28	50 Free	10	2017-12-01 Limpopo Champs
46,11L	F -1,57	50 Free	7	2018-01-27 LP School Champs 2018
54,85L	F 8,74	50 Free	11	2018-02-17 Limpopo Age Group 7
1:59,28L	DQ	100 Free		2017-11-11 Limpopo Age Group 5
1:59,12L	F	100 Free	8	2017-12-01 Limpopo Champs
1:58,19L	F -0,93	100 Free	8	2018-01-27 LP School Champs 2018
1:46,83L	F -11,36	100 Free	9	2018-02-17 Limpopo Age Group 7
4:18,99L	F	200 Free	5	2017-10-14 Limpopo Age Group 4
4:11,03L	F -7,96	200 Free	8	2017-12-01 Limpopo Champs
4:07,88L	F -3,15	200 Free	3	2018-01-27 LP School Champs 2018
3:58,23L	F -9,65	200 Free	5	2018-02-17 Limpopo Age Group 7
1:05,47L	F	50 Back	18	2017-11-11 Limpopo Age Group 5
1:11,50L	F 6,03	50 Back	11	2017-12-01 Limpopo Champs
1:05,84L	F 0,37	50 Back	8	2018-01-27 LP School Champs 2018
2:36,98L	F	100 Back	8	2017-12-01 Limpopo Champs
2:25,71L	F -11,27	100 Back	6	2018-01-27 LP School Champs 2018
1:05,60L	F	50 Breast	15	2017-10-14 Limpopo Age Group 4
1:00,16L	F -5,44	50 Breast	9	2017-11-11 Limpopo Age Group 5
1:04,78L	F 4,62	50 Breast	10	2017-12-01 Limpopo Champs
58,73L	F -1,43	50 Breast	5	2018-01-27 LP School Champs 2018
56,02L	F -2,71	50 Breast	4	2018-02-17 Limpopo Age Group 7
2:18,04L	F	100 Breast	14	2017-11-11 Limpopo Age Group 5
2:12,45L	F -5,59	100 Breast	7	2017-12-01 Limpopo Champs
2:12,81L	F 0,36	100 Breast	6	2018-01-27 LP School Champs 2018
2:05,51L	F -6,94	100 Breast	4	2018-02-17 Limpopo Age Group 7
1:05,72L	F	50 Fly	9	2017-12-01 Limpopo Champs
1:07,67L	F 1,95	50 Fly	7	2018-01-27 LP School Champs 2018
Janell Khosa (11) F				EAGAB-CCD
38,42L	F	50 Free	5	2017-10-28 Eager Sprint Gala
46,37L	F	50 Back	5	2017-10-28 Eager Sprint Gala
57,43L	F	50 Breast	6	2017-10-28 Eager Sprint Gala
Joshua Khosa (9) M				EAGAB-CCD
1:01,47L	F	50 Free	9	2017-10-28 Eager Sprint Gala
1:14,25L	F	50 Back	9	2017-10-28 Eager Sprint Gala
1:16,22L	F	50 Breast	6	2017-10-28 Eager Sprint Gala
Derek Kichenbrand (11) M (Yr: DN)				TKS-SKD
46,17S	F	50 Free	7	2017-08-05 Tuks Sprint Gala
47,53L	F 0,56	50 Free	10	2017-09-09 Limpopo Age Group 3
1:40,46S	F	100 Free	41	2017-08-05 Tuks Sprint Gala
1:56,95L	F 14,89	100 Free	11	2017-09-09 Limpopo Age Group 3
52,52S	DQ	50 Back		2017-08-05 Tuks Sprint Gala
DQ	F	50 Back		2017-09-09 Limpopo Age Group 3
DQ	F	100 Back		2017-09-09 Limpopo Age Group 3
54,38S	F	50 Fly	6	2017-08-05 Tuks Sprint Gala
1:49,43L	DQ	100 Fly		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Doran Kleynhans (15) M (Yr: DR)				TASC-MPD
27,66S	LEV2	F	50 Free	5 2017-08-26 LP Shamu Sprint SC 2017
26,57L		F -1,89	50 Free	1 2018-01-27 LP School Champs 2018
27,06L	LEV2	F 0,49	50 Free	3 2018-02-17 Limpopo Age Group 7
1:03,48L	LEV2	F	100 Free	4 2017-09-09 Limpopo Age Group 3
1:11,29L		F 7,81	100 Free	3 2017-10-28 Eager Sprint Gala
59,88L	LEV3	F -3,60	100 Free	4 2017-12-01 Limpopo Champs
1:00,73L	LEV3	F 0,85	100 Free	2 2018-01-27 LP School Champs 2018
30,13S	LEV2	F	50 Back	4 2017-08-26 LP Shamu Sprint SC 2017
31,89L	LEV2	F 1,16	50 Back	2 2017-09-09 Limpopo Age Group 3
30,56L	LEV2	F -0,17	50 Back	2 2017-10-14 Limpopo Age Group 4
29,64L	LEV2	F -0,92	50 Back	1 2017-10-20 Limpopo Top 10 - High Schools
30,29L	LEV2	F 0,65	50 Back	1 2017-11-11 Limpopo Age Group 5
30,36L	LEV2	F 0,72	50 Back	2 2017-12-01 Limpopo Champs
29,82L		F 0,18	50 Back	1 2018-01-27 LP School Champs 2018
30,30L	LEV2	F 0,66	50 Back	1 2018-02-17 Limpopo Age Group 7
1:10,84L	LEV2	F	100 Back	1 2017-09-09 Limpopo Age Group 3
1:07,03L	LEV3	F -3,81	100 Back	2 2017-10-20 Limpopo Top 10 - High Schools
1:06,65L	LEV3	F -0,38	100 Back	1 2017-10-28 Eager Sprint Gala
1:06,27L	LEV3	F -0,38	100 Back	3 2017-11-11 Limpopo Age Group 5
1:06,00L	LEV3	F -0,27	100 Back	2 2017-12-01 Limpopo Champs
1:04,63L	LEV3	F -1,37	100 Back	1 2018-01-27 LP School Champs 2018
1:05,47L	LEV3	F 0,84	100 Back	2 2018-02-17 Limpopo Age Group 7
2:33,93L	LEV3	F	200 Back	3 2017-10-14 Limpopo Age Group 4
2:40,16L	LEV2	F 6,23	200 Back	3 2017-12-01 Limpopo Champs
33,92S	LEV2	F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
33,89L	LEV2	F -1,03	50 Breast	2 2017-10-14 Limpopo Age Group 4
33,42L	LEV2	F -0,47	50 Breast	1 2017-10-20 Limpopo Top 10 - High Schools
33,59L	LEV2	F 0,17	50 Breast	1 2017-11-11 Limpopo Age Group 5
33,25L	LEV2	F -0,17	50 Breast	1 2017-12-01 Limpopo Champs
33,32L		F 0,07	50 Breast	1 2018-01-27 LP School Champs 2018
33,53L	LEV2	F 0,28	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:20,75L	LEV2	F	100 Breast	2 2017-09-09 Limpopo Age Group 3
1:17,95L	LEV3	F -2,80	100 Breast	1 2017-10-20 Limpopo Top 10 - High Schools
1:18,26L	LEV3	F 0,31	100 Breast	1 2017-10-28 Eager Sprint Gala
1:17,45L	LEV3	F -0,50	100 Breast	1 2017-11-11 Limpopo Age Group 5
1:16,83L	LEV3	F -0,62	100 Breast	1 2017-12-01 Limpopo Champs
1:15,20L	LEV3	F -1,63	100 Breast	1 2018-01-27 LP School Champs 2018
1:20,92L	LEV2	F 5,72	100 Breast	1 2018-02-17 Limpopo Age Group 7
3:03,28L	LEV2	F	200 Breast	3 2017-10-14 Limpopo Age Group 4
3:00,65L	LEV2	F -2,63	200 Breast	4 2017-12-01 Limpopo Champs
28,54S	LEV2	F	50 Fly	4 2017-08-26 LP Shamu Sprint SC 2017
28,91L	LEV2	F -0,33	50 Fly	4 2017-12-01 Limpopo Champs
29,32L		F 0,41	50 Fly	2 2018-01-27 LP School Champs 2018
2:36,56S	LEV2	F	200 IM	2 2017-08-26 LP Shamu Sprint SC 2017
2:35,79L	LEV2	F -3,97	200 IM	2 2017-10-28 Eager Sprint Gala
2:31,75L	LEV3	F -4,04	200 IM	5 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Carel Klingbiel (9) M (Yr: AR)				TKS-SKD
47,34S	F	50 Free	9	2017-08-05 Tuks Sprint Gala
54,43S	F 7,09	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
50,27L	F 2,13	50 Free	15	2017-10-14 Limpopo Age Group 4
50,25L	F 2,11	50 Free	13	2017-12-01 Limpopo Champs
1:30,19L I.	F 42,05	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:54,59L	F -1,84	100 Free	13	2017-12-01 Limpopo Champs
54,15S	F	50 Back	7	2017-08-05 Tuks Sprint Gala
1:00,99S	F 6,84	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
55,41L	F 0,66	50 Back	7	2017-10-14 Limpopo Age Group 4
59,65L	F 4,90	50 Back	13	2017-12-01 Limpopo Champs
1:00,39S	F	50 Breast	7	2017-08-05 Tuks Sprint Gala
1:03,42S	F 3,03	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
1:04,17L	F 2,78	50 Breast	12	2017-10-14 Limpopo Age Group 4
1:02,09L DQ	F	50 Breast		2017-12-01 Limpopo Champs
2:20,99L	F -8,18	100 Breast	9	2017-12-01 Limpopo Champs
1:09,54S	F	50 Fly	9	2017-08-05 Tuks Sprint Gala
1:14,18S	F 4,64	50 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
1:19,14L	F 8,90	50 Fly	10	2017-10-14 Limpopo Age Group 4
Gustav Klingbiel (11) M (Yr: HR)				LIMSC-LP
37,45S	F	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
38,81L	F 0,56	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
1:27,73L	F -2,16	100 Free	6	2017-11-04 Limpopo Primary School - Top 10
44,15S LEV2	F	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
55,52S	F	50 Breast	7	2017-08-26 LP Shamu Sprint SC 2017
56,50L	F -0,02	50 Breast	7	2017-11-04 Limpopo Primary School - Top 10
2:04,70L	F -3,95	100 Breast	5	2017-11-04 Limpopo Primary School - Top 10
48,36S	F	50 Fly	6	2017-08-26 LP Shamu Sprint SC 2017
Kristen Klinkert (13) F (Yr: DR)				UNIC-MPD
1:14,84L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
39,40S LEV2	F	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
40,94L LEV2	F 0,94	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
1:32,17L I.	F 52,17	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:30,75L DQ	F	100 Back		2017-11-04 Limpopo Primary School - Top 10
42,87S	F	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
3:26,64S	F	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
Alyssa Knoesen (14) F (Yr: GN)				HFDT-MPD
50,49L	F	50 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Breast		2017-10-20 Limpopo Top 10 - High Schools
Cyla Knox (15) F (Yr: GN)				HSBV-SKD
33,91L	F	50 Free	4	2017-10-20 Limpopo Top 10 - High Schools
1:15,15L	F	100 Free	2	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Raymond Kockott (16) M (Yr: AR)				
26,23L	LEV2 F	50 Free	3	2017-07-03 Sasol National Championship 2017
26,47L	LEV2 P	50 Free	3	2017-07-03 Sasol National Championship 2017
NS	F	50 Free		2017-08-05 Tuks Sprint Gala
27,42L	F 1,19	50 Free	3	2017-09-09 Limpopo Age Group 3
27,15L	F 0,92	50 Free	2	2017-10-14 Limpopo Age Group 4
25,70L	F -0,53	50 Free	1	2017-10-20 Limpopo Top 10 - High Schools
27,23L	F 1,53	50 Free	2	2017-11-11 Limpopo Age Group 5
25,76L	F 0,06	50 Free	2	2017-12-01 Limpopo Champs
54,91L	F 29,21	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
26,05L	F 0,35	50 Free	1	2018-01-27 LP School Champs 2018
57,31L	LEV3 F	100 Free	3	2017-07-03 Sasol National Championship 2017
NS	F	100 Free		2017-08-05 Tuks Sprint Gala
57,96S	LEV3 F 2,25	100 Free	6	2017-08-19 Small Districts Championship Gala 2017
58,01L	LEV3 F 0,70	100 Free	4	2017-09-09 Limpopo Age Group 3
56,73L	LEV3 F -0,58	100 Free	1	2017-10-20 Limpopo Top 10 - High Schools
59,98L	LEV3 F 3,25	100 Free	3	2017-11-11 Limpopo Age Group 5
56,78L	LEV3 F 0,05	100 Free	2	2017-12-01 Limpopo Champs
57,14L	LEV3 F 0,41	100 Free	2	2018-01-27 LP School Champs 2018
2:07,92L	LEV3 F	200 Free	4	2017-07-03 Sasol National Championship 2017
2:09,78L	LEV3 P	200 Free	4	2017-07-03 Sasol National Championship 2017
2:11,09L	LEV3 F 3,17	200 Free	1	2017-10-14 Limpopo Age Group 4
2:06,39L	LEV3 F -1,53	200 Free	1	2017-12-01 Limpopo Champs
2:07,84L	LEV3 F 1,45	200 Free	2	2018-01-27 LP School Champs 2018
4:41,50L	LEV3 F	400 Free	10	2017-07-03 Sasol National Championship 2017
4:47,83L	LEV3 F 6,33	400 Free	1	2017-09-09 Limpopo Age Group 3
4:37,03L	LEV3 F -4,47	400 Free	1	2017-12-01 Limpopo Champs
4:35,20L	LEV3 F -1,83	400 Free	1	2018-01-27 LP School Champs 2018
19:55,10L	F	1500 Free	10	2017-07-03 Sasol National Championship 2017
32,21L	LEV2 F	50 Back	5	2017-07-03 Sasol National Championship 2017
32,29L	LEV2 P	50 Back	5	2017-07-03 Sasol National Championship 2017
NS	F	50 Back		2017-08-05 Tuks Sprint Gala
31,10L	F -1,11	50 Back	3	2017-12-01 Limpopo Champs
31,60L	F 0,50	50 Back	3	2018-01-27 LP School Champs 2018
1:08,42L	LEV3 F	100 Back	5	2017-07-03 Sasol National Championship 2017
1:09,53L	LEV3 P	100 Back	6	2017-07-03 Sasol National Championship 2017
1:09,19L	LEV3 F 0,77	100 Back	3	2017-12-01 Limpopo Champs
1:07,23L	LEV3 F -1,19	100 Back	3	2018-01-27 LP School Champs 2018
2:31,69L	LEV3 F	200 Back	5	2017-07-03 Sasol National Championship 2017
2:31,71L	LEV3 P	200 Back	4	2017-07-03 Sasol National Championship 2017
2:37,83L	F 6,14	200 Back	1	2017-10-14 Limpopo Age Group 4
2:30,11L	LEV3 F -1,58	200 Back	2	2017-12-01 Limpopo Champs
36,13L	LEV2 F	50 Breast	4	2017-07-03 Sasol National Championship 2017
38,22L	P	50 Breast	4	2017-07-03 Sasol National Championship 2017
NS	F	50 Breast		2017-08-05 Tuks Sprint Gala
1:25,10L	DQ P	100 Breast		2017-07-03 Sasol National Championship 2017
NS	F	100 Breast		2017-08-05 Tuks Sprint Gala
27,76L	LEV2 F	50 Fly	3	2017-07-03 Sasol National Championship 2017
28,16L	LEV2 P	50 Fly	2	2017-07-03 Sasol National Championship 2017
NS	F	50 Fly		2017-08-05 Tuks Sprint Gala
28,14L	F 0,38	50 Fly	2	2017-09-09 Limpopo Age Group 3
28,61L	F 0,85	50 Fly	2	2017-10-14 Limpopo Age Group 4
27,24L	F -0,52	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
28,47L	F 1,23	50 Fly	2	2017-11-11 Limpopo Age Group 5
27,11L	F -0,13	50 Fly	1	2017-12-01 Limpopo Champs
27,65L	F 0,54	50 Fly	2	2018-01-27 LP School Champs 2018
1:03,29L	LEV3 F	100 Fly	2	2017-07-03 Sasol National Championship 2017
NS	F	100 Fly		2017-08-05 Tuks Sprint Gala
1:04,52S	LEV3 F 2,63	100 Fly	6	2017-08-19 Small Districts Championship Gala 2017

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Raymond Kockott (17) M (Yr: AR)				HPP-WBD
1:01,55L	LEV3 F -1,74	100 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
1:03,69L	LEV3 F 2,14	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:00,47L	SANJ F -1,08	100 Fly	1	2017-12-01 Limpopo Champs
1:01,47L	LEV3 F 1,00	100 Fly	2	2018-01-27 LP School Champs 2018
2:27,87L	F	200 Fly	3	2017-07-03 Sasol National Championship 2017
2:27,91L	F 0,04	200 Fly	1	2017-09-09 Limpopo Age Group 3
2:19,83L	F -8,04	200 Fly	1	2017-12-01 Limpopo Champs
2:28,19L	LEV3 F	200 IM	4	2017-07-03 Sasol National Championship 2017
2:31,14L	LEV3 P	200 IM	6	2017-07-03 Sasol National Championship 2017
NS	F	200 IM		2017-08-05 Tuks Sprint Gala
2:31,23S	LEV3 F 6,24	200 IM	7	2017-08-19 Small Districts Championship Gala 2017
2:35,86L	F 7,67	200 IM	2	2017-10-14 Limpopo Age Group 4
2:25,66L	LEV3 F -2,53	200 IM	2	2017-12-01 Limpopo Champs
5:22,47L	F	400 IM	7	2017-07-03 Sasol National Championship 2017
Anna Koekemoer (17) F (Yr: CR)				TKS-SKD
30,48S	F	50 Free	2	2017-08-05 Tuks Sprint Gala
31,18L	F -0,10	50 Free	1	2017-09-09 Limpopo Age Group 3
31,01L	F -0,17	50 Free	2	2017-12-01 Limpopo Champs
32,09L	F 1,08	50 Free	1	2018-02-17 Limpopo Age Group 7
1:06,78S	F	100 Free	3	2017-08-05 Tuks Sprint Gala
1:08,23S	F 1,45	100 Free	7	2017-08-19 Small Districts Championship Gala 2017
1:07,93L	F -0,45	100 Free	2	2017-09-09 Limpopo Age Group 3
1:07,06L	LEV3 F -0,87	100 Free	2	2017-12-01 Limpopo Champs
1:08,90L	F 1,84	100 Free	1	2018-02-17 Limpopo Age Group 7
5:56,42L	F	400 Free	3	2017-12-01 Limpopo Champs
39,01L	F	50 Back	4	2017-12-01 Limpopo Champs
1:25,76L	F	100 Back	4	2017-12-01 Limpopo Champs
36,22S	F	50 Breast	2	2017-08-05 Tuks Sprint Gala
37,62L	F 0,40	50 Breast	1	2017-09-09 Limpopo Age Group 3
37,52L	F 0,30	50 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
36,58L	F -0,64	50 Breast	1	2017-12-01 Limpopo Champs
37,02L	F 0,44	50 Breast	2	2018-01-27 LP School Champs 2018
37,71L	F 1,13	50 Breast	2	2018-02-17 Limpopo Age Group 7
1:22,83S	LEV3 F	100 Breast	2	2017-08-05 Tuks Sprint Gala
1:21,91S	LEV3 F -0,92	100 Breast	4	2017-08-19 Small Districts Championship Gala 2017
1:25,63L	LEV3 F 1,72	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:25,34L	LEV3 F 1,43	100 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
1:23,08L	LEV3 F -0,83	100 Breast	1	2017-12-01 Limpopo Champs
1:25,21L	LEV3 F 2,13	100 Breast	2	2018-01-27 LP School Champs 2018
1:28,30L	F 5,22	100 Breast	2	2018-02-17 Limpopo Age Group 7
3:09,22L	F	200 Breast	2	2017-12-01 Limpopo Champs
33,68L	F	50 Fly	1	2017-09-09 Limpopo Age Group 3
33,36L	F -0,32	50 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
33,34L	F -0,02	50 Fly	2	2017-12-01 Limpopo Champs
34,36L	F 1,02	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:21,76L	F	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
1:20,18L	F -1,58	100 Fly	2	2017-12-01 Limpopo Champs
1:23,14L	F 2,96	100 Fly	2	2018-02-17 Limpopo Age Group 7
2:50,11S	F	200 IM	6	2017-08-19 Small Districts Championship Gala 2017
2:51,37L	F -1,94	200 IM	2	2017-10-20 Limpopo Top 10 - High Schools
2:52,56L	F 1,19	200 IM	3	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Dylan Koopman (11) M (Yr: AR)			
ELRAS-WBD			
37,70L	F	50 Free	6 2017-07-29 Limpopo Age Group 2
38,44S	F 1,54	50 Free	4 2017-08-05 Tuks Sprint Gala
38,10L	F 0,40	50 Free	6 2017-09-09 Limpopo Age Group 3
37,99L	F 0,29	50 Free	7 2017-10-28 Eager Sprint Gala
1:27,41S	F	100 Free	31 2017-08-05 Tuks Sprint Gala
1:26,66L	F -2,35	100 Free	6 2017-09-09 Limpopo Age Group 3
47,40L	F	50 Back	5 2017-07-29 Limpopo Age Group 2
44,09S	LEV2 F -2,71	50 Back	4 2017-08-05 Tuks Sprint Gala
46,42L	F 3,12	50 Back	6 2017-10-28 Eager Sprint Gala
1:36,02S	F	100 Back	3 2017-08-05 Tuks Sprint Gala
1:40,87L	F 3,65	100 Back	5 2017-09-09 Limpopo Age Group 3
58,45S	F	50 Breast	4 2017-08-05 Tuks Sprint Gala
1:01,84L	F 7,72	50 Breast	8 2017-10-28 Eager Sprint Gala
2:02,51L	F	100 Breast	5 2017-09-09 Limpopo Age Group 3
4:30,60L	F	200 Breast	4 2017-07-29 Limpopo Age Group 2
50,64L	F	50 Fly	5 2017-07-29 Limpopo Age Group 2
47,26S	F -2,68	50 Fly	4 2017-08-05 Tuks Sprint Gala
51,37L	F 3,41	50 Fly	7 2017-09-09 Limpopo Age Group 3
47,86L	F 2,29	50 Fly	6 2017-10-28 Eager Sprint Gala
3:49,73L	F	200 IM	4 2017-07-29 Limpopo Age Group 2
3:41,53S	F -5,00	200 IM	4 2017-08-05 Tuks Sprint Gala
3:53,10L	F 8,37	200 IM	5 2017-10-28 Eager Sprint Gala
Regan Koopman (7) M (Yr: AN)			
ELRAS-WBD			
21,70S	F	25 Free	1 2017-08-05 Tuks Sprint Gala
47,42L	F	50 Free	15 2017-07-29 Limpopo Age Group 2
50,04L	F 2,62	50 Free	14 2017-09-09 Limpopo Age Group 3
45,92L	F -1,50	50 Free	1 2017-10-28 Eager Sprint Gala
1:46,39L	F	100 Free	15 2017-09-09 Limpopo Age Group 3
26,62S	F	25 Back	2 2017-08-05 Tuks Sprint Gala
1:00,35L	F	50 Back	13 2017-07-29 Limpopo Age Group 2
1:01,64L	F 1,29	50 Back	13 2017-09-09 Limpopo Age Group 3
54,42L	F -5,93	50 Back	1 2017-10-28 Eager Sprint Gala
2:08,12L	DQ F	100 Back	2017-09-09 Limpopo Age Group 3
35,97S	F	25 Breast	4 2017-08-05 Tuks Sprint Gala
1:27,97L	F	50 Breast	8 2017-07-29 Limpopo Age Group 2
1:10,63L	F -17,34	50 Breast	3 2017-10-28 Eager Sprint Gala
26,78S	F	25 Fly	1 2017-08-05 Tuks Sprint Gala
1:03,92L	F	50 Fly	9 2017-07-29 Limpopo Age Group 2
1:04,93L	F 1,01	50 Fly	14 2017-09-09 Limpopo Age Group 3
55,95L	F -7,97	50 Fly	1 2017-10-28 Eager Sprint Gala
2:12,09S	DQ F	100 IM	2017-08-05 Tuks Sprint Gala
4:26,06L	DQ F	200 IM	2017-10-28 Eager Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Leila Korff (6) F (Yr: FN)			
27,33S	F	25 Free	2 2017-08-05 Tuks Sprint Gala
26,00S	F -1,33	25 Free	2 2017-08-26 LP Shamu Sprint SC 2017
58,00L	F	50 Free	13 2017-10-14 Limpopo Age Group 4
58,80L	F 0,80	50 Free	5 2017-10-28 Eager Sprint Gala
1:00,03L	F 2,03	50 Free	11 2017-12-01 Limpopo Champs
53,76L	F -4,24	50 Free	1 2018-01-27 LP School Champs 2018
57,19L	F 3,43	50 Free	10 2018-02-17 Limpopo Age Group 7
30,42S	F	25 Back	2 2017-08-05 Tuks Sprint Gala
29,79S	F -0,63	25 Back	2 2017-08-26 LP Shamu Sprint SC 2017
1:09,33L	F	50 Back	17 2017-10-14 Limpopo Age Group 4
1:04,72L	F -4,61	50 Back	3 2017-10-28 Eager Sprint Gala
1:06,64L	F 1,92	50 Back	12 2017-12-01 Limpopo Champs
2:05,07L	F 60,35	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
1:02,28L	F -2,44	50 Back	2 2018-01-27 LP School Champs 2018
1:09,46L	F 7,18	50 Back	10 2018-02-17 Limpopo Age Group 7
38,54S	F	25 Breast	1 2017-08-05 Tuks Sprint Gala
35,63S	F -2,91	25 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
1:26,74L	F	50 Breast	15 2017-10-14 Limpopo Age Group 4
1:22,48L	F -4,26	50 Breast	5 2017-10-28 Eager Sprint Gala
1:15,85L	F -6,63	50 Breast	11 2017-12-01 Limpopo Champs
1:13,89L	F -1,96	50 Breast	2 2018-01-27 LP School Champs 2018
1:10,03L	F -3,86	50 Breast	8 2018-02-17 Limpopo Age Group 7
32,62S	F	25 Fly	1 2017-08-05 Tuks Sprint Gala
30,00S	F -2,62	25 Fly	1 2017-08-26 LP Shamu Sprint SC 2017
1:26,26L	F	50 Fly	13 2017-10-14 Limpopo Age Group 4
1:14,24L	F -12,02	50 Fly	2 2017-10-28 Eager Sprint Gala
1:18,44L	F 4,20	50 Fly	8 2017-12-01 Limpopo Champs
1:07,53L	F -6,71	50 Fly	1 2018-01-27 LP School Champs 2018
1:00,13L	F -7,40	50 Fly	9 2018-02-17 Limpopo Age Group 7
Mia-Leigh Korff (6) F (Yr: FN)			
28,08S	F	25 Free	3 2017-08-05 Tuks Sprint Gala
31,02S	F 2,94	25 Free	4 2017-08-26 LP Shamu Sprint SC 2017
1:08,83L	F	50 Free	16 2017-10-14 Limpopo Age Group 4
1:06,27L	F -2,56	50 Free	10 2017-10-28 Eager Sprint Gala
1:01,78L	F -4,49	50 Free	13 2017-12-01 Limpopo Champs
1:02,04L	F 0,26	50 Free	11 2018-02-17 Limpopo Age Group 7
30,69S	F	25 Back	3 2017-08-05 Tuks Sprint Gala
32,59S	F 1,90	25 Back	5 2017-08-26 LP Shamu Sprint SC 2017
1:15,30L	F	50 Back	18 2017-10-14 Limpopo Age Group 4
1:13,67L	F -1,63	50 Back	8 2017-10-28 Eager Sprint Gala
1:10,48L	F -3,19	50 Back	15 2017-12-01 Limpopo Champs
1:03,43L	F -7,05	50 Back	3 2018-01-27 LP School Champs 2018
59,57L	F -3,86	50 Back	7 2018-02-17 Limpopo Age Group 7
39,27S	F	25 Breast	2 2017-08-05 Tuks Sprint Gala
37,54S	F -1,73	25 Breast	3 2017-08-26 LP Shamu Sprint SC 2017
1:31,74L	F	50 Breast	16 2017-10-14 Limpopo Age Group 4
1:27,47L	F -4,27	50 Breast	8 2017-10-28 Eager Sprint Gala
1:20,49L	F -6,98	50 Breast	12 2017-12-01 Limpopo Champs
1:16,25L	F -4,24	50 Breast	3 2018-01-27 LP School Champs 2018
1:16,45L	F 0,20	50 Breast	9 2018-02-17 Limpopo Age Group 7
35,28S	F	25 Fly	2 2017-08-05 Tuks Sprint Gala
35,52S	F 0,24	25 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
1:18,88L	F	50 Fly	12 2017-10-14 Limpopo Age Group 4
1:28,92L	F 10,04	50 Fly	3 2017-10-28 Eager Sprint Gala
1:19,04L	F 0,16	50 Fly	9 2017-12-01 Limpopo Champs
45,03L	F -33,85	50 Fly	3 2018-02-17 Limpopo Age Group 7

EAGAB-CCD

EAGAB-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Rozaan Korff (7) F (Yr: AR)				EAGA-CCD
20,18S	F	25 Free	1	2017-08-05 Tuks Sprint Gala
20,65S	F 0,47	25 Free	1	2017-08-26 LP Shamu Sprint SC 2017
49,51L	F	50 Free	5	2017-06-24 Limpopo Age Group 1
46,37L	F -3,14	50 Free	10	2017-07-29 Limpopo Age Group 2
47,40L	F 1,03	50 Free	13	2017-09-09 Limpopo Age Group 3
44,18L	F -2,19	50 Free	9	2017-10-14 Limpopo Age Group 4
44,95L	F 0,77	50 Free	1	2017-10-28 Eager Sprint Gala
41,48L	F -2,70	50 Free	2	2017-12-01 Limpopo Champs
45,28L	F 3,80	50 Free	3	2018-01-27 LP School Champs 2018
1:37,93S	F	100 Free	33	2017-08-05 Tuks Sprint Gala
1:32,53L	LEV2 F -7,00	100 Free	2	2017-12-01 Limpopo Champs
1:41,49L	F 8,96	100 Free	2	2018-01-27 LP School Champs 2018
1:59,78L	F	448 Free Relay Lead Off		2017-12-01 Limpopo Champs
26,51S	F	25 Back	2	2017-08-05 Tuks Sprint Gala
25,41S	F -1,10	25 Back	1	2017-08-26 LP Shamu Sprint SC 2017
52,08L	F	50 Back	3	2017-06-24 Limpopo Age Group 1
58,53L	F 6,45	50 Back	9	2017-07-29 Limpopo Age Group 2
56,06L	F 3,98	50 Back	10	2017-10-14 Limpopo Age Group 4
56,12L	F 4,04	50 Back	1	2017-10-28 Eager Sprint Gala
55,50L	F 3,42	50 Back	6	2017-12-01 Limpopo Champs
52,76L	F 0,68	50 Back	3	2018-01-27 LP School Champs 2018
1:57,97L	F	100 Back	8	2017-09-09 Limpopo Age Group 3
1:52,78L	F -5,19	100 Back	3	2017-12-01 Limpopo Champs
1:50,36L	F -2,42	100 Back	8	2018-02-17 Limpopo Age Group 7
27,39S	F	25 Breast	1	2017-08-05 Tuks Sprint Gala
26,13S	F -1,26	25 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
57,96L	F	50 Breast	3	2017-06-24 Limpopo Age Group 1
58,14L	F 0,18	50 Breast	10	2017-09-09 Limpopo Age Group 3
57,38L	F -0,58	50 Breast	2	2017-10-14 Limpopo Age Group 4
56,69L	F -0,69	50 Breast	1	2017-10-28 Eager Sprint Gala
53,77L	F -2,92	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
53,80L	F 0,03	50 Breast	1	2017-12-01 Limpopo Champs
55,76L	F 1,99	50 Breast	2	2018-01-27 LP School Champs 2018
2:08,25L	F	100 Breast	3	2017-06-24 Limpopo Age Group 1
2:05,66S	F -0,59	100 Breast	1	2017-08-05 Tuks Sprint Gala
2:05,62L	F -2,04	100 Breast	7	2017-09-09 Limpopo Age Group 3
1:57,05L	DQ F	100 Breast		2017-12-01 Limpopo Champs
1:54,70L	LEV2 F -10,92	100 Breast	1	2018-01-27 LP School Champs 2018
22,95S	F	25 Fly	1	2017-08-05 Tuks Sprint Gala
22,08S	F -0,87	25 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
52,28L	F	50 Fly	1	2017-06-24 Limpopo Age Group 1
50,32L	F -1,96	50 Fly	2	2017-07-29 Limpopo Age Group 2
55,08L	F 4,76	50 Fly	6	2017-09-09 Limpopo Age Group 3
54,00L	F 3,68	50 Fly	3	2017-10-14 Limpopo Age Group 4
54,83L	F 4,51	50 Fly	1	2017-10-28 Eager Sprint Gala
44,68L	LEV2 F -5,64	50 Fly	1	2017-12-01 Limpopo Champs
45,95L	F 1,27	50 Fly	1	2018-01-27 LP School Champs 2018
1:59,12L	F	100 Fly	1	2018-01-27 LP School Champs 2018
2:00,88L	F 1,76	100 Fly	2	2018-02-17 Limpopo Age Group 7
1:52,51S	F	100 IM	1	2017-08-05 Tuks Sprint Gala
1:47,80S	F -4,71	100 IM	1	2017-08-26 LP Shamu Sprint SC 2017
4:06,65L	F	200 IM	3	2017-07-29 Limpopo Age Group 2
4:00,14L	F 0,98	200 IM	3	2017-10-14 Limpopo Age Group 4
4:03,21L	F 4,05	200 IM	1	2017-10-28 Eager Sprint Gala
3:45,69L	F -13,47	200 IM	5	2017-11-04 Limpopo Primary School - Top 10
3:47,52L	F 1,83	200 IM	1	2017-12-01 Limpopo Champs
3:39,03L	LEV2 F -6,66	200 IM	1	2018-01-27 LP School Champs 2018
4:03,92L	F 24,89	200 IM	3	2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Emma Kotzenberg (11) F (Yr: HN)							
52,67L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD
1:55,61L	F	100 Back	9	2017-11-04	Limpopo Primary School - Top 10		
57,57L	F	50 Fly	9	2017-11-04	Limpopo Primary School - Top 10		
Johan Krafft (7) M (Yr: AR)							
22,79S	F	25 Free	3	2017-08-05	Tuks Sprint Gala		TKSS-WBD
21,63S	F -1,16	25 Free	2	2017-08-26	LP Shamu Sprint SC 2017		
48,82L	F	50 Free	11	2017-12-01	Limpopo Champs		
48,85L	F 0,03	50 Free	8	2018-01-27	LP School Champs 2018		
1:59,44L	F	100 Free	14	2017-12-01	Limpopo Champs		
2:02,88L	F 3,44	100 Free	8	2018-01-27	LP School Champs 2018		
26,39S	F	25 Back	1	2017-08-05	Tuks Sprint Gala		
25,84S	F -0,55	25 Back	2	2017-08-26	LP Shamu Sprint SC 2017		
55,78L	F	50 Back	9	2017-12-01	Limpopo Champs		
55,56L	F -0,22	50 Back	6	2018-01-27	LP School Champs 2018		
2:07,94L	F	100 Back	7	2018-01-27	LP School Champs 2018		
30,81S	F	25 Breast	1	2017-08-05	Tuks Sprint Gala		
31,08S	F 0,27	25 Breast	3	2017-08-26	LP Shamu Sprint SC 2017		
1:08,70L	F	50 Breast	13	2017-12-01	Limpopo Champs		
1:08,76L	F 0,06	50 Breast	6	2018-01-27	LP School Champs 2018		
2:29,48L	F	100 Breast	3	2018-01-27	LP School Champs 2018		
28,26S	F	25 Fly	2	2017-08-05	Tuks Sprint Gala		
28,82S	F 0,56	25 Fly	3	2017-08-26	LP Shamu Sprint SC 2017		
58,47L	F	50 Fly	6	2017-12-01	Limpopo Champs		
1:06,41L	F 7,94	50 Fly	5	2018-01-27	LP School Champs 2018		
2:32,69L	F	100 Fly	1	2018-01-27	LP School Champs 2018		
2:16,28S	F	100 IM	3	2017-08-05	Tuks Sprint Gala		
2:05,24S	F -11,04	100 IM	4	2017-08-26	LP Shamu Sprint SC 2017		
Lourens Kriel (10) M							
1:47,94L	F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSTZN-MPD
Anna Kruger (17) F (Yr: GN)							
32,09L	F	50 Free	2	2017-10-20	Limpopo Top 10 - High Schools		HPP-WBD
1:14,84L	F	100 Free	4	2017-10-20	Limpopo Top 10 - High Schools		
42,05L	F	50 Back	5	2017-10-20	Limpopo Top 10 - High Schools		
1:28,91L	F	100 Back	3	2017-10-20	Limpopo Top 10 - High Schools		
3:10,99L	F	200 IM	5	2017-10-20	Limpopo Top 10 - High Schools		
Gertruida Kruger (15) F (Yr: GR)							
34,56L	F	50 Free	4	2017-10-20	Limpopo Top 10 - High Schools		HPP-WBD
1:42,62L	F	100 Breast	4	2017-10-20	Limpopo Top 10 - High Schools		
40,64L	F	50 Fly	3	2017-10-20	Limpopo Top 10 - High Schools		
1:46,76L	F	100 Fly	4	2017-10-20	Limpopo Top 10 - High Schools		
Lené Kruger (16) F (Yr: GR)							
1:21,54L	F	100 Free	6	2017-10-20	Limpopo Top 10 - High Schools		HPP-WBD
41,10L	F	50 Back	4	2017-10-20	Limpopo Top 10 - High Schools		
41,91L	F	50 Fly	6	2017-10-20	Limpopo Top 10 - High Schools		
1:45,23L	F	100 Fly	3	2017-10-20	Limpopo Top 10 - High Schools		
Marné Kruger (13) F (Yr: HN)							
1:02,93L	F	50 Back	11	2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD
1:12,43L	F	50 Breast	10	2017-11-04	Limpopo Primary School - Top 10		
2:38,16L	F	100 Breast	9	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Mathys Kruger (12) M (Yr: CR)

SS-MPD

Time	P/F/S	Event	Place
33,58L	F	50 Free	1 2017-07-29 Limpopo Age Group 2
32,84S	F 0,06	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
32,70L	F -0,88	50 Free	3 2017-10-14 Limpopo Age Group 4
31,71L	F -0,99	50 Free	3 2018-01-27 LP School Champs 2018
1:14,87L	F	100 Free	6 2018-01-27 LP School Champs 2018
1:11,78L	LEV2 F -3,09	100 Free	5 2018-02-17 Limpopo Age Group 7
42,01L	F	50 Back	1 2017-07-29 Limpopo Age Group 2
38,91S	LEV2 F -2,50	50 Back	4 2017-08-05 Tuks Sprint Gala
39,06S	LEV2 F 0,15	50 Back	2 2017-08-26 LP Shamu Sprint SC 2017
41,14L	F 1,63	50 Back	4 2017-10-14 Limpopo Age Group 4
37,97L	F -1,54	50 Back	3 2018-01-27 LP School Champs 2018
1:26,74L	DQ F	100 Back	2018-02-17 Limpopo Age Group 7
40,63L	LEV2 F	50 Breast	1 2017-07-29 Limpopo Age Group 2
40,22S	LEV2 F 0,59	50 Breast	2 2017-08-05 Tuks Sprint Gala
39,42S	LEV2 F -0,21	50 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
38,04L	LEV2 F -2,38	50 Breast	1 2017-10-14 Limpopo Age Group 4
39,53L	LEV2 F 1,49	50 Breast	2 2017-11-04 Limpopo Primary School - Top 10
37,39L	LEV2 F -0,65	50 Breast	1 2018-01-27 LP School Champs 2018
1:29,22S	LEV3 F	100 Breast	1 2017-08-05 Tuks Sprint Gala
1:28,61S	LEV3 F -0,61	100 Breast	6 2017-08-19 Small Districts Championship Gala 2017
1:28,40L	LEV2 F -2,21	100 Breast	2 2017-11-04 Limpopo Primary School - Top 10
1:24,71L	LEV2 F -3,69	100 Breast	1 2018-01-27 LP School Champs 2018
1:25,42L	LEV3 F 0,71	100 Breast	1 2018-02-17 Limpopo Age Group 7
3:22,92L	F	200 Breast	3 2017-10-14 Limpopo Age Group 4
3:19,34L	LEV2 F -3,58	200 Breast	3 2018-02-17 Limpopo Age Group 7
38,75L	LEV2 F	50 Fly	3 2017-07-29 Limpopo Age Group 2
38,18S	F 0,13	50 Fly	4 2017-08-05 Tuks Sprint Gala
37,43S	LEV2 F -0,62	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
36,73L	F -1,40	50 Fly	2 2017-10-14 Limpopo Age Group 4
37,03L	F 0,30	50 Fly	4 2017-11-04 Limpopo Primary School - Top 10
36,42L	F -0,31	50 Fly	3 2018-01-27 LP School Champs 2018
1:33,69L	F	100 Fly	5 2017-11-04 Limpopo Primary School - Top 10
NS	F	200 IM	2018-01-27 LP School Champs 2018

Sihle Kumalo (7) M

EAGAB-CCD

2:03,27L	F	50 Back	6 2017-10-28 Eager Sprint Gala
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Bernice Laboff (14) F (Yr: AR)				TKSS-WBD
32,67S	LEV2 F	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
31,69L	LEV2 F -1,78	50 Free	2	2017-10-14 Limpopo Age Group 4
31,25L	LEV2 F -0,44	50 Free	1	2017-12-01 Limpopo Champs
32,48L	LEV2 F 1,23	50 Free	2	2018-01-27 LP School Champs 2018
NS	F	100 Free		2017-06-24 Limpopo Age Group 1
1:13,75L	LEV2 F	100 Free	2	2017-11-11 Limpopo Age Group 5
1:09,93L	LEV2 F -3,82	100 Free	1	2017-12-01 Limpopo Champs
1:11,31L	LEV2 F 1,38	100 Free	2	2018-01-27 LP School Champs 2018
1:09,01L	LEV3 F -0,92	100 Free	2	2018-02-17 Limpopo Age Group 7
2:45,55L	LEV2 F	200 Free	2	2017-10-14 Limpopo Age Group 4
2:31,54L	LEV2 F -14,01	200 Free	2	2017-12-01 Limpopo Champs
2:33,37L	LEV2 F 1,83	200 Free	1	2018-02-17 Limpopo Age Group 7
NS	F	400 Free		2017-06-24 Limpopo Age Group 1
5:29,95L	F	400 Free	6	2017-12-01 Limpopo Champs
37,98S	LEV2 F	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
38,68L	LEV2 F 0,10	50 Back	2	2017-10-14 Limpopo Age Group 4
37,07L	LEV2 F -1,51	50 Back	2	2017-12-01 Limpopo Champs
NS	F	100 Back		2017-06-24 Limpopo Age Group 1
1:24,53L	LEV2 F	100 Back	2	2017-11-11 Limpopo Age Group 5
1:20,22L	LEV2 F -4,31	100 Back	1	2017-12-01 Limpopo Champs
2:54,24L	LEV2 F	200 Back	1	2017-12-01 Limpopo Champs
39,59S	LEV2 F	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
39,39L	LEV2 F -1,20	50 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
38,73L	LEV2 F -0,66	50 Breast	1	2017-12-01 Limpopo Champs
39,70L	LEV2 F 0,97	50 Breast	1	2018-01-27 LP School Champs 2018
NS	F	100 Breast		2017-06-24 Limpopo Age Group 1
1:28,90L	LEV3 F	100 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
1:29,95L	LEV2 F 1,05	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:25,83L	LEV3 F -3,07	100 Breast	1	2017-12-01 Limpopo Champs
1:28,75L	LEV2 F 2,92	100 Breast	1	2018-01-27 LP School Champs 2018
3:12,66L	LEV2 F	200 Breast	2	2017-10-14 Limpopo Age Group 4
3:06,01L	LEV3 F -6,65	200 Breast	1	2017-12-01 Limpopo Champs
3:10,79L	LEV2 F 4,78	200 Breast	1	2018-01-27 LP School Champs 2018
3:08,52L	LEV3 F 2,51	200 Breast	1	2018-02-17 Limpopo Age Group 7
33,48S	LEV2 F	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
34,77L	LEV2 F 0,59	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
33,36L	LEV2 F -0,82	50 Fly	1	2017-12-01 Limpopo Champs
33,67L	LEV2 F 0,31	50 Fly	1	2018-01-27 LP School Champs 2018
1:22,19L	LEV2 F	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
1:21,28L	LEV2 F -0,91	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:17,85L	LEV2 F -3,43	100 Fly	1	2017-12-01 Limpopo Champs
1:20,64L	LEV2 F 2,79	100 Fly	1	2018-01-27 LP School Champs 2018
NS	F	200 IM		2017-06-24 Limpopo Age Group 1
2:48,68S	LEV3 F	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017
2:52,38L	LEV2 F 0,50	200 IM	1	2017-10-14 Limpopo Age Group 4
2:51,49L	LEV3 F -0,39	200 IM	1	2017-10-20 Limpopo Top 10 - High Schools
2:49,88L	LEV3 F -1,61	200 IM	1	2017-12-01 Limpopo Champs
2:46,66L	LEV3 F -3,22	200 IM	1	2018-01-27 LP School Champs 2018
2:49,03L	LEV3 F 2,37	200 IM	1	2018-02-17 Limpopo Age Group 7
6:04,05L	F	400 IM	1	2017-11-11 Limpopo Age Group 5
Gabriël Labuschagne (13) M (Yr: HR)				LSJM-SKD
32,78L	F	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
1:15,06L	F	100 Free	5	2017-11-04 Limpopo Primary School - Top 10
NS	F	50 Back		2017-11-04 Limpopo Primary School - Top 10
William Laing (10) M (Yr: HR)				LSPN-MPD
39,93L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10
53,29L	F	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
4:22,69L	F	200 IM	8	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Phetogo Lamola (8) F								
1:39,93S	F	50 Free	10	2017-08-05	Tuks Sprint Gala			TKSB-WBD
1:46,31S	DQ F	50 Back		2017-08-05	Tuks Sprint Gala			
2:46,07S	DQ F	50 Breast		2017-08-05	Tuks Sprint Gala			
Johanne Lamprecht (8) F (Yr: AR)								
49,21S	F	50 Free	5	2017-08-05	Tuks Sprint Gala			LOTTA-WBD
45,49L	F -4,29	50 Free	5	2017-12-01	Limpopo Champs			
42,23L	F -3,26	50 Free	2	2018-01-27	LP School Champs 2018			
2:01,64S	F	100 Free	41	2017-08-05	Tuks Sprint Gala			
1:43,97L	F -12,49	100 Free	4	2017-12-01	Limpopo Champs			
1:42,55L	F -1,42	100 Free	3	2018-01-27	LP School Champs 2018			
3:43,78L	F	200 Free	2	2018-01-27	LP School Champs 2018			
1:10,17S	F	50 Back	7	2017-08-05	Tuks Sprint Gala			
1:03,00L	F 3,03	50 Back	10	2017-12-01	Limpopo Champs			
1:00,46L	F 0,49	50 Back	7	2018-01-27	LP School Champs 2018			
2:16,54L	F -10,19	100 Back	8	2017-12-01	Limpopo Champs			
2:06,76L	F -9,78	100 Back	5	2018-01-27	LP School Champs 2018			
1:13,52S	DQ F	50 Breast		2017-08-05	Tuks Sprint Gala			
1:03,72L	F -16,57	50 Breast	6	2017-12-01	Limpopo Champs			
1:04,17L	F 0,45	50 Breast	7	2018-01-27	LP School Champs 2018			
2:33,41L	F	100 Breast	6	2017-12-01	Limpopo Champs			
2:27,51L	F -5,90	100 Breast	6	2018-01-27	LP School Champs 2018			
1:11,44L	F	50 Fly	6	2017-12-01	Limpopo Champs			
5:04,68L	DQ F	200 IM		2017-12-01	Limpopo Champs			
Luan Lategan (12) M (Yr: HR)								
46,21L	F	50 Back	7	2017-11-04	Limpopo Primary School - Top 10			LSTZN-MPD
1:32,17L	I F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			
1:45,39L	F	100 Back	8	2017-11-04	Limpopo Primary School - Top 10			
Daniëlle Le Roux (10) F (Yr: HN)								
39,02L	F	50 Free	4	2017-11-11	Limpopo Age Group 5			LSPN-MPD
52,75L	F	50 Back	5	2017-11-04	Limpopo Primary School - Top 10			
50,15L	F -2,60	50 Back	5	2017-11-11	Limpopo Age Group 5			
1:01,40L	F	50 Breast	10	2017-11-11	Limpopo Age Group 5			
44,10L	LEV2 F	50 Fly	3	2017-11-04	Limpopo Primary School - Top 10			
47,25L	F 3,15	50 Fly	7	2017-11-11	Limpopo Age Group 5			
Janco Le Roux (6) M								
35,51S	F	25 Free	6	2017-08-05	Tuks Sprint Gala			TKSB-WBD
34,77S	F -0,74	25 Free	2	2017-08-26	LP Shamu Sprint SC 2017			
32,87S	F	25 Back	6	2017-08-05	Tuks Sprint Gala			
31,43S	F -1,44	25 Back	2	2017-08-26	LP Shamu Sprint SC 2017			
46,50S	F	25 Breast	4	2017-08-05	Tuks Sprint Gala			
44,49S	F -2,01	25 Breast	2	2017-08-26	LP Shamu Sprint SC 2017			
44,54S	DQ F	25 Fly		2017-08-05	Tuks Sprint Gala			
55,66S	F	25 Fly	2	2017-08-26	LP Shamu Sprint SC 2017			
3:09,64S	DQ F	100 IM		2017-08-05	Tuks Sprint Gala			
3:42,46S	F	100 IM	2	2017-08-26	LP Shamu Sprint SC 2017			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Charles Le Roux (12) M (Yr: AR)				TKSS-WBD
41,79S	F	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
40,54L	F -2,05	50 Free	4	2017-09-09 Limpopo Age Group 3
41,12L	F 0,58	50 Free	12	2018-01-27 LP School Champs 2018
1:36,11L	F	100 Free	6	2017-09-09 Limpopo Age Group 3
1:31,76L	F -4,35	100 Free	12	2018-01-27 LP School Champs 2018
3:18,41L	F	200 Free	8	2018-01-27 LP School Champs 2018
49,24S	F	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
48,34L	F -1,50	50 Back	4	2017-09-09 Limpopo Age Group 3
1:34,86L I.	F 46,52	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
46,42L	F -1,92	50 Back	10	2018-01-27 LP School Champs 2018
1:38,59L	F	100 Back	9	2018-01-27 LP School Champs 2018
58,82S	F	50 Breast	6	2017-08-26 LP Shamu Sprint SC 2017
52,02L	F -7,80	50 Breast	4	2017-09-09 Limpopo Age Group 3
53,62L	F 1,60	50 Breast	9	2018-01-27 LP School Champs 2018
1:55,13L	F	100 Breast	8	2018-01-27 LP School Champs 2018
56,66S	F	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
58,09L	F 0,73	50 Fly	4	2017-09-09 Limpopo Age Group 3
51,38L	F -5,98	50 Fly	11	2018-01-27 LP School Champs 2018
2:01,06L	F	100 Fly	5	2017-11-04 Limpopo Primary School - Top 10
3:55,07S	F	200 IM	4	2017-08-26 LP Shamu Sprint SC 2017
Naledi Lebati (13) F (Yr: GN)				HSTAN-MPD
56,10L	F	50 Breast	7	2017-10-20 Limpopo Top 10 - High Schools
2:06,12L	F	100 Breast	7	2017-10-20 Limpopo Top 10 - High Schools
Louis Lessing (10) M				LSJM-SKD
1:52,26L I.	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Ruan Leykauf (7) M (Yr: AR)				LOTTA-WBD
52,88L	P	50 Free	25	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
49,91S	F -2,17	50 Free	10	2017-08-05 Tuks Sprint Gala
46,52L	F -3,71	50 Free	10	2017-12-01 Limpopo Champs
1:44,22L I.	F 53,99	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
2:07,56L	P	100 Free	24	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:06,73S	F 0,77	100 Free	54	2017-08-05 Tuks Sprint Gala
1:46,15L	F -19,95	100 Free	8	2017-12-01 Limpopo Champs
54,63L	P	50 Back	28	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
56,49S	F 2,46	50 Back	6	2017-08-05 Tuks Sprint Gala
56,97L	F 2,34	50 Back	10	2017-12-01 Limpopo Champs
1:59,88L I.	F 65,25	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
2:03,56L DQ	F	100 Back		2017-12-01 Limpopo Champs
1:06,70L	F -14,12	50 Breast	11	2017-12-01 Limpopo Champs
1:19,31L	F	50 Fly	11	2017-12-01 Limpopo Champs
4:47,10L DQ	F	200 IM		2017-12-01 Limpopo Champs
Jan Limbach (16) M (Yr: GR)				ELHS-VBD
1:32,15L	F	100 Back	5	2017-10-20 Limpopo Top 10 - High Schools
Karel Limbach (18) M (Yr: GR)				ELHS-VBD
NS	F	50 Free		2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Back		2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Chanel Lindeque (14) F (Yr: DN)			
31,95S	LEV2 F	50 Free	2 2017-08-05 Tuks Sprint Gala
31,95L	LEV2 F -0,80	50 Free	1 2017-09-09 Limpopo Age Group 3
31,52L	LEV2 F -0,43	50 Free	1 2017-10-14 Limpopo Age Group 4
31,48L	LEV2 F -0,04	50 Free	1 2017-10-20 Limpopo Top 10 - High Schools
31,17L	LEV2 F -0,31	50 Free	1 2017-11-11 Limpopo Age Group 5
31,36L	LEV2 F 0,19	50 Free	3 2017-12-01 Limpopo Champs
1:04,35L	F 33,18	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
32,14L	LEV2 F 0,97	50 Free	1 2018-01-27 LP School Champs 2018
32,02L	LEV2 F 0,85	50 Free	1 2018-02-17 Limpopo Age Group 7
1:17,65S	F	100 Free	11 2017-08-05 Tuks Sprint Gala
1:13,43L	LEV2 F -5,82	100 Free	1 2017-09-09 Limpopo Age Group 3
1:12,31L	LEV2 F -1,12	100 Free	1 2017-10-20 Limpopo Top 10 - High Schools
1:11,50L	LEV2 F -0,81	100 Free	1 2017-11-11 Limpopo Age Group 5
1:10,37L	LEV2 F -1,13	100 Free	3 2017-12-01 Limpopo Champs
1:15,43L	F 5,06	100 Free	3 2018-01-27 LP School Champs 2018
1:13,28L	LEV2 F 2,91	100 Free	1 2018-02-17 Limpopo Age Group 7
2:46,51L	LEV2 F	200 Free	3 2017-12-01 Limpopo Champs
40,15S	LEV2 F	50 Back	2 2017-08-05 Tuks Sprint Gala
41,29L	F 0,54	50 Back	2 2017-11-11 Limpopo Age Group 5
41,14L	F 0,39	50 Back	1 2018-01-27 LP School Champs 2018
1:29,54L	F	100 Back	1 2017-09-09 Limpopo Age Group 3
45,70S	F	50 Breast	2 2017-08-05 Tuks Sprint Gala
44,11L	F -2,59	50 Breast	4 2017-12-01 Limpopo Champs
44,65L	F 0,54	50 Breast	4 2018-01-27 LP School Champs 2018
1:45,30S	F	100 Breast	1 2017-08-05 Tuks Sprint Gala
1:38,98S	F -6,32	100 Breast	10 2017-08-19 Small Districts Championship Gala 2017
1:43,11L	F 2,13	100 Breast	2 2017-09-09 Limpopo Age Group 3
36,09S	LEV2 F	50 Fly	1 2017-08-05 Tuks Sprint Gala
35,24L	LEV2 F -1,55	50 Fly	1 2017-10-14 Limpopo Age Group 4
34,29L	LEV2 F -0,95	50 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
34,57L	LEV2 F 0,28	50 Fly	1 2017-11-11 Limpopo Age Group 5
33,72L	LEV2 F -0,57	50 Fly	2 2017-12-01 Limpopo Champs
35,45L	LEV2 F 1,73	50 Fly	2 2018-01-27 LP School Champs 2018
36,81L	F 3,09	50 Fly	1 2018-02-17 Limpopo Age Group 7
1:31,91L	F	100 Fly	2 2017-10-20 Limpopo Top 10 - High Schools
1:29,45L	F -2,46	100 Fly	2 2017-11-11 Limpopo Age Group 5
1:28,45L	F -1,00	100 Fly	3 2017-12-01 Limpopo Champs
1:31,93L	F 3,48	100 Fly	3 2018-01-27 LP School Champs 2018
1:30,57L	F 2,12	100 Fly	1 2018-02-17 Limpopo Age Group 7
3:23,22L	F	200 IM	3 2017-10-14 Limpopo Age Group 4
3:15,05L	F -8,17	200 IM	3 2017-10-20 Limpopo Top 10 - High Schools

TKS-SKD

Converted Times Used To Calculate Improvement

Joané Lindeque (12) F (Yr: DN)

TKS-SKD

Time	P/F/S	Event	Place
36,92S	F	50 Free	3 2017-08-05 Tuks Sprint Gala
35,89L	F -1,83	50 Free	1 2017-09-09 Limpopo Age Group 3
35,41L	F -0,48	50 Free	3 2017-10-14 Limpopo Age Group 4
1:19,23L I.	F 43,82	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
36,43L	F 1,02	50 Free	2 2017-11-11 Limpopo Age Group 5
34,22L	F -1,19	50 Free	6 2017-12-01 Limpopo Champs
1:11,55L I.	F 36,14	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
34,76L	F 0,54	50 Free	9 2018-01-27 LP School Champs 2018
35,07L	F 0,85	50 Free	6 2018-02-17 Limpopo Age Group 7
1:21,74S LEV2	F	100 Free	15 2017-08-05 Tuks Sprint Gala
1:19,86L LEV2	F -3,48	100 Free	2 2017-09-09 Limpopo Age Group 3
1:18,59L LEV2	F -1,27	100 Free	5 2017-12-01 Limpopo Champs
1:18,37L LEV2	F -0,22	100 Free	6 2018-01-27 LP School Champs 2018
44,94S	F	50 Back	6 2017-08-05 Tuks Sprint Gala
45,63L	F 0,09	50 Back	1 2017-10-14 Limpopo Age Group 4
44,77L	F -0,77	50 Back	5 2017-11-04 Limpopo Primary School - Top 10
42,82L	F -1,95	50 Back	9 2018-01-27 LP School Champs 2018
1:37,94S	F	100 Back	8 2017-08-19 Small Districts Championship Gala 2017
1:37,39L	F -1,75	100 Back	4 2017-09-09 Limpopo Age Group 3
46,25S	F	50 Breast	2 2017-08-05 Tuks Sprint Gala
45,39L	F -1,86	50 Breast	3 2017-10-14 Limpopo Age Group 4
45,39L	F 0,00	50 Breast	1 2017-11-04 Limpopo Primary School - Top 10
44,86L	F -0,53	50 Breast	2 2017-11-11 Limpopo Age Group 5
42,75L LEV2	F -2,11	50 Breast	3 2017-12-01 Limpopo Champs
44,63L	F 1,88	50 Breast	3 2018-01-27 LP School Champs 2018
43,50L LEV2	F 0,75	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:39,51S LEV2	F	100 Breast	3 2017-08-05 Tuks Sprint Gala
1:41,61S LEV2	F 2,10	100 Breast	7 2017-08-19 Small Districts Championship Gala 2017
1:36,90L LEV2	F -4,61	100 Breast	1 2017-09-09 Limpopo Age Group 3
1:41,76L LEV2	F 4,86	100 Breast	2 2017-11-04 Limpopo Primary School - Top 10
1:40,83L LEV2	F 3,93	100 Breast	1 2017-11-11 Limpopo Age Group 5
1:37,38L LEV2	F 0,48	100 Breast	3 2017-12-01 Limpopo Champs
1:36,69L LEV2	F -0,21	100 Breast	3 2018-01-27 LP School Champs 2018
1:35,56L LEV3	F -1,13	100 Breast	2 2018-02-17 Limpopo Age Group 7
50,73S	F	50 Fly	7 2017-08-05 Tuks Sprint Gala
50,93L	F -0,50	50 Fly	1 2017-10-14 Limpopo Age Group 4
50,09L	F -0,84	50 Fly	4 2017-11-11 Limpopo Age Group 5
47,04L	F -3,05	50 Fly	9 2017-12-01 Limpopo Champs
NS	F	100 Fly	2017-11-11 Limpopo Age Group 5
3:32,35L LEV2	F	200 IM	2 2017-10-14 Limpopo Age Group 4
3:19,00L LEV2	F -13,35	200 IM	1 2018-02-17 Limpopo Age Group 7

Eben Lingenfelder (8) M

EAGAB-CCD

47,70S	F	50 Free	5 2017-08-05 Tuks Sprint Gala
47,17S	F -0,53	50 Free	4 2017-08-26 LP Shamu Sprint SC 2017
51,05L	F 3,08	50 Free	3 2017-10-28 Eager Sprint Gala
24,30S	F	25 Back	3 2017-08-26 LP Shamu Sprint SC 2017
52,66S	F	50 Back	4 2017-08-05 Tuks Sprint Gala
57,88L	F 4,62	50 Back	2 2017-10-28 Eager Sprint Gala
28,56S	F	25 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
1:05,01S	F	50 Breast	4 2017-08-05 Tuks Sprint Gala
1:05,43L	F -0,58	50 Breast	3 2017-10-28 Eager Sprint Gala
26,83S	F	25 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
1:10,50S	F	50 Fly	4 2017-08-05 Tuks Sprint Gala
1:08,94L	F -2,26	50 Fly	2 2017-10-28 Eager Sprint Gala

Ricardo Lira (14) M (Yr: GN)

HFDT-MPD

35,68L	F	50 Free	6 2017-10-20 Limpopo Top 10 - High Schools
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Christiaan Loots (9) M (Yr: GN)				SSB-MPD
52,28S	F	50 Free	2	2017-08-26 LP Shamu Sprint SC 2017
53,84L	F 0,76	50 Free	20	2017-11-11 Limpopo Age Group 5
1:00,70S	F	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
59,66L	F -1,64	50 Back	15	2017-11-11 Limpopo Age Group 5
1:24,66S	F	50 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
1:19,76L	F -5,90	50 Breast	16	2017-11-11 Limpopo Age Group 5
1:15,53S	F	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
1:07,39L	F -8,84	50 Fly	13	2017-11-11 Limpopo Age Group 5

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Kristin Lottering (13) F (Yr: AR)			
30,70L	LEV2 P	50 Free	17 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
30,23S	LEV2 F 0,33	50 Free	1 2017-08-05 Tuks Sprint Gala
30,06S	LEV2 P 0,16	50 Free	78 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
30,34L	LEV2 F -0,36	50 Free	1 2017-12-01 Limpopo Champs
30,33L	LEV2 F -0,01	50 Free	2 2018-01-27 LP School Champs 2018
29,52L	LEV2 F -0,81	50 Free	1 2018-02-17 Limpopo Age Group 7
1:08,04L	LEV3 P	100 Free	22 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:06,67S	LEV3 F 0,23	100 Free	2 2017-08-05 Tuks Sprint Gala
1:05,28L	LEV3 F -2,33	100 Free	1 2017-11-11 Limpopo Age Group 5
1:06,29L	LEV3 F 1,01	100 Free	1 2017-12-01 Limpopo Champs
1:05,71L	LEV3 F 0,43	100 Free	1 2018-01-27 LP School Champs 2018
1:06,77L	LEV3 F 1,49	100 Free	1 2018-02-17 Limpopo Age Group 7
2:28,79L	LEV3 P	200 Free	20 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:24,38L	LEV3 F -4,41	200 Free	1 2017-12-01 Limpopo Champs
2:23,04L	LEV3 F -1,34	200 Free	1 2018-01-27 LP School Champs 2018
5:35,69L	F	400 Free	3 2017-09-09 Limpopo Age Group 3
5:13,05L	LEV3 F -22,64	400 Free	1 2017-11-11 Limpopo Age Group 5
5:04,28L	LEV3 F -8,77	400 Free	1 2017-12-01 Limpopo Champs
33,92L	LEV2 P	50 Back	4 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
34,34L	LEV2 F	50 Back	6 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
32,82S	LEV2 F -0,50	50 Back	1 2017-08-05 Tuks Sprint Gala
32,54S	LEV2 P -0,28	50 Back	52 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
33,94L	LEV2 F 0,80	50 Back	1 2017-09-09 Limpopo Age Group 3
34,25L	LEV2 F 1,11	50 Back	1 2017-12-01 Limpopo Champs
34,55L	LEV2 F 1,41	50 Back	1 2018-01-27 LP School Champs 2018
34,22L	LEV2 F 1,08	50 Back	1 2018-02-17 Limpopo Age Group 7
1:14,19L	LEV3 P	100 Back	7 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:13,07S	LEV3 F 0,08	100 Back	1 2017-08-05 Tuks Sprint Gala
1:12,20S	SANJ P -0,79	100 Back	72 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
1:10,38S	SANJ F -1,82	100 Back	1 2017-08-19 Small Districts Championship Gala 2017
1:12,63L	SANJ F 1,05	100 Back	1 2017-12-01 Limpopo Champs
1:13,95L	LEV3 F 2,37	100 Back	1 2018-01-27 LP School Champs 2018
1:15,62L	LEV3 F 4,04	100 Back	1 2018-02-17 Limpopo Age Group 7
2:49,14L	LEV3 P	200 Back	22 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:39,56S	LEV3 P -7,18	200 Back	48 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
2:42,29L	LEV3 F 0,33	200 Back	1 2017-12-01 Limpopo Champs
2:42,64L	LEV3 F 0,68	200 Back	1 2018-01-27 LP School Champs 2018
43,02L	LEV2 F 1,51	50 Breast	4 2017-12-01 Limpopo Champs
1:35,82L	LEV2 F -9,69	100 Breast	5 2017-12-01 Limpopo Champs
33,49L	LEV2 P	50 Fly	11 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
32,39S	LEV2 F -0,40	50 Fly	1 2017-08-05 Tuks Sprint Gala
31,66S	LEV2 P -0,73	50 Fly	50 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
31,76L	LEV2 F -0,60	50 Fly	1 2017-12-01 Limpopo Champs
31,52L	LEV2 F -0,24	50 Fly	1 2018-01-27 LP School Champs 2018
31,57L	LEV2 F 0,05	50 Fly	1 2018-02-17 Limpopo Age Group 7
1:22,36L	LEV2 P	100 Fly	19 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:18,09S	LEV2 F -2,87	100 Fly	1 2017-08-05 Tuks Sprint Gala
1:15,97S	LEV3 F -2,12	100 Fly	1 2017-08-19 Small Districts Championship Gala 2017
1:17,07L	LEV3 F -0,30	100 Fly	1 2017-12-01 Limpopo Champs
1:15,25L	LEV3 F -1,82	100 Fly	1 2018-01-27 LP School Champs 2018
3:30,45L	F	200 Fly	1 2017-09-09 Limpopo Age Group 3
3:31,71L	F 1,26	200 Fly	1 2017-12-01 Limpopo Champs
1:16,44S	P	100 IM	80 2017-08-10 Sa Short Course Swimming Champs (25m) PMBG 17
3:03,73L	LEV2 P	200 IM	34 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
2:51,20S	LEV3 F -9,33	200 IM	3 2017-08-19 Small Districts Championship Gala 2017
2:54,53L	LEV3 F 4,92	200 IM	4 2017-12-01 Limpopo Champs
6:12,21L	F	400 IM	1 2017-11-11 Limpopo Age Group 5

LOTTA-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Marina Lottering (17) F (Yr: AR)				LOTTA-WBD
37,19S	F	50 Free	4	2017-08-05 Tuks Sprint Gala
36,31L	F -1,68	50 Free	6	2017-12-01 Limpopo Champs
35,91L	F -0,40	50 Free	2	2018-01-27 LP School Champs 2018
38,44L	F 2,53	50 Free	6	2018-02-17 Limpopo Age Group 7
1:25,73L	P	100 Free	21	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:21,55L	F -0,85	100 Free	2	2018-01-27 LP School Champs 2018
1:26,77L	F 5,22	100 Free	5	2018-02-17 Limpopo Age Group 7
45,28L	P	50 Back	15	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
43,53S	F -1,15	50 Back	1	2017-08-05 Tuks Sprint Gala
44,95L	F 1,47	50 Back	7	2017-12-01 Limpopo Champs
45,11L	F 1,63	50 Back	3	2018-01-27 LP School Champs 2018
45,62L	F 2,14	50 Back	5	2018-02-17 Limpopo Age Group 7
1:42,11L	P	100 Back	11	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:43,01L	F	100 Back	7	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:37,51S	F -3,40	100 Back	1	2017-08-05 Tuks Sprint Gala
1:33,36S	F -4,15	100 Back	6	2017-08-19 Small Districts Championship Gala 2017
1:42,36L	F 7,80	100 Back	3	2018-01-27 LP School Champs 2018
50,60S	F	50 Breast	4	2017-08-05 Tuks Sprint Gala
53,09L	F 1,51	50 Breast	3	2018-01-27 LP School Champs 2018
54,17L	F 2,59	50 Breast	6	2018-02-17 Limpopo Age Group 7
1:59,93L	P	100 Breast	13	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:54,29S	F -3,64	100 Breast	8	2017-08-19 Small Districts Championship Gala 2017
44,15L	F -1,01	50 Fly	2	2018-01-27 LP School Champs 2018
44,28L	F 0,13	50 Fly	3	2018-02-17 Limpopo Age Group 7
Tiaan Lotter (16) M (Yr: GN)				TKSB-WBD
29,74S	F	50 Free	7	2017-08-05 Tuks Sprint Gala
1:06,96S	DQ	100 Free		2017-08-05 Tuks Sprint Gala
34,51S	F	50 Back	3	2017-08-05 Tuks Sprint Gala
34,77L	F -0,34	50 Back	4	2017-10-20 Limpopo Top 10 - High Schools
1:14,23S	LEV2	100 Back	3	2017-08-05 Tuks Sprint Gala
1:17,30L	F 1,87	100 Back	3	2017-10-20 Limpopo Top 10 - High Schools
Zain Loubser (9) M (Yr: HN)				LSPN-MPD
52,53L	F	50 Free	11	2017-11-04 Limpopo Primary School - Top 10
1:02,03L	F	50 Breast	7	2017-11-04 Limpopo Primary School - Top 10
Murray Loughor Clarke (11) M (Yr: HR)				UNIC-MPD
41,20L	F	50 Free	8	2017-11-04 Limpopo Primary School - Top 10
1:32,39L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:37,77L	F	100 Free	8	2017-11-04 Limpopo Primary School - Top 10
54,62L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Edrich Lourens (11) M (Yr: DR)				
37,98S	F	50 Free	2	2017-08-05 Tuks Sprint Gala
37,20L	F -1,58	50 Free	5	2017-09-09 Limpopo Age Group 3
35,67L	F -1,53	50 Free	2	2017-10-14 Limpopo Age Group 4
1:15,64L	F 39,97	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
35,41L	F -0,26	50 Free	6	2017-12-01 Limpopo Champs
34,31L	F -1,10	50 Free	6	2018-01-27 LP School Champs 2018
34,28L	F -0,03	50 Free	4	2018-02-17 Limpopo Age Group 7
1:28,50S	F	100 Free	32	2017-08-05 Tuks Sprint Gala
1:24,38L	LEV2 F -5,72	100 Free	5	2017-09-09 Limpopo Age Group 3
1:22,47L	F -1,91	100 Free	2	2017-10-28 Eager Sprint Gala
1:21,44L	F -1,03	100 Free	5	2017-12-01 Limpopo Champs
1:17,48L	F -3,96	100 Free	6	2018-01-27 LP School Champs 2018
1:15,00L	LEV2 F -2,48	100 Free	3	2018-02-17 Limpopo Age Group 7
3:23,32L	F	200 Free	4	2017-10-14 Limpopo Age Group 4
2:57,45L	F -25,87	200 Free	6	2018-01-27 LP School Champs 2018
45,23S	F	50 Back	6	2017-08-05 Tuks Sprint Gala
45,05L	F -0,78	50 Back	7	2017-12-01 Limpopo Champs
41,60L	F -3,45	50 Back	6	2018-01-27 LP School Champs 2018
1:44,70L	F	100 Back	3	2017-10-28 Eager Sprint Gala
1:33,09L	F -11,61	100 Back	6	2017-12-01 Limpopo Champs
47,90S	F	50 Breast	2	2017-08-05 Tuks Sprint Gala
48,63L	F -0,27	50 Breast	2	2017-09-09 Limpopo Age Group 3
52,21L	F 3,58	50 Breast	4	2017-10-14 Limpopo Age Group 4
47,35L	F -1,28	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
45,79L	F -1,56	50 Breast	4	2017-12-01 Limpopo Champs
45,65L	F -0,14	50 Breast	5	2018-01-27 LP School Champs 2018
45,39L	F -0,26	50 Breast	2	2018-02-17 Limpopo Age Group 7
1:49,50S	F	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:51,46L	F -0,04	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:51,96L	F 0,50	100 Breast	3	2017-10-28 Eager Sprint Gala
1:49,41L	F -2,05	100 Breast	5	2017-11-04 Limpopo Primary School - Top 10
1:41,14L	F -8,27	100 Breast	5	2017-12-01 Limpopo Champs
1:42,14L	F 1,00	100 Breast	4	2018-01-27 LP School Champs 2018
1:43,74L	F 2,60	100 Breast	6	2018-02-17 Limpopo Age Group 7
4:07,57L	F	200 Breast	4	2017-10-14 Limpopo Age Group 4
3:42,69L	F -24,88	200 Breast	3	2017-12-01 Limpopo Champs
3:37,21L	F -5,48	200 Breast	2	2018-01-27 LP School Champs 2018
3:38,54L	F 1,33	200 Breast	3	2018-02-17 Limpopo Age Group 7
50,82S	F	50 Fly	5	2017-08-05 Tuks Sprint Gala
46,50L	F -5,02	50 Fly	6	2017-09-09 Limpopo Age Group 3
43,25L	F -3,25	50 Fly	7	2017-12-01 Limpopo Champs
42,11L	F -1,14	50 Fly	7	2018-01-27 LP School Champs 2018
2:10,84L	F	100 Fly	2	2017-10-28 Eager Sprint Gala
3:47,08L	F	200 IM	4	2017-10-14 Limpopo Age Group 4
3:21,37L	F -25,71	200 IM	20	2017-12-01 Limpopo Champs

TKS-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Leon Lourens (9) M (Yr: AR)				
				TKSS-WBD
39,29L	P	50 Free	10	2017-07-03 Sasol National Championship 2017
41,69L	F	50 Free	10	2017-07-03 Sasol National Championship 2017
40,07S	F 1,58	50 Free	3	2017-08-05 Tuks Sprint Gala
41,24L	F 1,95	50 Free	6	2017-10-14 Limpopo Age Group 4
38,26L	F -1,03	50 Free	2	2017-11-04 Limpopo Primary School - Top 10
40,79L	F 2,53	50 Free	7	2017-11-11 Limpopo Age Group 5
38,77L	F 0,51	50 Free	4	2017-12-01 Limpopo Champs
1:26,64L I.	F 48,38	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
40,06L	F 1,80	50 Free	6	2018-01-27 LP School Champs 2018
1:37,35L	F	100 Free	15	2017-07-03 Sasol National Championship 2017
1:32,06S	F -3,69	100 Free	34	2017-08-05 Tuks Sprint Gala
1:33,67L	F 0,01	100 Free	9	2017-09-09 Limpopo Age Group 3
1:29,28L LEV2	F -4,38	100 Free	4	2017-11-11 Limpopo Age Group 5
1:27,22L LEV2	F -2,06	100 Free	5	2017-12-01 Limpopo Champs
1:34,07L	F 6,85	100 Free	4	2018-01-27 LP School Champs 2018
3:30,56L	P	200 Free	15	2017-07-03 Sasol National Championship 2017
3:22,90L	F -7,66	200 Free	4	2017-12-01 Limpopo Champs
44,82L	P	50 Back	9	2017-07-03 Sasol National Championship 2017
47,36L	F	50 Back	10	2017-07-03 Sasol National Championship 2017
44,63S	F 0,41	50 Back	3	2017-08-05 Tuks Sprint Gala
44,67L	F -0,01	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
44,30L LEV2	F -0,37	50 Back	3	2017-12-01 Limpopo Champs
1:38,20L I.	F 53,53	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
46,00L	F 1,70	50 Back	4	2018-01-27 LP School Champs 2018
1:44,07L LEV2	P	100 Back	11	2017-07-03 Sasol National Championship 2017
1:43,20S LEV2	F 0,33	100 Back	3	2017-08-05 Tuks Sprint Gala
1:38,60L LEV2	F -5,47	100 Back	6	2017-09-09 Limpopo Age Group 3
1:37,74L LEV2	F -0,86	100 Back	5	2017-11-11 Limpopo Age Group 5
1:43,16L LEV2	F 5,42	100 Back	3	2017-12-01 Limpopo Champs
1:47,49L	F 9,75	100 Back	3	2018-01-27 LP School Champs 2018
3:40,97L	F	200 Back	2	2017-10-14 Limpopo Age Group 4
3:38,23L	F -2,74	200 Back	3	2017-12-01 Limpopo Champs
1:00,51L	P	50 Breast	17	2017-07-03 Sasol National Championship 2017
57,08S	F -2,43	50 Breast	5	2017-08-05 Tuks Sprint Gala
56,28L	F -1,80	50 Breast	7	2017-09-09 Limpopo Age Group 3
56,02L	F -0,26	50 Breast	5	2017-10-14 Limpopo Age Group 4
54,53L	F -1,49	50 Breast	6	2017-12-01 Limpopo Champs
55,13L	F 0,60	50 Breast	4	2018-01-27 LP School Champs 2018
2:16,07L	P	100 Breast	16	2017-07-03 Sasol National Championship 2017
2:04,24S	F -9,83	100 Breast	4	2017-08-05 Tuks Sprint Gala
2:05,11L	F -1,13	100 Breast	6	2017-09-09 Limpopo Age Group 3
2:03,95L	F -1,16	100 Breast	11	2017-11-11 Limpopo Age Group 5
2:00,42L	F -3,53	100 Breast	6	2017-12-01 Limpopo Champs
1:59,08L	F -1,34	100 Breast	2	2018-01-27 LP School Champs 2018
4:17,20L DQ	F	200 Breast		2017-10-14 Limpopo Age Group 4
56,66L	P	50 Fly	18	2017-07-03 Sasol National Championship 2017
47,84S	F -8,12	50 Fly	3	2017-08-05 Tuks Sprint Gala
56,59L	F 8,05	50 Fly	9	2017-09-09 Limpopo Age Group 3
50,89L	F 2,35	50 Fly	3	2017-10-14 Limpopo Age Group 4
54,96L	F 6,42	50 Fly	8	2017-11-11 Limpopo Age Group 5
53,01L	F 4,47	50 Fly	6	2017-12-01 Limpopo Champs
51,15L	F 2,61	50 Fly	5	2018-01-27 LP School Champs 2018
3:45,50L	P	200 IM	8	2017-07-03 Sasol National Championship 2017
3:46,90L	F	200 IM	9	2017-07-03 Sasol National Championship 2017
3:43,55S	F 1,25	200 IM	3	2017-08-05 Tuks Sprint Gala
3:41,23L	F -4,27	200 IM	28	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Prieur Lourens (10) M (Yr: HN)							
51,15L	F	50 Back	4	2017-11-04	Limpopo Primary School - Top 10		LSPN-MPD
53,50L	F	50 Fly	6	2017-11-04	Limpopo Primary School - Top 10		
Stephanus Lourens (15) M (Yr: AN)							
31,91S	F	50 Free	1	2017-08-05	Tuks Sprint Gala		LOTTA-WBD
30,42L	F -2,29	50 Free	3	2017-11-11	Limpopo Age Group 5		
29,35L	F -1,07	50 Free	8	2017-12-01	Limpopo Champs		
29,68L	F 0,33	50 Free	9	2018-01-27	LP School Champs 2018		
1:12,81S	F	100 Free	17	2017-08-05	Tuks Sprint Gala		
1:13,17L	F -1,24	100 Free	6	2017-11-11	Limpopo Age Group 5		
1:08,10L	F -5,07	100 Free	9	2017-12-01	Limpopo Champs		
1:09,80L	F 1,70	100 Free	10	2018-01-27	LP School Champs 2018		
2:39,91L	F	200 Free	9	2017-12-01	Limpopo Champs		
39,12S	F	50 Breast	1	2017-08-05	Tuks Sprint Gala		
37,79L	LEV2 F -0,47	50 Breast	2	2017-11-11	Limpopo Age Group 5		
36,26L	LEV2 F -1,53	50 Breast	3	2017-12-01	Limpopo Champs		
37,99L	LEV2 F 1,73	50 Breast	4	2018-01-27	LP School Champs 2018		
1:26,07L	F -2,76	100 Breast	3	2017-11-11	Limpopo Age Group 5		
1:23,78L	LEV2 F -2,29	100 Breast	6	2017-12-01	Limpopo Champs		
1:22,74L	LEV2 F -1,04	100 Breast	4	2018-01-27	LP School Champs 2018		
3:07,66L	F	200 Breast	6	2017-12-01	Limpopo Champs		
36,90S	DQ F	50 Fly		2017-08-05	Tuks Sprint Gala		
36,04L	F -0,96	50 Fly	4	2017-11-11	Limpopo Age Group 5		
34,85L	F -1,19	50 Fly	9	2017-12-01	Limpopo Champs		
35,35L	F 0,50	50 Fly	10	2018-01-27	LP School Champs 2018		
3:14,99L	F -10,37	200 IM	27	2017-12-01	Limpopo Champs		
Jacobus Lourens (8) M (Yr: HN)							
43,32L	F	50 Free	5	2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD
1:07,09L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10		
Carme Louw (8) F							
1:50,65L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSTZN-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Nicolas Louw (12) M (Yr: AR)				ELRAS-WBD
32,52L	LEV2 P	50 Free	7	2017-07-03 Sasol National Championship 2017
32,87L	LEV2 F	50 Free	7	2017-07-03 Sasol National Championship 2017
31,53S	LEV2 F -0,19	50 Free	3	2017-08-05 Tuks Sprint Gala
31,59L	LEV2 F -0,12	50 Free	3	2017-11-04 Limpopo Primary School - Top 10
31,27L	LEV2 F -0,32	50 Free	2	2017-11-11 Limpopo Age Group 5
30,84L	LEV2 F -0,43	50 Free	6	2017-12-01 Limpopo Champs
31,38L	F 0,54	50 Free	2	2018-01-27 LP School Champs 2018
31,66L	LEV2 F 0,82	50 Free	3	2018-02-17 Limpopo Age Group 7
1:09,94L	LEV3 F	100 Free	4	2017-07-03 Sasol National Championship 2017
1:07,54S	LEV3 F -0,80	100 Free	12	2017-08-05 Tuks Sprint Gala
1:10,20S	LEV3 F 2,66	100 Free	6	2017-08-19 Small Districts Championship Gala 2017
1:09,92L	LEV2 F 0,78	100 Free	3	2017-09-09 Limpopo Age Group 3
1:09,26L	LEV2 F 0,12	100 Free	2	2017-11-04 Limpopo Primary School - Top 10
1:08,45L	LEV3 F -0,69	100 Free	3	2017-11-11 Limpopo Age Group 5
1:07,78L	LEV3 F -0,67	100 Free	4	2017-12-01 Limpopo Champs
1:08,19L	LEV2 F 0,41	100 Free	2	2018-01-27 LP School Champs 2018
1:08,48L	LEV3 F 0,70	100 Free	1	2018-02-17 Limpopo Age Group 7
2:33,26L	LEV3 F	200 Free	6	2017-07-03 Sasol National Championship 2017
2:35,63L	LEV3 P	200 Free	7	2017-07-03 Sasol National Championship 2017
2:35,79L	LEV3 F 2,53	200 Free	1	2017-07-29 Limpopo Age Group 2
2:28,47L	LEV3 F -4,79	200 Free	5	2017-12-01 Limpopo Champs
2:30,04L	LEV2 F 1,57	200 Free	3	2018-01-27 LP School Champs 2018
2:29,24L	LEV3 F 0,77	200 Free	2	2018-02-17 Limpopo Age Group 7
5:31,72L	F	400 Free	3	2017-09-09 Limpopo Age Group 3
5:23,56L	F -8,16	400 Free	2	2017-11-11 Limpopo Age Group 5
5:20,26L	LEV3 F -3,30	400 Free	14	2017-12-01 Limpopo Champs
5:31,96L	F 11,70	400 Free	2	2018-01-27 LP School Champs 2018
22:06,84L	F	1500 Free	9	2017-12-01 Limpopo Champs
38,35L	LEV2 P	50 Back	5	2017-07-03 Sasol National Championship 2017
38,36L	LEV2 F	50 Back	6	2017-07-03 Sasol National Championship 2017
37,58S	LEV2 F -0,17	50 Back	2	2017-08-05 Tuks Sprint Gala
37,78L	LEV2 F -0,32	50 Back	6	2017-12-01 Limpopo Champs
39,60L	F 1,82	50 Back	2	2018-02-17 Limpopo Age Group 7
1:25,01L	LEV2 F	100 Back	8	2017-07-03 Sasol National Championship 2017
1:25,77L	LEV2 P	100 Back	10	2017-07-03 Sasol National Championship 2017
1:21,77S	LEV2 F -2,04	100 Back	2	2017-08-05 Tuks Sprint Gala
1:25,53L	F 2,56	100 Back	4	2017-11-11 Limpopo Age Group 5
1:21,54L	LEV2 F -1,43	100 Back	6	2017-12-01 Limpopo Champs
1:23,67L	F 2,13	100 Back	3	2018-01-27 LP School Champs 2018
3:02,70L	LEV2 P	200 Back	7	2017-07-03 Sasol National Championship 2017
3:05,14L	LEV2 F	200 Back	8	2017-07-03 Sasol National Championship 2017
3:01,72L	LEV2 F -0,98	200 Back	1	2017-07-29 Limpopo Age Group 2
45,56L	P	50 Breast	10	2017-07-03 Sasol National Championship 2017
45,81L	F	50 Breast	9	2017-07-03 Sasol National Championship 2017
43,54L	F 0,67	50 Breast	2	2017-11-11 Limpopo Age Group 5
42,89L	F 0,02	50 Breast	9	2017-12-01 Limpopo Champs
1:39,25L	LEV2 P	100 Breast	12	2017-07-03 Sasol National Championship 2017
1:35,86L	F -3,39	100 Breast	3	2017-09-09 Limpopo Age Group 3
3:34,41L	P	200 Breast	11	2017-07-03 Sasol National Championship 2017
3:31,65L	LEV2 F -2,76	200 Breast	2	2017-07-29 Limpopo Age Group 2
33,69L	LEV2 P	50 Fly	4	2017-07-03 Sasol National Championship 2017
34,14L	LEV2 F	50 Fly	6	2017-07-03 Sasol National Championship 2017
34,03S	LEV2 F 1,04	50 Fly	2	2017-08-05 Tuks Sprint Gala
33,34L	LEV2 F -0,35	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
32,11L	LEV2 F -1,23	50 Fly	2	2017-12-01 Limpopo Champs
32,67L	LEV2 F 0,56	50 Fly	1	2018-01-27 LP School Champs 2018
33,23L	LEV2 F 1,12	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:23,26L	LEV2 F	100 Fly	6	2017-07-03 Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Nicolas Louw (12) M (Yr: AR)

ELRAS-WBD

Time	P/F/S	Event	Place
1:22,01S	LEV2 F 0,15	100 Fly	1 2017-08-05 Tuks Sprint Gala
1:18,72S	LEV2 F -3,14	100 Fly	3 2017-08-19 Small Districts Championship Gala 2017
1:20,91L	F 0,79	100 Fly	2 2017-11-04 Limpopo Primary School - Top 10
1:17,09L	LEV2 F -3,03	100 Fly	3 2017-12-01 Limpopo Champs
1:17,55L	F 0,46	100 Fly	2 2018-01-27 LP School Champs 2018
3:16,80L	F	200 Fly	18 2017-07-03 Sasol National Championship 2017
3:14,08L	F -2,72	200 Fly	3 2017-09-09 Limpopo Age Group 3
3:02,10L	LEV2 P	200 IM	9 2017-07-03 Sasol National Championship 2017
3:02,98L	LEV2 F	200 IM	9 2017-07-03 Sasol National Championship 2017
2:58,36L	LEV3 F -3,74	200 IM	2 2017-07-29 Limpopo Age Group 2
2:57,70S	LEV3 F 2,54	200 IM	6 2017-08-19 Small Districts Championship Gala 2017
3:01,25L	LEV2 F 2,89	200 IM	4 2017-11-04 Limpopo Primary School - Top 10
3:00,09L	F 1,73	200 IM	3 2018-01-27 LP School Champs 2018

Yvette Louw (16) F (Yr: GN)

PHS-CCD

41,31L	LEV2 F	50 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
1:32,50L	LEV2 F	100 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
33,49L	LEV2 F	50 Fly	1 2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Fly	2017-10-20 Limpopo Top 10 - High Schools
2:51,11L	LEV2 F	200 IM	1 2017-10-20 Limpopo Top 10 - High Schools

Brigitte Lowe (10) F

LSPN-MPD

2:16,21L	F	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
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Henry Lubbe (7) M

EAGAB-CCD

28,15S	F	25 Free	6 2017-08-26 LP Shamu Sprint SC 2017
32,88S	F	25 Back	6 2017-08-26 LP Shamu Sprint SC 2017
39,23S	F	25 Breast	4 2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
LeratoJnr Mabotja (9) M (Yr: AR)				EAGA-CCD
44,92L	F	50 Free	5	2017-06-24 Limpopo Age Group 1
42,85S	F -1,27	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
41,78L	F -1,87	50 Free	4	2017-10-28 Eager Sprint Gala
40,56L	F -1,22	50 Free	6	2017-12-01 Limpopo Champs
40,65L	F 0,09	50 Free	5	2018-01-27 LP School Champs 2018
44,29L	F 3,73	50 Free	5	2018-02-17 Limpopo Age Group 7
1:35,63L	F	100 Free	4	2017-06-24 Limpopo Age Group 1
1:42,47L	F 6,84	100 Free	13	2017-11-11 Limpopo Age Group 5
1:38,02L	F 2,39	100 Free	6	2017-12-01 Limpopo Champs
1:40,33L	F 4,70	100 Free	7	2018-01-27 LP School Champs 2018
3:30,43L	F	200 Free	5	2017-12-01 Limpopo Champs
50,86L	F	50 Back	3	2017-06-24 Limpopo Age Group 1
46,71S	F -3,55	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
50,31L	F 3,00	50 Back	3	2017-10-28 Eager Sprint Gala
50,34L	F 3,03	50 Back	4	2017-11-11 Limpopo Age Group 5
47,50L	F 0,19	50 Back	5	2017-12-01 Limpopo Champs
49,62L	F 2,31	50 Back	5	2018-01-27 LP School Champs 2018
47,15L	F -0,16	50 Back	1	2018-02-17 Limpopo Age Group 7
1:58,97L	F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:48,11L	F -10,86	100 Back	9	2017-11-11 Limpopo Age Group 5
1:42,46L	LEV2 F -5,65	100 Back	4	2017-12-01 Limpopo Champs
1:48,06L	F 5,60	100 Back	3	2018-01-27 LP School Champs 2018
1:45,50L	F 3,04	100 Back	3	2018-02-17 Limpopo Age Group 7
3:43,75L	F	200 Back	3	2017-12-01 Limpopo Champs
3:49,63L	F 5,88	200 Back	3	2018-01-27 LP School Champs 2018
58,38S	F	50 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
1:00,87L	F 1,49	50 Breast	4	2017-10-28 Eager Sprint Gala
1:01,28L	F 1,90	50 Breast	12	2017-11-11 Limpopo Age Group 5
1:00,38L	F 1,00	50 Breast	9	2017-12-01 Limpopo Champs
58,97L	F -0,41	50 Breast	6	2018-01-27 LP School Champs 2018
1:00,70L	F 1,73	50 Breast	8	2018-02-17 Limpopo Age Group 7
2:12,41L	F	100 Breast	6	2017-12-01 Limpopo Champs
59,15L	F	50 Fly	3	2017-06-24 Limpopo Age Group 1
55,25S	F -3,20	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
55,17L	F -0,78	50 Fly	2	2017-10-28 Eager Sprint Gala
51,79L	F -3,38	50 Fly	7	2017-11-11 Limpopo Age Group 5
49,16L	F -2,63	50 Fly	4	2017-12-01 Limpopo Champs
53,95L	F 4,79	50 Fly	3	2018-01-27 LP School Champs 2018
58,17L	F 9,01	50 Fly	4	2018-02-17 Limpopo Age Group 7
4:00,03S	F	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
4:03,32L	F 0,09	200 IM	2	2017-10-28 Eager Sprint Gala
3:51,56L	F -11,67	200 IM	34	2017-12-01 Limpopo Champs
4:02,69L	F 11,13	200 IM	3	2018-01-27 LP School Champs 2018
3:53,29L	F 1,73	200 IM	3	2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Layah Mahomed (9) F (Yr: CR)					
46,15S	F	50 Free	4	2017-08-26	LP Shamu Sprint SC 2017
42,01L	F -4,94	50 Free	5	2017-10-14	Limpopo Age Group 4
42,24L	F 0,23	50 Free	5	2017-11-04	Limpopo Primary School - Top 10
1:45,31L	F	100 Free	10	2017-11-11	Limpopo Age Group 5
NS	F	200 Free		2017-10-14	Limpopo Age Group 4
52,16S	F	50 Back	4	2017-08-26	LP Shamu Sprint SC 2017
53,76L	F 1,00	50 Back	7	2017-10-14	Limpopo Age Group 4
1:59,81L	F	100 Back	5	2017-11-11	Limpopo Age Group 5
1:02,48S	F	50 Breast	5	2017-08-26	LP Shamu Sprint SC 2017
59,28L	F -4,20	50 Breast	5	2017-10-14	Limpopo Age Group 4
56,23L	F -3,05	50 Breast	5	2017-11-04	Limpopo Primary School - Top 10
2:01,39L	F	100 Breast	4	2017-11-11	Limpopo Age Group 5
55,08S	F	50 Fly	3	2017-08-26	LP Shamu Sprint SC 2017
58,20L	F 2,42	50 Fly	7	2017-10-14	Limpopo Age Group 4
53,42L	F -2,36	50 Fly	10	2017-11-11	Limpopo Age Group 5
4:12,34S	F	200 IM	5	2017-08-26	LP Shamu Sprint SC 2017
4:13,50L	F -2,04	200 IM	6	2017-10-14	Limpopo Age Group 4
Takalani Malotsha (10) M					
45,81L	F	50 Free	6	2017-10-28	Eager Sprint Gala
45,08L	F -0,73	50 Free	10	2017-11-04	Limpopo Primary School - Top 10
54,91L	F	50 Back	6	2017-10-28	Eager Sprint Gala
NS	F	50 Breast		2017-10-28	Eager Sprint Gala
59,09L	F	50 Breast	9	2017-11-04	Limpopo Primary School - Top 10
NS	F	50 Fly		2017-10-28	Eager Sprint Gala
Zwivhuya Malotsha (7) F					
1:02,43L	F	50 Free	7	2017-10-28	Eager Sprint Gala
1:05,28L	F	50 Back	5	2017-10-28	Eager Sprint Gala
NS	F	50 Breast		2017-10-28	Eager Sprint Gala
Makhekhaya Malunjwa (16) M (Yr: GN)					
39,86L	F	50 Breast	6	2017-10-20	Limpopo Top 10 - High Schools
1:33,72L	F	100 Breast	4	2017-10-20	Limpopo Top 10 - High Schools
Refilwe Mampane (12) F (Yr: HR)					
1:03,19L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10

SS-MPD

EAGAB-CCD

EAGAB-CCD

ELHS-VBD

MITCH-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Anne Marais (8) F (Yr: AN)				TKS-SKD
49,79L	F	50 Free	12	2017-07-29 Limpopo Age Group 2
49,11S	F 0,12	50 Free	4	2017-08-05 Tuks Sprint Gala
49,61L	F -0,18	50 Free	14	2017-09-09 Limpopo Age Group 3
45,35L	F -4,26	50 Free	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
42,97L	F -2,38	50 Free	6	2017-10-14 Limpopo Age Group 4
47,44L	F 4,47	50 Free	2	2017-10-28 Eager Sprint Gala
1:35,81L I.	F 52,84	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
43,50L	F 0,53	50 Free	4	2017-12-01 Limpopo Champs
1:34,18L I.	F 51,21	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
44,26L	F 1,29	50 Free	6	2018-02-17 Limpopo Age Group 7
1:39,64L	F -8,88	100 Free	9	2017-11-11 Limpopo Age Group 5
1:44,15L	F 4,51	100 Free	5	2017-12-01 Limpopo Champs
2:05,73L I.	F	448 Free Relay Lead Off		2017-12-01 Limpopo Champs
55,81L	F	50 Back	5	2017-07-29 Limpopo Age Group 2
54,80S	F -0,41	50 Back	3	2017-08-05 Tuks Sprint Gala
56,53L	F 1,13	50 Back	12	2017-09-09 Limpopo Age Group 3
53,93L	F -1,47	50 Back	8	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
56,33L	F 3,13	50 Back	11	2017-10-14 Limpopo Age Group 4
52,41L	F -0,79	50 Back	1	2017-10-28 Eager Sprint Gala
50,70L	F -1,71	50 Back	1	2017-11-04 Limpopo Primary School - Top 10
54,36L	F 3,66	50 Back	4	2017-12-01 Limpopo Champs
2:05,50L	F 6,90	100 Back	6	2017-11-11 Limpopo Age Group 5
1:54,12L	F -4,48	100 Back	4	2017-12-01 Limpopo Champs
1:46,61L LEV2	F -7,51	100 Back	4	2018-02-17 Limpopo Age Group 7
1:03,77L	F	50 Breast	3	2017-07-29 Limpopo Age Group 2
59,49S	F -3,28	50 Breast	1	2017-08-05 Tuks Sprint Gala
59,87L	F -0,62	50 Breast	15	2017-09-09 Limpopo Age Group 3
58,84L	F -1,03	50 Breast	9	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:00,00L	F 1,42	50 Breast	7	2017-10-14 Limpopo Age Group 4
1:04,10L	F 5,52	50 Breast	3	2017-10-28 Eager Sprint Gala
1:01,21L	F 2,63	50 Breast	9	2017-11-11 Limpopo Age Group 5
59,47L	F 0,89	50 Breast	4	2017-12-01 Limpopo Champs
2:08,52S	F	100 Breast	1	2017-08-05 Tuks Sprint Gala
2:08,49L	F -2,03	100 Breast	8	2017-09-09 Limpopo Age Group 3
2:14,47L	F 8,76	100 Breast	7	2017-11-11 Limpopo Age Group 5
2:03,69L	F -2,02	100 Breast	1	2017-12-01 Limpopo Champs
2:08,37L	F 4,68	100 Breast	5	2018-02-17 Limpopo Age Group 7
1:19,98L	F	50 Fly	9	2017-07-29 Limpopo Age Group 2
1:14,60S	F -4,68	50 Fly	4	2017-08-05 Tuks Sprint Gala
1:14,04L	F -1,26	50 Fly	11	2017-09-09 Limpopo Age Group 3
55,86L	F -3,61	50 Fly	5	2017-10-14 Limpopo Age Group 4
55,36L	F -0,50	50 Fly	2	2017-10-28 Eager Sprint Gala
55,02L	F -0,34	50 Fly	11	2017-11-11 Limpopo Age Group 5
51,84L	F -3,18	50 Fly	3	2017-12-01 Limpopo Champs
48,46L	F -3,38	50 Fly	5	2018-02-17 Limpopo Age Group 7
2:10,64L	F	100 Fly	3	2017-11-11 Limpopo Age Group 5
2:12,25L DQ	F	100 Fly		2017-12-01 Limpopo Champs
DQ	F	200 IM		2017-10-14 Limpopo Age Group 4
4:29,76L	F	200 IM	2	2017-10-28 Eager Sprint Gala
4:04,92L	F -24,84	200 IM	3	2017-12-01 Limpopo Champs
3:59,71L	F -5,21	200 IM	2	2018-02-17 Limpopo Age Group 7
Ulrich Mare (11) M (Yr: HR)				LSPHA-MPD
55,66L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
2:05,04L	F	100 Breast	6	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Chanéle Maritz (16) F (Yr: AR)

TKS-SKD

Time	P/F/S	Event	Place
33,16L	F	50 Free	2 2017-09-09 Limpopo Age Group 3
32,82L	F -0,34	50 Free	2 2017-10-14 Limpopo Age Group 4
33,17L	F 0,35	50 Free	1 2017-11-11 Limpopo Age Group 5
32,35L	LEV2 F -0,47	50 Free	3 2017-12-01 Limpopo Champs
NS	F	100 Free	2017-11-11 Limpopo Age Group 5
1:18,70L	F	100 Free	5 2017-12-01 Limpopo Champs
41,57L	F	50 Back	1 2017-09-09 Limpopo Age Group 3
41,36L	F -0,21	50 Back	2 2017-10-14 Limpopo Age Group 4
40,28L	F -1,08	50 Back	3 2017-10-20 Limpopo Top 10 - High Schools
40,78L	F 0,50	50 Back	2 2017-11-11 Limpopo Age Group 5
42,63L	F 2,35	50 Back	6 2017-12-01 Limpopo Champs
1:31,74L	F	100 Back	3 2017-10-20 Limpopo Top 10 - High Schools
1:30,77L	F -0,97	100 Back	6 2017-12-01 Limpopo Champs
43,83L	LEV2 F	50 Breast	3 2017-09-09 Limpopo Age Group 3
43,37L	LEV2 F -0,46	50 Breast	1 2017-10-14 Limpopo Age Group 4
42,82L	LEV2 F -0,55	50 Breast	3 2017-10-20 Limpopo Top 10 - High Schools
43,47L	LEV2 F 0,65	50 Breast	2 2017-11-11 Limpopo Age Group 5
44,06L	F 1,24	50 Breast	4 2017-12-01 Limpopo Champs
1:38,23L	F	100 Breast	3 2017-09-09 Limpopo Age Group 3
1:39,73L	F 1,50	100 Breast	4 2017-10-20 Limpopo Top 10 - High Schools
1:37,24L	F -0,99	100 Breast	2 2017-11-11 Limpopo Age Group 5
1:39,72L	F 2,48	100 Breast	4 2017-12-01 Limpopo Champs
3:36,73L	F	200 Breast	1 2017-10-14 Limpopo Age Group 4
NS	F	50 Fly	2017-11-11 Limpopo Age Group 5
38,97L	F	50 Fly	4 2017-12-01 Limpopo Champs
3:16,73L	F	200 IM	8 2017-12-01 Limpopo Champs

Ethan Maritz (11) M (Yr: HR)

LSPHA-MPD

1:18,73L	I. F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
46,72L	F	50 Fly	6 2017-11-04 Limpopo Primary School - Top 10

Matthew Maritz (14) M (Yr: GN)

HFDT-MPD

36,01L	F	50 Fly	6 2017-10-20 Limpopo Top 10 - High Schools
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Miné Maritz (14) F (Yr: ER)

HSBV-SKD

40,54L	LEV2 F	50 Back	2 2017-10-20 Limpopo Top 10 - High Schools
1:35,59L	F	100 Back	3 2017-10-20 Limpopo Top 10 - High Schools

Ockert Maritz (21) M

SSB-MPD

25,48S	F	50 Free	10 2017-08-26 LP Shamu Sprint SC 2017
28,22S	F	50 Back	10 2017-08-26 LP Shamu Sprint SC 2017
27,03S	F	50 Fly	10 2017-08-26 LP Shamu Sprint SC 2017

Reuben Maritz (18) M (Yr: GR)

HBV-MPD

26,23L	F	50 Free	3 2017-10-20 Limpopo Top 10 - High Schools
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place			
Amy Marnitz (12) F (Yr: AN)						
36,59L	F	50 Free	13	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U	TKS-SKD
36,14L	F -0,45	50 Free	3	2017-11-04	Limpopo Primary School - Top 10	
34,07L	LEV2 F -2,07	50 Free	5	2017-12-01	Limpopo Champs	
1:22,52L	LEV2 F	100 Free	1	2017-10-28	Eager Sprint Gala	
1:22,40L	LEV2 F -0,12	100 Free	4	2017-11-04	Limpopo Primary School - Top 10	
1:22,24L	LEV2 F -0,16	100 Free	9	2017-12-01	Limpopo Champs	
3:02,60L	LEV2 F	200 Free	7	2017-12-01	Limpopo Champs	
43,75L	F	50 Back	14	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U	
44,63L	F 0,88	50 Back	7	2017-12-01	Limpopo Champs	
1:40,98L	F	100 Back	1	2017-10-28	Eager Sprint Gala	
1:38,60L	F -2,38	100 Back	6	2017-11-04	Limpopo Primary School - Top 10	
1:38,09L	F -0,51	100 Back	6	2017-12-01	Limpopo Champs	
50,01L	F	50 Breast	20	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U	
48,15L	F -1,86	50 Breast	5	2017-12-01	Limpopo Champs	
1:51,44L	F	100 Breast	1	2017-10-28	Eager Sprint Gala	
1:49,84L	F -1,60	100 Breast	6	2017-12-01	Limpopo Champs	
42,97L	F	50 Fly	9	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U	
41,35L	LEV2 F -1,62	50 Fly	4	2017-11-04	Limpopo Primary School - Top 10	
39,98L	LEV2 F -1,37	50 Fly	4	2017-12-01	Limpopo Champs	
1:57,78L	F	100 Fly	1	2017-10-28	Eager Sprint Gala	
3:42,44L	F	200 IM	1	2017-10-28	Eager Sprint Gala	
3:27,78L	LEV2 F -14,66	200 IM	17	2017-12-01	Limpopo Champs	
Johannes Marx (10) M (Yr: AN)						
42,62S	F	50 Free	4	2017-08-05	Tuks Sprint Gala	LOTTA-WBD
43,26L	F -0,16	50 Free	6	2017-09-09	Limpopo Age Group 3	
43,69L	F 0,43	50 Free	8	2017-11-11	Limpopo Age Group 5	
41,09L	F -2,17	50 Free	14	2017-12-01	Limpopo Champs	
1:42,19S	F	100 Free	42	2017-08-05	Tuks Sprint Gala	
1:42,52L	F -1,27	100 Free	14	2017-09-09	Limpopo Age Group 3	
1:35,57L	F -6,95	100 Free	16	2017-12-01	Limpopo Champs	
3:28,65L	F	200 Free	12	2017-12-01	Limpopo Champs	
7:20,74L	F	400 Free	15	2017-12-01	Limpopo Champs	
53,31L	F	50 Back	6	2017-11-11	Limpopo Age Group 5	
49,98L	F -3,33	50 Back	16	2017-12-01	Limpopo Champs	
1:49,19L	F	100 Back	16	2017-12-01	Limpopo Champs	
3:52,51L	F	200 Back	9	2017-12-01	Limpopo Champs	
1:02,76S	F	50 Breast	8	2017-08-05	Tuks Sprint Gala	
1:01,14L	F -2,62	50 Breast	13	2017-09-09	Limpopo Age Group 3	
1:02,67L	F 1,53	50 Breast	6	2017-11-11	Limpopo Age Group 5	
58,76L	F -2,38	50 Breast	17	2017-12-01	Limpopo Champs	
2:05,47L	F	100 Breast	13	2017-12-01	Limpopo Champs	
4:31,13L	F	200 Breast	8	2017-12-01	Limpopo Champs	
1:03,47S	F	50 Fly	5	2017-08-05	Tuks Sprint Gala	
1:03,53L	F -0,64	50 Fly	12	2017-09-09	Limpopo Age Group 3	
1:11,07L	F 7,54	50 Fly	7	2017-11-11	Limpopo Age Group 5	
59,00L	F -4,53	50 Fly	14	2017-12-01	Limpopo Champs	
4:07,99L	F	200 IM	41	2017-12-01	Limpopo Champs	
Khathi Maunganye (10) F						
45,59L	F	50 Free	6	2017-10-28	Eager Sprint Gala	EAGAB-CCD
1:00,45L	F	50 Back	6	2017-10-28	Eager Sprint Gala	
1:08,72L	F	50 Breast	6	2017-10-28	Eager Sprint Gala	
Phindulo Maunganye (13) F						
NS	F	100 Free		2017-10-28	Eager Sprint Gala	EAGAB-CCD
NS	F	100 Back		2017-10-28	Eager Sprint Gala	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Christine Mbite (13) F (Yr: AR)				EAGA-CCD
33,10L	LEV2 F	50 Free	1	2017-06-24 Limpopo Age Group 1
32,50L	LEV2 P -0,60	50 Free	9	2017-07-03 Sasol National Championship 2017
32,83L	LEV2 F -0,27	50 Free	9	2017-07-03 Sasol National Championship 2017
32,07L	LEV2 F -0,43	50 Free	2	2017-07-29 Limpopo Age Group 2
33,28S	F 2,01	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
33,25L	LEV2 F 1,18	50 Free	2	2017-09-09 Limpopo Age Group 3
31,32L	LEV2 F -0,75	50 Free	2	2017-12-01 Limpopo Champs
1:10,27L	LEV3 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:13,02L	LEV2 F 2,75	100 Free	8	2017-07-03 Sasol National Championship 2017
1:11,22S	LEV2 F 2,55	100 Free	8	2017-08-19 Small Districts Championship Gala 2017
1:10,83L	LEV2 F 0,56	100 Free	1	2017-10-28 Eager Sprint Gala
1:09,97L	LEV2 F -0,30	100 Free	2	2017-12-01 Limpopo Champs
1:10,95L	LEV2 F 0,98	100 Free	1	2018-01-27 LP School Champs 2018
2:36,57L	LEV2 F	200 Free	9	2017-07-03 Sasol National Championship 2017
2:38,46L	LEV2 P	200 Free	10	2017-07-03 Sasol National Championship 2017
2:40,63L	LEV2 F 4,06	200 Free	2	2017-07-29 Limpopo Age Group 2
2:36,59L	LEV2 F 0,02	200 Free	1	2017-10-14 Limpopo Age Group 4
2:31,47L	LEV2 F -5,10	200 Free	1	2017-12-01 Limpopo Champs
2:34,78L	LEV2 F 3,31	200 Free	1	2018-01-27 LP School Champs 2018
2:34,28L	LEV2 F 2,81	200 Free	2	2018-02-17 Limpopo Age Group 7
5:27,37L	F	400 Free	5	2017-12-01 Limpopo Champs
5:43,08L	F 15,71	400 Free	1	2018-01-27 LP School Champs 2018
41,90L	P	50 Back	11	2017-07-03 Sasol National Championship 2017
42,63S	F 1,33	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
42,15L	F 0,25	50 Back	4	2017-12-01 Limpopo Champs
1:30,49L	F	100 Back	1	2017-10-28 Eager Sprint Gala
1:30,72L	F 0,23	100 Back	3	2017-12-01 Limpopo Champs
42,93L	LEV2 F	50 Breast	1	2017-06-24 Limpopo Age Group 1
41,48L	LEV2 F -1,45	50 Breast	4	2017-07-03 Sasol National Championship 2017
42,47L	LEV2 P -0,46	50 Breast	5	2017-07-03 Sasol National Championship 2017
41,26S	LEV2 F 0,78	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
41,25L	LEV2 F -0,23	50 Breast	1	2017-09-09 Limpopo Age Group 3
40,17L	LEV2 F -1,08	50 Breast	2	2017-12-01 Limpopo Champs
40,33L	LEV2 F 0,16	50 Breast	2	2018-01-27 LP School Champs 2018
40,37L	LEV2 F 0,20	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:36,61L	LEV2 F	100 Breast	1	2017-06-24 Limpopo Age Group 1
1:29,68L	LEV3 F -6,93	100 Breast	3	2017-07-03 Sasol National Championship 2017
1:32,96L	LEV2 P -3,65	100 Breast	3	2017-07-03 Sasol National Championship 2017
1:28,78S	LEV2 F 1,10	100 Breast	6	2017-08-19 Small Districts Championship Gala 2017
1:31,86L	LEV2 F 2,18	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:32,27L	LEV2 F 2,59	100 Breast	1	2017-10-28 Eager Sprint Gala
1:30,72L	LEV2 F 1,04	100 Breast	2	2017-12-01 Limpopo Champs
1:30,45L	LEV2 F 0,77	100 Breast	2	2018-01-27 LP School Champs 2018
1:31,51L	LEV2 F 1,83	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:14,35L	LEV3 F	200 Breast	3	2017-07-03 Sasol National Championship 2017
3:25,24L	LEV2 P	200 Breast	4	2017-07-03 Sasol National Championship 2017
3:22,70L	LEV2 F 8,35	200 Breast	1	2017-07-29 Limpopo Age Group 2
3:12,43L	LEV2 F -1,92	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:09,35L	LEV3 F -3,08	200 Breast	2	2017-12-01 Limpopo Champs
3:19,40L	LEV2 F 10,05	200 Breast	2	2018-01-27 LP School Champs 2018
3:14,03L	LEV2 F 4,68	200 Breast	2	2018-02-17 Limpopo Age Group 7
36,87L	LEV2 P	50 Fly	9	2017-07-03 Sasol National Championship 2017
36,96L	LEV2 F	50 Fly	8	2017-07-03 Sasol National Championship 2017
38,55L	LEV2 F 1,68	50 Fly	1	2017-07-29 Limpopo Age Group 2
36,01S	LEV2 F -0,16	50 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
37,50L	LEV2 F 0,79	50 Fly	1	2017-09-09 Limpopo Age Group 3
35,74L	LEV2 F -0,65	50 Fly	3	2017-12-01 Limpopo Champs
1:29,97L	F	100 Fly	1	2017-10-28 Eager Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Christine Mbite (14) F (Yr: AR)				EAGA-CCD
1:28,16L	F -1,81	100 Fly	2	2017-12-01 Limpopo Champs
1:26,26L	F -1,90	100 Fly	2	2018-01-27 LP School Champs 2018
3:12,28L	LEV2 F	200 IM	2	2017-06-24 Limpopo Age Group 1
3:03,57L	LEV2 P -8,71	200 IM	9	2017-07-03 Sasol National Championship 2017
3:06,40L	DQ F	200 IM		2017-07-03 Sasol National Championship 2017
3:03,56L	LEV2 F -0,01	200 IM	2	2017-07-29 Limpopo Age Group 2
3:02,64S	LEV2 F 2,28	200 IM	9	2017-08-19 Small Districts Championship Gala 2017
2:54,36S	LEV2 F -6,00	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
2:58,64L	LEV2 F 1,08	200 IM	2	2017-10-14 Limpopo Age Group 4
3:04,77L	LEV2 F 7,21	200 IM	1	2017-10-28 Eager Sprint Gala
2:59,29L	LEV2 F 1,73	200 IM	4	2017-12-01 Limpopo Champs
2:59,70L	LEV2 F 2,14	200 IM	2	2018-01-27 LP School Champs 2018
2:59,74L	LEV2 F 2,18	200 IM	2	2018-02-17 Limpopo Age Group 7
Benjamin McMichael (15) M (Yr: GN)				HSTAN-MPD
42,75L	F	50 Back	6	2017-10-20 Limpopo Top 10 - High Schools
1:40,75L	F	100 Back	5	2017-10-20 Limpopo Top 10 - High Schools
Anmari Meintjes (12) F				LSKP-WBD
43,18L	F	50 Free	12	2018-01-27 LP School Champs 2018
1:33,56L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
46,79L	F -46,77	50 Back	9	2018-01-27 LP School Champs 2018
55,79L	F	50 Breast	10	2018-01-27 LP School Champs 2018
50,01L	F	50 Fly	7	2018-01-27 LP School Champs 2018
Anmarie Meintjes (10) F				TKSB-WBD
42,78S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
47,83S	F	50 Back	5	2017-08-05 Tuks Sprint Gala
58,23S	F	50 Breast	4	2017-08-05 Tuks Sprint Gala
Izaan Meintjes (9) F (Yr: HN)				TKSB-WBD
46,62S	F	50 Free	4	2017-08-05 Tuks Sprint Gala
45,46L	F -1,96	50 Free	7	2018-01-27 LP School Champs 2018
51,28S	F	50 Back	4	2017-08-05 Tuks Sprint Gala
52,09L	F 1,58	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
51,67L	F 1,16	50 Back	7	2018-01-27 LP School Champs 2018
56,58S	F	50 Breast	4	2017-08-05 Tuks Sprint Gala
56,76L	F -0,82	50 Breast	5	2018-01-27 LP School Champs 2018
1:00,48L	F -4,70	50 Fly	6	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Juan Meintjes (11) M (Yr: DR)

TASC-MPD

Time	P/F/S	Event	Place
33,15S	LEV2 F	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
33,09L	LEV2 F -0,86	50 Free	2 2017-09-09 Limpopo Age Group 3
32,57L	LEV2 F -0,52	50 Free	1 2017-10-14 Limpopo Age Group 4
33,03L	LEV2 F 0,46	50 Free	1 2017-10-28 Eager Sprint Gala
30,94L	LEV2 F -1,63	50 Free	2 2017-11-04 Limpopo Primary School - Top 10
31,59L	LEV2 F 0,65	50 Free	1 2017-11-11 Limpopo Age Group 5
32,06L	LEV2 F 1,12	50 Free	1 2017-12-01 Limpopo Champs
31,25L	LEV2 F 0,31	50 Free	2 2018-01-27 LP School Champs 2018
30,90L	LEV2 F -0,04	50 Free	1 2018-02-17 Limpopo Age Group 7
1:18,29L	LEV3 F	100 Free	3 2017-09-09 Limpopo Age Group 3
1:15,62L	LEV2 F -2,67	100 Free	2 2017-11-04 Limpopo Primary School - Top 10
1:16,06L	LEV3 F 0,44	100 Free	2 2017-11-11 Limpopo Age Group 5
1:15,61L	LEV3 F -0,01	100 Free	4 2017-12-01 Limpopo Champs
1:11,42L	LEV2 F -4,19	100 Free	2 2018-01-27 LP School Champs 2018
40,88S	LEV2 F	50 Back	3 2017-08-26 LP Shamu Sprint SC 2017
39,42L	LEV2 F -2,06	50 Back	1 2017-10-14 Limpopo Age Group 4
40,41L	LEV2 F 0,99	50 Back	1 2017-10-28 Eager Sprint Gala
38,80L	LEV2 F -0,62	50 Back	1 2017-12-01 Limpopo Champs
38,05L	LEV2 F -0,75	50 Back	1 2018-01-27 LP School Champs 2018
1:26,86L	LEV3 F	100 Back	2 2017-11-11 Limpopo Age Group 5
1:28,05L	LEV3 F 1,19	100 Back	4 2017-12-01 Limpopo Champs
1:26,30L	F -0,56	100 Back	3 2018-01-27 LP School Champs 2018
1:25,64L	LEV2 F -0,66	100 Back	1 2018-02-17 Limpopo Age Group 7
45,77S	F	50 Breast	3 2017-08-26 LP Shamu Sprint SC 2017
43,69L	LEV2 F -3,08	50 Breast	1 2017-10-14 Limpopo Age Group 4
47,06L	F 3,37	50 Breast	1 2017-10-28 Eager Sprint Gala
43,51L	LEV2 F -0,18	50 Breast	2 2017-12-01 Limpopo Champs
41,93L	F -1,58	50 Breast	1 2018-01-27 LP School Champs 2018
1:37,48L	LEV3 F	100 Breast	2 2017-11-11 Limpopo Age Group 5
1:35,77L	LEV3 F -1,71	100 Breast	2 2017-12-01 Limpopo Champs
1:35,63L	F -0,14	100 Breast	3 2018-01-27 LP School Champs 2018
1:35,74L	LEV2 F 0,11	100 Breast	2 2018-02-17 Limpopo Age Group 7
3:37,90L	LEV3 F	200 Breast	3 2017-12-01 Limpopo Champs
3:36,91L	F -0,99	200 Breast	2 2018-02-17 Limpopo Age Group 7
35,83S	LEV2 F	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
37,64L	LEV2 F 1,11	50 Fly	1 2017-10-14 Limpopo Age Group 4
37,10L	LEV2 F 0,57	50 Fly	2 2017-10-28 Eager Sprint Gala
33,81L	LEV2 F -2,72	50 Fly	1 2017-11-04 Limpopo Primary School - Top 10
34,12L	LEV2 F 0,31	50 Fly	1 2017-11-11 Limpopo Age Group 5
33,22L	LEV2 F -0,59	50 Fly	1 2017-12-01 Limpopo Champs
33,85L	LEV2 F 0,63	50 Fly	2 2018-01-27 LP School Champs 2018
34,15L	LEV2 F 0,93	50 Fly	2 2018-02-17 Limpopo Age Group 7
1:25,01L	LEV2 F	100 Fly	2 2017-11-04 Limpopo Primary School - Top 10
1:28,87L	F 3,86	100 Fly	2 2018-01-27 LP School Champs 2018
3:20,53S	LEV2 F	200 IM	3 2017-08-26 LP Shamu Sprint SC 2017
3:27,47L	LEV2 F 3,74	200 IM	2 2017-10-14 Limpopo Age Group 4
3:21,24L	LEV2 F -2,49	200 IM	19 2017-12-01 Limpopo Champs
3:04,62L	LEV2 F -16,62	200 IM	2 2018-01-27 LP School Champs 2018

Liam Meintjes (14) M (Yr: DR)

TASC-MPD

30,07S	F	50 Free	5 2017-08-26 LP Shamu Sprint SC 2017
31,07L	F 0,20	50 Free	2 2017-09-09 Limpopo Age Group 3
29,93L	F -0,94	50 Free	4 2017-10-20 Limpopo Top 10 - High Schools
1:14,16L	F	100 Free	7 2017-10-20 Limpopo Top 10 - High Schools
37,54S	F	50 Back	6 2017-08-26 LP Shamu Sprint SC 2017
37,47L	F -0,67	50 Back	1 2017-09-09 Limpopo Age Group 3
42,45S	F	50 Breast	7 2017-08-26 LP Shamu Sprint SC 2017
37,29S	F	50 Fly	7 2017-08-26 LP Shamu Sprint SC 2017
37,11L	F -0,88	50 Fly	4 2017-09-09 Limpopo Age Group 3

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Maritz Meintjes (10) M (Yr: HR)								LSPHA-MPD
53,62L	F	50 Fly	7	2017-11-04	Limpopo Primary School - Top 10			
Carli Meiring (17) F (Yr: GR)								HSBV-SKD
32,31L	F	50 Free	3	2017-10-20	Limpopo Top 10 - High Schools			
38,25L	F	50 Back	2	2017-10-20	Limpopo Top 10 - High Schools			
1:22,84L	F	100 Back	2	2017-10-20	Limpopo Top 10 - High Schools			
Conrad Meiring (14) M (Yr: GR)								HSBV-SKD
32,92L	F	50 Free	5	2017-10-20	Limpopo Top 10 - High Schools			
1:15,09L	F	100 Free	5	2017-10-20	Limpopo Top 10 - High Schools			
38,27L	F	50 Back	5	2017-10-20	Limpopo Top 10 - High Schools			
1:27,53L	F	100 Back	5	2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Heinrich Meiring (11) M (Yr: AR)				EAGA-CCD
37,02L	F	50 Free	1	2017-06-24 Limpopo Age Group 1
35,36L	LEV2 F -1,66	50 Free	5	2017-07-29 Limpopo Age Group 2
35,93L	F 0,57	50 Free	3	2017-10-28 Eager Sprint Gala
35,93L	F 0,57	50 Free	2	2017-11-04 Limpopo Primary School - Top 10
1:19,15L	LEV3 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:18,60L	LEV3 F -0,55	100 Free	2	2017-11-04 Limpopo Primary School - Top 10
1:20,19L	LEV2 F 1,59	100 Free	5	2017-12-01 Limpopo Champs
1:15,28L	LEV3 P -3,32	100 Free	10	2017-12-06 NTS Championships 2017
3:00,39L	LEV2 F	200 Free	4	2017-07-29 Limpopo Age Group 2
2:51,54L	LEV3 F -8,85	200 Free	4	2017-12-01 Limpopo Champs
2:48,73L	LEV3 P -2,81	200 Free	9	2017-12-06 NTS Championships 2017
2:50,45L	F 1,72	200 Free	3	2018-01-27 LP School Champs 2018
6:21,34L	F	400 Free	4	2017-09-09 Limpopo Age Group 3
6:01,53L	LEV3 F -19,81	400 Free	10	2017-12-01 Limpopo Champs
6:01,03L	LEV3 F -0,50	400 Free	7	2017-12-06 NTS Championships 2017
5:53,29L	F -7,74	400 Free	3	2018-01-27 LP School Champs 2018
47,12L	F	50 Back	5	2017-09-09 Limpopo Age Group 3
46,92L	F -0,20	50 Back	7	2017-10-28 Eager Sprint Gala
45,92L	F -1,00	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
46,09L	F 0,17	50 Back	11	2017-12-01 Limpopo Champs
1:45,13L	F	100 Back	2	2017-06-24 Limpopo Age Group 1
1:45,83L	F 0,70	100 Back	5	2017-11-04 Limpopo Primary School - Top 10
1:39,45L	F -5,68	100 Back	12	2017-12-01 Limpopo Champs
1:41,92L	P 2,47	100 Back	15	2017-12-06 NTS Championships 2017
1:40,38L	F 0,93	100 Back	6	2018-01-27 LP School Champs 2018
1:34,69L	LEV2 F -4,76	100 Back	2	2018-02-17 Limpopo Age Group 7
3:52,00L	F	200 Back	4	2017-07-29 Limpopo Age Group 2
3:36,57L	F -15,43	200 Back	5	2017-12-01 Limpopo Champs
3:30,66L	F -5,91	200 Back	6	2018-01-27 LP School Champs 2018
3:28,34L	LEV2 F -2,32	200 Back	1	2018-02-17 Limpopo Age Group 7
57,99L	F	50 Breast	1	2017-06-24 Limpopo Age Group 1
55,67L	F -2,32	50 Breast	6	2017-09-09 Limpopo Age Group 3
58,52L	F 2,85	50 Breast	7	2017-10-28 Eager Sprint Gala
54,17L	F -1,50	50 Breast	14	2017-12-01 Limpopo Champs
2:16,78L	F	100 Breast	6	2017-09-09 Limpopo Age Group 3
2:11,02L	F -0,89	100 Breast	15	2017-12-01 Limpopo Champs
4:33,53L	F	200 Breast	5	2017-07-29 Limpopo Age Group 2
57,00L	F	50 Fly	9	2017-09-09 Limpopo Age Group 3
57,42L	F 0,42	50 Fly	8	2017-10-28 Eager Sprint Gala
54,50L	F -2,50	50 Fly	11	2017-12-01 Limpopo Champs
52,84L	F -1,66	50 Fly	6	2018-01-27 LP School Champs 2018
2:09,08L	F 6,40	100 Fly	8	2017-12-01 Limpopo Champs
2:04,12L	F 1,44	100 Fly	5	2018-01-27 LP School Champs 2018
1:51,00L	F -11,68	100 Fly	3	2018-02-17 Limpopo Age Group 7
3:48,68L	F	200 IM	2	2017-06-24 Limpopo Age Group 1
3:49,83L	F 1,15	200 IM	5	2017-07-29 Limpopo Age Group 2
4:00,51L	F 11,83	200 IM	7	2017-10-28 Eager Sprint Gala
3:48,80L	F 0,12	200 IM	31	2017-12-01 Limpopo Champs
3:41,63L	F -7,05	200 IM	6	2018-01-27 LP School Champs 2018
3:36,00L	F -5,63	200 IM	2	2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jan Meiring (13) M (Yr: AR)				EAGA-CCD
31,45L	LEV2 F	50 Free	8	2017-07-03 Sasol National Championship 2017
31,53L	LEV2 P	50 Free	9	2017-07-03 Sasol National Championship 2017
30,89L	F -0,56	50 Free	4	2017-10-20 Limpopo Top 10 - High Schools
31,73L	F 0,84	50 Free	8	2017-12-01 Limpopo Champs
31,43L	F 0,54	50 Free	4	2018-01-27 LP School Champs 2018
1:07,36L	LEV3 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:08,77L	LEV3 F 1,41	100 Free	8	2017-07-03 Sasol National Championship 2017
1:08,81L	LEV2 F 2,46	100 Free	4	2017-10-28 Eager Sprint Gala
1:07,03L	LEV2 F 0,68	100 Free	6	2017-12-01 Limpopo Champs
1:05,75L	LEV2 P -0,60	100 Free	41	2017-12-06 NTS Championships 2017
1:07,25L	F 1,50	100 Free	6	2018-01-27 LP School Champs 2018
1:06,54L	LEV2 F 0,79	100 Free	5	2018-02-17 Limpopo Age Group 7
2:27,68L	LEV3 F	200 Free	5	2017-07-03 Sasol National Championship 2017
2:29,06L	LEV3 P	200 Free	7	2017-07-03 Sasol National Championship 2017
2:28,33L	LEV2 F 0,65	200 Free	2	2017-07-29 Limpopo Age Group 2
2:20,60L	LEV3 F -7,08	200 Free	4	2017-12-01 Limpopo Champs
2:20,65L	LEV3 P 0,05	200 Free	39	2017-12-06 NTS Championships 2017
2:22,17L	LEV2 F 1,57	200 Free	4	2018-01-27 LP School Champs 2018
2:22,25L	LEV3 F 1,65	200 Free	3	2018-02-17 Limpopo Age Group 7
5:19,35L	LEV3 F	400 Free	1	2017-06-24 Limpopo Age Group 1
5:10,24L	LEV3 F -9,11	400 Free	24	2017-07-03 Sasol National Championship 2017
5:00,86L	LEV3 F -9,38	400 Free	7	2017-12-01 Limpopo Champs
4:58,35L	LEV3 F -2,51	400 Free	20	2017-12-06 NTS Championships 2017
4:58,23L	F -0,12	400 Free	3	2018-01-27 LP School Champs 2018
10:49,19L	F	800 Free	2	2017-09-09 Limpopo Age Group 3
20:03,95L	F	1500 Free	1	2017-10-14 Limpopo Age Group 4
19:40,00L	F -23,95	1500 Free	3	2017-12-01 Limpopo Champs
19:19,81L	SANJ F -20,19	1500 Free	7	2017-12-06 NTS Championships 2017
19:32,73L	F 12,92	1500 Free	3	2018-01-27 LP School Champs 2018
40,98L	P	50 Back	11	2017-07-03 Sasol National Championship 2017
38,23L	F -2,75	50 Back	2	2017-09-09 Limpopo Age Group 3
38,21L	F -0,02	50 Back	7	2017-12-01 Limpopo Champs
1:28,25L	F	100 Back	2	2017-06-24 Limpopo Age Group 1
1:25,69L	F -2,56	100 Back	9	2017-07-03 Sasol National Championship 2017
1:26,16L	P -2,09	100 Back	9	2017-07-03 Sasol National Championship 2017
1:21,51L	F -1,12	100 Back	4	2017-10-28 Eager Sprint Gala
1:20,46L	F -1,05	100 Back	6	2017-12-01 Limpopo Champs
3:02,24L	LEV2 P	200 Back	12	2017-07-03 Sasol National Championship 2017
3:04,71L	F 2,47	200 Back	3	2017-07-29 Limpopo Age Group 2
3:01,08L	F -1,16	200 Back	3	2017-10-14 Limpopo Age Group 4
2:52,81L	F -8,27	200 Back	8	2017-12-01 Limpopo Champs
2:52,72L	P -0,09	200 Back	19	2017-12-06 NTS Championships 2017
2:51,94L	F -0,78	200 Back	4	2018-01-27 LP School Champs 2018
45,27L	F	50 Breast	1	2017-06-24 Limpopo Age Group 1
43,84L	P -1,43	50 Breast	7	2017-07-03 Sasol National Championship 2017
43,88L	F -1,39	50 Breast	7	2017-07-03 Sasol National Championship 2017
43,38L	F -0,46	50 Breast	2	2017-09-09 Limpopo Age Group 3
44,09L	F 0,71	50 Breast	9	2017-12-01 Limpopo Champs
1:36,38L	P	100 Breast	10	2017-07-03 Sasol National Championship 2017
1:37,34L	F	100 Breast	10	2017-07-03 Sasol National Championship 2017
1:34,91L	F 0,54	100 Breast	5	2017-10-28 Eager Sprint Gala
1:35,37L	F 1,00	100 Breast	10	2017-12-01 Limpopo Champs
3:30,55L	F	200 Breast	3	2017-07-29 Limpopo Age Group 2
36,84L	F	50 Fly	1	2017-06-24 Limpopo Age Group 1
37,59L	P 0,75	50 Fly	11	2017-07-03 Sasol National Championship 2017
37,30L	F 0,46	50 Fly	9	2017-12-01 Limpopo Champs
1:20,59L	LEV2 F	100 Fly	7	2017-07-03 Sasol National Championship 2017
1:22,45L	F 1,86	100 Fly	1	2017-07-29 Limpopo Age Group 2

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Jan Meiring (14) M (Yr: AR)							
						EAGA-CCD	
1:21,14L	F 0,55	100 Fly	3	2017-10-28	Eager Sprint Gala		
1:19,83L	F -0,76	100 Fly	8	2017-12-01	Limpopo Champs		
1:17,18L	F -2,65	100 Fly	3	2018-01-27	LP School Champs 2018		
2:50,28L	F	200 Fly	1	2017-09-09	Limpopo Age Group 3		
2:45,14L	F -5,14	200 Fly	1	2018-02-17	Limpopo Age Group 7		
2:54,62L	LEV2 F	200 IM	8	2017-07-03	Sasol National Championship 2017		
2:55,63L	LEV2 P	200 IM	9	2017-07-03	Sasol National Championship 2017		
2:53,59L	LEV2 F -1,03	200 IM	4	2017-07-29	Limpopo Age Group 2		
2:50,63L	LEV2 F 1,86	200 IM	4	2017-10-14	Limpopo Age Group 4		
2:52,91L	LEV2 F 4,14	200 IM	4	2017-10-28	Eager Sprint Gala		
2:45,88L	LEV2 F -2,89	200 IM	16	2017-12-01	Limpopo Champs		
2:49,56L	F 3,68	200 IM	6	2018-01-27	LP School Champs 2018		
2:48,52L	LEV2 F 2,64	200 IM	2	2018-02-17	Limpopo Age Group 7		
Shaniqua Meiring (12) F							
						LSPHA-MPD	
1:36,39L	I. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
Stefan Meiring (8) M (Yr: AR)							
						EAGA-CCD	
1:00,05L	F	50 Free	11	2017-06-24	Limpopo Age Group 1		
52,09L	F -7,96	50 Free	19	2017-07-29	Limpopo Age Group 2		
52,34L	F 0,25	50 Free	17	2017-09-09	Limpopo Age Group 3		
47,00L	F -5,09	50 Free	2	2017-10-28	Eager Sprint Gala		
47,67L	F 0,67	50 Free	7	2018-01-27	LP School Champs 2018		
46,82L	F -0,18	50 Free	8	2018-02-17	Limpopo Age Group 7		
2:05,89L	F	100 Free	6	2017-06-24	Limpopo Age Group 1		
2:05,67L	F -0,22	100 Free	22	2017-09-09	Limpopo Age Group 3		
1:42,34L	F -16,27	100 Free	5	2017-12-01	Limpopo Champs		
1:45,38L	F 3,04	100 Free	5	2018-01-27	LP School Champs 2018		
1:36,92L	F -5,42	100 Free	6	2018-02-17	Limpopo Age Group 7		
2:13,61L	I. F	448 Free Relay Lead Off		2017-12-01	Limpopo Champs		
58,59L	DQ F	50 Back		2017-06-24	Limpopo Age Group 1		
59,69L	F	50 Back	11	2017-07-29	Limpopo Age Group 2		
54,74L	F -4,95	50 Back	6	2017-09-09	Limpopo Age Group 3		
58,70L	F 3,96	50 Back	3	2017-10-28	Eager Sprint Gala		
58,76L	F 4,02	50 Back	7	2017-11-04	Limpopo Primary School - Top 10		
1:47,91L	I. F 53,17	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		
54,39L	F -0,35	50 Back	7	2017-12-01	Limpopo Champs		
1:45,95L	I. F 51,21	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs		
52,47L	F -1,92	50 Back	3	2018-01-27	LP School Champs 2018		
52,38L	F -0,09	50 Back	2	2018-02-17	Limpopo Age Group 7		
2:01,98L	F	100 Back	6	2018-01-27	LP School Champs 2018		
1:15,30L	F	50 Breast	9	2017-06-24	Limpopo Age Group 1		
1:04,44L	F -10,86	50 Breast	15	2017-09-09	Limpopo Age Group 3		
1:08,43L	F 5,24	50 Breast	5	2017-10-28	Eager Sprint Gala		
1:01,78L	F -1,41	50 Breast	8	2017-12-01	Limpopo Champs		
2:39,40L	F	100 Breast	4	2017-06-24	Limpopo Age Group 1		
1:20,05L	F	50 Fly	14	2017-07-29	Limpopo Age Group 2		
DQ	F	50 Fly		2017-09-09	Limpopo Age Group 3		
1:13,59L	F -6,46	50 Fly	3	2017-10-28	Eager Sprint Gala		
1:22,79L	DQ F	50 Fly		2017-12-01	Limpopo Champs		
2:38,85L	F -3,46	100 Fly	6	2017-12-01	Limpopo Champs		
4:35,22L	DQ F	200 IM		2017-12-01	Limpopo Champs		
4:19,73L	DQ F	200 IM		2018-02-17	Limpopo Age Group 7		
Sunél Meiring (10) F (Yr: HR)							
						LSJM-SKD	
40,40L	F	50 Free	5	2017-11-04	Limpopo Primary School - Top 10		
53,70L	F	50 Fly	7	2017-11-04	Limpopo Primary School - Top 10		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Bernard Mentz (14) M (Yr: FN)				EAGA-CCD
30,47L	LEV2 F	50 Free	5	2017-10-14 Limpopo Age Group 4
2:25,99L	LEV2 F	200 Free	5	2018-01-27 LP School Champs 2018
36,90L	LEV2 F	50 Breast	1	2017-10-14 Limpopo Age Group 4
36,55L	LEV2 F -0,35	50 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
35,39L	LEV2 F -1,16	50 Breast	1	2017-12-01 Limpopo Champs
36,45L	LEV2 F 1,06	50 Breast	1	2018-01-27 LP School Champs 2018
1:23,66L	LEV2 F	100 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
1:18,87L	LEV3 F -4,79	100 Breast	1	2017-12-01 Limpopo Champs
1:23,00L	LEV2 F 4,13	100 Breast	2	2018-01-27 LP School Champs 2018
1:21,49L	LEV3 F 2,62	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:06,39L	LEV2 F	200 Breast	1	2017-10-14 Limpopo Age Group 4
2:58,82L	LEV3 F -7,57	200 Breast	1	2017-12-01 Limpopo Champs
3:00,28L	LEV2 F 1,46	200 Breast	2	2018-01-27 LP School Champs 2018
2:55,32L	LEV3 F -3,50	200 Breast	1	2018-02-17 Limpopo Age Group 7
33,90L	LEV2 F	50 Fly	5	2017-10-14 Limpopo Age Group 4
33,24L	LEV2 F -0,66	50 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
32,49L	F -0,75	50 Fly	3	2018-01-27 LP School Champs 2018
1:13,87L	LEV2 F	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
1:11,99L	LEV2 F -1,88	100 Fly	3	2017-12-01 Limpopo Champs
1:12,63L	LEV2 F 0,64	100 Fly	2	2018-01-27 LP School Champs 2018
2:48,62L	LEV2 F	200 IM	3	2017-10-14 Limpopo Age Group 4
2:39,07L	LEV3 F -9,55	200 IM	12	2017-12-01 Limpopo Champs
2:41,50L	LEV2 F 2,43	200 IM	4	2018-01-27 LP School Champs 2018
Barend Meyer (12) M (Yr: DN)				TKS-SKD
NS	F	50 Free		2017-08-05 Tuks Sprint Gala
40,13L	F	50 Free	3	2017-09-09 Limpopo Age Group 3
39,93L	F -0,20	50 Free	24	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
39,41L	F -0,52	50 Free	3	2017-10-14 Limpopo Age Group 4
41,19L	F 1,78	50 Free	5	2017-11-11 Limpopo Age Group 5
1:37,20L	F	100 Free	5	2017-10-28 Eager Sprint Gala
1:41,52L	F 4,32	100 Free	7	2017-11-11 Limpopo Age Group 5
3:51,49L	F	200 Free	5	2017-10-14 Limpopo Age Group 4
NS	F	50 Back		2017-08-05 Tuks Sprint Gala
49,77L	F	50 Back	5	2017-09-09 Limpopo Age Group 3
50,76L	F 0,99	50 Back	26	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
50,99L	F 1,22	50 Back	4	2017-10-14 Limpopo Age Group 4
52,63L	F 2,86	50 Back	4	2017-11-11 Limpopo Age Group 5
2:00,41L	F	100 Back	5	2017-10-28 Eager Sprint Gala
1:59,27L	F -1,14	100 Back	4	2017-11-11 Limpopo Age Group 5
NS	F	50 Breast		2017-08-05 Tuks Sprint Gala
1:04,36L	F	50 Breast	5	2017-09-09 Limpopo Age Group 3
1:04,67L	F 0,31	50 Breast	25	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:05,71L	F 1,35	50 Breast	4	2017-11-11 Limpopo Age Group 5
2:26,50L	F	100 Breast	7	2017-10-28 Eager Sprint Gala
NS	F	100 Breast		2017-11-11 Limpopo Age Group 5
NS	F	50 Fly		2017-08-05 Tuks Sprint Gala
55,16L	F	50 Fly	3	2017-09-09 Limpopo Age Group 3
55,63L	F 0,47	50 Fly	23	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:00,93L	F 5,77	50 Fly	5	2017-10-14 Limpopo Age Group 4
53,82L	F -1,34	50 Fly	3	2017-11-11 Limpopo Age Group 5
NS	F	200 IM		2017-08-05 Tuks Sprint Gala
DQ	F	200 IM		2017-10-28 Eager Sprint Gala
Carmen Meyer (12) F (Yr: HN)				LSPHA-MPD
1:42,31L	F	100 Back	8	2017-11-04 Limpopo Primary School - Top 10
49,60L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Sune Meyer (13) F (Yr: AN)								LOTTA-WBD
47,68S	F	50 Free	3	2017-08-05	Tuks Sprint Gala			
1:57,05S	DQ F	100 Free		2017-08-05	Tuks Sprint Gala			
56,94S	DQ F	50 Breast		2017-08-05	Tuks Sprint Gala			
Nolo Mhlanga (11) F								TKSB-WBD
56,62S	F	50 Free	9	2017-08-05	Tuks Sprint Gala			
1:12,94S	F	50 Back	8	2017-08-05	Tuks Sprint Gala			
1:19,04S	DQ F	50 Breast		2017-08-05	Tuks Sprint Gala			
1:08,16S	F	50 Fly	8	2017-08-05	Tuks Sprint Gala			
Reuben Middleton (14) M (Yr: GN)								HSTAN-MPD
NS	F	100 Free		2017-10-20	Limpopo Top 10 - High Schools			
NS	F	100 Back		2017-10-20	Limpopo Top 10 - High Schools			
Gideon Minnaar (16) M (Yr: GR)								HSBV-SKD
38,29L	F	50 Breast	3	2017-10-20	Limpopo Top 10 - High Schools			
1:30,90L	F	100 Breast	3	2017-10-20	Limpopo Top 10 - High Schools			
Kaelabogo Mivisi (9) F								EAGAB-CCD
1:11,35S	F	50 Free		2017-08-26	LP Shamu Sprint SC 2017			
1:05,93S	F	50 Back	8	2017-08-26	LP Shamu Sprint SC 2017			
1:34,27S	F	50 Breast		2017-08-26	LP Shamu Sprint SC 2017			
Ripfumelo Mkhombo (10) F (Yr: HN)								PEPPS-CCD
55,08L	F	50 Free	11	2017-11-04	Limpopo Primary School - Top 10			
Kealebogo Mnisi (9) F								EAGAB-CCD
57,22L	F	50 Free	5	2017-10-28	Eager Sprint Gala			
1:06,55L	F	50 Back	5	2017-10-28	Eager Sprint Gala			
1:17,17L	F	50 Breast	5	2017-10-28	Eager Sprint Gala			
Kimberley Modiba (9) F (Yr: HN)								EAGAB-CCD
48,70L	F	50 Free	4	2017-10-28	Eager Sprint Gala			
44,50L	F -4,20	50 Free	8	2017-11-04	Limpopo Primary School - Top 10			
1:03,37L	F	50 Back	4	2017-10-28	Eager Sprint Gala			
50,98L	F -12,39	50 Back	4	2017-11-04	Limpopo Primary School - Top 10			
1:08,21L	F	50 Breast	3	2017-10-28	Eager Sprint Gala			
1:06,32L	F	50 Fly	3	2017-10-28	Eager Sprint Gala			
Khumile Mohlala (8) F								EAGAB-CCD
1:24,99S	F	50 Free	5	2017-08-26	LP Shamu Sprint SC 2017			
NS	F	25 Back		2017-08-26	LP Shamu Sprint SC 2017			
43,06S	F	25 Breast	5	2017-08-26	LP Shamu Sprint SC 2017			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Regauctswe Moima (11) M (Yr: BR)				EAGA-CCD
34,15L	LEV2 P	50 Free	7	2017-07-03 Sasol National Championship 2017
34,54L	LEV2 F	50 Free	9	2017-07-03 Sasol National Championship 2017
33,96S	LEV2 F 0,61	50 Free	1	2017-08-05 Tuks Sprint Gala
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017
35,11L	LEV2 F 0,96	50 Free	2	2017-10-28 Eager Sprint Gala
34,59L	LEV2 F 0,44	50 Free	5	2017-12-01 Limpopo Champs
1:10,23L	F 36,08	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
35,20L	F 1,05	50 Free	8	2018-01-27 LP School Champs 2018
1:17,04L	LEV3 F	100 Free	8	2017-07-03 Sasol National Championship 2017
1:14,85L	LEV3 F -2,19	100 Free	3	2017-12-01 Limpopo Champs
1:14,07L	F -0,78	100 Free	5	2018-01-27 LP School Champs 2018
1:10,63L	LEV3 F -3,44	100 Free	1	2018-02-17 Limpopo Age Group 7
2:41,48L	LEV3 P	200 Free	4	2017-07-03 Sasol National Championship 2017
2:41,54L	LEV3 F	200 Free	5	2017-07-03 Sasol National Championship 2017
2:48,81L	LEV3 F 7,33	200 Free	3	2017-07-29 Limpopo Age Group 2
2:45,60L	LEV3 F 4,12	200 Free	2	2017-12-01 Limpopo Champs
2:41,44L	LEV2 F -0,04	200 Free	2	2018-02-17 Limpopo Age Group 7
5:33,37L	LEV3 F	400 Free	3	2017-12-01 Limpopo Champs
41,29L	LEV2 P	50 Back	9	2017-07-03 Sasol National Championship 2017
43,21L	LEV2 F	50 Back	9	2017-07-03 Sasol National Championship 2017
41,08S	LEV2 F 0,39	50 Back	2	2017-08-05 Tuks Sprint Gala
NS	F	50 Back		2017-08-26 LP Shamu Sprint SC 2017
43,55L	LEV2 F 2,26	50 Back	3	2017-10-28 Eager Sprint Gala
41,76L	LEV2 F 0,47	50 Back	5	2017-12-01 Limpopo Champs
40,94L	F -0,35	50 Back	5	2018-01-27 LP School Champs 2018
1:27,82L	LEV3 P	100 Back	5	2017-07-03 Sasol National Championship 2017
1:27,91L	LEV3 F	100 Back	4	2017-07-03 Sasol National Championship 2017
1:29,20S	DQ F	100 Back		2017-08-19 Small Districts Championship Gala 2017
1:29,75L	LEV3 F 1,93	100 Back	5	2017-12-01 Limpopo Champs
1:30,16L	F 2,34	100 Back	6	2018-01-27 LP School Champs 2018
3:08,28L	LEV3 P	200 Back	6	2017-07-03 Sasol National Championship 2017
3:14,07L	LEV3 F	200 Back	7	2017-07-03 Sasol National Championship 2017
3:23,81L	LEV2 F 15,53	200 Back	3	2017-07-29 Limpopo Age Group 2
3:18,96L	LEV2 F 10,68	200 Back	2	2017-10-14 Limpopo Age Group 4
3:10,38L	DQ F	200 Back		2017-12-01 Limpopo Champs
45,68L	P	50 Breast	7	2017-07-03 Sasol National Championship 2017
45,85L	F	50 Breast	6	2017-07-03 Sasol National Championship 2017
45,49S	F 0,81	50 Breast	1	2017-08-05 Tuks Sprint Gala
NS	F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
48,31L	F 2,63	50 Breast	3	2017-10-28 Eager Sprint Gala
45,89L	F 0,21	50 Breast	4	2017-12-01 Limpopo Champs
47,22L	F 1,54	50 Breast	7	2018-01-27 LP School Champs 2018
1:40,75L	LEV2 P	100 Breast	7	2017-07-03 Sasol National Championship 2017
1:45,42L	LEV2 F	100 Breast	10	2017-07-03 Sasol National Championship 2017
1:38,60S	LEV2 F -0,15	100 Breast	6	2017-08-19 Small Districts Championship Gala 2017
1:38,43L	LEV3 F -2,17	100 Breast	4	2017-12-01 Limpopo Champs
1:43,08L	F 4,65	100 Breast	4	2018-02-17 Limpopo Age Group 7
3:33,11L	LEV3 F	200 Breast	6	2017-07-03 Sasol National Championship 2017
3:34,05L	LEV3 P	200 Breast	7	2017-07-03 Sasol National Championship 2017
3:37,16L	LEV3 F 4,05	200 Breast	2	2017-07-29 Limpopo Age Group 2
3:50,38L	F 17,27	200 Breast	2	2017-10-14 Limpopo Age Group 4
3:31,63L	LEV3 F -1,48	200 Breast	2	2017-12-01 Limpopo Champs
40,95L	LEV2 P	50 Fly	11	2017-07-03 Sasol National Championship 2017
41,86L	LEV2 F 0,91	50 Fly	2	2017-07-29 Limpopo Age Group 2
41,57S	F 1,32	50 Fly	2	2017-08-05 Tuks Sprint Gala
NS	F	50 Fly		2017-08-26 LP Shamu Sprint SC 2017
46,01L	F 5,06	50 Fly	5	2017-10-28 Eager Sprint Gala
42,01L	F 1,06	50 Fly	6	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Regaugetswe Moima (13) M (Yr: BR)					
40,80L	F -0,15	50 Fly	6	2018-01-27	LP School Champs 2018
1:44,83L	F	100 Fly	5	2017-12-01	Limpopo Champs
1:36,08L	F -8,75	100 Fly	5	2018-01-27	LP School Champs 2018
3:08,05L	LEV3 P	200 IM	7	2017-07-03	Sasol National Championship 2017
3:12,56L	LEV3 F	200 IM	7	2017-07-03	Sasol National Championship 2017
3:06,57L	LEV3 F -1,48	200 IM	3	2017-07-29	Limpopo Age Group 2
3:03,52S	LEV3 F 0,15	200 IM	3	2017-08-05	Tuks Sprint Gala
NS	F	200 IM		2017-08-26	LP Shamu Sprint SC 2017
3:11,88L	LEV3 F 5,31	200 IM	1	2017-10-14	Limpopo Age Group 4
3:20,16L	LEV2 F 13,59	200 IM	2	2017-10-28	Eager Sprint Gala
3:03,47L	LEV3 F -3,10	200 IM	11	2017-12-01	Limpopo Champs
3:02,53L	LEV2 F -0,94	200 IM	1	2018-01-27	LP School Champs 2018
3:02,24L	LEV2 F -0,29	200 IM	1	2018-02-17	Limpopo Age Group 7
Karabo Molohe (13) F (Yr: HN)					
54,31L	F	50 Back	10	2017-11-04	Limpopo Primary School - Top 10
Kamogelo Monyela (11) M					
1:00,67S	F	50 Back		2017-08-26	LP Shamu Sprint SC 2017
1:07,68S	DQ F	50 Breast		2017-08-26	LP Shamu Sprint SC 2017
Lillian Monyepao (10) F					
1:03,10L	F	50 Free	8	2017-10-28	Eager Sprint Gala
1:09,42L	F	50 Back	8	2017-10-28	Eager Sprint Gala
1:18,57L	F	50 Breast	7	2017-10-28	Eager Sprint Gala
NS	F	50 Fly		2017-10-28	Eager Sprint Gala
Petrone Moolman (17) F (Yr: GN)					
1:11,67L	F	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools

EAGA-CCD

MITCH-CCD

SSB-MPD

EAGAB-CCD

HSBV-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Dean Moss (12) M (Yr: DR)				
36,53S	F	50 Free	7	2017-08-05 Tuks Sprint Gala
1:10,43L I.	F 34,27	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
34,37L	F -1,79	50 Free	2	2017-11-11 Limpopo Age Group 5
33,61L	F -0,76	50 Free	5	2017-12-01 Limpopo Champs
1:19,01S	F	100 Free	26	2017-08-05 Tuks Sprint Gala
1:23,83L	F 3,22	100 Free	3	2017-09-09 Limpopo Age Group 3
1:21,24L	F 1,35	100 Free	1	2017-10-28 Eager Sprint Gala
1:22,37L	F 2,48	100 Free	4	2017-11-11 Limpopo Age Group 5
1:19,30L	F -0,59	100 Free	4	2017-12-01 Limpopo Champs
3:01,15L	F	200 Free	3	2017-10-14 Limpopo Age Group 4
2:55,12L	F -6,03	200 Free	5	2017-12-01 Limpopo Champs
6:38,36L	F	400 Free	3	2017-09-09 Limpopo Age Group 3
41,37S	F	50 Back	7	2017-08-05 Tuks Sprint Gala
40,75L LEV2	F -0,55	50 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:36,30L I.	F 55,00	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
41,55L	F 0,80	50 Back	2	2017-11-11 Limpopo Age Group 5
39,97L LEV2	F -0,78	50 Back	3	2017-12-01 Limpopo Champs
1:32,89S	F	100 Back	5	2017-08-05 Tuks Sprint Gala
1:31,07L	F -3,02	100 Back	2	2017-09-09 Limpopo Age Group 3
1:32,25L	F 1,18	100 Back	1	2017-10-28 Eager Sprint Gala
1:28,74L LEV2	F -2,33	100 Back	3	2017-11-04 Limpopo Primary School - Top 10
1:26,41L LEV2	F -2,33	100 Back	3	2017-12-01 Limpopo Champs
3:17,58L DQ	F	200 Back		2017-10-14 Limpopo Age Group 4
3:06,13L LEV2	F	200 Back	3	2017-12-01 Limpopo Champs
46,34L	F -1,26	50 Breast	1	2017-11-11 Limpopo Age Group 5
46,05L	F -0,29	50 Breast	5	2017-12-01 Limpopo Champs
1:46,00L	F 0,20	100 Breast	2	2017-10-28 Eager Sprint Gala
1:39,86L LEV2	F -5,94	100 Breast	4	2017-12-01 Limpopo Champs
3:49,09L	F	200 Breast	2	2017-10-14 Limpopo Age Group 4
43,03S	F	50 Fly	6	2017-08-05 Tuks Sprint Gala
41,01L	F 1,85	50 Fly	1	2017-10-14 Limpopo Age Group 4
38,22L LEV2	F -0,94	50 Fly	4	2017-11-04 Limpopo Primary School - Top 10
38,60L LEV2	F 0,38	50 Fly	4	2017-12-01 Limpopo Champs
1:36,22S	F	100 Fly	3	2017-08-05 Tuks Sprint Gala
1:34,49L	F 2,30	100 Fly	1	2017-10-28 Eager Sprint Gala
1:32,87L	F 0,68	100 Fly	3	2017-11-04 Limpopo Primary School - Top 10
1:31,35L	F -0,84	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:29,46L	F -1,89	100 Fly	2	2017-12-01 Limpopo Champs
3:47,15L	F	200 Fly	1	2017-09-09 Limpopo Age Group 3
3:18,89S	F	200 IM	2	2017-08-05 Tuks Sprint Gala
3:16,69L LEV2	F 1,27	200 IM	2	2017-10-14 Limpopo Age Group 4
3:15,85L LEV2	F 0,43	200 IM	1	2017-10-28 Eager Sprint Gala
Eduan Mostert (9) M (Yr: HR)				
1:37,23L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
39,75L	F -57,48	50 Free	3	2018-01-27 LP School Champs 2018
47,84L	F	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
49,31L	F 1,47	50 Back	7	2018-01-27 LP School Champs 2018
55,28L DQ	F	50 Breast		2017-11-04 Limpopo Primary School - Top 10
55,74L	F	50 Breast	5	2018-01-27 LP School Champs 2018
50,15L	F	50 Fly	4	2018-01-27 LP School Champs 2018

ELRAS-WBD

LSBOS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jaydon Mostert (7) M (Yr: AR)				TKSS-WBD
24,92S	F	25 Free	5	2017-08-26 LP Shamu Sprint SC 2017
53,25L	F	50 Free	19	2017-09-09 Limpopo Age Group 3
45,39L	F -7,86	50 Free	8	2017-12-01 Limpopo Champs
47,30L	F 1,91	50 Free	6	2018-01-27 LP School Champs 2018
1:55,50L	F	100 Free	18	2017-09-09 Limpopo Age Group 3
1:57,77L	F 2,27	100 Free	15	2017-11-11 Limpopo Age Group 5
1:56,25L	F 0,75	100 Free	12	2017-12-01 Limpopo Champs
1:48,31L	F -7,19	100 Free	7	2018-01-27 LP School Champs 2018
25,30S	F	25 Back	1	2017-08-26 LP Shamu Sprint SC 2017
56,16L	F	50 Back	7	2017-09-09 Limpopo Age Group 3
50,70L	F -5,46	50 Back	2	2017-11-04 Limpopo Primary School - Top 10
1:48,39L I.	F 52,23	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
53,90L	F 3,20	50 Back	9	2017-11-11 Limpopo Age Group 5
49,74L	F -0,96	50 Back	4	2017-12-01 Limpopo Champs
1:47,58L I.	F 56,88	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
49,87L	F 0,13	50 Back	2	2018-01-27 LP School Champs 2018
2:02,77L	F	100 Back	9	2017-09-09 Limpopo Age Group 3
1:55,04L	F -7,73	100 Back	10	2017-11-11 Limpopo Age Group 5
1:48,90L	F -6,14	100 Back	2	2017-12-01 Limpopo Champs
1:46,27L	F -2,63	100 Back	2	2018-01-27 LP School Champs 2018
29,98S	F	25 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
1:00,77L	F	50 Breast	12	2017-09-09 Limpopo Age Group 3
56,03L	F -4,74	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
59,81L	F 3,78	50 Breast	8	2017-11-11 Limpopo Age Group 5
56,74L	F 0,71	50 Breast	4	2017-12-01 Limpopo Champs
55,26L	F -0,77	50 Breast	2	2018-01-27 LP School Champs 2018
2:02,71L	F	100 Breast	4	2017-12-01 Limpopo Champs
2:00,56L	F -2,15	100 Breast	1	2018-01-27 LP School Champs 2018
26,75S	F	25 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
59,00L	F	50 Fly	11	2017-11-11 Limpopo Age Group 5
56,13L	F -2,87	50 Fly	4	2017-12-01 Limpopo Champs
2:02,59S	F	100 IM	3	2017-08-26 LP Shamu Sprint SC 2017
3:59,22L	F	200 IM	4	2017-12-01 Limpopo Champs
Stefan Mostert (10) M				TKSB-WBD
43,16S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
54,29S DQ	F	50 Back		2017-08-05 Tuks Sprint Gala
1:04,13S	F	50 Breast	9	2017-08-05 Tuks Sprint Gala
Kopano Mothiba (9) F				EAGAB-CCD
59,73S	F	50 Free	7	2017-08-26 LP Shamu Sprint SC 2017
1:01,05L	F 0,52	50 Free	6	2017-10-28 Eager Sprint Gala
1:04,79S	F	50 Back	7	2017-08-26 LP Shamu Sprint SC 2017
NS	F	50 Back		2017-10-28 Eager Sprint Gala
1:14,06S	F	50 Breast	7	2017-08-26 LP Shamu Sprint SC 2017
1:11,38L	F -3,68	50 Breast	4	2017-10-28 Eager Sprint Gala
Muhammed Moti (14) M				EAGAB-CCD
1:28,89L	F	100 Free	6	2017-10-28 Eager Sprint Gala
Alexander Moulder (15) M				PHS-CCD
NS	F	50 Free		2018-01-27 LP School Champs 2018
NS	F	100 Free		2018-01-27 LP School Champs 2018
NS	F	50 Back		2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Tumisho Moyana (11) M (Yr: DR)			
36,94L	F	50 Free	4 2017-09-09 Limpopo Age Group 3
38,38L	F 1,44	50 Free	8 2017-10-28 Eager Sprint Gala
37,74L	F 0,80	50 Free	4 2017-11-11 Limpopo Age Group 5
35,96L	F -0,98	50 Free	6 2017-12-01 Limpopo Champs
36,39L	F 0,43	50 Free	5 2018-01-27 LP School Champs 2018
37,85L	F 1,89	50 Free	1 2018-02-17 Limpopo Age Group 7
1:27,84L	F	100 Free	7 2017-09-09 Limpopo Age Group 3
1:25,21L	LEV2 F -2,63	100 Free	5 2017-11-11 Limpopo Age Group 5
1:25,85L	F 0,64	100 Free	11 2017-12-01 Limpopo Champs
1:20,77L	F -4,44	100 Free	3 2018-01-27 LP School Champs 2018
1:23,85L	LEV2 F 3,08	100 Free	5 2018-02-17 Limpopo Age Group 7
3:13,45L	F	200 Free	8 2017-12-01 Limpopo Champs
45,00L	F	50 Back	3 2017-09-09 Limpopo Age Group 3
47,43L	F 2,43	50 Back	8 2017-10-28 Eager Sprint Gala
47,22L	F 2,22	50 Back	2 2017-11-11 Limpopo Age Group 5
46,81L	F 1,81	50 Back	12 2017-12-01 Limpopo Champs
43,98L	F -1,02	50 Back	3 2018-01-27 LP School Champs 2018
44,76L	F 0,78	50 Back	2 2018-02-17 Limpopo Age Group 7
1:38,19L	F	100 Back	9 2017-12-01 Limpopo Champs
1:36,52L	F -1,67	100 Back	4 2018-01-27 LP School Champs 2018
49,19L	F	50 Breast	3 2017-09-09 Limpopo Age Group 3
48,16L	F -0,47	50 Breast	2 2017-10-28 Eager Sprint Gala
48,43L	F 0,27	50 Breast	1 2017-11-11 Limpopo Age Group 5
48,41L	F 0,25	50 Breast	7 2017-12-01 Limpopo Champs
48,51L	F 0,35	50 Breast	1 2018-01-27 LP School Champs 2018
1:46,79L	LEV2 F	100 Breast	6 2017-12-01 Limpopo Champs
NS	F	100 Breast	2018-01-27 LP School Champs 2018
45,43L	F	50 Fly	5 2017-09-09 Limpopo Age Group 3
55,27L	F 9,84	50 Fly	7 2017-10-28 Eager Sprint Gala
52,10L	F 6,67	50 Fly	3 2017-11-11 Limpopo Age Group 5
46,80L	F 1,37	50 Fly	8 2017-12-01 Limpopo Champs
47,75L	F 2,32	50 Fly	4 2018-01-27 LP School Champs 2018
2:02,61L	F	100 Fly	7 2017-12-01 Limpopo Champs
3:55,84L	F 17,26	200 IM	6 2017-10-28 Eager Sprint Gala
3:38,97L	F 0,39	200 IM	25 2017-12-01 Limpopo Champs
3:34,38L	F -4,20	200 IM	4 2018-01-27 LP School Champs 2018

EAGA-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Mateo Moyana (9) F (Yr: DR)					
					EAGA-CCD
45,50L	F	50 Free	9	2017-09-09 Limpopo Age Group 3	
42,28L	F 0,05	50 Free	5	2017-10-28 Eager Sprint Gala	
44,43L	F 2,20	50 Free	8	2017-11-11 Limpopo Age Group 5	
44,07L	F 1,84	50 Free	8	2017-12-01 Limpopo Champs	
43,95L	F 1,72	50 Free	8	2018-01-27 LP School Champs 2018	
41,36L	F -0,87	50 Free	4	2018-02-17 Limpopo Age Group 7	
1:49,92L	F	100 Free	13	2017-09-09 Limpopo Age Group 3	
1:39,03L	F 0,67	100 Free	8	2017-11-11 Limpopo Age Group 5	
1:37,60L	F -0,76	100 Free	6	2017-12-01 Limpopo Champs	
1:38,61L	F 1,01	100 Free	7	2018-01-27 LP School Champs 2018	
1:36,40L	F -1,20	100 Free	4	2018-02-17 Limpopo Age Group 7	
3:44,06L	F	200 Free	8	2017-12-01 Limpopo Champs	
50,78L	F	50 Back	7	2017-09-09 Limpopo Age Group 3	
52,41L	F 4,26	50 Back	5	2017-10-28 Eager Sprint Gala	
52,40L	F 4,25	50 Back	6	2017-11-11 Limpopo Age Group 5	
51,32L	F 3,17	50 Back	5	2017-12-01 Limpopo Champs	
49,28L	F 1,13	50 Back	7	2018-01-27 LP School Champs 2018	
46,39L	LEV2 F -1,76	50 Back	1	2018-02-17 Limpopo Age Group 7	
1:54,13L	F	100 Back	6	2017-12-01 Limpopo Champs	
1:48,98L	DQ F	100 Back		2018-01-27 LP School Champs 2018	
52,12L	F	50 Breast	4	2017-09-09 Limpopo Age Group 3	
52,88L	F 0,76	50 Breast	3	2017-10-28 Eager Sprint Gala	
52,54L	F 0,42	50 Breast	4	2017-11-11 Limpopo Age Group 5	
48,91L	LEV2 F -3,21	50 Breast	3	2017-12-01 Limpopo Champs	
51,94L	F 3,03	50 Breast	4	2018-01-27 LP School Champs 2018	
1:57,41L	LEV2 F -0,43	100 Breast	4	2017-12-01 Limpopo Champs	
2:04,56L	F 7,15	100 Breast	7	2018-01-27 LP School Champs 2018	
1:03,84L	DQ F	50 Fly		2017-09-09 Limpopo Age Group 3	
1:02,26L	F	50 Fly	4	2017-10-28 Eager Sprint Gala	
52,92L	F -9,34	50 Fly	9	2017-11-11 Limpopo Age Group 5	
51,12L	F -1,80	50 Fly	6	2017-12-01 Limpopo Champs	
49,76L	F -1,36	50 Fly	5	2018-01-27 LP School Champs 2018	
48,79L	F -0,97	50 Fly	6	2018-02-17 Limpopo Age Group 7	
2:07,65L	F	100 Fly	3	2018-02-17 Limpopo Age Group 7	
4:22,08L	F 30,40	200 IM	3	2017-10-28 Eager Sprint Gala	
3:50,78L	F -0,90	200 IM	28	2017-12-01 Limpopo Champs	
3:50,94L	F 0,16	200 IM	5	2018-01-27 LP School Champs 2018	
Fhatani Mphelo (11) M					
					EAGAB-CCD
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Back		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Fly		2017-08-26 LP Shamu Sprint SC 2017	
Fhumulani Mphelo (9) M					
					EAGAB-CCD
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Back		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017	
NS	F	50 Fly		2017-08-26 LP Shamu Sprint SC 2017	
Tinaye Muchandingona (12) F (Yr: HR)					
37,55L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10	MITCH-CCD
Ronewa Musetsho (10) F (Yr: HN)					
1:00,50L	F	50 Back	9	2017-11-04 Limpopo Primary School - Top 10	MITCH-CCD
Ruby Muvhango (11) F					
					EAGAB-CCD
54,53L	F	50 Free	6	2017-10-28 Eager Sprint Gala	
1:09,93L	F	50 Back	7	2017-10-28 Eager Sprint Gala	
1:17,32L	F	50 Breast	7	2017-10-28 Eager Sprint Gala	
Aldré Myburgh (10) M (Yr: HN)					
					LSMH-WBD
43,28L	F	50 Free	7	2017-11-04 Limpopo Primary School - Top 10	
59,01L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place			
Berenique Naude (14) F (Yr: GR)						
45,96L	F	50 Breast	3	2017-10-20	Limpopo Top 10 - High Schools	HSBV-SKD
1:48,29L	F	100 Breast	5	2017-10-20	Limpopo Top 10 - High Schools	
Ngonidzashe Ndadzibaya (12) M (Yr: CR)						
35,58S	F	50 Free	3	2017-08-26	LP Shamu Sprint SC 2017	SS-MPD
33,25L	F -3,13	50 Free	4	2017-12-01	Limpopo Champs	
1:16,06L	LEV2 F	100 Free	2	2017-09-09	Limpopo Age Group 3	
1:14,40L	LEV2 F -1,66	100 Free	1	2017-11-11	Limpopo Age Group 5	
1:18,33L	F 3,93	100 Free	7	2018-01-27	LP School Champs 2018	
1:15,04L	LEV2 F 0,64	100 Free	4	2018-02-17	Limpopo Age Group 7	
2:51,17L	F	200 Free	2	2017-07-29	Limpopo Age Group 2	
2:47,30L	F -3,87	200 Free	2	2017-10-14	Limpopo Age Group 4	
2:46,24L	F -1,06	200 Free	2	2018-01-27	LP School Champs 2018	
2:50,07L	F 3,83	200 Free	4	2018-02-17	Limpopo Age Group 7	
5:50,10L	F	400 Free	1	2017-09-09	Limpopo Age Group 3	
5:53,53L	F 3,43	400 Free	1	2017-11-11	Limpopo Age Group 5	
DQ	F	400 Free		2017-12-01	Limpopo Champs	
39,24S	LEV2 F	50 Back	3	2017-08-26	LP Shamu Sprint SC 2017	
40,25L	LEV2 F 0,41	50 Back	2	2017-09-09	Limpopo Age Group 3	
40,58L	LEV2 F 0,74	50 Back	1	2017-10-14	Limpopo Age Group 4	
40,65L	LEV2 F 0,81	50 Back	3	2017-11-04	Limpopo Primary School - Top 10	
40,22L	F 0,38	50 Back	4	2018-01-27	LP School Champs 2018	
1:31,01L	F	100 Back	1	2017-09-09	Limpopo Age Group 3	
1:26,40L	LEV2 F -4,61	100 Back	1	2017-11-04	Limpopo Primary School - Top 10	
1:29,03L	LEV2 F 2,63	100 Back	1	2017-11-11	Limpopo Age Group 5	
1:29,58L	LEV2 F 3,18	100 Back	4	2017-12-01	Limpopo Champs	
1:25,88L	F -0,52	100 Back	2	2018-01-27	LP School Champs 2018	
1:29,98L	F 4,10	100 Back	2	2018-02-17	Limpopo Age Group 7	
3:13,32L	LEV2 F	200 Back	2	2017-07-29	Limpopo Age Group 2	
3:11,86L	LEV2 F -1,46	200 Back	1	2017-10-14	Limpopo Age Group 4	
3:11,13L	F -0,73	200 Back	3	2018-01-27	LP School Champs 2018	
3:12,87L	LEV2 F 1,74	200 Back	3	2018-02-17	Limpopo Age Group 7	
48,31S	F	50 Breast	3	2017-08-26	LP Shamu Sprint SC 2017	
51,45L	F 2,14	50 Breast	7	2017-12-01	Limpopo Champs	
1:47,45L	F	100 Breast	3	2017-09-09	Limpopo Age Group 3	
1:47,15L	F -0,30	100 Breast	2	2017-11-11	Limpopo Age Group 5	
1:51,67L	F 4,52	100 Breast	6	2018-01-27	LP School Champs 2018	
1:48,07L	F 0,92	100 Breast	7	2018-02-17	Limpopo Age Group 7	
3:44,35L	F	200 Breast	4	2017-12-01	Limpopo Champs	
38,51L	LEV2 F	50 Fly	2	2017-07-29	Limpopo Age Group 2	
38,35S	F 0,54	50 Fly	3	2017-08-26	LP Shamu Sprint SC 2017	
42,24L	F 3,73	50 Fly	4	2017-10-14	Limpopo Age Group 4	
39,22L	F 0,71	50 Fly	5	2017-11-04	Limpopo Primary School - Top 10	
40,89L	F 2,38	50 Fly	5	2017-12-01	Limpopo Champs	
1:44,17L	F	100 Fly	2	2017-07-29	Limpopo Age Group 2	
1:35,30L	F -8,87	100 Fly	4	2018-01-27	LP School Champs 2018	
3:21,60L	F	200 IM	4	2017-07-29	Limpopo Age Group 2	
3:14,56S	LEV2 F -3,84	200 IM	2	2017-08-26	LP Shamu Sprint SC 2017	
3:14,44L	LEV2 F -3,32	200 IM	1	2017-10-14	Limpopo Age Group 4	
3:17,50L	LEV2 F 3,06	200 IM	8	2017-11-04	Limpopo Primary School - Top 10	
3:13,34L	F -1,10	200 IM	5	2018-01-27	LP School Champs 2018	

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Elani Neethling (10) F (Yr: AR)				ELRAS-WBD
52,84L	F	50 Free	6	2017-06-24 Limpopo Age Group 1
45,47L	F -5,69	50 Free	7	2017-10-14 Limpopo Age Group 4
43,55L	F -1,92	50 Free	8	2017-11-04 Limpopo Primary School - Top 10
43,99L	F 0,44	50 Free	15	2017-12-01 Limpopo Champs
46,76L	F 3,21	50 Free	13	2018-01-27 LP School Champs 2018
1:51,22L	F	100 Free	6	2017-06-24 Limpopo Age Group 1
1:35,41L	F -15,81	100 Free	7	2017-11-04 Limpopo Primary School - Top 10
1:39,45L	F 4,04	100 Free	15	2017-12-01 Limpopo Champs
1:52,04L	F 16,63	100 Free	13	2018-01-27 LP School Champs 2018
1:01,68L	F	50 Back	6	2017-06-24 Limpopo Age Group 1
56,61L	F -1,34	50 Back	4	2017-10-14 Limpopo Age Group 4
2:17,65L I.	F 81,04	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
55,54L	F -1,07	50 Back	15	2017-12-01 Limpopo Champs
1:07,46L DQ	F	50 Breast		2017-06-24 Limpopo Age Group 1
1:09,32L	F 0,80	50 Breast	8	2017-10-14 Limpopo Age Group 4
1:06,76L	F -1,76	50 Breast	12	2018-01-27 LP School Champs 2018
1:00,65L	F -10,20	50 Fly	7	2017-10-14 Limpopo Age Group 4
59,11L DQ	F	50 Fly		2017-12-01 Limpopo Champs
Friedrich Neethling (8) M (Yr: AR)				ELRAS-WBD
41,28L	F	50 Free	3	2017-06-24 Limpopo Age Group 1
39,77L	F 0,16	50 Free	5	2017-10-14 Limpopo Age Group 4
38,34L	F -1,27	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
39,28L	F 0,94	50 Free	4	2017-11-11 Limpopo Age Group 5
39,38L	F 1,04	50 Free	2	2017-12-01 Limpopo Champs
38,96L	F 0,62	50 Free	1	2018-01-27 LP School Champs 2018
1:35,52L	F	100 Free	3	2017-06-24 Limpopo Age Group 1
1:30,28L LEV2	F 0,30	100 Free	7	2017-11-11 Limpopo Age Group 5
1:27,31L LEV2	F -2,67	100 Free	1	2017-12-01 Limpopo Champs
1:28,62L LEV2	F 1,31	100 Free	1	2018-01-27 LP School Champs 2018
3:18,76L	F	200 Free	1	2018-01-27 LP School Champs 2018
48,63L	F	50 Back	2	2017-06-24 Limpopo Age Group 1
51,77L	F 5,14	50 Back	4	2017-10-14 Limpopo Age Group 4
50,42L	F 3,79	50 Back	5	2017-11-11 Limpopo Age Group 5
45,11L	F -1,52	50 Back	1	2017-12-01 Limpopo Champs
45,35L	F 0,24	50 Back	1	2018-01-27 LP School Champs 2018
1:43,51L LEV2	F -6,82	100 Back	1	2018-01-27 LP School Champs 2018
1:01,59L	F	50 Breast	5	2017-06-24 Limpopo Age Group 1
56,94L	F -1,63	50 Breast	7	2017-10-14 Limpopo Age Group 4
52,97L	F -3,97	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
55,01L	F 2,04	50 Breast	1	2018-01-27 LP School Champs 2018
2:23,32L	F	100 Breast	2	2017-06-24 Limpopo Age Group 1
2:05,58L	F -4,74	100 Breast	6	2017-12-01 Limpopo Champs
1:09,00L	F	50 Fly	4	2017-06-24 Limpopo Age Group 1
1:00,58L DQ	F	50 Fly		2017-10-14 Limpopo Age Group 4
45,38L	F -4,86	50 Fly	1	2017-12-01 Limpopo Champs
50,58L	F 5,20	50 Fly	2	2018-01-27 LP School Champs 2018
4:22,18L	F	200 IM	1	2017-06-24 Limpopo Age Group 1
4:01,36L DQ	F	200 IM		2017-10-14 Limpopo Age Group 4
3:49,03L	F 3,82	200 IM	5	2017-11-04 Limpopo Primary School - Top 10
3:38,19L	F -7,02	200 IM	2	2017-12-01 Limpopo Champs
3:55,03L	F 16,84	200 IM	1	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Zacharias Neethling (16) M (Yr: CR)				TKSS-WBD
29,14L	F	50 Free	7	2017-12-01 Limpopo Champs
29,74L	F 0,60	50 Free	5	2018-01-27 LP School Champs 2018
1:06,41L	LEV2 F	100 Free	8	2017-12-01 Limpopo Champs
1:06,09L	F -0,32	100 Free	3	2018-01-27 LP School Champs 2018
1:06,16L	F 0,07	100 Free	7	2018-02-17 Limpopo Age Group 7
2:35,62L	F	200 Free	3	2017-10-14 Limpopo Age Group 4
2:25,32L	LEV2 F -10,30	200 Free	4	2017-12-01 Limpopo Champs
5:32,99L	F	400 Free	4	2017-12-01 Limpopo Champs
35,95L	F	50 Back	8	2017-12-01 Limpopo Champs
35,30L	F -0,65	50 Back	3	2018-01-27 LP School Champs 2018
1:19,20L	F	100 Back	7	2017-12-01 Limpopo Champs
2:57,50L	F	200 Back	2	2017-10-14 Limpopo Age Group 4
2:53,69L	F -3,81	200 Back	6	2017-12-01 Limpopo Champs
40,02L	F	50 Breast	3	2017-10-14 Limpopo Age Group 4
38,44L	F -1,58	50 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
37,28L	LEV2 F -1,16	50 Breast	6	2017-12-01 Limpopo Champs
34,66L	F -2,62	50 Breast	2	2018-01-27 LP School Champs 2018
1:25,56L	F	100 Breast	2	2017-10-20 Limpopo Top 10 - High Schools
1:22,59L	LEV2 F -2,97	100 Breast	4	2017-12-01 Limpopo Champs
1:21,53L	F -1,06	100 Breast	2	2018-01-27 LP School Champs 2018
1:22,83L	F 1,30	100 Breast	2	2018-02-17 Limpopo Age Group 7
3:17,25L	F	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:00,35L	LEV2 F -16,90	200 Breast	3	2017-12-01 Limpopo Champs
3:00,76L	F 0,41	200 Breast	1	2018-01-27 LP School Champs 2018
2:59,03L	F -1,32	200 Breast	1	2018-02-17 Limpopo Age Group 7
31,80L	LEV2 F	50 Fly	3	2017-10-14 Limpopo Age Group 4
30,37L	LEV2 F -1,43	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
30,24L	LEV2 F -0,13	50 Fly	6	2017-12-01 Limpopo Champs
29,65L	F -0,59	50 Fly	3	2018-01-27 LP School Champs 2018
1:11,58L	LEV2 F	100 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
1:09,67L	LEV2 F -1,91	100 Fly	5	2017-12-01 Limpopo Champs
1:07,95L	LEV3 F -1,72	100 Fly	2	2018-01-27 LP School Champs 2018
2:49,38L	F	200 IM	18	2017-12-01 Limpopo Champs
2:43,29L	F -6,09	200 IM	2	2018-02-17 Limpopo Age Group 7
6:25,45L	F	400 IM	8	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Willem Neethling (9) M (Yr: CR)**TKSS-WBD**

43,15S	F	50 Free	6 2017-08-05 Tuks Sprint Gala
1:25,16L I.	F 41,21	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
40,53L	F -3,42	50 Free	7 2017-12-01 Limpopo Champs
41,72L	F 1,19	50 Free	7 2018-01-27 LP School Champs 2018
1:39,74S	F	100 Free	40 2017-08-05 Tuks Sprint Gala
NS	F	100 Free	2017-09-09 Limpopo Age Group 3
1:35,59L	F -5,75	100 Free	9 2017-12-01 Limpopo Champs
1:35,21L	F -0,38	100 Free	6 2018-01-27 LP School Champs 2018
1:33,72L	F -1,49	100 Free	4 2018-02-17 Limpopo Age Group 7
3:29,92L	F	200 Free	5 2017-12-01 Limpopo Champs
49,60S	F	50 Back	4 2017-08-05 Tuks Sprint Gala
52,67L	F 2,47	50 Back	7 2017-12-01 Limpopo Champs
48,91L	F -1,29	50 Back	6 2018-01-27 LP School Champs 2018
1:46,91L	F	100 Back	5 2017-12-01 Limpopo Champs
3:45,96L	F	200 Back	4 2017-12-01 Limpopo Champs
58,46S	F	50 Breast	6 2017-08-05 Tuks Sprint Gala
NS	F	50 Breast	2017-09-09 Limpopo Age Group 3
53,78L	F -5,68	50 Breast	3 2017-11-04 Limpopo Primary School - Top 10
51,07L	F -2,71	50 Breast	4 2017-12-01 Limpopo Champs
52,84L	F 1,77	50 Breast	3 2018-01-27 LP School Champs 2018
1:57,68S	F	100 Breast	2 2017-08-05 Tuks Sprint Gala
NS	F	100 Breast	2017-09-09 Limpopo Age Group 3
1:59,47L DQ	F	100 Breast	2017-12-01 Limpopo Champs
1:55,38L LEV2	F -4,30	100 Breast	1 2018-01-27 LP School Champs 2018
2:02,67L	F 7,29	100 Breast	3 2018-02-17 Limpopo Age Group 7
4:03,74L	F	200 Breast	2 2017-12-01 Limpopo Champs
4:20,43L	F 16,69	200 Breast	2 2018-01-27 LP School Champs 2018
56,90S	F	50 Fly	6 2017-08-05 Tuks Sprint Gala
54,82L	F -2,78	50 Fly	8 2017-12-01 Limpopo Champs
57,00L	F 2,18	50 Fly	8 2018-01-27 LP School Champs 2018
2:07,03L	F	100 Fly	5 2017-12-01 Limpopo Champs
4:19,07S	F	200 IM	4 2017-08-05 Tuks Sprint Gala
4:01,65L	F -20,62	200 IM	38 2017-12-01 Limpopo Champs
4:03,04L	F 1,39	200 IM	4 2018-01-27 LP School Champs 2018
3:53,17L	F -8,48	200 IM	2 2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Zané Neethling (8) F (Yr: AN)				TKSS-WBD
1:03,24S	F	50 Free	8	2017-08-05 Tuks Sprint Gala
1:03,77S	F 0,53	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
1:03,48L	F -0,56	50 Free	19	2017-09-09 Limpopo Age Group 3
54,90L	F -8,58	50 Free	13	2017-11-11 Limpopo Age Group 5
53,42L	F -1,48	50 Free	10	2017-12-01 Limpopo Champs
55,05L	F 1,63	50 Free	8	2018-01-27 LP School Champs 2018
56,25L	F 2,83	50 Free	8	2018-02-17 Limpopo Age Group 7
2:25,58S	F	100 Free	45	2017-08-05 Tuks Sprint Gala
2:05,95L	F -21,23	100 Free	13	2017-11-11 Limpopo Age Group 5
2:09,92L	F 3,97	100 Free	10	2017-12-01 Limpopo Champs
2:06,02L	F 0,07	100 Free	6	2018-01-27 LP School Champs 2018
29,44S	F	25 Back	4	2017-08-26 LP Shamu Sprint SC 2017
1:06,20S	F	50 Back	6	2017-08-05 Tuks Sprint Gala
1:04,55L	F -2,25	50 Back	15	2017-09-09 Limpopo Age Group 3
56,76L	F -7,79	50 Back	8	2017-11-11 Limpopo Age Group 5
57,83L	F 1,07	50 Back	8	2017-12-01 Limpopo Champs
59,91L	F 3,15	50 Back	6	2018-01-27 LP School Champs 2018
59,74L	F 2,98	50 Back	8	2018-02-17 Limpopo Age Group 7
2:19,92S	F	100 Back	2	2017-08-05 Tuks Sprint Gala
DQ	F	100 Back		2017-09-09 Limpopo Age Group 3
2:06,41L	F -14,71	100 Back	7	2017-11-11 Limpopo Age Group 5
2:09,75L	F 3,34	100 Back	6	2017-12-01 Limpopo Champs
2:13,40L	F 6,99	100 Back	6	2018-01-27 LP School Champs 2018
2:13,17L	F 6,76	100 Back	9	2018-02-17 Limpopo Age Group 7
4:33,27L	DQ F	200 Back		2018-02-17 Limpopo Age Group 7
34,36S	F	25 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
1:22,89S	F	50 Breast	6	2017-08-05 Tuks Sprint Gala
56,07L	F -27,82	50 Breast	7	2017-09-09 Limpopo Age Group 3
1:13,78L	F 17,71	50 Breast	13	2017-11-11 Limpopo Age Group 5
1:10,78L	F 14,71	50 Breast	8	2017-12-01 Limpopo Champs
1:08,24L	F 12,17	50 Breast	8	2018-01-27 LP School Champs 2018
2:43,02L	F	100 Breast	15	2017-09-09 Limpopo Age Group 3
2:32,98L	DQ F	100 Breast		2017-12-01 Limpopo Champs
2:32,46L	F -10,56	100 Breast	7	2018-01-27 LP School Champs 2018
2:30,25L	F -2,21	100 Breast	7	2018-02-17 Limpopo Age Group 7
33,61S	F	25 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
2:31,25S	F	100 IM	4	2017-08-26 LP Shamu Sprint SC 2017
4:21,34S	DQ F	200 IM		2017-08-05 Tuks Sprint Gala
5:09,53L	F	200 IM	2	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Carlia Nel (11) F (Yr: AR)				TKSS-WBD
35,90L	LEV2 F	50 Free	5	2017-07-03 Sasol National Championship 2017
37,30L	P	50 Free	7	2017-07-03 Sasol National Championship 2017
38,65S	F 3,55	50 Free	5	2017-08-05 Tuks Sprint Gala
39,12S	F 4,02	50 Free	6	2017-08-26 LP Shamu Sprint SC 2017
36,68L	F 0,78	50 Free	3	2017-11-11 Limpopo Age Group 5
36,16L	F 0,26	50 Free	5	2017-12-01 Limpopo Champs
37,28L	F 1,38	50 Free	6	2018-01-27 LP School Champs 2018
1:24,57L	LEV2 F	100 Free	8	2017-07-03 Sasol National Championship 2017
1:26,53S	LEV2 F 3,56	100 Free	22	2017-08-05 Tuks Sprint Gala
1:22,02L	LEV2 F -2,55	100 Free	7	2017-12-01 Limpopo Champs
1:24,96L	F 2,94	100 Free	8	2018-01-27 LP School Champs 2018
1:20,92L	LEV2 F -1,10	100 Free	3	2018-02-17 Limpopo Age Group 7
3:05,65L	LEV2 P	200 Free	8	2017-07-03 Sasol National Championship 2017
3:15,20L	F	200 Free	8	2017-07-03 Sasol National Championship 2017
3:01,87L	LEV2 F -3,78	200 Free	6	2017-12-01 Limpopo Champs
3:01,68L	LEV2 F -0,19	200 Free	2	2018-01-27 LP School Champs 2018
3:05,57L	LEV2 F 3,89	200 Free	2	2018-02-17 Limpopo Age Group 7
6:51,89L	F	400 Free	2	2017-09-09 Limpopo Age Group 3
41,85L	LEV2 P	50 Back	6	2017-07-03 Sasol National Championship 2017
42,55L	LEV2 F	50 Back	5	2017-07-03 Sasol National Championship 2017
42,89S	LEV2 F 1,64	50 Back	5	2017-08-05 Tuks Sprint Gala
40,83S	LEV2 F -0,42	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
44,01L	LEV2 F 2,58	50 Back	1	2017-11-11 Limpopo Age Group 5
39,82L	LEV2 F -1,61	50 Back	4	2017-12-01 Limpopo Champs
40,93L	LEV2 F 1,11	50 Back	4	2018-01-27 LP School Champs 2018
1:33,71L	LEV2 P	100 Back	6	2017-07-03 Sasol National Championship 2017
1:33,83L	LEV2 F	100 Back	6	2017-07-03 Sasol National Championship 2017
1:41,71S	F 9,20	100 Back	5	2017-08-05 Tuks Sprint Gala
1:29,81L	LEV3 F -3,90	100 Back	5	2017-12-01 Limpopo Champs
1:29,21L	LEV2 F -0,60	100 Back	4	2018-01-27 LP School Champs 2018
3:21,50L	LEV2 P	200 Back	6	2017-07-03 Sasol National Championship 2017
3:30,27L	LEV2 F	200 Back	7	2017-07-03 Sasol National Championship 2017
3:19,45L	LEV2 F -2,05	200 Back	6	2017-12-01 Limpopo Champs
3:21,98L	LEV2 F 2,53	200 Back	4	2018-01-27 LP School Champs 2018
3:16,25L	LEV2 F -3,20	200 Back	2	2018-02-17 Limpopo Age Group 7
52,85L	P	50 Breast	11	2017-07-03 Sasol National Championship 2017
1:00,16S	F 8,31	50 Breast	6	2017-08-05 Tuks Sprint Gala
52,81S	F 0,96	50 Breast	7	2017-08-26 LP Shamu Sprint SC 2017
54,63L	F 1,78	50 Breast	6	2017-09-09 Limpopo Age Group 3
52,68L	F -0,17	50 Breast	6	2017-11-11 Limpopo Age Group 5
53,21L	F 0,53	50 Breast	11	2017-12-01 Limpopo Champs
51,10L	F -1,58	50 Breast	9	2018-01-27 LP School Champs 2018
1:57,29L	P	100 Breast	14	2017-07-03 Sasol National Championship 2017
1:54,23L	F -3,06	100 Breast	11	2017-12-01 Limpopo Champs
4:07,68L	P	200 Breast	11	2017-07-03 Sasol National Championship 2017
47,10L	P	50 Fly	11	2017-07-03 Sasol National Championship 2017
49,71S	F 3,31	50 Fly	5	2017-08-05 Tuks Sprint Gala
44,56S	F -1,84	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
47,27L	F 2,01	50 Fly	1	2017-09-09 Limpopo Age Group 3
48,16L	F 2,90	50 Fly	5	2017-11-11 Limpopo Age Group 5
46,09L	F 0,83	50 Fly	8	2017-12-01 Limpopo Champs
48,50L	F 3,24	50 Fly	6	2018-01-27 LP School Champs 2018
1:54,39L	F	100 Fly	4	2017-12-01 Limpopo Champs
3:32,61L	LEV2 P	200 IM	8	2017-07-03 Sasol National Championship 2017
3:32,65L	LEV2 F	200 IM	8	2017-07-03 Sasol National Championship 2017
3:35,32S	LEV2 F 5,91	200 IM	3	2017-08-05 Tuks Sprint Gala
3:29,13S	LEV2 F -0,28	200 IM	4	2017-08-26 LP Shamu Sprint SC 2017
3:33,77L	LEV2 F 1,44	200 IM	20	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Hanu Nel (12) M (Yr: AR)					
29,62L	LEV2 P	50 Free	2	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
29,77L	LEV2 F	50 Free	4	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
29,41S	LEV2 F 0,59	50 Free	1	2017-08-05	Tuks Sprint Gala
30,32L	LEV2 F 0,70	50 Free	1	2017-09-09	Limpopo Age Group 3
29,77L	LEV2 P 0,15	50 Free	16	2017-12-06	NTS Championships 2017
1:05,63L	SANJ P	100 Free	4	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
1:06,98L	SANJ F	100 Free	7	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
1:05,98S	LEV3 F 1,95	100 Free	9	2017-08-05	Tuks Sprint Gala
1:17,43S	LEV2 F 13,40	100 Free	10	2017-08-19	Small Districts Championship Gala 2017
1:07,22L	LEV3 F 1,59	100 Free	1	2017-09-09	Limpopo Age Group 3
1:05,97L	LEV3 P 0,34	100 Free	23	2017-12-06	NTS Championships 2017
2:29,78L	LEV3 F	200 Free	9	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
2:32,10L	LEV3 P	200 Free	9	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
2:29,66L	LEV3 P -0,12	200 Free	30	2017-12-06	NTS Championships 2017
5:19,79L	LEV3 P	400 Free	43	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
37,39L	LEV2 P	50 Back	11	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
35,13S	LEV2 F -1,66	50 Back	1	2017-08-05	Tuks Sprint Gala
37,73L	LEV2 F 2,00	50 Back	1	2017-09-09	Limpopo Age Group 3
36,73L	LEV2 P 1,00	50 Back	18	2017-12-06	NTS Championships 2017
1:18,30L	LEV3 P	100 Back	8	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
1:18,23S	LEV3 F 1,13	100 Back	1	2017-08-05	Tuks Sprint Gala
1:20,01S	LEV3 F 2,91	100 Back	5	2017-08-19	Small Districts Championship Gala 2017
1:18,04L	LEV3 P -0,26	100 Back	24	2017-12-06	NTS Championships 2017
2:48,93L	LEV3 P	200 Back	29	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
2:51,03L	LEV2 P 2,10	200 Back	19	2017-12-06	NTS Championships 2017
41,77L	LEV2 P	50 Breast	10	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
42,19L	LEV2 F	50 Breast	10	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
39,58S	LEV2 F -1,19	50 Breast	1	2017-08-05	Tuks Sprint Gala
40,28L	LEV2 F -0,30	50 Breast	1	2017-09-09	Limpopo Age Group 3
41,63L	P 1,35	50 Breast	18	2017-12-06	NTS Championships 2017
1:30,39L	LEV3 P	100 Breast	10	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
1:32,05L	LEV3 F	100 Breast	10	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
1:31,56S	LEV2 F 3,17	100 Breast	2	2017-08-05	Tuks Sprint Gala
3:15,66L	LEV3 P	200 Breast	33	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
33,10L	LEV2 F	50 Fly	4	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
33,61L	LEV2 P	50 Fly	6	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
33,06S	LEV2 F 0,66	50 Fly	1	2017-08-05	Tuks Sprint Gala
33,67L	LEV2 F 0,57	50 Fly	1	2017-09-09	Limpopo Age Group 3
33,67L	LEV2 P 0,57	50 Fly	20	2017-12-06	NTS Championships 2017
1:16,88L	LEV2 P	100 Fly	15	2017-12-06	NTS Championships 2017
2:48,19L	LEV3 P	200 IM	7	2017-07-11	TYR PRESTIGE CHAMPIONSHIPS 2017
NS	F	200 IM		2017-08-19	Small Districts Championship Gala 2017
2:53,46L	LEV2 P 5,27	200 IM	23	2017-12-06	NTS Championships 2017
Justin Nel (16) M (Yr: GR)					
29,97L	F	50 Free	6	2017-10-20	Limpopo Top 10 - High Schools
1:07,99L	F	100 Free	5	2017-10-20	Limpopo Top 10 - High Schools
33,95L	LEV2 F	50 Back	3	2017-10-20	Limpopo Top 10 - High Schools
1:18,61L	DQ F	100 Back		2017-10-20	Limpopo Top 10 - High Schools
Keanke Nel (7) F					
24,63S	F	25 Free	3	2017-08-05	Tuks Sprint Gala
32,14S	F	25 Back	6	2017-08-05	Tuks Sprint Gala
33,30S	F	25 Breast	3	2017-08-05	Tuks Sprint Gala
36,31S	F	25 Fly	4	2017-08-05	Tuks Sprint Gala
Lenika Nel (15) F (Yr: GR)					
1:23,99L	F	100 Free	7	2017-10-20	Limpopo Top 10 - High Schools
45,54L	F	50 Breast	6	2017-10-20	Limpopo Top 10 - High Schools
Louis Nel (17) M (Yr: GR)					
1:05,71L	F	100 Free	4	2017-10-20	Limpopo Top 10 - High Schools

TKSS-WBD

HPP-WBD

TKSB-WBD

HPP-WBD

PHS-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Miecke Nel (9) F 1:55,46L 1.	F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10

LSPHA-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruard Nel (12) M (Yr: AR)				TKSS-WBD
32,87L	LEV2 F	50 Free	7	2017-07-03 Sasol National Championship 2017
33,09L	LEV2 P	50 Free	9	2017-07-03 Sasol National Championship 2017
31,43S	LEV2 F -0,64	50 Free	2	2017-08-05 Tuks Sprint Gala
31,92S	LEV2 F 0,49	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
31,75L	LEV2 F -0,48	50 Free	2	2017-09-09 Limpopo Age Group 3
1:05,27L	F 33,52	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
31,68L	LEV2 F -0,07	50 Free	8	2017-12-01 Limpopo Champs
32,24L	F 0,56	50 Free	5	2018-01-27 LP School Champs 2018
1:12,60L	LEV3 F	100 Free	8	2017-07-03 Sasol National Championship 2017
1:10,39S	LEV3 F -0,61	100 Free	14	2017-08-05 Tuks Sprint Gala
1:09,84L	LEV2 F -2,15	100 Free	3	2017-11-04 Limpopo Primary School - Top 10
1:09,84L	LEV2 F 0,00	100 Free	6	2017-12-01 Limpopo Champs
1:10,81L	F 0,97	100 Free	4	2018-01-27 LP School Champs 2018
1:09,61L	LEV2 F -0,23	100 Free	3	2018-02-17 Limpopo Age Group 7
2:33,13L	LEV3 F	200 Free	5	2017-07-03 Sasol National Championship 2017
2:38,03L	LEV3 P	200 Free	9	2017-07-03 Sasol National Championship 2017
2:32,86L	LEV2 F -0,27	200 Free	6	2017-12-01 Limpopo Champs
2:30,29L	LEV2 F -2,57	200 Free	4	2018-01-27 LP School Champs 2018
5:30,07L	LEV3 F	400 Free	33	2017-07-03 Sasol National Championship 2017
5:18,13L	LEV3 F -11,94	400 Free	11	2017-12-01 Limpopo Champs
5:22,24L	F 4,11	400 Free	1	2018-01-27 LP School Champs 2018
39,11L	LEV2 S	50 Back	1	2017-07-03 Sasol National Championship 2017
41,43L	LEV2 P	50 Back	11	2017-07-03 Sasol National Championship 2017
37,83S	LEV2 F -0,68	50 Back	3	2017-08-05 Tuks Sprint Gala
38,62S	LEV2 F 0,79	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
40,56L	LEV2 F 2,13	50 Back	3	2017-09-09 Limpopo Age Group 3
40,07L	F 1,64	50 Back	3	2017-11-11 Limpopo Age Group 5
39,83L	F 1,40	50 Back	8	2017-12-01 Limpopo Champs
1:30,72L	P	100 Back	13	2017-07-03 Sasol National Championship 2017
1:29,35S	DQ F	100 Back		2017-08-19 Small Districts Championship Gala 2017
1:29,68L	F -1,04	100 Back	5	2017-11-11 Limpopo Age Group 5
1:27,02L	F -2,66	100 Back	7	2017-12-01 Limpopo Champs
3:08,39L	LEV2 F	200 Back	9	2017-07-03 Sasol National Championship 2017
3:09,81L	LEV2 P	200 Back	9	2017-07-03 Sasol National Championship 2017
3:06,65L	F -1,74	200 Back	6	2017-12-01 Limpopo Champs
42,31L	LEV2 F	50 Breast	5	2017-07-03 Sasol National Championship 2017
43,52L	P	50 Breast	5	2017-07-03 Sasol National Championship 2017
42,14S	F 0,83	50 Breast	3	2017-08-05 Tuks Sprint Gala
41,32S	LEV2 F 0,01	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
41,25L	LEV2 F -1,06	50 Breast	2	2017-09-09 Limpopo Age Group 3
41,42L	F 0,17	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10
42,13L	F 0,88	50 Breast	8	2017-12-01 Limpopo Champs
42,23L	F 0,98	50 Breast	3	2018-01-27 LP School Champs 2018
1:37,45L	LEV2 P	100 Breast	9	2017-07-03 Sasol National Championship 2017
1:37,67L	LEV2 F	100 Breast	9	2017-07-03 Sasol National Championship 2017
1:34,38S	LEV2 F -1,07	100 Breast	4	2017-08-05 Tuks Sprint Gala
1:36,16L	LEV2 F -0,22	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:35,93L	F -0,23	100 Breast	4	2017-11-04 Limpopo Primary School - Top 10
1:39,04L	F 3,11	100 Breast	5	2017-11-11 Limpopo Age Group 5
1:31,60L	LEV2 F -4,33	100 Breast	5	2017-12-01 Limpopo Champs
1:33,11L	F 1,51	100 Breast	3	2018-01-27 LP School Champs 2018
1:30,28L	LEV2 F -1,32	100 Breast	3	2018-02-17 Limpopo Age Group 7
3:26,80L	LEV2 F	200 Breast	8	2017-07-03 Sasol National Championship 2017
3:30,00L	LEV2 P	200 Breast	10	2017-07-03 Sasol National Championship 2017
3:16,90L	LEV2 F -9,90	200 Breast	5	2017-12-01 Limpopo Champs
3:19,32L	LEV2 F 2,42	200 Breast	2	2018-02-17 Limpopo Age Group 7
37,83L	LEV2 P	50 Fly	11	2017-07-03 Sasol National Championship 2017
36,26S	LEV2 F -0,87	50 Fly	3	2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place						
Ruard Nel (12) M (Yr: AR)									TKSS-WBD
36,26S	LEV2 F	0,00	50 Fly	1	2017-08-26	LP Shamu Sprint SC 2017			
37,89L	LEV2 F	0,93	50 Fly	2	2017-09-09	Limpopo Age Group 3			
37,38L	F	0,42	50 Fly	5	2017-11-04	Limpopo Primary School - Top 10			
40,61L	F	3,65	50 Fly	3	2017-11-11	Limpopo Age Group 5			
36,64L	F	-0,32	50 Fly	8	2017-12-01	Limpopo Champs			
37,39L	F	0,75	50 Fly	4	2018-01-27	LP School Champs 2018			
1:31,67L	F		100 Fly	9	2017-07-03	Sasol National Championship 2017			
1:29,20S	F	-1,07	100 Fly	7	2017-08-19	Small Districts Championship Gala 2017			
1:34,79L	F	4,19	100 Fly	7	2017-12-01	Limpopo Champs			
3:02,03L	LEV2 P		200 IM	8	2017-07-03	Sasol National Championship 2017			
3:03,11L	LEV2 F		200 IM	10	2017-07-03	Sasol National Championship 2017			
2:55,54S	LEV3 F	-3,29	200 IM	1	2017-08-05	Tuks Sprint Gala			
2:53,17S	LEV3 F	-2,37	200 IM	1	2017-08-26	LP Shamu Sprint SC 2017			
2:54,99L	LEV2 F	-1,38	200 IM	6	2017-12-01	Limpopo Champs			
2:57,00L	F	2,01	200 IM	2	2018-01-27	LP School Champs 2018			
2:53,82L	LEV2 F	-1,17	200 IM	2	2018-02-17	Limpopo Age Group 7			
6:25,25L	F		400 IM	2	2017-11-11	Limpopo Age Group 5			
Stephen Nel (17) M (Yr: GN)									HFDT-MPD
30,88L	F		50 Free	7	2017-10-20	Limpopo Top 10 - High Schools			
Twana Nel (14) F (Yr: AN)									LOTTA-WBD
41,48S	F		50 Free	3	2017-08-05	Tuks Sprint Gala			
44,51L	F	2,23	50 Free	4	2017-09-09	Limpopo Age Group 3			
39,26L	F	-1,04	50 Free	6	2017-12-01	Limpopo Champs			
1:40,18S	F		100 Free	36	2017-08-05	Tuks Sprint Gala			
1:37,92L	F	-3,86	100 Free	2	2017-09-09	Limpopo Age Group 3			
1:29,40L	F	-5,98	100 Free	6	2017-12-01	Limpopo Champs			
3:26,61L	F		200 Free	5	2017-12-01	Limpopo Champs			
7:26,58L	F		400 Free	11	2017-12-01	Limpopo Champs			
49,87S	F		50 Back	3	2017-08-05	Tuks Sprint Gala			
46,71L	F	-3,76	50 Back	5	2017-12-01	Limpopo Champs			
53,53S	F		50 Breast	3	2017-08-05	Tuks Sprint Gala			
53,12L	F	-1,41	50 Breast	2	2017-09-09	Limpopo Age Group 3			
54,59L	F	1,47	50 Breast	6	2017-12-01	Limpopo Champs			
2:02,18S	F		100 Breast	2	2017-08-05	Tuks Sprint Gala			
2:10,81L	F	6,63	100 Breast	3	2017-09-09	Limpopo Age Group 3			
2:05,37L	F	2,61	100 Breast	5	2017-12-01	Limpopo Champs			
4:33,23L	F		200 Breast	4	2017-12-01	Limpopo Champs			
45,23S	F		50 Fly	4	2017-08-05	Tuks Sprint Gala			
49,81L	F	3,88	50 Fly	2	2017-09-09	Limpopo Age Group 3			
44,38L	F	0,05	50 Fly	6	2017-12-01	Limpopo Champs			
3:48,37L	F		200 IM	11	2017-12-01	Limpopo Champs			
Christo Neveling (11) M (Yr: HR)									LSPHA-MPD
37,10L	F		50 Free	3	2017-11-04	Limpopo Primary School - Top 10			
36,72L	F	-0,38	50 Free	3	2017-11-11	Limpopo Age Group 5			
1:23,38L	LEV2 F		100 Free	4	2017-11-04	Limpopo Primary School - Top 10			
1:25,15L	LEV2 F	1,77	100 Free	4	2017-11-11	Limpopo Age Group 5			
46,62L	F		50 Back	6	2017-11-04	Limpopo Primary School - Top 10			
1:45,80L	F		200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			
48,07L	F	1,45	50 Back	3	2017-11-11	Limpopo Age Group 5			
1:46,71L	F		100 Back	6	2017-11-04	Limpopo Primary School - Top 10			
1:46,63L	F	-0,08	100 Back	8	2017-11-11	Limpopo Age Group 5			
Lethabo Ngoepe (13) F (Yr: HN)									LSBOS-WBD
2:05,22L	F		100 Breast	8	2017-11-04	Limpopo Primary School - Top 10			
Ntali Nkopane (12) F (Yr: HN)									MITCH-CCD
47,06L	F		50 Breast	4	2017-11-04	Limpopo Primary School - Top 10			
Dimpho Nkwana (15) F (Yr: GN)									HFDT-MPD
55,22L	DQ F		50 Breast		2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Gordon Noel (10) M (Yr: HR)								UNIC-MPD
57,55L	F	50 Back	9	2017-11-04	Limpopo Primary School - Top 10			
58,92L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10			
Kian None (12) M								UNIC-MPD
1:30,31L	I.	F	200	Medley Relay Lead Off	2017-11-04	Limpopo Primary School - Top 10		
Arnand Nortjé (16) M (Yr: GN)								HFDT-MPD
30,70L	F	50 Free	8	2017-10-20	Limpopo Top 10 - High Schools			
33,45L	F	50 Fly	4	2017-10-20	Limpopo Top 10 - High Schools			
Clarissa Nortje (9) F (Yr: HN)								LSMH-WBD
1:46,43L	I.	F	200	Free Relay Lead Off	2017-11-04	Limpopo Primary School - Top 10		
2:16,32L	I.	F	200	Medley Relay Lead Off	2017-11-04	Limpopo Primary School - Top 10		
1:14,99L	F	50 Breast	8	2017-11-04	Limpopo Primary School - Top 10			
Dominique Nortje (14) F (Yr: GN)								HWBAD-WBD
53,01L	F	50 Breast	6	2017-10-20	Limpopo Top 10 - High Schools			
2:02,47L	F	100 Breast	6	2017-10-20	Limpopo Top 10 - High Schools			
Helgard Nortje (13) M								TKSB-WBD
1:47,84L	F	100 Breast	3	2017-10-28	Eager Sprint Gala			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Mari-Zanne Nortje (9) F (Yr: DR)					
43,14S	F	50 Free	2	2017-08-05	Tuks Sprint Gala
43,81L	F -0,13	50 Free	7	2017-09-09	Limpopo Age Group 3
41,76L	F -2,05	50 Free	6	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U
38,83L	F -2,93	50 Free	1	2017-10-28	Eager Sprint Gala
38,77L	F -0,06	50 Free	2	2017-11-04	Limpopo Primary School - Top 10
NS	F	50 Free		2017-11-11	Limpopo Age Group 5
37,63L	LEV2 F -1,14	50 Free	1	2017-12-01	Limpopo Champs
38,05L	F 0,42	50 Free	1	2018-01-27	LP School Champs 2018
1:33,82S	F	100 Free	29	2017-08-05	Tuks Sprint Gala
1:38,53L	F 3,11	100 Free	7	2017-09-09	Limpopo Age Group 3
NS	F	100 Free		2017-11-11	Limpopo Age Group 5
1:32,72L	LEV2 F -2,70	100 Free	4	2017-12-01	Limpopo Champs
1:36,39L	F 3,67	100 Free	5	2018-01-27	LP School Champs 2018
3:25,34L	F	200 Free	4	2017-12-01	Limpopo Champs
NS	F	200 Free		2018-02-17	Limpopo Age Group 7
48,48S	DQ F	50 Back		2017-08-05	Tuks Sprint Gala
50,47L	F	50 Back	9	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U
48,47L	F -2,00	50 Back	1	2017-10-28	Eager Sprint Gala
51,85L	F 3,38	50 Back	6	2017-12-01	Limpopo Champs
49,82L	F 1,35	50 Back	4	2018-01-27	LP School Champs 2018
48,76L	F 0,29	50 Back	2	2018-02-17	Limpopo Age Group 7
1:54,43S	F	100 Back	3	2017-08-05	Tuks Sprint Gala
1:46,33L	LEV2 F -9,30	100 Back	4	2017-12-01	Limpopo Champs
3:50,70L	F	200 Back	5	2017-12-01	Limpopo Champs
54,53S	F	50 Breast	1	2017-08-05	Tuks Sprint Gala
54,32S	F -0,21	50 Breast	9	2017-08-19	Small Districts Championship Gala 2017
52,76L	F -2,56	50 Breast	6	2017-09-09	Limpopo Age Group 3
52,48L	F -0,28	50 Breast	2	2017-09-16	2017 Speedo Hillcrest Sprint Gala 12&U
53,96L	F 1,48	50 Breast	1	2017-10-28	Eager Sprint Gala
55,00L	F 2,52	50 Breast	2	2017-11-04	Limpopo Primary School - Top 10
51,83L	F -0,65	50 Breast	2	2017-12-01	Limpopo Champs
51,20L	F -0,63	50 Breast	2	2018-01-27	LP School Champs 2018
52,84L	F 1,64	50 Breast	3	2018-02-17	Limpopo Age Group 7
2:08,03S	F	100 Breast	2	2017-08-05	Tuks Sprint Gala
2:02,88L	F -7,15	100 Breast	6	2017-09-09	Limpopo Age Group 3
1:55,56L	LEV2 F -7,32	100 Breast	1	2017-12-01	Limpopo Champs
1:55,90L	LEV2 F 0,34	100 Breast	4	2018-01-27	LP School Champs 2018
4:15,86L	F	200 Breast	2	2017-12-01	Limpopo Champs
55,11S	F	50 Fly	3	2017-08-05	Tuks Sprint Gala
57,67S	F 2,56	50 Fly	9	2017-08-19	Small Districts Championship Gala 2017
53,80L	F -2,01	50 Fly	4	2017-09-09	Limpopo Age Group 3
52,13L	F -1,67	50 Fly	1	2017-10-28	Eager Sprint Gala
NS	F	50 Fly		2017-11-11	Limpopo Age Group 5
44,05L	LEV2 F -8,08	50 Fly	1	2017-12-01	Limpopo Champs
45,59L	F 1,54	50 Fly	2	2018-01-27	LP School Champs 2018
NS	F	100 Fly		2017-11-11	Limpopo Age Group 5
2:06,80L	F	100 Fly	4	2017-12-01	Limpopo Champs
2:03,32L	F -3,48	100 Fly	1	2018-01-27	LP School Champs 2018
4:12,74L	F	200 IM	1	2017-10-28	Eager Sprint Gala
4:06,70L	F -6,04	200 IM	8	2017-11-04	Limpopo Primary School - Top 10
3:59,43L	F -7,27	200 IM	32	2017-12-01	Limpopo Champs
4:03,91L	F 4,48	200 IM	4	2018-01-27	LP School Champs 2018
4:12,13L	F 12,70	200 IM	5	2018-02-17	Limpopo Age Group 7
Bianca Oberholzer (14) F (Yr: GR)					
42,51L	F	50 Back	4	2017-10-20	Limpopo Top 10 - High Schools
1:39,14L	F	100 Back	5	2017-10-20	Limpopo Top 10 - High Schools

TKS-SKD

HBV-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Heino Oberholzer (17) M (Yr: DR)				LOTTA-WBD
31,82L	F	50 Free	5	2017-09-09 Limpopo Age Group 3
30,45L	F -0,59	50 Free	4	2017-11-11 Limpopo Age Group 5
28,58L	F -1,87	50 Free	6	2017-12-01 Limpopo Champs
28,85L	F 0,27	50 Free	3	2018-01-27 LP School Champs 2018
1:11,78L	F	100 Free	6	2017-09-09 Limpopo Age Group 3
1:12,21L	F 2,65	100 Free	7	2017-11-11 Limpopo Age Group 5
1:07,51L	F -2,05	100 Free	9	2017-12-01 Limpopo Champs
1:06,68L	F -0,83	100 Free	4	2018-01-27 LP School Champs 2018
2:43,93L	F	200 Free	6	2017-12-01 Limpopo Champs
6:19,87L	F	400 Free	6	2017-11-11 Limpopo Age Group 5
5:56,67L	F -23,20	400 Free	7	2017-12-01 Limpopo Champs
41,26L	F	50 Back	10	2017-12-01 Limpopo Champs
41,16L	F -0,10	50 Back	5	2018-01-27 LP School Champs 2018
40,28L	F	50 Breast	2	2017-09-09 Limpopo Age Group 3
43,09L	F 3,00	50 Breast	2	2017-11-11 Limpopo Age Group 5
41,99L	F 1,90	50 Breast	9	2017-12-01 Limpopo Champs
42,40L	F 2,31	50 Breast	2	2018-01-27 LP School Champs 2018
1:38,22L	F	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:33,20L	F 1,23	100 Breast	8	2017-12-01 Limpopo Champs
1:38,01L	F 6,04	100 Breast	2	2018-01-27 LP School Champs 2018
3:24,07L	F	200 Breast	7	2017-12-01 Limpopo Champs
3:30,55L	F 6,48	200 Breast	1	2018-01-27 LP School Champs 2018
35,66L	F	50 Fly	5	2017-09-09 Limpopo Age Group 3
35,76L	F 2,65	50 Fly	4	2017-11-11 Limpopo Age Group 5
34,12L	F 1,01	50 Fly	9	2017-12-01 Limpopo Champs
34,04L	F 0,93	50 Fly	4	2018-01-27 LP School Champs 2018
3:01,73L	F -2,06	200 IM	25	2017-12-01 Limpopo Champs
Benjamin Okello (9) M				EAGAB-CCD
50,25L	F	50 Free	6	2017-10-28 Eager Sprint Gala
51,59L	F	50 Free	10	2017-11-04 Limpopo Primary School - Top 10
53,47L	F	50 Back	6	2017-10-28 Eager Sprint Gala
NS	F	50 Breast		2017-10-28 Eager Sprint Gala
1:10,30L	F	50 Breast	9	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Abigail Olivier (11) F (Yr: AR)				EAGA-CCD
34,84S	LEV2 F	50 Free	2	2017-08-26 LP Shamu Sprint SC 2017
33,60L	LEV2 F -2,04	50 Free	1	2017-10-28 Eager Sprint Gala
33,64L	LEV2 F 0,04	50 Free	1	2017-12-01 Limpopo Champs
33,78L	LEV2 F 0,18	50 Free	4	2017-12-06 NTS Championships 2017
35,07L	LEV2 P 1,47	50 Free	8	2017-12-06 NTS Championships 2017
36,85L	P 3,25	50 Free	14	2017-12-06 NTS Championships 2017
33,72L	LEV2 F 0,12	50 Free	2	2018-01-27 LP School Champs 2018
1:19,68L	LEV2 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:16,82S	LEV3 F -1,26	100 Free	5	2017-08-19 Small Districts Championship Gala 2017
1:12,48L	LEV3 F -5,94	100 Free	2	2017-12-01 Limpopo Champs
1:15,23L	LEV3 P 2,75	100 Free	3	2017-12-06 NTS Championships 2017
1:16,46L	LEV3 F 3,98	100 Free	5	2017-12-06 NTS Championships 2017
1:14,59L	LEV3 F 2,11	100 Free	2	2018-01-27 LP School Champs 2018
1:15,02L	LEV3 F 2,54	100 Free	1	2018-02-17 Limpopo Age Group 7
2:50,12L	LEV3 F	200 Free	2	2017-10-14 Limpopo Age Group 4
2:41,79L	LEV3 F -8,33	200 Free	2	2017-12-01 Limpopo Champs
2:49,06L	LEV3 F 7,27	200 Free	5	2017-12-06 NTS Championships 2017
2:49,84L	LEV3 P 8,05	200 Free	4	2017-12-06 NTS Championships 2017
6:03,91L	F	400 Free	1	2017-09-09 Limpopo Age Group 3
5:41,68L	LEV3 F -22,23	400 Free	2	2017-12-01 Limpopo Champs
5:49,64L	LEV3 F 7,96	400 Free	1	2017-12-06 NTS Championships 2017
5:41,15L	LEV3 F -0,53	400 Free	1	2018-01-27 LP School Champs 2018
39,68S	LEV2 F	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
40,00L	LEV2 F -0,28	50 Back	2	2017-10-28 Eager Sprint Gala
39,00L	LEV2 F -1,00	50 Back	1	2017-12-01 Limpopo Champs
1:32,57L	LEV2 F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:27,63L	LEV3 F -4,94	100 Back	2	2017-09-09 Limpopo Age Group 3
1:22,25L	LEV3 F -5,38	100 Back	2	2017-12-01 Limpopo Champs
1:26,67L	LEV3 P 4,42	100 Back	6	2017-12-06 NTS Championships 2017
1:26,98L	LEV3 F 4,73	100 Back	6	2017-12-06 NTS Championships 2017
1:24,81L	LEV3 F 2,56	100 Back	1	2018-01-27 LP School Champs 2018
1:25,89L	LEV3 F 3,64	100 Back	2	2018-02-17 Limpopo Age Group 7
3:06,94L	LEV3 F	200 Back	2	2017-10-14 Limpopo Age Group 4
3:01,21L	LEV3 F -5,73	200 Back	2	2017-12-01 Limpopo Champs
2:58,87L	LEV3 F -2,34	200 Back	3	2017-12-06 NTS Championships 2017
3:00,45L	LEV3 P -0,76	200 Back	3	2017-12-06 NTS Championships 2017
2:59,05L	LEV3 F 0,18	200 Back	2	2018-01-27 LP School Champs 2018
44,90S	LEV2 F	50 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
44,19L	LEV2 F -1,71	50 Breast	2	2017-10-28 Eager Sprint Gala
43,28L	LEV2 F -0,91	50 Breast	1	2017-12-01 Limpopo Champs
44,15L	LEV2 F 0,87	50 Breast	6	2017-12-06 NTS Championships 2017
45,10L	LEV2 P 1,82	50 Breast	5	2017-12-06 NTS Championships 2017
1:50,67L	LEV2 F	100 Breast	1	2017-06-24 Limpopo Age Group 1
1:37,77L	LEV3 F -12,90	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:32,69L	LEV3 F -5,08	100 Breast	1	2017-12-01 Limpopo Champs
1:35,22L	LEV3 F 2,53	100 Breast	4	2017-12-06 NTS Championships 2017
1:36,06L	LEV3 P 3,37	100 Breast	3	2017-12-06 NTS Championships 2017
1:31,87L	LEV3 F -0,82	100 Breast	1	2018-01-27 LP School Champs 2018
1:32,78L	LEV3 F 0,91	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:30,25L	LEV3 F	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:18,63L	LEV3 F -11,62	200 Breast	1	2017-12-01 Limpopo Champs
3:18,40L	LEV3 F -0,23	200 Breast	3	2017-12-06 NTS Championships 2017
3:21,86L	LEV3 P 3,23	200 Breast	3	2017-12-06 NTS Championships 2017
3:20,95L	LEV3 F 2,55	200 Breast	1	2018-01-27 LP School Champs 2018
39,70S	LEV2 F	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
40,88L	LEV2 F 0,48	50 Fly	3	2017-10-28 Eager Sprint Gala
39,42L	LEV2 F -0,98	50 Fly	3	2017-12-01 Limpopo Champs
3:28,51L	LEV2 F	200 IM	1	2017-06-24 Limpopo Age Group 1

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Abigail Olivier (11) F (Yr: AR)				EAGA-CCD
3:04,10S	LEV3 F -21,21	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
3:08,57L	LEV3 F 1,27	200 IM	1	2017-10-28 Eager Sprint Gala
2:58,16L	LEV3 F -9,14	200 IM	6	2017-12-01 Limpopo Champs
3:01,87L	LEV3 F 3,71	200 IM	3	2017-12-06 NTS Championships 2017
3:08,69L	LEV3 P 10,53	200 IM	4	2017-12-06 NTS Championships 2017
3:02,75L	LEV3 F 4,59	200 IM	1	2018-01-27 LP School Champs 2018
Felix Olivier (9) M (Yr: AN)				EAGA-CCD
44,91L	F	50 Free	4	2017-06-24 Limpopo Age Group 1
41,65L	F -3,26	50 Free	6	2017-07-29 Limpopo Age Group 2
43,61S	F 2,76	50 Free	6	2017-08-05 Tuks Sprint Gala
42,33L	F 0,68	50 Free	4	2017-09-09 Limpopo Age Group 3
40,75L	F -0,90	50 Free	3	2017-10-28 Eager Sprint Gala
39,43L	F -1,32	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
40,83L	F 1,40	50 Free	7	2017-12-01 Limpopo Champs
40,31L	F 0,88	50 Free	4	2018-01-27 LP School Champs 2018
1:34,22S	F	100 Free	36	2017-08-05 Tuks Sprint Gala
1:36,58L	F 0,76	100 Free	10	2017-09-09 Limpopo Age Group 3
1:31,24L	LEV2 F -4,58	100 Free	5	2017-12-01 Limpopo Champs
1:33,99L	F 2,75	100 Free	5	2018-01-27 LP School Champs 2018
3:15,43L	F	200 Free	2	2018-02-17 Limpopo Age Group 7
51,60L	F	50 Back	4	2017-06-24 Limpopo Age Group 1
52,88L	DQ F	50 Back		2017-07-29 Limpopo Age Group 2
52,93S	F 1,93	50 Back	4	2017-08-05 Tuks Sprint Gala
50,47L	F -1,13	50 Back	4	2017-09-09 Limpopo Age Group 3
54,64L	F 4,17	50 Back	5	2017-10-28 Eager Sprint Gala
49,75L	F -0,72	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
50,24L	F 0,49	50 Back	7	2017-12-01 Limpopo Champs
49,60L	F -0,15	50 Back	4	2018-01-27 LP School Champs 2018
1:45,34L	F	100 Back	7	2017-12-01 Limpopo Champs
1:49,20L	F 3,86	100 Back	4	2018-01-27 LP School Champs 2018
1:44,52L	LEV2 F -0,82	100 Back	2	2018-02-17 Limpopo Age Group 7
1:01,34L	F	50 Breast	4	2017-06-24 Limpopo Age Group 1
58,04S	F -2,30	50 Breast	3	2017-08-05 Tuks Sprint Gala
56,39L	F -2,65	50 Breast	8	2017-09-09 Limpopo Age Group 3
1:01,60L	F 5,21	50 Breast	5	2017-10-28 Eager Sprint Gala
55,25L	F -1,14	50 Breast	7	2017-12-01 Limpopo Champs
56,54L	F 1,29	50 Breast	3	2018-01-27 LP School Champs 2018
2:02,46S	F	100 Breast	4	2017-08-05 Tuks Sprint Gala
2:03,14L	DQ F	100 Breast		2017-12-01 Limpopo Champs
2:02,90L	F -1,56	100 Breast	4	2018-01-27 LP School Champs 2018
1:59,72L	F -3,18	100 Breast	2	2018-02-17 Limpopo Age Group 7
4:12,72L	F	200 Breast	2	2018-02-17 Limpopo Age Group 7
54,20S	F	50 Fly	1	2017-08-05 Tuks Sprint Gala
1:01,07L	F 6,17	50 Fly	11	2017-09-09 Limpopo Age Group 3
1:03,53L	F 8,63	50 Fly	4	2017-10-28 Eager Sprint Gala
56,66L	F 1,76	50 Fly	7	2017-12-01 Limpopo Champs
54,99L	F 0,09	50 Fly	4	2018-01-27 LP School Champs 2018
3:55,34S	F	200 IM	2	2017-08-05 Tuks Sprint Gala
4:16,02L	F 17,48	200 IM	4	2017-10-28 Eager Sprint Gala
3:56,76L	F -1,78	200 IM	36	2017-12-01 Limpopo Champs
3:56,22L	F -0,54	200 IM	2	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Kayla Olivier (14) F (Yr: FN)			
34,23L	F	50 Free	4 2017-10-14 Limpopo Age Group 4
34,14L	F -0,09	50 Free	5 2017-10-20 Limpopo Top 10 - High Schools
33,38L	LEV2 F -0,76	50 Free	5 2017-12-01 Limpopo Champs
32,83L	F -0,55	50 Free	3 2018-01-27 LP School Champs 2018
33,77L	F 0,94	50 Free	3 2018-02-17 Limpopo Age Group 7
1:16,09L	LEV2 F	100 Free	2 2017-10-28 Eager Sprint Gala
1:16,53L	LEV2 F 0,44	100 Free	4 2017-11-11 Limpopo Age Group 5
1:14,92L	LEV2 F -1,17	100 Free	4 2017-12-01 Limpopo Champs
1:15,43L	F 0,51	100 Free	3 2018-01-27 LP School Champs 2018
1:12,74L	LEV2 F -2,18	100 Free	4 2018-02-17 Limpopo Age Group 7
6:19,32L	F	400 Free	1 2017-11-11 Limpopo Age Group 5
41,44L	F	50 Back	3 2017-10-14 Limpopo Age Group 4
39,70L	LEV2 F -1,74	50 Back	3 2017-12-01 Limpopo Champs
39,72L	DQ F	50 Back	2018-01-27 LP School Champs 2018
1:28,65L	F	100 Back	3 2017-11-11 Limpopo Age Group 5
1:25,79L	LEV2 F -2,86	100 Back	2017-12-01 Limpopo Champs
1:29,69L	F 3,90	100 Back	2 2018-02-17 Limpopo Age Group 7
43,16L	LEV2 F	50 Breast	1 2017-10-14 Limpopo Age Group 4
42,41L	LEV2 F -0,75	50 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
43,50L	LEV2 F 1,09	50 Breast	1 2017-11-11 Limpopo Age Group 5
41,29L	LEV2 F -1,12	50 Breast	3 2017-12-01 Limpopo Champs
41,08L	LEV2 F -0,21	50 Breast	3 2018-01-27 LP School Champs 2018
43,15L	LEV2 F 2,07	50 Breast	3 2018-02-17 Limpopo Age Group 7
1:38,05L	LEV2 F	100 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
1:37,30L	LEV2 F -0,75	100 Breast	2 2017-10-28 Eager Sprint Gala
1:37,22L	LEV2 F -0,08	100 Breast	2 2017-11-11 Limpopo Age Group 5
1:33,20L	LEV2 F -4,02	100 Breast	3 2017-12-01 Limpopo Champs
1:33,74L	LEV2 F 0,54	100 Breast	3 2018-01-27 LP School Champs 2018
3:31,05L	DQ F	200 Breast	2017-12-01 Limpopo Champs
3:30,53L	F	200 Breast	3 2018-01-27 LP School Champs 2018
3:29,48L	LEV2 F -1,05	200 Breast	3 2018-02-17 Limpopo Age Group 7
43,00L	F	50 Fly	2 2017-10-14 Limpopo Age Group 4
39,44L	F -3,56	50 Fly	5 2017-12-01 Limpopo Champs
39,17L	F -0,27	50 Fly	3 2018-01-27 LP School Champs 2018
3:23,50L	F	200 IM	4 2017-10-14 Limpopo Age Group 4
3:22,29L	F -1,21	200 IM	2 2017-10-28 Eager Sprint Gala
3:11,24L	LEV2 F -11,05	200 IM	6 2017-12-01 Limpopo Champs

TASC-MPD

Converted Times Used To Calculate Improvement

Luhan Olivier (7) M (Yr: AN)

EAGA-CCD

Time	P/F/S	Event	Place
22,42S	F	25 Free	3 2017-08-26 LP Shamu Sprint SC 2017
48,34L	F	50 Free	6 2017-06-24 Limpopo Age Group 1
50,21L	F 1,87	50 Free	15 2017-09-09 Limpopo Age Group 3
48,99L	F 0,65	50 Free	14 2017-10-14 Limpopo Age Group 4
47,96L	F -0,38	50 Free	3 2017-10-28 Eager Sprint Gala
44,15L	F -3,81	50 Free	6 2017-12-01 Limpopo Champs
41,56L	F -2,59	50 Free	1 2018-01-27 LP School Champs 2018
41,38L	F -0,18	50 Free	3 2018-02-17 Limpopo Age Group 7
1:49,35L	F	100 Free	9 2017-12-01 Limpopo Champs
1:34,95L	F -14,40	100 Free	5 2018-02-17 Limpopo Age Group 7
27,56S	F	25 Back	4 2017-08-26 LP Shamu Sprint SC 2017
1:02,87L	F	50 Back	7 2017-06-24 Limpopo Age Group 1
1:02,56L	F -0,31	50 Back	14 2017-09-09 Limpopo Age Group 3
59,72L	F -2,84	50 Back	13 2017-10-14 Limpopo Age Group 4
58,75L	F -0,97	50 Back	2 2017-10-28 Eager Sprint Gala
54,42L	F -4,33	50 Back	8 2017-12-01 Limpopo Champs
54,92L	F 0,50	50 Back	1 2018-01-27 LP School Champs 2018
27,02S	F	25 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
57,42L	F	50 Breast	2 2017-06-24 Limpopo Age Group 1
53,91L	F -3,51	50 Breast	4 2017-09-09 Limpopo Age Group 3
56,08L	F 2,17	50 Breast	6 2017-10-14 Limpopo Age Group 4
57,30L	F 3,39	50 Breast	1 2017-10-28 Eager Sprint Gala
52,33L	F -1,58	50 Breast	2 2017-12-01 Limpopo Champs
50,82L	F -1,51	50 Breast	1 2018-01-27 LP School Champs 2018
50,30L	F -0,52	50 Breast	2 2018-02-17 Limpopo Age Group 7
1:57,70L	F	100 Breast	3 2017-12-01 Limpopo Champs
1:52,75L	LEV2 F -4,95	100 Breast	1 2018-01-27 LP School Champs 2018
26,10S	F	25 Fly	1 2017-08-26 LP Shamu Sprint SC 2017
1:01,66L	F	50 Fly	8 2017-10-14 Limpopo Age Group 4
1:11,34L	F 9,68	50 Fly	3 2017-10-28 Eager Sprint Gala
58,98L	F -2,68	50 Fly	7 2017-12-01 Limpopo Champs
55,60L	F -3,38	50 Fly	2 2018-01-27 LP School Champs 2018
1:58,98S	F	100 IM	2 2017-08-26 LP Shamu Sprint SC 2017
4:37,37L	F	200 IM	1 2017-10-28 Eager Sprint Gala
4:17,24L	F -20,13	200 IM	5 2017-12-01 Limpopo Champs

Danielle Oosthuizen (13) F (Yr: HN)

LSBOS-WBD

1:17,88L	I.	F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
1:43,16L	I.	F	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
53,13L		F	50 Breast	9 2017-11-04 Limpopo Primary School - Top 10
49,22L		F	50 Fly	10 2017-11-04 Limpopo Primary School - Top 10
1:53,72L		F	100 Fly	5 2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Eben Oosthuizen (8) M (Yr: AR)				TKS-SKD
38,35L	F	50 Free	3	2017-07-29 Limpopo Age Group 2
38,72S	F 1,17	50 Free	1	2017-08-05 Tuks Sprint Gala
38,39S	F 0,84	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
38,50L	F 0,15	50 Free	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
38,49L	F 0,14	50 Free	3	2017-10-14 Limpopo Age Group 4
37,59L	F -0,76	50 Free	2	2017-10-28 Eager Sprint Gala
38,45L	F 0,86	50 Free	3	2017-11-04 Limpopo Primary School - Top 10
37,61L	F 0,02	50 Free	2	2017-12-01 Limpopo Champs
37,99L	F 0,40	50 Free	2	2018-01-27 LP School Champs 2018
36,56L	LEV2 F -1,03	50 Free	2	2018-02-17 Limpopo Age Group 7
1:25,71L	LEV2 F	100 Free	5	2017-09-09 Limpopo Age Group 3
1:29,91L	LEV2 F 4,20	100 Free	6	2017-11-11 Limpopo Age Group 5
1:24,98L	LEV2 F -0,73	100 Free	2	2017-12-01 Limpopo Champs
1:27,74L	LEV2 F 2,76	100 Free	2	2018-01-27 LP School Champs 2018
1:19,29L	LEV3 F -5,69	100 Free	2	2018-02-17 Limpopo Age Group 7
3:15,68L	F	200 Free	3	2017-10-14 Limpopo Age Group 4
3:08,15L	LEV2 F -7,53	200 Free	2	2017-12-01 Limpopo Champs
19,71S	F	25 Back	1	2017-08-26 LP Shamu Sprint SC 2017
44,58L	F	50 Back	3	2017-07-29 Limpopo Age Group 2
40,75S	LEV2 F -3,23	50 Back	1	2017-08-05 Tuks Sprint Gala
44,06L	LEV2 F 2,71	50 Back	2	2017-09-09 Limpopo Age Group 3
42,40L	LEV2 F 1,05	50 Back	2	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
44,77L	F 3,42	50 Back	2	2017-10-28 Eager Sprint Gala
42,01L	LEV2 F 0,66	50 Back	2	2017-11-04 Limpopo Primary School - Top 10
44,11L	LEV2 F 2,76	50 Back	2	2017-12-01 Limpopo Champs
1:31,65L	F 50,30	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
41,10L	LEV2 F -0,25	50 Back	2	2018-01-27 LP School Champs 2018
1:35,46S	LEV2 F	100 Back	1	2017-08-05 Tuks Sprint Gala
1:32,90L	LEV2 F -3,76	100 Back	4	2017-09-09 Limpopo Age Group 3
1:36,79L	LEV2 F 3,89	100 Back	4	2017-11-11 Limpopo Age Group 5
1:29,44L	LEV3 F -3,46	100 Back	2	2017-12-01 Limpopo Champs
1:27,35L	DQ F	100 Back		2018-01-27 LP School Champs 2018
3:09,84L	LEV3 F	200 Back	1	2017-10-14 Limpopo Age Group 4
3:01,14L	LEV3 F -8,70	200 Back	1	2017-12-01 Limpopo Champs
3:18,55L	DQ F	200 Back		2018-01-27 LP School Champs 2018
23,98S	F	25 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
54,86L	F	50 Breast	2	2017-07-29 Limpopo Age Group 2
53,46S	DQ F	50 Breast		2017-08-05 Tuks Sprint Gala
50,29L	F -4,57	50 Breast	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
51,72L	F 1,43	50 Breast	1	2017-10-28 Eager Sprint Gala
49,37L	F -0,92	50 Breast	2	2017-12-01 Limpopo Champs
49,84L	F 0,47	50 Breast	1	2018-01-27 LP School Champs 2018
51,35L	F 1,98	50 Breast	3	2018-02-17 Limpopo Age Group 7
1:54,40L	LEV2 F	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:57,78L	F 3,38	100 Breast	9	2017-11-11 Limpopo Age Group 5
1:49,24L	LEV2 F -5,16	100 Breast	2	2017-12-01 Limpopo Champs
4:14,19L	F	200 Breast	2	2017-10-14 Limpopo Age Group 4
4:06,95L	F -7,24	200 Breast	5	2017-12-01 Limpopo Champs
17,51S	F	25 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
44,35L	F	50 Fly	2	2017-07-29 Limpopo Age Group 2
48,55S	F 4,90	50 Fly	1	2017-08-05 Tuks Sprint Gala
45,46L	F 1,11	50 Fly	4	2017-09-09 Limpopo Age Group 3
46,58L	F 2,23	50 Fly	2	2017-10-28 Eager Sprint Gala
38,93L	LEV2 F -5,42	50 Fly	2	2017-12-01 Limpopo Champs
39,33L	LEV2 F 0,40	50 Fly	1	2018-01-27 LP School Champs 2018
40,11L	LEV2 F 1,18	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:48,67L	F	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:50,97L	F 2,30	100 Fly	2	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Eben Oosthuizen (8) M (Yr: AR)								TKS-SKD
1:35,40S	F	100 IM	1	2017-08-26	LP Shamu Sprint SC 2017			
3:27,45L	LEV2 F	200 IM	2	2017-07-29	Limpopo Age Group 2			
3:32,91S	F 8,66	200 IM	1	2017-08-05	Tuks Sprint Gala			
3:39,81L	F 12,36	200 IM	2	2017-10-28	Eager Sprint Gala			
3:32,89L	LEV2 F 5,44	200 IM	3	2017-11-04	Limpopo Primary School - Top 10			
3:40,99L	F 13,54	200 IM	27	2017-12-01	Limpopo Champs			
3:13,41L	LEV3 F -14,04	200 IM	2	2018-01-27	LP School Champs 2018			
3:28,03L	LEV2 F 14,62	200 IM	1	2018-02-17	Limpopo Age Group 7			
Jenuque Oosthuizen (16) F (Yr: GN)								HFDT-MPD
42,25L	F	50 Back	5	2017-10-20	Limpopo Top 10 - High Schools			
44,88L	F	50 Fly	8	2017-10-20	Limpopo Top 10 - High Schools			
Lara Oosthuizen (17) F (Yr: GR)								PHS-CCD
31,71L	F	50 Free	1	2017-10-20	Limpopo Top 10 - High Schools			
1:10,01L	F	100 Free	1	2017-10-20	Limpopo Top 10 - High Schools			
35,12L	F	50 Fly	3	2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Mieke Oosthuizen (11) F (Yr: AR)				TKS-SKD
34,86L	LEV2 F	50 Free	1	2017-07-29 Limpopo Age Group 2
34,74S	LEV2 F 0,68	50 Free	2	2017-08-05 Tuks Sprint Gala
33,88S	LEV2 F -0,18	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
34,89L	LEV2 F 0,21	50 Free	1	2017-09-09 Limpopo Age Group 3
35,27L	LEV2 F 0,59	50 Free	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
33,88L	LEV2 F -0,80	50 Free	2	2017-10-28 Eager Sprint Gala
35,17L	LEV2 F 1,29	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
34,05L	LEV2 F 0,17	50 Free	2	2017-12-01 Limpopo Champs
33,25L	LEV2 F -0,63	50 Free	1	2018-01-27 LP School Champs 2018
34,63L	F 1,38	50 Free	4	2018-02-17 Limpopo Age Group 7
1:16,17S	LEV3 F	100 Free	10	2017-08-05 Tuks Sprint Gala
1:17,90L	LEV3 F 0,13	100 Free	1	2017-09-09 Limpopo Age Group 3
1:17,52L	LEV3 F -0,25	100 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:15,30L	LEV3 F -2,22	100 Free	2	2017-11-11 Limpopo Age Group 5
1:12,00L	LEV3 F -3,30	100 Free	1	2017-12-01 Limpopo Champs
1:13,72L	LEV3 F 1,72	100 Free	1	2018-01-27 LP School Champs 2018
1:14,17L	LEV3 F 2,17	100 Free	2	2018-02-17 Limpopo Age Group 7
2:39,97L	LEV3 F	200 Free	1	2017-12-01 Limpopo Champs
2:44,95L	LEV2 F 4,98	200 Free	1	2018-01-27 LP School Champs 2018
43,43L	LEV2 F	50 Back	2	2017-07-29 Limpopo Age Group 2
38,89S	LEV2 F -3,94	50 Back	2	2017-08-05 Tuks Sprint Gala
38,56S	LEV2 F -0,33	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
42,35L	LEV2 F 3,19	50 Back	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
42,85L	LEV2 F 3,69	50 Back	3	2017-10-28 Eager Sprint Gala
39,37L	LEV2 F 0,21	50 Back	2	2017-12-01 Limpopo Champs
40,37L	LEV2 F 1,21	50 Back	3	2018-01-27 LP School Champs 2018
1:26,82S	LEV3 F	100 Back	1	2017-08-05 Tuks Sprint Gala
1:28,45S	LEV3 F 1,63	100 Back	5	2017-08-19 Small Districts Championship Gala 2017
1:33,08L	LEV2 F 5,06	100 Back	4	2017-09-09 Limpopo Age Group 3
1:30,05L	LEV2 F 2,03	100 Back	1	2017-11-11 Limpopo Age Group 5
1:22,19L	LEV3 F -5,83	100 Back	1	2017-12-01 Limpopo Champs
1:27,57L	LEV2 F 5,38	100 Back	3	2018-01-27 LP School Champs 2018
1:25,09L	LEV3 F 2,90	100 Back	3	2018-02-17 Limpopo Age Group 7
3:10,71L	LEV3 F	200 Back	3	2017-12-01 Limpopo Champs
51,41L	F	50 Breast	1	2017-07-29 Limpopo Age Group 2
45,59S	LEV2 F -4,82	50 Breast	1	2017-08-05 Tuks Sprint Gala
44,49S	LEV2 F -1,10	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
47,85L	F 2,36	50 Breast	1	2017-09-09 Limpopo Age Group 3
48,44L	F 2,95	50 Breast	12	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
52,03L	F 6,54	50 Breast	5	2017-10-28 Eager Sprint Gala
47,26L	F 1,77	50 Breast	5	2017-12-01 Limpopo Champs
1:46,82S	LEV2 F	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:45,05L	LEV2 F -3,77	100 Breast	2	2017-09-09 Limpopo Age Group 3
1:49,43L	LEV2 F 4,38	100 Breast	3	2017-11-11 Limpopo Age Group 5
1:44,73L	LEV2 F -0,32	100 Breast	5	2017-12-01 Limpopo Champs
3:51,29L	LEV2 F	200 Breast	5	2017-12-01 Limpopo Champs
40,52L	LEV2 F	50 Fly	1	2017-07-29 Limpopo Age Group 2
39,36S	LEV2 F -0,46	50 Fly	2	2017-08-05 Tuks Sprint Gala
37,69S	LEV2 F -1,67	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
39,53L	LEV2 F 1,14	50 Fly	6	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
39,40L	LEV2 F 1,01	50 Fly	1	2017-10-28 Eager Sprint Gala
39,36L	LEV2 F 0,97	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
37,97L	LEV2 F -0,42	50 Fly	1	2017-12-01 Limpopo Champs
36,99L	LEV2 F -0,98	50 Fly	1	2018-01-27 LP School Champs 2018
38,59L	LEV2 F 1,60	50 Fly	5	2018-02-17 Limpopo Age Group 7
1:28,49S	LEV2 F	100 Fly	1	2017-08-05 Tuks Sprint Gala
1:30,15S	LEV2 F 1,66	100 Fly	3	2017-08-19 Small Districts Championship Gala 2017
1:32,32L	LEV2 F 2,43	100 Fly	1	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Mieke Oosthuizen (11) F (Yr: AR)				TKS-SKD
1:34,00L	LEV2 F 4,11	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:30,68L	LEV2 F 0,79	100 Fly	1	2017-12-01 Limpopo Champs
1:26,80L	LEV2 F -3,09	100 Fly	1	2018-01-27 LP School Champs 2018
1:27,73L	LEV2 F 0,93	100 Fly	1	2018-02-17 Limpopo Age Group 7
3:18,39L	LEV2 F	200 IM	1	2017-07-29 Limpopo Age Group 2
3:10,64S	LEV3 F -4,55	200 IM	4	2017-08-19 Small Districts Championship Gala 2017
3:00,70S	LEV3 F -9,94	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017
3:11,81L	LEV3 F 7,91	200 IM	2	2017-10-28 Eager Sprint Gala
3:09,85L	LEV3 F 5,95	200 IM	8	2017-12-01 Limpopo Champs
3:10,53L	LEV2 F 6,63	200 IM	3	2018-01-27 LP School Champs 2018
Pieter Oosthuizen (12) M				LSPN-MPD
42,89L	F	50 Free	10	2018-01-27 LP School Champs 2018
57,15L	F	50 Breast	4	2018-01-27 LP School Champs 2018
4:45,44L	F	200 IM	9	2018-01-27 LP School Champs 2018
Preston Oosthuizen (8) M (Yr: CR)				EAGA-CCD
46,89L	F	50 Free	14	2017-07-29 Limpopo Age Group 2
NS	F	50 Free		2017-09-09 Limpopo Age Group 3
NS	F	100 Free		2017-09-09 Limpopo Age Group 3
1:04,84L	F	50 Back	16	2017-07-29 Limpopo Age Group 2
NS	F	50 Back		2017-09-09 Limpopo Age Group 3
NS	F	50 Breast		2017-09-09 Limpopo Age Group 3
NS	F	100 Breast		2017-09-09 Limpopo Age Group 3
1:09,44L	F	50 Fly	11	2017-07-29 Limpopo Age Group 2
Tashné Opperman (12) F (Yr: HR)				LSTZN-MPD
1:14,66L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
37,67L	F -36,99	50 Free	12	2018-01-27 LP School Champs 2018
1:25,44L	F	100 Free	12	2018-01-27 LP School Champs 2018
43,70L	F	50 Back	11	2018-01-27 LP School Champs 2018
45,74L	F	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
46,21L	F 0,47	50 Breast	4	2018-01-27 LP School Champs 2018
1:41,57L	LEV2 F	100 Breast	1	2017-11-04 Limpopo Primary School - Top 10
1:42,55L	LEV2 F 0,98	100 Breast	4	2018-01-27 LP School Champs 2018
42,05L	F	50 Fly	5	2017-11-04 Limpopo Primary School - Top 10
44,37L	F 2,32	50 Fly	9	2018-01-27 LP School Champs 2018
1:43,68L	F	100 Fly	4	2017-11-04 Limpopo Primary School - Top 10
Linelle O'Reilly (13) F (Yr: HR)				LPTBO-CCD
35,45L	F	50 Free	5	2017-11-04 Limpopo Primary School - Top 10
1:20,12L	LEV2 F	100 Free	5	2017-11-04 Limpopo Primary School - Top 10
45,33L	F	50 Fly	8	2017-11-04 Limpopo Primary School - Top 10
1:46,73L	F	100 Fly	4	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
John O'Reilly (12) M (Yr: AR)				EAGA-CCD
30,85L	I. LEV2 F	200 Free Relay Lead Off	2017-07-03	Sasol National Championship 2017
31,86L	I. LEV2 F	200 Free Relay Lead Off	2017-07-03	Sasol National Championship 2017
35,44L	P	50 Free	19 2017-07-03	Sasol National Championship 2017
31,72L	LEV2 F 0,87	50 Free	9 2017-12-01	Limpopo Champs
1:09,98L	LEV2 F	100 Free	2 2017-10-28	Eager Sprint Gala
1:13,45L	LEV2 F 3,47	100 Free	8 2017-12-01	Limpopo Champs
2:32,55L	LEV3 F	200 Free	4 2017-07-03	Sasol National Championship 2017
2:35,72L	LEV3 P	200 Free	8 2017-07-03	Sasol National Championship 2017
2:28,24L	LEV3 F -4,31	200 Free	4 2017-12-01	Limpopo Champs
2:27,00L	LEV2 F -1,24	200 Free	2 2018-01-27	LP School Champs 2018
2:39,04L	LEV2 F 12,04	200 Free	3 2018-02-17	Limpopo Age Group 7
5:25,26L	LEV3 F	400 Free	1 2017-06-24	Limpopo Age Group 1
5:16,36L	SANJ F -8,90	400 Free	27 2017-07-03	Sasol National Championship 2017
5:16,73L	LEV3 F 0,37	400 Free	2 2017-09-09	Limpopo Age Group 3
5:07,73L	LEV3 F -8,63	400 Free	10 2017-12-01	Limpopo Champs
5:12,60L	LEV3 F 4,87	400 Free	12 2017-12-06	NTS Championships 2017
20:22,45L	F	1500 Free	12 2017-07-03	Sasol National Championship 2017
20:36,14L	F 13,69	1500 Free	4 2017-12-01	Limpopo Champs
43,47L	F	50 Back	10 2017-12-01	Limpopo Champs
1:24,69S	F	100 Back	4 2017-08-05	Tuks Sprint Gala
1:31,47L	F 5,58	100 Back	2 2017-10-28	Eager Sprint Gala
1:30,69L	F 4,80	100 Back	10 2017-12-01	Limpopo Champs
3:00,33L	LEV2 F	200 Back	4 2017-12-01	Limpopo Champs
40,87L	LEV2 F	50 Breast	1 2017-06-24	Limpopo Age Group 1
37,14L	LEV2 F -3,73	50 Breast	1 2017-07-03	Sasol National Championship 2017
38,46L	LEV2 P -2,41	50 Breast	1 2017-07-03	Sasol National Championship 2017
37,53S	LEV2 F 1,39	50 Breast	1 2017-08-05	Tuks Sprint Gala
37,23L	LEV2 F 0,09	50 Breast	1 2017-11-04	Limpopo Primary School - Top 10
37,40L	LEV2 F 0,26	50 Breast	1 2017-12-01	Limpopo Champs
37,55L	LEV2 P 0,41	50 Breast	6 2017-12-06	NTS Championships 2017
41,29L	F 4,15	50 Breast	2 2018-01-27	LP School Champs 2018
1:31,92L	LEV3 F	100 Breast	1 2017-06-24	Limpopo Age Group 1
1:21,12L	SANJ F -10,80	100 Breast	2 2017-07-03	Sasol National Championship 2017
1:23,44L	SANJ P -8,48	100 Breast	1 2017-07-03	Sasol National Championship 2017
1:27,73S	LEV2 F 8,61	100 Breast	2 2017-08-05	Tuks Sprint Gala
1:21,46S	LEV3 F 2,34	100 Breast	3 2017-08-19	Small Districts Championship Gala 2017
1:22,30L	LEV3 F 1,18	100 Breast	1 2017-09-09	Limpopo Age Group 3
1:26,70L	LEV3 F 5,58	100 Breast	1 2017-10-28	Eager Sprint Gala
1:24,22L	LEV3 F 3,10	100 Breast	1 2017-11-04	Limpopo Primary School - Top 10
1:21,01L	LEV3 F -0,11	100 Breast	1 2017-12-01	Limpopo Champs
1:22,52L	LEV3 P 1,51	100 Breast	6 2017-12-06	NTS Championships 2017
1:24,80L	LEV2 F 3,79	100 Breast	2 2018-01-27	LP School Champs 2018
1:32,37L	LEV2 F 11,36	100 Breast	4 2018-02-17	Limpopo Age Group 7
3:00,42L	SANJ F	200 Breast	2 2017-07-03	Sasol National Championship 2017
3:07,19L	SANJ P	200 Breast	1 2017-07-03	Sasol National Championship 2017
3:12,29L	LEV3 F 11,87	200 Breast	1 2017-07-29	Limpopo Age Group 2
3:01,81L	LEV3 F 1,39	200 Breast	1 2017-12-01	Limpopo Champs
3:00,72L	LEV3 P 0,30	200 Breast	5 2017-12-06	NTS Championships 2017
3:01,78L	LEV3 F 1,36	200 Breast	6 2017-12-06	NTS Championships 2017
3:01,26L	LEV2 F 0,84	200 Breast	1 2018-01-27	LP School Champs 2018
3:01,77L	LEV3 F 1,35	200 Breast	1 2018-02-17	Limpopo Age Group 7
33,96L	LEV2 F	50 Fly	1 2017-06-24	Limpopo Age Group 1
31,71L	LEV2 F -2,25	50 Fly	2 2017-07-03	Sasol National Championship 2017
32,45L	LEV2 P -1,51	50 Fly	2 2017-07-03	Sasol National Championship 2017
32,49L	LEV2 F 0,78	50 Fly	1 2017-07-29	Limpopo Age Group 2
33,15S	LEV2 F 2,14	50 Fly	1 2017-08-05	Tuks Sprint Gala
32,41L	LEV2 F 0,70	50 Fly	1 2017-11-04	Limpopo Primary School - Top 10
31,52L	LEV2 F -0,19	50 Fly	1 2017-12-01	Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
John O'Reilly (13) M (Yr: AR)				EAGA-CCD
32,76L	LEV2 P	1,24 50 Fly	13	2017-12-06 NTS Championships 2017
38,02L	F	6,50 50 Fly	6	2018-01-27 LP School Champs 2018
1:12,46L	SANJ F	100 Fly	1	2017-07-03 Sasol National Championship 2017
1:16,41L	LEV3 F	3,95 100 Fly	1	2017-07-29 Limpopo Age Group 2
1:12,97S	LEV3 F	1,91 100 Fly	1	2017-08-05 Tuks Sprint Gala
1:11,31S	LEV3 F	0,25 100 Fly	2	2017-08-19 Small Districts Championship Gala 2017
1:17,99L	LEV2 F	5,53 100 Fly	2	2017-10-28 Eager Sprint Gala
1:12,61L	LEV3 F	0,15 100 Fly	1	2017-11-04 Limpopo Primary School - Top 10
1:11,00L	LEV3 F	-1,46 100 Fly	1	2017-12-01 Limpopo Champs
1:13,26L	LEV3 P	2,26 100 Fly	10	2017-12-06 NTS Championships 2017
1:14,63L	LEV2 F	3,63 100 Fly	1	2018-01-27 LP School Champs 2018
1:16,53L	LEV2 F	5,53 100 Fly	1	2018-02-17 Limpopo Age Group 7
2:54,11L	F	200 Fly	13	2017-07-03 Sasol National Championship 2017
3:01,34L	F	7,23 200 Fly	2	2017-09-09 Limpopo Age Group 3
2:50,85L	LEV3 F	200 IM	1	2017-06-24 Limpopo Age Group 1
2:46,79L	SANJ F	-4,06 200 IM	4	2017-07-03 Sasol National Championship 2017
2:48,10L	SANJ P	-2,75 200 IM	4	2017-07-03 Sasol National Championship 2017
2:50,53L	LEV3 F	3,74 200 IM	1	2017-07-29 Limpopo Age Group 2
2:41,80S	LEV3 F	-1,79 200 IM	2	2017-08-05 Tuks Sprint Gala
2:52,64S	LEV2 F	10,84 200 IM	5	2017-08-19 Small Districts Championship Gala 2017
3:06,57L	F	21,57 200 IM	2	2017-10-28 Eager Sprint Gala
3:00,27L	LEV2 F	15,27 200 IM	8	2017-12-01 Limpopo Champs
Lana Otto (12) F (Yr: HR)				UNIC-MPD
1:34,39L	I. F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:41,76L	F	100 Back	7	2017-11-04 Limpopo Primary School - Top 10
Ido Paetzold (8) M (Yr: HN)				LSPHA-MPD
1:17,70L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10
Ulf Paetzold (8) M				LSPHA-MPD
2:12,28L	I. F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Izabella Paissopoulos (13) F (Yr: GN)				TKS-SKD
32,43L	LEV2 F	50 Free	1	2017-10-14 Limpopo Age Group 4
32,78L	LEV2 F	0,35 50 Free	3	2017-11-04 Limpopo Primary School - Top 10
1:13,07L	LEV2 F	100 Free	2	2017-10-28 Eager Sprint Gala
1:12,75L	LEV2 F	-0,32 100 Free	2	2017-11-04 Limpopo Primary School - Top 10
43,35L	F	50 Back	2	2017-10-14 Limpopo Age Group 4
1:33,91L	F	100 Back	5	2017-10-28 Eager Sprint Gala
1:34,03L	DQ F	100 Back		2017-11-04 Limpopo Primary School - Top 10
47,72L	F	50 Breast	2	2017-10-14 Limpopo Age Group 4
36,25L	LEV2 F	50 Fly	1	2017-10-14 Limpopo Age Group 4
34,40L	LEV2 F	-1,85 50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
1:31,42L	F	100 Fly	2	2017-10-28 Eager Sprint Gala
3:31,06L	F	200 IM	6	2017-10-14 Limpopo Age Group 4
3:23,73L	F	-7,33 200 IM	7	2017-11-04 Limpopo Primary School - Top 10
Mark Palmer (16) M (Yr: GR)				HSBV-SKD
1:31,99L	F	100 Back	4	2017-10-20 Limpopo Top 10 - High Schools
Ludkin Papenfus (9) M (Yr: HR)				LSPHA-MPD
59,70L	DQ F	50 Breast		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Francisco Patricio (11) M (Yr: AN)				TKS-SKD
38,25L	F	50 Free	8	2017-07-29 Limpopo Age Group 2
38,20S	F 0,75	50 Free	3	2017-08-05 Tuks Sprint Gala
39,47S	F 2,02	50 Free	7	2017-08-26 LP Shamu Sprint SC 2017
37,63L	F -0,62	50 Free	4	2017-10-14 Limpopo Age Group 4
36,72L	F -0,91	50 Free	6	2017-10-28 Eager Sprint Gala
39,49L	F 2,77	50 Free	7	2017-11-04 Limpopo Primary School - Top 10
35,66L	F -1,06	50 Free	7	2017-12-01 Limpopo Champs
36,78L	F 1,12	50 Free	9	2018-01-27 LP School Champs 2018
1:33,01L	F	100 Free	6	2017-11-04 Limpopo Primary School - Top 10
1:24,38L	F -8,63	100 Free	6	2017-12-01 Limpopo Champs
1:23,09L	F -1,29	100 Free	9	2018-01-27 LP School Champs 2018
3:07,53L	F	200 Free	7	2017-12-01 Limpopo Champs
3:04,47L	F -3,06	200 Free	7	2018-01-27 LP School Champs 2018
46,55L	F	50 Back	4	2017-07-29 Limpopo Age Group 2
45,14S	F -0,81	50 Back	5	2017-08-05 Tuks Sprint Gala
44,74S	F -0,40	50 Back	7	2017-08-26 LP Shamu Sprint SC 2017
44,26L	LEV2 F -1,08	50 Back	3	2017-10-14 Limpopo Age Group 4
43,63L	LEV2 F -0,63	50 Back	4	2017-10-28 Eager Sprint Gala
45,44L	F 1,81	50 Back	6	2017-11-04 Limpopo Primary School - Top 10
42,49L	F -1,14	50 Back	5	2017-12-01 Limpopo Champs
1:25,94L	I F 42,31	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
42,03L	F -0,46	50 Back	7	2018-01-27 LP School Champs 2018
1:33,49L	F	100 Back	7	2017-12-01 Limpopo Champs
1:32,47L	F -1,02	100 Back	7	2018-01-27 LP School Champs 2018
3:14,24L	LEV2 F	200 Back	4	2017-12-01 Limpopo Champs
57,01L	F	50 Breast	2	2017-07-29 Limpopo Age Group 2
55,25S	F -0,76	50 Breast	3	2017-08-05 Tuks Sprint Gala
56,81S	F 1,56	50 Breast	8	2017-08-26 LP Shamu Sprint SC 2017
51,68L	F -4,57	50 Breast	3	2017-10-14 Limpopo Age Group 4
54,10L	F 2,42	50 Breast	5	2017-10-28 Eager Sprint Gala
52,91L	F 1,23	50 Breast	8	2017-12-01 Limpopo Champs
50,87L	F -0,81	50 Breast	8	2018-01-27 LP School Champs 2018
2:01,06S	F	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:52,68L	F -10,38	100 Breast	7	2017-12-01 Limpopo Champs
44,80L	F	50 Fly	3	2017-07-29 Limpopo Age Group 2
43,02S	F -1,08	50 Fly	3	2017-08-05 Tuks Sprint Gala
44,30S	F 1,28	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
44,39L	F 0,67	50 Fly	5	2017-10-14 Limpopo Age Group 4
44,02L	F 0,30	50 Fly	3	2017-10-28 Eager Sprint Gala
41,98L	F -1,74	50 Fly	6	2017-12-01 Limpopo Champs
44,39L	F 2,41	50 Fly	9	2018-01-27 LP School Champs 2018
1:51,13L	F	100 Fly	4	2017-11-04 Limpopo Primary School - Top 10
NS	F	200 IM		2017-08-05 Tuks Sprint Gala
3:36,57S	F	200 IM	6	2017-08-26 LP Shamu Sprint SC 2017
3:36,60L	F -3,17	200 IM	3	2017-10-14 Limpopo Age Group 4
3:33,07L	LEV2 F -3,53	200 IM	3	2017-10-28 Eager Sprint Gala
3:37,54L	F 4,47	200 IM	9	2017-11-04 Limpopo Primary School - Top 10
3:19,21L	F -13,86	200 IM	17	2017-12-01 Limpopo Champs
3:25,00L	F 5,79	200 IM	6	2018-01-27 LP School Champs 2018
Murilo Patrico (9) M				EAGAB-CCD
1:11,48S	F	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
1:02,91S	F	50 Back	6	2017-08-26 LP Shamu Sprint SC 2017
1:35,35S	DQ F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
Sarah Peters (14) F (Yr: GN)				HSTAN-MPD
37,07L	F	50 Free	8	2017-10-20 Limpopo Top 10 - High Schools
1:24,76L	F	100 Free	6	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Kathleen Petzer (13) F (Yr: HR)				MITCH-CCD
38,55L	F	50 Free	9	2017-11-04 Limpopo Primary School - Top 10
1:29,10L	F	100 Free	9	2017-11-04 Limpopo Primary School - Top 10
39,33L	LEV2 F	50 Fly	4	2017-11-04 Limpopo Primary School - Top 10
Phetoho Phume (8) F				TKSB-WBD
1:30,81S	F	50 Free	9	2017-08-05 Tuks Sprint Gala
Zw Pienaar (15) M				LOTTB-WBD
38,43S	F	50 Free	2	2017-08-05 Tuks Sprint Gala
45,63S	F	50 Back	2	2017-08-05 Tuks Sprint Gala
45,54S	F	50 Breast	2	2017-08-05 Tuks Sprint Gala
1:40,42S	F	100 Breast	2	2017-08-05 Tuks Sprint Gala
47,30S	F	50 Fly	1	2017-08-05 Tuks Sprint Gala
Cara Pieterse (13) F (Yr: DR)				ELRAS-WBD
38,74L	F	50 Free	2	2017-09-09 Limpopo Age Group 3
36,88L	F -1,26	50 Free	8	2017-12-01 Limpopo Champs
1:11,44L	F 33,30	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
37,17L	F 0,29	50 Free	8	2018-01-27 LP School Champs 2018
1:24,38L	F -2,59	100 Free	6	2017-10-28 Eager Sprint Gala
1:26,14L	F 1,76	100 Free	4	2017-11-11 Limpopo Age Group 5
1:24,80L	F 0,42	100 Free	9	2017-12-01 Limpopo Champs
48,23L	F	50 Back	3	2017-09-09 Limpopo Age Group 3
48,37L	F 2,40	50 Back	3	2017-11-11 Limpopo Age Group 5
45,46L	F -0,51	50 Back	10	2017-12-01 Limpopo Champs
1:46,17L	F	100 Back	7	2017-10-28 Eager Sprint Gala
51,27L	F	50 Breast	4	2017-09-09 Limpopo Age Group 3
51,99L	F 1,52	50 Breast	3	2017-11-11 Limpopo Age Group 5
50,21L	F -0,26	50 Breast	6	2018-01-27 LP School Champs 2018
1:57,40L	F 4,38	100 Breast	4	2017-10-28 Eager Sprint Gala
1:54,66L	F 1,64	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:50,08L	F -2,94	100 Breast	8	2017-12-01 Limpopo Champs
1:52,74L	F 2,66	100 Breast	8	2018-01-27 LP School Champs 2018
3:56,33L	F	200 Breast	6	2017-12-01 Limpopo Champs
42,15L	F	50 Fly	2	2017-09-09 Limpopo Age Group 3
41,84L	F 2,19	50 Fly	2	2017-11-11 Limpopo Age Group 5
44,70L	F 5,05	50 Fly	7	2017-12-01 Limpopo Champs
43,24L	F 3,59	50 Fly	6	2018-01-27 LP School Champs 2018
1:44,56L	F	100 Fly	4	2017-10-28 Eager Sprint Gala
1:42,09L	F -2,47	100 Fly	7	2017-12-01 Limpopo Champs
3:37,01L	F 6,63	200 IM	5	2017-10-28 Eager Sprint Gala
3:27,13L	F -3,25	200 IM	16	2017-12-01 Limpopo Champs
Lianie Pietersen (5) F				TKSB-WBD
37,10S	F	25 Free	1	2017-08-26 LP Shamu Sprint SC 2017
39,46S	F	25 Back	1	2017-08-26 LP Shamu Sprint SC 2017
41,31S	F	25 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
Mj Pohl (7) M				SSB-MPD
NS	F	25 Free		2017-08-26 LP Shamu Sprint SC 2017
NS	F	25 Breast		2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Carlia Potgieter (8) F (Yr: AR)

TKS-SKD

Time	P/F/S	Event	Place
43,32L	F	50 Free	6 2017-07-29 Limpopo Age Group 2
44,75S	F 2,23	50 Free	2 2017-08-05 Tuks Sprint Gala
44,63S	F 2,11	50 Free	3 2017-08-26 LP Shamu Sprint SC 2017
45,81L	F 2,49	50 Free	7 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
43,59L	F 0,27	50 Free	7 2017-10-14 Limpopo Age Group 4
1:41,27L I.	F 57,95	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
42,99L	F -0,33	50 Free	3 2017-12-01 Limpopo Champs
1:43,17L	F	100 Free	3 2017-12-01 Limpopo Champs
24,13S	F	25 Back	3 2017-08-26 LP Shamu Sprint SC 2017
56,65L	F	50 Back	6 2017-07-29 Limpopo Age Group 2
NS	F	50 Back	2017-08-05 Tuks Sprint Gala
53,71L	F -2,94	50 Back	7 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
56,82L DQ	F	50 Back	2017-10-14 Limpopo Age Group 4
51,90L	F -1,81	50 Back	6 2017-11-04 Limpopo Primary School - Top 10
26,44S	F	25 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
1:02,97L	F	50 Breast	2 2017-07-29 Limpopo Age Group 2
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala
58,43L	F -4,54	50 Breast	8 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
57,42L	F -1,01	50 Breast	3 2017-10-14 Limpopo Age Group 4
21,71S	F	25 Fly	1 2017-08-26 LP Shamu Sprint SC 2017
56,04L	F	50 Fly	3 2017-07-29 Limpopo Age Group 2
55,69S	F 0,35	50 Fly	2 2017-08-05 Tuks Sprint Gala
1:08,25L DQ	F	50 Fly	2017-10-14 Limpopo Age Group 4
56,63L	F 0,59	50 Fly	4 2017-12-01 Limpopo Champs
1:54,50S	F	100 IM	3 2017-08-26 LP Shamu Sprint SC 2017
NS	F	200 IM	2017-07-29 Limpopo Age Group 2
NS	F	200 IM	2017-08-05 Tuks Sprint Gala
4:16,36L	F	200 IM	7 2017-10-14 Limpopo Age Group 4
4:19,21L	F 2,85	200 IM	4 2017-12-01 Limpopo Champs

Hanro Potgieter (13) M (Yr: HR)

LPTBO-CCD

1:26,95L I.	F	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
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Converted Times Used To Calculate Improvement

Lara Potgieter (12) F (Yr: AR)

TKS-SKD

Time	P/F/S	Event	Place
33,05S	LEV2 F	50 Free	1 2017-08-26 LP Shamu Sprint SC 2017
32,86L	LEV2 F -0,99	50 Free	2 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
32,85L	LEV2 F -0,01	50 Free	1 2017-11-04 Limpopo Primary School - Top 10
32,20L	LEV2 F -0,65	50 Free	4 2017-12-01 Limpopo Champs
32,70L	LEV2 F 0,50	50 Free	4 2018-01-27 LP School Champs 2018
32,11L	LEV2 F -0,09	50 Free	2 2018-02-17 Limpopo Age Group 7
NS	F	100 Free	2017-08-05 Tuks Sprint Gala
1:18,15S	LEV2 F	100 Free	7 2017-08-19 Small Districts Championship Gala 2017
1:12,61L	LEV3 F -7,14	100 Free	1 2017-11-04 Limpopo Primary School - Top 10
1:15,01L	LEV3 F 2,40	100 Free	4 2017-12-01 Limpopo Champs
1:15,47L	LEV2 F 2,86	100 Free	4 2018-01-27 LP School Champs 2018
2:56,91L	LEV2 F	200 Free	3 2017-10-14 Limpopo Age Group 4
38,05S	LEV2 F	50 Back	1 2017-08-26 LP Shamu Sprint SC 2017
39,99L	LEV2 F 1,34	50 Back	5 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
37,60L	LEV2 F -1,05	50 Back	2 2018-01-27 LP School Champs 2018
39,25L	LEV2 F 1,65	50 Back	2 2018-02-17 Limpopo Age Group 7
1:27,95S	LEV2 F	100 Back	3 2017-08-05 Tuks Sprint Gala
1:26,19L	LEV2 F -2,96	100 Back	2 2018-01-27 LP School Champs 2018
1:23,43L	LEV3 F -2,76	100 Back	2 2018-02-17 Limpopo Age Group 7
3:14,52L	LEV2 F	200 Back	2 2017-10-14 Limpopo Age Group 4
3:12,12L	LEV2 F -2,40	200 Back	3 2017-12-01 Limpopo Champs
3:10,01L	LEV2 F -2,11	200 Back	2 2018-01-27 LP School Champs 2018
44,63S	F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
43,84L	LEV2 F -1,79	50 Breast	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
43,58L	LEV2 F -0,26	50 Breast	1 2018-01-27 LP School Champs 2018
44,71L	F 1,13	50 Breast	2 2018-02-17 Limpopo Age Group 7
1:39,46S	LEV2 F	100 Breast	2 2017-08-05 Tuks Sprint Gala
1:38,69S	LEV2 F -0,77	100 Breast	7 2017-08-19 Small Districts Championship Gala 2017
1:36,01L	LEV2 F -4,68	100 Breast	2 2018-01-27 LP School Champs 2018
1:36,31L	LEV3 F 0,30	100 Breast	3 2018-02-17 Limpopo Age Group 7
3:44,89L	LEV2 F	200 Breast	2 2017-10-14 Limpopo Age Group 4
3:31,06L	LEV2 F -13,83	200 Breast	2 2017-12-01 Limpopo Champs
41,47S	F	50 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
42,00L	F -0,17	50 Fly	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
39,55L	LEV2 F -2,45	50 Fly	3 2017-11-04 Limpopo Primary School - Top 10
40,22L	LEV2 F 0,67	50 Fly	5 2017-12-01 Limpopo Champs
1:34,75L	F	100 Fly	1 2017-11-04 Limpopo Primary School - Top 10
3:12,71S	LEV2 F	200 IM	2 2017-08-26 LP Shamu Sprint SC 2017
3:13,05L	LEV2 F -2,86	200 IM	9 2017-12-01 Limpopo Champs
3:08,57L	LEV2 F -4,48	200 IM	2 2018-01-27 LP School Champs 2018

Riani Potgieter (6) F

TKSB-WBD

57,75L	F	50 Free	3 2017-10-28 Eager Sprint Gala
1:16,15L	F	50 Breast	3 2017-10-28 Eager Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruan Potgieter (10) M (Yr: AR)				EAGA-CCD
33,11L	LEV2 F	50 Free	3	2017-07-03 Sasol National Championship 2017
33,19L	LEV2 F	200 Free Relay Lead Off		2017-07-03 Sasol National Championship 2017
33,72L	LEV2 P	50 Free	3	2017-07-03 Sasol National Championship 2017
32,91L	LEV2 F -0,20	50 Free	1	2017-10-28 Eager Sprint Gala
1:14,40L	LEV2 F 41,49	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
32,41L	LEV2 F -0,50	50 Free	1	2017-12-01 Limpopo Champs
1:11,29L	LEV3 F	100 Free	1	2017-07-03 Sasol National Championship 2017
1:12,11L	LEV3 F 0,82	100 Free	1	2017-09-09 Limpopo Age Group 3
1:12,33L	LEV3 F 1,04	100 Free	1	2017-11-11 Limpopo Age Group 5
1:12,45L	LEV3 F 1,16	100 Free	1	2017-12-01 Limpopo Champs
1:12,72L	LEV3 F 1,43	100 Free	1	2018-01-27 LP School Champs 2018
1:10,81L	LEV3 F -0,48	100 Free	1	2018-02-17 Limpopo Age Group 7
2:37,69L	LEV3 F	200 Free	1	2017-07-03 Sasol National Championship 2017
2:38,95L	LEV3 P	200 Free	1	2017-07-03 Sasol National Championship 2017
2:39,83L	LEV3 F 2,14	200 Free	1	2017-12-01 Limpopo Champs
2:36,70L	LEV3 F -0,99	200 Free	1	2018-01-27 LP School Champs 2018
2:45,63L	LEV3 F 8,93	200 Free	2	2018-02-17 Limpopo Age Group 7
5:30,62L	LEV3 F	400 Free	2	2017-12-01 Limpopo Champs
5:37,60L	LEV3 F 6,98	400 Free	1	2018-01-27 LP School Champs 2018
38,32L	LEV2 F	50 Back	3	2017-07-03 Sasol National Championship 2017
39,15L	LEV2 P	50 Back	3	2017-07-03 Sasol National Championship 2017
39,45L	LEV2 F 1,13	50 Back	1	2017-10-28 Eager Sprint Gala
40,56L	LEV2 F 2,24	50 Back	1	2017-11-11 Limpopo Age Group 5
38,37L	LEV2 F 0,05	50 Back	2	2017-12-01 Limpopo Champs
1:24,02L	LEV3 F	100 Back	3	2017-07-03 Sasol National Championship 2017
1:26,43L	LEV3 P	100 Back	3	2017-07-03 Sasol National Championship 2017
1:25,73L	LEV3 F 1,71	100 Back	1	2017-09-09 Limpopo Age Group 3
1:26,42L	LEV3 F 2,40	100 Back	1	2017-11-11 Limpopo Age Group 5
1:21,43L	LEV3 F -2,59	100 Back	1	2017-12-01 Limpopo Champs
1:22,09L	LEV3 F 0,66	100 Back	1	2018-01-27 LP School Champs 2018
1:26,36L	LEV3 F 4,93	100 Back	1	2018-02-17 Limpopo Age Group 7
2:58,81L	LEV3 F	200 Back	2	2017-07-03 Sasol National Championship 2017
3:01,32L	LEV3 P	200 Back	2	2017-07-03 Sasol National Championship 2017
2:58,65L	LEV3 F -0,16	200 Back	1	2017-12-01 Limpopo Champs
2:58,20L	LEV3 F -0,45	200 Back	1	2018-01-27 LP School Champs 2018
42,63L	LEV2 F	50 Breast	1	2017-07-03 Sasol National Championship 2017
43,98L	LEV2 P	50 Breast	1	2017-07-03 Sasol National Championship 2017
43,91L	LEV2 F 1,28	50 Breast	1	2017-09-09 Limpopo Age Group 3
46,57L	LEV2 F 3,94	50 Breast	1	2017-10-28 Eager Sprint Gala
45,31L	LEV2 F 2,68	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
44,19L	LEV2 F 1,56	50 Breast	1	2017-12-01 Limpopo Champs
1:35,91L	LEV3 F	100 Breast	1	2017-07-03 Sasol National Championship 2017
1:38,32L	LEV3 P	100 Breast	1	2017-07-03 Sasol National Championship 2017
1:36,84L	LEV3 F 0,93	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:39,58L	LEV3 F 3,67	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:40,63L	DQ F	100 Breast		2017-12-01 Limpopo Champs
1:35,73L	LEV3 F -0,18	100 Breast	1	2018-01-27 LP School Champs 2018
1:41,06L	LEV2 F 5,33	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:27,28L	LEV3 F	200 Breast	1	2017-07-03 Sasol National Championship 2017
3:36,75L	LEV3 P	200 Breast	1	2017-07-03 Sasol National Championship 2017
3:30,09L	LEV3 F 2,81	200 Breast	1	2017-12-01 Limpopo Champs
3:37,63L	LEV3 F 10,35	200 Breast	1	2018-01-27 LP School Champs 2018
37,40L	LEV2 F	50 Fly	4	2017-07-03 Sasol National Championship 2017
39,28L	LEV2 P	50 Fly	5	2017-07-03 Sasol National Championship 2017
38,13L	LEV2 F 0,73	50 Fly	1	2017-09-09 Limpopo Age Group 3
39,34L	LEV2 F 1,94	50 Fly	1	2017-10-28 Eager Sprint Gala
38,32L	LEV2 F 0,92	50 Fly	1	2017-11-04 Limpopo Primary School - Top 10
38,73L	LEV2 F 1,33	50 Fly	1	2017-11-11 Limpopo Age Group 5

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruan Potgieter (10) M (Yr: AR)				EAGA-CCD
37,38L	LEV2 F -0,02	50 Fly	1	2017-12-01 Limpopo Champs
2:59,29L	LEV3 F	200 IM	1	2017-07-03 Sasol National Championship 2017
3:04,10L	LEV3 P	200 IM	1	2017-07-03 Sasol National Championship 2017
3:05,80L	LEV3 F 6,51	200 IM	1	2017-10-28 Eager Sprint Gala
3:04,46L	LEV3 F 5,17	200 IM	1	2017-11-04 Limpopo Primary School - Top 10
3:00,46L	LEV3 F 1,17	200 IM	9	2017-12-01 Limpopo Champs
2:55,41L	LEV3 F -3,88	200 IM	1	2018-01-27 LP School Champs 2018
3:02,04L	LEV3 F 6,63	200 IM	1	2018-02-17 Limpopo Age Group 7
Hendrik Potgieter (9) M (Yr: AR)				TKS-SKD
40,75L	F	50 Free	5	2017-07-29 Limpopo Age Group 2
42,66S	F 2,71	50 Free	4	2017-08-05 Tuks Sprint Gala
42,04S	F 2,09	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
42,66L	F 1,91	50 Free	5	2017-09-09 Limpopo Age Group 3
39,01L	F -1,74	50 Free	9	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
38,02L	F -0,99	50 Free	3	2017-10-28 Eager Sprint Gala
38,54L	F 0,52	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
39,11L	F 1,09	50 Free	5	2017-12-01 Limpopo Champs
1:31,22L	LEV2 F	100 Free	7	2017-09-09 Limpopo Age Group 3
1:25,39L	LEV2 F -5,83	100 Free	3	2017-12-01 Limpopo Champs
57,10L	F	50 Back	8	2017-07-29 Limpopo Age Group 2
52,04S	F -4,46	50 Back	6	2017-08-05 Tuks Sprint Gala
49,35S	F -2,69	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
49,41L	F -0,54	50 Back	16	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
49,24L	F -0,17	50 Back	3	2017-10-28 Eager Sprint Gala
48,20L	F -1,04	50 Back	4	2017-12-01 Limpopo Champs
55,70L	F	50 Breast	3	2017-07-29 Limpopo Age Group 2
52,57S	F -2,13	50 Breast	3	2017-08-05 Tuks Sprint Gala
53,08S	F 0,51	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
53,52L	F -0,05	50 Breast	3	2017-09-09 Limpopo Age Group 3
51,06L	F -2,46	50 Breast	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
52,77L	F 1,71	50 Breast	3	2017-10-28 Eager Sprint Gala
52,27L	F 1,21	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
50,99L	F -0,07	50 Breast	3	2017-12-01 Limpopo Champs
2:00,61S	F	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:57,25L	LEV2 F -5,36	100 Breast	4	2017-09-09 Limpopo Age Group 3
1:54,18L	LEV2 F -3,07	100 Breast	3	2017-12-01 Limpopo Champs
4:06,03L	F	200 Breast	4	2017-12-01 Limpopo Champs
53,89L	F	50 Fly	5	2017-07-29 Limpopo Age Group 2
52,45S	F -0,74	50 Fly	5	2017-08-05 Tuks Sprint Gala
49,24S	F -3,21	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
54,43L	F 4,49	50 Fly	8	2017-09-09 Limpopo Age Group 3
50,88L	F 0,94	50 Fly	3	2017-10-28 Eager Sprint Gala
49,62L	F -0,32	50 Fly	4	2017-12-01 Limpopo Champs
4:06,48L	F	200 IM	4	2017-07-29 Limpopo Age Group 2
3:43,49S	F -19,79	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017
3:53,41L	F 6,72	200 IM	3	2017-10-28 Eager Sprint Gala
3:37,13L	F -9,56	200 IM	4	2017-11-04 Limpopo Primary School - Top 10
3:50,33L	F 13,20	200 IM	33	2017-12-01 Limpopo Champs
Chay Pott (14) F (Yr: GN)				HSTAN-MPD
42,67L	F	50 Back	5	2017-10-20 Limpopo Top 10 - High Schools
1:51,05L	F	100 Back	7	2017-10-20 Limpopo Top 10 - High Schools
44,21L	F	50 Fly	7	2017-10-20 Limpopo Top 10 - High Schools
Andre Pretorius (12) M (Yr: HN)				LSMH-WBD
1:24,27L	F	100 Free	5	2017-11-04 Limpopo Primary School - Top 10
52,38L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10
1:58,45L	F	100 Breast	8	2017-11-04 Limpopo Primary School - Top 10
52,85L	F	50 Fly	9	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Anke Pretorius (12) F (Yr: HN)							
53,77L	F	50 Breast	7	2017-11-04	Limpopo Primary School - Top 10		LSBOS-WBD
2:07,97L	F	100 Breast	7	2017-11-04	Limpopo Primary School - Top 10		
53,89L	F	50 Fly	8	2017-11-04	Limpopo Primary School - Top 10		
2:08,43L	F	100 Fly	6	2017-11-04	Limpopo Primary School - Top 10		
Catherine Pretorius (10) F							
1:37,80L	1. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD
Gert Pretorius (11) M (Yr: HN)							
53,06L	F	50 Breast	4	2017-11-04	Limpopo Primary School - Top 10		LSBOS-WBD
2:07,62L	F	100 Breast	7	2017-11-04	Limpopo Primary School - Top 10		
48,40L	F	50 Fly	8	2017-11-04	Limpopo Primary School - Top 10		
2:08,13L	DQ F	100 Fly		2017-11-04	Limpopo Primary School - Top 10		
Johannes Pretorius (7) M (Yr: HN)							
1:00,14L	F	50 Back	8	2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Helena Pretorius (8) F (Yr: AR)			
42,87L	F	50 Free	5 2017-07-29 Limpopo Age Group 2
45,24S	F 3,17	50 Free	3 2017-08-05 Tuks Sprint Gala
42,40S	F 0,33	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
43,59L	F 0,72	50 Free	6 2017-09-09 Limpopo Age Group 3
43,96L	F 1,09	50 Free	4 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
41,58L	F -1,29	50 Free	3 2017-10-14 Limpopo Age Group 4
42,14L	F 0,56	50 Free	1 2017-11-04 Limpopo Primary School - Top 10
42,24L	F 0,66	50 Free	6 2017-11-11 Limpopo Age Group 5
39,57L	F -2,01	50 Free	1 2017-12-01 Limpopo Champs
39,75L	F 0,18	50 Free	1 2018-01-27 LP School Champs 2018
1:39,19L	F	100 Free	8 2017-09-09 Limpopo Age Group 3
1:37,05L	F -2,14	100 Free	5 2017-11-11 Limpopo Age Group 5
1:32,00L	LEV2 F -5,05	100 Free	1 2017-12-01 Limpopo Champs
1:33,39L	LEV2 F 1,39	100 Free	1 2018-01-27 LP School Champs 2018
1:33,30L	LEV2 F 1,30	100 Free	3 2018-02-17 Limpopo Age Group 7
1:57,00L	F	448 Free Relay Lead Off	2017-12-01 Limpopo Champs
3:24,84L	F	200 Free	1 2018-01-27 LP School Champs 2018
3:22,53L	LEV2 F -2,31	200 Free	1 2018-02-17 Limpopo Age Group 7
23,91S	F	25 Back	2 2017-08-26 LP Shamu Sprint SC 2017
52,66L	F	50 Back	3 2017-07-29 Limpopo Age Group 2
53,65S	F 1,59	50 Back	2 2017-08-05 Tuks Sprint Gala
55,36L	F 2,70	50 Back	11 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
52,39L	F -0,27	50 Back	5 2017-10-14 Limpopo Age Group 4
49,05L	F -3,34	50 Back	2 2017-12-01 Limpopo Champs
49,68L	F 0,63	50 Back	1 2018-01-27 LP School Champs 2018
2:01,79L	F	100 Back	9 2017-09-09 Limpopo Age Group 3
1:49,81L	F -11,98	100 Back	3 2017-11-11 Limpopo Age Group 5
1:46,72L	LEV2 F -3,09	100 Back	1 2017-12-01 Limpopo Champs
1:45,96L	LEV2 F -0,76	100 Back	1 2018-01-27 LP School Champs 2018
1:46,88L	LEV2 F 0,92	100 Back	5 2018-02-17 Limpopo Age Group 7
26,58S	F	25 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
1:05,30L	F	50 Breast	7 2017-07-29 Limpopo Age Group 2
1:00,85S	F -3,45	50 Breast	3 2017-08-05 Tuks Sprint Gala
57,07L	F -4,78	50 Breast	9 2017-09-09 Limpopo Age Group 3
57,99L	F 0,92	50 Breast	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
58,89L	F 1,82	50 Breast	4 2017-10-14 Limpopo Age Group 4
56,42L	F -0,65	50 Breast	2 2017-11-04 Limpopo Primary School - Top 10
1:00,29L	F 3,87	50 Breast	7 2017-11-11 Limpopo Age Group 5
56,45L	F 0,03	50 Breast	2 2017-12-01 Limpopo Champs
54,38L	F -2,04	50 Breast	1 2018-01-27 LP School Champs 2018
57,51L	F 3,13	50 Breast	7 2018-02-17 Limpopo Age Group 7
2:10,58L	F	100 Breast	11 2017-09-09 Limpopo Age Group 3
2:12,81L	F 2,23	100 Breast	6 2017-11-11 Limpopo Age Group 5
2:05,79L	F -4,79	100 Breast	2 2017-12-01 Limpopo Champs
2:02,93L	F -2,86	100 Breast	2 2018-01-27 LP School Champs 2018
2:02,38L	F -0,55	100 Breast	4 2018-02-17 Limpopo Age Group 7
24,41S	F	25 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
1:03,06L	F	50 Fly	6 2017-07-29 Limpopo Age Group 2
57,08S	F -5,28	50 Fly	3 2017-08-05 Tuks Sprint Gala
56,09L	F -1,69	50 Fly	6 2017-10-14 Limpopo Age Group 4
47,10L	F -8,99	50 Fly	2 2017-12-01 Limpopo Champs
51,99L	F 4,89	50 Fly	2 2018-01-27 LP School Champs 2018
46,17L	F -0,93	50 Fly	4 2018-02-17 Limpopo Age Group 7
2:09,59L	F	100 Fly	2 2017-11-11 Limpopo Age Group 5
2:02,77L	F -6,82	100 Fly	2 2017-12-01 Limpopo Champs
1:50,31S	F	100 IM	2 2017-08-26 LP Shamu Sprint SC 2017
4:13,78L	F	200 IM	6 2017-07-29 Limpopo Age Group 2
4:07,45S	F -3,13	200 IM	2 2017-08-05 Tuks Sprint Gala

TKS-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Helena Pretorius (8) F (Yr: AR)								TKS-SKD
4:09,50L	F -1,15	200 IM	4	2017-10-14	Limpopo Age Group 4			
3:57,84L	F -11,66	200 IM	2	2017-12-01	Limpopo Champs			
Jan Pretorius (9) M (Yr: HR)								UNIC-MPD
40,13L	F	50 Free	7	2017-11-04	Limpopo Primary School - Top 10			
48,56L	F	50 Back	6	2017-11-04	Limpopo Primary School - Top 10			
Jaymé Pretorius (11) F (Yr: HN)								LSMH-WBD
39,04L	F	50 Free	5	2017-11-04	Limpopo Primary School - Top 10			
1:27,45L	LEV2 F	100 Free	5	2017-11-04	Limpopo Primary School - Top 10			
48,31L	F	50 Breast	6	2017-11-04	Limpopo Primary School - Top 10			
1:53,41L	LEV2 F	100 Breast	6	2017-11-04	Limpopo Primary School - Top 10			
Klara Pretorius (11) F (Yr: HR)								UNIC-MPD
43,95L	F	50 Free	8	2017-11-04	Limpopo Primary School - Top 10			
47,40L	F	50 Back	8	2017-11-04	Limpopo Primary School - Top 10			
1:43,17L	I. F	200 Medley Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			
1:55,28L	F	100 Back	8	2017-11-04	Limpopo Primary School - Top 10			
Megan Pretorius (8) F (Yr: HN)								LSMH-WBD
44,37L	F	50 Free	2	2017-11-04	Limpopo Primary School - Top 10			
50,79L	F	50 Back	2	2017-11-04	Limpopo Primary School - Top 10			
Tyla Reese Pretorius (13) F								LSPHA-MPD
1:16,54L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Lané Prinsloo (15) F (Yr: AR)**SS-MPD**

30,77L	LEV2	F	50	Free	1	2017-07-29	Limpopo Age Group 2
30,83S	LEV2	F 0,86	50	Free	2	2017-08-26	LP Shamu Sprint SC 2017
32,73L		F 1,96	50	Free	1	2017-09-09	Limpopo Age Group 3
31,85L	LEV2	F 1,08	50	Free	1	2017-10-14	Limpopo Age Group 4
30,21L	LEV2	F -0,56	50	Free	1	2017-10-20	Limpopo Top 10 - High Schools
30,41L	LEV2	F 0,20	50	Free	1	2017-12-01	Limpopo Champs
1:12,46L	LEV2	F	100	Free	1	2017-06-24	Limpopo Age Group 1
1:07,88S	LEV2	F -2,98	100	Free	5	2017-08-19	Small Districts Championship Gala 2017
1:08,82L	LEV2	F -0,66	100	Free	1	2017-09-09	Limpopo Age Group 3
1:07,24L	LEV2	F -1,58	100	Free	1	2017-10-20	Limpopo Top 10 - High Schools
1:05,95L	LEV3	F -1,29	100	Free	1	2017-11-11	Limpopo Age Group 5
1:09,14L	LEV2	F 3,19	100	Free	1	2017-12-01	Limpopo Champs
2:35,38L	LEV2	F	200	Free	1	2017-07-29	Limpopo Age Group 2
2:36,39L	LEV2	F 1,01	200	Free	1	2017-12-01	Limpopo Champs
5:34,81L		F	400	Free	7	2017-12-01	Limpopo Champs
38,59L	LEV2	F	50	Back	3	2017-07-29	Limpopo Age Group 2
36,62S	LEV2	F -1,37	50	Back	4	2017-08-26	LP Shamu Sprint SC 2017
39,13L	LEV2	F 1,91	50	Back	1	2017-09-09	Limpopo Age Group 3
39,21L	LEV2	F 1,99	50	Back	1	2017-10-14	Limpopo Age Group 4
37,26L	LEV2	F 0,04	50	Back	1	2017-12-01	Limpopo Champs
1:25,55L	I	F 48,33	200	Medley Relay Lead Off		2017-12-01	Limpopo Champs
1:27,28L		F	100	Back	2	2017-06-24	Limpopo Age Group 1
1:25,56L		F -1,72	100	Back	2	2017-09-09	Limpopo Age Group 3
1:25,58L		F 0,02	100	Back	1	2017-12-01	Limpopo Champs
3:08,92L		F	200	Back	2	2017-07-29	Limpopo Age Group 2
45,23S		F	50	Breast	4	2017-08-26	LP Shamu Sprint SC 2017
45,32L		F -0,91	50	Breast	1	2017-12-01	Limpopo Champs
1:45,37L		F	100	Breast	2	2017-06-24	Limpopo Age Group 1
34,59S	LEV2	F	50	Fly	2	2017-08-26	LP Shamu Sprint SC 2017
35,33L	LEV2	F 0,04	50	Fly	1	2017-09-09	Limpopo Age Group 3
36,42L	LEV2	F 1,13	50	Fly	1	2017-10-14	Limpopo Age Group 4
34,32L	LEV2	F -0,97	50	Fly	1	2017-10-20	Limpopo Top 10 - High Schools
33,82L	LEV2	F -0,50	50	Fly	1	2017-12-01	Limpopo Champs
1:27,62S		F	100	Fly	6	2017-08-19	Small Districts Championship Gala 2017
1:20,78L	LEV2	F -8,24	100	Fly	1	2017-10-20	Limpopo Top 10 - High Schools
1:27,80L		F 7,02	100	Fly	1	2017-12-01	Limpopo Champs
3:11,81L	DQ	F	200	IM		2017-06-24	Limpopo Age Group 1
3:03,56L	LEV2	F	200	IM	2	2017-07-29	Limpopo Age Group 2
3:03,80S		F 3,44	200	IM	7	2017-08-19	Small Districts Championship Gala 2017
2:57,27S	LEV2	F -3,09	200	IM	2	2017-08-26	LP Shamu Sprint SC 2017
2:57,66L	LEV2	F -2,81	200	IM	2	2017-10-20	Limpopo Top 10 - High Schools
3:00,32L	LEV2	F 2,66	200	IM	5	2017-12-01	Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Micke Prinsloo (7) F (Yr: AR)				TKSS-WBD
29,30S	F	25 Free	4	2017-08-26 LP Shamu Sprint SC 2017
1:16,21L	F	50 Free	22	2017-09-09 Limpopo Age Group 3
1:03,37L	F -12,84	50 Free	14	2017-10-14 Limpopo Age Group 4
1:08,61L	F 5,24	50 Free	9	2018-01-27 LP School Champs 2018
27,56S	F	25 Back	2	2017-08-26 LP Shamu Sprint SC 2017
1:08,76L	F	50 Back	18	2017-09-09 Limpopo Age Group 3
1:09,21L	F 0,45	50 Back	16	2017-10-14 Limpopo Age Group 4
1:05,78L	F -2,98	50 Back	8	2018-01-27 LP School Champs 2018
2:39,39L	F	100 Back	10	2017-09-09 Limpopo Age Group 3
2:22,53L	F -16,86	100 Back	7	2018-01-27 LP School Champs 2018
29,67S	F	25 Breast	2	2017-08-26 LP Shamu Sprint SC 2017
1:10,12L	DQ F	50 Breast		2017-09-09 Limpopo Age Group 3
1:01,45L	F	50 Breast	9	2017-10-14 Limpopo Age Group 4
1:03,81L	F 2,36	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
1:02,55L	F 1,10	50 Breast	5	2018-01-27 LP School Champs 2018
2:28,64L	DQ F	100 Breast		2017-09-09 Limpopo Age Group 3
2:24,60L	F	100 Breast	5	2018-01-27 LP School Champs 2018
28,59S	F	25 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
David Pullinger (15) M (Yr: GN)				HSTAN-MPD
43,93L	F	50 Breast	7	2017-10-20 Limpopo Top 10 - High Schools
47,53L	F	50 Fly	8	2017-10-20 Limpopo Top 10 - High Schools
Hansie Putter (14) M				PHS-CCD
NS	F	50 Free		2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Refentse Ramokgola (10) M (Yr: AN)**EAGA-CCD**

53,75L	F	50 Free	8 2017-06-24 Limpopo Age Group 1
44,01L	P -9,74	50 Free	16 2017-07-03 Sasol National Championship 2017
46,50L	F 2,49	50 Free	13 2017-07-29 Limpopo Age Group 2
NS	F	50 Free	2017-08-05 Tuks Sprint Gala
44,27L	F 0,26	50 Free	8 2017-09-09 Limpopo Age Group 3
NS	F	50 Free	2017-10-28 Eager Sprint Gala
46,12L	F 2,11	50 Free	15 2017-12-01 Limpopo Champs
48,54L	F 4,53	50 Free	11 2018-01-27 LP School Champs 2018
46,45L	F 2,44	50 Free	2 2018-02-17 Limpopo Age Group 7
DQ	F	100 Free	2017-06-24 Limpopo Age Group 1
1:46,79L	F	100 Free	12 2017-07-03 Sasol National Championship 2017
1:54,00L	F 7,21	100 Free	18 2017-12-01 Limpopo Champs
1:58,09L	F 11,30	100 Free	12 2018-01-27 LP School Champs 2018
4:14,69L	P	200 Free	16 2017-07-03 Sasol National Championship 2017
4:25,50L	F 10,81	200 Free	14 2017-12-01 Limpopo Champs
1:02,82L	F	50 Back	15 2017-07-29 Limpopo Age Group 2
NS	F	50 Back	2017-08-05 Tuks Sprint Gala
1:00,13L	F -2,69	50 Back	12 2017-09-09 Limpopo Age Group 3
57,27L	F -2,86	50 Back	9 2017-10-28 Eager Sprint Gala
58,65L	F 1,38	50 Back	17 2017-12-01 Limpopo Champs
58,66L	F 1,39	50 Back	7 2018-01-27 LP School Champs 2018
1:03,37L	F	50 Breast	6 2017-06-24 Limpopo Age Group 1
56,96L	P -6,41	50 Breast	10 2017-07-03 Sasol National Championship 2017
58,58L	F -4,79	50 Breast	10 2017-07-03 Sasol National Championship 2017
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala
56,97L	F 0,01	50 Breast	9 2017-09-09 Limpopo Age Group 3
1:02,04L	F 5,08	50 Breast	9 2017-10-28 Eager Sprint Gala
57,25L	F 0,29	50 Breast	15 2017-12-01 Limpopo Champs
1:01,04L	F 4,08	50 Breast	6 2018-01-27 LP School Champs 2018
59,82L	F 2,86	50 Breast	1 2018-02-17 Limpopo Age Group 7
2:27,06L	F	100 Breast	3 2017-06-24 Limpopo Age Group 1
2:21,56L	P -5,50	100 Breast	17 2017-07-03 Sasol National Championship 2017
NS	F	100 Breast	2017-08-05 Tuks Sprint Gala
2:14,89L	F -6,67	100 Breast	8 2017-09-09 Limpopo Age Group 3
2:18,77L	F 3,88	100 Breast	16 2017-12-01 Limpopo Champs
2:06,73L	F -8,16	100 Breast	6 2018-01-27 LP School Champs 2018
2:07,70L	F 0,97	100 Breast	4 2018-02-17 Limpopo Age Group 7
4:58,80L	P	200 Breast	12 2017-07-03 Sasol National Championship 2017
4:30,88L	F -27,92	200 Breast	2 2017-07-29 Limpopo Age Group 2
4:31,60L	F 0,72	200 Breast	9 2017-12-01 Limpopo Champs
1:13,09L	F	50 Fly	12 2017-07-29 Limpopo Age Group 2
NS	F	50 Fly	2017-10-28 Eager Sprint Gala
1:12,44L	F -0,65	50 Fly	15 2017-12-01 Limpopo Champs
1:10,64L	F -1,80	50 Fly	9 2018-01-27 LP School Champs 2018
1:03,72L	F -6,92	50 Fly	3 2018-02-17 Limpopo Age Group 7
5:08,34L	F	200 IM	8 2017-10-28 Eager Sprint Gala
4:50,20L	F -18,14	200 IM	44 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Thoriso Ramokgola (13) F (Yr: AN)

EAGA-CCD

Time	P/F/S	Event	Place
49,81L	F	50 Free	2 2017-06-24 Limpopo Age Group 1
43,00L	P -6,81	50 Free	21 2017-07-03 Sasol National Championship 2017
42,78L	F -0,22	50 Free	3 2017-07-29 Limpopo Age Group 2
40,01L	F -2,77	50 Free	3 2017-09-09 Limpopo Age Group 3
37,84L	F -2,17	50 Free	10 2017-12-01 Limpopo Champs
42,46L	F 4,62	50 Free	11 2018-01-27 LP School Champs 2018
41,45L	F 3,61	50 Free	4 2018-02-17 Limpopo Age Group 7
DNF	F	100 Free	2017-06-24 Limpopo Age Group 1
1:49,11L	F	100 Free	22 2017-07-03 Sasol National Championship 2017
NS	F	100 Free	2017-10-28 Eager Sprint Gala
1:45,08L	F -4,03	100 Free	12 2018-01-27 LP School Champs 2018
4:22,82L	DQ P	200 Free	2017-07-03 Sasol National Championship 2017
4:09,88L	DQ F	200 Free	2017-07-29 Limpopo Age Group 2
56,42L	F	50 Back	1 2017-06-24 Limpopo Age Group 1
54,14L	P -2,28	50 Back	19 2017-07-03 Sasol National Championship 2017
50,25L	F -3,89	50 Back	4 2017-09-09 Limpopo Age Group 3
54,68L	F 4,43	50 Back	8 2018-01-27 LP School Champs 2018
57,93L	F 7,68	50 Back	5 2018-02-17 Limpopo Age Group 7
2:35,56L	F	100 Back	2 2017-06-24 Limpopo Age Group 1
2:06,32L	P -29,24	100 Back	18 2017-07-03 Sasol National Championship 2017
2:11,35L	F 5,03	100 Back	8 2017-10-28 Eager Sprint Gala
2:06,28L	F -0,04	100 Back	10 2017-12-01 Limpopo Champs
NS	F	100 Back	2018-01-27 LP School Champs 2018
4:40,99L	DQ P	200 Back	2017-07-03 Sasol National Championship 2017
DQ	F	200 Back	2017-07-29 Limpopo Age Group 2
1:15,26L	F	50 Fly	2 2017-07-29 Limpopo Age Group 2
1:05,30L	F -9,96	50 Fly	10 2017-12-01 Limpopo Champs
DQ	F	50 Fly	2018-01-27 LP School Champs 2018
NS	F	100 Fly	2017-10-28 Eager Sprint Gala

Letago Ramoshaba (12) M (Yr: FR)

EAGA-CCD

49,92L	F	50 Free	4 2017-10-14 Limpopo Age Group 4
1:58,62L	F	100 Free	6 2017-10-28 Eager Sprint Gala
55,81L	F	50 Back	5 2017-10-14 Limpopo Age Group 4
53,32L	F -2,49	50 Back	10 2017-11-04 Limpopo Primary School - Top 10
55,66S	F	50 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
58,18L	F 1,52	50 Breast	5 2017-10-14 Limpopo Age Group 4
2:04,43L	F	100 Breast	6 2017-10-28 Eager Sprint Gala
59,26S	F	50 Fly	6 2017-08-26 LP Shamu Sprint SC 2017
1:05,86L	F 5,90	50 Fly	6 2017-10-14 Limpopo Age Group 4

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Juan Randall (9) M (Yr: AR)				EAGA-CCD
34,86L	LEV2 F	50 Free	1	2017-07-03 Sasol National Championship 2017
35,36L	LEV2 P	50 Free	1	2017-07-03 Sasol National Championship 2017
36,02L I.	LEV2 F	200 Free Relay Lead Off		2017-07-03 Sasol National Championship 2017
36,09L I.	LEV2 F	200 Free Relay Lead Off		2017-07-03 Sasol National Championship 2017
34,30L	LEV2 F -0,56	50 Free	1	2017-07-29 Limpopo Age Group 2
35,83S	LEV2 F 2,33	50 Free	2	2017-08-05 Tuks Sprint Gala
34,81L	LEV2 F 0,51	50 Free	1	2017-09-09 Limpopo Age Group 3
34,26L	LEV2 F -0,04	50 Free	1	2017-10-28 Eager Sprint Gala
34,24L	LEV2 F -0,02	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:23,68L I.	F 49,42	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
33,30L	LEV2 F -0,94	50 Free	1	2017-12-01 Limpopo Champs
33,23L	LEV2 F -0,07	50 Free	1	2018-01-27 LP School Champs 2018
1:16,77L	LEV3 F	100 Free	1	2017-07-03 Sasol National Championship 2017
1:17,29S	LEV3 F 2,12	100 Free	23	2017-08-05 Tuks Sprint Gala
1:15,32L	LEV3 F -1,45	100 Free	3	2017-09-09 Limpopo Age Group 3
1:16,85L	LEV3 F 1,53	100 Free	2	2017-11-11 Limpopo Age Group 5
1:14,50L	LEV3 F -0,82	100 Free	1	2017-12-01 Limpopo Champs
1:15,57L	LEV3 F 1,07	100 Free	1	2018-01-27 LP School Champs 2018
2:46,80L	LEV3 P	200 Free	1	2017-07-03 Sasol National Championship 2017
2:51,12L	LEV3 F	200 Free	1	2017-07-03 Sasol National Championship 2017
2:44,38L	LEV3 F -2,42	200 Free	1	2017-12-01 Limpopo Champs
2:49,23L	LEV3 F 4,85	200 Free	1	2018-01-27 LP School Champs 2018
5:43,64L	LEV3 F	400 Free	5	2017-12-01 Limpopo Champs
39,92L	LEV2 F	50 Back	1	2017-07-03 Sasol National Championship 2017
42,80L	LEV2 P	50 Back	2	2017-07-03 Sasol National Championship 2017
42,56L	LEV2 F 2,64	50 Back	1	2017-07-29 Limpopo Age Group 2
42,23S	LEV2 F 2,91	50 Back	2	2017-08-05 Tuks Sprint Gala
41,46S	LEV2 F 2,14	50 Back	3	2017-08-19 Small Districts Championship Gala 2017
41,60L	LEV2 F 1,68	50 Back	1	2017-10-28 Eager Sprint Gala
40,61L	LEV2 F 0,69	50 Back	1	2017-11-04 Limpopo Primary School - Top 10
39,30L	LEV2 F -0,62	50 Back	1	2017-12-01 Limpopo Champs
1:32,49L I.	F 52,57	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
39,55L	LEV2 F 0,25	50 Back	1	2018-01-27 LP School Champs 2018
1:32,57L	LEV2 P	100 Back	1	2017-07-03 Sasol National Championship 2017
1:29,78L	DQ F	100 Back		2017-07-03 Sasol National Championship 2017
1:32,33S	LEV2 F 0,96	100 Back	2	2017-08-05 Tuks Sprint Gala
1:31,91L	LEV2 F -0,66	100 Back	3	2017-09-09 Limpopo Age Group 3
1:31,39L	LEV2 F -0,52	100 Back	3	2017-11-11 Limpopo Age Group 5
1:24,23L	LEV3 F -7,16	100 Back	1	2017-12-01 Limpopo Champs
1:25,68L	LEV3 F 1,45	100 Back	1	2018-01-27 LP School Champs 2018
3:15,65L	LEV3 F	200 Back	1	2017-07-29 Limpopo Age Group 2
3:02,30L	LEV3 F -13,35	200 Back	2	2017-12-01 Limpopo Champs
48,60L	F	50 Breast	3	2017-07-03 Sasol National Championship 2017
51,68L	P	50 Breast	4	2017-07-03 Sasol National Championship 2017
52,04S	F 4,44	50 Breast	2	2017-08-05 Tuks Sprint Gala
50,85L	F 2,25	50 Breast	2	2017-09-09 Limpopo Age Group 3
51,81L	F 3,21	50 Breast	2	2017-10-28 Eager Sprint Gala
47,81L	F -0,79	50 Breast	1	2017-12-01 Limpopo Champs
49,97L	F 2,16	50 Breast	2	2018-01-27 LP School Champs 2018
1:51,29L	LEV2 F	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:54,52L	LEV2 P	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:54,77S	LEV2 F 5,48	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:55,60L	LEV2 F 4,31	100 Breast	7	2017-11-11 Limpopo Age Group 5
1:45,45L	LEV2 F -5,84	100 Breast	1	2017-12-01 Limpopo Champs
3:50,29L	LEV2 F	200 Breast	1	2017-12-01 Limpopo Champs
39,99L	LEV2 P	50 Fly	1	2017-07-03 Sasol National Championship 2017
40,44L	LEV2 F	50 Fly	2	2017-07-03 Sasol National Championship 2017
40,92L	LEV2 F 0,93	50 Fly	1	2017-07-29 Limpopo Age Group 2

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Juan Randall (9) M (Yr: AR)					
				EAGA-CCD	
39,93S	LEV2 F 0,64	50 Fly	1	2017-08-05	Tuks Sprint Gala
40,51S	LEV2 F 1,22	50 Fly	4	2017-08-19	Small Districts Championship Gala 2017
40,41L	LEV2 F 0,42	50 Fly	2	2017-09-09	Limpopo Age Group 3
41,29L	LEV2 F 1,30	50 Fly	1	2017-10-28	Eager Sprint Gala
38,75L	LEV2 F -1,24	50 Fly	1	2017-12-01	Limpopo Champs
39,45L	LEV2 F 0,70	50 Fly	2	2018-01-27	LP School Champs 2018
1:39,81L	LEV2 F	100 Fly	2	2017-07-03	Sasol National Championship 2017
1:35,64S	LEV2 F -2,77	100 Fly	1	2017-08-05	Tuks Sprint Gala
1:32,16L	LEV2 F -4,88	100 Fly	1	2017-12-01	Limpopo Champs
3:17,28L	LEV3 P	200 IM	1	2017-07-03	Sasol National Championship 2017
3:20,76L	LEV2 F	200 IM	1	2017-07-03	Sasol National Championship 2017
3:18,55L	LEV2 F 1,27	200 IM	1	2017-07-29	Limpopo Age Group 2
3:08,85S	LEV3 F -5,23	200 IM	1	2017-08-05	Tuks Sprint Gala
3:14,30S	LEV3 F 5,45	200 IM	4	2017-08-19	Small Districts Championship Gala 2017
3:21,73L	LEV2 F 9,68	200 IM	1	2017-10-28	Eager Sprint Gala
3:10,59L	LEV3 F -1,46	200 IM	13	2017-12-01	Limpopo Champs
3:12,00L	LEV3 F 1,41	200 IM	1	2018-01-27	LP School Champs 2018
Gerhard Rautenbach (16) M (Yr: GR)					
				HMER-MPD	
1:19,63L	F	100 Free	7	2017-10-20	Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Layan Rhemtula (13) F (Yr: DR)

EAGA-CCD

Time	P/F/S	Event	Place
36,61S	F	50 Free	1 2017-08-26 LP Shamu Sprint SC 2017
37,01L	F -0,40	50 Free	7 2017-11-04 Limpopo Primary School - Top 10
38,98L	F 1,97	50 Free	10 2018-01-27 LP School Champs 2018
38,98L	F 1,97	50 Free	3 2018-02-17 Limpopo Age Group 7
1:21,75L	F	100 Free	4 2017-10-28 Eager Sprint Gala
1:24,04L	F 2,29	100 Free	8 2017-12-01 Limpopo Champs
3:03,58L	F	200 Free	4 2017-10-14 Limpopo Age Group 4
3:03,88L	F 0,30	200 Free	7 2017-12-01 Limpopo Champs
40,22S	LEV2 F	50 Back	2 2017-08-05 Tuks Sprint Gala
39,49S	LEV2 F -0,73	50 Back	2 2017-08-26 LP Shamu Sprint SC 2017
41,56L	LEV2 F 1,47	50 Back	6 2017-12-01 Limpopo Champs
42,31L	F 2,22	50 Back	5 2018-01-27 LP School Champs 2018
1:28,59S	LEV2 F	100 Back	2 2017-08-05 Tuks Sprint Gala
1:27,10S	LEV2 F -1,49	100 Back	8 2017-08-19 Small Districts Championship Gala 2017
1:29,53L	LEV2 F 1,23	100 Back	4 2017-09-09 Limpopo Age Group 3
1:28,24L	LEV2 F -0,06	100 Back	3 2017-10-28 Eager Sprint Gala
1:26,97L	LEV2 F -1,27	100 Back	6 2017-12-01 Limpopo Champs
1:34,11L	F 7,14	100 Back	6 2018-01-27 LP School Champs 2018
1:30,53L	LEV2 F 3,56	100 Back	3 2018-02-17 Limpopo Age Group 7
43,45S	F	50 Breast	1 2017-08-05 Tuks Sprint Gala
42,47S	LEV2 F -0,98	50 Breast	1 2017-08-26 LP Shamu Sprint SC 2017
42,82L	LEV2 F -0,65	50 Breast	2 2017-09-09 Limpopo Age Group 3
41,10L	LEV2 F -1,72	50 Breast	2 2017-11-04 Limpopo Primary School - Top 10
42,91L	LEV2 F 1,81	50 Breast	3 2017-12-01 Limpopo Champs
44,33L	F 3,23	50 Breast	3 2018-01-27 LP School Champs 2018
1:34,61S	LEV2 F	100 Breast	1 2017-08-05 Tuks Sprint Gala
1:35,36S	LEV2 F 0,75	100 Breast	5 2017-08-19 Small Districts Championship Gala 2017
1:33,81L	LEV2 F -2,80	100 Breast	2 2017-09-09 Limpopo Age Group 3
1:37,62L	LEV2 F 3,81	100 Breast	2 2017-10-28 Eager Sprint Gala
1:34,88L	LEV2 F 1,07	100 Breast	3 2017-11-04 Limpopo Primary School - Top 10
1:37,09L	LEV2 F 3,28	100 Breast	6 2017-12-01 Limpopo Champs
1:42,27L	F 8,46	100 Breast	5 2018-01-27 LP School Champs 2018
1:41,05L	LEV2 F 7,24	100 Breast	2 2018-02-17 Limpopo Age Group 7
3:34,87L	LEV2 F	200 Breast	2 2017-10-14 Limpopo Age Group 4
3:43,53L	F 8,66	200 Breast	2 2018-01-27 LP School Champs 2018
47,85L	F	50 Fly	4 2017-10-14 Limpopo Age Group 4
3:21,72S	F	200 IM	1 2017-08-05 Tuks Sprint Gala
3:21,60S	F -0,12	200 IM	9 2017-08-19 Small Districts Championship Gala 2017
3:11,45S	LEV2 F -10,15	200 IM	1 2017-08-26 LP Shamu Sprint SC 2017
3:22,11L	F 7,46	200 IM	3 2017-10-14 Limpopo Age Group 4
3:23,92L	F 9,27	200 IM	2 2017-10-28 Eager Sprint Gala
3:27,64L	F 12,99	200 IM	2 2018-02-17 Limpopo Age Group 7

Annika Riekert (10) F (Yr: HR)

LSJM-SKD

1:24,94L	I	F	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
45,28L	LEV2 F	50 Back	2 2017-11-04 Limpopo Primary School - Top 10	
52,66L	F	50 Breast	4 2017-11-04 Limpopo Primary School - Top 10	

Michelle Robertson (13) F (Yr: HN)

LSPN-MPD

NS	F	50 Free	2017-11-04 Limpopo Primary School - Top 10
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Anya Robinson (17) F (Yr: GR)

HSTAN-MPD

37,85L	F	50 Free	8 2017-10-20 Limpopo Top 10 - High Schools
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Gerhardus Roets (15) M (Yr: BR)				ELRAS-WBD
26,32L	LEV2 F	50 Free	1	2017-07-03 Sasol National Championship 2017
27,08L	LEV2 P	50 Free	3	2017-07-03 Sasol National Championship 2017
27,02L	LEV2 F 0,70	50 Free	1	2017-09-09 Limpopo Age Group 3
26,70L	LEV2 F 0,38	50 Free	1	2017-11-11 Limpopo Age Group 5
26,22L	LEV2 F -0,10	50 Free	2	2017-12-01 Limpopo Champs
27,20L	LEV2 F 0,98	50 Free	3	2018-01-27 LP School Champs 2018
59,88L	LEV3 F	100 Free	5	2017-07-03 Sasol National Championship 2017
57,44S	LEV3 F -0,84	100 Free	3	2017-08-19 Small Districts Championship Gala 2017
1:00,18L	LEV3 F 1,14	100 Free	2	2017-09-09 Limpopo Age Group 3
1:00,33L	DQ F	100 Free		2017-10-28 Eager Sprint Gala
1:01,55L	LEV3 F 3,33	100 Free	2	2017-11-11 Limpopo Age Group 5
59,30L	LEV3 F 1,08	100 Free	2	2017-12-01 Limpopo Champs
1:05,16L	LEV2 F 6,94	100 Free	8	2018-01-27 LP School Champs 2018
1:00,93L	LEV3 F 2,71	100 Free	2	2018-02-17 Limpopo Age Group 7
2:16,46L	LEV3 F	200 Free	7	2017-07-03 Sasol National Championship 2017
2:16,77L	LEV3 P	200 Free	8	2017-07-03 Sasol National Championship 2017
2:14,59L	LEV3 F -1,87	200 Free	4	2017-12-01 Limpopo Champs
2:20,67L	LEV2 F 6,08	200 Free	5	2018-01-27 LP School Champs 2018
30,69L	LEV2 F	50 Back	1	2017-07-03 Sasol National Championship 2017
31,85L	LEV2 P	50 Back	3	2017-07-03 Sasol National Championship 2017
31,46L	LEV2 F 0,77	50 Back	1	2017-09-09 Limpopo Age Group 3
31,13L	LEV2 F 1,08	50 Back	3	2017-12-01 Limpopo Champs
32,71L	LEV2 F 2,66	50 Back	2	2018-01-27 LP School Champs 2018
1:08,83L	LEV3 F 2,27	100 Back	2	2017-10-28 Eager Sprint Gala
1:08,19L	LEV3 F 1,63	100 Back	3	2017-12-01 Limpopo Champs
1:12,17L	LEV2 F 5,61	100 Back	4	2018-01-27 LP School Champs 2018
2:27,22L	LEV3 F	200 Back	2	2017-07-03 Sasol National Championship 2017
2:33,09L	LEV3 P	200 Back	4	2017-07-03 Sasol National Championship 2017
39,42L	P	50 Breast	8	2017-07-03 Sasol National Championship 2017
40,35L	F	50 Breast	8	2017-07-03 Sasol National Championship 2017
1:37,09L	F 9,87	100 Breast	5	2017-10-28 Eager Sprint Gala
27,41L	LEV2 F	50 Fly	1	2017-07-03 Sasol National Championship 2017
27,94L	LEV2 P	50 Fly	1	2017-07-03 Sasol National Championship 2017
28,43L	LEV2 F 1,02	50 Fly	2	2017-09-09 Limpopo Age Group 3
27,87L	LEV2 F 0,46	50 Fly	1	2017-11-11 Limpopo Age Group 5
27,71L	LEV2 F 0,30	50 Fly	2	2017-12-01 Limpopo Champs
29,16L	LEV2 F 1,75	50 Fly	2	2018-01-27 LP School Champs 2018
28,10L	LEV2 F 0,69	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:02,49L	SANJ F	100 Fly	2	2017-07-03 Sasol National Championship 2017
1:00,49S	SANJ F -0,60	100 Fly	1	2017-08-19 Small Districts Championship Gala 2017
1:06,26L	LEV3 F 4,37	100 Fly	1	2017-10-28 Eager Sprint Gala
1:02,81L	LEV3 F 0,92	100 Fly	2	2017-11-11 Limpopo Age Group 5
1:02,16L	SANJ F 0,27	100 Fly	2	2017-12-01 Limpopo Champs
1:06,01L	LEV3 F 4,12	100 Fly	2	2018-01-27 LP School Champs 2018
1:05,44L	LEV3 F 3,55	100 Fly	2	2018-02-17 Limpopo Age Group 7
2:27,11L	F	200 Fly	2	2017-07-03 Sasol National Championship 2017
2:43,33L	F 16,22	200 Fly	3	2017-09-09 Limpopo Age Group 3
2:30,55L	F 3,44	200 Fly	1	2017-11-11 Limpopo Age Group 5
2:29,27L	F 2,16	200 Fly	2	2017-12-01 Limpopo Champs
2:38,60L	F 11,49	200 Fly	3	2018-02-17 Limpopo Age Group 7
2:37,25L	LEV2 F	200 IM	7	2017-07-03 Sasol National Championship 2017
2:37,29L	LEV2 P	200 IM	7	2017-07-03 Sasol National Championship 2017
2:48,33L	F 18,67	200 IM	3	2017-10-28 Eager Sprint Gala
2:40,65L	LEV2 F 10,99	200 IM	2	2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Johan Roets (8) M (Yr: BR)				ELRAS-WBD
39,80L	P	50 Free	14	2017-07-03 Sasol National Championship 2017
44,43L	F 4,63	50 Free	9	2017-09-09 Limpopo Age Group 3
39,27L	F -0,53	50 Free	5	2017-10-28 Eager Sprint Gala
39,81L	F 0,54	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
40,48L	F 1,21	50 Free	6	2017-11-11 Limpopo Age Group 5
40,37L	F 1,10	50 Free	6	2017-12-01 Limpopo Champs
39,88L	F 0,61	50 Free	4	2018-01-27 LP School Champs 2018
41,72L	F 2,45	50 Free	4	2018-02-17 Limpopo Age Group 7
1:30,44L	LEV2 F	100 Free	10	2017-07-03 Sasol National Championship 2017
1:32,30L	LEV2 F 1,86	100 Free	8	2017-09-09 Limpopo Age Group 3
1:32,14L	LEV2 F 1,70	100 Free	9	2017-11-11 Limpopo Age Group 5
1:31,41L	LEV2 F 0,97	100 Free	6	2017-12-01 Limpopo Champs
1:31,40L	LEV2 F 0,96	100 Free	3	2018-01-27 LP School Champs 2018
1:32,15L	LEV2 F 1,71	100 Free	3	2018-02-17 Limpopo Age Group 7
3:20,75L	F	200 Free	3	2018-01-27 LP School Champs 2018
3:22,08L	F 1,33	200 Free	3	2018-02-17 Limpopo Age Group 7
48,87L	P	50 Back	16	2017-07-03 Sasol National Championship 2017
54,69L	F 5,82	50 Back	5	2017-09-09 Limpopo Age Group 3
52,67L	F 3,80	50 Back	5	2017-10-28 Eager Sprint Gala
53,88L	F 5,01	50 Back	8	2017-11-11 Limpopo Age Group 5
52,60L	F 3,73	50 Back	6	2017-12-01 Limpopo Champs
52,14L	F 3,27	50 Back	8	2018-01-27 LP School Champs 2018
1:52,59L	F	100 Back	6	2017-12-01 Limpopo Champs
1:09,25L	F	50 Breast	17	2017-09-09 Limpopo Age Group 3
1:07,05L	F -2,20	50 Breast	5	2017-10-28 Eager Sprint Gala
52,96L	DQ P	50 Fly		2017-07-03 Sasol National Championship 2017
54,24L	F	50 Fly	7	2017-09-09 Limpopo Age Group 3
51,84L	F -2,40	50 Fly	4	2017-10-28 Eager Sprint Gala
48,21L	F -3,63	50 Fly	5	2017-11-11 Limpopo Age Group 5
54,78L	F 6,57	50 Fly	7	2017-12-01 Limpopo Champs
52,40L	F 4,19	50 Fly	7	2018-01-27 LP School Champs 2018
49,42L	F 1,21	50 Fly	2	2018-02-17 Limpopo Age Group 7
NS	F	100 Fly		2017-11-11 Limpopo Age Group 5
1:56,31L	DQ F	100 Fly		2017-12-01 Limpopo Champs
1:57,31L	F -4,41	100 Fly	1	2018-01-27 LP School Champs 2018
2:04,61L	F 7,30	100 Fly	1	2018-02-17 Limpopo Age Group 7
4:11,11L	F	200 IM	4	2017-10-28 Eager Sprint Gala
4:04,75L	F -6,36	200 IM	5	2018-01-27 LP School Champs 2018
Ettienne Roos (16) M (Yr: GR)				ELHS-VBD
1:12,97L	F	100 Free	6	2017-10-20 Limpopo Top 10 - High Schools
33,76L	F	50 Fly	5	2017-10-20 Limpopo Top 10 - High Schools
Shani Rosslee (16) F (Yr: GN)				HMER-MPD
1:43,90L	F	100 Back	6	2017-10-20 Limpopo Top 10 - High Schools
Louis Rossouw (18) M (Yr: GR)				HSBV-SKD
29,35L	F	50 Free	5	2017-10-20 Limpopo Top 10 - High Schools
1:07,55L	F	100 Free	5	2017-10-20 Limpopo Top 10 - High Schools
37,22L	F	50 Back	4	2017-10-20 Limpopo Top 10 - High Schools
1:26,92L	F	100 Back	5	2017-10-20 Limpopo Top 10 - High Schools
Michal Rossouw (14) M (Yr: GN)				HWBAD-WBD
53,62L	F	50 Breast	8	2017-10-20 Limpopo Top 10 - High Schools
2:10,80L	F	100 Breast	7	2017-10-20 Limpopo Top 10 - High Schools
Willem Rossouw (8) M (Yr: HN)				LSTZN-MPD
1:36,99L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
56,31L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
Erike Rudolph (15) F (Yr: GN)				HWBAD-WBD
51,67L	F	50 Back	8	2017-10-20 Limpopo Top 10 - High Schools
Maria Saaiman (15) F (Yr: GN)				PHS-CCD
36,34L	F	50 Free	8	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Leané Schaap (15) F (Yr: GR)					
34,89L	F	50 Free	7	2017-10-20	Limpopo Top 10 - High Schools
35,41L	F 0,52	50 Free	3	2017-11-11	Limpopo Age Group 5
43,57L	F	50 Back	3	2017-11-11	Limpopo Age Group 5
48,83L	F	50 Breast	7	2017-10-20	Limpopo Top 10 - High Schools
50,26L	F 1,43	50 Breast	2	2017-11-11	Limpopo Age Group 5
44,53L	F	50 Fly	2	2017-11-11	Limpopo Age Group 5
Phillip Schaap (10) M (Yr: HR)					
40,79L	F	50 Free	7	2017-11-11	Limpopo Age Group 5
55,51L	F	50 Back	7	2017-11-04	Limpopo Primary School - Top 10
53,71L	F -1,80	50 Back	7	2017-11-11	Limpopo Age Group 5
54,25L	F	50 Breast	5	2017-11-04	Limpopo Primary School - Top 10
52,08L	F -2,17	50 Breast	3	2017-11-11	Limpopo Age Group 5
1:56,97L	LEV2 F	100 Breast	8	2017-11-11	Limpopo Age Group 5
4:25,10L	F	200 IM	9	2017-11-04	Limpopo Primary School - Top 10
David Schabort (17) M (Yr: GN)					
32,09L	F	50 Free	6	2018-01-27	LP School Champs 2018
1:15,45L	F	100 Free	6	2018-01-27	LP School Champs 2018
37,78L	LEV2 F	50 Breast	2	2017-10-20	Limpopo Top 10 - High Schools
37,83L	F 0,05	50 Breast	3	2018-01-27	LP School Champs 2018
1:26,69L	F	100 Breast	3	2018-01-27	LP School Champs 2018
Jude Schabort (17) M (Yr: GN)					
38,32L	F	50 Breast	5	2017-10-20	Limpopo Top 10 - High Schools
1:35,87L	F	100 Breast	5	2017-10-20	Limpopo Top 10 - High Schools
Calvin Schambriel (18) M (Yr: GN)					
30,11L	F	50 Free	6	2017-10-20	Limpopo Top 10 - High Schools
1:21,44L	F	100 Free	6	2017-10-20	Limpopo Top 10 - High Schools
Lourens Scheepers (13) M (Yr: GR)					
1:11,01L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10
39,83L	F -31,18	50 Free	4	2017-11-11	Limpopo Age Group 5
38,75L	F -1,08	50 Free	11	2017-12-01	Limpopo Champs
1:39,84L	F	100 Free	8	2017-11-11	Limpopo Age Group 5
1:29,44L	F -10,40	100 Free	11	2017-12-01	Limpopo Champs
45,98L	F	50 Back	11	2017-12-01	Limpopo Champs
1:40,99L	F	100 Back	7	2017-11-11	Limpopo Age Group 5
1:15,61L	DQ F	100 Back		2017-12-01	Limpopo Champs
52,76L	F	50 Breast	4	2017-11-11	Limpopo Age Group 5
51,80L	F -0,96	50 Breast	11	2017-12-01	Limpopo Champs
1:55,07L	F	100 Breast	6	2017-11-11	Limpopo Age Group 5
1:53,53L	F -1,54	100 Breast	8	2017-12-01	Limpopo Champs
4:03,42L	F	200 Breast	9	2017-12-01	Limpopo Champs
50,47L	F	50 Fly	7	2017-11-04	Limpopo Primary School - Top 10
1:54,19L	F	100 Fly	6	2017-11-04	Limpopo Primary School - Top 10
3:38,08L	F	200 IM	24	2017-12-01	Limpopo Champs
Michael Scheepers (17) M (Yr: GN)					
27,08S	F	50 Free	4	2017-08-05	Tuks Sprint Gala
27,55L	F -0,33	50 Free	4	2017-10-20	Limpopo Top 10 - High Schools
58,65S	LEV3 F	100 Free	4	2017-08-05	Tuks Sprint Gala
1:01,13L	LEV3 F 0,88	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools
33,33S	DQ F	50 Back		2017-08-05	Tuks Sprint Gala
29,41S	F	50 Fly	4	2017-08-05	Tuks Sprint Gala
30,03L	F -0,08	50 Fly	5	2017-10-20	Limpopo Top 10 - High Schools
1:11,85L	F	100 Fly	5	2017-10-20	Limpopo Top 10 - High Schools

HFDT-MPD

LSPHA-MPD

HWBAD-WBD

HWBAD-WBD

HMER-MPD

LSIM-SKD

TKSB-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Tiaan Scheepers (10) M (Yr: GR)**TKS-SKD**

37,36L	F	50 Free	3 2017-11-11 Limpopo Age Group 5
37,15L	F -0,21	50 Free	4 2017-12-01 Limpopo Champs
1:28,27L	LEV2 F	100 Free	3 2017-11-11 Limpopo Age Group 5
1:27,31L	LEV2 F -0,96	100 Free	4 2017-12-01 Limpopo Champs
3:10,88L	LEV2 F	200 Free	4 2017-12-01 Limpopo Champs
49,63L	F	50 Back	6 2017-12-01 Limpopo Champs
1:42,66L	LEV2 F	100 Back	6 2017-11-11 Limpopo Age Group 5
1:44,98L	LEV2 F 2,32	100 Back	6 2017-12-01 Limpopo Champs
50,71L	F	50 Breast	2 2017-11-04 Limpopo Primary School - Top 10
51,79L	F 1,08	50 Breast	2 2017-11-11 Limpopo Age Group 5
50,39L	F -0,32	50 Breast	4 2017-12-01 Limpopo Champs
1:50,22L	LEV2 F	100 Breast	4 2017-11-11 Limpopo Age Group 5
1:46,07L	LEV2 F -4,15	100 Breast	3 2017-12-01 Limpopo Champs
3:38,60L	LEV3 F	200 Breast	3 2017-12-01 Limpopo Champs
50,71L	F	50 Fly	3 2017-11-04 Limpopo Primary School - Top 10
51,86L	F 1,15	50 Fly	6 2017-12-01 Limpopo Champs
3:41,98L	F	200 IM	30 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Anika Schmidt (14) F (Yr: AR)			
31,92L	LEV2 F	50 Free	1 2017-07-29 Limpopo Age Group 2
32,80S	LEV2 F 1,68	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
32,46L	LEV2 F 0,54	50 Free	3 2017-10-14 Limpopo Age Group 4
32,83L	LEV2 F 0,91	50 Free	2 2017-11-11 Limpopo Age Group 5
32,18L	LEV2 F 0,26	50 Free	4 2017-12-01 Limpopo Champs
34,22L	F 2,30	50 Free	2 2018-01-27 LP School Champs 2018
33,79L	F 1,87	50 Free	2 2018-02-17 Limpopo Age Group 7
1:12,98S	LEV2 F	100 Free	9 2017-08-05 Tuks Sprint Gala
1:14,21S	LEV2 F 1,23	100 Free	10 2017-08-19 Small Districts Championship Gala 2017
1:15,46L	LEV2 F 0,88	100 Free	3 2017-11-11 Limpopo Age Group 5
1:17,43L	LEV2 F 2,85	100 Free	5 2017-12-01 Limpopo Champs
1:19,27L	F 4,69	100 Free	2 2018-01-27 LP School Champs 2018
1:14,14L	LEV2 F -0,44	100 Free	2 2018-02-17 Limpopo Age Group 7
2:55,24L	F	200 Free	2 2017-07-29 Limpopo Age Group 2
2:48,84L	F -6,40	200 Free	3 2017-10-14 Limpopo Age Group 4
2:49,06L	F 0,22	200 Free	4 2017-12-01 Limpopo Champs
2:54,41L	F 5,57	200 Free	1 2018-01-27 LP School Champs 2018
6:15,27L	F	400 Free	8 2017-12-01 Limpopo Champs
37,64L	LEV2 F	50 Back	1 2017-07-29 Limpopo Age Group 2
36,95S	LEV2 F -0,09	50 Back	1 2017-08-26 LP Shamu Sprint SC 2017
36,99L	LEV2 F -0,56	50 Back	1 2017-10-14 Limpopo Age Group 4
38,56L	LEV2 F 1,57	50 Back	3 2017-10-20 Limpopo Top 10 - High Schools
37,13L	LEV2 F 0,14	50 Back	1 2017-11-11 Limpopo Age Group 5
36,68L	LEV2 F -0,31	50 Back	1 2017-12-01 Limpopo Champs
38,43L	LEV2 F 1,75	50 Back	2 2018-01-27 LP School Champs 2018
36,86L	LEV2 F 0,18	50 Back	1 2018-02-17 Limpopo Age Group 7
1:21,43S	LEV2 F	100 Back	1 2017-08-05 Tuks Sprint Gala
1:19,56S	DQ F	100 Back	2017-08-19 Small Districts Championship Gala 2017
1:25,53L	F 2,90	100 Back	2 2017-10-20 Limpopo Top 10 - High Schools
1:22,85L	LEV2 F 0,22	100 Back	1 2017-11-11 Limpopo Age Group 5
1:22,03L	LEV2 F -0,60	100 Back	2 2017-12-01 Limpopo Champs
1:25,57L	F 3,54	100 Back	1 2018-01-27 LP School Champs 2018
1:24,05L	LEV2 F 2,02	100 Back	2 2018-02-17 Limpopo Age Group 7
2:58,77L	LEV2 F	200 Back	2 2017-07-29 Limpopo Age Group 2
2:59,91L	LEV2 F 1,14	200 Back	1 2017-10-14 Limpopo Age Group 4
2:57,35L	LEV2 F -1,42	200 Back	2 2017-12-01 Limpopo Champs
3:07,73L	F 10,38	200 Back	2 2018-01-27 LP School Champs 2018
2:59,50L	LEV2 F 2,15	200 Back	1 2018-02-17 Limpopo Age Group 7
45,32S	F	50 Breast	1 2017-08-05 Tuks Sprint Gala
46,41S	F 1,09	50 Breast	3 2017-08-26 LP Shamu Sprint SC 2017
45,40L	F -0,92	50 Breast	5 2017-12-01 Limpopo Champs
1:41,63L	F	100 Breast	4 2017-12-01 Limpopo Champs
1:45,69L	F 4,06	100 Breast	3 2018-01-27 LP School Champs 2018
3:45,59L	F	200 Breast	3 2017-10-14 Limpopo Age Group 4
3:46,39L	F 0,80	200 Breast	3 2017-12-01 Limpopo Champs
36,30S	LEV2 F	50 Fly	2 2017-08-05 Tuks Sprint Gala
38,12S	F 1,82	50 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
38,29L	F 1,29	50 Fly	2 2017-10-20 Limpopo Top 10 - High Schools
37,97L	F 0,97	50 Fly	4 2017-12-01 Limpopo Champs
39,25L	F 2,25	50 Fly	2 2018-01-27 LP School Champs 2018
1:40,82L	F	100 Fly	3 2017-10-20 Limpopo Top 10 - High Schools
1:36,70L	F -4,12	100 Fly	4 2017-12-01 Limpopo Champs
3:15,67L	F	200 IM	2 2017-07-29 Limpopo Age Group 2
3:01,50S	LEV2 F -10,97	200 IM	1 2017-08-05 Tuks Sprint Gala
3:05,03S	LEV2 F 3,53	200 IM	3 2017-08-26 LP Shamu Sprint SC 2017
3:19,02L	F 14,32	200 IM	4 2017-10-20 Limpopo Top 10 - High Schools
3:11,29L	LEV2 F 6,59	200 IM	7 2017-12-01 Limpopo Champs

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Wernich Schmidt (13) M (Yr: AR)				SS-MPD
34,15L	F	50 Free	1	2017-06-24 Limpopo Age Group 1
32,22L	F -1,93	50 Free	1	2017-07-29 Limpopo Age Group 2
32,32S	F 0,90	50 Free	3	2017-08-05 Tuks Sprint Gala
32,31S	F 0,89	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
32,11L	F -0,11	50 Free	2	2017-10-14 Limpopo Age Group 4
31,96L	LEV2 F -0,15	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
31,41L	LEV2 F -0,55	50 Free	7	2017-12-01 Limpopo Champs
31,91L	F 0,50	50 Free	4	2018-01-27 LP School Champs 2018
31,36L	LEV2 F -0,05	50 Free	2	2018-02-17 Limpopo Age Group 7
1:16,82L	F	100 Free	2	2017-06-24 Limpopo Age Group 1
1:11,70S	LEV2 F -3,52	100 Free	16	2017-08-05 Tuks Sprint Gala
1:09,90L	LEV2 F -3,40	100 Free	4	2017-11-04 Limpopo Primary School - Top 10
1:10,47L	LEV2 F 0,57	100 Free	4	2017-11-11 Limpopo Age Group 5
1:13,17L	LEV2 F 3,27	100 Free	7	2017-12-01 Limpopo Champs
1:13,51L	F 3,61	100 Free	5	2018-01-27 LP School Champs 2018
1:11,73L	LEV2 F 1,83	100 Free	4	2018-02-17 Limpopo Age Group 7
2:46,17L	F	200 Free	2	2017-07-29 Limpopo Age Group 2
2:45,92L	F -0,25	200 Free	4	2017-10-14 Limpopo Age Group 4
2:39,17L	LEV2 F -6,75	200 Free	7	2017-12-01 Limpopo Champs
2:53,85L	F 14,68	200 Free	6	2018-01-27 LP School Champs 2018
5:37,57L	F	400 Free	17	2017-12-01 Limpopo Champs
38,52L	LEV2 F	50 Back	1	2017-06-24 Limpopo Age Group 1
38,76L	F 0,24	50 Back	1	2017-07-29 Limpopo Age Group 2
36,54S	LEV2 F -1,38	50 Back	1	2017-08-26 LP Shamu Sprint SC 2017
38,84L	F 1,70	50 Back	3	2017-10-14 Limpopo Age Group 4
36,89L	LEV2 F -0,25	50 Back	1	2017-11-11 Limpopo Age Group 5
36,69L	LEV2 F -0,20	50 Back	4	2017-12-01 Limpopo Champs
36,76L	F 0,07	50 Back	2	2018-01-27 LP School Champs 2018
36,60L	LEV2 F -0,09	50 Back	1	2018-02-17 Limpopo Age Group 7
1:26,46L	F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:20,91S	LEV2 F -4,35	100 Back	3	2017-08-05 Tuks Sprint Gala
1:20,40L	LEV2 F -1,71	100 Back	2	2017-11-11 Limpopo Age Group 5
1:19,01L	LEV2 F -1,39	100 Back	4	2017-12-01 Limpopo Champs
1:21,27L	F 2,26	100 Back	2	2018-01-27 LP School Champs 2018
1:17,25L	LEV3 F -1,76	100 Back	2	2018-02-17 Limpopo Age Group 7
3:02,67L	F	200 Back	1	2017-07-29 Limpopo Age Group 2
2:58,24L	LEV2 F -4,43	200 Back	3	2017-10-14 Limpopo Age Group 4
2:53,74L	LEV2 F -4,50	200 Back	3	2017-12-01 Limpopo Champs
2:55,74L	F 2,00	200 Back	2	2018-01-27 LP School Champs 2018
46,90L	F	50 Breast	2	2017-06-24 Limpopo Age Group 1
42,35S	F -3,55	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
41,09L	LEV2 F -2,26	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
41,50L	F 0,41	50 Breast	6	2017-12-01 Limpopo Champs
1:32,87S	F	100 Breast	4	2017-08-05 Tuks Sprint Gala
1:30,68L	LEV2 F -4,19	100 Breast	3	2017-11-04 Limpopo Primary School - Top 10
1:35,39L	F 4,71	100 Breast	3	2017-11-11 Limpopo Age Group 5
1:32,55L	LEV2 F 1,87	100 Breast	6	2017-12-01 Limpopo Champs
1:37,66L	F 6,98	100 Breast	4	2018-01-27 LP School Champs 2018
3:33,26L	F	200 Breast	4	2017-10-14 Limpopo Age Group 4
3:26,98L	F -6,28	200 Breast	6	2017-12-01 Limpopo Champs
36,87S	F	50 Fly	4	2017-08-05 Tuks Sprint Gala
35,75S	F -1,12	50 Fly	2	2017-08-26 LP Shamu Sprint SC 2017
35,43L	LEV2 F -1,02	50 Fly	1	2017-11-11 Limpopo Age Group 5
35,48L	LEV2 F 0,05	50 Fly	5	2017-12-01 Limpopo Champs
37,87L	F 2,44	50 Fly	5	2018-01-27 LP School Champs 2018
1:31,65L	F	100 Fly	6	2017-12-01 Limpopo Champs
3:05,98L	F	200 IM	2	2017-07-29 Limpopo Age Group 2
2:53,75S	LEV2 F -9,03	200 IM	1	2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Wernich Schmidt (13) M (Yr: AR)			
3:00,97L	LEV2 F 4,02	200 IM	3 2017-11-04 Limpopo Primary School - Top 10
2:54,95L	LEV2 F -2,00	200 IM	5 2017-12-01 Limpopo Champs
3:03,38L	LEV2 F 8,43	200 IM	3 2018-02-17 Limpopo Age Group 7
Adele Schoeman (9) F (Yr: AR)			
46,67L	F	50 Free	3 2017-06-24 Limpopo Age Group 1
45,42L	F -1,25	50 Free	9 2017-07-29 Limpopo Age Group 2
49,92S	F 5,30	50 Free	6 2017-08-05 Tuks Sprint Gala
45,04L	F -0,38	50 Free	8 2017-09-09 Limpopo Age Group 3
46,24L	F 1,20	50 Free	8 2017-12-01 Limpopo Champs
43,40L	F -1,64	50 Free	6 2018-01-27 LP School Champs 2018
1:41,76L	F	100 Free	5 2017-06-24 Limpopo Age Group 1
1:49,48S	F 9,32	100 Free	38 2017-08-05 Tuks Sprint Gala
1:41,46L	F -0,30	100 Free	10 2017-09-09 Limpopo Age Group 3
1:39,66L	F -1,80	100 Free	6 2017-12-01 Limpopo Champs
1:38,77L	F -0,89	100 Free	6 2018-01-27 LP School Champs 2018
3:52,65L	F	200 Free	5 2017-07-29 Limpopo Age Group 2
3:41,31L	F -11,34	200 Free	4 2018-01-27 LP School Champs 2018
57,52L	F	50 Back	5 2017-06-24 Limpopo Age Group 1
1:00,38L	F 2,86	50 Back	11 2017-07-29 Limpopo Age Group 2
58,33S	F 1,41	50 Back	5 2017-08-05 Tuks Sprint Gala
56,51L	F -1,01	50 Back	11 2017-09-09 Limpopo Age Group 3
57,08L	F 0,57	50 Back	10 2017-12-01 Limpopo Champs
2:02,49S	F	100 Back	4 2017-08-05 Tuks Sprint Gala
1:02,48L	F	50 Breast	5 2017-06-24 Limpopo Age Group 1
1:04,61L	F 2,13	50 Breast	4 2017-07-29 Limpopo Age Group 2
59,37S	F -2,11	50 Breast	5 2017-08-05 Tuks Sprint Gala
56,16L	F -4,21	50 Breast	8 2017-09-09 Limpopo Age Group 3
52,47L	F -3,69	50 Breast	3 2017-12-01 Limpopo Champs
53,31L	F 0,84	50 Breast	4 2018-01-27 LP School Champs 2018
2:21,45L	F	100 Breast	5 2017-06-24 Limpopo Age Group 1
2:12,69L	F -8,76	100 Breast	12 2017-09-09 Limpopo Age Group 3
1:59,34L	LEV2 F -13,35	100 Breast	2 2017-12-01 Limpopo Champs
1:55,11L	LEV2 F -4,23	100 Breast	3 2018-01-27 LP School Champs 2018
1:10,41L	F	50 Fly	8 2017-07-29 Limpopo Age Group 2
1:06,28L	F -4,13	50 Fly	9 2017-12-01 Limpopo Champs
3:58,50L	F	200 IM	3 2018-01-27 LP School Champs 2018

LSTZN-MPD

VVIKS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Carmi Schoeman (9) F (Yr: GN)								TKSB-WBD
46,04S	F	50 Free	3	2017-08-05	Tuks Sprint Gala			
45,37S	F -0,67	50 Free	3	2017-08-26	LP Shamu Sprint SC 2017			
43,03L	F -0,49	50 Free	7	2017-11-04	Limpopo Primary School - Top 10			
41,30L	F -1,73	50 Free	3	2018-01-27	LP School Champs 2018			
1:40,01S	F	100 Free	35	2017-08-05	Tuks Sprint Gala			
1:33,18L	LEV2 F -8,43	100 Free	3	2018-01-27	LP School Champs 2018			
50,34S	F	50 Back	3	2017-08-05	Tuks Sprint Gala			
47,95S	F -2,39	50 Back	1	2017-08-26	LP Shamu Sprint SC 2017			
47,50L	F -1,05	50 Back	2	2018-01-27	LP School Champs 2018			
1:51,34S	F	100 Back	2	2017-08-05	Tuks Sprint Gala			
1:41,26L	LEV2 F -6,76	100 Back	2	2018-01-27	LP School Champs 2018			
55,56S	F	50 Breast	3	2017-08-05	Tuks Sprint Gala			
55,34S	F -0,22	50 Breast	1	2017-08-26	LP Shamu Sprint SC 2017			
51,76L	F -1,24	50 Breast	1	2017-11-04	Limpopo Primary School - Top 10			
50,83L	F -0,93	50 Breast	1	2018-01-27	LP School Champs 2018			
NS	F	100 Breast		2017-08-05	Tuks Sprint Gala			
1:52,14L	LEV2 F -8,05	100 Breast	1	2018-01-27	LP School Champs 2018			
54,66S	F	50 Fly	2	2017-08-05	Tuks Sprint Gala			
53,38S	F -1,28	50 Fly	2	2017-08-26	LP Shamu Sprint SC 2017			
54,34L	F 1,31	50 Fly	5	2018-01-27	LP School Champs 2018			
NS	F	100 Fly		2017-08-05	Tuks Sprint Gala			
3:52,46S	F	200 IM	2	2017-08-05	Tuks Sprint Gala			
3:47,78S	F -4,68	200 IM	1	2017-08-26	LP Shamu Sprint SC 2017			
3:38,04L	LEV2 F -7,31	200 IM	1	2018-01-27	LP School Champs 2018			
Jacobus Schoeman (15) M (Yr: GN)								HFDT-MPD
30,40L	F	50 Free	6	2017-10-20	Limpopo Top 10 - High Schools			
38,50L	DQ F	50 Back		2017-10-20	Limpopo Top 10 - High Schools			
Diré Schoeman (10) F								LSPN-MPD
1:50,66L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Isabel Schoeman (12) F (Yr: AR)				VVIKS-WBD
38,91L	F	50 Free	3	2017-06-24 Limpopo Age Group 1
35,55L	F -3,36	50 Free	2	2017-07-29 Limpopo Age Group 2
37,36S	F 2,61	50 Free	4	2017-08-05 Tuks Sprint Gala
37,06L	F 1,51	50 Free	3	2017-09-09 Limpopo Age Group 3
34,68L	F -0,87	50 Free	8	2018-01-27 LP School Champs 2018
1:22,21L	LEV2 F	100 Free	5	2017-06-24 Limpopo Age Group 1
1:19,66S	LEV2 F -0,95	100 Free	13	2017-08-05 Tuks Sprint Gala
1:22,16L	LEV2 F 0,90	100 Free	3	2017-09-09 Limpopo Age Group 3
1:20,35L	LEV2 F -0,91	100 Free	7	2017-12-01 Limpopo Champs
1:18,31L	LEV2 F -2,04	100 Free	5	2018-01-27 LP School Champs 2018
3:06,59L	F	200 Free	2	2017-07-29 Limpopo Age Group 2
2:58,07L	LEV2 F -8,52	200 Free	4	2017-12-01 Limpopo Champs
2:50,01L	LEV2 F -8,06	200 Free	3	2018-01-27 LP School Champs 2018
6:29,96L	F	400 Free	2	2017-09-09 Limpopo Age Group 3
6:00,31L	F -29,65	400 Free	3	2018-01-27 LP School Champs 2018
48,32L	F	50 Back	4	2017-07-29 Limpopo Age Group 2
43,10S	F -4,62	50 Back	5	2017-08-05 Tuks Sprint Gala
45,51L	F 1,81	50 Back	8	2017-12-01 Limpopo Champs
1:39,41L	F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:35,04S	F -3,17	100 Back	5	2017-08-05 Tuks Sprint Gala
1:37,87L	F 1,63	100 Back	6	2017-09-09 Limpopo Age Group 3
1:36,36L	F 0,12	100 Back	5	2017-12-01 Limpopo Champs
3:29,14L	F	200 Back	6	2017-12-01 Limpopo Champs
3:14,89L	LEV2 F -14,25	200 Back	3	2018-01-27 LP School Champs 2018
51,43S	F	50 Breast	7	2017-08-05 Tuks Sprint Gala
2:05,33L	F	100 Breast	4	2017-06-24 Limpopo Age Group 1
45,47L	F	50 Fly	3	2017-07-29 Limpopo Age Group 2
44,78S	F 0,01	50 Fly	3	2017-08-05 Tuks Sprint Gala
44,51L	F -0,96	50 Fly	1	2017-09-09 Limpopo Age Group 3
43,38L	F -1,13	50 Fly	6	2017-12-01 Limpopo Champs
42,48L	F -0,90	50 Fly	6	2018-01-27 LP School Champs 2018
3:42,58L	F	200 IM	5	2017-06-24 Limpopo Age Group 1
3:30,65L	LEV2 F -11,93	200 IM	3	2017-07-29 Limpopo Age Group 2
3:31,96S	LEV2 F 4,51	200 IM	3	2017-08-05 Tuks Sprint Gala
Jordan Schoeman (17) F (Yr: GN)				HSTAN-MPD
48,84L	F	50 Breast	6	2017-10-20 Limpopo Top 10 - High Schools
1:49,25L	F	100 Breast	6	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Marizelle Schoeman (13) F (Yr: DR)**TKS-SKD**

32,32L	LEV2	F	50	Free	1	2017-09-09	Limpopo Age Group 3
30,41L	LEV2	F -1,91	50	Free	2	2017-12-01	Limpopo Champs
30,30L	LEV2	F -0,11	50	Free	1	2018-01-27	LP School Champs 2018
31,40L	LEV2	F 1,10	50	Free	2	2018-02-17	Limpopo Age Group 7
1:12,49L	LEV2	F	100	Free	2	2017-09-09	Limpopo Age Group 3
1:08,71L	LEV3	F -3,78	100	Free	2	2017-12-01	Limpopo Champs
1:08,60L	LEV3	F -0,11	100	Free	2	2018-01-27	LP School Champs 2018
1:09,84L	LEV2	F 1,24	100	Free	3	2018-02-17	Limpopo Age Group 7
37,19L	LEV2	F	50	Back	4	2017-12-01	Limpopo Champs
37,40L	LEV2	F 0,21	50	Back	2	2018-01-27	LP School Champs 2018
1:26,08L	LEV2	F	100	Back	3	2017-09-09	Limpopo Age Group 3
1:22,64L	LEV2	F -3,44	100	Back	4	2017-12-01	Limpopo Champs
40,70L	LEV2	F	50	Breast	1	2017-09-09	Limpopo Age Group 3
41,07L	LEV2	F 0,37	50	Breast	1	2017-11-04	Limpopo Primary School - Top 10
40,97L	LEV2	F 0,27	50	Breast	1	2017-12-01	Limpopo Champs
40,02L	LEV2	F -0,68	50	Breast	1	2018-01-27	LP School Champs 2018
41,34L	LEV2	F 1,32	50	Breast	2	2018-02-17	Limpopo Age Group 7
1:35,00L	LEV2	F	100	Breast	3	2017-09-09	Limpopo Age Group 3
1:32,34L	LEV3	F -2,66	100	Breast	2	2017-11-04	Limpopo Primary School - Top 10
1:33,66L	LEV2	F 1,32	100	Breast	2	2017-12-01	Limpopo Champs
1:35,29L	LEV2	F 2,95	100	Breast	3	2018-01-27	LP School Champs 2018
1:34,99L	LEV2	F 2,65	100	Breast	2	2018-02-17	Limpopo Age Group 7
33,87L	LEV2	F	50	Fly	1	2017-11-04	Limpopo Primary School - Top 10
33,38L	LEV2	F -0,49	50	Fly	2	2017-12-01	Limpopo Champs
33,75L	LEV2	F 0,37	50	Fly	3	2018-01-27	LP School Champs 2018
33,07L	LEV2	F -0,31	50	Fly	2	2018-02-17	Limpopo Age Group 7
1:19,42L	LEV2	F	100	Fly	1	2017-11-04	Limpopo Primary School - Top 10
1:22,32L	LEV2	F 2,90	100	Fly	3	2017-12-01	Limpopo Champs
1:22,98L	LEV2	F 3,56	100	Fly	2	2018-01-27	LP School Champs 2018
2:56,70L	LEV3	F	200	IM	2	2017-11-04	Limpopo Primary School - Top 10
3:00,06L	LEV2	F 3,36	200	IM	4	2018-01-27	LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
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Ockert Schoeman (13) M (Yr: CR)**SS-MPD**

32,71S	F	50 Free	2 2017-08-26 LP Shamu Sprint SC 2017
1:03,27L I.	F 29,76	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
30,67L LEV2	F -2,84	50 Free	5 2017-12-01 Limpopo Champs
1:04,14L I.	F 30,63	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
1:12,73L LEV2	F	100 Free	5 2017-11-11 Limpopo Age Group 5
1:13,58L LEV2	F 0,85	100 Free	9 2017-12-01 Limpopo Champs
2:52,56L	F	200 Free	5 2017-10-14 Limpopo Age Group 4
2:43,77L	F -8,79	200 Free	9 2017-12-01 Limpopo Champs
36,96S LEV2	F	50 Back	2 2017-08-26 LP Shamu Sprint SC 2017
36,78L LEV2	F -0,78	50 Back	2 2017-10-14 Limpopo Age Group 4
35,49L LEV2	F -1,29	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
1:20,34L I.	F 43,56	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
37,42L LEV2	F 1,93	50 Back	2 2017-11-11 Limpopo Age Group 5
35,64L LEV2	F 0,15	50 Back	3 2017-12-01 Limpopo Champs
1:20,58L LEV2	F	100 Back	3 2017-11-04 Limpopo Primary School - Top 10
1:23,23L LEV2	F 2,65	100 Back	3 2017-11-11 Limpopo Age Group 5
1:20,33L LEV2	F -0,25	100 Back	5 2017-12-01 Limpopo Champs
1:26,87L	F 6,54	100 Back	4 2018-01-27 LP School Champs 2018
3:13,87L	F	200 Back	4 2017-10-14 Limpopo Age Group 4
3:05,95L	F -7,92	200 Back	5 2017-12-01 Limpopo Champs
42,70S	F	50 Breast	2 2017-08-26 LP Shamu Sprint SC 2017
41,17L LEV2	F -2,53	50 Breast	5 2017-12-01 Limpopo Champs
1:34,60L	F	100 Breast	7 2017-12-01 Limpopo Champs
3:35,33L DQ	F	200 Breast	2017-12-01 Limpopo Champs
34,86S LEV2	F	50 Fly	1 2017-08-26 LP Shamu Sprint SC 2017
34,41L LEV2	F -1,15	50 Fly	1 2017-10-14 Limpopo Age Group 4
33,48L LEV2	F -0,93	50 Fly	3 2017-11-04 Limpopo Primary School - Top 10
33,43L LEV2	F -0,05	50 Fly	4 2017-12-01 Limpopo Champs
1:28,57L	F	100 Fly	4 2017-11-04 Limpopo Primary School - Top 10
1:35,56L	F 6,99	100 Fly	1 2017-11-11 Limpopo Age Group 5
1:30,97L	F 2,40	100 Fly	5 2017-12-01 Limpopo Champs
3:10,15S	F	200 IM	2 2017-08-26 LP Shamu Sprint SC 2017
3:08,72L	F -4,63	200 IM	3 2017-10-14 Limpopo Age Group 4
3:02,59L LEV2	F -6,13	200 IM	10 2017-12-01 Limpopo Champs
3:12,00L	F 9,41	200 IM	4 2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Adelia Schonken (11) F (Yr: CR)			
37,37S	F	50 Free	4 2017-08-26 LP Shamu Sprint SC 2017
38,45L	F 0,28	50 Free	5 2017-09-09 Limpopo Age Group 3
38,70L	F 0,53	50 Free	2 2017-10-14 Limpopo Age Group 4
36,49L	F -1,68	50 Free	3 2017-11-04 Limpopo Primary School - Top 10
1:22,85L	F 44,68	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
37,57L	F 1,08	50 Free	5 2017-11-11 Limpopo Age Group 5
36,54L	F 0,05	50 Free	6 2017-12-01 Limpopo Champs
37,69L	F 1,20	50 Free	8 2018-01-27 LP School Champs 2018
36,37L	F -0,12	50 Free	2 2018-02-17 Limpopo Age Group 7
1:28,09L	LEV2 F	100 Free	6 2017-11-04 Limpopo Primary School - Top 10
1:24,05L	LEV2 F -4,04	100 Free	5 2017-11-11 Limpopo Age Group 5
1:22,65L	LEV2 F -1,40	100 Free	8 2017-12-01 Limpopo Champs
1:27,73L	F 5,08	100 Free	9 2018-01-27 LP School Champs 2018
3:07,45L	LEV2 F	200 Free	7 2017-12-01 Limpopo Champs
3:16,72L	F 9,27	200 Free	4 2018-01-27 LP School Champs 2018
46,56S	F	50 Back	6 2017-08-26 LP Shamu Sprint SC 2017
47,16L	F 0,00	50 Back	1 2017-10-14 Limpopo Age Group 4
46,78L	F -0,38	50 Back	7 2017-11-04 Limpopo Primary School - Top 10
47,12L	F 0,34	50 Back	2 2017-11-11 Limpopo Age Group 5
45,59L	LEV2 F -1,19	50 Back	9 2017-12-01 Limpopo Champs
46,72L	F 1,13	50 Back	8 2018-01-27 LP School Champs 2018
1:45,51L	F	100 Back	5 2017-11-04 Limpopo Primary School - Top 10
1:39,66L	LEV2 F -5,85	100 Back	10 2017-12-01 Limpopo Champs
1:43,88L	F 4,22	100 Back	6 2018-01-27 LP School Champs 2018
51,22S	F	50 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
53,31L	F 1,09	50 Breast	7 2017-10-14 Limpopo Age Group 4
49,69L	F -2,53	50 Breast	5 2017-11-11 Limpopo Age Group 5
49,35L	F -0,34	50 Breast	7 2017-12-01 Limpopo Champs
50,01L	F 0,66	50 Breast	3 2018-02-17 Limpopo Age Group 7
1:52,30L	LEV2 F	100 Breast	10 2017-12-01 Limpopo Champs
1:50,44L	F -1,86	100 Breast	8 2018-01-27 LP School Champs 2018
1:50,35L	LEV2 F -0,09	100 Breast	4 2018-02-17 Limpopo Age Group 7
45,96S	F	50 Fly	6 2017-08-26 LP Shamu Sprint SC 2017
48,27L	F 1,61	50 Fly	5 2017-10-14 Limpopo Age Group 4
45,71L	F -0,95	50 Fly	4 2017-11-11 Limpopo Age Group 5
48,22L	F 2,51	50 Fly	9 2017-12-01 Limpopo Champs
47,74L	F 2,03	50 Fly	2 2018-02-17 Limpopo Age Group 7
3:37,68S	LEV2 F	200 IM	5 2017-08-26 LP Shamu Sprint SC 2017
3:54,75L	F 13,87	200 IM	6 2017-10-14 Limpopo Age Group 4
3:41,08L	LEV2 F 0,20	200 IM	24 2017-12-01 Limpopo Champs
3:43,28L	F 2,40	200 IM	6 2018-01-27 LP School Champs 2018

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Simonè Schonken (9) F (Yr: CR)			
47,10L	F	50 Free	12 2017-09-09 Limpopo Age Group 3
44,71L	F -2,39	50 Free	11 2017-10-14 Limpopo Age Group 4
45,17L	F 0,46	50 Free	10 2017-11-11 Limpopo Age Group 5
43,38L	F -1,33	50 Free	6 2017-12-01 Limpopo Champs
45,50L	F 2,12	50 Free	8 2018-01-27 LP School Champs 2018
45,54L	F 2,16	50 Free	7 2018-02-17 Limpopo Age Group 7
1:40,30L	F	100 Free	7 2017-12-01 Limpopo Champs
54,95L	F	50 Back	9 2017-09-09 Limpopo Age Group 3
52,78L	F -2,17	50 Back	6 2017-10-14 Limpopo Age Group 4
51,40L	F -1,38	50 Back	5 2017-11-04 Limpopo Primary School - Top 10
1:56,12L I.	F 63,34	200 Medley Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
52,85L	F 1,45	50 Back	8 2017-12-01 Limpopo Champs
1:44,36L I.	F 52,96	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
52,17L	F 0,77	50 Back	8 2018-01-27 LP School Champs 2018
50,56L	F -0,84	50 Back	5 2018-02-17 Limpopo Age Group 7
58,37L	F	50 Breast	11 2017-09-09 Limpopo Age Group 3
1:01,23L	F 2,86	50 Breast	8 2017-10-14 Limpopo Age Group 4
58,86L	F 0,49	50 Breast	7 2017-11-04 Limpopo Primary School - Top 10
54,48L	F -3,89	50 Breast	5 2017-12-01 Limpopo Champs
57,79L	F 3,31	50 Breast	7 2018-01-27 LP School Champs 2018
54,27L	F -0,21	50 Breast	4 2018-02-17 Limpopo Age Group 7
2:10,50L	F	100 Breast	10 2017-09-09 Limpopo Age Group 3
2:08,18L	F -2,32	100 Breast	5 2017-12-01 Limpopo Champs
2:04,01L	F -4,17	100 Breast	5 2018-01-27 LP School Champs 2018
2:01,86L	F -2,15	100 Breast	3 2018-02-17 Limpopo Age Group 7
1:06,46L	F	50 Fly	9 2017-09-09 Limpopo Age Group 3
58,90L	F -7,56	50 Fly	8 2017-10-14 Limpopo Age Group 4
55,40L	F -3,50	50 Fly	12 2017-11-11 Limpopo Age Group 5
56,34L	F 0,94	50 Fly	7 2017-12-01 Limpopo Champs

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Marinus Schrader (10) M (Yr: AN)				EAGA-CCD
40,34L	F	50 Free	2	2017-06-24 Limpopo Age Group 1
36,89S	F -2,65	50 Free	6	2017-08-19 Small Districts Championship Gala 2017
36,26L	F -1,43	50 Free	4	2017-10-28 Eager Sprint Gala
1:13,36L I.	F 37,10	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
37,18L	F 0,92	50 Free	9	2017-12-01 Limpopo Champs
1:15,20L I.	F 38,94	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:30,69L LEV2	F	100 Free	2	2017-06-24 Limpopo Age Group 1
1:23,85L LEV2	F -6,84	100 Free	8	2017-12-01 Limpopo Champs
1:24,43L	F 0,58	100 Free	6	2018-01-27 LP School Champs 2018
1:22,55L LEV2	F -1,30	100 Free	4	2018-02-17 Limpopo Age Group 7
3:09,34L LEV2	F	200 Free	1	2017-07-29 Limpopo Age Group 2
3:00,75L LEV2	F -8,59	200 Free	5	2017-12-01 Limpopo Champs
3:08,21L	F 7,46	200 Free	5	2018-01-27 LP School Champs 2018
3:21,51L	F 20,76	200 Free	3	2018-02-17 Limpopo Age Group 7
6:06,52L LEV3	F	400 Free	5	2017-11-11 Limpopo Age Group 5
6:12,34L LEV3	F 5,82	400 Free	11	2017-12-01 Limpopo Champs
47,20L	F	50 Back	1	2017-06-24 Limpopo Age Group 1
46,03L	F -1,17	50 Back	5	2017-10-28 Eager Sprint Gala
44,29L LEV2	F -1,74	50 Back	7	2017-12-01 Limpopo Champs
1:38,71L	F	100 Back	5	2017-11-11 Limpopo Age Group 5
1:38,38L	F -0,33	100 Back	10	2017-12-01 Limpopo Champs
1:37,76L	F -0,62	100 Back	5	2018-01-27 LP School Champs 2018
1:37,80L	F 0,04	100 Back	4	2018-02-17 Limpopo Age Group 7
3:56,94L	F	200 Back	2	2017-07-29 Limpopo Age Group 2
3:35,94L	F -21,00	200 Back	4	2017-12-01 Limpopo Champs
3:33,95L	F -1,99	200 Back	7	2018-01-27 LP School Champs 2018
1:00,99L	F	50 Breast	3	2017-06-24 Limpopo Age Group 1
55,10L	F -5,89	50 Breast	6	2017-10-28 Eager Sprint Gala
51,75L	F -3,35	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
53,07L	F 1,32	50 Breast	13	2017-12-01 Limpopo Champs
1:56,79L	F	100 Breast	4	2017-11-04 Limpopo Primary School - Top 10
1:55,82L	F -0,97	100 Breast	4	2017-11-11 Limpopo Age Group 5
1:50,59L	F -5,23	100 Breast	11	2017-12-01 Limpopo Champs
1:53,99L	F 3,40	100 Breast	4	2018-01-27 LP School Champs 2018
1:51,98L	F 1,39	100 Breast	2	2018-02-17 Limpopo Age Group 7
4:22,57L	F	200 Breast	1	2017-07-29 Limpopo Age Group 2
4:08,26L	F -14,31	200 Breast	7	2017-12-01 Limpopo Champs
4:05,10L	F -3,16	200 Breast	3	2018-01-27 LP School Champs 2018
57,48L	F	50 Fly	2	2017-06-24 Limpopo Age Group 1
51,03L	F -6,45	50 Fly	3	2017-07-29 Limpopo Age Group 2
44,89L	F -6,14	50 Fly	4	2017-10-28 Eager Sprint Gala
43,40L	F -1,49	50 Fly	4	2017-11-04 Limpopo Primary School - Top 10
41,20L LEV2	F -2,20	50 Fly	5	2017-12-01 Limpopo Champs
1:40,66L	F	100 Fly	3	2017-11-04 Limpopo Primary School - Top 10
1:46,93L	F 6,27	100 Fly	2	2017-11-11 Limpopo Age Group 5
1:43,69L	F 3,03	100 Fly	4	2017-12-01 Limpopo Champs
1:48,45L	F 7,79	100 Fly	4	2018-01-27 LP School Champs 2018
1:51,07L	F 10,41	100 Fly	4	2018-02-17 Limpopo Age Group 7
3:47,27L	F	200 IM	3	2017-07-29 Limpopo Age Group 2
3:41,85L	F -5,42	200 IM	4	2017-10-28 Eager Sprint Gala
3:35,46L DQ	F	200 IM		2017-12-01 Limpopo Champs
3:35,03L	F -6,82	200 IM	5	2018-01-27 LP School Champs 2018
Heinrich Schultz (15) M (Yr: GN)				HMER-MPD
1:28,44L DQ	F	100 Back		2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Ryan Schultz (17) M (Yr: GR)							
1:18,15L	F	100 Back	4	2017-10-20	Limpopo Top 10 - High Schools		HSTAN-MPD
37,21L	F	50 Breast	4	2017-10-20	Limpopo Top 10 - High Schools		
1:23,40L	F	100 Breast	4	2017-10-20	Limpopo Top 10 - High Schools		
30,82L	F	50 Fly	6	2017-10-20	Limpopo Top 10 - High Schools		
2:43,12L	F	200 IM	5	2017-10-20	Limpopo Top 10 - High Schools		
Anmarie Schutte (18) F (Yr: AR)							
36,07L	F	50 Free	3	2017-09-09	Limpopo Age Group 3		LOTTA-WBD
1:20,76L	F	100 Free	5	2017-09-09	Limpopo Age Group 3		
45,15L	F	50 Breast	4	2017-09-09	Limpopo Age Group 3		
1:43,47L	F	100 Breast	4	2017-09-09	Limpopo Age Group 3		
41,78L	F	50 Fly	2	2017-09-09	Limpopo Age Group 3		
Wilmien Schutte (16) F (Yr: AR)							
36,91L	F	50 Free	4	2017-09-09	Limpopo Age Group 3		LOTTA-WBD
35,24L	F -1,67	50 Free	2	2017-11-11	Limpopo Age Group 5		
34,22L	F -1,02	50 Free	5	2017-12-01	Limpopo Champs		
34,42L	F 0,20	50 Free	4	2018-01-27	LP School Champs 2018		
34,35L	F 0,13	50 Free	3	2018-02-17	Limpopo Age Group 7		
1:20,71L	F	100 Free	4	2017-09-09	Limpopo Age Group 3		
1:19,02L	F -1,69	100 Free	1	2017-11-11	Limpopo Age Group 5		
1:16,17L	F -2,85	100 Free	4	2017-12-01	Limpopo Champs		
1:17,06L	F 0,89	100 Free	2	2018-01-27	LP School Champs 2018		
1:16,40L	F 0,23	100 Free	2	2018-02-17	Limpopo Age Group 7		
2:52,66L	F	200 Free	3	2017-12-01	Limpopo Champs		
2:51,29L	F -1,37	200 Free	2	2018-01-27	LP School Champs 2018		
6:22,08L	F	400 Free	4	2017-12-01	Limpopo Champs		
41,75L	F	50 Back	2	2017-09-09	Limpopo Age Group 3		
42,49L	F 0,74	50 Back	3	2017-11-11	Limpopo Age Group 5		
40,42L	F -1,33	50 Back	5	2017-12-01	Limpopo Champs		
40,39L	F -0,03	50 Back	5	2018-01-27	LP School Champs 2018		
41,19L	F 0,80	50 Back	4	2018-02-17	Limpopo Age Group 7		
1:35,22L	F	100 Back	3	2017-09-09	Limpopo Age Group 3		
1:32,61L	F -2,61	100 Back	2	2017-11-11	Limpopo Age Group 5		
1:29,71L	F -2,90	100 Back	5	2017-12-01	Limpopo Champs		
1:26,75L	F -2,96	100 Back	3	2018-01-27	LP School Champs 2018		
1:29,93L	F 3,18	100 Back	2	2018-02-17	Limpopo Age Group 7		
3:19,89L	F	200 Back	2	2017-12-01	Limpopo Champs		
3:15,51L	F -4,38	200 Back	3	2018-01-27	LP School Champs 2018		
47,34L	F	50 Fly	3	2017-09-09	Limpopo Age Group 3		
44,11L	F -3,23	50 Fly		2017-11-11	Limpopo Age Group 5		
42,29L	F -1,82	50 Fly	5	2017-12-01	Limpopo Champs		
42,96L	F 0,67	50 Fly	1	2018-01-27	LP School Champs 2018		
43,00L	F 0,71	50 Fly	2	2018-02-17	Limpopo Age Group 7		
1:41,34L	F	100 Fly	1	2018-01-27	LP School Champs 2018		
3:25,81L	F	200 IM	10	2017-12-01	Limpopo Champs		
Amy Scott (10) F (Yr: HR)							
40,52L	F	50 Free	4	2017-10-28	Eager Sprint Gala		EAGAB-CCD
42,83L	F 2,31	50 Free	7	2018-01-27	LP School Champs 2018		
1:33,81L	F	100 Free	4	2018-01-27	LP School Champs 2018		
50,72L	F	50 Back	4	2017-10-28	Eager Sprint Gala		
48,76L	F -1,96	50 Back	4	2018-01-27	LP School Champs 2018		
56,69L	F	50 Breast	5	2017-10-28	Eager Sprint Gala		
55,43L	F -1,26	50 Breast	8	2017-11-04	Limpopo Primary School - Top 10		
54,21L	F -1,22	50 Breast	6	2018-01-27	LP School Champs 2018		
1:58,03L	F	100 Breast	5	2018-01-27	LP School Champs 2018		
4:14,16L	F	200 Breast	4	2018-01-27	LP School Champs 2018		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Daniel Scott (9) M (Yr: HR)				PEPPS-CCD
43,42L	F	50 Free	8	2017-11-04 Limpopo Primary School - Top 10
52,82L	F 9,40	50 Free	11	2018-01-27 LP School Champs 2018
54,37L	F	50 Back	9	2018-01-27 LP School Champs 2018
56,53L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10
55,94L	F -0,59	50 Breast	6	2018-01-27 LP School Champs 2018
Tristan Scully (11) M (Yr: HR)				MITCH-CCD
42,99L	F	50 Free	10	2017-11-04 Limpopo Primary School - Top 10
57,44L	F	50 Back	9	2017-11-04 Limpopo Primary School - Top 10
Mamonare Sekhula (7) F (Yr: AR)				EAGA-CCD
25,09S	F	25 Free	3	2017-08-26 LP Shamu Sprint SC 2017
52,64L	F	50 Free	15	2017-09-09 Limpopo Age Group 3
51,84L	F -0,80	50 Free	11	2017-11-11 Limpopo Age Group 5
DQ	F	50 Free		2017-12-01 Limpopo Champs
1:59,29L	F	100 Free	12	2017-11-11 Limpopo Age Group 5
1:58,69L	F -0,60	100 Free	9	2017-12-01 Limpopo Champs
27,65S	F	25 Back	3	2017-08-26 LP Shamu Sprint SC 2017
1:02,76L	F	50 Back	14	2017-09-09 Limpopo Age Group 3
59,71L	F -3,05	50 Back	10	2017-11-11 Limpopo Age Group 5
1:01,68L	F 1,97	50 Back	9	2017-12-01 Limpopo Champs
32,59S	F	25 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
1:11,33L	F	50 Breast	18	2017-09-09 Limpopo Age Group 3
1:13,33L	F 2,00	50 Breast	12	2017-11-11 Limpopo Age Group 5
1:10,14L	F -1,19	50 Breast	7	2017-12-01 Limpopo Champs
2:32,12L	F	100 Breast	5	2017-12-01 Limpopo Champs
31,21S	F	25 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
1:10,69L	F	50 Fly	10	2017-09-09 Limpopo Age Group 3
1:14,17L	F 3,48	50 Fly	16	2017-11-11 Limpopo Age Group 5
NS	F	50 Fly		2017-12-01 Limpopo Champs
2:20,56S	F	100 IM	2	2017-08-26 LP Shamu Sprint SC 2017
Relotilwe Sekhula (11) M (Yr: AR)				EAGA-CCD
NS	F	50 Free		2017-08-05 Tuks Sprint Gala
39,34L	F	50 Free	7	2017-09-09 Limpopo Age Group 3
39,83L	F 0,49	50 Free	7	2017-11-04 Limpopo Primary School - Top 10
NS	F	50 Free		2017-12-01 Limpopo Champs
1:31,19L	F	100 Free	9	2017-09-09 Limpopo Age Group 3
1:32,26L	F 1,07	100 Free	7	2017-11-04 Limpopo Primary School - Top 10
1:29,79L	F -1,40	100 Free	7	2017-11-11 Limpopo Age Group 5
1:24,53L	LEV2 F -5,26	100 Free	9	2017-12-01 Limpopo Champs
48,89L	F	50 Back	6	2017-09-09 Limpopo Age Group 3
47,31L	F -1,58	50 Back	13	2017-12-01 Limpopo Champs
1:39,49L	F 50,60	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
NS	F	100 Back		2017-08-05 Tuks Sprint Gala
1:43,51L	F	100 Back	7	2017-11-11 Limpopo Age Group 5
1:39,22L	F -4,29	100 Back	11	2017-12-01 Limpopo Champs
NS	F	50 Breast		2017-08-05 Tuks Sprint Gala
50,76L	F	50 Breast	4	2017-09-09 Limpopo Age Group 3
51,96L	F 1,20	50 Breast	3	2017-11-11 Limpopo Age Group 5
49,63L	F -1,13	50 Breast	10	2017-12-01 Limpopo Champs
NS	F	100 Breast		2017-08-05 Tuks Sprint Gala
1:54,39L	F	100 Breast	4	2017-09-09 Limpopo Age Group 3
1:56,16L	F 1,77	100 Breast	5	2017-11-11 Limpopo Age Group 5
1:49,28L	F -5,11	100 Breast	7	2017-12-01 Limpopo Champs
NS	F	50 Fly		2017-08-05 Tuks Sprint Gala
DQ	F	50 Fly		2017-12-01 Limpopo Champs
1:51,88L	F	100 Fly	4	2017-11-04 Limpopo Primary School - Top 10
1:57,90L	F 6,02	100 Fly	3	2017-11-11 Limpopo Age Group 5
NS	F	200 IM		2017-08-05 Tuks Sprint Gala
3:41,86L	F	200 IM	29	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Thuto Shebe (7) F								EAGAB-CCD
1:02,91L	F	50 Free	8	2017-10-28	Eager Sprint Gala			
1:09,26L	F	50 Back	6	2017-10-28	Eager Sprint Gala			
Pelo Shilajoe (8) F								TKSB-WBD
NS	F	50 Free		2017-08-05	Tuks Sprint Gala			
2:27,15S	F	100 Free	46	2017-08-05	Tuks Sprint Gala			
1:11,45S	F	50 Back	8	2017-08-05	Tuks Sprint Gala			
NS	F	100 Back		2017-08-05	Tuks Sprint Gala			
1:29,42S	DQ	50 Breast		2017-08-05	Tuks Sprint Gala			
1:24,19S	DQ	50 Fly		2017-08-05	Tuks Sprint Gala			
NS	F	100 Fly		2017-08-05	Tuks Sprint Gala			
Danielle Sinden (15) F (Yr: GN)								HFDT-MPD
52,42L	F	50 Back	6	2017-10-20	Limpopo Top 10 - High Schools			
Gustav Small (16) M (Yr: GR)								HBV-MPD
34,02L	F	50 Fly	7	2017-10-20	Limpopo Top 10 - High Schools			
1:31,94L	F	100 Fly	4	2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Daniel Smit (14) M (Yr: BR)			
29,14L	LEV2 F	50 Free	1 2017-07-29 Limpopo Age Group 2
28,55S	LEV2 F 0,21	50 Free	3 2017-08-26 LP Shamu Sprint SC 2017
29,06L	LEV2 F -0,08	50 Free	3 2017-12-01 Limpopo Champs
1:03,08L	LEV3 F	100 Free	3 2017-09-09 Limpopo Age Group 3
1:02,58L	LEV3 F -0,50	100 Free	4 2017-11-11 Limpopo Age Group 5
1:02,10L	LEV3 F -0,48	100 Free	4 2017-12-01 Limpopo Champs
1:02,00L	LEV3 F -0,10	100 Free	4 2018-01-27 LP School Champs 2018
2:23,22L	LEV3 F	200 Free	4 2017-10-14 Limpopo Age Group 4
2:17,45L	LEV3 F -5,77	200 Free	3 2017-12-01 Limpopo Champs
2:19,82L	LEV2 F 2,37	200 Free	3 2018-01-27 LP School Champs 2018
5:02,16L	LEV3 F	400 Free	2 2017-09-09 Limpopo Age Group 3
4:54,00L	LEV3 F -8,16	400 Free	6 2017-12-01 Limpopo Champs
20:16,12L	F	1500 Free	2 2017-10-14 Limpopo Age Group 4
21:15,46L	F 59,34	1500 Free	8 2017-12-01 Limpopo Champs
33,14L	LEV2 F	50 Back	1 2017-07-29 Limpopo Age Group 2
32,22S	LEV2 F -0,32	50 Back	1 2017-08-26 LP Shamu Sprint SC 2017
33,87L	LEV2 F 1,05	50 Back	3 2017-10-20 Limpopo Top 10 - High Schools
32,55L	LEV2 F -0,27	50 Back	1 2017-11-11 Limpopo Age Group 5
32,62L	LEV2 F 0,07	50 Back	2 2017-12-01 Limpopo Champs
1:09,55L	F 37,00	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
33,04L	LEV2 F 0,49	50 Back	1 2018-01-27 LP School Champs 2018
32,62L	LEV2 F 0,07	50 Back	1 2018-02-17 Limpopo Age Group 7
1:10,92L	LEV3 F	100 Back	1 2017-09-09 Limpopo Age Group 3
1:11,33L	LEV3 F 0,41	100 Back	2 2017-10-20 Limpopo Top 10 - High Schools
1:10,36L	LEV3 F -0,56	100 Back	2 2017-11-11 Limpopo Age Group 5
1:09,14L	LEV3 F -1,22	100 Back	2 2017-12-01 Limpopo Champs
1:09,43L	LEV3 F 0,29	100 Back	2 2018-01-27 LP School Champs 2018
1:09,81L	LEV3 F 0,67	100 Back	2 2018-02-17 Limpopo Age Group 7
2:35,39L	LEV3 F	200 Back	2 2017-07-29 Limpopo Age Group 2
2:31,04L	LEV3 F -4,35	200 Back	1 2017-10-14 Limpopo Age Group 4
2:31,09L	LEV3 F 0,05	200 Back	2 2017-12-01 Limpopo Champs
2:32,07L	LEV3 F 1,03	200 Back	3 2018-01-27 LP School Champs 2018
2:28,97L	LEV3 F -2,07	200 Back	1 2018-02-17 Limpopo Age Group 7
38,60S	LEV2 F	50 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
38,92L	LEV2 F -0,68	50 Breast	5 2017-12-01 Limpopo Champs
1:27,09L	LEV2 F	100 Breast	4 2017-09-09 Limpopo Age Group 3
1:25,71L	LEV2 F -1,38	100 Breast	6 2017-12-01 Limpopo Champs
3:08,33L	LEV2 F	200 Breast	4 2017-12-01 Limpopo Champs
33,58S	F	50 Fly	6 2017-08-26 LP Shamu Sprint SC 2017
33,50L	LEV2 F -0,78	50 Fly	6 2017-12-01 Limpopo Champs
1:29,78L	F	100 Fly	3 2017-07-29 Limpopo Age Group 2
1:16,54L	F -13,24	100 Fly	6 2017-12-01 Limpopo Champs
2:44,07L	LEV2 F	200 IM	2 2017-07-29 Limpopo Age Group 2
2:34,32S	LEV3 F -6,55	200 IM	8 2017-08-19 Small Districts Championship Gala 2017
2:33,79S	LEV3 F -0,53	200 IM	2 2017-08-26 LP Shamu Sprint SC 2017
2:41,52L	LEV3 F 4,53	200 IM	6 2017-10-20 Limpopo Top 10 - High Schools
2:37,43L	LEV3 F 0,44	200 IM	11 2017-12-01 Limpopo Champs
2:40,53L	LEV2 F 3,54	200 IM	3 2018-01-27 LP School Champs 2018
6:01,03L	F	400 IM	6 2017-12-01 Limpopo Champs

SS-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Donia Smit (12) F (Yr: BR)				SS-MPD
37,82L	F	50 Free	5	2017-07-29 Limpopo Age Group 2
36,33S	F -0,69	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
39,23L	F 2,10	50 Free	4	2017-10-14 Limpopo Age Group 4
36,62L	F -0,51	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
35,57L	F -1,05	50 Free	8	2017-12-01 Limpopo Champs
1:23,66L	LEV2 F	100 Free	5	2017-09-09 Limpopo Age Group 3
1:23,57L	LEV2 F -0,09	100 Free	5	2017-11-04 Limpopo Primary School - Top 10
1:23,73L	LEV2 F 0,16	100 Free	10	2017-12-01 Limpopo Champs
1:23,85L	F 0,28	100 Free	11	2018-01-27 LP School Champs 2018
NS	F	100 Free		2018-02-17 Limpopo Age Group 7
3:01,47L	LEV2 F	200 Free	5	2017-12-01 Limpopo Champs
6:13,13L	F	400 Free	5	2017-12-01 Limpopo Champs
42,77S	F	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
43,00L	F -0,37	50 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:35,00L	F 51,63	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
43,30L	F 0,30	50 Back	6	2017-12-01 Limpopo Champs
43,59L	F 0,59	50 Back	10	2018-01-27 LP School Champs 2018
1:32,65L	LEV2 F	100 Back	2	2017-09-09 Limpopo Age Group 3
1:30,25L	LEV2 F -2,40	100 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:32,62L	LEV2 F 2,37	100 Back	4	2017-12-01 Limpopo Champs
1:36,78L	F 6,53	100 Back	5	2018-01-27 LP School Champs 2018
1:31,14L	LEV2 F 0,89	100 Back	4	2018-02-17 Limpopo Age Group 7
3:26,30L	F	200 Back	3	2017-07-29 Limpopo Age Group 2
3:25,46L	F -0,84	200 Back	3	2017-10-14 Limpopo Age Group 4
3:15,31L	LEV2 F -10,15	200 Back	4	2017-12-01 Limpopo Champs
3:24,11L	F 8,80	200 Back	4	2018-01-27 LP School Champs 2018
3:12,68L	LEV2 F -2,63	200 Back	2	2018-02-17 Limpopo Age Group 7
51,80L	F	50 Breast	2	2017-07-29 Limpopo Age Group 2
47,47S	F -3,33	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
50,27L	F 1,80	50 Breast	3	2017-09-09 Limpopo Age Group 3
48,78L	F 0,31	50 Breast	6	2017-12-01 Limpopo Champs
NS	F	100 Breast		2017-09-09 Limpopo Age Group 3
1:48,72L	F	100 Breast	5	2017-12-01 Limpopo Champs
3:58,38L	F	200 Breast	2	2017-07-29 Limpopo Age Group 2
3:53,04L	F -5,34	200 Breast	5	2017-12-01 Limpopo Champs
3:58,61L	F 5,57	200 Breast	2	2018-01-27 LP School Champs 2018
48,11S	F	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
53,23L	F 4,42	50 Fly	3	2017-10-14 Limpopo Age Group 4
48,71L	F -0,10	50 Fly	10	2017-12-01 Limpopo Champs
3:38,61L	LEV2 F	200 IM	4	2017-07-29 Limpopo Age Group 2
3:25,01S	LEV2 F -10,40	200 IM	4	2017-08-26 LP Shamu Sprint SC 2017
3:32,41L	DQ F	200 IM		2017-11-04 Limpopo Primary School - Top 10
3:31,88L	LEV2 F 3,67	200 IM	18	2017-12-01 Limpopo Champs
3:32,69L	F 4,48	200 IM	4	2018-01-27 LP School Champs 2018
Thomathen Smith (12) M (Yr: HN)				LSBOS-WBD
41,42L	F	50 Free	9	2018-01-27 LP School Champs 2018
1:40,90L	F	100 Free	11	2018-01-27 LP School Champs 2018
1:02,35L	F	50 Back	10	2017-11-04 Limpopo Primary School - Top 10
2:17,48L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
2:22,17L	F	100 Back	8	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Mignon Smit (10) F (Yr: BR)

SS-MPD

Time	P/F/S	Event	Place
44,92L	F	50 Free	8 2017-07-29 Limpopo Age Group 2
47,39S	F 3,27	50 Free	5 2017-08-26 LP Shamu Sprint SC 2017
46,83L	F 1,91	50 Free	11 2017-09-09 Limpopo Age Group 3
44,05L	F -0,87	50 Free	7 2017-12-01 Limpopo Champs
44,89L	F 0,84	50 Free	9 2018-01-27 LP School Champs 2018
1:39,80L	F	100 Free	9 2017-09-09 Limpopo Age Group 3
1:45,94L	F 6,14	100 Free	7 2017-12-01 Limpopo Champs
1:40,94L	F 1,14	100 Free	9 2018-01-27 LP School Champs 2018
3:46,57L	F	200 Free	3 2017-07-29 Limpopo Age Group 2
3:38,75L	F -7,82	200 Free	3 2017-10-14 Limpopo Age Group 4
3:36,95L	F -1,80	200 Free	7 2017-12-01 Limpopo Champs
57,38L	F	50 Back	7 2017-07-29 Limpopo Age Group 2
52,98S	F -3,80	50 Back	5 2017-08-26 LP Shamu Sprint SC 2017
54,25L	F 0,67	50 Back	9 2017-10-14 Limpopo Age Group 4
55,12L	F 1,54	50 Back	8 2017-12-01 Limpopo Champs
52,22L	F -1,36	50 Back	9 2018-01-27 LP School Champs 2018
1:54,09L	F	100 Back	4 2018-01-27 LP School Champs 2018
1:04,93L	F	50 Breast	6 2017-07-29 Limpopo Age Group 2
1:01,39S	F -2,54	50 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
1:04,41L	F 2,02	50 Breast	11 2017-10-14 Limpopo Age Group 4
1:00,51L	F -1,88	50 Breast	7 2017-12-01 Limpopo Champs
1:07,93L	F 7,42	50 Breast	9 2018-01-27 LP School Champs 2018
NS	F	100 Breast	2017-09-09 Limpopo Age Group 3
2:21,92L	F	100 Breast	8 2017-12-01 Limpopo Champs
2:20,60L	DQ F	100 Breast	2018-01-27 LP School Champs 2018
1:05,83S	F	50 Fly	6 2017-08-26 LP Shamu Sprint SC 2017
1:18,81L	F 12,28	50 Fly	7 2017-12-01 Limpopo Champs
4:30,54L	F	200 IM	9 2017-07-29 Limpopo Age Group 2
4:26,85S	F -0,49	200 IM	4 2017-08-26 LP Shamu Sprint SC 2017
4:45,73L	F 15,68	200 IM	37 2017-12-01 Limpopo Champs

Teagan Smit (13) F (Yr: HR)

MITCH-CCD

45,55L	F	50 Breast	4 2017-11-04 Limpopo Primary School - Top 10
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Jacques Snyman (12) M (Yr: HR)

MITCH-CCD

57,27L	F	50 Breast	9 2017-11-04 Limpopo Primary School - Top 10
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Nika Snyman (9) F (Yr: HN)

LSBOS-WBD

1:30,77L	I. F 47,21	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
56,35L	F -0,04	50 Breast	6 2017-11-04 Limpopo Primary School - Top 10

Luané Sonnekus (13) F (Yr: HN)

LSPHA-MPD

51,17L	F	50 Breast	8 2017-11-04 Limpopo Primary School - Top 10
1:51,93L	F	100 Breast	6 2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Charles Sparks (10) M (Yr: AN)				ELRAS-WBD
43,86L	F	50 Free	9	2017-07-29 Limpopo Age Group 2
44,84S	F 1,78	50 Free	8	2017-08-05 Tuks Sprint Gala
1:35,48L I.	F 51,62	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
42,11L	F -1,75	50 Free	6	2018-01-27 LP School Champs 2018
1:42,98S	F	100 Free	44	2017-08-05 Tuks Sprint Gala
1:38,04L	F 0,93	100 Free	6	2018-01-27 LP School Champs 2018
58,01L	F	50 Back	9	2017-07-29 Limpopo Age Group 2
57,02S	F -0,39	50 Back	7	2017-08-05 Tuks Sprint Gala
51,98L	F -3,80	50 Back	6	2018-01-27 LP School Champs 2018
2:02,71L	F -13,87	100 Back	5	2018-01-27 LP School Champs 2018
1:13,53L	F	50 Breast	7	2018-01-27 LP School Champs 2018
1:03,62L DQ	F	50 Fly		2017-07-29 Limpopo Age Group 2
54,80S	F	50 Fly	2	2017-08-05 Tuks Sprint Gala
58,27L	F 2,77	50 Fly	9	2017-11-04 Limpopo Primary School - Top 10
56,78L	F 1,28	50 Fly	6	2018-01-27 LP School Champs 2018
2:16,72L	F -8,41	100 Fly	1	2018-01-27 LP School Champs 2018
4:58,94L	F	200 IM	5	2017-07-29 Limpopo Age Group 2
4:24,75S DQ	F	200 IM		2017-08-05 Tuks Sprint Gala
4:28,46L	F -30,48	200 IM	4	2018-01-27 LP School Champs 2018
Janco Sparks (8) M (Yr: AN)				ELRAS-WBD
44,89L	F	50 Free	12	2017-07-29 Limpopo Age Group 2
1:48,13L I.	F 63,24	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
40,31L	F -4,58	50 Free	2	2018-01-27 LP School Champs 2018
1:39,69L	F -0,54	100 Free	3	2018-01-27 LP School Champs 2018
1:00,74L DQ	F	50 Back		2017-07-29 Limpopo Age Group 2
53,00L	F -1,61	50 Back	4	2017-11-04 Limpopo Primary School - Top 10
53,31L	F 0,31	50 Back	5	2018-01-27 LP School Champs 2018
2:01,73L	F -6,92	100 Back	5	2018-01-27 LP School Champs 2018
1:05,76L	F -4,00	50 Breast	5	2018-01-27 LP School Champs 2018
1:04,63L	F	50 Fly	10	2017-07-29 Limpopo Age Group 2
44,95L	F -14,26	50 Fly	1	2018-01-27 LP School Champs 2018
1:57,51L DQ	F	100 Fly		2018-01-27 LP School Champs 2018
4:53,06L DQ	F	200 IM		2017-07-29 Limpopo Age Group 2
4:17,75L DQ	F	200 IM		2018-01-27 LP School Champs 2018
Tanya Spaumer (16) F (Yr: GR)				HSBV-SKD
38,05L	F	50 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
1:35,17L	F	100 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
Ernst Stapelberg (12) M (Yr: HR)				LSPHA-MPD
46,80L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
1:33,05L I.	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:41,37L	F	100 Back	7	2017-11-04 Limpopo Primary School - Top 10
Jarike Stapelberg (14) F (Yr: GR)				HBV-MPD
33,57L LEV2	F	50 Free	3	2017-10-20 Limpopo Top 10 - High Schools
1:48,24L DQ	F	100 Fly		2017-10-20 Limpopo Top 10 - High Schools
Carina Steele (12) F (Yr: HR)				LPTBO-CCD
42,48L LEV2	F	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
1:28,24L LEV2	F	100 Back	1	2017-11-04 Limpopo Primary School - Top 10
39,17L LEV2	F	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
1:37,23L	F	100 Fly	2	2017-11-04 Limpopo Primary School - Top 10
3:09,58L LEV2	F	200 IM	4	2017-11-04 Limpopo Primary School - Top 10
Melindi Steele (10) F (Yr: HR)				LPTBO-CCD
53,90L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
1:55,81L I.	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Zané Steele (14) F (Yr: GR)				PHS-CCD
47,47L	F	50 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
1:46,83L	F	100 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
43,04L	F	50 Fly	6	2017-10-20 Limpopo Top 10 - High Schools
1:44,59L	F	100 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
3:22,31L	DQ F	200 IM		2017-10-20 Limpopo Top 10 - High Schools
Elsabe Steenkamp (10) F				EAGAB-CCD
59,57L	F	50 Free	7	2017-10-28 Eager Sprint Gala
1:02,06L	F	50 Back	7	2017-10-28 Eager Sprint Gala
Gerrit Steenkamp (12) M (Yr: HN)				LSMH-WBD
42,89L	F	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
1:39,77L	F	100 Back	6	2017-11-04 Limpopo Primary School - Top 10
Leili Steenkamp (12) F (Yr: AR)				LOTTA-WBD
36,41L	P	50 Free	47	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
35,90S	F 0,29	50 Free	2	2017-08-05 Tuks Sprint Gala
36,44L	F 0,03	50 Free	2	2017-09-09 Limpopo Age Group 3
36,74L	F 0,33	50 Free	3	2017-11-11 Limpopo Age Group 5
35,70L	F -0,71	50 Free	9	2017-12-01 Limpopo Champs
34,49L	F -1,21	50 Free	7	2018-01-27 LP School Champs 2018
33,78L	LEV2 F -0,71	50 Free	1	2018-02-17 Limpopo Age Group 7
1:23,90L	LEV2 P	100 Free	50	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:23,26S	F 0,96	100 Free	19	2017-08-05 Tuks Sprint Gala
1:23,91L	LEV2 F 0,01	100 Free	6	2017-09-09 Limpopo Age Group 3
1:26,93L	F 3,42	100 Free	3	2017-11-11 Limpopo Age Group 5
1:21,23L	LEV2 F -2,28	100 Free	8	2017-12-01 Limpopo Champs
1:23,15L	F 1,92	100 Free	9	2018-01-27 LP School Champs 2018
1:20,73L	LEV2 F -0,50	100 Free	2	2018-02-17 Limpopo Age Group 7
3:07,31L	F	200 Free	8	2017-12-01 Limpopo Champs
3:01,63L	F -5,68	200 Free	4	2018-01-27 LP School Champs 2018
6:46,61L	F	400 Free	7	2017-12-01 Limpopo Champs
42,70L	LEV2 P	50 Back	39	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
44,85L	F 2,15	50 Back	1	2017-09-09 Limpopo Age Group 3
43,18L	F 0,48	50 Back	5	2017-12-01 Limpopo Champs
44,10L	F 1,40	50 Back	12	2018-01-27 LP School Champs 2018
42,92L	F 0,22	50 Back	3	2018-02-17 Limpopo Age Group 7
1:37,31L	P	100 Back	45	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:35,40S	F -0,71	100 Back	6	2017-08-05 Tuks Sprint Gala
1:45,81L	F 9,21	100 Back	2	2017-11-11 Limpopo Age Group 5
1:39,56L	F 2,96	100 Back	7	2017-12-01 Limpopo Champs
1:40,67L	F 4,07	100 Back	6	2018-02-17 Limpopo Age Group 7
3:45,56L	F	200 Back	7	2017-12-01 Limpopo Champs
51,45L	P	50 Breast	40	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
49,04S	F -1,41	50 Breast	4	2017-08-05 Tuks Sprint Gala
49,24L	F -0,80	50 Breast	2	2017-09-09 Limpopo Age Group 3
51,04L	F 1,80	50 Breast	3	2017-11-11 Limpopo Age Group 5
49,66L	F 0,42	50 Breast	7	2017-12-01 Limpopo Champs
48,70L	F -0,54	50 Breast	7	2018-01-27 LP School Champs 2018
1:58,70L	P	100 Breast	43	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:55,16S	F -1,54	100 Breast	4	2017-08-05 Tuks Sprint Gala
1:52,62L	F -4,54	100 Breast	7	2017-12-01 Limpopo Champs
1:55,73L	F 3,11	100 Breast	8	2018-01-27 LP School Champs 2018
1:56,89L	F 4,27	100 Breast	5	2018-02-17 Limpopo Age Group 7
4:05,54L	F	200 Breast	3	2018-01-27 LP School Champs 2018
44,11L	P	50 Fly	38	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
44,62L	F 0,51	50 Fly	3	2017-11-11 Limpopo Age Group 5
44,41L	F 0,30	50 Fly	8	2017-12-01 Limpopo Champs
42,92L	F -1,19	50 Fly	8	2018-01-27 LP School Champs 2018
3:37,90L	LEV2 F -4,60	200 IM	21	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Mandie Steenkamp (11) F (Yr: CR)				ELRAS-WBD
44,51S	F	50 Free	8	2017-08-05 Tuks Sprint Gala
44,05L	F -1,26	50 Free	6	2017-09-09 Limpopo Age Group 3
40,53L	F -3,52	50 Free	6	2017-10-14 Limpopo Age Group 4
40,18L	F -0,35	50 Free	14	2017-12-01 Limpopo Champs
41,85L	F 1,67	50 Free	11	2018-01-27 LP School Champs 2018
1:41,60S	F	100 Free	37	2017-08-05 Tuks Sprint Gala
1:27,25L	LEV2 F -6,78	100 Free	11	2017-12-01 Limpopo Champs
1:34,77L	F 7,52	100 Free	12	2018-01-27 LP School Champs 2018
3:51,53L	F	200 Free	4	2017-07-29 Limpopo Age Group 2
3:19,89L	F -31,64	200 Free	5	2018-01-27 LP School Champs 2018
50,60L	F	50 Back	14	2017-12-01 Limpopo Champs
51,92L	F	50 Breast	2	2017-07-29 Limpopo Age Group 2
49,59S	F -1,33	50 Breast	4	2017-08-05 Tuks Sprint Gala
48,84L	F -1,75	50 Breast	3	2017-09-09 Limpopo Age Group 3
50,90L	F 2,06	50 Breast	5	2017-10-14 Limpopo Age Group 4
50,76L	F 1,92	50 Breast	8	2017-12-01 Limpopo Champs
49,23L	F 0,39	50 Breast	8	2018-01-27 LP School Champs 2018
1:52,25S	F	100 Breast	4	2017-08-05 Tuks Sprint Gala
1:51,65L	LEV2 F -2,60	100 Breast	6	2017-09-09 Limpopo Age Group 3
1:49,81L	LEV2 F -1,84	100 Breast	4	2017-11-04 Limpopo Primary School - Top 10
1:48,29L	LEV2 F -1,52	100 Breast	8	2017-12-01 Limpopo Champs
1:47,88L	LEV2 F -0,41	100 Breast	7	2018-01-27 LP School Champs 2018
4:21,21L	F	200 Breast	2	2017-07-29 Limpopo Age Group 2
4:07,82L	F -13,39	200 Breast	4	2017-10-14 Limpopo Age Group 4
4:02,29L	F -5,53	200 Breast	8	2017-12-01 Limpopo Champs
3:57,98L	F -4,31	200 Breast	6	2018-01-27 LP School Champs 2018
55,78L	F	50 Fly	3	2017-09-09 Limpopo Age Group 3
53,14L	F -2,64	50 Fly	11	2017-12-01 Limpopo Champs
55,07L	F 1,93	50 Fly	8	2018-01-27 LP School Champs 2018
4:03,75L	F	200 IM	4	2017-07-29 Limpopo Age Group 2
3:55,68S	F -4,87	200 IM	4	2017-08-05 Tuks Sprint Gala
3:59,13L	F 0,25	200 IM	7	2017-10-14 Limpopo Age Group 4
3:39,58L	LEV2 F -19,30	200 IM	22	2017-12-01 Limpopo Champs
3:46,56L	F 6,98	200 IM	8	2018-01-27 LP School Champs 2018
Marika Steenkamp (12) F (Yr: HR)				LPTBO-CCD
45,95L	F	50 Free	9	2017-11-04 Limpopo Primary School - Top 10
DQ	F	100 Free		2017-11-04 Limpopo Primary School - Top 10
Phillipus Steenkamp (8) M (Yr: AN)				LOTTA-WBD
55,50L	F -13,13	50 Free	14	2017-12-01 Limpopo Champs
2:13,32L	F -17,84	100 Free	16	2017-12-01 Limpopo Champs
1:19,05L	F 5,62	50 Back	16	2017-12-01 Limpopo Champs
2:57,32L	F	100 Back	5	2017-12-01 Limpopo Champs
1:48,89L	DQ F	50 Breast		2017-12-01 Limpopo Champs
1:25,38L	F	50 Fly	12	2017-12-01 Limpopo Champs
Quinten Steenkamp (14) M				HFM-WBD
41,29L	F	50 Free	7	2018-01-27 LP School Champs 2018
1:33,67L	F	100 Free	8	2018-01-27 LP School Champs 2018
48,93L	F	50 Back	6	2018-01-27 LP School Champs 2018
53,46L	F	50 Breast	4	2018-01-27 LP School Champs 2018
Rina Steenkamp (8) F				EAGAB-CCD
1:29,16L	F	50 Free	4	2017-10-28 Eager Sprint Gala
1:12,12L	F	50 Back	4	2017-10-28 Eager Sprint Gala
Runé Steenkamp (13) F (Yr: HN)				LSPHA-MPD
46,27L	F	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
1:39,72L	I. F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
1:47,40L	F	100 Back	5	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Veneske Steenkamp (9) F (Yr: CR)			
40,35L	F	50 Free	2 2017-07-29 Limpopo Age Group 2
41,97S	F 2,42	50 Free	1 2017-08-05 Tuks Sprint Gala
42,40L	F 2,05	50 Free	5 2017-09-09 Limpopo Age Group 3
38,76L	F -1,59	50 Free	1 2017-11-04 Limpopo Primary School - Top 10
38,28L	F -0,48	50 Free	2 2017-11-11 Limpopo Age Group 5
39,64L	F 1,36	50 Free	2 2017-12-01 Limpopo Champs
39,19L	F 0,91	50 Free	2 2018-01-27 LP School Champs 2018
1:31,14S	LEV2 F	100 Free	26 2017-08-05 Tuks Sprint Gala
1:29,81L	LEV2 F -2,93	100 Free	2 2017-12-01 Limpopo Champs
1:31,55L	LEV2 F 1,74	100 Free	1 2018-01-27 LP School Champs 2018
3:41,33L	F	200 Free	2 2017-07-29 Limpopo Age Group 2
3:20,13L	LEV2 F -21,20	200 Free	2 2017-12-01 Limpopo Champs
3:21,03L	LEV2 F 0,90	200 Free	3 2018-01-27 LP School Champs 2018
52,60L	F	50 Back	2 2017-07-29 Limpopo Age Group 2
47,88S	F -4,12	50 Back	2 2017-08-05 Tuks Sprint Gala
49,02L	F 0,54	50 Back	4 2017-09-09 Limpopo Age Group 3
49,16L	F 0,83	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
47,43L	F -0,90	50 Back	3 2017-11-11 Limpopo Age Group 5
47,65L	F 0,22	50 Back	2 2017-12-01 Limpopo Champs
44,85L	LEV2 F -2,58	50 Back	1 2018-01-27 LP School Champs 2018
1:49,28S	F	100 Back	1 2017-08-05 Tuks Sprint Gala
1:44,77L	LEV2 F -5,71	100 Back	3 2017-09-09 Limpopo Age Group 3
1:42,07L	LEV2 F -2,70	100 Back	2 2017-12-01 Limpopo Champs
1:41,66L	LEV2 F -0,41	100 Back	3 2018-01-27 LP School Champs 2018
3:54,48L	F	200 Back	1 2017-07-29 Limpopo Age Group 2
3:38,87L	LEV2 F -15,61	200 Back	2 2017-12-01 Limpopo Champs
3:43,42L	LEV2 F 4,55	200 Back	2 2018-01-27 LP School Champs 2018
1:00,41S	F	50 Breast	6 2017-08-05 Tuks Sprint Gala
59,42L	F -1,99	50 Breast	13 2017-09-09 Limpopo Age Group 3
57,58L	F -1,84	50 Breast	7 2017-12-01 Limpopo Champs
57,90L	F	50 Fly	4 2017-07-29 Limpopo Age Group 2
49,89S	F -7,31	50 Fly	1 2017-08-05 Tuks Sprint Gala
47,08L	F -3,51	50 Fly	3 2017-09-09 Limpopo Age Group 3
45,41L	F -1,67	50 Fly	4 2017-11-11 Limpopo Age Group 5
44,79L	LEV2 F -0,62	50 Fly	2 2017-12-01 Limpopo Champs
43,63L	LEV2 F -1,16	50 Fly	1 2018-01-27 LP School Champs 2018
2:05,93L	F	100 Fly	3 2017-12-01 Limpopo Champs
4:07,97L	F	200 IM	4 2017-07-29 Limpopo Age Group 2
3:48,37S	F -16,40	200 IM	1 2017-08-05 Tuks Sprint Gala
3:49,48L	F -2,09	200 IM	7 2017-11-04 Limpopo Primary School - Top 10
3:40,12L	LEV2 F -9,36	200 IM	2 2018-01-27 LP School Champs 2018

ELRAS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Xander Steenkamp (14) M (Yr: AN)				LOTTA-WBD
33,53L	P	50 Free	53	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
34,81S	F 2,08	50 Free	5	2017-08-05 Tuks Sprint Gala
36,10L	F 2,57	50 Free	6	2017-09-09 Limpopo Age Group 3
33,20L	F -0,33	50 Free	10	2017-12-01 Limpopo Champs
33,69L	F 0,49	50 Free	5	2018-01-27 LP School Champs 2018
1:19,12S	F	100 Free	27	2017-08-05 Tuks Sprint Gala
1:16,01L	F -4,71	100 Free	7	2017-09-09 Limpopo Age Group 3
1:17,79L	F 1,78	100 Free	10	2017-12-01 Limpopo Champs
1:15,74L	F -0,27	100 Free	8	2018-01-27 LP School Champs 2018
2:57,98L	F	200 Free	11	2017-12-01 Limpopo Champs
2:49,37L	F -8,61	200 Free	10	2018-01-27 LP School Champs 2018
6:28,20L	F	400 Free	21	2017-12-01 Limpopo Champs
42,18L	P	50 Back	46	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
42,97S	F 1,39	50 Back	4	2017-08-05 Tuks Sprint Gala
43,96L	F 1,78	50 Back	3	2017-09-09 Limpopo Age Group 3
40,55L	F -1,63	50 Back	9	2017-12-01 Limpopo Champs
41,19L	F 0,64	50 Back	4	2018-01-27 LP School Champs 2018
1:41,23L	P	100 Back	46	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:43,06L	F 1,83	100 Back	7	2017-09-09 Limpopo Age Group 3
1:32,29L	F -8,94	100 Back	9	2017-12-01 Limpopo Champs
1:34,98L	F 2,69	100 Back	8	2018-01-27 LP School Champs 2018
3:27,49L	F	200 Back	10	2017-12-01 Limpopo Champs
3:28,20L	F 0,71	200 Back	7	2018-01-27 LP School Champs 2018
48,40L	P	50 Breast	43	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
47,34S	F -0,06	50 Breast	4	2017-08-05 Tuks Sprint Gala
47,72L	F -0,62	50 Breast	10	2017-12-01 Limpopo Champs
1:53,41L	P	100 Breast	50	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
44,79L	P	50 Fly	46	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
42,23S	F -1,86	50 Fly	3	2017-08-05 Tuks Sprint Gala
42,46L	F -0,47	50 Fly	5	2017-09-09 Limpopo Age Group 3
42,91L	F 0,45	50 Fly	11	2017-12-01 Limpopo Champs
41,62L	F -0,84	50 Fly	4	2018-01-27 LP School Champs 2018
3:35,82L	F	200 IM	28	2017-12-01 Limpopo Champs
Zanel Steenkamp (16) F (Yr: GR)				HBV-MPD
31,02L	LEV2 F	50 Free	2	2017-10-20 Limpopo Top 10 - High Schools
30,49L	F -0,53	50 Free	1	2018-01-27 LP School Champs 2018
1:09,97L	LEV2 F	100 Free	1	2017-10-20 Limpopo Top 10 - High Schools
1:08,75L	F -1,22	100 Free	1	2018-01-27 LP School Champs 2018
2:40,03L	F	200 Free	1	2018-01-27 LP School Champs 2018
35,16L	F	50 Back	1	2018-01-27 LP School Champs 2018
1:15,52L	DQ F	100 Back		2018-01-27 LP School Champs 2018
2:51,61L	F	200 Back	1	2018-01-27 LP School Champs 2018
34,66L	LEV2 F	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
1:27,27L	F	100 Fly	1	2017-10-20 Limpopo Top 10 - High Schools
2:54,76L	LEV2 F	200 IM	3	2017-10-20 Limpopo Top 10 - High Schools
Johnathan Stevenson (13) M (Yr: HN)				LSMH-WBD
50,37L	F	50 Back	6	2017-11-04 Limpopo Primary School - Top 10
1:01,41L	F	50 Fly	8	2017-11-04 Limpopo Primary School - Top 10
Jack Stewart (12) M (Yr: HR)				UNIC-MPD
34,65L	F	50 Free	4	2017-11-04 Limpopo Primary School - Top 10
1:18,76L	LEV2 F	100 Free	3	2017-11-04 Limpopo Primary School - Top 10
46,47L	F	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
1:44,01L	F	100 Breast	1	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Markus Steyn (8) M (Yr: CN)			
51,67L	F	50 Free	16 2017-10-14 Limpopo Age Group 4
46,43L	DQ	50 Free	2017-11-11 Limpopo Age Group 5
24,74S	F	25 Back	5 2017-08-26 LP Shamu Sprint SC 2017
55,93L	F	50 Back	8 2017-10-14 Limpopo Age Group 4
1:00,88L	F 4,95	50 Back	16 2017-11-11 Limpopo Age Group 5
29,28S	F	25 Breast	6 2017-08-26 LP Shamu Sprint SC 2017
1:12,83L	F	50 Breast	17 2017-10-14 Limpopo Age Group 4
1:09,13L	DQ	50 Breast	2017-11-11 Limpopo Age Group 5
Myra Steyn (10) F			
51,69S	F	50 Free	7 2017-08-26 LP Shamu Sprint SC 2017
1:15,41S	F	50 Breast	6 2017-08-26 LP Shamu Sprint SC 2017

SS-MPD

SSB-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Christiaan Stroebel (16) M (Yr: AR)				EAGA-CCD
27,58L	LEV2 F	50 Free	1	2017-06-24 Limpopo Age Group 1
27,10L I.	LEV2 F -0,48	200 Free Relay Lead Off		2017-07-03 Sasol National Championship 2017
27,41L	LEV2 F -0,17	50 Free	5	2017-07-03 Sasol National Championship 2017
27,71L	LEV2 P 0,13	50 Free	6	2017-07-03 Sasol National Championship 2017
27,34L	LEV2 F 0,24	50 Free	2	2017-07-29 Limpopo Age Group 2
27,04L	LEV2 F -0,06	50 Free	2	2017-10-20 Limpopo Top 10 - High Schools
26,42L	LEV2 P -0,62	50 Free	17	2017-12-06 NTS Championships 2017
59,70L	LEV3 F	100 Free	3	2017-06-24 Limpopo Age Group 1
1:00,61L	LEV3 F 0,91	100 Free	5	2017-07-03 Sasol National Championship 2017
58,97S	LEV3 F 0,87	100 Free	7	2017-08-19 Small Districts Championship Gala 2017
59,12L	LEV3 F -0,58	100 Free	2	2017-10-20 Limpopo Top 10 - High Schools
59,65L	LEV3 F 0,53	100 Free	2	2017-10-28 Eager Sprint Gala
57,82L	LEV3 F -1,30	100 Free	2	2017-11-11 Limpopo Age Group 5
56,94L	LEV3 P -0,88	100 Free	12	2017-12-06 NTS Championships 2017
2:06,02L	LEV3 F	200 Free	2	2017-07-03 Sasol National Championship 2017
2:07,79L	LEV3 P	200 Free	3	2017-07-03 Sasol National Championship 2017
2:09,46L	LEV3 F 3,44	200 Free	2	2017-07-29 Limpopo Age Group 2
2:10,42L	LEV3 P 4,40	200 Free	11	2017-12-06 NTS Championships 2017
4:37,24L	LEV3 F	400 Free	5	2017-07-03 Sasol National Championship 2017
4:33,77L	LEV3 F -3,47	400 Free	1	2017-11-11 Limpopo Age Group 5
4:30,97L	LEV3 F -2,80	400 Free	4	2017-12-06 NTS Championships 2017
9:58,21L	F	800 Free	8	2017-07-03 Sasol National Championship 2017
19:05,19L	F	1500 Free	7	2017-07-03 Sasol National Championship 2017
30,65L	LEV2 F	50 Back	1	2017-06-24 Limpopo Age Group 1
29,75L	LEV2 F -0,90	50 Back	2	2017-07-03 Sasol National Championship 2017
30,56L	LEV2 P -0,09	50 Back	2	2017-07-03 Sasol National Championship 2017
30,58L I.	LEV2 F -0,07	200 Medley Relay Lead Off		2017-07-03 Sasol National Championship 2017
31,06L	LEV2 F 1,31	50 Back	1	2017-07-29 Limpopo Age Group 2
30,74L	LEV2 F 0,99	50 Back	2	2017-10-20 Limpopo Top 10 - High Schools
28,78L	LEV2 F -0,97	50 Back	2	2017-12-06 NTS Championships 2017
29,09L	LEV2 P -0,66	50 Back	2	2017-12-06 NTS Championships 2017
29,51L I.	LEV2 F -0,24	200 Medley Relay Lead Off		2017-12-06 NTS Championships 2017
1:07,30L	LEV3 F	100 Back	2	2017-06-24 Limpopo Age Group 1
1:05,31L	LEV3 F -1,99	100 Back	2	2017-07-03 Sasol National Championship 2017
1:05,38L	LEV3 P -1,92	100 Back	2	2017-07-03 Sasol National Championship 2017
1:03,87S	LEV3 F -0,24	100 Back	3	2017-08-19 Small Districts Championship Gala 2017
1:04,96L	LEV3 F -0,11	100 Back	1	2017-10-20 Limpopo Top 10 - High Schools
1:05,82L	LEV3 F 0,86	100 Back	2	2017-10-28 Eager Sprint Gala
1:04,97L	LEV3 F 0,01	100 Back	1	2017-11-11 Limpopo Age Group 5
1:03,51L	SANJ F -1,45	100 Back	4	2017-12-06 NTS Championships 2017
1:04,14L	SANJ P -0,82	100 Back	6	2017-12-06 NTS Championships 2017
2:21,90L	LEV3 F	200 Back	2	2017-07-03 Sasol National Championship 2017
2:25,15L	LEV3 P	200 Back	2	2017-07-03 Sasol National Championship 2017
2:28,16L	LEV3 F 6,26	200 Back	1	2017-07-29 Limpopo Age Group 2
2:14,59L	SANJ F -7,31	200 Back	1	2017-12-06 NTS Championships 2017
2:16,59L	SANJ P -5,31	200 Back	1	2017-12-06 NTS Championships 2017
2:40,04L	DQ F	200 IM		2017-06-24 Limpopo Age Group 1
2:27,98L	LEV3 P	200 IM	4	2017-07-03 Sasol National Championship 2017
2:37,58L	LEV2 F	200 IM	7	2017-07-03 Sasol National Championship 2017
2:34,29L	LEV3 F 6,31	200 IM	3	2017-07-29 Limpopo Age Group 2
2:27,51S	LEV3 F 2,73	200 IM	8	2017-08-19 Small Districts Championship Gala 2017
Daniel Strooh (13) M (Yr: HN)				LSMH-WBD
1:31,67L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
NS	F	100 Free		2017-11-04 Limpopo Primary School - Top 10
2:12,75L	F	100 Back	6	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Anika Struwig (7) F (Yr: AN)				TKS-SKD
29,01S	F	25 Free	6	2017-08-05 Tuks Sprint Gala
46,31S	F	25 Back	9	2017-08-05 Tuks Sprint Gala
45,02S	DQ F	25 Breast		2017-08-05 Tuks Sprint Gala
Nathan Struwig (10) M (Yr: AR)				TKS-SKD
1:49,52L	F	50 Free	21	2017-07-29 Limpopo Age Group 2
1:59,00S	F 10,28	50 Free	11	2017-08-05 Tuks Sprint Gala
1:38,47L	F -11,05	50 Free	24	2017-09-09 Limpopo Age Group 3
1:29,01L	F -9,46	50 Free	21	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:17,60L	F -11,41	50 Free	1	2018-01-27 LP School Champs 2018
1:24,25L	F 6,65	50 Free	3	2018-02-17 Limpopo Age Group 7
3:46,85S	F	100 Free	58	2017-08-05 Tuks Sprint Gala
2:57,16L	F -51,29	100 Free	1	2018-01-27 LP School Champs 2018
2:43,99L	F -13,17	100 Free	7	2018-02-17 Limpopo Age Group 7
1:22,57L	F	50 Back	18	2017-07-29 Limpopo Age Group 2
1:29,20S	F 7,23	50 Back	9	2017-08-05 Tuks Sprint Gala
1:24,18L	F 1,61	50 Back	19	2017-09-09 Limpopo Age Group 3
1:17,78L	F -4,79	50 Back	19	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:23,50L	F 5,72	50 Back	11	2017-11-04 Limpopo Primary School - Top 10
1:14,54L	F -3,24	50 Back	1	2018-01-27 LP School Champs 2018
NS	F	100 Back		2017-08-05 Tuks Sprint Gala
3:02,10L	F	100 Back	11	2017-09-09 Limpopo Age Group 3
3:04,31L	F 2,21	100 Back	9	2017-11-04 Limpopo Primary School - Top 10
2:50,88L	DQ F	100 Back		2018-01-27 LP School Champs 2018
2:49,89L	F -12,21	100 Back	6	2018-02-17 Limpopo Age Group 7
1:47,46L	F	50 Breast	9	2017-07-29 Limpopo Age Group 2
1:46,58S	F 0,12	50 Breast	11	2017-08-05 Tuks Sprint Gala
1:33,47L	F -13,99	50 Breast	23	2017-09-09 Limpopo Age Group 3
1:33,35L	F -0,12	50 Breast	22	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:34,56L	F 1,21	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10
1:47,69L	F 14,34	50 Breast	1	2018-01-27 LP School Champs 2018
1:34,57L	F 1,22	50 Breast	2	2018-02-17 Limpopo Age Group 7
3:56,25S	F	100 Breast	5	2017-08-05 Tuks Sprint Gala
3:37,75L	F -20,50	100 Breast	11	2017-09-09 Limpopo Age Group 3
3:42,69L	F 4,94	100 Breast	8	2017-11-04 Limpopo Primary School - Top 10
3:32,11L	F -5,64	100 Breast	1	2018-01-27 LP School Champs 2018
Clarissa Strydom (15) F (Yr: GN)				HWBAD-WBD
49,66L	F	50 Fly	5	2017-10-20 Limpopo Top 10 - High Schools
Dylan Strydom (13) M (Yr: HN)				LSPN-MPD
NS	F	100 Free		2017-11-04 Limpopo Primary School - Top 10
Heimarie Strydom (8) F (Yr: HN)				LSMH-WBD
1:19,81L	F	50 Breast	8	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Heinrich Strydom (17) M (Yr: GR)				TKSS-WBD
25,54L	F	50 Free	1	2017-12-01 Limpopo Champs
25,58L	DQ F	50 Free		2018-01-27 LP School Champs 2018
1:00,37L	LEV3 F	100 Free	4	2017-11-11 Limpopo Age Group 5
57,36L	LEV3 F -3,01	100 Free	3	2017-12-01 Limpopo Champs
57,66L	LEV3 F 0,30	100 Free	3	2018-01-27 LP School Champs 2018
57,99L	LEV3 F 0,63	100 Free	4	2018-02-17 Limpopo Age Group 7
2:16,63L	LEV3 F	200 Free	3	2017-12-01 Limpopo Champs
2:24,44L	F 7,81	200 Free	2	2018-02-17 Limpopo Age Group 7
5:17,80L	F	400 Free	2	2017-11-11 Limpopo Age Group 5
5:04,00L	F -13,80	400 Free	3	2017-12-01 Limpopo Champs
5:00,25L	F -3,75	400 Free	2	2018-01-27 LP School Champs 2018
NS	F	50 Back		2017-11-11 Limpopo Age Group 5
29,98L	F	50 Back	1	2017-12-01 Limpopo Champs
1:08,94L	F	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
29,83L	F -0,15	50 Back	2	2018-01-27 LP School Champs 2018
1:05,02L	LEV3 F	100 Back	2	2017-11-11 Limpopo Age Group 5
1:04,51L	LEV3 F -0,51	100 Back	1	2017-12-01 Limpopo Champs
1:05,19L	LEV3 F 0,68	100 Back	2	2018-01-27 LP School Champs 2018
1:05,47L	LEV3 F 0,96	100 Back	2	2018-02-17 Limpopo Age Group 7
2:26,51L	LEV3 F	200 Back	1	2017-12-01 Limpopo Champs
2:25,67L	LEV3 F -0,84	200 Back	2	2018-01-27 LP School Champs 2018
2:34,18L	F 8,51	200 Back	1	2018-02-17 Limpopo Age Group 7
38,08L	F	50 Breast	7	2017-12-01 Limpopo Champs
1:24,86L	F	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:22,01L	F -2,85	100 Breast	3	2017-12-01 Limpopo Champs
2:59,02L	F	200 Breast	2	2017-12-01 Limpopo Champs
27,79L	F	50 Fly	3	2017-12-01 Limpopo Champs
28,35L	F 0,56	50 Fly	3	2018-01-27 LP School Champs 2018
1:07,55L	LEV3 F	100 Fly	4	2017-12-01 Limpopo Champs
1:05,84L	LEV3 F -1,71	100 Fly	3	2018-01-27 LP School Champs 2018
2:52,86L	F	200 Fly	2	2017-12-01 Limpopo Champs
2:29,90L	LEV3 F	200 IM	4	2017-12-01 Limpopo Champs
2:27,06L	LEV3 F -2,84	200 IM	1	2018-01-27 LP School Champs 2018
2:37,31L	F 10,25	200 IM	1	2018-02-17 Limpopo Age Group 7
Abraham Swanepoel (12) M (Yr: HR)				LPTBO-CCD
1:16,80L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
46,49L	F	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
1:54,23L	F	100 Breast	7	2017-11-04 Limpopo Primary School - Top 10
46,24L	F	50 Fly	7	2017-11-04 Limpopo Primary School - Top 10
NS	F	100 Fly		2017-11-04 Limpopo Primary School - Top 10
Johannes Swanepoel (15) M (Yr: GR)				ELHS-VBD
32,84L	F	50 Free	8	2017-10-20 Limpopo Top 10 - High Schools
Daneel Swart (12) M				TKSB-WBD
33,73S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
1:16,03S	LEV2 F	100 Free	21	2017-08-05 Tuks Sprint Gala
41,07S	F	50 Back	6	2017-08-05 Tuks Sprint Gala
50,13S	F	50 Breast	6	2017-08-05 Tuks Sprint Gala
45,49S	F	50 Fly	7	2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Chanté Swarts (10) F (Yr: FR)				EAGAB-CCD
40,94S	F	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
39,15L	F -2,59	50 Free	3	2017-10-28 Eager Sprint Gala
38,90L	F -0,25	50 Free	3	2017-11-11 Limpopo Age Group 5
38,42L	F -0,48	50 Free	11	2017-12-01 Limpopo Champs
38,42L	F 0,00	50 Free	9	2018-01-27 LP School Champs 2018
1:28,13L	LEV2 F	100 Free	12	2017-12-01 Limpopo Champs
3:06,71L	LEV2 F	200 Free	3	2018-02-17 Limpopo Age Group 7
45,30S	LEV2 F	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
46,19L	LEV2 F 0,29	50 Back	3	2017-10-28 Eager Sprint Gala
45,11L	LEV2 F -0,79	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
44,88L	LEV2 F -0,23	50 Back	1	2017-11-11 Limpopo Age Group 5
46,15L	F 1,27	50 Back	10	2017-12-01 Limpopo Champs
43,20L	F -1,68	50 Back	6	2018-01-27 LP School Champs 2018
1:41,87L	F	100 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:35,66L	LEV2 F -6,21	100 Back	8	2017-12-01 Limpopo Champs
51,29S	DQ F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
53,77L	F	50 Breast	4	2017-10-28 Eager Sprint Gala
50,95L	F -2,82	50 Breast	2	2017-11-11 Limpopo Age Group 5
51,04L	F 0,09	50 Breast	9	2017-12-01 Limpopo Champs
48,27L	F -2,68	50 Breast	6	2018-01-27 LP School Champs 2018
1:54,51L	LEV2 F	100 Breast	3	2017-11-11 Limpopo Age Group 5
1:47,45L	LEV2 F -7,06	100 Breast	7	2017-12-01 Limpopo Champs
3:45,61L	LEV2 F	200 Breast	2	2018-02-17 Limpopo Age Group 7
46,87S	F	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
50,81L	F 3,24	50 Fly	3	2017-10-28 Eager Sprint Gala
44,20L	F -3,37	50 Fly	4	2017-11-04 Limpopo Primary School - Top 10
46,71L	F 2,51	50 Fly	6	2017-11-11 Limpopo Age Group 5
45,21L	F 1,01	50 Fly	6	2017-12-01 Limpopo Champs
43,54L	F -0,66	50 Fly	4	2018-01-27 LP School Champs 2018
1:57,14L	F	100 Fly	7	2017-11-04 Limpopo Primary School - Top 10
3:40,44S	F	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
DQ	F	200 IM		2017-10-28 Eager Sprint Gala
3:44,19L	F 0,55	200 IM	26	2017-12-01 Limpopo Champs
3:33,69L	DQ F	200 IM		2018-01-27 LP School Champs 2018
3:22,51L	LEV2 F -21,13	200 IM	2	2018-02-17 Limpopo Age Group 7
Liané Swarts (8) F (Yr: HN)				LPTBO-CCD
1:08,79L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
Cherise Swartz (13) F (Yr: HN)				EAGAB-CCD
1:14,21L	LEV2 F -0,99	100 Free	3	2017-10-28 Eager Sprint Gala
1:16,95L	LEV2 F 2,74	100 Free	7	2018-01-27 LP School Champs 2018
2:53,68L	F	200 Free	4	2018-01-27 LP School Champs 2018
38,59L	LEV2 F -1,03	50 Back	2	2017-11-04 Limpopo Primary School - Top 10
1:25,13L	LEV2 F	100 Back	2	2017-10-28 Eager Sprint Gala
1:23,91L	LEV2 F -1,22	100 Back	2	2017-11-04 Limpopo Primary School - Top 10
1:27,43L	LEV2 F 3,52	100 Back	4	2018-01-27 LP School Champs 2018
3:05,00L	LEV2 F	200 Back	3	2018-01-27 LP School Champs 2018
47,05L	F	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10
1:46,00L	F -0,61	100 Breast	4	2017-11-04 Limpopo Primary School - Top 10
NS	F	400 IM		2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
JeanMarie Swartz (9) F (Yr: AR)				EAGA-CCD
41,18L	P	50 Free	8	2017-07-03 Sasol National Championship 2017
41,48L	F	50 Free	9	2017-07-03 Sasol National Championship 2017
43,27L	F	200 Free Relay Lead Off		2017-07-03 Sasol National Championship 2017
42,17L	F 0,99	50 Free	4	2017-07-29 Limpopo Age Group 2
42,60S	F 2,22	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
40,87L	F -0,31	50 Free	2	2017-10-28 Eager Sprint Gala
42,54L	F 1,67	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
43,20L	F 2,33	50 Free	7	2017-11-11 Limpopo Age Group 5
42,65L	F 1,78	50 Free	5	2017-12-01 Limpopo Champs
41,43L	F 0,56	50 Free	4	2018-01-27 LP School Champs 2018
1:32,90L	LEV2 F	100 Free	3	2017-06-24 Limpopo Age Group 1
1:38,75L	F 5,85	100 Free	7	2017-11-11 Limpopo Age Group 5
1:35,70L	F 2,80	100 Free	5	2017-12-01 Limpopo Champs
1:32,79L	LEV2 F -0,11	100 Free	2	2018-01-27 LP School Champs 2018
3:30,34L	P	200 Free	6	2017-07-03 Sasol National Championship 2017
3:35,85L	F	200 Free	7	2017-07-03 Sasol National Championship 2017
3:20,04L	LEV2 F -10,30	200 Free	1	2017-12-01 Limpopo Champs
3:19,33L	LEV2 F -0,71	200 Free	2	2018-01-27 LP School Champs 2018
51,13L	F	50 Back	2	2017-06-24 Limpopo Age Group 1
50,43L	P -0,70	50 Back	13	2017-07-03 Sasol National Championship 2017
49,02S	F -0,81	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
49,74L	F 0,82	50 Back	2	2017-10-28 Eager Sprint Gala
50,78L	F 1,86	50 Back	3	2017-11-04 Limpopo Primary School - Top 10
49,18L	F 0,26	50 Back	4	2017-11-11 Limpopo Age Group 5
49,76L	F 0,84	50 Back	4	2017-12-01 Limpopo Champs
48,16L	F -0,76	50 Back	3	2018-01-27 LP School Champs 2018
1:48,18L	F	100 Back	9	2017-07-03 Sasol National Championship 2017
1:49,18L	P	100 Back	10	2017-07-03 Sasol National Championship 2017
1:46,88L	LEV2 F -1,30	100 Back	1	2017-11-11 Limpopo Age Group 5
1:43,30L	LEV2 F -3,58	100 Back	3	2017-12-01 Limpopo Champs
1:39,73L	LEV2 F -3,57	100 Back	1	2018-01-27 LP School Champs 2018
3:46,68L	DQ P	200 Back		2017-07-03 Sasol National Championship 2017
4:09,80L	F	200 Back	2	2017-07-29 Limpopo Age Group 2
3:33,84L	LEV2 F -35,96	200 Back	1	2017-12-01 Limpopo Champs
3:38,98L	LEV2 F 5,14	200 Back	1	2018-01-27 LP School Champs 2018
1:02,33L	P	50 Breast	15	2017-07-03 Sasol National Championship 2017
1:02,27S	F 0,94	50 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
1:02,98L	F 0,65	50 Breast	9	2017-12-01 Limpopo Champs
2:14,36L	P	100 Breast	12	2017-07-03 Sasol National Championship 2017
2:10,90L	F -3,46	100 Breast	7	2017-12-01 Limpopo Champs
4:47,57L	P	200 Breast	9	2017-07-03 Sasol National Championship 2017
4:53,19L	F	200 Breast	8	2017-07-03 Sasol National Championship 2017
4:28,93L	F -18,64	200 Breast	4	2017-12-01 Limpopo Champs
56,41L	F	50 Fly	2	2017-06-24 Limpopo Age Group 1
53,52L	P -2,89	50 Fly	8	2017-07-03 Sasol National Championship 2017
57,15L	F 0,74	50 Fly	8	2017-07-03 Sasol National Championship 2017
50,90S	F -1,92	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
55,61L	F 4,01	50 Fly	6	2017-12-01 Limpopo Champs
4:07,74L	DQ F	200 IM		2017-06-24 Limpopo Age Group 1
4:00,24L	P	200 IM	9	2017-07-03 Sasol National Championship 2017
4:03,34L	F	200 IM	7	2017-07-03 Sasol National Championship 2017
3:57,77S	F 0,73	200 IM	2	2017-08-26 LP Shamu Sprint SC 2017
4:06,04L	F 5,80	200 IM	34	2017-12-01 Limpopo Champs
Zandri Swartz (16) F (Yr: GR)				PHS-CCD
1:40,12L	F	100 Back	5	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Roelof Taljaard (11) M (Yr: AR)				ELRAS-WBD
35,44L	LEV2 P	50 Free	13	2017-07-03 Sasol National Championship 2017
35,24L	LEV2 F -0,20	50 Free	4	2017-07-29 Limpopo Age Group 2
34,88L	LEV2 F -0,36	50 Free	3	2017-09-09 Limpopo Age Group 3
35,52L	LEV2 F 0,64	50 Free	14	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
33,59L	LEV2 F -1,11	50 Free	2	2017-10-14 Limpopo Age Group 4
36,38L	F 2,79	50 Free	5	2017-10-28 Eager Sprint Gala
33,84L	LEV2 F 0,25	50 Free	3	2017-12-01 Limpopo Champs
1:13,78L	F 40,19	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
34,08L	F 0,49	50 Free	1	2018-01-27 LP School Champs 2018
1:18,18L	LEV3 F	100 Free	12	2017-07-03 Sasol National Championship 2017
1:15,11S	LEV3 F -1,47	100 Free	19	2017-08-05 Tuks Sprint Gala
1:13,35S	LEV3 F -1,76	100 Free	3	2017-08-19 Small Districts Championship Gala 2017
1:12,18L	LEV3 F -2,77	100 Free	1	2017-12-01 Limpopo Champs
1:16,57L	LEV2 F 4,39	100 Free	2	2018-01-27 LP School Champs 2018
1:14,85L	LEV3 F 2,67	100 Free	2	2018-02-17 Limpopo Age Group 7
2:45,32L	LEV3 P	200 Free	6	2017-07-03 Sasol National Championship 2017
2:49,80L	LEV3 F	200 Free	9	2017-07-03 Sasol National Championship 2017
2:41,48L	LEV2 F -3,84	200 Free	1	2018-01-27 LP School Champs 2018
2:41,66L	LEV3 F 0,18	200 Free	1	2018-02-17 Limpopo Age Group 7
5:32,75L	LEV3 F	400 Free	1	2017-09-09 Limpopo Age Group 3
5:49,62L	F 16,87	400 Free	1	2018-01-27 LP School Champs 2018
42,16L	LEV2 P	50 Back	11	2017-07-03 Sasol National Championship 2017
42,46L	LEV2 F 0,30	50 Back	2	2017-07-29 Limpopo Age Group 2
42,40L	LEV2 F 0,24	50 Back	2	2017-09-09 Limpopo Age Group 3
40,23L	LEV2 F -1,93	50 Back	4	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
41,68L	LEV2 F 1,61	50 Back	2	2017-10-14 Limpopo Age Group 4
42,39L	LEV2 F 2,32	50 Back	2	2017-10-28 Eager Sprint Gala
40,53L	LEV2 F 0,46	50 Back	4	2017-12-01 Limpopo Champs
44,09L	LEV2 F 4,02	50 Back	1	2018-02-17 Limpopo Age Group 7
1:25,77S	LEV3 F	100 Back	2	2017-08-05 Tuks Sprint Gala
1:24,91L	LEV3 F -2,06	100 Back	2	2017-12-01 Limpopo Champs
3:07,67L	LEV3 P	200 Back	5	2017-07-03 Sasol National Championship 2017
3:09,34L	LEV3 F	200 Back	5	2017-07-03 Sasol National Championship 2017
3:10,85L	LEV2 F 3,18	200 Back	2	2018-01-27 LP School Champs 2018
53,83L	F	50 Breast	1	2017-07-29 Limpopo Age Group 2
50,79L	F -3,04	50 Breast	5	2017-09-09 Limpopo Age Group 3
47,43L	F -3,36	50 Breast	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
52,67L	F 5,24	50 Breast	4	2017-10-14 Limpopo Age Group 4
53,38L	F 5,95	50 Breast	4	2017-10-28 Eager Sprint Gala
49,69L	F 2,26	50 Breast	11	2017-12-01 Limpopo Champs
1:50,76L	P	100 Breast	13	2017-07-03 Sasol National Championship 2017
1:50,88S	F 2,12	100 Breast	2	2017-08-05 Tuks Sprint Gala
4:02,57L	F	200 Breast	3	2017-07-29 Limpopo Age Group 2
38,11L	LEV2 P	50 Fly	6	2017-07-03 Sasol National Championship 2017
38,15L	LEV2 F	50 Fly	4	2017-07-03 Sasol National Championship 2017
38,31L	LEV2 F 0,20	50 Fly	1	2017-07-29 Limpopo Age Group 2
37,28S	LEV2 F -0,13	50 Fly	1	2017-08-05 Tuks Sprint Gala
37,27L	LEV2 F -0,71	50 Fly	2	2017-09-09 Limpopo Age Group 3
36,62L	LEV2 F -0,65	50 Fly	3	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
37,81L	LEV2 F 1,19	50 Fly	2	2017-10-14 Limpopo Age Group 4
36,92L	LEV2 F 0,30	50 Fly	1	2017-10-28 Eager Sprint Gala
36,41L	LEV2 F -0,21	50 Fly	2	2017-12-01 Limpopo Champs
37,39L	LEV2 F 0,98	50 Fly	1	2018-01-27 LP School Champs 2018
37,94L	LEV2 F 1,53	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:24,32L	LEV3 F	100 Fly	3	2017-07-03 Sasol National Championship 2017
1:31,43L	LEV2 F 7,11	100 Fly	2	2017-07-29 Limpopo Age Group 2
1:29,53S	LEV2 F 6,61	100 Fly	2	2017-08-05 Tuks Sprint Gala
1:18,12S	LEV3 F -4,80	100 Fly	1	2017-08-19 Small Districts Championship Gala 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Roelof Taljaard (11) M (Yr: AR)			ELRAS-WBD
NS	F	100 Fly	2017-10-28 Eager Sprint Gala
1:19,75L	LEV3 F 0,23	100 Fly	1 2017-12-01 Limpopo Champs
1:23,88L	LEV2 F 4,36	100 Fly	1 2018-01-27 LP School Champs 2018
1:28,58L	LEV2 F 9,06	100 Fly	1 2018-02-17 Limpopo Age Group 7
3:21,18L	F	200 Fly	21 2017-07-03 Sasol National Championship 2017
3:06,70L	LEV3 P	200 IM	6 2017-07-03 Sasol National Championship 2017
3:14,36L	LEV3 F	200 IM	8 2017-07-03 Sasol National Championship 2017
3:04,06L	LEV3 F -2,64	200 IM	2 2017-07-29 Limpopo Age Group 2
3:01,13S	LEV3 F 0,27	200 IM	2 2017-08-05 Tuks Sprint Gala
2:58,68S	LEV3 F -2,18	200 IM	3 2017-08-19 Small Districts Championship Gala 2017
3:15,50L	DQ	200 IM	2017-10-14 Limpopo Age Group 4
3:06,00L	LEV3 F 4,12	200 IM	1 2017-10-28 Eager Sprint Gala
3:10,45L	DQ	200 IM	2017-12-01 Limpopo Champs
3:09,31L	LEV2 F 7,43	200 IM	2 2018-01-27 LP School Champs 2018
6:50,86L	F	400 IM	21 2017-07-03 Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ruan Taljaard (10) M (Yr: AN)				ELRAS-WBD
51,68L	P	50 Free	17	2017-07-03 Sasol National Championship 2017
48,64L	F -3,04	50 Free	16	2017-07-29 Limpopo Age Group 2
56,19S	F 8,35	50 Free	10	2017-08-05 Tuks Sprint Gala
51,61L	F 2,97	50 Free	16	2017-09-09 Limpopo Age Group 3
52,85L	F 4,21	50 Free	19	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
54,16L	F 5,52	50 Free	17	2017-10-14 Limpopo Age Group 4
53,62L	F 4,98	50 Free	7	2017-10-28 Eager Sprint Gala
50,86L	F 2,22	50 Free	11	2017-12-01 Limpopo Champs
49,78L	F 1,14	50 Free	8	2018-01-27 LP School Champs 2018
49,77L	F 1,13	50 Free	9	2018-02-17 Limpopo Age Group 7
1:57,62L	F	100 Free	13	2017-07-03 Sasol National Championship 2017
1:01,93L	F	50 Back	14	2017-07-29 Limpopo Age Group 2
1:03,16S	F 1,83	50 Back	8	2017-08-05 Tuks Sprint Gala
58,12L	F -3,81	50 Back	10	2017-09-09 Limpopo Age Group 3
56,39L	F -1,73	50 Back	15	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
58,87L	F 2,48	50 Back	12	2017-10-14 Limpopo Age Group 4
1:02,39L	F 6,00	50 Back	8	2017-10-28 Eager Sprint Gala
55,09L	F -1,30	50 Back	9	2017-12-01 Limpopo Champs
52,63L	F -2,46	50 Back	7	2018-01-27 LP School Champs 2018
54,95L	F 2,32	50 Back	6	2018-02-17 Limpopo Age Group 7
1:01,38L	F	50 Breast	5	2017-07-29 Limpopo Age Group 2
1:02,49S	F 2,11	50 Breast	7	2017-08-05 Tuks Sprint Gala
57,59L	F -3,79	50 Breast	11	2017-09-09 Limpopo Age Group 3
54,58L	F -3,01	50 Breast	12	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:04,13L	F 9,55	50 Breast	11	2017-10-14 Limpopo Age Group 4
1:04,35L	F 9,77	50 Breast	6	2017-10-28 Eager Sprint Gala
59,03L	F 4,45	50 Breast	8	2017-12-01 Limpopo Champs
58,32L	F 3,74	50 Breast	4	2018-01-27 LP School Champs 2018
57,47L	F 2,89	50 Breast	5	2018-02-17 Limpopo Age Group 7
2:19,02L	P	100 Breast	16	2017-07-03 Sasol National Championship 2017
2:23,09L	F 4,07	100 Breast	4	2017-10-28 Eager Sprint Gala
2:03,56L	F -15,46	100 Breast	4	2017-12-01 Limpopo Champs
2:05,23L	F 1,67	100 Breast	5	2018-01-27 LP School Champs 2018
4:40,28L	P	200 Breast	11	2017-07-03 Sasol National Championship 2017
4:26,04L	F -14,24	200 Breast	3	2018-01-27 LP School Champs 2018
1:16,21L	F	50 Fly	13	2017-07-29 Limpopo Age Group 2
1:19,34S	F 3,83	50 Fly	7	2017-08-05 Tuks Sprint Gala
1:03,63L	F -12,58	50 Fly	13	2017-09-09 Limpopo Age Group 3
1:03,94L	F 0,31	50 Fly	12	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
NS	F	50 Fly		2017-10-14 Limpopo Age Group 4
1:14,57L	F 10,94	50 Fly	6	2017-10-28 Eager Sprint Gala
1:11,44L	F 7,81	50 Fly	6	2018-02-17 Limpopo Age Group 7
4:50,42L	DQ	200 IM		2017-07-29 Limpopo Age Group 2
4:55,35S	DQ	200 IM		2017-08-05 Tuks Sprint Gala
5:01,46L	DQ	200 IM		2017-10-14 Limpopo Age Group 4
NS	F	200 IM		2017-10-28 Eager Sprint Gala
4:23,98L	F	200 IM	43	2017-12-01 Limpopo Champs
4:17,69L	DQ	200 IM		2018-01-27 LP School Champs 2018
4:31,33L	DQ	200 IM		2018-02-17 Limpopo Age Group 7
Meagan Taylor (14) F				PHS-CCD
NS	F	50 Free		2018-01-27 LP School Champs 2018
Rain Terblanche (14) M (Yr: GN)				HMER-MPD
1:14,09L	F	100 Free	4	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Armand Theron (8) M (Yr: DN)				TASC-MPD
56,98S	F	50 Free	6	2017-08-26 LP Shamu Sprint SC 2017
57,56L	F -0,22	50 Free	22	2017-09-09 Limpopo Age Group 3
56,99L	F -0,57	50 Free	19	2017-10-14 Limpopo Age Group 4
52,37L	F -4,62	50 Free	4	2017-10-28 Eager Sprint Gala
49,71L	F -2,66	50 Free	19	2017-11-11 Limpopo Age Group 5
50,98L	F 1,27	50 Free	13	2017-12-01 Limpopo Champs
50,90L	F 1,19	50 Free	10	2018-02-17 Limpopo Age Group 7
1:56,82L	F	100 Free	13	2017-12-01 Limpopo Champs
26,06S	F	25 Back	6	2017-08-26 LP Shamu Sprint SC 2017
59,62L	F	50 Back	11	2017-09-09 Limpopo Age Group 3
57,63L	F -1,99	50 Back	9	2017-10-14 Limpopo Age Group 4
1:04,64L	F 7,01	50 Back	5	2017-10-28 Eager Sprint Gala
58,29L	F 0,66	50 Back	13	2017-11-11 Limpopo Age Group 5
57,08L	F -0,55	50 Back	11	2017-12-01 Limpopo Champs
54,43L	F -2,65	50 Back	5	2018-02-17 Limpopo Age Group 7
28,41S	F	25 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
1:03,30L	F	50 Breast	14	2017-09-09 Limpopo Age Group 3
1:04,04L	F 0,74	50 Breast	10	2017-10-14 Limpopo Age Group 4
1:05,29L	F 1,99	50 Breast	2	2017-10-28 Eager Sprint Gala
1:00,95L	F -2,35	50 Breast	11	2017-11-11 Limpopo Age Group 5
1:01,20L	F 0,25	50 Breast	6	2017-12-01 Limpopo Champs
57,54L	F -3,41	50 Breast	6	2018-02-17 Limpopo Age Group 7
2:17,71L	F	100 Breast	13	2017-11-11 Limpopo Age Group 5
2:16,05L	F -1,66	100 Breast	7	2017-12-01 Limpopo Champs
2:10,51L	F -5,54	100 Breast	6	2018-02-17 Limpopo Age Group 7
1:07,73L	F	50 Fly	5	2018-02-17 Limpopo Age Group 7

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Markus Theron (12) M (Yr: DR)				TASC-MPD
42,13S	F	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
38,14L	F -4,79	50 Free	3	2017-11-11 Limpopo Age Group 5
39,08L	F 0,94	50 Free	6	2018-02-17 Limpopo Age Group 7
1:31,71L	F	100 Free	5	2017-09-09 Limpopo Age Group 3
1:25,37L	F -6,34	100 Free	4	2017-10-28 Eager Sprint Gala
1:25,52L	F 0,15	100 Free	5	2017-11-11 Limpopo Age Group 5
1:24,66L	F -0,71	100 Free	5	2018-02-17 Limpopo Age Group 7
47,94S	F	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
48,55L	F 0,01	50 Back	3	2017-10-14 Limpopo Age Group 4
44,28L	F -4,26	50 Back	3	2017-11-11 Limpopo Age Group 5
45,72L	F 1,44	50 Back	9	2017-12-01 Limpopo Champs
43,65L	F -0,63	50 Back	3	2018-02-17 Limpopo Age Group 7
1:50,29L	F	100 Back	4	2017-09-09 Limpopo Age Group 3
1:47,72L	F -2,57	100 Back	4	2017-10-28 Eager Sprint Gala
48,38S	F	50 Breast	4	2017-08-26 LP Shamu Sprint SC 2017
48,11L	F -1,27	50 Breast	3	2017-09-09 Limpopo Age Group 3
48,64L	F 0,53	50 Breast	2	2017-10-14 Limpopo Age Group 4
46,79L	F -1,32	50 Breast	3	2017-11-04 Limpopo Primary School - Top 10
47,75L	F 0,96	50 Breast	3	2017-11-11 Limpopo Age Group 5
47,83L	F 1,04	50 Breast	6	2017-12-01 Limpopo Champs
46,43L	F -0,36	50 Breast	3	2018-02-17 Limpopo Age Group 7
1:47,17L	F	100 Breast	2	2017-09-09 Limpopo Age Group 3
1:54,25L	F 7,08	100 Breast	5	2017-10-28 Eager Sprint Gala
1:45,19L	F -1,98	100 Breast	2	2017-11-04 Limpopo Primary School - Top 10
1:49,65L	F 4,46	100 Breast	3	2017-11-11 Limpopo Age Group 5
1:46,04L	F 0,85	100 Breast	6	2017-12-01 Limpopo Champs
1:43,29L	F -1,90	100 Breast	5	2018-02-17 Limpopo Age Group 7
4:04,28L	F	200 Breast	3	2017-10-14 Limpopo Age Group 4
3:55,34L	F -8,94	200 Breast	5	2017-12-01 Limpopo Champs
51,74S	F	50 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
3:54,24S	F	200 IM	3	2017-08-26 LP Shamu Sprint SC 2017
4:17,15L	F 19,71	200 IM	5	2017-10-14 Limpopo Age Group 4
3:50,07L	F -7,37	200 IM	32	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Ronan Theron (14) M (Yr: DR)			
31,26S	F	50 Free	6 2017-08-26 LP Shamu Sprint SC 2017
1:17,18L	F	100 Free	8 2017-09-09 Limpopo Age Group 3
1:14,11L	F -3,07	100 Free	5 2017-10-28 Eager Sprint Gala
1:11,62L	F -2,49	100 Free	6 2017-11-11 Limpopo Age Group 5
37,94S	F	50 Back	7 2017-08-26 LP Shamu Sprint SC 2017
36,66L	F -1,88	50 Back	2 2017-10-14 Limpopo Age Group 4
1:21,98L	F 45,32	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
33,49L	LEV2 F -3,17	50 Back	2 2018-02-17 Limpopo Age Group 7
1:27,61L	F	100 Back	5 2017-09-09 Limpopo Age Group 3
39,84S	F	50 Breast	5 2017-08-26 LP Shamu Sprint SC 2017
39,20L	LEV2 F -1,64	50 Breast	3 2017-10-14 Limpopo Age Group 4
39,73L	LEV2 F 0,53	50 Breast	4 2017-10-20 Limpopo Top 10 - High Schools
40,56L	F 1,36	50 Breast	1 2017-11-11 Limpopo Age Group 5
38,61L	LEV2 F -0,59	50 Breast	4 2017-12-01 Limpopo Champs
42,44L	F 3,83	50 Breast	4 2018-02-17 Limpopo Age Group 7
1:34,08L	F	100 Breast	7 2017-09-09 Limpopo Age Group 3
1:34,51L	F 0,43	100 Breast	4 2017-10-28 Eager Sprint Gala
1:29,91L	F -4,17	100 Breast	3 2017-11-11 Limpopo Age Group 5
1:31,12L	F 1,21	100 Breast	8 2017-12-01 Limpopo Champs
1:29,28L	F -0,63	100 Breast	4 2018-02-17 Limpopo Age Group 7
31,51S	LEV2 F	50 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
33,26L	LEV2 F 1,05	50 Fly	2 2017-09-09 Limpopo Age Group 3
31,24L	LEV2 F -0,97	50 Fly	3 2017-10-14 Limpopo Age Group 4
31,72L	LEV2 F 0,48	50 Fly	2 2017-11-11 Limpopo Age Group 5
30,08L	LEV2 F -1,16	50 Fly	2 2017-12-01 Limpopo Champs
29,54L	LEV2 F -0,54	50 Fly	4 2018-02-17 Limpopo Age Group 7
1:15,60L	LEV2 F	100 Fly	3 2017-10-20 Limpopo Top 10 - High Schools
1:21,23L	F 5,63	100 Fly	4 2017-10-28 Eager Sprint Gala
1:19,22L	F 3,62	100 Fly	3 2017-11-11 Limpopo Age Group 5
1:12,43L	LEV2 F -3,17	100 Fly	4 2017-12-01 Limpopo Champs
1:12,53L	LEV2 F 0,10	100 Fly	4 2018-02-17 Limpopo Age Group 7
3:09,98S	F	200 IM	5 2017-08-26 LP Shamu Sprint SC 2017
3:03,01L	F -10,17	200 IM	9 2017-10-14 Limpopo Age Group 4
2:58,34L	F -4,67	200 IM	24 2017-12-01 Limpopo Champs

TASC-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Simone Theron (10) F (Yr: CR)				TKS-SKD
35,78L	LEV2 F	50 Free	1	2017-07-29 Limpopo Age Group 2
36,56S	LEV2 F 1,58	50 Free	2	2017-08-05 Tuks Sprint Gala
36,46S	LEV2 F 1,48	50 Free	7	2017-08-19 Small Districts Championship Gala 2017
36,10S	LEV2 F 1,12	50 Free	1	2017-08-26 LP Shamu Sprint SC 2017
36,18L	LEV2 F 0,40	50 Free	1	2017-09-09 Limpopo Age Group 3
35,50L	LEV2 F -0,28	50 Free	1	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
34,87L	LEV2 F -0,63	50 Free	1	2017-10-28 Eager Sprint Gala
35,73L	LEV2 F 0,86	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
34,96L	LEV2 F 0,09	50 Free	1	2017-12-01 Limpopo Champs
34,40L	LEV2 F -0,47	50 Free	1	2018-01-27 LP School Champs 2018
35,50L	LEV2 F 1,10	50 Free	1	2018-02-17 Limpopo Age Group 7
1:20,71L	LEV2 F	100 Free	1	2017-09-09 Limpopo Age Group 3
1:21,57L	LEV2 F 0,86	100 Free	2	2017-11-11 Limpopo Age Group 5
1:17,94L	LEV3 F -2,77	100 Free	1	2017-12-01 Limpopo Champs
1:18,54L	LEV3 F 0,60	100 Free	1	2018-01-27 LP School Champs 2018
1:16,76L	LEV3 F -1,18	100 Free	1	2018-02-17 Limpopo Age Group 7
2:50,33L	LEV3 F	200 Free	1	2017-12-01 Limpopo Champs
2:51,43L	LEV3 F 1,10	200 Free	1	2018-01-27 LP School Champs 2018
46,67L	DQ F	50 Back		2017-07-29 Limpopo Age Group 2
45,32S	LEV2 F	50 Back	3	2017-08-05 Tuks Sprint Gala
45,26S	LEV2 F -0,06	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
44,62L	LEV2 F -1,24	50 Back	2	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
44,72L	LEV2 F 2,22	50 Back	2	2017-10-28 Eager Sprint Gala
42,37L	LEV2 F -0,13	50 Back	2	2017-12-01 Limpopo Champs
1:42,29L	LEV2 F	100 Back	2	2017-09-09 Limpopo Age Group 3
1:33,04L	LEV2 F -9,25	100 Back	3	2017-12-01 Limpopo Champs
3:29,93L	LEV2 F	200 Back	2	2017-12-01 Limpopo Champs
50,68L	F	50 Breast	1	2017-07-29 Limpopo Age Group 2
47,26S	LEV2 F -2,42	50 Breast	2	2017-08-05 Tuks Sprint Gala
47,17S	LEV2 F -0,09	50 Breast	3	2017-08-19 Small Districts Championship Gala 2017
47,83S	LEV2 F 0,66	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
46,81L	LEV2 F -1,36	50 Breast	2	2017-09-09 Limpopo Age Group 3
46,54L	LEV2 F -0,27	50 Breast	1	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
46,47L	LEV2 F -0,07	50 Breast	1	2017-10-28 Eager Sprint Gala
48,23L	LEV2 F 1,76	50 Breast	1	2017-11-11 Limpopo Age Group 5
48,27L	LEV2 F 1,80	50 Breast	1	2017-12-01 Limpopo Champs
46,11L	LEV2 F -0,36	50 Breast	1	2018-01-27 LP School Champs 2018
45,77L	LEV2 F -0,34	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:48,27S	LEV2 F	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:45,49L	LEV2 F -4,78	100 Breast	1	2017-09-09 Limpopo Age Group 3
1:46,46L	LEV2 F 0,97	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:44,51L	LEV2 F -0,98	100 Breast	1	2017-12-01 Limpopo Champs
1:43,51L	LEV2 F -1,00	100 Breast	1	2018-01-27 LP School Champs 2018
1:43,63L	LEV2 F 0,12	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:50,21L	LEV2 F	200 Breast	1	2017-12-01 Limpopo Champs
47,30L	F	50 Fly	1	2017-07-29 Limpopo Age Group 2
44,90S	F -1,70	50 Fly	2	2017-08-05 Tuks Sprint Gala
42,71S	LEV2 F -2,19	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
DQ	F	50 Fly		2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
44,41L	LEV2 F 1,00	50 Fly	1	2017-10-28 Eager Sprint Gala
43,63L	LEV2 F 0,22	50 Fly	1	2017-11-04 Limpopo Primary School - Top 10
42,46L	LEV2 F -0,95	50 Fly	2	2017-11-11 Limpopo Age Group 5
40,52L	LEV2 F -1,94	50 Fly	1	2017-12-01 Limpopo Champs
40,16L	LEV2 F -0,36	50 Fly	1	2018-01-27 LP School Champs 2018
39,44L	LEV2 F -0,72	50 Fly	1	2018-02-17 Limpopo Age Group 7
1:40,64L	LEV2 F -1,24	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:43,98L	F 3,34	100 Fly	1	2017-12-01 Limpopo Champs
1:37,18L	LEV2 F -3,46	100 Fly	1	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Simone Theron (10) F (Yr: CR)

TKS-SKD

Time	P/F/S	Event	Place
3:32,95L	LEV2 F	200 IM	2 2017-07-29 Limpopo Age Group 2
3:18,00S	LEV2 F -11,75	200 IM	1 2017-08-05 Tuks Sprint Gala
3:28,00S	LEV2 F 10,00	200 IM	8 2017-08-19 Small Districts Championship Gala 2017
3:22,58S	LEV2 F 4,58	200 IM	1 2017-08-26 LP Shamu Sprint SC 2017
3:28,85L	LEV2 F 7,65	200 IM	2 2017-10-28 Eager Sprint Gala
3:25,77L	LEV2 F 4,57	200 IM	2 2017-11-04 Limpopo Primary School - Top 10
3:18,75L	LEV2 F -2,45	200 IM	11 2017-12-01 Limpopo Champs
3:16,37L	LEV2 F -2,38	200 IM	1 2018-01-27 LP School Champs 2018

Tegan Theron (17) M (Yr: AR)

LOTTA-WBD

28,59L	P	50 Free	21 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
28,80S	F 1,01	50 Free	5 2017-08-05 Tuks Sprint Gala
1:07,92L	P	100 Free	27 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:05,29S	F -1,03	100 Free	8 2017-08-05 Tuks Sprint Gala
2:42,31L	P	200 Free	18 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
35,87L	P	50 Back	10 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
35,43S	F 0,16	50 Back	4 2017-08-05 Tuks Sprint Gala
35,38S	F 0,11	200 Medley Relay Lead Off	2017-08-19 Small Districts Championship Gala 2017
1:20,84L	P	100 Back	11 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:22,09L	F	100 Back	9 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:18,41S	F -1,23	100 Back	4 2017-08-05 Tuks Sprint Gala
1:18,61S	F 0,20	100 Back	7 2017-08-19 Small Districts Championship Gala 2017
2:56,88L	P	200 Back	11 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
43,93L	P	50 Breast	17 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
41,14S	F -1,79	50 Breast	5 2017-08-05 Tuks Sprint Gala
32,82L	P	50 Fly	15 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
31,46S	F -0,66	50 Fly	5 2017-08-05 Tuks Sprint Gala
3:00,40L	P	200 IM	14 2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Tia-Mari Theron (8) F (Yr: CR)			
41,62L	F	50 Free	3 2017-07-29 Limpopo Age Group 2
43,46S	F 2,64	50 Free	1 2017-08-05 Tuks Sprint Gala
42,02S	F 1,20	50 Free	1 2017-08-26 LP Shamu Sprint SC 2017
42,36L	F 0,74	50 Free	4 2017-09-09 Limpopo Age Group 3
41,95L	F 0,33	50 Free	3 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
42,01L	F 0,39	50 Free	1 2017-10-28 Eager Sprint Gala
40,79L	F -0,83	50 Free	3 2017-11-04 Limpopo Primary School - Top 10
40,53L	F -0,26	50 Free	3 2017-12-01 Limpopo Champs
42,12L	F 1,59	50 Free	5 2018-01-27 LP School Champs 2018
41,19L	F 0,66	50 Free	3 2018-02-17 Limpopo Age Group 7
1:35,11L	F	100 Free	6 2017-09-09 Limpopo Age Group 3
1:37,63L	F	100 Free	6 2017-11-11 Limpopo Age Group 5
1:29,72L	LEV2 F -3,99	100 Free	1 2017-12-01 Limpopo Champs
1:34,44L	F 4,72	100 Free	4 2018-01-27 LP School Champs 2018
3:22,22L	LEV2 F	200 Free	3 2017-12-01 Limpopo Champs
3:12,01L	LEV2 F -10,21	200 Free	1 2018-01-27 LP School Champs 2018
23,82S	F	25 Back	1 2017-08-26 LP Shamu Sprint SC 2017
1:00,99L	F	50 Back	12 2017-07-29 Limpopo Age Group 2
50,45S	F -9,94	50 Back	1 2017-08-05 Tuks Sprint Gala
50,66L	F -0,39	50 Back	6 2017-09-09 Limpopo Age Group 3
53,62L	F 2,96	50 Back	6 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
52,66L	F 4,25	50 Back	2 2017-10-28 Eager Sprint Gala
50,49L	F 2,08	50 Back	2 2017-11-04 Limpopo Primary School - Top 10
50,01L	F 1,60	50 Back	5 2017-12-01 Limpopo Champs
50,21L	F 1,80	50 Back	5 2018-01-27 LP School Champs 2018
52,18L	F 3,77	50 Back	6 2018-02-17 Limpopo Age Group 7
1:54,79L	F	100 Back	7 2017-09-09 Limpopo Age Group 3
1:49,46L	F -5,33	100 Back	6 2017-12-01 Limpopo Champs
1:45,90L	LEV2 F -3,56	100 Back	2 2018-02-17 Limpopo Age Group 7
3:56,30L	F	200 Back	6 2017-12-01 Limpopo Champs
27,15S	F	25 Breast	3 2017-08-26 LP Shamu Sprint SC 2017
1:04,63L	F	50 Breast	5 2017-07-29 Limpopo Age Group 2
1:00,80S	F -2,83	50 Breast	2 2017-08-05 Tuks Sprint Gala
57,63L	F -4,17	50 Breast	5 2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:01,58L	F 3,95	50 Breast	1 2017-10-28 Eager Sprint Gala
56,50L	F -1,13	50 Breast	5 2017-11-11 Limpopo Age Group 5
57,25L	F 0,75	50 Breast	6 2017-12-01 Limpopo Champs
59,58L	F 3,08	50 Breast	8 2018-01-27 LP School Champs 2018
57,20L	F 0,70	50 Breast	5 2018-02-17 Limpopo Age Group 7
2:16,57L	F	100 Breast	13 2017-09-09 Limpopo Age Group 3
2:04,68L	F -9,30	100 Breast	5 2017-11-11 Limpopo Age Group 5
2:00,77L	F -3,91	100 Breast	4 2017-12-01 Limpopo Champs
2:04,98L	F 4,21	100 Breast	6 2018-01-27 LP School Champs 2018
4:26,09L	F	200 Breast	3 2017-12-01 Limpopo Champs
22,60S	F	25 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
58,91L	F	50 Fly	5 2017-07-29 Limpopo Age Group 2
53,21S	F -5,00	50 Fly	1 2017-08-05 Tuks Sprint Gala
54,39L	F 3,28	50 Fly	1 2017-10-28 Eager Sprint Gala
50,60L	F -0,51	50 Fly	8 2017-11-11 Limpopo Age Group 5
47,68L	F -2,92	50 Fly	3 2017-12-01 Limpopo Champs
50,25L	F 2,57	50 Fly	3 2018-01-27 LP School Champs 2018
56,13L	F 8,45	50 Fly	8 2018-02-17 Limpopo Age Group 7
1:58,09L	F	100 Fly	1 2017-11-11 Limpopo Age Group 5
1:56,78L	F -1,31	100 Fly	1 2017-12-01 Limpopo Champs
1:58,88L	DQ F	100 Fly	2018-01-27 LP School Champs 2018
1:48,01S	F	100 IM	1 2017-08-26 LP Shamu Sprint SC 2017
4:21,89L	F	200 IM	8 2017-07-29 Limpopo Age Group 2
4:06,06S	F -12,63	200 IM	1 2017-08-05 Tuks Sprint Gala

TKS-SKD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Tia-Mari Theron (8) F (Yr: CR)			TKS-SKD
4:17,19L	F 14,68	200 IM	1 2017-10-28 Eager Sprint Gala
3:55,37L	F -7,14	200 IM	30 2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Jeska Tiersma (12) F (Yr: AR)			
39,00L	F	50 Free	4 2017-06-24 Limpopo Age Group 1
38,45S	F 0,25	50 Free	6 2017-08-05 Tuks Sprint Gala
36,69S	F -1,51	50 Free	5 2017-08-26 LP Shamu Sprint SC 2017
38,39L	F 0,90	50 Free	4 2017-09-09 Limpopo Age Group 3
36,66L	F -0,83	50 Free	3 2017-11-11 Limpopo Age Group 5
38,20L	F 1,54	50 Free	11 2017-12-01 Limpopo Champs
36,78L	F 0,12	50 Free	7 2018-01-27 LP School Champs 2018
1:29,48L	F	100 Free	6 2017-06-24 Limpopo Age Group 1
1:26,80S	F -1,08	100 Free	23 2017-08-05 Tuks Sprint Gala
1:22,48L	LEV2 F -5,92	100 Free	4 2017-09-09 Limpopo Age Group 3
1:32,57L	F 10,09	100 Free	11 2017-12-01 Limpopo Champs
1:24,74L	F 2,26	100 Free	10 2018-01-27 LP School Champs 2018
1:24,18L	F 1,70	100 Free	4 2018-02-17 Limpopo Age Group 7
3:15,82L	P	200 Free	18 2017-07-03 Sasol National Championship 2017
3:14,57L	F -1,25	200 Free	8 2017-12-01 Limpopo Champs
3:13,11L	F -1,46	200 Free	7 2018-01-27 LP School Champs 2018
6:49,75L	F	400 Free	9 2017-12-01 Limpopo Champs
43,72L	F	50 Back	1 2017-06-24 Limpopo Age Group 1
44,76L	P 1,04	50 Back	15 2017-07-03 Sasol National Championship 2017
42,61S	F -0,51	50 Back	4 2017-08-05 Tuks Sprint Gala
44,99S	F 2,38	50 Back	5 2017-08-26 LP Shamu Sprint SC 2017
45,77L	F 2,61	50 Back	2 2017-10-14 Limpopo Age Group 4
45,44L	F 2,28	50 Back	1 2017-11-11 Limpopo Age Group 5
42,99L	F -0,17	50 Back	7 2017-12-01 Limpopo Champs
43,22L	F 0,23	50 Back	6 2018-01-27 LP School Champs 2018
43,26L	F 0,27	50 Back	4 2018-02-17 Limpopo Age Group 7
1:44,03L	F	100 Back	2 2017-06-24 Limpopo Age Group 1
1:40,74S	F -2,09	100 Back	8 2017-08-05 Tuks Sprint Gala
1:37,85L	F -4,09	100 Back	5 2017-09-09 Limpopo Age Group 3
1:39,17L	F 1,32	100 Back	2 2017-11-11 Limpopo Age Group 5
1:40,97L	F 3,12	100 Back	8 2017-12-01 Limpopo Champs
1:38,16L	F 0,31	100 Back	7 2018-01-27 LP School Champs 2018
1:32,38L	F -5,47	100 Back	4 2018-02-17 Limpopo Age Group 7
3:34,38L	F	200 Back	4 2017-10-14 Limpopo Age Group 4
3:32,63L	F -1,75	200 Back	6 2017-12-01 Limpopo Champs
48,53L	P	50 Breast	14 2017-07-03 Sasol National Championship 2017
48,52S	F 0,99	50 Breast	3 2017-08-05 Tuks Sprint Gala
48,70S	F 1,17	50 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
52,06L	F 3,53	50 Breast	4 2017-10-14 Limpopo Age Group 4
50,80L	F 2,27	50 Breast	2 2017-11-11 Limpopo Age Group 5
49,31L	F 0,78	50 Breast	4 2018-01-27 LP School Champs 2018
50,69L	F 2,16	50 Breast	2 2018-02-17 Limpopo Age Group 7
2:05,13L	F	100 Breast	3 2017-06-24 Limpopo Age Group 1
1:52,71L	F -12,42	100 Breast	3 2017-09-09 Limpopo Age Group 3
1:54,96L	F 2,25	100 Breast	3 2017-11-11 Limpopo Age Group 5
1:55,78L	F 3,07	100 Breast	9 2017-12-01 Limpopo Champs
1:51,51L	F -1,20	100 Breast	7 2018-01-27 LP School Champs 2018
1:51,17L	F -0,34	100 Breast	4 2018-02-17 Limpopo Age Group 7
4:20,33L	F	200 Breast	3 2017-10-14 Limpopo Age Group 4
4:15,62L	F -4,71	200 Breast	7 2017-12-01 Limpopo Champs
4:00,61L	F -15,01	200 Breast	5 2018-01-27 LP School Champs 2018
47,62L	P	50 Fly	16 2017-07-03 Sasol National Championship 2017
47,36S	F 0,44	50 Fly	4 2017-08-05 Tuks Sprint Gala
50,12S	F 3,20	50 Fly	5 2017-08-26 LP Shamu Sprint SC 2017
50,91L	F 3,29	50 Fly	3 2017-09-09 Limpopo Age Group 3
52,93L	F 5,31	50 Fly	2 2017-10-14 Limpopo Age Group 4
1:00,51L	F 12,89	50 Fly	9 2017-12-01 Limpopo Champs
3:47,30L	P	200 IM	16 2017-07-03 Sasol National Championship 2017

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jeska Tiersma (12) F (Yr: AR)				TKSS-WBD
3:39,45S	F -4,65	200 IM	4	2017-08-05 Tuks Sprint Gala
3:40,82S	F 1,37	200 IM	5	2017-08-26 LP Shamu Sprint SC 2017
3:41,97L	F -0,68	200 IM	25	2017-12-01 Limpopo Champs
Ruald Tissink (16) M (Yr: GN)				TKSB-WBD
28,80S	F	50 Free	5	2017-08-05 Tuks Sprint Gala
29,25L	F -0,35	50 Free	3	2018-01-27 LP School Champs 2018
1:05,02S	LEV2 F	100 Free	7	2017-08-05 Tuks Sprint Gala
1:08,46L	F 1,84	100 Free	4	2018-01-27 LP School Champs 2018
39,10S	F	50 Breast	4	2017-08-05 Tuks Sprint Gala
39,50L	F -0,60	50 Breast	5	2018-01-27 LP School Champs 2018
1:29,67S	DQ F	100 Breast		2017-08-05 Tuks Sprint Gala
1:35,41L	F	100 Breast	5	2017-10-20 Limpopo Top 10 - High Schools
1:31,85L	F -3,56	100 Breast	4	2018-01-27 LP School Champs 2018
36,48L	F	50 Fly	5	2018-01-27 LP School Champs 2018
Mogau Tladi (6) F				EAGAB-CCD
1:57,25L	F	50 Free	13	2017-10-28 Eager Sprint Gala
1:27,93L	F	50 Back	11	2017-10-28 Eager Sprint Gala
Deané Toerien (16) F (Yr: DR)				TASC-MPD
32,24S	F	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
32,45L	F -0,59	50 Free	4	2017-12-01 Limpopo Champs
33,17L	F 0,72	50 Free	2	2018-02-17 Limpopo Age Group 7
1:15,35L	F	100 Free	3	2017-09-09 Limpopo Age Group 3
1:13,52L	F -1,83	100 Free	3	2017-12-01 Limpopo Champs
36,18S	LEV2 F	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
35,44L	F -1,34	50 Back	1	2017-10-20 Limpopo Top 10 - High Schools
35,74L	F 0,30	50 Back	1	2017-11-11 Limpopo Age Group 5
35,97L	F 0,53	50 Back	3	2017-12-01 Limpopo Champs
1:27,17L	I F 51,73	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
36,03L	F 0,59	50 Back	1	2018-01-27 LP School Champs 2018
1:21,82L	LEV2 F	100 Back	1	2017-09-09 Limpopo Age Group 3
1:20,62L	F -1,20	100 Back	1	2017-10-20 Limpopo Top 10 - High Schools
1:21,66L	F 1,04	100 Back	1	2017-11-11 Limpopo Age Group 5
1:19,48L	F -1,14	100 Back	3	2017-12-01 Limpopo Champs
1:24,65L	F 5,17	100 Back	1	2018-01-27 LP School Champs 2018
1:30,71L	F 11,23	100 Back	3	2018-02-17 Limpopo Age Group 7
37,25S	LEV2 F	50 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
37,72L	LEV2 F -0,53	50 Breast	2	2017-09-09 Limpopo Age Group 3
37,19L	F -0,53	50 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
38,19L	F 1,00	50 Breast	1	2017-11-11 Limpopo Age Group 5
36,97L	F -0,22	50 Breast	2	2017-12-01 Limpopo Champs
36,62L	F -0,35	50 Breast	1	2018-01-27 LP School Champs 2018
37,54L	F 0,92	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:28,02L	LEV2 F	100 Breast	2	2017-09-09 Limpopo Age Group 3
1:24,52L	LEV3 F -3,50	100 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
1:25,21L	LEV3 F 0,69	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:23,93L	LEV3 F -0,59	100 Breast	2	2017-12-01 Limpopo Champs
1:24,84L	LEV3 F 0,91	100 Breast	1	2018-01-27 LP School Champs 2018
1:28,19L	F 4,26	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:08,44L	F	200 Breast	1	2017-12-01 Limpopo Champs
3:12,92L	F 4,48	200 Breast	1	2018-01-27 LP School Champs 2018
3:10,36L	F 1,92	200 Breast	1	2018-02-17 Limpopo Age Group 7
35,81S	LEV2 F	50 Fly	3	2017-08-26 LP Shamu Sprint SC 2017
35,25L	F -1,26	50 Fly	3	2017-12-01 Limpopo Champs
34,54L	F -0,71	50 Fly	1	2018-01-27 LP School Champs 2018
3:09,40S	F	200 IM	4	2017-08-26 LP Shamu Sprint SC 2017
2:51,86L	F -20,74	200 IM	2	2017-12-01 Limpopo Champs
3:06,31L	F 14,45	200 IM	1	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ettiene Tröger (8) M (Yr: HN)				LSPHA-MPD
46,52L	F	50 Free	7	2017-11-04 Limpopo Primary School - Top 10
54,58L	F	50 Back	6	2017-11-04 Limpopo Primary School - Top 10
2:15,79L	F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Justyn Trueman (18) M (Yr: GN)				HSTAN-MPD
NS	F	50 Free		2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Free		2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Back		2017-10-20 Limpopo Top 10 - High Schools
Marnus Truter (6) M				TKSB-WBD
25,81S	F	25 Free	4	2017-08-05 Tuks Sprint Gala
26,00S	F 0,19	25 Free	1	2017-08-26 LP Shamu Sprint SC 2017
28,40S	F	25 Back	4	2017-08-05 Tuks Sprint Gala
26,73S	F -1,67	25 Back	1	2017-08-26 LP Shamu Sprint SC 2017
38,71S	F	25 Breast	3	2017-08-05 Tuks Sprint Gala
35,11S	F -3,60	25 Breast	1	2017-08-26 LP Shamu Sprint SC 2017
33,59S	F	25 Fly	3	2017-08-05 Tuks Sprint Gala
28,27S	F -5,32	25 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
2:49,40S	DQ	100 IM		2017-08-05 Tuks Sprint Gala
2:30,14S	F	100 IM	1	2017-08-26 LP Shamu Sprint SC 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Bongani Tshabalala (12) M (Yr: AR)				
33,07S	F	50 Free	4	2017-08-05 Tuks Sprint Gala
33,00L	LEV2 F -0,87	50 Free	13	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
31,97L	LEV2 F -1,03	50 Free	2	2017-12-01 Limpopo Champs
1:07,18L	F 34,18	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
33,68L	F 1,71	50 Free	4	2018-01-27 LP School Champs 2018
33,63L	F 1,66	50 Free	2	2018-02-17 Limpopo Age Group 7
1:14,57L	LEV2 F	100 Free	1	2017-06-24 Limpopo Age Group 1
1:14,72S	LEV2 F 1,75	100 Free	18	2017-08-05 Tuks Sprint Gala
1:14,73L	LEV2 F 0,16	100 Free	2	2017-11-11 Limpopo Age Group 5
1:13,25L	LEV2 F -1,32	100 Free	2	2017-12-01 Limpopo Champs
1:14,05L	F 0,80	100 Free	4	2018-01-27 LP School Champs 2018
2:46,47L	F	200 Free	1	2017-10-14 Limpopo Age Group 4
2:42,82L	LEV2 F -3,65	200 Free	2	2017-12-01 Limpopo Champs
6:03,35L	F	400 Free	2	2017-06-24 Limpopo Age Group 1
5:56,63L	F -6,72	400 Free	2	2017-11-11 Limpopo Age Group 5
5:52,31L	F -4,32	400 Free	8	2017-12-01 Limpopo Champs
39,44S	LEV2 F	50 Back	5	2017-08-05 Tuks Sprint Gala
44,82L	F 4,78	50 Back	20	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
40,59L	LEV2 F 0,55	50 Back	4	2017-12-01 Limpopo Champs
1:30,51S	F	100 Back	3	2017-08-05 Tuks Sprint Gala
1:30,22L	F -1,49	100 Back	5	2017-12-01 Limpopo Champs
46,10L	F	50 Breast	3	2017-06-24 Limpopo Age Group 1
42,19S	F -2,91	50 Breast	4	2017-08-05 Tuks Sprint Gala
44,28L	F 1,09	50 Breast	13	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
45,66L	F 2,47	50 Breast	1	2017-10-14 Limpopo Age Group 4
46,40L	F 3,21	50 Breast	2	2017-11-11 Limpopo Age Group 5
43,05L	F -0,14	50 Breast	2	2017-12-01 Limpopo Champs
42,41L	F -0,64	50 Breast	2	2018-01-27 LP School Champs 2018
45,06L	F 2,65	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:39,64L	LEV2 F	100 Breast	2	2017-06-24 Limpopo Age Group 1
1:32,69S	LEV2 F -4,95	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:35,17S	LEV2 F 2,48	100 Breast	9	2017-08-19 Small Districts Championship Gala 2017
1:37,30L	LEV2 F 2,61	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:32,86L	LEV2 F -1,83	100 Breast	2	2017-12-01 Limpopo Champs
1:33,68L	F 0,82	100 Breast	2	2018-01-27 LP School Champs 2018
1:38,08L	LEV2 F 5,22	100 Breast	3	2018-02-17 Limpopo Age Group 7
3:33,46L	F	200 Breast	1	2017-10-14 Limpopo Age Group 4
3:18,35L	LEV3 F -15,11	200 Breast	1	2017-12-01 Limpopo Champs
3:27,28L	F 8,93	200 Breast	1	2018-01-27 LP School Champs 2018
3:29,85L	LEV2 F 11,50	200 Breast	1	2018-02-17 Limpopo Age Group 7
38,97S	F	50 Fly	5	2017-08-05 Tuks Sprint Gala
41,03L	F 1,36	50 Fly	14	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
41,81L	F 2,14	50 Fly	3	2017-10-14 Limpopo Age Group 4
40,58L	F 0,91	50 Fly	2	2017-11-11 Limpopo Age Group 5
37,82L	LEV2 F -1,85	50 Fly	3	2017-12-01 Limpopo Champs
40,55L	F 2,73	50 Fly	4	2018-01-27 LP School Champs 2018
41,25L	F 3,43	50 Fly	4	2018-02-17 Limpopo Age Group 7
1:30,78S	F	100 Fly	2	2017-08-05 Tuks Sprint Gala
1:35,85L	F 3,67	100 Fly	3	2017-12-01 Limpopo Champs
1:34,64L	F 2,46	100 Fly	3	2018-01-27 LP School Champs 2018
3:10,65L	LEV2 F	200 IM	2	2017-06-24 Limpopo Age Group 1
3:41,47L	DQ F	200 IM		2017-10-14 Limpopo Age Group 4
3:07,22L	F -3,43	200 IM	3	2018-01-27 LP School Champs 2018

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Buhle Tshabalala (6) M (Yr: AN)				TKSS-WBD
20,59S	F	25 Free	1	2017-08-05 Tuks Sprint Gala
53,23L	F	50 Free	7	2017-06-24 Limpopo Age Group 1
45,48L	F -7,75	50 Free	12	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
45,93L	F 0,45	50 Free	10	2017-10-14 Limpopo Age Group 4
45,48L	F 0,00	50 Free	15	2017-11-11 Limpopo Age Group 5
45,01L	F -0,47	50 Free	7	2017-12-01 Limpopo Champs
49,37L	F 4,36	50 Free	2	2018-01-27 LP School Champs 2018
1:51,86L	F	100 Free	5	2017-06-24 Limpopo Age Group 1
1:45,30S	F -4,96	100 Free	45	2017-08-05 Tuks Sprint Gala
1:55,09L	F 8,19	100 Free	11	2017-12-01 Limpopo Champs
1:45,13L	F -1,77	100 Free	1	2018-01-27 LP School Champs 2018
2:13,44L I.	F	448 Free Relay Lead Off		2017-12-01 Limpopo Champs
26,68S	F	25 Back	1	2017-08-05 Tuks Sprint Gala
59,92L	F	50 Back	14	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:00,95L	F 1,03	50 Back	14	2017-10-14 Limpopo Age Group 4
1:01,34L	F 1,42	50 Back	17	2017-11-11 Limpopo Age Group 5
1:00,80L	F 0,88	50 Back	13	2017-12-01 Limpopo Champs
1:02,77L	F 2,85	50 Back	2	2018-01-27 LP School Champs 2018
28,24S	DQ F	25 Breast		2017-08-05 Tuks Sprint Gala
1:08,66L	F	50 Breast	8	2017-06-24 Limpopo Age Group 1
58,92L	F -9,74	50 Breast	7	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:05,28L	F 6,36	50 Breast	14	2017-10-14 Limpopo Age Group 4
1:00,28L	F 1,36	50 Breast	10	2017-11-11 Limpopo Age Group 5
1:01,55L	F 2,63	50 Breast	7	2017-12-01 Limpopo Champs
1:03,03L	F 4,11	50 Breast	2	2018-01-27 LP School Champs 2018
2:36,63L	DQ F	100 Breast		2017-06-24 Limpopo Age Group 1
2:26,14L	F	100 Breast	9	2017-12-01 Limpopo Champs
2:26,78L	F 0,64	100 Breast	2	2018-01-27 LP School Champs 2018
21,09S	F	25 Fly	1	2017-08-05 Tuks Sprint Gala
52,04L	F	50 Fly	1	2017-06-24 Limpopo Age Group 1
54,42L	F 2,38	50 Fly	5	2017-10-14 Limpopo Age Group 4
49,38L	F -2,66	50 Fly	6	2017-11-11 Limpopo Age Group 5
51,10L	F 1,72	50 Fly	3	2017-12-01 Limpopo Champs
53,68L	F 4,30	50 Fly	1	2018-01-27 LP School Champs 2018
2:06,23L	F	100 Fly	4	2017-12-01 Limpopo Champs
2:15,83L	F 9,60	100 Fly	1	2018-01-27 LP School Champs 2018
1:58,56S	F	100 IM	1	2017-08-05 Tuks Sprint Gala
4:39,47L	F	200 IM	4	2017-10-14 Limpopo Age Group 4
4:16,75L	F -22,72	200 IM	1	2018-01-27 LP School Champs 2018
Zanele Tshabalala (10) F				TKSB-WBD
1:26,04S	DQ F	50 Free		2017-08-05 Tuks Sprint Gala
NS	F	50 Back		2017-08-05 Tuks Sprint Gala
Chanté Van Aswegen (11) F (Yr: HR)				LSJM-SKD
46,23L	F	50 Back	6	2017-11-04 Limpopo Primary School - Top 10
1:48,96L	F	100 Back	7	2017-11-04 Limpopo Primary School - Top 10
Reuben Van Aswegen (8) M (Yr: HR)				UNIC-MPD
44,39L	F	50 Free	6	2017-11-04 Limpopo Primary School - Top 10
Franco Van Biljon (16) M (Yr: GN)				PHS-CCD
43,80L	DQ F	50 Breast		2017-10-20 Limpopo Top 10 - High Schools
1:42,58L	DQ F	100 Breast		2017-10-20 Limpopo Top 10 - High Schools
Juan Van Heerden (10) M (Yr: HR)				LSTZN-MPD
54,56L	F	50 Back	6	2017-11-04 Limpopo Primary School - Top 10
57,16L	F	50 Fly	8	2017-11-04 Limpopo Primary School - Top 10
4:10,22L	F	200 IM	7	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Nicola Van Heyningen (15) F (Yr: AR)				SS-MPD
33,87S	F	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
35,38L	F 0,71	50 Free	2	2017-10-14 Limpopo Age Group 4
34,48L	F -0,19	50 Free	1	2017-11-11 Limpopo Age Group 5
34,13L	F -0,35	50 Free	2	2017-12-01 Limpopo Champs
34,36L	F 0,23	50 Free	3	2018-01-27 LP School Champs 2018
1:18,83L	F	100 Free	2	2017-11-11 Limpopo Age Group 5
1:17,72L	F -1,11	100 Free	2	2017-12-01 Limpopo Champs
1:18,97L	F 1,25	100 Free	1	2018-01-27 LP School Champs 2018
3:01,33L	F	200 Free	1	2017-10-14 Limpopo Age Group 4
2:58,57L	F -2,76	200 Free	2	2017-12-01 Limpopo Champs
3:00,19L	F 1,62	200 Free	2	2018-01-27 LP School Champs 2018
43,47L	F	50 Back	4	2017-07-29 Limpopo Age Group 2
42,66S	F -0,21	50 Back	5	2017-08-26 LP Shamu Sprint SC 2017
44,62L	F 1,36	50 Back	2	2017-12-01 Limpopo Champs
45,15L	F 1,89	50 Back	3	2018-01-27 LP School Champs 2018
51,67L	F	50 Breast	1	2017-07-29 Limpopo Age Group 2
48,23S	F -2,44	50 Breast	5	2017-08-26 LP Shamu Sprint SC 2017
49,32L	F 0,09	50 Breast	1	2017-10-14 Limpopo Age Group 4
50,03L	F 0,80	50 Breast	1	2017-11-11 Limpopo Age Group 5
48,68L	F -0,55	50 Breast	2	2017-12-01 Limpopo Champs
50,85L	F 2,17	50 Breast	4	2018-01-27 LP School Champs 2018
1:48,30L	F	100 Breast	1	2017-11-11 Limpopo Age Group 5
1:50,79L	F 2,49	100 Breast	1	2017-12-01 Limpopo Champs
1:49,95L	F 1,65	100 Breast	4	2018-01-27 LP School Champs 2018
3:53,79L	F	200 Breast	1	2017-10-14 Limpopo Age Group 4
39,56S	F	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
43,04L	F 2,78	50 Fly	2	2017-10-14 Limpopo Age Group 4
42,49L	F 2,23	50 Fly	1	2017-11-11 Limpopo Age Group 5
41,33L	F 1,07	50 Fly	2	2017-12-01 Limpopo Champs
43,42L	F 3,16	50 Fly	3	2018-01-27 LP School Champs 2018
1:41,38L	F	100 Fly	2	2017-12-01 Limpopo Champs
3:17,28S	F	200 IM	5	2017-08-26 LP Shamu Sprint SC 2017
3:24,76L	F 4,28	200 IM	9	2017-12-01 Limpopo Champs
3:25,24L	F 4,76	200 IM	1	2018-01-27 LP School Champs 2018
Tessa Van Heyningen (11) F (Yr: AR)				SS-MPD
39,97S	F	50 Free	7	2017-08-26 LP Shamu Sprint SC 2017
39,06L	F -1,71	50 Free	4	2017-10-14 Limpopo Age Group 4
39,88L	F 0,82	50 Free	7	2017-11-11 Limpopo Age Group 5
40,13L	F 1,07	50 Free	13	2017-12-01 Limpopo Champs
NS	F	100 Free		2017-11-11 Limpopo Age Group 5
1:31,64L	F	100 Free	13	2017-12-01 Limpopo Champs
NS	F	200 Free		2017-10-14 Limpopo Age Group 4
47,75S	F	50 Back	7	2017-08-26 LP Shamu Sprint SC 2017
48,69L	F 0,34	50 Back	2	2017-10-14 Limpopo Age Group 4
47,59L	F -0,76	50 Back	4	2017-11-11 Limpopo Age Group 5
47,66L	F 0,07	50 Back	13	2017-12-01 Limpopo Champs
1:40,56L	LEV2 F	100 Back	12	2017-12-01 Limpopo Champs
3:47,31L	F	200 Back	5	2017-10-14 Limpopo Age Group 4
51,96S	F	50 Breast	6	2017-08-26 LP Shamu Sprint SC 2017
53,73L	F 0,77	50 Breast	7	2017-11-11 Limpopo Age Group 5
53,15L	F 0,19	50 Breast	10	2017-12-01 Limpopo Champs
1:58,76L	F	100 Breast	5	2017-11-11 Limpopo Age Group 5
1:56,45L	F -2,31	100 Breast	12	2017-12-01 Limpopo Champs
4:25,13L	DQ F	200 Breast		2017-10-14 Limpopo Age Group 4
4:07,75L	F	200 Breast	9	2017-12-01 Limpopo Champs
51,86S	F	50 Fly	7	2017-08-26 LP Shamu Sprint SC 2017
3:49,36S	DQ F	200 IM		2017-08-26 LP Shamu Sprint SC 2017
3:51,54L	F	200 IM	29	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Lene Van Jaarsveld (11) F (Yr: HR)				LPTBO-CCD
47,97L	F	50 Free	10	2017-11-04 Limpopo Primary School - Top 10
1:47,16L	F	100 Free	8	2017-11-04 Limpopo Primary School - Top 10
1:00,84L	F	50 Breast	10	2017-11-04 Limpopo Primary School - Top 10
2:18,31L	F	100 Breast	8	2017-11-04 Limpopo Primary School - Top 10
Zara Van Kraayenburg (7) F				EAGAB-CCD
1:05,19L	F	50 Free	9	2017-10-28 Eager Sprint Gala
Abigail Van Niekerk (12) F (Yr: AR)				EAGA-CCD
36,27L	F	50 Free	4	2017-07-29 Limpopo Age Group 2
37,63S	F 2,16	50 Free	5	2017-08-05 Tuks Sprint Gala
36,07S	F 0,60	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
37,41L	F 1,14	50 Free	9	2018-01-27 LP School Champs 2018
1:23,40S	F	100 Free	20	2017-08-05 Tuks Sprint Gala
1:20,54S	LEV2 F -2,86	100 Free	8	2017-08-19 Small Districts Championship Gala 2017
1:19,83L	LEV2 F -2,31	100 Free	1	2017-09-09 Limpopo Age Group 3
1:23,75L	F 3,92	100 Free	5	2017-10-28 Eager Sprint Gala
1:21,04L	F 1,21	100 Free	6	2017-11-04 Limpopo Primary School - Top 10
1:27,50L	F 7,67	100 Free	11	2018-01-27 LP School Champs 2018
1:23,59L	F 3,76	100 Free	3	2018-02-17 Limpopo Age Group 7
3:12,94L	F	200 Free	6	2018-01-27 LP School Champs 2018
42,29L	LEV2 F	50 Back	1	2017-07-29 Limpopo Age Group 2
41,79S	LEV2 F 0,10	50 Back	2	2017-08-05 Tuks Sprint Gala
39,47S	LEV2 F -2,22	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
40,76L	LEV2 F 0,69	50 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:26,22L	F 46,15	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
41,69L	F 1,62	50 Back	4	2018-01-27 LP School Champs 2018
40,62L	LEV2 F 0,55	50 Back	2	2018-02-17 Limpopo Age Group 7
1:31,81S	LEV2 F	100 Back	4	2017-08-05 Tuks Sprint Gala
1:27,24S	LEV2 F -4,57	100 Back	8	2017-08-19 Small Districts Championship Gala 2017
1:28,13L	LEV2 F -0,31	100 Back	1	2017-09-09 Limpopo Age Group 3
1:33,47L	F 5,34	100 Back	4	2017-10-28 Eager Sprint Gala
1:28,78L	LEV2 F 0,65	100 Back	3	2017-11-04 Limpopo Primary School - Top 10
1:32,50L	F 4,37	100 Back	7	2017-12-01 Limpopo Champs
1:29,17L	F 1,04	100 Back	5	2018-01-27 LP School Champs 2018
1:33,54L	F 5,41	100 Back	5	2018-02-17 Limpopo Age Group 7
3:15,48L	LEV2 F	200 Back	2	2017-07-29 Limpopo Age Group 2
3:20,44L	F 4,96	200 Back	4	2018-01-27 LP School Champs 2018
51,08S	F	50 Breast	6	2017-08-05 Tuks Sprint Gala
49,38S	F -1,70	50 Breast	5	2017-08-26 LP Shamu Sprint SC 2017
51,09L	F 0,71	50 Breast	7	2017-12-01 Limpopo Champs
51,63L	F 1,25	50 Breast	3	2018-02-17 Limpopo Age Group 7
44,13L	F	50 Fly	2	2017-07-29 Limpopo Age Group 2
40,82S	F -2,61	50 Fly	2	2017-08-05 Tuks Sprint Gala
38,66S	LEV2 F -2,16	50 Fly	1	2017-08-26 LP Shamu Sprint SC 2017
41,40L	F 2,04	50 Fly	6	2017-11-04 Limpopo Primary School - Top 10
45,80L	F 6,44	50 Fly	7	2018-01-27 LP School Champs 2018
40,24L	F 0,88	50 Fly	1	2018-02-17 Limpopo Age Group 7
DQ	F	200 IM		2017-08-05 Tuks Sprint Gala
3:15,41S	LEV2 F	200 IM	3	2017-08-26 LP Shamu Sprint SC 2017
3:27,50L	F 8,89	200 IM	3	2017-10-28 Eager Sprint Gala
Wynand van Niekerk (11) M				TKSB-WBD
NS	F	50 Free		2017-08-05 Tuks Sprint Gala
1:53,64S	DQ F	50 Back		2017-08-05 Tuks Sprint Gala
1:47,28S	DQ F	50 Breast		2017-08-05 Tuks Sprint Gala
Logan Van Rensburg (9) M (Yr: HR)				UNIC-MPD
56,21L	F	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Johannes Van Rooyen (8) M (Yr: AN)				ELRAS-WBD
42,90L	F	50 Free	7	2017-07-29 Limpopo Age Group 2
46,11L	F 3,21	50 Free	11	2017-09-09 Limpopo Age Group 3
1:42,33L	F	100 Free	13	2017-09-09 Limpopo Age Group 3
56,91L	F	50 Back	7	2017-07-29 Limpopo Age Group 2
57,47L	F 0,56	50 Back	9	2017-09-09 Limpopo Age Group 3
1:10,90L	F	50 Breast	6	2017-07-29 Limpopo Age Group 2
1:08,45L	F -2,45	50 Breast	16	2017-09-09 Limpopo Age Group 3
52,87L	F	50 Fly	4	2017-07-29 Limpopo Age Group 2
51,96L	F -0,91	50 Fly	5	2017-09-09 Limpopo Age Group 3
Vanessa Van Rooyen (18) F (Yr: GR)				HBV-MPD
32,84L	F	50 Free	5	2017-10-20 Limpopo Top 10 - High Schools
1:11,25L	F	100 Free	2	2017-10-20 Limpopo Top 10 - High Schools
33,97L	F	50 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
1:25,38L	F	100 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
Jane Van Schalkwyk (17) F (Yr: GN)				HWBAD-WBD
35,51L	F	50 Free	7	2017-10-20 Limpopo Top 10 - High Schools
1:23,67L	F	100 Free	6	2017-10-20 Limpopo Top 10 - High Schools
Jurinda Van Schalkwyk (13) F (Yr: EN)				LSKP-WBD
1:26,26L	F	100 Free	3	2017-09-09 Limpopo Age Group 3
41,57L	LEV2 F	50 Back	2	2017-09-09 Limpopo Age Group 3
46,39L	F	50 Breast	3	2017-09-09 Limpopo Age Group 3
1:45,42L	F	100 Breast	4	2017-09-09 Limpopo Age Group 3
42,39L	F	50 Fly	3	2017-09-09 Limpopo Age Group 3
37,23L	LEV2 F -5,16	50 Fly	3	2017-11-04 Limpopo Primary School - Top 10
Leoné Van Schalkwyk (11) F (Yr: AR)				TKS-SKD
38,10L	F	50 Free	4	2017-09-09 Limpopo Age Group 3
1:21,39L	I. F 43,29	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
37,52L	F -0,58	50 Free	7	2018-01-27 LP School Champs 2018
1:24,74L	LEV2 F	100 Free	3	2017-09-09 Limpopo Age Group 3
1:22,14L	LEV2 F -2,60	100 Free	3	2017-11-04 Limpopo Primary School - Top 10
1:24,05L	LEV2 F 1,91	100 Free	6	2018-01-27 LP School Champs 2018
44,48L	LEV2 F	50 Back	2	2017-09-09 Limpopo Age Group 3
44,49L	F 0,01	50 Back	7	2018-01-27 LP School Champs 2018
48,90L	F	50 Breast	4	2017-09-09 Limpopo Age Group 3
48,09L	F -0,81	50 Breast	5	2017-11-04 Limpopo Primary School - Top 10
49,10L	F 1,01	50 Breast	7	2018-01-27 LP School Champs 2018
1:48,86L	LEV2 F	100 Breast	3	2017-09-09 Limpopo Age Group 3
1:44,48L	LEV2 F -4,38	100 Breast	3	2017-11-04 Limpopo Primary School - Top 10
1:50,45L	F 5,97	100 Breast	9	2018-01-27 LP School Champs 2018
46,97L	F	50 Fly	5	2017-11-04 Limpopo Primary School - Top 10
Wikus Van Schalkwyk (10) M (Yr: HR)				ELRSB-WBD
43,73S	F	50 Free	7	2017-08-05 Tuks Sprint Gala
38,98L	F -4,03	50 Free	2	2017-11-04 Limpopo Primary School - Top 10
39,54L	F 0,56	50 Free	3	2018-01-27 LP School Champs 2018
1:30,96L	F	100 Free	4	2018-01-27 LP School Champs 2018
56,60S	F	50 Back	6	2017-08-05 Tuks Sprint Gala
49,65L	F -5,28	50 Back	2	2017-11-04 Limpopo Primary School - Top 10
1:59,79L	I. F 64,86	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
46,84L	F -2,81	50 Back	3	2018-01-27 LP School Champs 2018
1:04,61S	F	50 Breast	10	2017-08-05 Tuks Sprint Gala
1:00,90S	F	50 Fly	4	2017-08-05 Tuks Sprint Gala
56,26L	F -4,39	50 Fly	5	2018-01-27 LP School Champs 2018
4:25,27S	F	200 IM	3	2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Izanne Van Schoor (15) F (Yr: GN)					
34,09L	F	50 Free	3	2017-10-20	Limpopo Top 10 - High Schools
35,62L	F 1,53	50 Free	4	2018-01-27	LP School Champs 2018
1:17,35L	F	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools
1:21,39L	F 4,04	100 Free	4	2018-01-27	LP School Champs 2018
45,51L	F	50 Back	4	2018-01-27	LP School Champs 2018
50,25L	F	50 Breast	3	2018-01-27	LP School Champs 2018
Donovan Van Staden (15) M (Yr: AN)					
39,93L	F	50 Free	3	2017-09-09	Limpopo Age Group 3
1:35,23L	F	100 Free	7	2017-09-09	Limpopo Age Group 3
50,84L	F	50 Back	3	2017-09-09	Limpopo Age Group 3
1:49,50L	F	100 Back	3	2017-09-09	Limpopo Age Group 3
48,09L	F	50 Breast	3	2017-09-09	Limpopo Age Group 3
Jazel Van Staden (16) F (Yr: GR)					
37,60L	F	50 Free	6	2017-10-20	Limpopo Top 10 - High Schools
Kyle Van Tonder (12) M					
1:11,70L	F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10

HWBAD-WBD

LOTTA-WBD

HPP-WBD

UNIC-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Armand Van Vuuren (11) M (Yr: ER)			
34,85S	LEV2 F	50 Free	3 2017-08-26 LP Shamu Sprint SC 2017
34,41L	F -1,24	50 Free	1 2017-10-14 Limpopo Age Group 4
34,02L	F -0,39	50 Free	1 2017-11-11 Limpopo Age Group 5
32,66L	LEV2 F -1,36	50 Free	3 2017-12-01 Limpopo Champs
33,12L	F 0,46	50 Free	3 2018-01-27 LP School Champs 2018
33,98L	F 1,32	50 Free	3 2018-02-17 Limpopo Age Group 7
1:23,81L	LEV2 F	100 Free	4 2017-09-09 Limpopo Age Group 3
1:19,96L	F -3,85	100 Free	3 2017-11-11 Limpopo Age Group 5
1:15,33L	LEV2 F -4,63	100 Free	3 2017-12-01 Limpopo Champs
2:53,44L	F	200 Free	4 2017-12-01 Limpopo Champs
2:54,67L	F 1,23	200 Free	4 2018-01-27 LP School Champs 2018
41,57S	LEV2 F	50 Back	4 2017-08-26 LP Shamu Sprint SC 2017
42,08L	F -0,09	50 Back	2 2017-10-14 Limpopo Age Group 4
38,98L	LEV2 F -3,10	50 Back	2 2017-11-04 Limpopo Primary School - Top 10
40,20L	LEV2 F 1,22	50 Back	1 2017-11-11 Limpopo Age Group 5
39,60L	LEV2 F 0,62	50 Back	2 2017-12-01 Limpopo Champs
39,18L	F 0,20	50 Back	2 2018-01-27 LP School Champs 2018
37,74L	LEV2 F -1,24	50 Back	2 2018-02-17 Limpopo Age Group 7
1:36,89L	F	100 Back	4 2017-09-09 Limpopo Age Group 3
1:27,58L	LEV2 F -9,31	100 Back	2 2017-11-04 Limpopo Primary School - Top 10
1:29,81L	F 2,23	100 Back	2 2017-11-11 Limpopo Age Group 5
1:24,12L	LEV2 F -3,46	100 Back	2 2017-12-01 Limpopo Champs
1:28,21L	F 4,09	100 Back	4 2018-01-27 LP School Champs 2018
3:04,42L	LEV2 F	200 Back	2 2017-12-01 Limpopo Champs
3:03,88L	F -0,54	200 Back	2 2018-01-27 LP School Champs 2018
3:02,06L	LEV2 F -1,82	200 Back	2 2018-02-17 Limpopo Age Group 7
49,10S	F	50 Breast	4 2017-08-26 LP Shamu Sprint SC 2017
49,91L	F -0,19	50 Breast	3 2017-10-14 Limpopo Age Group 4
45,11L	F -4,80	50 Breast	3 2017-12-01 Limpopo Champs
46,36L	F 1,25	50 Breast	6 2018-01-27 LP School Champs 2018
40,41S	LEV2 F	50 Fly	3 2017-08-26 LP Shamu Sprint SC 2017
44,55L	F 3,44	50 Fly	4 2017-09-09 Limpopo Age Group 3
41,38L	F 0,27	50 Fly	2 2017-10-14 Limpopo Age Group 4
36,83L	LEV2 F -4,28	50 Fly	3 2017-11-04 Limpopo Primary School - Top 10
36,45L	LEV2 F -0,38	50 Fly	1 2017-11-11 Limpopo Age Group 5
35,98L	LEV2 F -0,47	50 Fly	2 2017-12-01 Limpopo Champs
36,71L	F 0,73	50 Fly	3 2018-01-27 LP School Champs 2018
37,66L	LEV2 F 1,68	50 Fly	3 2018-02-17 Limpopo Age Group 7
1:36,07L	F	100 Fly	4 2017-12-01 Limpopo Champs
3:33,38S	F	200 IM	5 2017-08-26 LP Shamu Sprint SC 2017
3:34,22L	F -2,36	200 IM	3 2017-10-14 Limpopo Age Group 4
3:12,00L	LEV2 F -22,22	200 IM	6 2017-11-04 Limpopo Primary School - Top 10
3:13,04L	LEV2 F 1,04	200 IM	14 2017-12-01 Limpopo Champs
3:07,71L	F -4,29	200 IM	4 2018-01-27 LP School Champs 2018

SSB-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Christiaan van Vuuren (7) M (Yr: BN)				SS-MPD
41,67L	F	50 Free	7	2017-10-14 Limpopo Age Group 4
42,46L	F 0,79	50 Free	3	2017-11-04 Limpopo Primary School - Top 10
42,68L	F 1,01	50 Free	12	2017-11-11 Limpopo Age Group 5
43,06L	F 1,39	50 Free	3	2018-01-27 LP School Champs 2018
45,79L	F 4,12	50 Free	7	2018-02-17 Limpopo Age Group 7
1:39,59L	F	100 Free	2	2018-01-27 LP School Champs 2018
1:37,87L	F -1,72	100 Free	7	2018-02-17 Limpopo Age Group 7
54,60L	F	50 Back	6	2017-10-14 Limpopo Age Group 4
53,31L	F -1,29	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
1:50,45L	F 55,85	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
53,66L	F 0,35	50 Back	6	2017-11-11 Limpopo Age Group 5
50,08L	DQ	50 Back		2018-01-27 LP School Champs 2018
52,70L	F -0,61	50 Back	3	2018-02-17 Limpopo Age Group 7
1:04,68L	F	50 Breast	4	2018-01-27 LP School Champs 2018
1:07,53L	F 2,85	50 Breast	9	2018-02-17 Limpopo Age Group 7
58,99L	F	50 Fly	7	2017-10-14 Limpopo Age Group 4
58,03L	F -0,96	50 Fly	10	2017-11-11 Limpopo Age Group 5
56,16L	F -1,87	50 Fly	3	2018-01-27 LP School Champs 2018
55,26L	F -0,90	50 Fly	3	2018-02-17 Limpopo Age Group 7
Jurie Van Wyk (9) M (Yr: AR)				TKS-SKD
43,35L	F	50 Free	8	2017-07-29 Limpopo Age Group 2
42,78S	F 0,23	50 Free	5	2017-08-05 Tuks Sprint Gala
40,51L	F -2,84	50 Free	3	2017-09-09 Limpopo Age Group 3
41,70L	F 1,19	50 Free	16	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
38,42L	F -2,09	50 Free	3	2017-12-01 Limpopo Champs
1:30,06L	LEV2	100 Free	6	2017-09-09 Limpopo Age Group 3
1:29,47L	LEV2	100 Free	5	2017-11-11 Limpopo Age Group 5
1:25,82L	LEV2	100 Free	4	2017-12-01 Limpopo Champs
3:10,39L	LEV2	200 Free	3	2017-12-01 Limpopo Champs
3:04,72L	LEV2	200 Free	2	2018-01-27 LP School Champs 2018
58,83L	F	50 Back	10	2017-07-29 Limpopo Age Group 2
58,59S	F 0,36	50 Back	9	2017-08-05 Tuks Sprint Gala
51,50L	F -7,33	50 Back	18	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:53,31L	DQ	100 Back		2017-11-11 Limpopo Age Group 5
55,98L	F	50 Breast	4	2017-07-29 Limpopo Age Group 2
54,18S	F -0,80	50 Breast	4	2017-08-05 Tuks Sprint Gala
54,42L	F -0,76	50 Breast	5	2017-09-09 Limpopo Age Group 3
52,88L	F -1,54	50 Breast	9	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
50,68L	F -2,20	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
51,37L	DQ	50 Breast		2017-11-11 Limpopo Age Group 5
51,21L	F 0,53	50 Breast	5	2017-12-01 Limpopo Champs
2:05,00S	DQ	100 Breast		2017-08-05 Tuks Sprint Gala
1:59,81L	F	100 Breast	5	2017-09-09 Limpopo Age Group 3
1:57,93L	F -1,88	100 Breast	10	2017-11-11 Limpopo Age Group 5
1:55,74L	LEV2	100 Breast	4	2017-12-01 Limpopo Champs
4:04,53L	F	200 Breast	3	2017-12-01 Limpopo Champs
4:13,06L	F 8,53	200 Breast	1	2018-01-27 LP School Champs 2018
1:08,07S	F	50 Fly	8	2017-08-05 Tuks Sprint Gala
58,68L	DQ	50 Fly		2017-12-01 Limpopo Champs
4:32,43S	F	200 IM	6	2017-08-05 Tuks Sprint Gala
3:55,90L	DQ	200 IM		2017-12-01 Limpopo Champs
3:55,44L	F -40,19	200 IM	3	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Johannes Van Wyk (7) M (Yr: AR)				TKS-SKD
22,01S	F	25 Free	2	2017-08-05 Tuks Sprint Gala
49,76L	F	50 Free	17	2017-07-29 Limpopo Age Group 2
56,47L	F 6,71	50 Free	21	2017-09-09 Limpopo Age Group 3
55,21L	F 5,45	50 Free	19	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
48,37L	DQ F	50 Free		2017-12-01 Limpopo Champs
2:04,32L	F	100 Free	16	2017-11-11 Limpopo Age Group 5
2:04,41L	F 0,09	100 Free	15	2017-12-01 Limpopo Champs
28,81S	F	25 Back	4	2017-08-05 Tuks Sprint Gala
1:06,86L	F	50 Back	17	2017-07-29 Limpopo Age Group 2
1:03,75L	F -3,11	50 Back	15	2017-09-09 Limpopo Age Group 3
1:05,70L	F 1,95	50 Back	17	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
DQ	F	50 Back		2017-12-01 Limpopo Champs
2:12,97L	F	100 Back	12	2017-11-11 Limpopo Age Group 5
34,47S	F	25 Breast	3	2017-08-05 Tuks Sprint Gala
1:19,22L	F	50 Breast	7	2017-07-29 Limpopo Age Group 2
1:11,12L	F -8,10	50 Breast	20	2017-09-09 Limpopo Age Group 3
1:10,12L	F -1,00	50 Breast	16	2017-09-16 2017 Speedo Hillcrest Sprint Gala 12&U
1:04,70L	F -5,42	50 Breast	10	2017-12-01 Limpopo Champs
2:30,05L	F	100 Breast	15	2017-11-11 Limpopo Age Group 5
2:28,29L	F -1,76	100 Breast	10	2017-12-01 Limpopo Champs
32,25S	F	25 Fly	3	2017-08-05 Tuks Sprint Gala
1:11,61L	F	50 Fly	15	2017-09-09 Limpopo Age Group 3
1:13,06L	F 1,45	50 Fly	9	2017-12-01 Limpopo Champs
2:21,23S	F	100 IM	4	2017-08-05 Tuks Sprint Gala
Raudeen Van Wyk (13) F (Yr: HN)				LSTZN-MPD
1:13,56L	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
49,97L	F	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
1:52,63L	F	100 Breast	7	2017-11-04 Limpopo Primary School - Top 10
49,56L	F	50 Fly	11	2017-11-04 Limpopo Primary School - Top 10
DQ	F	100 Fly		2017-11-04 Limpopo Primary School - Top 10
Sophia Van Wyk (10) F (Yr: HR)				UNIC-MPD
1:02,73L	F	50 Back	10	2017-11-04 Limpopo Primary School - Top 10
Willem Van Wyk (16) M (Yr: GR)				HMER-MPD
39,19L	DQ F	50 Breast		2017-10-20 Limpopo Top 10 - High Schools
1:35,58L	F	100 Breast	6	2017-10-20 Limpopo Top 10 - High Schools
33,79L	F	50 Fly	6	2017-10-20 Limpopo Top 10 - High Schools
3:01,61L	F	200 IM	7	2017-10-20 Limpopo Top 10 - High Schools
Anrich Van Wyngaardt (9) M (Yr: HN)				SSB-MPD
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017
44,55L	F	50 Free	9	2017-11-04 Limpopo Primary School - Top 10
45,20L	F 0,65	50 Free	14	2017-11-11 Limpopo Age Group 5
44,90L	F 0,35	50 Free	11	2017-12-01 Limpopo Champs
1:44,18L	F	100 Free	11	2017-12-01 Limpopo Champs
54,96S	F	50 Back	2	2017-08-26 LP Shamu Sprint SC 2017
59,85L	F 4,29	50 Back	8	2017-11-04 Limpopo Primary School - Top 10
56,60L	F 1,04	50 Back	12	2017-11-11 Limpopo Age Group 5
58,32L	F 2,76	50 Back	12	2017-12-01 Limpopo Champs
2:00,34L	F	100 Back	8	2017-12-01 Limpopo Champs
NS	F	50 Breast		2017-08-26 LP Shamu Sprint SC 2017
1:05,16L	F	50 Breast	14	2017-11-11 Limpopo Age Group 5
1:04,42L	F -0,74	50 Breast	10	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Mieke Van Wyngaardt (11) F (Yr: HN)				SSB-MPD
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017
49,34L	F	50 Free	8	2017-11-11 Limpopo Age Group 5
49,41L	F 0,07	50 Free	16	2017-12-01 Limpopo Champs
55,32S	F	50 Back	8	2017-08-26 LP Shamu Sprint SC 2017
57,44L	F 1,52	50 Back	5	2017-11-11 Limpopo Age Group 5
56,50L	F 0,58	50 Back	16	2017-12-01 Limpopo Champs
1:04,32S	F	50 Breast	8	2017-08-26 LP Shamu Sprint SC 2017
1:02,66L	F -2,66	50 Breast	8	2017-11-11 Limpopo Age Group 5
1:01,25L	F -1,41	50 Breast	13	2017-12-01 Limpopo Champs
Corné Van Zyl (10) M (Yr: HN)				LSMH-WBD
1:36,52L I.	F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
53,43L	F	50 Back	5	2017-11-04 Limpopo Primary School - Top 10
53,07L	F	50 Fly	5	2017-11-04 Limpopo Primary School - Top 10
Lene Van Zyl (16) F (Yr: AN)				LOTTA-WBD
39,32L	P	50 Free	38	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
37,12S	F -1,40	50 Free	3	2017-08-05 Tuks Sprint Gala
38,27L	F 0,35	50 Free	6	2017-09-09 Limpopo Age Group 3
36,42L	F -1,50	50 Free	7	2017-12-01 Limpopo Champs
1:28,84L	P	100 Free	36	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:28,95S	F 1,71	100 Free	24	2017-08-05 Tuks Sprint Gala
1:30,85S	F 3,61	100 Free	8	2017-08-19 Small Districts Championship Gala 2017
1:32,04L	F 3,20	100 Free	7	2017-09-09 Limpopo Age Group 3
1:26,69L	F -2,15	100 Free	6	2017-12-01 Limpopo Champs
3:23,47L	F	200 Free	4	2017-12-01 Limpopo Champs
7:14,54L	F	400 Free	5	2017-12-01 Limpopo Champs
49,31L	P	50 Back	35	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
49,48L	F 0,17	50 Back	8	2017-12-01 Limpopo Champs
1:48,29L	P	100 Back	30	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:51,93L	F 3,64	100 Back	4	2017-09-09 Limpopo Age Group 3
49,15L	P	50 Breast	24	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
47,51S	F -0,64	50 Breast	3	2017-08-05 Tuks Sprint Gala
48,27L	F -0,24	50 Breast	5	2017-09-09 Limpopo Age Group 3
45,92L	F -2,35	50 Breast	5	2017-12-01 Limpopo Champs
1:52,44L	P	100 Breast	19	2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
1:49,26S	F -1,18	100 Breast	3	2017-08-05 Tuks Sprint Gala
1:51,71S	F 2,45	100 Breast	8	2017-08-19 Small Districts Championship Gala 2017
1:53,15L	F 1,89	100 Breast	5	2017-09-09 Limpopo Age Group 3
1:53,34L	F 2,08	100 Breast	5	2017-12-01 Limpopo Champs
4:20,92L	F	200 Breast	3	2017-12-01 Limpopo Champs
52,00L DQ	P	50 Fly		2017-07-11 TYR PRESTIGE CHAMPIONSHIPS 2017
3:49,91L	F	200 IM	12	2017-12-01 Limpopo Champs
Nia Van Zyl (9) F (Yr: HN)				LPTBO-CCD
55,00L	F	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Hendrik Van Zyl-Smit (17) M (Yr: CR)					
29,51L	F	50 Free	8	2017-12-01	Limpopo Champs
30,16L	F 0,65	50 Free	4	2018-01-27	LP School Champs 2018
1:06,30L	F	100 Free	3	2017-10-28	Eager Sprint Gala
1:05,49L	F -0,81	100 Free	6	2017-11-11	Limpopo Age Group 5
1:05,32L	F -0,17	100 Free	7	2017-12-01	Limpopo Champs
1:07,13L	F 1,81	100 Free	5	2018-01-27	LP School Champs 2018
1:05,59L	F 0,27	100 Free	6	2018-02-17	Limpopo Age Group 7
2:29,71L	F	200 Free	4	2017-07-29	Limpopo Age Group 2
36,65L	F	50 Back	2	2017-07-29	Limpopo Age Group 2
35,51L	F -1,14	50 Back	7	2017-12-01	Limpopo Champs
1:12,84L	F 36,19	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs
35,69L	F 0,18	50 Back	4	2018-01-27	LP School Champs 2018
1:17,00L	F	100 Back	3	2017-10-28	Eager Sprint Gala
1:15,98L	F -1,02	100 Back	6	2017-11-11	Limpopo Age Group 5
1:13,81L	F -2,17	100 Back	5	2017-12-01	Limpopo Champs
1:17,16L	F 3,35	100 Back	4	2018-01-27	LP School Champs 2018
1:16,16L	F 2,35	100 Back	5	2018-02-17	Limpopo Age Group 7
2:45,94L	F	200 Back	3	2017-07-29	Limpopo Age Group 2
2:48,12L	F 2,18	200 Back	3	2018-01-27	LP School Champs 2018
38,54L	F	50 Breast	8	2017-12-01	Limpopo Champs
41,29L	F 2,75	50 Breast	1	2018-01-27	LP School Champs 2018
1:28,60L	F	100 Breast	1	2017-10-28	Eager Sprint Gala
1:26,82L	F -1,78	100 Breast	3	2017-11-11	Limpopo Age Group 5
1:25,02L	F -1,80	100 Breast	5	2017-12-01	Limpopo Champs
1:28,83L	F 3,81	100 Breast	1	2018-01-27	LP School Champs 2018
1:30,12L	F 5,10	100 Breast	3	2018-02-17	Limpopo Age Group 7
2:45,32L	F	200 IM	4	2017-07-29	Limpopo Age Group 2
2:45,82L	F 0,50	200 IM	1	2017-10-28	Eager Sprint Gala
2:42,94L	F -2,38	200 IM	14	2017-12-01	Limpopo Champs
2:45,86L	F 2,92	200 IM	2	2018-01-27	LP School Champs 2018
Tertius Van Zyl (15) M (Yr: GN)					
38,01L	F	50 Back	5	2017-10-20	Limpopo Top 10 - High Schools
NS	F	100 Back		2017-10-20	Limpopo Top 10 - High Schools
Anke Vaughan (18) F (Yr: GR)					
NS	F	50 Back		2017-10-20	Limpopo Top 10 - High Schools
37,27L	F	50 Fly	4	2017-10-20	Limpopo Top 10 - High Schools
3:13,21L	F	200 IM	6	2017-10-20	Limpopo Top 10 - High Schools

EAGA-CCD

HMER-MPD

HSTAN-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Morné Vd Bank (18) M (Yr: AR)							
26,92L	P	50 Free	15	2017-07-03	Sasol National Championship 2017		TKSS-WBD
26,41S	F 0,29	50 Free	3	2017-08-05	Tuks Sprint Gala		
1:00,48L	LEV3 F	100 Free	14	2017-07-03	Sasol National Championship 2017		
2:15,79L	LEV3 P	200 Free	17	2017-07-03	Sasol National Championship 2017		
30,47L	P	50 Back	7	2017-07-03	Sasol National Championship 2017		
30,69L	F	50 Back	6	2017-07-03	Sasol National Championship 2017		
30,60S	F 0,73	50 Back	2	2017-08-05	Tuks Sprint Gala		
32,81L	F 2,34	50 Back	1	2017-10-20	Limpopo Top 10 - High Schools		
1:04,89L	LEV3 F	100 Back	5	2017-07-03	Sasol National Championship 2017		
1:05,16L	LEV3 P	100 Back	4	2017-07-03	Sasol National Championship 2017		
1:03,54S	LEV3 F -0,15	100 Back	2	2017-08-05	Tuks Sprint Gala		
1:03,37S	DQ F	100 Back		2017-08-19	Small Districts Championship Gala 2017		
1:07,40L	LEV3 F 2,66	100 Back	2	2017-10-20	Limpopo Top 10 - High Schools		
2:25,92L	LEV3 F	200 Back	5	2017-07-03	Sasol National Championship 2017		
2:28,08L	LEV3 P	200 Back	4	2017-07-03	Sasol National Championship 2017		
32,95L	P	50 Breast	4	2017-07-03	Sasol National Championship 2017		
33,33L	F	50 Breast	6	2017-07-03	Sasol National Championship 2017		
32,96S	F 1,01	50 Breast	1	2017-08-05	Tuks Sprint Gala		
33,30L	F 0,35	50 Breast	1	2017-10-20	Limpopo Top 10 - High Schools		
1:14,69L	LEV3 P	100 Breast	6	2017-07-03	Sasol National Championship 2017		
1:14,95L	LEV3 F	100 Breast	6	2017-07-03	Sasol National Championship 2017		
1:11,02S	LEV3 F -1,67	100 Breast	1	2017-08-05	Tuks Sprint Gala		
1:12,00S	LEV3 F 0,98	100 Breast	3	2017-08-19	Small Districts Championship Gala 2017		
1:16,52L	LEV3 F 3,50	100 Breast	1	2017-10-20	Limpopo Top 10 - High Schools		
2:45,88L	LEV3 F	200 Breast	5	2017-07-03	Sasol National Championship 2017		
2:48,14L	LEV3 P	200 Breast	6	2017-07-03	Sasol National Championship 2017		
28,58L	P	50 Fly	12	2017-07-03	Sasol National Championship 2017		
28,79S	F 0,91	50 Fly	2	2017-08-05	Tuks Sprint Gala		
1:06,16L	LEV3 F	100 Fly	13	2017-07-03	Sasol National Championship 2017		
2:25,23L	LEV3 P	200 IM	9	2017-07-03	Sasol National Championship 2017		
2:27,48L	LEV3 F	200 IM	9	2017-07-03	Sasol National Championship 2017		
2:20,74S	LEV3 F -1,29	200 IM	2	2017-08-05	Tuks Sprint Gala		
2:26,64L	LEV3 F 2,70	200 IM	2	2017-10-20	Limpopo Top 10 - High Schools		
Anke Vd Berg (12) F							
1:29,23L	I. F	200 Free Relay Lead Off		2017-11-04	Limpopo Primary School - Top 10		LSMH-WBD
Tiffany Vd Berg (18) F (Yr: GR)							
32,68L	F	50 Free	4	2017-10-20	Limpopo Top 10 - High Schools		ELHS-VBD
NS	F	50 Back		2017-10-20	Limpopo Top 10 - High Schools		
Thilize vd Heever (13) F (Yr: GN)							
NS	F	50 Free		2017-08-05	Tuks Sprint Gala		TKSB-WBD
NS	F	100 Free		2017-08-05	Tuks Sprint Gala		
1:17,67L	F	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools		
NS	F	50 Back		2017-08-05	Tuks Sprint Gala		
41,72L	F	50 Back	3	2017-10-20	Limpopo Top 10 - High Schools		
1:34,56L	F	100 Back	2	2017-10-20	Limpopo Top 10 - High Schools		
Christiaan Vd Linde (16) M							
29,53L	F	50 Free	8	2018-01-27	LP School Champs 2018		HSBV-SKD
1:12,86L	F	100 Free	11	2018-01-27	LP School Champs 2018		
37,82L	F	50 Back	5	2018-01-27	LP School Champs 2018		
41,08L	F	50 Breast	6	2018-01-27	LP School Champs 2018		
1:36,50L	F	100 Breast	5	2018-01-27	LP School Champs 2018		
34,34L	F	50 Fly	9	2018-01-27	LP School Champs 2018		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place		
Hendrik Vd Linde (15) M (Yr: AN)					
28,55L	LEV2 F -1,31	50 Free	2	2017-11-11	Limpopo Age Group 5
28,09L	LEV2 F -0,46	50 Free	7	2017-12-01	Limpopo Champs
58,94L	I. F 30,39	200 Free Relay Lead Off		2017-12-01	Limpopo Champs
27,98L	LEV2 F -0,11	50 Free	7	2018-01-27	LP School Champs 2018
1:06,60L	LEV2 F -3,84	100 Free	4	2017-11-11	Limpopo Age Group 5
1:05,22L	LEV2 F -1,38	100 Free	7	2017-12-01	Limpopo Champs
1:05,25L	LEV2 F 0,03	100 Free	9	2018-01-27	LP School Champs 2018
2:34,94L	F	200 Free	8	2017-12-01	Limpopo Champs
5:37,93L	F	400 Free	18	2017-12-01	Limpopo Champs
34,36L	LEV2 F 0,26	50 Back	1	2017-11-11	Limpopo Age Group 5
34,91L	F 0,81	50 Back	7	2017-12-01	Limpopo Champs
1:12,23L	I. F 38,13	200 Medley Relay Lead Off		2017-12-01	Limpopo Champs
33,66L	LEV2 F -0,44	50 Back	4	2018-01-27	LP School Champs 2018
1:22,72L	F -3,96	100 Back	2	2017-11-11	Limpopo Age Group 5
1:22,49L	F -0,23	100 Back	8	2017-12-01	Limpopo Champs
3:01,89L	F	200 Back	6	2017-12-01	Limpopo Champs
41,19L	F	50 Breast	7	2018-01-27	LP School Champs 2018
32,01L	LEV2 F -2,26	50 Fly	2	2017-11-11	Limpopo Age Group 5
32,62L	F 0,61	50 Fly	7	2017-12-01	Limpopo Champs
32,21L	LEV2 F 0,20	50 Fly	7	2018-01-27	LP School Champs 2018
3:05,11L	F	200 IM	26	2017-12-01	Limpopo Champs
Aldrick Vd Merwe (15) M (Yr: GN)					
1:10,11L	F	100 Free	5	2017-10-20	Limpopo Top 10 - High Schools
40,60L	F	50 Breast	4	2017-10-20	Limpopo Top 10 - High Schools
31,82L	LEV2 F	50 Fly	6	2017-10-20	Limpopo Top 10 - High Schools
3:09,61L	F	200 IM	8	2017-10-20	Limpopo Top 10 - High Schools
Chené Vd Merwe (17) F (Yr: GR)					
41,04L	F	50 Back	4	2017-10-20	Limpopo Top 10 - High Schools
Kayla Vd Merwe (18) F (Yr: GR)					
50,91L	F	50 Breast	7	2017-10-20	Limpopo Top 10 - High Schools

LOTTA-WBD

HFDT-MPD

PHS-CCD

PHS-CCD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Lia Vd Merwe (10) F (Yr: AR)				VVIKS-WBD
39,97L	F	50 Free	1	2017-06-24 Limpopo Age Group 1
41,00S	F 1,83	50 Free	7	2017-08-05 Tuks Sprint Gala
38,01L	F -1,96	50 Free	3	2017-09-09 Limpopo Age Group 3
39,23L	F 1,22	50 Free	12	2017-12-01 Limpopo Champs
39,23L	F 1,22	50 Free	10	2018-01-27 LP School Champs 2018
1:40,45L	F	100 Free	4	2017-06-24 Limpopo Age Group 1
1:32,25S	F -6,60	100 Free	28	2017-08-05 Tuks Sprint Gala
1:37,10L	F 3,25	100 Free	6	2017-09-09 Limpopo Age Group 3
1:34,43L	F 0,58	100 Free	14	2017-12-01 Limpopo Champs
1:31,53L	F -2,32	100 Free	11	2018-01-27 LP School Champs 2018
3:24,46L	F	200 Free	10	2017-12-01 Limpopo Champs
47,56L	F	50 Back	1	2017-06-24 Limpopo Age Group 1
46,07S	F -0,89	50 Back	7	2017-08-05 Tuks Sprint Gala
48,21L	F 1,54	50 Back	3	2017-09-09 Limpopo Age Group 3
46,78L	F 0,11	50 Back	11	2017-12-01 Limpopo Champs
48,60L	F 1,93	50 Back	10	2018-01-27 LP School Champs 2018
1:40,44L	LEV2 F	100 Back	11	2017-12-01 Limpopo Champs
57,57L	F	50 Breast	2	2017-06-24 Limpopo Age Group 1
55,42S	F -1,15	50 Breast	5	2017-08-05 Tuks Sprint Gala
52,41L	F -4,01	50 Breast	5	2017-09-09 Limpopo Age Group 3
58,17L	F 5,76	50 Breast	12	2017-12-01 Limpopo Champs
58,16L	F 5,75	50 Breast	11	2018-01-27 LP School Champs 2018
2:05,59S	F	100 Breast	5	2017-08-05 Tuks Sprint Gala
2:06,51L	F -1,08	100 Breast	7	2017-09-09 Limpopo Age Group 3
2:09,38L	F 2,87	100 Breast	13	2017-12-01 Limpopo Champs
2:05,78L	F -0,73	100 Breast	10	2018-01-27 LP School Champs 2018
54,11S	F	50 Fly	6	2017-08-05 Tuks Sprint Gala
1:01,18L	F 6,37	50 Fly	12	2017-12-01 Limpopo Champs
58,92L	F 4,11	50 Fly	9	2018-01-27 LP School Champs 2018
4:09,32L	F	200 IM	2	2017-06-24 Limpopo Age Group 1
4:10,95S	F 4,83	200 IM	5	2017-08-05 Tuks Sprint Gala
Mark Vd Merwe (8) M (Yr: DR)				SS-MPD
NS	F	50 Free		2017-08-26 LP Shamu Sprint SC 2017
46,56L	F	50 Free	11	2017-10-14 Limpopo Age Group 4
NS	F	25 Back		2017-08-26 LP Shamu Sprint SC 2017
58,75L	F	50 Back	11	2017-10-14 Limpopo Age Group 4
NS	F	25 Breast		2017-08-26 LP Shamu Sprint SC 2017
1:04,32L	F	50 Breast	13	2017-10-14 Limpopo Age Group 4
58,48L	F -5,84	50 Breast	6	2017-11-04 Limpopo Primary School - Top 10
1:05,82L	F	50 Fly	9	2017-10-14 Limpopo Age Group 4
Marnus Vd Merwe (12) M (Yr: HR)				LSPHA-MPD
30,88L	LEV2 F	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:09,32L	LEV3 F	100 Free	1	2017-11-04 Limpopo Primary School - Top 10
33,99L	LEV2 F	50 Fly	2	2017-11-04 Limpopo Primary School - Top 10
1:17,72L	LEV3 F	100 Fly	1	2017-11-04 Limpopo Primary School - Top 10
3:06,74L	LEV2 F	200 IM	5	2017-11-04 Limpopo Primary School - Top 10
Megan Vd Merwe (15) F (Yr: GR)				PHS-CCD
NS	F	100 Free		2017-10-20 Limpopo Top 10 - High Schools
49,14L	F	50 Back	8	2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Megan Mae Vd Nest (17) F (Yr: GR)				HPP-WBD
33,60L	F	50 Free	3	2018-01-27 LP School Champs 2018
34,49L	F 0,89	50 Free	4	2018-02-17 Limpopo Age Group 7
38,12L	F	50 Back	3	2018-01-27 LP School Champs 2018
36,90L	LEV2 F -1,22	50 Back	1	2018-02-17 Limpopo Age Group 7
1:33,15L	F	100 Back	4	2017-10-20 Limpopo Top 10 - High Schools
1:26,41L	F -6,74	100 Back	2	2018-01-27 LP School Champs 2018
1:24,75L	DQ F	100 Back		2018-02-17 Limpopo Age Group 7
43,24L	LEV2 F	50 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
41,16L	F -2,08	50 Breast	2	2018-01-27 LP School Champs 2018
41,37L	LEV2 F 0,21	50 Breast	3	2018-02-17 Limpopo Age Group 7
1:37,74L	F	100 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
1:35,25L	F -2,49	100 Breast	2	2018-01-27 LP School Champs 2018
1:39,76L	F 4,51	100 Breast	4	2018-02-17 Limpopo Age Group 7
3:30,43L	F	200 Breast	2	2018-01-27 LP School Champs 2018
Nantus Vd Nest (16) M (Yr: GR)				HBV-MPD
1:07,31L	F	100 Free	4	2017-10-20 Limpopo Top 10 - High Schools
Henro Vd Walt (10) M				LSKP-WBD
39,92L	F	50 Free	5	2018-01-27 LP School Champs 2018
1:34,40L	F	100 Free	5	2018-01-27 LP School Champs 2018
45,18L	F	50 Back	3	2018-01-27 LP School Champs 2018
3:29,41L	DQ F	200 Back		2018-01-27 LP School Champs 2018
59,07L	F	50 Breast	8	2018-01-27 LP School Champs 2018
1:58,20L	DQ F	100 Breast		2018-01-27 LP School Champs 2018
Marlo Vd Walt (6) M				TKSB-WBD
30,61S	F	25 Free	5	2017-08-05 Tuks Sprint Gala
1:00,22L	F	50 Free	3	2018-01-27 LP School Champs 2018
31,05S	F	25 Back	5	2017-08-05 Tuks Sprint Gala
1:03,16L	F	50 Back	3	2018-01-27 LP School Champs 2018
37,33S	F	25 Breast	2	2017-08-05 Tuks Sprint Gala
1:08,03L	DQ F	50 Breast		2018-01-27 LP School Champs 2018
46,01S	F	25 Fly	4	2017-08-05 Tuks Sprint Gala
Ellen� Vd Westhuizen (10) F (Yr: HN)				LSMH-WBD
53,72L	F	50 Back	7	2017-11-04 Limpopo Primary School - Top 10
49,67L	F	50 Breast	1	2017-11-04 Limpopo Primary School - Top 10
Jaco Vd Westhuizen (9) M (Yr: HN)				LSMH-WBD
1:18,74L	I. F	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
46,74L	F	50 Back	4	2017-11-04 Limpopo Primary School - Top 10
1:41,26L	I. F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
Altus Venter (9) M (Yr: AR)				TKS-SKD
44,16S	F	50 Free	7	2017-08-05 Tuks Sprint Gala
43,30L	F -1,66	50 Free	7	2017-09-09 Limpopo Age Group 3
1:42,52S	F	100 Free	43	2017-08-05 Tuks Sprint Gala
1:41,01L	F -3,11	100 Free	12	2017-09-09 Limpopo Age Group 3
58,49S	F	50 Back	8	2017-08-05 Tuks Sprint Gala
1:00,92S	F	50 Breast	8	2017-08-05 Tuks Sprint Gala
55,51L	F -6,41	50 Breast	6	2017-09-09 Limpopo Age Group 3
2:11,96L	F	100 Breast	7	2017-09-09 Limpopo Age Group 3
1:02,30S	F	50 Fly	7	2017-08-05 Tuks Sprint Gala
59,51L	F -3,49	50 Fly	10	2017-09-09 Limpopo Age Group 3
5:00,81S	F	200 IM	7	2017-08-05 Tuks Sprint Gala
DQ	F	200 IM		2017-10-14 Limpopo Age Group 4
Casper Venter (16) M (Yr: GR)				HSTAN-MPD
44,85L	F	50 Breast	7	2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Breast		2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place				
Ciné Venter (17) F (Yr: GR)							
40,07L	F	50 Back	3	2017-10-20	Limpopo Top 10 - High Schools		HMER-MPD
45,24L	F	50 Breast	3	2017-10-20	Limpopo Top 10 - High Schools		
1:47,58L	F	100 Breast	4	2017-10-20	Limpopo Top 10 - High Schools		
Jan Hendrik Venter (8) M							
49,89S	F	50 Free	9	2017-08-05	Tuks Sprint Gala		TKSB-WBD
1:06,53S	F	50 Back	8	2017-08-05	Tuks Sprint Gala		
1:07,60S	F	50 Breast	5	2017-08-05	Tuks Sprint Gala		
Riandi Venter (15) F (Yr: GR)							
41,24L	F	50 Back	4	2017-10-20	Limpopo Top 10 - High Schools		HSBV-SKD
1:36,33L	F	100 Back	4	2017-10-20	Limpopo Top 10 - High Schools		
Ruhan Venter (11) M (Yr: AR)							
45,43S	F	50 Free	6	2017-08-05	Tuks Sprint Gala		LSJM-SKD
43,51L	F -2,72	50 Free	9	2017-09-09	Limpopo Age Group 3		
41,11L	F -2,40	50 Free	7	2017-10-14	Limpopo Age Group 4		
43,75L	F 2,64	50 Free	9	2017-10-28	Eager Sprint Gala		
1:50,32S	F	100 Free	48	2017-08-05	Tuks Sprint Gala		
1:45,29L	F -6,63	100 Free	10	2017-09-09	Limpopo Age Group 3		
54,80S	F	50 Back	7	2017-08-05	Tuks Sprint Gala		
55,56L	F 0,16	50 Back	7	2017-09-09	Limpopo Age Group 3		
53,34L	F -2,06	50 Back	6	2017-10-14	Limpopo Age Group 4		
59,41L	F 6,07	50 Back	10	2017-10-28	Eager Sprint Gala		
58,89S	F	50 Breast	5	2017-08-05	Tuks Sprint Gala		
58,17L	F -1,72	50 Breast	7	2017-09-09	Limpopo Age Group 3		
58,47L	F 0,30	50 Breast	6	2017-10-14	Limpopo Age Group 4		
1:02,46L	F 4,29	50 Breast	10	2017-10-28	Eager Sprint Gala		
NS	F	100 Breast		2017-08-05	Tuks Sprint Gala		
2:16,79L	F	100 Breast	7	2017-09-09	Limpopo Age Group 3		
2:22,92L	F 6,13	100 Breast	2	2017-10-28	Eager Sprint Gala		
5:07,19L	F	200 Breast	4	2017-10-14	Limpopo Age Group 4		

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ockert Vermeulen (19) M (Yr: AR)				
				EAGA-CCD
26,02L	I. F	200 Free Relay Lead Off	2017-07-03	Sasol National Championship 2017
25,45L	I. F -0,57	200 Free Relay Lead Off	2017-12-06	NTS Championships 2017
25,46L	P -0,56	50 Free	6 2017-12-06	NTS Championships 2017
25,61L	F -0,41	50 Free	7 2017-12-06	NTS Championships 2017
55,06L	F	100 Free	1 2017-06-24	Limpopo Age Group 1
54,72L	F -0,34	100 Free	6 2017-12-06	NTS Championships 2017
54,99L	P -0,07	100 Free	7 2017-12-06	NTS Championships 2017
55,28L	I. F 0,22	400 Free Relay Lead Off	2017-12-06	NTS Championships 2017
2:04,58L	P	200 Free	5 2017-07-03	Sasol National Championship 2017
2:05,19L	F	200 Free	8 2017-07-03	Sasol National Championship 2017
4:32,66L	F	400 Free	1 2017-06-24	Limpopo Age Group 1
4:30,88L	F -1,78	400 Free	6 2017-07-03	Sasol National Championship 2017
9:20,60L	F	800 Free	2 2017-07-03	Sasol National Championship 2017
17:54,88L	F	1500 Free	2 2017-07-03	Sasol National Championship 2017
28,86L	F	50 Back	3 2017-07-03	Sasol National Championship 2017
29,53L	P	50 Back	4 2017-07-03	Sasol National Championship 2017
28,67L	F -0,19	50 Back	2 2017-12-06	NTS Championships 2017
28,90L	P 0,04	50 Back	2 2017-12-06	NTS Championships 2017
1:04,33L	F	100 Back	4 2017-07-03	Sasol National Championship 2017
1:06,21L	P	100 Back	6 2017-07-03	Sasol National Championship 2017
33,99L	F	50 Breast	8 2017-07-03	Sasol National Championship 2017
34,07L	P	50 Breast	7 2017-07-03	Sasol National Championship 2017
33,90L	P -0,09	50 Breast	13 2017-12-06	NTS Championships 2017
2:48,17L	F	200 Breast	7 2017-07-03	Sasol National Championship 2017
2:54,26L	P	200 Breast	8 2017-07-03	Sasol National Championship 2017
27,43L	F	50 Fly	2 2017-06-24	Limpopo Age Group 1
26,95L	F -0,48	50 Fly	5 2017-07-03	Sasol National Championship 2017
27,13L	P -0,30	50 Fly	6 2017-07-03	Sasol National Championship 2017
26,38L	F -0,57	50 Fly	4 2017-12-06	NTS Championships 2017
26,58L	P -0,37	50 Fly	6 2017-12-06	NTS Championships 2017
57,41L	F	100 Fly	2 2017-12-06	NTS Championships 2017
57,79L	P	100 Fly	2 2017-12-06	NTS Championships 2017
1:39,69L	DQ F	200 Fly	2017-07-03	Sasol National Championship 2017
2:23,37L	F	200 IM	1 2017-06-24	Limpopo Age Group 1
2:20,46L	P -2,91	200 IM	4 2017-07-03	Sasol National Championship 2017
2:21,40L	F -1,97	200 IM	5 2017-07-03	Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Ben Verster (14) M (Yr: AR)				TKSS-WBD
27,70L	LEV2 F	50 Free	1	2017-06-24 Limpopo Age Group 1
26,99S	LEV2 F 0,09	50 Free	1	2017-08-05 Tuks Sprint Gala
27,31L	LEV2 F -0,39	50 Free	1	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
27,73L	LEV2 F 0,42	50 Free	2	2017-10-14 Limpopo Age Group 4
26,50L	LEV2 F -0,81	50 Free	1	2017-10-20 Limpopo Top 10 - High Schools
27,32L	LEV2 F 0,82	50 Free	1	2017-11-11 Limpopo Age Group 5
26,68L	LEV2 F 0,18	50 Free	4	2017-12-01 Limpopo Champs
27,88L	LEV2 F 1,38	50 Free	6	2018-01-27 LP School Champs 2018
27,30L	LEV2 F 0,80	50 Free	2	2018-02-17 Limpopo Age Group 7
58,93L	SANJ F	100 Free	1	2017-06-24 Limpopo Age Group 1
57,90S	SANJ F 0,57	100 Free	2	2017-08-05 Tuks Sprint Gala
59,45S	LEV3 F 2,12	100 Free	4	2017-08-19 Small Districts Championship Gala 2017
57,45L	SANJ F -1,48	100 Free	1	2017-10-20 Limpopo Top 10 - High Schools
59,94L	SANJ F 2,49	100 Free	1	2017-11-11 Limpopo Age Group 5
59,43L	LEV3 F 1,98	100 Free	3	2017-12-01 Limpopo Champs
59,37L	LEV3 F 1,92	100 Free	3	2018-01-27 LP School Champs 2018
58,82L	LEV3 F 1,37	100 Free	1	2018-02-17 Limpopo Age Group 7
2:12,55L	LEV3 F	200 Free	2	2017-10-14 Limpopo Age Group 4
2:14,02L	LEV3 F 1,47	200 Free	3	2017-12-01 Limpopo Champs
2:13,42L	LEV3 F 0,87	200 Free	3	2018-01-27 LP School Champs 2018
5:24,50L	F	400 Free	2	2017-11-11 Limpopo Age Group 5
30,99S	LEV2 F	50 Back	1	2017-08-05 Tuks Sprint Gala
33,87L	LEV2 F 2,28	50 Back	3	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
32,87L	LEV2 F 1,28	50 Back	5	2017-12-01 Limpopo Champs
33,41L	LEV2 F 1,82	50 Back	3	2018-01-27 LP School Champs 2018
1:14,74S	LEV2 F	100 Back	2	2017-08-05 Tuks Sprint Gala
1:11,72L	LEV2 F -4,22	100 Back	5	2017-12-01 Limpopo Champs
38,89L	LEV2 F	50 Breast	1	2017-06-24 Limpopo Age Group 1
35,28S	LEV2 F -2,61	50 Breast	1	2017-08-05 Tuks Sprint Gala
36,13L	LEV2 F -0,15	50 Breast	2	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
36,44L	LEV2 F 0,31	50 Breast	4	2017-12-01 Limpopo Champs
36,06L	LEV2 F -0,07	50 Breast	3	2018-01-27 LP School Champs 2018
36,71L	LEV2 F 0,65	50 Breast	2	2018-02-17 Limpopo Age Group 7
1:18,83S	LEV3 F	100 Breast	1	2017-08-05 Tuks Sprint Gala
29,57L	LEV2 F	50 Fly	1	2017-06-24 Limpopo Age Group 1
28,77S	LEV2 F -0,10	50 Fly	1	2017-08-05 Tuks Sprint Gala
29,47L	LEV2 F 0,00	50 Fly	1	2017-09-16 2017 Speedo Hillcrest Sprint Gala 13&O
29,91L	LEV2 F 0,44	50 Fly	2	2017-10-14 Limpopo Age Group 4
28,99L	LEV2 F -0,48	50 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
29,22L	LEV2 F 0,23	50 Fly	1	2017-11-11 Limpopo Age Group 5
28,79L	LEV2 F -0,20	50 Fly	3	2017-12-01 Limpopo Champs
29,56L	LEV2 F 0,77	50 Fly	4	2018-01-27 LP School Champs 2018
29,11L	LEV2 F 0,32	50 Fly	2	2018-02-17 Limpopo Age Group 7
1:04,26S	SANJ F	100 Fly	1	2017-08-05 Tuks Sprint Gala
1:05,33S	LEV3 F 1,07	100 Fly	3	2017-08-19 Small Districts Championship Gala 2017
1:06,82L	LEV3 F 1,16	100 Fly	2	2017-10-20 Limpopo Top 10 - High Schools
1:07,77L	LEV3 F 2,11	100 Fly	1	2017-11-11 Limpopo Age Group 5
1:08,53L	LEV2 F 2,87	100 Fly	4	2017-12-01 Limpopo Champs
1:07,52L	LEV3 F 1,86	100 Fly	5	2018-01-27 LP School Champs 2018
1:06,99L	LEV3 F 1,33	100 Fly	3	2018-02-17 Limpopo Age Group 7
2:48,30L	LEV2 F	200 IM	2	2017-06-24 Limpopo Age Group 1
2:40,16L	LEV3 F -8,14	200 IM	2	2017-10-14 Limpopo Age Group 4
2:34,41L	LEV3 F -5,75	200 IM	5	2017-10-20 Limpopo Top 10 - High Schools
2:42,03L	LEV2 F 7,62	200 IM	13	2017-12-01 Limpopo Champs
2:43,00L	LEV2 F 8,59	200 IM	3	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Daniel Verster (12) F (Yr: AR)

TKSS-WBD

Time	P/F/S	Event	Place
33,19L	LEV2 F	50 Free	1 2017-06-24 Limpopo Age Group 1
NS	F	50 Free	2017-08-05 Tuks Sprint Gala
32,25L	LEV2 F -0,94	50 Free	1 2017-10-14 Limpopo Age Group 4
32,15L	LEV2 F -0,10	50 Free	1 2017-11-11 Limpopo Age Group 5
31,25L	LEV2 F -0,90	50 Free	2 2017-12-01 Limpopo Champs
32,05L	LEV2 F 0,80	50 Free	2 2018-01-27 LP School Champs 2018
31,46L	LEV2 F 0,21	50 Free	1 2018-02-17 Limpopo Age Group 7
1:12,23L	LEV3 F	100 Free	1 2017-06-24 Limpopo Age Group 1
NS	F	100 Free	2017-08-05 Tuks Sprint Gala
1:11,67S	LEV3 F 1,04	100 Free	4 2017-08-19 Small Districts Championship Gala 2017
1:11,11L	LEV3 F -1,12	100 Free	1 2017-11-11 Limpopo Age Group 5
1:07,86L	LEV3 F -3,25	100 Free	2 2017-12-01 Limpopo Champs
1:08,48L	LEV3 F 0,62	100 Free	2 2018-01-27 LP School Champs 2018
1:08,13L	LEV3 F 0,27	100 Free	1 2018-02-17 Limpopo Age Group 7
2:39,69L	LEV3 F	200 Free	1 2017-10-14 Limpopo Age Group 4
2:39,49L	LEV3 F -0,20	200 Free	3 2017-12-01 Limpopo Champs
5:52,66L	F	400 Free	1 2017-11-11 Limpopo Age Group 5
NS	F	50 Back	2017-08-05 Tuks Sprint Gala
38,94L	LEV2 F	50 Back	3 2017-12-01 Limpopo Champs
39,25L	LEV2 F 0,31	50 Back	4 2018-01-27 LP School Champs 2018
NS	F	100 Back	2017-08-05 Tuks Sprint Gala
1:27,63L	LEV2 F	100 Back	3 2018-01-27 LP School Champs 2018
NS	F	50 Breast	2017-08-05 Tuks Sprint Gala
43,93L	LEV2 F	50 Breast	2 2017-10-14 Limpopo Age Group 4
43,94L	LEV2 F 0,01	50 Breast	1 2017-11-11 Limpopo Age Group 5
41,65L	LEV2 F -2,28	50 Breast	1 2017-12-01 Limpopo Champs
43,61L	LEV2 F 1,96	50 Breast	2 2018-01-27 LP School Champs 2018
44,19L	DQ F	50 Breast	2018-02-17 Limpopo Age Group 7
1:41,36L	LEV2 F	100 Breast	2 2017-06-24 Limpopo Age Group 1
NS	F	100 Breast	2017-08-05 Tuks Sprint Gala
1:34,77S	LEV2 F -4,59	100 Breast	8 2017-08-19 Small Districts Championship Gala 2017
1:32,51L	LEV3 F -4,26	100 Breast	1 2017-12-01 Limpopo Champs
1:34,70L	LEV2 F 2,19	100 Breast	1 2018-01-27 LP School Champs 2018
1:35,06L	LEV3 F 2,55	100 Breast	1 2018-02-17 Limpopo Age Group 7
39,14L	LEV2 F	50 Fly	1 2017-06-24 Limpopo Age Group 1
NS	F	50 Fly	2017-08-05 Tuks Sprint Gala
35,06L	LEV2 F -4,08	50 Fly	1 2017-11-11 Limpopo Age Group 5
34,67L	LEV2 F -0,39	50 Fly	2 2017-12-01 Limpopo Champs
35,81L	LEV2 F 1,14	50 Fly	3 2018-01-27 LP School Champs 2018
36,42L	LEV2 F 1,75	50 Fly	3 2018-02-17 Limpopo Age Group 7
NS	F	100 Fly	2017-08-05 Tuks Sprint Gala
3:13,61L	LEV2 F	200 IM	2 2017-06-24 Limpopo Age Group 1
3:08,39L	LEV2 F -5,22	200 IM	1 2017-10-14 Limpopo Age Group 4
3:06,51L	LEV3 F -1,88	200 IM	7 2017-12-01 Limpopo Champs
3:02,78L	LEV2 F -3,73	200 IM	1 2018-01-27 LP School Champs 2018

Fabio Vielmetti (17) M (Yr: AN)

LOTTA-WBD

32,29S	F	50 Free	9 2017-08-05 Tuks Sprint Gala
1:16,59S	F	100 Free	22 2017-08-05 Tuks Sprint Gala
40,59S	F	50 Back	5 2017-08-05 Tuks Sprint Gala
42,78S	F	50 Breast	6 2017-08-05 Tuks Sprint Gala
1:35,34S	F	100 Breast	4 2017-08-05 Tuks Sprint Gala

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Amore Viljoen (13) F (Yr: HR)			
34,30L	F	50 Free	6 2018-01-27 LP School Champs 2018
1:19,60L	LEV2 F	100 Free	2 2017-11-04 Limpopo Primary School - Top 10
1:22,81L	F 3,21	100 Free	8 2018-01-27 LP School Champs 2018
39,78L	LEV2 F	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
41,89L	F 2,11	50 Back	8 2018-01-27 LP School Champs 2018
42,78L	F	50 Fly	6 2017-11-04 Limpopo Primary School - Top 10
41,99L	F -0,79	50 Fly	5 2018-01-27 LP School Champs 2018
1:50,81L	F	100 Fly	5 2017-11-04 Limpopo Primary School - Top 10
Ariel Viljoen (16) F (Yr: GN)			
1:15,56L	F	100 Free	4 2017-10-20 Limpopo Top 10 - High Schools
39,99L	F	50 Fly	5 2017-10-20 Limpopo Top 10 - High Schools
3:09,94L	F	200 IM	4 2017-10-20 Limpopo Top 10 - High Schools
Schalko Viljoen (14) M (Yr: AR)			
32,23S	F	50 Free	3 2017-08-05 Tuks Sprint Gala
33,58L	F 0,55	50 Free	4 2017-09-09 Limpopo Age Group 3
31,61L	F -1,42	50 Free	7 2017-12-01 Limpopo Champs
1:05,08L	F 32,05	200 Free Relay Lead Off	2017-12-01 Limpopo Champs
1:15,93S	F	100 Free	20 2017-08-05 Tuks Sprint Gala
1:15,93L	F -1,60	100 Free	6 2017-09-09 Limpopo Age Group 3
1:13,29L	F -2,64	100 Free	9 2017-12-01 Limpopo Champs
2:50,79L	F	200 Free	10 2017-12-01 Limpopo Champs
6:32,87L	F	400 Free	22 2017-12-01 Limpopo Champs
43,12S	DQ F	50 Back	2017-08-05 Tuks Sprint Gala
48,45L	F	50 Back	4 2017-09-09 Limpopo Age Group 3
42,85L	F -5,60	50 Back	11 2017-12-01 Limpopo Champs
1:36,01L	F	100 Back	11 2017-12-01 Limpopo Champs
3:40,45L	DQ F	200 Back	2017-12-01 Limpopo Champs
50,38S	DQ F	50 Breast	2017-08-05 Tuks Sprint Gala
48,71L	F	50 Breast	3 2017-09-09 Limpopo Age Group 3
47,73L	F -0,98	50 Breast	11 2017-12-01 Limpopo Champs
1:56,87S	F	100 Breast	5 2017-08-05 Tuks Sprint Gala
1:53,73L	DQ F	100 Breast	2017-12-01 Limpopo Champs
46,90L	F	50 Fly	6 2017-09-09 Limpopo Age Group 3
44,35L	F -2,55	50 Fly	12 2017-12-01 Limpopo Champs
3:36,83L	F	200 IM	29 2017-12-01 Limpopo Champs
Christelle Visser (14) F (Yr: GN)			
35,66L	F	50 Free	7 2017-10-20 Limpopo Top 10 - High Schools
39,49L	F	50 Fly	4 2017-10-20 Limpopo Top 10 - High Schools

LSPHA-MPD

HMER-MPD

LOTTA-WBD

HFDT-MPD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Dian Vogel (8) M (Yr: AR)				
48,94S	F	50 Free	6	2017-08-05 Tuks Sprint Gala
47,52S	F -1,42	50 Free	5	2017-08-26 LP Shamu Sprint SC 2017
54,66L	F 6,34	50 Free	20	2017-09-09 Limpopo Age Group 3
45,42L	F -2,90	50 Free	9	2017-10-14 Limpopo Age Group 4
1:39,69L I.	F 54,27	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
48,09L	F 2,67	50 Free	18	2017-11-11 Limpopo Age Group 5
43,45L	F -1,97	50 Free	4	2017-12-01 Limpopo Champs
1:42,92L I.	F 57,50	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
45,67L	F 2,22	50 Free	5	2018-01-27 LP School Champs 2018
1:55,14S DQ	F	100 Free		2017-08-05 Tuks Sprint Gala
1:52,06L	F	100 Free	16	2017-09-09 Limpopo Age Group 3
1:43,22L	F -8,84	100 Free	6	2017-12-01 Limpopo Champs
1:46,05L	F 2,83	100 Free	6	2018-01-27 LP School Champs 2018
2:00,36L I.	F	448 Free Relay Lead Off		2017-12-01 Limpopo Champs
26,87S	F	25 Back	7	2017-08-26 LP Shamu Sprint SC 2017
52,77S	F	50 Back	5	2017-08-05 Tuks Sprint Gala
54,53L	F 1,16	50 Back	5	2017-10-14 Limpopo Age Group 4
53,98L	F 0,61	50 Back	10	2017-11-11 Limpopo Age Group 5
51,73L	F -1,64	50 Back	5	2017-12-01 Limpopo Champs
52,67L	F 0,94	50 Back	4	2018-01-27 LP School Champs 2018
DQ	F	100 Back		2017-09-09 Limpopo Age Group 3
1:50,18L	F	100 Back	3	2017-12-01 Limpopo Champs
1:50,99L	F 0,81	100 Back	3	2018-01-27 LP School Champs 2018
30,11S	F	25 Breast	7	2017-08-26 LP Shamu Sprint SC 2017
1:02,67S	F	50 Breast	3	2017-08-05 Tuks Sprint Gala
57,46L	F -6,21	50 Breast	10	2017-09-09 Limpopo Age Group 3
1:00,74L	F 3,28	50 Breast	9	2017-10-14 Limpopo Age Group 4
59,28L	F 1,82	50 Breast	7	2017-11-11 Limpopo Age Group 5
58,35L	F 0,89	50 Breast	5	2017-12-01 Limpopo Champs
56,36L	F -1,10	50 Breast	3	2018-01-27 LP School Champs 2018
2:18,93S	F	100 Breast	2	2017-08-05 Tuks Sprint Gala
2:20,93L	F 0,00	100 Breast	9	2017-09-09 Limpopo Age Group 3
2:15,28L	F -5,65	100 Breast	12	2017-11-11 Limpopo Age Group 5
2:03,94L	F -11,34	100 Breast	5	2017-12-01 Limpopo Champs
2:15,62L	F 11,68	100 Breast	2	2018-01-27 LP School Champs 2018
30,05S	F	25 Fly	4	2017-08-26 LP Shamu Sprint SC 2017
1:17,27S	F	50 Fly	5	2017-08-05 Tuks Sprint Gala
1:05,13L	F -12,84	50 Fly	8	2017-12-01 Limpopo Champs
2:15,40S	F	100 IM	4	2017-08-26 LP Shamu Sprint SC 2017
4:45,97S	F	200 IM	5	2017-08-05 Tuks Sprint Gala
4:18,97L DQ	F	200 IM		2017-12-01 Limpopo Champs

TKSS-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Karla Vogel (11) F (Yr: BR)			
36,85S	F	50 Free	4 2017-08-05 Tuks Sprint Gala
37,51L	F -0,14	50 Free	2 2017-09-09 Limpopo Age Group 3
36,35L	F -1,16	50 Free	2 2017-11-04 Limpopo Primary School - Top 10
34,41L	LEV2 F -1,94	50 Free	3 2017-12-01 Limpopo Champs
34,80L	F 0,39	50 Free	3 2018-01-27 LP School Champs 2018
1:21,51L	LEV2 F	100 Free	2 2017-06-24 Limpopo Age Group 1
1:22,97S	LEV2 F 3,06	100 Free	17 2017-08-05 Tuks Sprint Gala
1:21,04L	LEV2 F -0,47	100 Free	2 2017-09-09 Limpopo Age Group 3
1:18,19L	LEV3 F -2,85	100 Free	5 2017-12-01 Limpopo Champs
1:20,00L	LEV2 F 1,81	100 Free	3 2018-01-27 LP School Champs 2018
1:18,15L	LEV3 F -0,04	100 Free	2 2018-02-17 Limpopo Age Group 7
3:02,46L	LEV2 F	200 Free	4 2017-10-14 Limpopo Age Group 4
2:57,75L	LEV2 F -4,71	200 Free	5 2017-12-01 Limpopo Champs
41,42L	LEV2 F	50 Back	1 2017-06-24 Limpopo Age Group 1
39,89S	LEV2 F -0,93	50 Back	3 2017-08-05 Tuks Sprint Gala
43,38L	LEV2 F 2,89	50 Back	1 2017-09-09 Limpopo Age Group 3
41,89L	LEV2 F 1,40	50 Back	2 2017-11-04 Limpopo Primary School - Top 10
42,30L	LEV2 F 1,81	50 Back	5 2017-12-01 Limpopo Champs
1:29,99L	F 49,50	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
39,73L	LEV2 F -0,76	50 Back	2 2018-01-27 LP School Champs 2018
42,61L	LEV2 F 2,88	50 Back	1 2018-02-17 Limpopo Age Group 7
1:30,47L	LEV2 F	100 Back	2 2017-06-24 Limpopo Age Group 1
1:29,63S	LEV2 F 0,36	100 Back	3 2017-08-05 Tuks Sprint Gala
1:32,75L	LEV2 F 2,28	100 Back	3 2017-09-09 Limpopo Age Group 3
1:32,25L	LEV2 F 1,78	100 Back	2 2017-11-04 Limpopo Primary School - Top 10
1:28,34L	LEV3 F -2,13	100 Back	4 2017-12-01 Limpopo Champs
1:29,86L	LEV2 F 1,52	100 Back	5 2018-01-27 LP School Champs 2018
1:31,17L	LEV2 F 2,83	100 Back	3 2018-02-17 Limpopo Age Group 7
3:16,62L	LEV2 F	200 Back	3 2017-10-14 Limpopo Age Group 4
3:11,91L	LEV3 F -4,71	200 Back	4 2017-12-01 Limpopo Champs
3:15,00L	LEV2 F 3,09	200 Back	3 2018-01-27 LP School Champs 2018
47,87S	F	50 Breast	3 2017-08-05 Tuks Sprint Gala
48,68L	F -0,19	50 Breast	3 2017-10-14 Limpopo Age Group 4
45,94L	LEV2 F -2,74	50 Breast	3 2017-12-01 Limpopo Champs
46,30L	F 0,36	50 Breast	4 2018-01-27 LP School Champs 2018
48,05L	F 2,11	50 Breast	2 2018-02-17 Limpopo Age Group 7
1:52,71L	LEV2 F	100 Breast	3 2017-06-24 Limpopo Age Group 1
1:45,30S	LEV2 F -5,41	100 Breast	2 2017-08-05 Tuks Sprint Gala
1:46,51S	LEV2 F 1,21	100 Breast	8 2017-08-19 Small Districts Championship Gala 2017
1:49,99L	LEV2 F 2,69	100 Breast	5 2017-09-09 Limpopo Age Group 3
1:40,48L	LEV3 F -6,82	100 Breast	3 2017-12-01 Limpopo Champs
1:41,95L	LEV2 F 1,47	100 Breast	4 2018-01-27 LP School Champs 2018
3:38,32L	LEV2 F	200 Breast	4 2017-12-01 Limpopo Champs
3:48,40L	F 10,08	200 Breast	5 2018-01-27 LP School Champs 2018
42,34S	LEV2 F	50 Fly	4 2017-08-05 Tuks Sprint Gala
48,76L	F 5,72	50 Fly	6 2017-10-14 Limpopo Age Group 4
44,76L	F 1,72	50 Fly	5 2017-12-01 Limpopo Champs
1:54,93L	F	100 Fly	6 2017-11-04 Limpopo Primary School - Top 10
3:30,21L	LEV2 F	200 IM	3 2017-06-24 Limpopo Age Group 1
3:24,40L	LEV2 F -5,81	200 IM	14 2017-12-01 Limpopo Champs
3:22,65L	LEV2 F -1,75	200 IM	3 2018-02-17 Limpopo Age Group 7

TKS-SKD

Converted Times Used To Calculate Improvement

Petrus Vogel (14) M (Yr: BR)

TKS-SKD

Time	P/F/S	Event	Place
33,80S	F	50 Free	4 2017-08-05 Tuks Sprint Gala
33,77L	F -0,83	50 Free	5 2017-09-09 Limpopo Age Group 3
33,07L	F -0,70	50 Free	9 2017-12-01 Limpopo Champs
1:12,64L	F	100 Free	3 2017-06-24 Limpopo Age Group 1
1:13,47L	F 0,83	100 Free	5 2017-09-09 Limpopo Age Group 3
1:11,51L	F -1,13	100 Free	8 2017-12-01 Limpopo Champs
1:09,47L	F -2,04	100 Free	7 2018-01-27 LP School Champs 2018
2:41,44L	F	200 Free	6 2017-10-14 Limpopo Age Group 4
2:35,06L	F -6,38	200 Free	9 2017-12-01 Limpopo Champs
2:34,94L	F -0,12	200 Free	8 2018-01-27 LP School Champs 2018
5:26,00L	F	400 Free	2 2017-06-24 Limpopo Age Group 1
5:20,36L	F -5,64	400 Free	15 2017-12-01 Limpopo Champs
5:16,26L	F -4,10	400 Free	4 2018-01-27 LP School Champs 2018
11:26,02L	F	800 Free	3 2017-09-09 Limpopo Age Group 3
39,29S	F	50 Back	3 2017-08-05 Tuks Sprint Gala
39,59L	F -0,30	50 Back	6 2017-10-20 Limpopo Top 10 - High Schools
38,60L	F -0,99	50 Back	8 2017-12-01 Limpopo Champs
1:23,58S	F	100 Back	3 2017-08-05 Tuks Sprint Gala
1:21,55S	F -2,03	100 Back	10 2017-08-19 Small Districts Championship Gala 2017
1:21,68L	F -1,07	100 Back	8 2017-12-01 Limpopo Champs
1:22,79L	F 1,11	100 Back	7 2018-01-27 LP School Champs 2018
2:51,77L	LEV2 F	200 Back	7 2017-12-01 Limpopo Champs
2:56,91L	F 5,14	200 Back	6 2018-01-27 LP School Champs 2018
41,58L	F	50 Breast	2 2017-06-24 Limpopo Age Group 1
38,64S	LEV2 F -1,94	50 Breast	2 2017-08-05 Tuks Sprint Gala
38,50L	LEV2 F -1,14	50 Breast	1 2017-09-09 Limpopo Age Group 3
39,80L	LEV2 F 1,30	50 Breast	4 2017-10-14 Limpopo Age Group 4
38,52L	LEV2 F 0,02	50 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
38,94L	LEV2 F 0,44	50 Breast	6 2017-12-01 Limpopo Champs
37,56L	LEV2 F -0,94	50 Breast	2 2018-01-27 LP School Champs 2018
36,88L	LEV2 F -0,68	50 Breast	1 2018-02-17 Limpopo Age Group 7
1:32,16L	F	100 Breast	2 2017-06-24 Limpopo Age Group 1
1:27,99S	F -2,17	100 Breast	4 2017-08-05 Tuks Sprint Gala
1:28,09L	LEV2 F -1,90	100 Breast	5 2017-09-09 Limpopo Age Group 3
1:25,50L	LEV2 F -2,59	100 Breast	2 2017-10-20 Limpopo Top 10 - High Schools
1:25,64L	LEV2 F 0,14	100 Breast	5 2017-12-01 Limpopo Champs
1:22,67L	LEV2 F -2,83	100 Breast	1 2018-01-27 LP School Champs 2018
1:23,99L	LEV2 F 1,32	100 Breast	2 2018-02-17 Limpopo Age Group 7
3:09,10L	LEV2 F	200 Breast	2 2017-10-14 Limpopo Age Group 4
3:03,07L	LEV2 F -6,03	200 Breast	3 2017-12-01 Limpopo Champs
3:00,26L	LEV2 F -2,81	200 Breast	1 2018-01-27 LP School Champs 2018
2:59,07L	LEV3 F -1,19	200 Breast	2 2018-02-17 Limpopo Age Group 7
46,34S	F	50 Fly	4 2017-08-05 Tuks Sprint Gala
39,50L	F -7,54	50 Fly	10 2017-12-01 Limpopo Champs
1:33,39L	F	100 Fly	5 2017-10-20 Limpopo Top 10 - High Schools
2:59,68S	F	200 IM	3 2017-08-05 Tuks Sprint Gala
3:00,23L	F -2,65	200 IM	8 2017-10-14 Limpopo Age Group 4
2:56,89L	F -3,34	200 IM	23 2017-12-01 Limpopo Champs

Alche Volschenk (6) F

TKSB-WBD

32,12S	F	25 Free	4 2017-08-05 Tuks Sprint Gala
44,41S	DQ F	25 Back	2017-08-05 Tuks Sprint Gala
44,35S	F	25 Breast	4 2017-08-05 Tuks Sprint Gala

Carel Volschenk (10) M (Yr: HR)

LSTZN-MPD

54,61L	F	50 Breast	6 2017-11-04 Limpopo Primary School - Top 10
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Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Luan Von Wielligh (14) M				HFM-WBD
36,81L	F	50 Free	6	2018-01-27 LP School Champs 2018
1:28,16L	F	100 Free	7	2018-01-27 LP School Champs 2018
47,59L	F	50 Back	5	2018-01-27 LP School Champs 2018
1:49,84L	DQ F	100 Back		2018-01-27 LP School Champs 2018
55,34L	F	50 Breast	5	2018-01-27 LP School Champs 2018
2:09,35L	F	100 Breast	5	2018-01-27 LP School Champs 2018
James Vorster (16) M (Yr: GR)				HBV-MPD
29,27L	F	50 Free	5	2017-10-20 Limpopo Top 10 - High Schools
Pieter Vorster (15) M (Yr: GR)				HPP-WBD
30,17L	F	50 Free	5	2017-10-20 Limpopo Top 10 - High Schools
1:08,59L	F	100 Free	4	2017-10-20 Limpopo Top 10 - High Schools
40,34L	F	50 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
1:34,98L	F	100 Breast	4	2017-10-20 Limpopo Top 10 - High Schools
Tayla Vos (15) F (Yr: GR)				HMER-MPD
33,26L	F	50 Free	2	2017-10-20 Limpopo Top 10 - High Schools
33,01L	F -0,25	50 Free	1	2018-01-27 LP School Champs 2018
34,40L	F 1,39	50 Free	3	2018-02-17 Limpopo Age Group 7
1:19,66L	F	100 Free	3	2018-01-27 LP School Champs 2018
1:17,04L	F -2,62	100 Free	3	2018-02-17 Limpopo Age Group 7
40,72L	LEV2 F	50 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
39,60L	LEV2 F -1,12	50 Breast	1	2018-01-27 LP School Champs 2018
40,65L	LEV2 F 1,05	50 Breast	1	2018-02-17 Limpopo Age Group 7
1:33,62L	LEV2 F	100 Breast	1	2017-10-20 Limpopo Top 10 - High Schools
1:32,92L	LEV2 F -0,70	100 Breast	1	2018-01-27 LP School Champs 2018
1:34,88L	LEV2 F 1,96	100 Breast	1	2018-02-17 Limpopo Age Group 7
3:29,06L	F	200 Breast	1	2018-01-27 LP School Champs 2018
3:41,85L	F 12,79	200 Breast	1	2018-02-17 Limpopo Age Group 7
Dario Wasley (8) M (Yr: EN)				SS-MPD
47,15S	F	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
43,60L	DQ F	50 Free		2017-10-14 Limpopo Age Group 4
2:16,89L	I. F 88,94	200 Free Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
40,81L	F -7,14	50 Free	9	2017-11-11 Limpopo Age Group 5
43,05L	F 2,24	50 Free	3	2017-12-01 Limpopo Champs
1:16,60L	I. F 35,79	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:35,85L	F	100 Free	3	2017-12-01 Limpopo Champs
21,99S	F	25 Back	2	2017-08-26 LP Shamu Sprint SC 2017
48,58L	DQ F	50 Back		2017-10-14 Limpopo Age Group 4
49,56L	F	50 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:46,58L	I. F	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
48,45L	F -1,11	50 Back	3	2017-11-11 Limpopo Age Group 5
47,63L	F -0,82	50 Back	2	2017-12-01 Limpopo Champs
1:47,81L	F	100 Back	1	2017-12-01 Limpopo Champs
27,62S	F	25 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
58,66L	F	50 Breast	8	2017-10-14 Limpopo Age Group 4
56,18L	F -2,48	50 Breast	4	2017-11-04 Limpopo Primary School - Top 10
54,12L	F -2,06	50 Breast	5	2017-11-11 Limpopo Age Group 5
50,89L	F -3,23	50 Breast	1	2017-12-01 Limpopo Champs
1:50,53L	LEV2 F	100 Breast	1	2017-12-01 Limpopo Champs
57,30L	F	50 Fly	9	2017-11-11 Limpopo Age Group 5
57,55L	F 0,25	50 Fly	5	2017-12-01 Limpopo Champs
2:00,52S	F	100 IM	3	2017-08-26 LP Shamu Sprint SC 2017
3:50,41L	F	200 IM	3	2017-12-01 Limpopo Champs

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Luca Wasley (14) M (Yr: AR)				SS-MPD
29,39S	LEV2 F	50 Free	4	2017-08-26 LP Shamu Sprint SC 2017
29,43L	LEV2 F -0,76	50 Free	5	2017-12-01 Limpopo Champs
1:07,44L	LEV2 F	100 Free	3	2017-10-28 Eager Sprint Gala
1:10,73L	F 3,29	100 Free	5	2017-11-11 Limpopo Age Group 5
1:04,72L	LEV3 F -2,72	100 Free	5	2017-12-01 Limpopo Champs
2:34,73L	F	200 Free	5	2017-10-14 Limpopo Age Group 4
2:28,08L	LEV2 F -6,65	200 Free	6	2017-12-01 Limpopo Champs
2:39,08L	F 11,00	200 Free	9	2018-01-27 LP School Champs 2018
5:39,52L	F	400 Free	3	2017-11-11 Limpopo Age Group 5
5:18,78L	F -20,74	400 Free	12	2017-12-01 Limpopo Champs
5:34,89L	F 16,11	400 Free	5	2018-01-27 LP School Champs 2018
35,22S	LEV2 F	50 Back	4	2017-08-26 LP Shamu Sprint SC 2017
35,99L	LEV2 F 0,17	50 Back	5	2017-12-01 Limpopo Champs
1:19,42L	F	100 Back	3	2017-10-28 Eager Sprint Gala
1:16,96L	LEV2 F -2,46	100 Back	5	2017-12-01 Limpopo Champs
1:20,65L	F 3,69	100 Back	5	2018-01-27 LP School Champs 2018
2:45,01L	LEV2 F	200 Back	6	2017-12-01 Limpopo Champs
2:53,45L	F 8,44	200 Back	5	2018-01-27 LP School Champs 2018
38,22S	LEV2 F	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
39,22L	LEV2 F 0,00	50 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
38,95L	LEV2 F -0,27	50 Breast	7	2017-12-01 Limpopo Champs
1:26,83L	LEV3 F	100 Breast	1	2017-06-24 Limpopo Age Group 1
1:22,63S	LEV2 F -2,20	100 Breast	7	2017-08-19 Small Districts Championship Gala 2017
1:25,72L	LEV2 F 1,09	100 Breast	3	2017-10-20 Limpopo Top 10 - High Schools
1:27,80L	LEV2 F 3,17	100 Breast	2	2017-10-28 Eager Sprint Gala
1:24,14L	LEV2 F -0,49	100 Breast	2	2017-11-11 Limpopo Age Group 5
1:24,71L	LEV2 F 0,57	100 Breast	3	2017-12-01 Limpopo Champs
1:27,46L	F 3,32	100 Breast	3	2018-01-27 LP School Champs 2018
3:09,76L	LEV2 F	200 Breast	2	2017-07-29 Limpopo Age Group 2
3:16,26L	F 6,50	200 Breast	4	2017-10-14 Limpopo Age Group 4
3:09,73L	LEV2 F -0,03	200 Breast	5	2017-12-01 Limpopo Champs
3:13,20L	F 3,47	200 Breast	3	2018-01-27 LP School Champs 2018
32,55S	LEV2 F	50 Fly	5	2017-08-26 LP Shamu Sprint SC 2017
32,40L	LEV2 F -0,85	50 Fly	3	2017-10-20 Limpopo Top 10 - High Schools
33,61L	LEV2 F 1,21	50 Fly	7	2017-12-01 Limpopo Champs
1:22,68L	F	100 Fly	2	2017-07-29 Limpopo Age Group 2
1:16,72L	F -5,96	100 Fly	4	2017-10-20 Limpopo Top 10 - High Schools
1:19,48L	F 2,76	100 Fly	2	2017-10-28 Eager Sprint Gala
1:17,92L	F 1,20	100 Fly	2	2017-11-11 Limpopo Age Group 5
1:16,64L	F -0,08	100 Fly	7	2017-12-01 Limpopo Champs
1:20,78L	F 4,14	100 Fly	4	2018-01-27 LP School Champs 2018
2:49,84L	LEV3 F	200 IM	1	2017-06-24 Limpopo Age Group 1
2:48,71L	LEV2 F -1,13	200 IM	3	2017-07-29 Limpopo Age Group 2
2:43,28S	LEV2 F -2,23	200 IM	3	2017-08-26 LP Shamu Sprint SC 2017
2:53,28L	LEV2 F 6,80	200 IM	5	2017-10-14 Limpopo Age Group 4
2:44,44L	LEV2 F -2,04	200 IM	7	2017-10-20 Limpopo Top 10 - High Schools
2:48,35L	LEV2 F 3,91	200 IM	3	2017-10-28 Eager Sprint Gala
2:44,82L	LEV2 F 0,38	200 IM	15	2017-12-01 Limpopo Champs
2:49,78L	F 5,34	200 IM	7	2018-01-27 LP School Champs 2018
6:17,81L	F	400 IM	7	2017-12-01 Limpopo Champs
Janke Wasserman (14) F (Yr: GN)				PHS-CCD
34,16L	F	50 Free	6	2017-10-20 Limpopo Top 10 - High Schools
42,97L	F	50 Back	6	2017-10-20 Limpopo Top 10 - High Schools
1:36,87L	F	100 Back	4	2017-10-20 Limpopo Top 10 - High Schools
Gerrit Wasserman (16) M (Yr: GN)				PHS-CCD
1:58,60L	DQ F	100 Breast		2017-10-20 Limpopo Top 10 - High Schools
NS	F	50 Fly		2017-10-20 Limpopo Top 10 - High Schools
NS	F	100 Fly		2017-10-20 Limpopo Top 10 - High Schools

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Leo Watkins (12) M								TKSB-WBD
41,06S	F	50 Free	8	2017-08-05	Tuks Sprint Gala			
1:34,73S	F	100 Free	37	2017-08-05	Tuks Sprint Gala			
Marcus Weyer (7) M								EAGAB-CCD
1:01,13L	F	50 Free	5	2017-10-28	Eager Sprint Gala			
1:07,82L	F	50 Back	5	2017-10-28	Eager Sprint Gala			
1:19,38L	F	50 Breast	5	2017-10-28	Eager Sprint Gala			
Mia White (16) F (Yr: GN)								HWBAD-WBD
46,58L	F	50 Back	7	2017-10-20	Limpopo Top 10 - High Schools			
Nicole White (8) F (Yr: AR)								TKS-SKD
51,13S	F	50 Free	6	2017-08-05	Tuks Sprint Gala			
49,95L	F	0,16 50 Free	10	2018-01-27	LP School Champs 2018			
2:00,16S	F	100 Free	40	2017-08-05	Tuks Sprint Gala			
55,34S	F	50 Back	4	2017-08-05	Tuks Sprint Gala			
55,48L	F	-0,46 50 Back	10	2018-01-27	LP School Champs 2018			
1:04,40S	F	50 Breast	4	2017-08-05	Tuks Sprint Gala			
57,56L	F	-7,02 50 Breast	6	2018-01-27	LP School Champs 2018			
NS	F	100 Breast		2017-08-05	Tuks Sprint Gala			
Marc Wigginton (17) M (Yr: GR)								HMER-MPD
34,68L	F	50 Back	3	2017-10-20	Limpopo Top 10 - High Schools			
32,51L	F	50 Fly	7	2017-10-20	Limpopo Top 10 - High Schools			
1:28,39L	F	100 Fly	6	2017-10-20	Limpopo Top 10 - High Schools			
Sarena Wolff (16) F (Yr: GN)								HSTAN-MPD
30,91L	LEV2 F	50 Free	1	2017-10-20	Limpopo Top 10 - High Schools			
32,29L	F	1,38 50 Free	2	2018-01-27	LP School Champs 2018			
1:15,55L	F	100 Free	3	2017-10-20	Limpopo Top 10 - High Schools			
1:17,50L	F	1,95 100 Free	3	2018-01-27	LP School Champs 2018			
37,66L	LEV2 F	50 Back	2	2017-10-20	Limpopo Top 10 - High Schools			
39,74L	F	2,08 50 Back	4	2018-01-27	LP School Champs 2018			
1:29,53L	F	100 Back	2	2017-10-20	Limpopo Top 10 - High Schools			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Carla Wolvaardt (10) F (Yr: AR)			
37,61L	LEV2 F -4,10	50 Free	3 2017-11-04 Limpopo Primary School - Top 10
1:25,56L	F 43,85	200 Free Relay Lead Off	2017-11-04 Limpopo Primary School - Top 10
37,21L	LEV2 F -0,40	50 Free	3 2017-12-01 Limpopo Champs
1:24,76L	LEV2 F	100 Free	3 2017-09-09 Limpopo Age Group 3
1:20,03L	LEV2 F -4,73	100 Free	2 2017-12-01 Limpopo Champs
1:26,30L	LEV2 F 6,27	100 Free	3 2018-01-27 LP School Champs 2018
2:56,58L	LEV2 F	200 Free	2 2017-12-01 Limpopo Champs
3:08,43L	LEV2 F 11,85	200 Free	3 2018-01-27 LP School Champs 2018
6:42,64L	F	400 Free	1 2017-09-09 Limpopo Age Group 3
6:35,52L	F -7,12	400 Free	6 2017-12-01 Limpopo Champs
14:06,27L	F	800 Free	7 2017-12-01 Limpopo Champs
14:06,67L	F 0,40	800 Free	1 2018-01-27 LP School Champs 2018
43,15L	LEV2 F	50 Back	1 2017-09-09 Limpopo Age Group 3
44,37L	LEV2 F 2,79	50 Back	1 2017-10-14 Limpopo Age Group 4
42,82L	LEV2 F 1,24	50 Back	1 2017-11-04 Limpopo Primary School - Top 10
40,24L	LEV2 F -1,34	50 Back	1 2017-12-01 Limpopo Champs
1:32,90L	F 51,32	200 Medley Relay Lead Off	2017-12-01 Limpopo Champs
41,32L	LEV2 F 1,08	50 Back	1 2018-01-27 LP School Champs 2018
44,66L	LEV2 F 4,42	50 Back	2 2018-02-17 Limpopo Age Group 7
1:33,92L	LEV2 F	100 Back	1 2017-09-09 Limpopo Age Group 3
1:27,51L	LEV3 F -6,41	100 Back	1 2017-12-01 Limpopo Champs
1:26,33L	LEV3 F -1,18	100 Back	1 2018-01-27 LP School Champs 2018
1:31,85L	LEV2 F 5,52	100 Back	4 2018-02-17 Limpopo Age Group 7
3:19,27L	LEV2 F	200 Back	1 2017-10-14 Limpopo Age Group 4
3:11,44L	LEV3 F -7,83	200 Back	1 2017-12-01 Limpopo Champs
3:13,02L	LEV3 F 1,58	200 Back	1 2018-01-27 LP School Champs 2018
3:10,67L	LEV3 F -0,77	200 Back	1 2018-02-17 Limpopo Age Group 7
55,99L	F 0,95	50 Breast	1 2017-10-14 Limpopo Age Group 4
48,96L	LEV2 F -6,08	50 Breast	4 2017-12-01 Limpopo Champs
50,45L	F 1,49	50 Breast	4 2018-02-17 Limpopo Age Group 7
2:01,61L	F	100 Breast	5 2017-09-09 Limpopo Age Group 3
1:49,50L	LEV2 F -12,11	100 Breast	2 2017-12-01 Limpopo Champs
1:50,12L	LEV2 F 0,62	100 Breast	3 2018-01-27 LP School Champs 2018
1:48,42L	LEV2 F -1,08	100 Breast	3 2018-02-17 Limpopo Age Group 7
4:16,07L	F	200 Breast	1 2017-10-14 Limpopo Age Group 4
46,63L	F -9,24	50 Fly	4 2017-12-01 Limpopo Champs
3:38,21L	LEV2 F -4,40	200 IM	1 2017-10-14 Limpopo Age Group 4
3:31,34L	LEV2 F -6,87	200 IM	3 2017-11-04 Limpopo Primary School - Top 10
3:32,47L	LEV2 F 1,13	200 IM	2 2018-01-27 LP School Champs 2018

LSKP-WBD

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Megan Wolvaardt (12) F (Yr: AR)				TKSS-WBD
32,76L	LEV2 P	50 Free	6	2017-07-03 Sasol National Championship 2017
32,94L	LEV2 F	50 Free	5	2017-07-03 Sasol National Championship 2017
32,05S	LEV2 F 0,09	50 Free	1	2017-08-05 Tuks Sprint Gala
30,93L	LEV2 F -1,83	50 Free	1	2017-11-04 Limpopo Primary School - Top 10
31,10L	LEV2 F 0,17	50 Free	3	2017-12-01 Limpopo Champs
1:10,24L	LEV3 F	100 Free	2	2017-07-03 Sasol National Championship 2017
1:07,05S	LEV3 F -1,59	100 Free	4	2017-08-05 Tuks Sprint Gala
1:08,04S	LEV3 F 0,99	100 Free	2	2017-08-19 Small Districts Championship Gala 2017
1:09,34L	LEV3 F 0,69	100 Free	1	2017-09-09 Limpopo Age Group 3
1:08,43L	LEV3 F -0,22	100 Free	1	2017-11-04 Limpopo Primary School - Top 10
1:08,71L	LEV3 F 0,28	100 Free	2	2017-12-01 Limpopo Champs
1:08,99L	LEV3 F 0,56	100 Free	3	2018-01-27 LP School Champs 2018
2:35,22L	LEV3 F	200 Free	3	2017-07-03 Sasol National Championship 2017
2:36,34L	LEV3 P	200 Free	3	2017-07-03 Sasol National Championship 2017
2:37,18L	LEV2 F 1,96	200 Free	2	2017-10-14 Limpopo Age Group 4
2:32,04L	LEV3 F -3,18	200 Free	2	2017-12-01 Limpopo Champs
2:36,31L	LEV2 F 4,27	200 Free	3	2018-01-27 LP School Champs 2018
2:34,13L	LEV3 F 2,09	200 Free	2	2018-02-17 Limpopo Age Group 7
5:42,14L	LEV3 F	400 Free	29	2017-07-03 Sasol National Championship 2017
5:27,42L	LEV3 F -14,72	400 Free	2	2017-09-09 Limpopo Age Group 3
5:23,83L	LEV3 F -3,59	400 Free	4	2017-12-01 Limpopo Champs
5:38,50L	F 14,67	400 Free	3	2018-01-27 LP School Champs 2018
11:43,17L	F	800 Free	14	2017-07-03 Sasol National Championship 2017
11:25,46L	F -17,71	800 Free	1	2017-09-09 Limpopo Age Group 3
11:36,77L	F 11,31	800 Free	3	2017-12-01 Limpopo Champs
11:47,57L	F 22,11	800 Free	1	2018-01-27 LP School Champs 2018
37,02L	LEV2 F	50 Back	3	2017-07-03 Sasol National Championship 2017
38,66L	LEV2 P	50 Back	3	2017-07-03 Sasol National Championship 2017
36,52S	LEV2 F 0,10	50 Back	1	2017-08-05 Tuks Sprint Gala
35,50S I.	LEV2 F -0,92	200 Medley Relay Lead Off		2017-08-19 Small Districts Championship Gala 2017
37,71L	LEV2 F 1,61	50 Back	1	2017-10-14 Limpopo Age Group 4
35,95L	LEV2 F -0,15	50 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:18,72L I.	F 42,62	200 Medley Relay Lead Off		2017-11-04 Limpopo Primary School - Top 10
35,38L	LEV2 F -0,57	50 Back	2	2017-12-01 Limpopo Champs
1:14,16L I.	F 38,21	200 Medley Relay Lead Off		2017-12-01 Limpopo Champs
35,48L	LEV2 F 0,10	50 Back	1	2018-02-17 Limpopo Age Group 7
1:18,08L	LEV3 F	100 Back	3	2017-07-03 Sasol National Championship 2017
1:20,20L	LEV3 P	100 Back	2	2017-07-03 Sasol National Championship 2017
1:18,74S	LEV3 F 1,86	100 Back	2	2017-08-05 Tuks Sprint Gala
1:16,20S	LEV3 F -0,68	100 Back	2	2017-08-19 Small Districts Championship Gala 2017
1:18,92L	LEV3 F 1,52	100 Back	2	2017-09-09 Limpopo Age Group 3
1:18,63L	LEV3 F 1,23	100 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:16,93L	LEV3 F -0,47	100 Back	2	2017-12-01 Limpopo Champs
1:16,54L	LEV3 F -0,39	100 Back	2	2018-01-27 LP School Champs 2018
1:16,92L	LEV3 F 0,38	100 Back	1	2018-02-17 Limpopo Age Group 7
2:51,15L	LEV3 F	200 Back	2	2017-07-03 Sasol National Championship 2017
2:58,65L	LEV3 P	200 Back	3	2017-07-03 Sasol National Championship 2017
2:52,73L	LEV3 F 1,58	200 Back	1	2017-10-14 Limpopo Age Group 4
2:48,41L	LEV3 F -2,74	200 Back	3	2017-12-01 Limpopo Champs
2:50,79L	LEV2 F 2,38	200 Back	2	2018-01-27 LP School Champs 2018
2:49,45L	LEV3 F 1,04	200 Back	1	2018-02-17 Limpopo Age Group 7
45,57L	P	50 Breast	8	2017-07-03 Sasol National Championship 2017
45,61L	F	50 Breast	10	2017-07-03 Sasol National Championship 2017
44,26S	F -0,31	50 Breast	1	2017-08-05 Tuks Sprint Gala
42,76L	LEV2 F -2,50	50 Breast	2	2017-12-01 Limpopo Champs
1:38,14S	LEV2 F	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:34,64L	LEV2 F -5,50	100 Breast	4	2017-12-01 Limpopo Champs
1:36,37L	LEV2 F 1,73	100 Breast	4	2018-01-27 LP School Champs 2018

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place					
Megan Wolvaardt (13) F (Yr: AR)								TKSS-WBD
3:47,17L	F	200 Breast	3	2017-10-14	Limpopo Age Group 4			
3:29,49L	LEV2 F -17,68	200 Breast	3	2017-12-01	Limpopo Champs			
39,34L	LEV2 P	50 Fly	9	2017-07-03	Sasol National Championship 2017			
39,58L	LEV2 F	50 Fly	8	2017-07-03	Sasol National Championship 2017			
39,50S	LEV2 F 0,86	50 Fly	1	2017-08-05	Tuks Sprint Gala			
39,15L	LEV2 F -0,19	50 Fly	1	2017-09-09	Limpopo Age Group 3			
36,61L	LEV2 F -2,54	50 Fly	4	2017-12-01	Limpopo Champs			
1:33,41L	F	100 Fly	6	2017-07-03	Sasol National Championship 2017			
1:29,41S	LEV2 F -2,60	100 Fly	2	2017-08-05	Tuks Sprint Gala			
1:27,26L	LEV2 F -0,85	100 Fly	4	2017-12-01	Limpopo Champs			
2:56,37S	LEV3 F	200 IM	2	2017-08-05	Tuks Sprint Gala			
2:58,64L	LEV3 F 1,37	200 IM	2	2017-10-14	Limpopo Age Group 4			
2:57,12L	LEV3 F -0,15	200 IM	5	2017-12-01	Limpopo Champs			
2:56,94L	LEV2 F -0,18	200 IM	3	2018-01-27	LP School Champs 2018			
2:57,06L	LEV3 F 0,12	200 IM	1	2018-02-17	Limpopo Age Group 7			
Kate Wood (16) F (Yr: GR)								HSTAN-MPD
45,88L	F	50 Breast	6	2017-10-20	Limpopo Top 10 - High Schools			
1:41,36L	F	100 Breast	5	2017-10-20	Limpopo Top 10 - High Schools			
39,84L	F	50 Fly	4	2017-10-20	Limpopo Top 10 - High Schools			
Luke Wood (14) M (Yr: GN)								HSTAN-MPD
45,42L	F	50 Back	7	2017-10-20	Limpopo Top 10 - High Schools			
Pippa Wood (10) F (Yr: HN)								UNIC-MPD
42,13L	F	50 Free	6	2017-11-04	Limpopo Primary School - Top 10			
Chantel Wreyford (15) F (Yr: GN)								PHS-CCD
50,68L	F	50 Breast	8	2017-10-20	Limpopo Top 10 - High Schools			
Jessica Young (16) F (Yr: GN)								PHS-CCD
NS	F	50 Free		2017-10-20	Limpopo Top 10 - High Schools			
Joshua Young (10) M (Yr: HN)								LSBOS-WBD
1:00,53L	F	50 Breast	10	2017-11-04	Limpopo Primary School - Top 10			
Michelle Young (15) F (Yr: GN)								PHS-CCD
2:00,45L	F	100 Breast	7	2017-10-20	Limpopo Top 10 - High Schools			
Leandri Zeelie (10) F (Yr: HR)								MITCH-CCD
45,36L	F	50 Free	9	2017-11-04	Limpopo Primary School - Top 10			
59,79L	F	50 Breast	10	2017-11-04	Limpopo Primary School - Top 10			

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place	
Jenny Zhang (11) F (Yr: AR)				EAGA-CCD
35,20L	LEV2 F	50 Free	2	2017-07-29 Limpopo Age Group 2
35,28S	F 0,88	50 Free	3	2017-08-05 Tuks Sprint Gala
35,37S	F 0,97	50 Free	3	2017-08-26 LP Shamu Sprint SC 2017
34,49L	LEV2 F -0,71	50 Free	3	2017-10-28 Eager Sprint Gala
34,91L	LEV2 F 0,42	50 Free	4	2017-12-01 Limpopo Champs
1:15,04L	F 40,55	200 Free Relay Lead Off		2017-12-01 Limpopo Champs
1:20,74L	LEV2 F	100 Free	5	2017-07-03 Sasol National Championship 2017
1:20,41S	LEV2 F 1,27	100 Free	14	2017-08-05 Tuks Sprint Gala
1:17,63L	LEV3 F -3,11	100 Free	3	2017-12-01 Limpopo Champs
2:54,96L	LEV2 F	200 Free	6	2017-07-03 Sasol National Championship 2017
2:58,51L	LEV2 P	200 Free	7	2017-07-03 Sasol National Championship 2017
3:02,61L	LEV2 F 7,65	200 Free	1	2017-07-29 Limpopo Age Group 2
2:54,88L	LEV2 F -0,08	200 Free	3	2017-10-14 Limpopo Age Group 4
2:50,10L	LEV3 F -4,78	200 Free	3	2017-12-01 Limpopo Champs
2:48,78L	LEV3 F -1,32	200 Free	1	2018-02-17 Limpopo Age Group 7
6:02,33L	F	400 Free	2	2018-01-27 LP School Champs 2018
12:25,37L	F	800 Free	1	2017-09-09 Limpopo Age Group 3
41,25L	LEV2 P	50 Back	4	2017-07-03 Sasol National Championship 2017
41,42L	LEV2 F	50 Back	4	2017-07-03 Sasol National Championship 2017
42,22L	LEV2 F 0,97	50 Back	1	2017-07-29 Limpopo Age Group 2
40,30S	LEV2 F -0,35	50 Back	4	2017-08-05 Tuks Sprint Gala
39,82S	LEV2 F -0,48	50 Back	3	2017-08-26 LP Shamu Sprint SC 2017
39,51L	LEV2 F -0,91	50 Back	1	2017-10-28 Eager Sprint Gala
39,72L	LEV2 F 0,21	50 Back	1	2017-11-04 Limpopo Primary School - Top 10
39,51L	LEV2 F 0,00	50 Back	3	2017-12-01 Limpopo Champs
39,34L	LEV2 F -0,17	50 Back	1	2018-01-27 LP School Champs 2018
1:30,29L	LEV2 F	100 Back	1	2017-06-24 Limpopo Age Group 1
1:27,81L	LEV3 P -2,48	100 Back	4	2017-07-03 Sasol National Championship 2017
1:29,72L	LEV3 F -0,57	100 Back	4	2017-07-03 Sasol National Championship 2017
1:27,50S	LEV3 F 0,89	100 Back	2	2017-08-05 Tuks Sprint Gala
1:26,87S	LEV3 F 0,26	100 Back	4	2017-08-19 Small Districts Championship Gala 2017
1:24,97L	LEV3 F -2,84	100 Back	1	2017-09-09 Limpopo Age Group 3
1:25,73L	LEV3 F 0,76	100 Back	1	2017-11-04 Limpopo Primary School - Top 10
1:22,39L	LEV3 F -2,58	100 Back	3	2017-12-01 Limpopo Champs
1:27,04L	LEV2 F 4,65	100 Back	2	2018-01-27 LP School Champs 2018
1:24,01L	LEV3 F 1,62	100 Back	1	2018-02-17 Limpopo Age Group 7
3:04,67L	LEV3 P	200 Back	4	2017-07-03 Sasol National Championship 2017
3:06,76L	LEV3 F	200 Back	4	2017-07-03 Sasol National Championship 2017
3:03,86L	LEV3 F -0,81	200 Back	1	2017-10-14 Limpopo Age Group 4
2:57,43L	LEV3 F -6,43	200 Back	1	2017-12-01 Limpopo Champs
2:56,37L	LEV3 F -1,06	200 Back	1	2018-01-27 LP School Champs 2018
44,85L	LEV2 P	50 Breast	4	2017-07-03 Sasol National Championship 2017
45,63L	LEV2 F	50 Breast	5	2017-07-03 Sasol National Championship 2017
46,08S	LEV2 F 2,23	50 Breast	2	2017-08-05 Tuks Sprint Gala
45,40S	LEV2 F 1,55	50 Breast	3	2017-08-26 LP Shamu Sprint SC 2017
44,16L	LEV2 F -0,69	50 Breast	1	2017-10-28 Eager Sprint Gala
45,54L	LEV2 F 1,38	50 Breast	2	2017-11-04 Limpopo Primary School - Top 10
43,57L	LEV2 F -0,59	50 Breast	2	2017-12-01 Limpopo Champs
43,14L	LEV2 F -0,43	50 Breast	1	2018-01-27 LP School Champs 2018
1:45,56L	LEV2 F	100 Breast	1	2017-06-24 Limpopo Age Group 1
1:38,34L	LEV3 F -7,22	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:40,92L	LEV3 P -4,64	100 Breast	4	2017-07-03 Sasol National Championship 2017
1:42,48S	LEV2 F 6,14	100 Breast	1	2017-08-05 Tuks Sprint Gala
1:41,11S	LEV2 F 4,77	100 Breast	6	2017-08-19 Small Districts Championship Gala 2017
1:37,38L	LEV3 F -0,96	100 Breast	1	2017-11-04 Limpopo Primary School - Top 10
1:38,87L	LEV3 F 1,49	100 Breast	2	2017-12-01 Limpopo Champs
1:32,05L	LEV3 F -5,33	100 Breast	2	2018-01-27 LP School Champs 2018
3:33,64L	LEV3 F	200 Breast	3	2017-07-03 Sasol National Championship 2017

Converted Times Used To Calculate Improvement

Time	P/F/S	Event	Place
Jenny Zhang (11) F (Yr: AR)			
EAGA-CCD			
3:34,56L	LEV3 P	200 Breast	3 2017-07-03 Sasol National Championship 2017
3:43,87L	LEV2 F 10,23	200 Breast	3 2017-10-14 Limpopo Age Group 4
3:32,02L	LEV3 F -1,62	200 Breast	2 2017-12-01 Limpopo Champs
3:26,46L	LEV3 F -5,56	200 Breast	2 2018-01-27 LP School Champs 2018
3:27,07L	LEV3 F 0,61	200 Breast	1 2018-02-17 Limpopo Age Group 7
40,50L	LEV2 F	50 Fly	4 2017-07-03 Sasol National Championship 2017
41,22L	LEV2 P	50 Fly	5 2017-07-03 Sasol National Championship 2017
42,39L	LEV2 F 1,89	50 Fly	2 2017-07-29 Limpopo Age Group 2
41,37S	LEV2 F 1,57	50 Fly	3 2017-08-05 Tuks Sprint Gala
39,50S	LEV2 F -0,30	50 Fly	2 2017-08-26 LP Shamu Sprint SC 2017
39,59L	LEV2 F -0,61	50 Fly	2 2017-10-28 Eager Sprint Gala
39,43L	LEV2 F -0,16	50 Fly	4 2017-12-01 Limpopo Champs
1:40,83L	F	100 Fly	4 2017-07-03 Sasol National Championship 2017
1:47,34L	F 6,51	100 Fly	1 2017-07-29 Limpopo Age Group 2
1:38,58S	F -0,85	100 Fly	2 2017-08-05 Tuks Sprint Gala
1:38,63L	F -1,35	100 Fly	2 2017-12-01 Limpopo Champs
3:19,03L	LEV2 F	200 IM	1 2017-06-24 Limpopo Age Group 1
3:09,82L	LEV3 P -9,21	200 IM	4 2017-07-03 Sasol National Championship 2017
3:15,07L	LEV3 F -3,96	200 IM	4 2017-07-03 Sasol National Championship 2017
3:14,49S	LEV2 F 7,87	200 IM	1 2017-08-05 Tuks Sprint Gala
3:13,89S	LEV2 F 7,27	200 IM	5 2017-08-19 Small Districts Championship Gala 2017
3:04,33S	LEV3 F -2,29	200 IM	3 2017-08-26 LP Shamu Sprint SC 2017
3:06,55L	LEV3 F -0,98	200 IM	3 2017-11-04 Limpopo Primary School - Top 10
3:05,53L	LEV3 F -1,02	200 IM	2 2018-01-27 LP School Champs 2018
3:12,86L	LEV3 F 7,33	200 IM	1 2018-02-17 Limpopo Age Group 7